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Summary of Qualifications

* Strong clinical skills enhanced by natural ability to build rapport with patients and families.
* Committed to practicing medicine using a holistic approach and act as patient advocate as needed.
* Follow evidence- based guidelines blended with clinical experience, personal observation and intuition.
* Ensure quality of care and open lines of communication between all members of health-care team.
* Extensive experience mentoring young nurses and assist as resource person and motivator.
* Troubleshoots problems with patients or staff, analyzing needs and generating referrals to appropriate resources.
* Monitor patients for potential side effects of medications demonstrating strong observation, assessment, and intervention skills.
* Educate patient and family members on various tests, procedures, discharge planning, medication therapy and various disease processes.

Additional core competencies include:

* Care and Treatment Plan Development.
* Emergency Preparedness.
* Flexibility with an ability to multitask.
* Patience mixed with a healthy dose of perseverance.
* Political savvy, systems knowledge, and communication skills that optimize a team dynamic.
* Prioritizing and Time Management Skills.

Clinical Employment

Parkland Memorial Hospital - Dallas, Texas     2017 – present (Full Time)  
Registered Nurse II- Hospitalist A

* Perform and accurately document physical, psychosocial, and emotional assessments. All assessments taking into consideration age specific criteria.
* Work closely with doctors to keep patients and their family members updated on test results or treatment recommendations.
* Participate in decision-making, teaching, mentoring, and collaboration with the multidisciplinary team to advance the patient plan of care, achieve outcomes and enhance operational efficiency.
* Adhere to appropriate hospital and/or Department of Nursing policies, procedures, clinical pathways and nationally accepted standards of nursing practice.
* Promptly identify changes in condition as evidenced by nursing assessment, labs, x-rays, etc.
* Report change, take follow-up action as appropriate. Actively involve patient, family and/or care-giver informed.
* Appropriately prioritize nursing interventions based upon completed assessment.
* Incorporate ANA standards into the provision of safe, quality patient care, utilizing current literature, and research.
* Evaluate implemented interventions and modify care according to the evaluation.
* Document interventions and modifications to the plan of care in an accurate and timely manner.
* Performance Improvement: Accountable for patient care and quality/ safety initiatives (EX: patient safety, patient satisfaction, core measures, and infection control).
* Support effort to develop and maintain team environment.
* Participate in multidisciplinary quality and practice improvement teams.
* Offer self as a resource as needed to others (Ex: preceptor, charge, mentor, unit expert, lends a hand when needed).

Baylor Scott and White All Saints Hospital - Fort Worth, Texas 2016- 2018 (Full Time)  
Registered Nurse – Medical/ Surgical/ Cardiac Care Unit

* Demonstrate critical thinking and performance ability and use clinical judgment in evaluation activities to meet patient care and needs.
* Utilize the nursing process to assess, plan, implement, and evaluate patient care.
* Complete documentation and communicate concisely adhering to the nursing standards of practice.
* Assess signs and symptoms indicating physiologic and psychosocial changes in the patient’s condition.
* Evaluate and monitor the patient’s progress.
* Identify sudden or subtle changes in a patient’s medical condition.
* Deliver regular updates to doctors, patients, and their family members.
* Begin treatment and monitor doses.
* If necessary, respond to a medical emergency and alert the appropriate doctors.
* Create and implement effective care plans.
* Demonstrate proper utilization of the nursing process and perform skills reflected and validated by the RN competency checklist.
* Demonstrate knowledge and utilization of safe medication administration, adhering to hospital’s policies and procedures.
* Initiate and maintain appropriate safety measures as outlined in hospital’s policies and procedures.
* Perform Peer Evaluation to provide constructive feedback to peers regarding performance. Hold co-workers accountable for their behavior and compliance with policies and standards.

