

3/22/2020 12:34 PM (CDT)

Assessment Id: 63991213

Patient: Karich, Margaret (Admission PPE-78053SN)

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*Jim APN
3/22/2020***Progress Note****Assessment Date:**

02/27/2020

Client Demographics**Name:**

Karich, Margaret

Date of Birth:

11/24/1940

Age:

79

Gender:

F

Physician:

Yunez, Karim S

Client ID:

131091

Admit Date:

02/18/20

Room #:

308

Admission ID:

PPE-78053SN

Reason For Visit:

f/u anemia and lumbar spine stenosis

History Present Illness**Onset:****Quantity:****Location:****Timing:****Improved With:****Worsened With:****Symptoms**

79yo female admitted to EMH on 2/14/20 for low back pain that was inhibiting ambulation. MRI back showed distended bladder, subacute B sacral insufficiency fx, and L4-5 severe canal stenosis. Foley placed. Neurosurg consulted and steroid injection given. Physiatry consulted and started pt on gabapentin, Norco, and Medrol dose pack. Participated in therapy.

Pt admitted to Park Place on 2/18/20 for SAR.

L: 3

A: 3

C: 3

E: 0

Total: 9

JM APEN
3/22/2020

Pt seen today for f/u anemia and lumbar spine stenosis. Pt in bed, alert, NAD. Denies CP, HA, SOB, dizziness, n/v/c/d. Reports pain in lower back has improved. Participating in therapy. Appetite is good.

PMH: anemia, HTN, depression, anxiety, Ovarian Ca, rectal Ca, ureter ca

PSH: appendectomy, bowel resection, cholecystectomy, hysterectomy, hernia repair, R TKA

Past Medical / Surgical History

Current Diagnoses:

V57.89 — REHABILITATION PROC NEC

Reviewed

Anticoagulation

Is resident receiving anticoagulation medication?

Yes

Reason for Anticoagulation:

thromboembolism prevention

Medication:

ASA

Bleeding:

No

Review Of System:

Bleeding

No

Epistaxis

No

Oral Bleeding

No

Hemoptysis

No

Melena

No

Hematuria

No

Bruising

No

Incision

No

Wound

No

Physical Exam

General:

NAD Nontoxic

Skin:

Dry and Intact

HEENT:

NC Non-icteric MMM

CV:

Reg S1S2

Pulm:

Clear B

GI:

Soft ND NT BS NL

GU:

No Bladder Distension Continent

Review Of Systems

Const:

Fever

Am Aren
3/22/2020

No		
Mental Status		
No		
Function		
Yes		
Weight		
No		
Pain		
Yes		
Resp:		
SOB		
No		
Cough		
No		
Wheezing		
No		
Phlegm		
No		
Hx Smoking		
GU:		
Dysuria		
No		
Hematuria		
No		
Frequency		
No		
Urgency		
No		
Nocturia		
No		
Foley		
No		
MS:		
Joint Pain		
Swelling		
No		
Myalgia		
Yes		
Arthralgia		
Yes		
ROM		
Yes		
Fall last 30 days		
No		
Hx of falls		
No		
Gait D/O		
Yes		
HEENT:		
Eye discharge		
No		
Visual		
No		
HOH		
No		
Epistaxis		
No		
Rhinitis		
No		
Tinnitus		
No		

Handwritten: 3/22/2020

Sore Throat

No

GI:**Nausea**

No

Vomiting

No

Obesity

No

Abd Pain

No

Diarrhea

No

Constipation

No

Melena

No

Heme-occult**Dysphagia**

No

Dyspepsia

No

Appetite

No

Stools

No

G tube

No

Neuro:**Syncope**

No

Aphasia

No

HA

No

Vertigo

No

Focal Weakness

No

Paraesthesia

No

Seizures

No

Confused

No

PSYCH:**Anxiety**

No

Depression

No

Sleep Disturbance

No

Agitation

No

Combative

No

Hallucinations

No

Psychosis

No

NL Mood

Handwritten: Jm APN 3/22/2020

Yes

CV/PV:

Chest Pain

No

Palpitations

No

Dizzy

No

DOE

No

Edema

No

DERM:

Rash

No

Pruritus

No

Bruising

No

Physical Exam

General:

NAD Nontoxic

Comments:

in bed

Skin

Dry and Intact

Comments:

HEENT

NC Non-Icteric MMM

Comments:

Neck

Supple

Comments:

no JVD

CV

Reg S1S2 No M

Comments:

Pulm

Clear B

Comments:

unlabored, RA

Breast

Comments:

deferred

GI

Soft ND NT BS NL

Comments:

GU

No Bladder Distension Continent

Comments:

M/S

NL ROM

Comments:

ambulates with rolling walker

Neuro

*MS APRN
3/22/2020*

Alert Ox3

Comments:

Psych

NL Mood Cooperative

Comments:

Ext.

