**Carmen Alfaro**

P: (682) 802 3115

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Overview:

Enthusiastic and detailed-oriented cook with a thorough understanding of health and safety regulations. Comprehensive knowledge of seasoning and preparing food for maximum effect.

Experience:

*Bigote’s Restaurant/Arlington, Tx*

*Cook*

* Responsible for preparing salads/entrees/desserts
* Cleaned and organized kitchen
* Coordinated kitchen staff
* Prepared all food items in a hygienic and timely manner
* Prepared items for broiling, grilling, frying, sautéing, or other cooking methods by portioning, battering, breading, seasoning and or marinating.
* Prepared high quality, great tasting meals.
* Insured proper food storage, cleanliness, safe food practices and adherence to State Health Dept standards.
* Fostered team work, safety, and professionalism.
* Reviewed menus, production orders, and modified dietary needs to provide residents with quality food that suited their individual dietary needs.
* Followed standardized recipes to assure highest quality of food served.
* Served and delivered food throughout entire facility in a timely manner.