



the RECIPE COLLECTOR

Recipe Name: Lentil Beef Stew

From: Generous

Cooking Time: Overnight Serves: 6

4 T Olive Oil

~~2 T flour~~

Salt & Pepper

Stewing beef

1 onion (diced)

4 large carrots (chopped)

2 potatoes (chopped)

1 can corn

2 cans tomatoes (whole or chopped)

2 cups beef broth

1 cup lentils - green ones!

Pop all of it into the crockpot & let
run overnight.

Can brown the beef first but is optional

Can pre-cook any of the veggies but also optional

Add more liquids as needed!