No edema

Comments:

Other**Labs:**

2/23/20: Na 140, K 3.7, BUN 36, Cr 1.01, ALP 188, ALT 74, AST 17

2/19/20: Na 139, K 4.4, BUN 38, Cr 1.01, AST 231, ALT 77, ALP 176, WBC 11.2, HgB 8.7, HCT 26.4

hospital labs: 2/14/20 WBC 4.8, HgB 9.8, HCT 29.1, Na 141, K 2.6, BUN 16, Cr 0.90

Assessment & Plan:

Anemia (D64.9)

stable

no s/s at present

H+H due 2/28

cont to monitor

Lumbar stenosis/Low back pain/Weakness/elevated LFTs (M48.062/M54.5/M62.81)

s/p steroid injection

improving

neurosurg following

cont PT/OT

fall precautions

on gabapentin with PRN Norco, flexeril, and tylenol for pain

LFTs greatly improved

CMP due 2/28

cont to monitor

HTN (I10)

mildly controlled

on ASA, atenolol, losartan

cont to monitor

Kathryn Hill MS APRN

Signature:

Electronically Signed By Hill, Kathryn 02/27/2020 08:36 AM (CST)

Don Allen
3/22/2020

3/22/2020 12:34 PM (CDT)

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Patient: Karich, Margaret (Admission PPE-78053SN)

Vital Signs		
B/P: 152 / 70 [R Arm Laying]		
Pulse: 64.00 [Pulse Oximeter]		
Pulse Ox: 98.00 [Room Air]		
Respirations: 18.00		
Temp: 98.60 [Oral]		
Weight: 140.80		
Blood Sugar: 111.00		

DM HPTN
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Patient: Karich, Margaret (Admission PPE-78053SN)

Medications

AplisoL 5 tub, unit/0.1 mL intradermal injection solution (0.1 mL (Step 2)) VIAL (ML) One Time Daily for One Day Intradermal ICD-10: ENCOUNTER FOR SCREENING FOR RESPIRATORY TUBERCULOSIS AplisoL 5 tub, unit/0.1 mL intradermal injection solution (Read Results (Step 2)) VIAL (ML) One Time Daily for One Day Other ICD-10: ENCOUNTER FOR SCREENING FOR RESPIRATORY TUBERCULOSIS ALPRAZOLAM 0.25 mg tablet 0.25 mg (1 TAB) TABLET As Needed Two Times Daily Oral ICD-10: ANXIETY DISORDER, UNSPECIFIED acetaminophen 325 mg tablet (2 tablets = 650mg) TABLET As Needed Every Six Hours Oral ICD-10: PAIN, UNSPECIFIED Colace 100 mg capsule (100mg) CAPSULE As Needed Two Times Daily Oral ICD-10: CONSTIPATION, UNSPECIFIED Miralax 17 gram oral powder packet (17 gm) POWDER IN PACKET (EA) As Needed Every One Day Oral ICD-10: CONSTIPATION, UNSPECIFIED aspirin 81 mg chewable tablet (1 TAB) TABLET, CHEWABLE Every One Day Oral ICD-10: SPINAL STENOSIS, LUMBAR REGION WITHOUT NEUROGENIC CLAUDICATION atenolol 50 mg tablet (1 TAB) TABLET Every One Day Oral ICD-10: ESSENTIAL (PRIMARY) HYPERTENSION cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution (1ML) VIAL (ML) One Time Monthly Intramuscular ICD-10: VITAMIN DEFICIENCY, UNSPECIFIED diphenhydramine 25 mg capsule (1 CAP) CAPSULE As Needed Every Four Hours Oral ICD-10: ALLERGY, UNSPECIFIED, INITIAL ENCOUNTER diphenoxylate-atropine 2.5 mg-0.025 mg tablet 2.5-0.025 mg (1 TAB) TABLET As Needed Every Four Hours Oral ICD-10: DIARRHEA, UNSPECIFIED diphenoxylate-atropine 2.5 mg-0.025 mg tablet (2 TABS) TABLET As Needed Every Four Hours Oral ICD-10: DIARRHEA, UNSPECIFIED famotidine 40 mg tablet (1 TAB) TABLET Hour Of Sleep Oral ICD-10: HEARTBURN levothyroxine 137 mcg tablet (1 TAB) TABLET Every One Day Oral ICD-10: HYPOTHYROIDISM, UNSPECIFIED losartan 100 mg tablet (1 TAB) TABLET Every One Day Oral ICD-10: ESSENTIAL (PRIMARY) HYPERTENSION ondansetron 8 mg disintegrating tablet (1 TAB) TABLET, DISINTEGRATING As Needed Every Eight Hours Oral ICD-10: NAUSEA simvastatin 20 mg tablet (1 TAB) TABLET Hour Of Sleep Oral ICD-10: HYPERLIPIDEMIA, UNSPECIFIED sertraline 100 mg tablet (1 TAB) TABLET Hour Of Sleep Oral ICD-10: MAJOR DEPRESSIVE DISORDER, SINGLE EPISODE, UNSPECIFIED omeprazole 20 mg capsule, delayed release (1 CAP) CAPSULE, DELAYED RELEASE (ENTERIC COATED) One Time Daily Oral ICD-10: HEARTBURN magnesium oxide 400 mg (241.3 mg magnesium) tablet (0.5 tab=200mg) Every One Day Oral ICD-10: VITAMIN DEFICIENCY, UNSPECIFIED cyclobenzaprine 5 mg tablet (1 TAB) TABLET As Needed Every Twelve Hours Oral ICD-10: DORSALGIA, UNSPECIFIED gabapentin 100 mg capsule (2) CAPSULE Two Times Daily Oral ICD-10: PAIN, UNSPECIFIED gabapentin 100 mg capsule (1) CAPSULE Every One Day Oral ICD-10: PAIN, UNSPECIFIED HYDROcodone 7.5 mg-acetaminophen 325 mg tablet (1 TAB) TABLET As Needed Every Four Hours Oral ICD-10: SPINAL STENOSIS, LUMBAR REGION WITHOUT NEUROGENIC CLAUDICATION ferrous sulfate 325 mg (65 mg iron) tablet (1 TAB) TABLET Every One Day Oral ICD-10: ANEMIA, UNSPECIFIED

Signature:

Electronically Signed By Hill, Kathryn 02/27/2020 08:36 AM (CST)