**Lilian Onchiri**

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**OBJECTIVE**

I am a Registered Nurse seeking a position to improve the health and wellbeing of the patients and community as an integral team member within an organization that provides the highest quality of care with respect, excellence, and innovation.

**EDUCATION**

**Midwestern State University** - Wichita Falls, TX

**Bachelor of Science Degree in Nursing**, December 2018

**Tarrant Community College** – Arlington, TX

**Associate of Arts**, December 2014

* Two years of science courses with 72 credit hours.
* Honors Student

**Springpack Healthcare Institute** – Arlington, TX

**Certified Nurse Aide**, February 2015

**WORK HISTORY**

**Arlington Villa Community** – Arlington, TX

**Certified Nurse Assistant**, February 2016 – December 2018.

* Taking care of a resident’s personal hygiene, including bed bath, shaving, and nail care.
* Collecting samples for testing.
* Reporting any health issues to the primary nurse

**Parkwood Healthcare Community** -- Bedford, TX

**Certified Nurse Aide**, March 2015 – December 2017.

* Maintained patient safety and well-being in the facility.
* Transferred clients with help Hoyer lift and gait belt
* Assisted clients with personal hygiene.
* Helped nurses with some medical procedures
* Turning bed ridden residents to prevent bedsores

**Interlochen Nursing & Rehabilitation Healthcare –** Arlington, TX

**Registered Nurse**, February 2019-Present

* Provided a broad range of general nursing care services in areas of vital signs, catheters, feeding tubes, IV and central lines.
* Safely administered medications.
* Educate patients and their families on disease processes and medical-surgical procedures.
* Used Point click care to accurately document, chart, and obtain information
* Discharged patients and provided teaching
* Demonstrated therapeutic communication with patients

**La Dora Nursing & Rehabilitation**– Bedford, TX

**Registered Nurse,** February 2019- Present

* Performed clinical tasks according to facility policies
* Provided direct patient care to pre- and post-operative patients
* Maintained sterile fields during procedures
* Demonstrated excellent written and oral communication
* Reviewed discharge instructions and education given to patients

**North Texas State Hospital** – Wichita Falls, TX

**Clinical Rotation Psychiatric Mental Health**, Fall 2016- Fall 2018

* Demonstrated therapeutic communication with patients
* Assessed patients for neurological status.
* Maintained patient safety and privacy.

**LICENSURE AND CERTIFICATIONS**

* Texas Registered Nurse License
* American Red Cross CPR for adults, children and infants.
* PICC, Peripheral and Central Lines Certified

**VOLUNTEER WORK**

**Metro Community Seventh-Day Adventist Church** – Arlington, TX

**Member of community service**, February 2013 – Present

* Collect clothing and food for the homeless
* Organize and promote a community-wide cleanup week
* Visiting nursing homes and providing them with spiritual needs.

**References Available Upon Request**