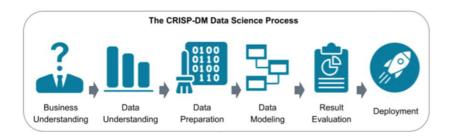
MENTAL HEALTH PREDICTION



Business understanding

Step 1: Business Requirement Gathering

• Understand Project Obectives

Data Understanding

Step 2: Data Loading and Initial Exploration

- Data Dictionary/Overview
- · Load the Data
- Initial Exploratory Data Analysis (EDA)

Data Preparation

Step 3: Data Cleaning

- · Handle Missing Values
- · Feature Consistency and Parsing
- Remove or Aggregate Low-Value Features

Step 4: Feature Engineering

- · Feature Encoding
- · Scaling and Normalization

Step 5: Data Splitting

- · Train-Test Split
- · StratifiedKfold Cross Validation

Data Modelling

Step 6: Model Selection

- · Choose Candidate Models
- Choose Model Hyperparameter Tuning Technique

Step 7: Model Training

- Train Models
- Model Hyperparameter Tuning

Result Evaluation

Step 8: Model Evaluation

- Evaluate Performance
- Select the Best Model

Step 9: Interpretability and Explainability

· Feature Importance

Deployment

Step 10: Model Deployment

- Model Serialization
- · API Development
- Containerization

- · Monitoring and Logging
- · Continuous Improvement (Model Retraining)

Import relevant libraries

```
import pandas as pd
import seaborn as sns
import matplotlib.pyplot as plt
import plotly.express as px
import numpy as np
import joblib
from joblib import dump, load
import warnings
warnings.filterwarnings('ignore')
from sklearn.ensemble import RandomForestClassifier
from \ xgboost \ import \ XGBClassifier
from sklearn.feature_selection import SelectFromModel
from sklearn.model selection import train test split
from sklearn.model_selection import StratifiedKFold, cross_val_score
from sklearn.metrics import accuracy_score, recall_score, precision_score, f1_score, classification_report, confusion_matrix
from sklearn.model selection import GridSearchCV
from sklearn.model_selection import RandomizedSearchCV
from sklearn.pipeline import Pipeline
from imblearn.over_sampling import SMOTE
from imblearn.pipeline import Pipeline
from imblearn.over_sampling import SMOTE
from sklearn.preprocessing import OneHotEncoder, OrdinalEncoder, StandardScaler
from sklearn.compose import ColumnTransformer
from scipy.stats import chi2_contingency
from statsmodels.stats.outliers_influence import variance_inflation_factor
```

Step 2: Data Loading and Initial Exploration

- · Data Dictionary
- · Load the Data
- Initial Exploratory Data Analysis (EDA)

Dataset Overview

This dataset contains information on individuals with various attributes related to their personal and lifestyle factors.

Features

Name: The full name of the individual.

Age: The age of the individual in years.

Marital Status: The marital status of the individual. Possible values include Single, Married, Divorced, and Widowed.

Education Level: The highest level of education attained by the individual. Possible values include High School, Associate Degree, Bachelor's Degree, Master's Degree, and PhD.

Number of Children: The number of children the individual has.

Smoking Status: Indicates whether the individual is a smoker or not. Possible values are Smoker, Former and Non-smoker.

Physical Activity Level: The level of physical activity undertaken by the individual. Possible values include Sedentary, Moderate, and Active.

Employment Status: The employment status of the individual. Possible values include Employed and Unemployed.

Income: The annual income of the individual in USD.

Alcohol Consumption: The level of alcohol consumption. Possible values include Low, Moderate, and High.

Dietary Habits: The dietary habits of the individual. Possible values include Healthy, Moderate, and Unhealthy.

Sleep Patterns: The quality of sleep. Possible values include Good, Fair, and Poor.

History of Mental Illness: Whether the individual has a history of mental illness. Possible values are Yes and No.

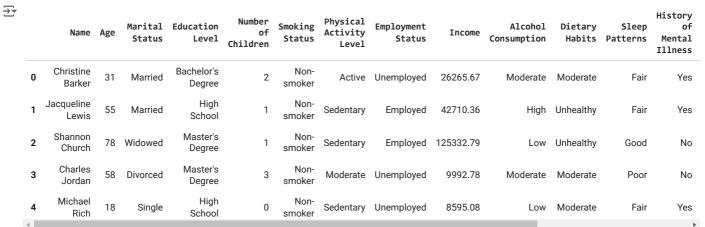
History of Substance Abuse: Whether the individual has a history of substance abuse. Possible values are Yes and No.

Family History of Depression: Indicates if there is a family history of depression. Possible values are Yes and No.

Chronic Medical Conditions: Whether the individual has chronic medical conditions. Possible values are Yes and No.

