

→ mirror inversion & parity inversion are not the same!
 parity is defined by the inversion of all spatial coordinates,

$$x \rightarrow -x \quad y \rightarrow -y \quad z \rightarrow -z$$

whereas, for mirror inversion, only direction normal to the plane of the mirror is inverted (so "mirror symmetry" depends on your choice of mirror; the idea of parity is more intrinsic)

→ the action of an operator, like parity π , on any other operator \mathcal{O} , is given by:

$$\pi^\dagger \mathcal{O} \pi \quad \text{parity-inverted } \mathcal{O}$$

not by $\pi \mathcal{O}$. so we may write for the position operator:

$$\pi^\dagger \vec{r} \pi = -\vec{r}$$

$$\pi^\dagger \vec{p} \pi = -\vec{p}$$

→ vectors go to minus themselves under parity. angular momentum is a pseudovector, defined as an object that behaves like a vector under rotation, but is not affected by a parity transformation. can see this.

$$\vec{L} = \vec{r} \times \vec{p}$$

$$\begin{aligned} \pi^\dagger \vec{L} \pi &= \pi^\dagger (\vec{r} \times \vec{p}) \pi \quad \text{use } \pi \pi^\dagger = I \\ &= (\pi^\dagger \vec{r} \pi) \times (\pi^\dagger \vec{p} \pi) \\ &= (-\vec{r}) \times (-\vec{p}) \\ &= +\vec{L} \end{aligned}$$

true of any type of angular momentum, including spin.

$$\pi^\dagger \vec{S} \pi = +\vec{S}$$

in this problem, an experiment (A) is performed and so is a parity-inverted experiment (B). this means that the initial states (set-up) are related:

$$|\psi_B(0)\rangle = \pi |\psi_A(0)\rangle$$

both experiments proceed; the relevant physics of the reaction encoded in the system's Hamiltonian and thus the effects in the time-evolution operator $U(t)$. the helicity h of the final state is then measured, $\langle h \rangle$. helicity has the following property under parity:

$$h \equiv \frac{\vec{p} \cdot \vec{S}}{|\vec{p}| |\vec{S}|}$$

$$\pi^\dagger h \pi = \pi^\dagger \left(\frac{\vec{p}}{|\vec{p}|} \cdot \frac{\vec{S}}{|\vec{S}|} \right) \pi = \underbrace{\left(\pi^\dagger \frac{\vec{p}}{|\vec{p}|} \pi \right)}_{-\frac{\vec{p}}{|\vec{p}|}} \cdot \underbrace{\left(\pi^\dagger \frac{\vec{S}}{|\vec{S}|} \pi \right)}_{+\frac{\vec{S}}{|\vec{S}|}}$$

$$\pi^\dagger h \pi = - \frac{\vec{p} \cdot \vec{S}}{|\vec{p}| |\vec{S}|} \quad \text{so} \quad \boxed{\pi^\dagger h \pi = -h}$$

this is always true for the helicity operator, whether parity is a symmetry of the system or not.

to determine whether or not parity is violated, let's assume that it isn't (so assume it is a symmetry $[H, \pi] = 0$) and use that to make a prediction about $\langle h \rangle_A$ & $\langle h \rangle_B$; we can then compare this prediction to observation.

$$\langle h \rangle_A = \langle \psi_A(t_f) | h | \psi_A(t_f) \rangle = \langle \psi_A(0) | U^\dagger(t_f) h U(t_f) | \psi_A(0) \rangle$$

$$\langle h \rangle_B = \langle \psi_B(t_f) | h | \psi_B(t_f) \rangle$$

$$= \langle \psi_B(0) | U^\dagger(t_f) h U(t_f) | \psi_B(0) \rangle$$

$$|\psi_B(0)\rangle = \pi |\psi_A(0)\rangle$$

$$= \langle \psi_A(0) | \pi^\dagger U^\dagger(t_f) h U(t_f) \pi | \psi_A(0) \rangle$$

if π is a symmetry, $[\pi, H] = 0$ & thus $[\pi, U] = 0$

if parity is a symmetry of this system, if experiment A observes $\vec{p} \parallel \vec{S}$, so $\langle h \rangle_A = +1$, B should observe $\langle h \rangle_B = -1$. however, observation tells us that $\langle h \rangle_A = \langle h \rangle_B = +1$, contradicting this result, so we must conclude that parity is violated/ parity is not a symmetry of this system, $[H, \pi] \neq 0$. (process involves the weak interaction).

$$\langle h \rangle_B = \langle \psi_A(0) | U^\dagger(t_f) \underbrace{\pi^\dagger h \pi}_{-h} U(t_f) | \psi_A(0) \rangle$$

$$\langle h \rangle_B = - \langle \psi_A(0) | U^\dagger(t_f) h U(t_f) | \psi_A(0) \rangle$$

$$\langle h \rangle_B = - \langle \psi_A(t_f) | h | \psi_A(t_f) \rangle$$

$$\boxed{\langle h \rangle_B = - \langle h \rangle_A \text{ if } [H, \pi] = 0}$$

so, if parity is a symmetry of this system, if experiment A observes $\vec{p} \parallel \vec{S}$, so $\langle h \rangle_A = +1$, B should observe $\langle h \rangle_B = -1$. however, observation tells us that $\langle h \rangle_A = \langle h \rangle_B = +1$, contradicting this result, so we must conclude that parity is violated/ parity is not a symmetry of this system, $[H, \pi] \neq 0$. (process involves the weak interaction).