CRYSTAL STERLING, BSN, RN

2116 Dove Circle, Grand Prairie, Texas 75052 - (972) 841-9986 – csterling395@yahoo.com

**REGISTERED NURSE PROFESSIONAL**

Detail-oriented, team-minded, self-driven and compassionate nurse seeking a position with an interdisciplinary team to provide quality healthcare services. Providing care to assigned patient population in accordance with established protocols and multidisciplinary plan of care utilizing independent, dependent, and interdependent interventions to restore stability, prevent complications, and achieve and maintain optimal patient responses for all patients through patient centered/patient valued care.

**NURSING SKILLS**

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| --- | --- | --- |
| Medical Surgical  Psychiatric  Pediatric  Emergency Services  Medical Intensive Care | Labor & Delivery Antepartum  NICU  Postpartum  Newborn Nursery | Long Term Care  Rehabilitation  Discharge Planning |

**EDUCATION**

2019 Bachelor of Science: Nursing

*The University of Texas at Arlington –* *Arlington, Texas; GPA 3.5*

* Member of American Nurse Association/ Texas Nurses Association
* Member of UTA Honor Society

2018 Associate of Science: Nursing

*Mountain View College – Dallas, Texas; GPA 3.6*

* Awarded Outstanding Achievement Award Spring 2017/2018 in Medical Surgical and Critical Care
* Member of Society of Nursing, Mountain View College
* Phi Theta Kappa Honor Student

2014 Associate of Arts: Liberal Arts

*Mountain View College-Dallas, Texas; GPA 3.7*

* Graduated as an Honor Scholar

Phi Theta Kappa Honors Member

**LICENSE & CERTIFICATIONS**

Registered Nurse State of Texas

BLS, ACLS, PALS-- AHA Certified, 2019

Texas Cosmetology license, 1996

**LEADERSHIP/COMMUNITY SERVICE**

Grand Prairie Baseball League

Faithworks Foster Care Agency

Mission Arlington

**CLINICAL ROTATIONS**

06/2016 - 07/2016 The Villages Long-Term Care Dallas, TX

09/2016 - 04/2018 Parkland Hospital Dallas, TX

09/2016 - 12/2016 Charlton Methodist Hospital Dallas, TX

02/2017 - 04/2017 OnPointe (Arlington Memorial Hospital) Arlington, TX

09/2017 - 12/2017 Scottish Rite Hospital Dallas, TX

**PROFESSIONAL EXPERIENCE**

**Mountain View College, Dallas, TX**

**Certified Nurse Aid Instructor 10/2018 – Current**

* Supervise students at Dallas CAN Academy in both lecture and clinical setting
* Teach health care skills and appropriate communication
* Support hands on learning for procedures and providing care

**Supplemental Instructional Leader 1/2015 – 12/2015**

* Facilitated students in learning Anatomy and Physiology
* Developed study and review material for course
* Led discussions reviewing course material improving comprehension

**Crystal’s Total Image Hair Salon, Arlington, TX**

**Owner 3/1996 – 1/2015**

* Provided professional customer service to clientele
* Supervised front end of salon and coordinate client scheduling
* Ensured facility operates according to all safety and regulatory guidelines
* Recruited professional licensed contracted stylist for booth rentals