Load the data

```
# Load the dataset
df = pd.read_csv('_/content/drive/MyDrive/Datasets/depression_data.csv')
df.head()
```



Initial Exploratory Data Analysis

We will explore the data to gain insights and better understand the data

```
# Display the first 5 rows
df.info()
```

<<class 'pandas.core.frame.DataFrame'>
 RangeIndex: 413768 entries, 0 to 413767
 Data columns (total 16 columns):

Data	columns (total 16 columns):						
#	Column	Non-Null Count	Dtype				
0	Name	413768 non-null	object				
1	Age	413768 non-null	int64				
2	Marital Status	413768 non-null	object				
3	Education Level	413768 non-null	object				
4	Number of Children	413768 non-null	int64				
5	Smoking Status	413768 non-null	object				
6	Physical Activity Level	413768 non-null	object				
7	Employment Status	413768 non-null	object				
8	Income	413768 non-null	float64				
9	Alcohol Consumption	413768 non-null	object				
10	Dietary Habits	413768 non-null	object				
11	Sleep Patterns	413768 non-null	object				
12	History of Mental Illness	413768 non-null	object				
13	History of Substance Abuse	413768 non-null	object				
14	Family History of Depression	413768 non-null	object				
15	Chronic Medical Conditions	413768 non-null	object				
<pre>dtypes: float64(1), int64(2), object(13)</pre>							
memory usage: 50.5+ MB							

• The dataset comprises 413768 rows and 16 columns with no missing values. The data types are also in order.

```
# Check the unique values of the variables
df.nunique()
```



	0
Name	196851
Age	63
Marital Status	4
Education Level	5
Number of Children	5
Smoking Status	3
Physical Activity Level	3
Employment Status	2
Income	405282
Alcohol Consumption	3
Dietary Habits	3
Sleep Patterns	3
History of Mental Illness	2
History of Substance Abuse	2
Family History of Depression	2
Chronic Medical Conditions	2

dtuna int6/

```
# Check the unique values of each column
for col in df.columns:
    print(f"Unique Values for column '{col}':")
    print(df[col].unique())
    print("\n" + "="*50 + "\n") # Separator for readability
```

```
Unique Values for column 'Smoking Status':
['Non-smoker' 'Former' 'Current']

-------
Unique Values for column 'Physical Activity Level':
['Active' 'Sedentary' 'Moderate']

-------
Unique Values for column 'Employment Status':
['Unemployed' 'Employed']

-------
Unique Values for column 'Income':
[ 26265.67 42710.36 125332.79 ... 77353.26 24557.08 107125.74]
```

```
L res № j
    Unique Values for column 'Chronic Medical Conditions':
# Check the value count of each column
for col in df.columns:
   print(f"Value counts for column '{col}':")
   print(df[col].value_counts())
   print("\n" + "="*50 + "\n") # Separator for readability
Alcohol Consumption
    Moderate
    Low
    High
             101078
    Name: count, dtype: int64
    _____
    Value counts for column 'Dietary Habits':
    Dietary Habits
    Unhealthy
              170817
    Moderate
              170446
    Healthy
               72505
    Name: count, dtype: int64
    _____
    Value counts for column 'Sleep Patterns':
    Sleep Patterns
    Fair
          196789
    Poor
          129582
    Good
           87397
    Name: count, dtype: int64
    _____
    Value counts for column 'History of Mental Illness':
    History of Mental Illness
         287943
    Yes
         125825
    Name: count, dtype: int64
    Value counts for column 'History of Substance Abuse':
    History of Substance Abuse
         284880
         128888
    Yes
    Name: count, dtype: int64
    _____
    Value counts for column 'Family History of Depression':
    Family History of Depression
         302515
    Yes
         111253
    Name: count, dtype: int64
    Value counts for column 'Chronic Medical Conditions':
    Chronic Medical Conditions
    No
         277561
         136207
    Name: count, dtype: int64
    _____
# Check for missing values
missing_values = df.isnull().sum()
{\tt missing\_values[missing\_values} \ {\tt > 0]} \ {\tt \# Display \ columns \ with \ missing \ values}
0
    dtvne int64
# Check duplicate values
print("Number of duplicate rows:", df.duplicated().sum())
```

duplicate_rows = df[df.duplicated()] duplicate rows Number of duplicate rows: 0 History Number Physical Smoking Marital Education **Employment** Alcohol Dietary Sleep of of of Activity Income Habits Patterns Mental Substance Status Level Status Status Consumption Children Illness Abuse # Statistical summary of numerical features df.describe() ₹ Age Number of Children count 413768.000000 413768.000000 413768.000000 49.000713 1.298972 50661.707971 mean std 18.158759 1.237054 40624.100565 18.000000 0.000000 0.410000 min 25% 33.000000 0.000000 21001.030000 50% 49.000000 1.000000 37520.135000 75% 65.000000 2.000000 76616.300000 80 000000 4.000000 209995.220000 max

- Age: The dataset includes people aged between 18 and 80, with an average age of about 49 years. The age distribution is relatively spread out, as shown by a standard deviation of about 18 years.
- Income: Income varies widely, ranging from a minimum close to USD0 to a maximum of about USD210,000. The average income is around USD50,661, but most people have lower incomes, as shown by the 50th percentile (median) at USD37,520, with only 25% earning above \$76,616.
- Number of Children: The average number of children per person is approximately 1.3. The data shows that half of the individuals have 1 child or none, and only 25% have 2 or more children, with a maximum of 4 children.

