

2/10/2020 3:37 PM (CST)
Assessment Id: 154011994
Patient: Morris, Mary P (Admission 70720)

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PROGRESS NOTE - HISTORY

Name	Morris, Mary P	MR #	143841
Gender	F	Birth Date	02/24/1927
Facility	Lexington Health Care Center of La Grange	Marital Status	Widowed
Room #	237	Reason For Visit	UTI
Admission Date	12/14/19		f/u Ortho visit 1/3/20
Date Form Opened	1/3/2020		

Chief Complaint

Past Medical History Reviewed	Yes
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History of Present Illness:

92 y/o CF with significant PMHx- HTN, Dementia, and s/p R hip replacement last April, 2019 after a fall. She fell while trying to sit on her w/c. 12/10/19 To Amita Health Joliet Hosp. d/t subcapital femoral neck fx, left hip. s/p partial left hip replacement 12/11/19. Hosp. course complicated with pain and anxiety treated with Morphine and alprazolam. 12/14/19 transferred to Lexington La Grange for SAR and goal of care is to transfer back to Assisted living memory care.

Seen pt in f/u of AMS with UTI.

She is going to see Ortho later this PM. Left hip XR was done with CD requested to be sent to Ortho during tis visit. She seems doing well w/ pain well controlled. Also doing well in therapy.

Past Medical/Surgical History:

PMHx: HTN, Dementia, Hypothyroidism, Anemia, Anxiety, Vit. D Deficiency, Insomnia.

PSHx: Right Hip Replacement- April 2019

Health Status

Advanced Directives:

Full Code/Attempt
Resuscitation/CPR, Full
Code/Attempt
Resuscitation/CPR,

Additional Notes Regarding Advanced Directives:

Select dropdown arrow to see all diagnoses. Admitting diagnosis is at the top.

S72.92XD — Unspecified fracture of left femur, subsequent encounter for closed fracture with routine healing

Recent Physician Progress Notes (Click links to view):

Recent Laboratory and Diagnostic Tests (Click Link to Access Laboratory Attachments):

Reviewed Laboratory Results

Labs/Radiology (List reviewed labs with dates)

12/23/19 wbc 8.13 hgb 8.2 (7.0) plt 525 Na 141 K 4.7 gluc 78 BUN 11 Scr 11 egfr > 60 Ca 8.2

12/19/19: WBC 7.83, H/H 7.0/22.0, PLT 381, GFR >60, NA 140, K 3.8, CL 108, B/C 8/0.51, GLU 72, LFT 12/16/58, ALB 2.5, TO 4.4

Hosp. Labs: 12/14/19

CBC: WBC 7.4, RBC 2.39, Hb 7.3, MCV 89, MCH 30.6, PLT 165.

CMP: Na 136, K 3.5, Cl 108, CO2 24, BUN

9, Cr 0.4, eGFR 149, Glu 89, Ca 7.6, Mg 1.7, AST/SGOT 23, ALT /SGPT 12, Albumin 2.5, Total protein 4.6.

Health Status (Continued)

Allergy List:

acetaminophen, alendronate sodium, atorvastatin, baclofen, dye,
fesoterodine, gabapentin, lecithin, mirabegron, oxybutynin,
pregabalin, tramadol

Medication List (Click link to view all orders):

Reviewed Medications

Review of Systems

CONST	Y	N	RESP	Y	N	GU	Y	N	MS	Y	N
WNL to ALL Constitution			WNL to ALL RESP			WNL to ALL GU			WNL to ALL MS		
Fever			SOB			Dysuria			Joint Pain		
Δ Mental Status			Cough			Hematuria			Swelling		
Δ Function			Wheezing			Frequency			Myalgia		
Δ Weight			Phlegm			Urgency			Arthralgia		
Pain			Hx Smoking			Nocturia			Fall last 30 days		
						Foley			Hx of Falls		
									Gait D/O		

HEENT	Y	N	GI	Y	N	NEURO	Y	N	PSYCH	Y	N
WNL to ALL HEENT			WNL to ALL GI			WNL to ALL NEURO			WNL to ALL PSYCH		
Eye Discharge			Nausea			Syncope			Anxiety		
Δ Visual			Vomiting			Aphasia			Depression		
HOH			Obesity			HA			Sleep Disturbance		
Epistaxis			Abd Pain			Vertigo			Agitation		
Rhinitis			Diarrhea			Focal Weakness			Combative		
Tinnitus			Constipation			Paraesthesia			Hallucination		
Sore Throat			Melena			Seizures			Psychosis		
			Hemoccult			Confused			Δ Mood		
			Dysphagia								
			Dyspepsia								
			Δ Appetite								
			Δ Stools								
			G tube								

CV/PV	Y	N	DERM	Y	N	Other:
WNL to ALL CV/PV			WNL to ALL DERM			
Chest Pain			Rash			
Palpitation			Pruritus			
Dizzy			Bruising			
DOE						
Edema						

