Colette Jackson

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**Confident, Enthusiastic Respiratory/Sleep THERAPIST – transitioning from the UK to the USA and seeking an opportunity to develop my extensive experience in respiratory diagnostics**

Spirometry|Full Pulmonary Function Testing|Cardio-pulmonary Exercise Testing Assistance|Pulse Oximetry/ LPSG Sleep Analytics|Exercise Tests

“...Colette gives 100% to her work and is always committed to extending her knowledge. She has been a great asset for our department …”

Dr Gary Doherty, Respiratory Clinical Lead RBHSC

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Core Capabilities:

* Competent in all aspects of Lung Function Diagnostics
* Pulmonary Function Tests
* Exercise tests
* Assisting in sleep diagnostics, setups and analysis
* CPAP setups, titratin and oxygen assesments.
* Conducting clinics
* Excellent rapport with patients
* Excellent organisational/ managerial skills
* Experience in departmental co-ordination
* Experienced volunteer of the British Lung Foundation
* Associated member of “Breath Easy & Find the missing Millions” health campaigns

Professional Development & Successes:

1. Proficient in **Intermediate Life Support**
2. **ICT Key Skills** Qualified
3. Additional University of Ulster Diploma in combined **Biology, Chemistry and Physics with minor in Math**
4. Extensive patient experience from several years working in busy respiratory/ sleep clinics
5. Trained by leading professionals at the biggest respiratory ceter of excellence of the United Kingdom (Glenfield Hospital, Leicester)
6. Employed as a fully qualified member of the Respiratory team at St James’ University Hospital Leeds pre-graduation.

Education

**University of Ulster**

**BSC Clinical Physiology** 2:1 **July 2014**

**University of Ulster June 2010**

Access Diploma in Science and Maths A,A,B equivalent

(Biology, Chemistry, Physics, Maths )

**Thornhill College**

**A Level**  B B C **June 2008**

**GCSE** 1 A\*, 4A, 1 B 4 C **June 2006**

Career History

**National Health Service Respiratory and Sleep Therapist –Temporary Managerial Role**

**May 2019 – Current**

I have spent the past three months at home in Ireland working in the Belfast Trust covering a managerial role in the Royal Belfast Hospital for Sick Chikdren. While co-ordinating the services that this lab offers, I have worked very closley with the team of Respiratory consultant and senior managerial staff to improve service lines, to reduce waiting lists and to make the overall experience patient centered.

***Selected Contributions:***

* *Carrying out Sleep Diagnostic Testing to include, LPSG, Overnight Oximetry, Capnography and Oxygen analysis.*
* *Educating patients and families on the physiology and benefits of theraputic treatment.*
* *Building rapore with patients and work collegues and working as part of a multi-discipilanry team on a daily basis.*
* *Collecting data and feedback from patient surveys and processing results*
* *Updating stock database and completing stock orders*
* *Carrying out Pulmonary Function Testing and creating reports.*
* *Assisting in Cadrio-Pulomary excerise testing*
* *Steralising and Disinfecting equiptment and lab work areas.*

**Sept 2015 – May 2019**

In September 2019 my first son was born. Within the space of three years I had 3 children and moved from Ireland to New York, where I focused my time in investing in my young children and family life.

**National Health Service Respiratory and Sleep Therapist**

**September 2014 – August 2015**

While working as a member of the Respiratory Therapy team at Belfast City Hospital I was based at the regional sleep centre for Northern Ireland. This role included working in the organisation of the lab through dealing with patient queries, and carrying out sleep diagnostic testing.