Data Preparation

Step 3: Data Cleaning

• Remove Low-Value Features

Drop the Name column from the DataFrame

df = df.drop('Name', axis=1)

Display the first few rows to verify

df.head()

History History

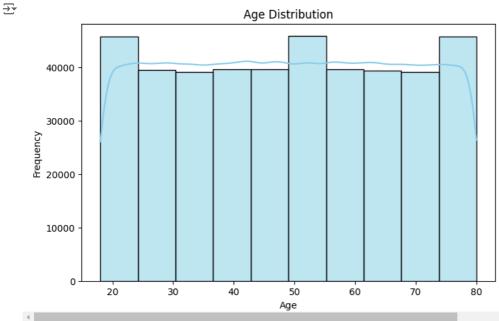
∑		Age	Marital Status	Education Level	Number of Children	Smoking Status	Physical Activity Level	Employment Status	Income	Alcohol Consumption	Dietary Habits	Sleep Patterns	History of Mental Illness	History of Substance Abuse
	0	31	Married	Bachelor's Degree	2	Non- smoker	Active	Unemployed	26265.67	Moderate	Moderate	Fair	Yes	No
	1	55	Married	High School	1	Non- smoker	Sedentary	Employed	42710.36	High	Unhealthy	Fair	Yes	No
	2	78	Widowed	Master's Degree	1	Non- smoker	Sedentary	Employed	125332.79	Low	Unhealthy	Good	No	No
	3	58	Divorced	Master's Degree	3	Non- smoker	Moderate	Unemployed	9992.78	Moderate	Moderate	Poor	No	No
	4	18	Single	High School	0	Non- smoker	Sedentary	Unemployed	8595.08	Low	Moderate	Fair	Yes	No
	4													>

· The name column has been successfully dropped.

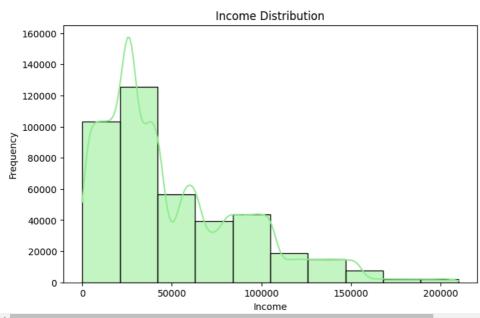
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→ Data Visualisation

```
# Age Distribution
plt.figure(figsize=(8, 5))
sns.histplot(df['Age'], bins=10, kde=True, color='skyblue')
plt.title('Age Distribution')
plt.xlabel('Age')
plt.ylabel('Frequency')
plt.show()
```

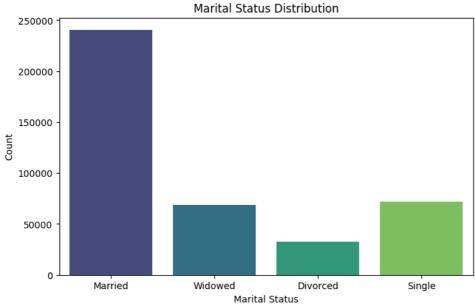


```
# Income Distribution
plt.figure(figsize=(8, 5))
sns.histplot(df['Income'], bins=10, kde=True, color='lightgreen')
plt.title('Income Distribution')
plt.xlabel('Income')
plt.ylabel('Frequency')
plt.show()
```



```
# Marital Status Distribution
plt.figure(figsize=(8, 5))
sns.countplot(data=df, x='Marital Status', palette='viridis')
plt.title('Marital Status Distribution')
plt.xlabel('Marital Status')
plt.ylabel('Count')
plt.show()
```

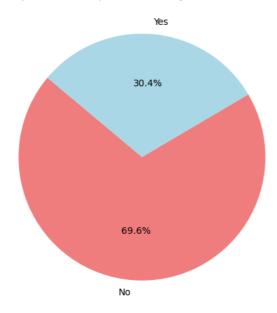




```
# Proportion of People with Mental Illness History
plt.figure(figsize=(6, 6))
mental_illness_counts = df['History of Mental Illness'].value_counts()
plt.pie(mental\_illness\_counts, labels=['No', 'Yes'], autopct='\%1.1f\%', colors=['lightcoral', 'lightblue'], startangle=140)
plt.title('Proportion of People with History of Mental Illness')
plt.show()
```

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Proportion of People with History of Mental Illness

