Have you exhausted your El benefits?

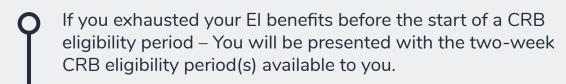
As of **September 12, 2021**, Employment Insurance (EI) claimants who have used all of their weeks of EI regular benefits may be eligible to receive the Canada Recovery Benefit (CRB), provided they meet the eligibility criteria. This will allow EI claimants to access the same maximum number of weeks of benefits as CRB claimants.

You may exhaust your El benefits during a CRB period. If this is the case, your application will automatically take into account this overlap and provide you with options for your specific situation.



How to apply

- Submit your application through the CRA's My Account portal.
- During the application process, you will be provided with the eligibility periods available to you. You will not need to figure out which period to choose:



If you exhausted your El benefits in the middle of a CRB eligibility period – You will be presented with a one-week transition period, and any available two-week CRB eligibility periods available to you.



How much will I receive?

If you are eligible, you will receive a benefit at a rate of \$300 per week, minus taxes withheld, between **September 26, 2021** and **October 23, 2021**.