Methodist Rehabilitation Hospital - Dallas, Texas 2012- 2017 (Prn)  
Rehabilitation Registered Nurse- Neurological/Rehabilitation unit

* Plan nursing care while acknowledging that rehabilitation nursing is practiced within a dynamic, therapeutic, and supportive relationship that is constantly changing, as nurses and patients influence one another.
* Implement a plan of care by providing nursing care and education directly or through ancillary personnel, as needed, to maintain and restore function and prevent complications and further loss.
* Evaluate the nursing care that is being provided and modifies the plan, as needed, to achieve measurable goals and objectives.
* Possess the specialized knowledge and clinical skills necessary to provide care for people with physical disability and chronic illness.
* Coordinate educational activities and uses appropriate resources to develop and implement an individualized teaching and discharge plan with patients and their families
* Perform hands-on nursing care by utilizing the nursing process to achieve quality outcomes for patients.
* Coordinate nursing care activities in collaboration with other members of the interdisciplinary rehabilitation team to facilitate achievement of overall goals.
* Prepare patient and their families for future self-management and decision-making responsibilities by fostering patient's independence and goal achievement.
* Reinforce the teaching done by specialists in rehabilitation and other health care disciplines and provide resource materials for patient's changing needs.
* Coordinate and attend interdisciplinary meeting to discuss patients’ progress and make changes to plans of care.
* Perform dressing changes and other procedures for patients who have undergone surgery.
* Suction patients who have had tracheotomies and perform trach care.
* Monitor patients' vital signs and report changes in their health status to a physician.
* Administer enteral feedings to patients that are not to have any food orally and administer IV medications.
* Administer blood products as ordered by physician.

Methodist Charlton Hospital - Dallas, Texas 2011- 2016 (Full Time)  
Medical/Surgical/Cardiac Telemetry Registered Nurse / Charge Nurse - Medical/Surgical Telemetry unit

Charge Nurse - Medical/Surgical/Cardiac Telemetry unit

* Under the direction of the Clinical Manager or Director, coordinate patient care and staffing needs for the unit.
* Responsible for managing, supervising and assisting the nursing staff, as well as provide administrative support and patient care.
* Ensure that patient care is provided in accordance with hospital policies and procedures, applicable state Nursing Practice Acts, ANA Standard of Practice, and unit structure standards.
* Serve as the primary decision maker for clinical operations during a given shift and modify staff assignment according to the changes in patient acuity and/or volume.
* Direct the admission, discharge and general flow of patients, and assign nurses and support staff to patients.
* Frequently work with other nurses and patients to create a plan of care that is individualized to a patient's needs.
* Develop and implement training courses and organize seminars to help educate and train new nurses and staff.
* Participate in the interviewing and hiring process, evaluation of employees and staff disciplinary process within the department.
* Serve as primary resource for the unit, to other nursing personnel, physicians, and other members of the team.
* Ensure evidence–based care measures are followed and demonstrates effective clinical leadership skills.
* Demonstrate successful conflict resolution skills.

Medical/Surgical/Cardiac Telemetry Registered Nurse

* Understand, operate, and troubleshoot cardiac telemetry devices, sensors, and echocardiograms.
* Recognize normal and abnormal cardiac rhythms, have a critical understanding of medical conditions, and apply and interpret cardiac monitoring protocols.
* Use critical thinking skills to determine patient care, complications, and acuity
* Perform a complete history and physical assessment of newly admitted clients and create a nursing care plan with suitable nursing interventions.
* Understand medication dosage, complications, contraindications, and interactions
* Administer medications, including PRN medications based on telemetry monitors, pain, or signs and symptoms of the disease.
* Provide clear patient information, thorough patient education, and recommendations for the next steps to take.
* Perform nursing skills with the expertise to provide optimal patient care and obtain clinical findings as ordered by the attending physician.
* Collaborate care with the interdisciplinary team ensuring all services ordered appropriately
* Begin the discharge education process upon admission and anticipate necessary services and referrals.
* Report any relevant laboratory findings, cardiac rhythms, abnormal vital signs, and assessment findings to the appropriate physician.
* Recognize respiratory and cardiovascular decline and know initial steps to obtain help and to stabilize your patient.