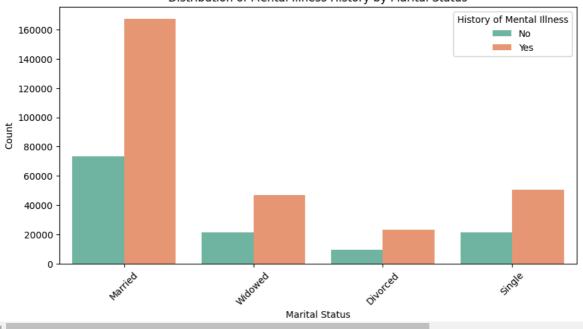


```
# Distribution of Mental Illness History by Marital Status
plt.figure(figsize=(10, 5))
\verb|sns.countplot(data=df, x='Marital Status', hue='History of Mental Illness', palette='Set2')| \\
plt.title("Distribution of Mental Illness History by Marital Status")
plt.xlabel('Marital Status')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



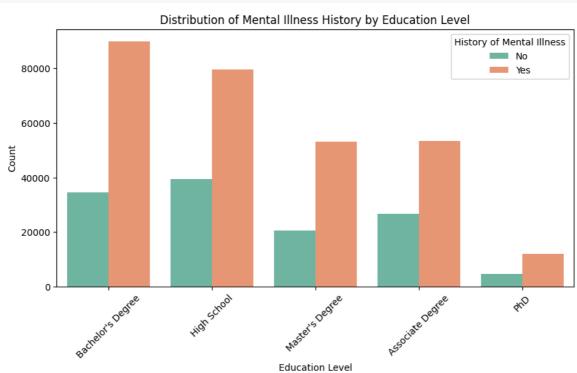
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Distribution of Mental Illness History by Marital Status

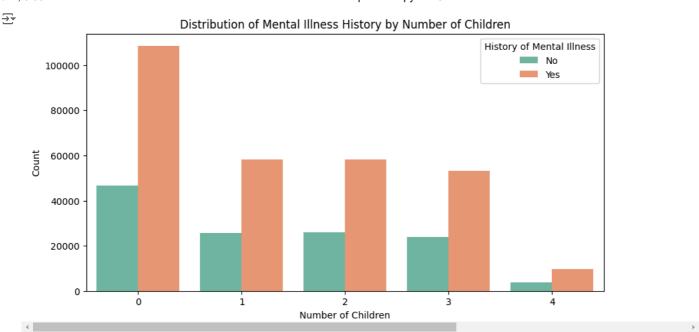


• Those married are prone to depression than the singles, widowed and divorce.

```
# Distribution of Mental Illness History by Education Level
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Education Level', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Education Level")
plt.xlabel('Education Level')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```

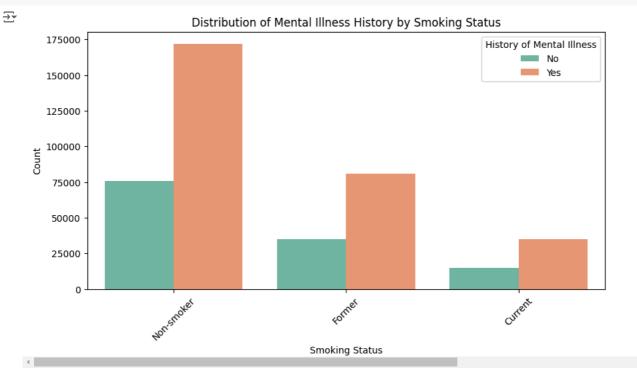


```
# Distribution of Mental Illness History by Number of Children
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Number of Children', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Number of Children")
plt.xlabel('Number of Children')
plt.ylabel("Count")
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• Those without children are prone to depression than those with children.

```
# Distribution of Mental Illness History by Smoking Status
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Smoking Status', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Smoking Status")
plt.xlabel('Smoking Status')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



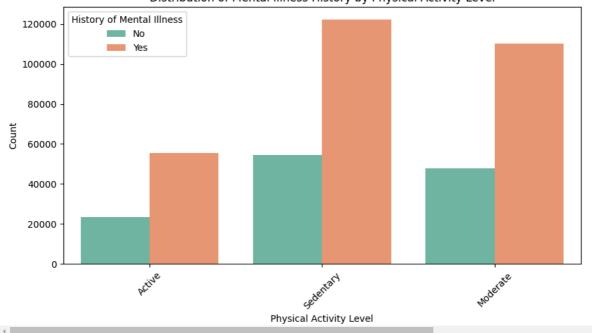
Non-smokers are prone to depression than former and current smokers.

```
# Distribution of Mental Illness History by Physical Activity Level
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Physical Activity Level', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Physical Activity Level")
plt.xlabel('Physical Activity Level')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



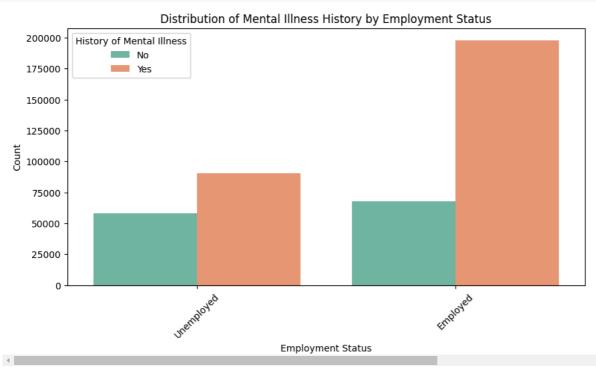
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Distribution of Mental Illness History by Physical Activity Level



• Those with sedentary and moderate physical activity level are prone to depression than those active physical activity level.

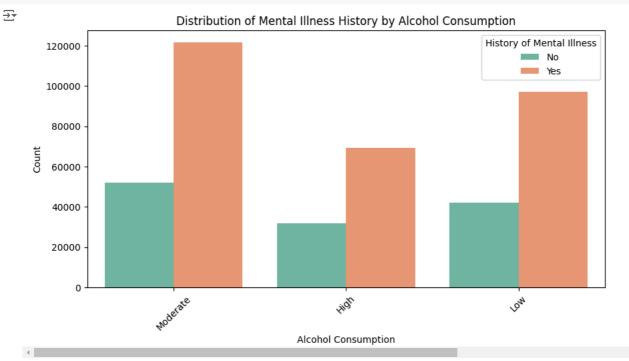
```
# Distribution of Mental Illness History by Employment Status
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Employment Status', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Employment Status")
plt.xlabel('Employment Status')
plt.ylabel("Count")
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• Those employed are prone to depression than those unemployed.