***Selected Contributions:***

* *Carrying out Sleep Diagnostic Testing to include Overnight Oximetry and Polysonography*
* *Arranging appointments and dealing with patient queries.*
* *Updating patient database with post-consultstion reports*
* *Collecting data and feedback from patient surveys and processing results*
* *Updating stock database and completing stock orders*

**National Health Service Respiratory Therapist - Full Time Band 5**

**January 2014- September 2014**

Beginning in my final semester at college, I was fortunate to secure a permanent band 5 post at St James’s Hospital Leeds. This opportunity allowed me to develop further comprehensive skills in a range of respiratory diagnostic testing and to learn a range of new diagnostic techniques, as well as providing the chance to further my education by attending CPD courses on new developments in Respiratory Diagnostics

***Selected Contributions:***

* *Carrying out Pulmonary Function Tests (including routine Body Plethysmography)*
* *Bronchial Challenge Testing (Including Mannitol Challenge)*
* *Carrying out Field Exercise Testing including Shuttle Walk Testing*
* *Assisting in Exercise Challenge Testing*
* *Assisting in Preparation for Tilt Table Testing*
* *Participating in Sleep Clinics and Liaising with Sleep Consultants*
* *Attending relevant Sleep Analysis Courses*
* *Maintaining Hygiene Standard Within Labs and Assisting in Daily Cleaning/ Sterilisation*
* *Maintaining a Physiological Quality Control File as part of departmental protocol*
* *Observing In Flight Assessment on Regular Basis*
* *Preparing for Blood Gas Training by receiving sufficient immunisation and preparing a Blood Gas folder.*

**Respiratory Physiologist Temporary Worker**

**June 2013 - September 2013**

During my time at college at the University of Ulster I was employed as a per diem staff member for the NHS in a respiratory therapist role. Throughout this time I worked on site at the Royal Victoria Hospital Belfast. This opportunity allowed me the opportunity to participate as a staff member and developed my skills and understanding of professional standards

***Selected Contributions:***

* *Carrying out Pulmonary Function Tests*
* *Bronchial Challenge Testing*
* *Assisting in Exercise Challenge Testing*
* *Participating in Respiratory Clinics*
* *Carrying out Administration Jobs and Organising Appointments*
* *Maintaining Good Hygiene Standard Within Labs and Assisting in Daily Cleaning/ Sterilisation*

**Next Retail**  **June 2008 – March 2012**

Employed by Next Retail as a member of their office/sales Staff.

***Selected Contributions:***

* *Carrying out Promotional Activities*
* *Carrying out daily banking duties.*
* *Interacting with and encouraging people to give their custom to the company which I am promoting*
* *Accounting for financial errors.*

### National Health Servive Casual Worker *(Summer Work Experience)* June 2009 – Sept 2009

During my summer breaks at college I worked in assisting patients in the NHS.

***Selected Contributions:***

* *Assisting Patients*
* *Preparing food/ catering to special dairy needs.*
* *Maintaining hygiene*

Interests

I am currently a mother of three children aged 3, 2 and 1. In 2017 my husband and I moved our family from the North of Ireland to New York where we spent two years. In May of this year we returned to Ireland to spend the summer at which point I secured a temporary managerial position in RBHSC, in preperation for our move to Dallas, Texas, in September 2019. We have just purchased a new home in Dallas and want to make this our new permanent home. I am seeking to secure a a job within a healthcare setting, where I can apply and develop my knowledge and passion for Respiratory and Sleep Physiology.

In my spare time I am an active member of my Church and host frequent events within this setting. In the past I have been part of a committee that organised a national event, in Irelands national stadium, designed to enkindle passion and spirit into the young people of Ireland. The event was a 3 day conference involving many international speakers. This involved working closely with others and conceiving ideas that require commitment and dedication to achieve. This role also required me to manage other sub teams and gave me the chance to develop my managerial skills which I really enjoyed! I am involved in youth work and have helped out at various summer camps for young people within the community. I believe that the dedication and determination that I put into the youth camps and young people who attend it, is reflected in my work. I take a keen interest in current affairs and enjoy keeping up to date with national issues. I also find that I am very comfortable with working as part of a team. I am able to take instructions from others but can also assume a leadership role when necessary and encourage others to strive to achieve targets.