Medical Center of Arlington - Arlington, Texas 2014-2015 (Prn)  
Orthopedic Registered Nurse- Orthopedic/ Surgical unit

* Work with both patients and their families to help them understand specifics of their condition, symptoms that indicate an issue that needs to be dealt with and the details of treatment and recovery
* Provide care for surgical, orthopedic, neurological, and general medical patients.  
  Assist MD's as necessary and perform patient teaching.
* Demonstrate and assist patients with the use of prescribed therapies including continuous passive motion devices.
* Document patient performance and evaluate ability to thrive.
* Enhance patient status to return to baseline function or better, using multi-modal approach and communicating with various therapies and resources (PT, OT, RT, ST, pharmacy, social work, chaplain, massage)
* Manage patients pain effectively, implement position changes, cold therapy, activity and timely administration of analgesics with consideration of prior function (chronic pain, assistive devices, emotional requirements)
* Set up and maintain various components of orthopedic equipment: Cryocuff, femoral nerve blocks, CPM, traction and overhead frame
* Coordinate patient's care with physicians, report to physician assessment findings, wound care and provide care for pre and post-op total hip surgeries, laminectomies, etc.
* Complete surgical dressing changes, removal of sutures/staples/drains, assist with ambulation to bedside commode.

Regency Hospital of Fort Worth - Fort Worth, Texas 2010-2011 (Full time)  
Registered Nurse- Progressive Care Unit (PCU)

* Provide critical care to patients who require constant monitoring for a range of reasons, including recent surgery, heart attacks, congestive heart failure, renal failure, COPD, and advanced cancer.
* Monitor cardiac and other critical vital signs and detect any changes, thereby enabling intervention of life-threatening or emergency situations.
* Responsible for using clinical reasoning, developing, implementing and evaluating the nursing plan of care.
* Assess patient and family level of understanding to provide effective communication and education, work collaboratively with medical staff and provide quality care in a compassionate and professional manner.
* Provide therapeutic and administrative services necessary for the care of the patient, in support of hospital ethical principles and values.
* Responsible for assessing, planning, implementing, evaluating, and documenting all aspects of patient care.
* Work closely with all health care providers to facilitate and coordinate efficient, effective, and quality health care.
* Communicate effectively and maintain therapeutic relationships with patients, families, physicians, and staff.
* Modify patient care in response to changing conditions by utilizing problem solving skills and exhibiting good judgment.
* Collaborate with physicians regarding patient progress towards the outcome attainment.
* Assist physician during treatment/examination of patient and processes orders.

Fort-Worth Manor Nursing and Rehab - Fort Worth, Texas 2011 (Full time)  
Staff Nurse (2009-2011)/ Weekend Nurse supervisor (2011)- Skilled Nursing Facility

* Participate in governing body, management, medical staff, clinical areas, and ancillary departments to accomplish the mission, strategic plans, and budget resource allocation.  
  Develop, implement, and monitor all policies and procedures.
* Move through facility to assess daily operations and respond to emergency situations by providing direction.
* Provide leadership to facility, including assuming administrative call duties.
* Oversee the provision of patient care for adults and older adult.
* Supervise care, treatment and services of patient care provided by other staff members on assigned unit and shift.
* Provide direct patient care to patients, assess and reassess patients.
* Communicate appropriate information with the interdisciplinary team.
* Report patient concerns and changes in condition to physician in a timely manner.
* Create a plan of care that is individualized to patient needs and is reflective to patient goals and instruct patients and families in care techniques.
* Administration of prescribed medications, changing and dressing wounds.

Education

Walden University- Minneapolis, Minnesota (graduated in 2017)  
Master of Science in Nursing (MSN)  
Sigma Theta Tau International, Inc. - Nursing honors society – 2015

Harry S Truman College – Chicago, Illinois (graduated in 2009)  
Associate in Applied Science with Honors - Registered Nurse (RN)  
Invited Member - Sigma Theta Tau Pi Delta Chapter, Nursing Honor Society.

Licensure & Certifications

* Registered Nurse- State of Texas (2010)
* Registered Nurse- State of Illinois (2009)
* ACLS/BCLS (Current) - American Heart Association.

Affiliations

American Nurses Credentialing Center (ANCC)  
American Association of Critical Care Nurses (AACN)  
American Nurses Association (ANA)  
Texas Nurses Association (TNA)