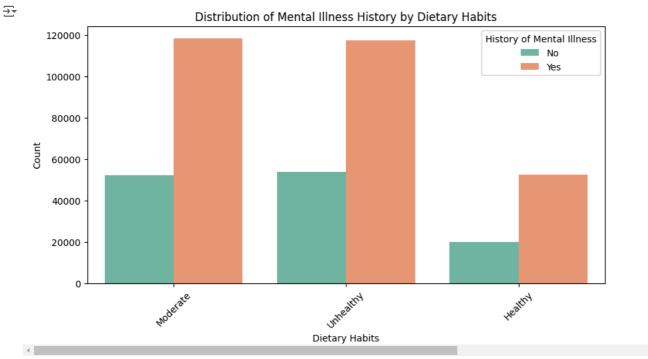
```
# Distribution of Mental Illness History by Alcohol Consumption
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Alcohol Consumption', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Alcohol Consumption")
plt.xlabel('Alcohol Consumption')
plt.ylabel("Count")
plt.xticks(rotation=45)
```

```
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• Those with moderate and low alcohol consumption are prone to depression than those with high alcohol consumption.

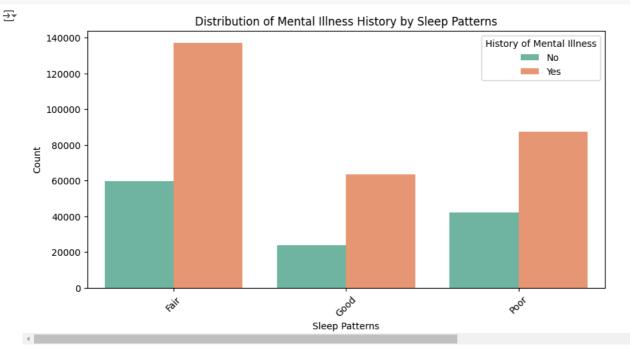
```
# Distribution of Mental Illness History by Dietary Habits
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Dietary Habits', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Dietary Habits")
plt.xlabel('Dietary Habits')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



· Those with unhealthy and moderate dietary habits are prone to depression than those with with healthy dietary habits.

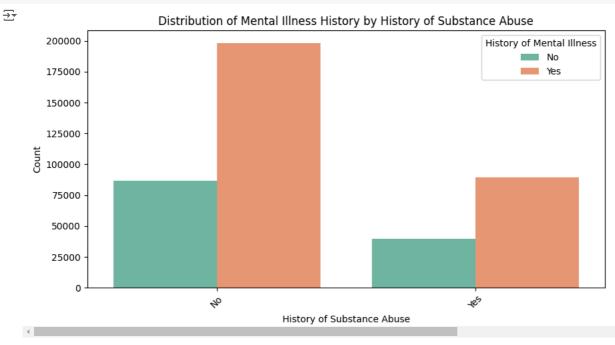
```
# Distribution of Mental Illness History by Sleep Patterns
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Sleep Patterns', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Sleep Patterns")
plt.xlabel('Sleep Patterns')
plt.ylabel("Count")
```

```
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• Those with poor and fair sleep pattern are prone to depression than those with with good sleep. This is very realistic.

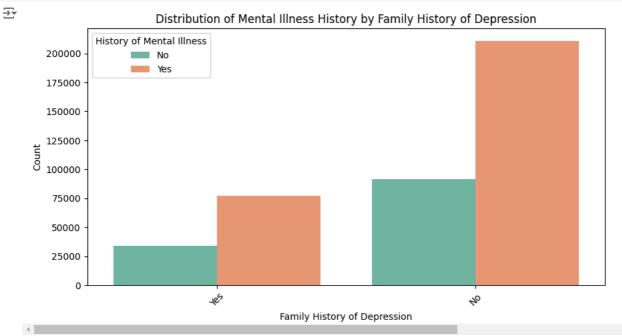
```
# Distribution of Mental Illness History by History of Substance Abuse
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='History of Substance Abuse', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by History of Substance Abuse")
plt.xlabel('History of Substance Abuse')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• Those with no history of substance abuse are prone to depression than those with history of substance abuse.

