Activities of Daily Living

The first objective of this survey is to know about how normal days are in terms of certain activities. The second objective is to capture different ways of performing certain activities. Target activities are: (1) make a coffee, (2) make a chocolate, (3) make pasta, (4) brush teeth, (5) watch television, (6) wash hands, (7) read a book

Day Description

Could you describe how your days are in terms of target activities?

We expect you to provide information such as "Mondays: 7:00-7:30 make a coffee, brush teeth, wash hands 12:30-13:00 make pasta, watch television...". Please, limit yourself to activities carried out in your home.