"Any SEC op-based object can be emulated by a SEC state-based object of a corresponding interface"

Marc Shapiro, Nuno Preguiça, Carlos Baquero, Marek Zawirski. Conflict-free Replicated Data Types (2014)

Choosing between state-based & event-based mostly depends how your updates are transported

(State-based use more bandwidth, op-based require exactly once delivery …)