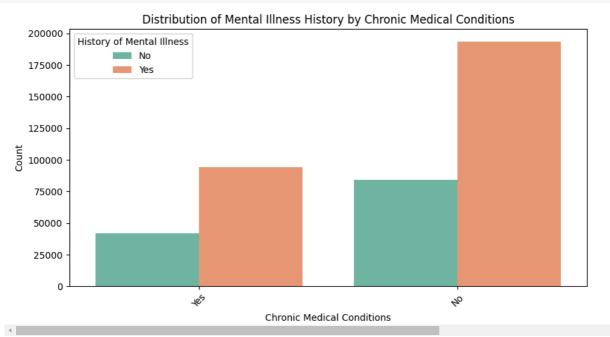
```
# Distribution of Mental Illness History by Family History of Depression
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Family History of Depression', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Family History of Depression")
plt.xlabel('Family History of Depression')
plt.ylabel("Count")
```

```
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



· Those with no family history of depression are prone to depression than those with family history of depression.

```
# Distribution of Mental Illness History by Chronic Medical Conditions
plt.figure(figsize=(10, 5))
sns.countplot(data=df, x='Chronic Medical Conditions', hue='History of Mental Illness', palette='Set2')
plt.title("Distribution of Mental Illness History by Chronic Medical Conditions")
plt.xlabel('Chronic Medical Conditions')
plt.ylabel("Count")
plt.xticks(rotation=45)
plt.legend(title='History of Mental Illness', labels=['No', 'Yes'])
plt.show()
```



• The plot indicates that those without chronic medical conditions have mental illness history than those with chronic medical conditions.

NOTE

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The visualizations clearly indicate that the dataset is synthetic and mostly does not reflect real-world scenarios. This suggests that the model may face difficulties in learning effectively due to this discrepancy.

Step 4: Feature Engineering and Data Visualisation

- · Feature Selection
- Feature Encoding
- · Scaling and Normalization (Not NECESSARY due to the choice of model)

Selection of Categorical Feature with Chi Square

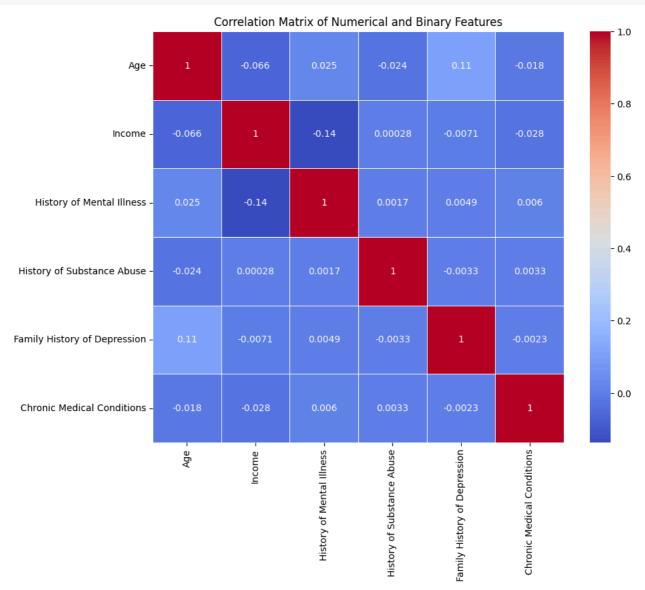
```
# Define the target variable and separate it from the features
target = 'History of Mental Illness'
X = df.drop(columns=[target])
y = df[target].map({'Yes': 1, 'No': 0}) # Encoding target as binary
# List of categorical features to test (excluding target variable)
categorical_features = [
    'Marital Status', 'Education Level', 'Number of Children', 'Smoking Status',
    'Physical Activity Level', 'Employment Status', 'Alcohol Consumption',
    'Dietary Habits', 'Sleep Patterns', 'History of Substance Abuse',
    'Family History of Depression', 'Chronic Medical Conditions'
# Initialize dictionary to store results
chi2_results = {}
# Perform Chi-Square test for each categorical feature
for feature in categorical features:
    # Create a contingency table for the feature and target
    contingency_table = pd.crosstab(df[feature], df[target])
    # Perform the Chi-Square test
    chi2_stat, p_value, _, _ = chi2_contingency(contingency_table)
    chi2_results[feature] = {'chi2_stat': chi2_stat, 'p_value': p_value}
# Display results
print("Chi-Square Test Results:")
for feature, results in chi2_results.items():
    print(f"{feature}: Chi2 Stat = {results['chi2_stat']:.2f}, p-value = {results['p_value']:.4f}")
→ Chi-Square Test Results:
     Marital Status: Chi2 Stat = 64.85, p-value = 0.0000
     Education Level: Chi2 Stat = 1400.39, p-value = 0.0000
     Number of Children: Chi2 Stat = 45.04, p-value = 0.0000
     Smoking Status: Chi2 Stat = 11.44, p-value = 0.0033
Physical Activity Level: Chi2 Stat = 30.36, p-value = 0.0000
     Employment Status: Chi2 Stat = 8197.97, p-value = 0.0000
     Alcohol Consumption: Chi2 Stat = 76.29, p-value = 0.0000
     Dietary Habits: Chi2 Stat = 362.30, p-value = 0.0000
     Sleep Patterns: Chi2 Stat = 591.68, p-value = 0.0000
     History of Substance Abuse: Chi2 Stat = 1.23, p-value = 0.2666
     Family History of Depression: Chi2 Stat = 9.86, p-value = 0.0017
     Chronic Medical Conditions: Chi2 Stat = 15.06, p-value = 0.0001
```

History of Substance Abuse will be considered for exclusion from the model. Since it doesn't show a significant association with the
target variable, removing it can reduce model complexity and potentially improve performance by eliminating noise. All other features with
p-values less than 0.05 will be retained as they contribute meaningful information for predicting mental illness history.

Correlation Analysis

→

sns.heatmap(corr_matrix, annot=True, cmap='coolwarm', square=True, linewidths=0.5)
plt.title('Correlation Matrix of Numerical and Binary Features')
plt.show()



• There is a very weak relationship between the features and the target. Additionally, income has a negative relationship with the target and will be dropped.