Physical Examination

Latest Vitals:

Weight: 134.20

Temperature: 97.60 [Temporal]

Blood Pressure: 102 / 59 [L Arm Sitting]

Pulse: 97.00 [Brachial]

Respiration: 18.00

Pulse Ox: 95.00 [Room Air]

Physical Examination:**Past Vitals (Click link to view all vitals)**

LOC:		Change from baseline?	Comments
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Orientation:		Change from baseline?	Comments
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Neuro			Comments
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HEENT:			Comments
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Apical/Radial Pulse:			Change from baseline?	Comments
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Murmur?	If Yes, describe Murmur
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Edema:		Pitting Edema, scale +	Change from baseline?	Comments
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Peripheral Pulses:	Right:	Right Capillary refill <3 seconds:	Comments
	Left:	Left Capillary refill <3 seconds:	

Skin:		Turgor:	Change from Baseline
Skin Color:		Abnormal:	Skin Comments

Respiration:		Abnormal:	Respiratory Comments
Breath Sounds:	Right:	Change from baseline?	
	Left:		

Cough:		Describe:	Change from baseline?
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Abdomen:		Change from baseline?	Abdomen/Bowel Comments
Bowel Sounds:		Change from baseline?	

Urinary:		Comments
Psych		Comments
Pain: Scale 0 - 10	Change from baseline?	Comments - Sites
Other:		

Assessment/Plan

Problem 1

Select Problem

N39.0: UTI

d/c Cipro d/t severe drug interaction per pharm recs with QT prolonging effect with Quetiapine and Donepezil
start Cephalexin 500 mg BID 500 mg x 5 days for empiric treatment --- okayed by Pharmacy per nsg
1/3/20: Ua/Cx: preleim results showed >100k GNB --- awaiting for final results/sensitivity
presenting sx: AMS per dtr; no fever, chills; dysuria; CVA or pelvic tenderness; no changes in appetite; seems stable
increase fluid intake
consult ID --- seen and evaluated pt today; agreed with POCs
check labs: CBC and BMP 1/6/20
monitor for progression of sx; fall precs; temp; SE/AR from abx

Problem 2

Select Problem

S72.92XD: Unspecified Fx of Left Femur, subsequent encounter for closed fx w/ routine healing
h/o falls

- PT/OT- tolerating well
- Fall and hip precs
- Cont. Tramadol 50 mg q12 hrs prn - per PCP ok to have Tramadol (with allergy to Tramadol). Tramadol helps the pain.
- cont flexeril for muscle spasms -- pain is aggravated with msucele spasms; help control pain
- Cont. Multivitamins and Vit. D3 supplement.
- cont. GI prophylaxis: Famotidine 20 mg PO daily
- F/u with Ortho today 1/3/20 with left hip XR done with CD to be taken to Ortho with pt
- OOB to WC daily - compliant

Problem 3

Select Problem

S71.002D: Unspecified open wound, left hip, subsequent encounter
wound vac. d/c 12/20/19 -->mepilex dressing

f/u with ortho as indicated
Wound care team following
Monitor for wound drainage and s/sx of infection --- pt is afebrile and non toxic appearing
Keep abductor pillow in place while in bed

Problem 4

Select Problem

F03.90: Unspecified dementia w/o behavioral disturbance

F41.8: Anxiety

monitor mood and behavior
with Restlessness and agitation esp at night likely sundowning; none noted during this visit or while dtr is here
Cont. donepezil 5 mg at hs; Memantine 10 mg PO BID; Quetiapine; Alprazolam 0.25 mg BID PRN
fall precs; supportive care

Problem 5

Select Problem

I10: HTN --- Cont. Metoprolol 25 mg PO BID; low-salt, low-fat diet. Cont. ASA 81 mg PO daily; monitor BP/HR; check kidney fxn
D64.9: Anemia --- Cont. Vit. B 12 1000 mcg PO daily and FeSO4 325 mg PO daily. CBC 12/19 with hgb level at 8.2, on 12/23 was 7.0 on 12/19;
repeat CBC 1/6/20

G47.00-- Insomnia, unspecified --- cont. Melatonin 5 mg PO at hs- Able to sleep at hs with Melatonin.

Problem 6

Select Problem

K59.00: Constipation

- monitor BM and chart in vision
- Changed Docusate 100 mg PO BID PRN to schedule BID.
- Added Miralax 17 gm daily PRN.
- Increase fluid intake, fiber in diet.
- Increase activity with therapy

Problem 7

Select Problem

R26.89: Gait and mobility d/o

PT/OT
fall precs
pain management

Problem 8

Select Problem

Seen >60 mins t/f time with pt and daughter with >50% of time spent on doing education on disease process, management, plans of care with pt and dtr in length and care coordination with pt, dtr, staff, consults, PCP, DON/NM.

Signature (Click on the check box to sign)

Dyerina Donnelly, NP (01/04/2020 04:16 PM
(CST))