**Mariela contreras**

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|  | 1221 Willowbrook St |Lancaster, TX |75134 |Cell: 817-368-9212|Email: [marycv5@yahoo.com](mailto:marycv5@yahoo.com) | |

**Career focus**

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|  | To seek experience in the career I am focused on and to maintain a developing job by being a productive team player. I am seeking a position as a patient care technician while working towards my goal of becoming a registered nurse. |

**Summary of Skills**

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|  | -Adaptable learner, easily trained and willing to learn new things and use them towards great progress in my work  -Work as a team member to ensure the best possible patient care and final outcome of every patient  -Able to think quickly and communicate effectively in high stress situations  -Fluent in Spanish and English |

**Work Experience**

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|  | 03/2016-Present **Baylor Scott & White Health** (3500 Gaston Ave, Dallas, TX)  *Patient Care Technician*  -Assist patients with activities of daily living including self-care, transferring, making beds, feeding, bathing, and grooming needs.  -Vital signs: Blood pressure, weight, height, pulse, respiration.  -Measure and record food/liquid intake or urinary/fecal output, reporting changes to medical or nursing staff.  -Check glucose levels and perform EKG tests when needed.  -Document and report observations of patient behavior, complaints or physical symptoms to RNs.   |  |  | | --- | --- | |  |  | | 07/2017-Present | **Campuzano’s Restaurant** (108 N 8th St, Midlothian, TX)  *Server/Bartender*  ­-Greet customers & answer phone  -Mix and serve alcoholic and non-alcoholic drinks  -Keep bar clean following the safety and sanitation policies  -Take To-Go orders  -Schedule party reservations  -Cashier | |

**Education**

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| 08/2011-05/2014 | Associate of Science degree with a Field of study in Business,  Mountain View College |
| 06/2015-08-2015 | Certified Nurse Aide Training,  Mountain View College  BLS certified |
| 03/2016-06/2016 | Patient Care Technician (Phlebotomy and EKG) Mountain View College |
| 01/2018-Present | Associate of Science in Nursing Degree,  El Centro College |

**References**

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| **Eden Jokisch**  Baylor S&W Supervisor  (214) 820-1306  **Michael Diva**  (214) 566-5068  Baylor S&W coworker  **Ana Carreon**  (469) 820-8137  MVC colleague  **Hugo Lozado**  Campuzanos manager  (469) 765-5509  **Kelly Wanda**  MVC TRIO secretary  (214) 860-8883 |