```
# Drop the Name column from the DataFrame
X = X.drop(['History of Substance Abuse', 'Income'], axis=1)
```

• The income and History of Substance Abuse features have been dropped.

Feature Encoding

```
# Defining column groups based on encoding strategies
continuous_features = ['Age']
ordinal_features = ['Education Level', 'Physical Activity Level', 'Alcohol Consumption', 'Dietary Habits', 'Sleep Patterns']
ordinal_mappings = [
    ["Bachelor's Degree", 'High School', 'Associate Degree', "Master's Degree", 'PhD'], # Education Level in order
    ['Sedentary', 'Moderate', 'Active'], # Physical Activity Level
    ['Low', 'Moderate', 'High'], # Alcohol Consumption levels
    ['Unhealthy', 'Moderate', 'Healthy'], # Dietary habits in order
    ['Poor', 'Fair', 'Good'] # Sleep patterns in order
]
onehot_features = ['Marital Status', 'Smoking Status']
binary_features = ['Employment Status', 'Family History of Depression', 'Chronic Medical Conditions']
```

Creating transformers for each encoding type

```
# Ordinal encoding for ordered categorical features
ordinal_transformer = Pipeline(steps=[
    ('ordinal', OrdinalEncoder(categories=ordinal_mappings))
])
# One-hot encoding for unordered categorical features
onehot_transformer = Pipeline(steps=[
    ('onehot', OneHotEncoder(drop='first')) # drop='first' to avoid multicollinearity
# Binary encoding for binary features
\# For binary features, we map values to 0/1
 X[binary\_features] = X[binary\_features]. apply(lambda x: x.map({'Yes': 1, 'No': 0, 'Employed': 1, 'Unemployed': 0})) \\
# Applying all transformations in a ColumnTransformer
preprocessor = ColumnTransformer(
        ('ord', ordinal_transformer, ordinal_features), # Only ordinal encoding
        ('onehot', onehot_transformer, onehot_features), # One-hot encoding
        ('passthrough', 'passthrough', binary_features) # Keep binary features as they are
    ],
    remainder='passthrough' # Pass through continuous features as they are (without scaling)
# Creating a pipeline for further modeling (e.g., Random Forest, etc.)
pipeline = Pipeline(steps=[
    ('preprocessor', preprocessor)
])
# Fitting the preprocessor and transforming the dataset
X_transformed = pipeline.fit_transform(X)
# Display the transformed data (for demonstration)
print("Transformed Feature Matrix (X):")
print(X_transformed)
print("\nTarget Variable (y):")
print(y)
    Transformed Feature Matrix (X):
     [[ 0. 2. 1. ... 1. 31. 2.]
[ 1. 0. 2. ... 1. 55. 1.]
      [ 3. 0. 0. ... 0. 78. 1.]
      [ 0. 0. 1. ... 1. 57. 0.]
      [ 2. 0. 1. ... 0. 71. 2.]
[ 3. 1. 1. ... 0. 62. 0.]]
     Target Variable (y):
     a
               1
     1
               1
     2
               0
     3
               0
               1
     413763
     413764
```

Step 5: Data Splitting

0

· Train-Test Split

413765 413766

413767

```
# Split data into 80% training and 20% testing
X_train, X_test, y_train, y_test = train_test_split(X_transformed, y, test_size=0.2, random_state=42, stratify=y)
```

Data Modelling and Result Evaluation

Name: History of Mental Illness, Length: 413768, dtype: int64

Step 6: Model Selection

- Choose Candidate Models: Tree-based models (Random Forest and XGBoost) were chosen for this project due to their ability to handle
 complex relationships and patterns between features unlike logistic regression. Mental health outcomes are often influenced by nonlinear
 relationships.
- Choose Model Hyperparameter Tuning Technique (Grid Search)

Step 7: Model Training

- · Train Models
- · Model Hyperparameter Tuning

Step 8: Model Evaluation

- Evaluate Performance
- · Select the Best Model

```
# Create a list for the actual class names in the order of their encoded labels
class_names = ['No', 'Yes']
# Initialize models with baseline parameters
models = {
    'Random Forest': RandomForestClassifier(random_state=42),
    'XGBoost': XGBClassifier(use_label_encoder=False, random_state=42)
# Train and evaluate each model
for model_name, model in models.items():
   print(f"Training {model_name}...")
   model.fit(X_train, y_train)
   # Save the trained model to a file
    model_filename = f"{model_name.replace(' ', '_')}_model.joblib"
   dump(model, model_filename)
   print(f"{model_name} saved as {model_filename}")
   # Predict and evaluate the model
   y_pred = model.predict(X_test)
   accuracy = accuracy_score(y_test, y_pred)
    print(f"{model_name} Accuracy: {accuracy:.4f}")
   print("Classification Report:\n", classification_report(y_test, y_pred, target_names=class_names))
   print("-" * 40)
→ Training Random Forest...
     Random Forest saved as Random_Forest_model.joblib
     Random Forest Accuracy: 0.6245
     Classification Report:
                   precision
                              recall f1-score support
                     0.70 0.79
0.34 0.24
                                                    57589
                                           0.75
              Nο
             Yes
                                          0.28
                                                   25165
        accuracy
                                           0.62
                                                    82754
       macro avg
                       0.52
                                 0.52
                                           0.51
                                                    82754
     weighted avg
                       0.59
                                 0.62
                                           0.60
                                                    82754
     Training XGBoost...
     XGBoost_saved as XGBoost_model.joblib
     XGBoost Accuracy: 0.6948
     Classification Report:
                   precision recall f1-score
                                                   support
              No
                       0.70
                                1.00
                                           0.82
                                                    57589
             Yes
                                 0.01
                                          0.02
                                                    25165
                       0.41
                                           0.69
                                                    82754
        accuracy
                                 0.50
                                           0.42
       macro avg
```

Hyperparameter Tuning

0.69

0.61

0.57

82754

weighted avg

```
# Define parameter grid for Random Forest with class weights
param_grid_rf_weighted = {
    'n_estimators': [100, 200],
    'max_depth': [10, 20, None],
    'min_samples_split': [2, 5],
    'min_samples_leaf': [1, 2],
    'class_weight': ['balanced']
}

# Initialize GridSearchCV with weighted Random Forest
grid_search_rf_weighted = GridSearchCV(
    RandomForestClassifier(random_state=42),
    param_grid_rf_weighted,
    cv=5,
```

```
scoring='f1_weighted',
    n jobs=-1
# Train the model using grid search
{\tt grid\_search\_rf\_weighted.fit(X\_train,\ y\_train)}
\ensuremath{\text{\#}} Get the best estimator and parameters from the grid search
best_rf_weighted = grid_search_rf_weighted.best_estimator_
print("Best Parameters for Weighted Random Forest:", grid_search_rf_weighted.best_params_)
print("Best Weighted F1-Score from Grid Search:", grid_search_rf_weighted.best_score_)
\ensuremath{\text{\#}} Use the best model to make predictions on the test set
y_pred = best_rf_weighted.predict(X_test)
# Calculate and print evaluation metrics
accuracy = accuracy_score(y_test, y_pred)
print(f"Accuracy of Tuned Random Forest: {accuracy:.4f}")
print("Classification Report:\n", classification_report(y_test, y_pred, target_names=class_names)
# Save the tuned model
model_filename = "Tuned_Random_Forest_model.joblib"
dump(best_rf_weighted, model_filename)
Best Parameters for Weighted Random Forest: {'class_weight': 'balanced', 'max_depth': 10, 'min_samples_leaf': 2, 'min_samples_split
     Best Weighted F1-Score from Grid Search: 0.6208445132426113
     Accuracy of Tuned Random Forest: 0.6080
     Classification Report:
                               recall f1-score support
                    precision
               No
                        0.74
                                  0.67
                                             0.70
                                                      57589
              Yes
                        0.38
                                  0.47
                                             0.42
                                                      25165
                                             0.61
                                                      82754
         accuracy
                         0.56
                                   0.57
                                             0.56
                                                      82754
        macro avg
     weighted avg
                        0.63
                                  0.61
                                             0.62
     Tuned model saved as Tuned_Random_Forest_model.joblib
```

Data Balancing (SMOTE)