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Time Reversal Symmetry - start with antilinear operators

Symmetry operations that take $|\psi\rangle \rightarrow |\tilde{\psi}\rangle$
must satisfy $|\langle \tilde{\psi} | \tilde{\psi} \rangle|^2 = |\langle \psi | \psi \rangle|^2$

There are only two possibilities: Bargmann, J. Math. Phys.
5, 862 (1964)

$$\textcircled{1} \quad \langle \tilde{\phi} | \tilde{\psi} \rangle = \langle \phi | \psi \rangle$$

Linear operator: $L[a|\alpha\rangle + b|\beta\rangle] = aL|\alpha\rangle + bL|\beta\rangle$

$$\text{Unitary: } L^\dagger L = LL^\dagger = \mathbb{I}$$

all sym. operations so far - rotations
- translations
- time translations

we will show equivalence

$$\textcircled{2} \quad \langle \tilde{\phi} | \tilde{\psi} \rangle = \langle \phi | \psi^* \rangle$$

Antilinear operator: $A[a|\alpha\rangle + b|\beta\rangle] = a^*A|\alpha\rangle + b^*A|\beta\rangle$

e.g. T = time reversal operator

Antilinear operators \rightarrow ambiguous when operating
in two directions

$$\langle \psi | A | [a|\alpha\rangle + b|\beta\rangle] = a^* \langle \psi | A | \alpha \rangle + b^* \langle \psi | A | \beta \rangle$$

$$\langle \tilde{\psi} | A | [a|\alpha\rangle + b|\beta\rangle] = a \langle \tilde{\psi} | A | \alpha \rangle + b \langle \tilde{\psi} | A | \beta \rangle$$

not clearly the same

To avoid ambiguity

we will operate all antilinear operators
only to the right

(2) depends on the choice of basis

Claim: Antiunitary $A = UK$

unitary operator
operates on base kets

complex conjugation of coefficients (no effect on base kets)

operates only to right

Check if antilinear

$$\begin{aligned} A[a|\alpha\rangle + b|\beta\rangle] &= UK[a|\alpha\rangle + UK[b|\beta\rangle] \\ &= a^* \underbrace{UK[|\alpha\rangle]}_A + b^* \underbrace{UK[|\beta\rangle]}_A \end{aligned}$$

\therefore antilinear ✓

Check if $\langle\tilde{\psi}|\tilde{\phi}\rangle = \langle\phi|\psi\rangle^*$

$$\begin{aligned} |\psi\rangle &= \sum_a |\alpha\rangle \underbrace{\langle\alpha|\psi\rangle}_\text{choice of base kets} \rightarrow |\tilde{\psi}\rangle = UK|\psi\rangle \\ &= UK \sum_a |\alpha\rangle \langle\alpha|\psi\rangle \\ &= \sum_a U|\alpha\rangle \langle\alpha|\psi\rangle^* \end{aligned}$$

$$|\phi\rangle = \sum_a |\alpha\rangle \langle\alpha|\phi\rangle \rightarrow |\tilde{\phi}\rangle = \sum_b U|\alpha\rangle \langle\alpha|\phi\rangle^*$$

Together

$$\langle\tilde{\psi}|\tilde{\phi}\rangle = \sum_a \langle\alpha|U^+ \langle\alpha|\phi\rangle$$

$$= \sum_a \langle\alpha|U^+ \sum_b \langle\alpha|U \langle\alpha|\phi\rangle^* \sum_b \langle\alpha|U \langle\alpha|\psi\rangle^*$$

$$= \sum_{ab} \underbrace{\langle\alpha|U^+ \langle\alpha|U}_{1} \langle\alpha|\phi\rangle^* \langle\alpha|\psi\rangle^*$$

$$= \sum_a \langle\alpha|\phi\rangle^* \langle\alpha|\psi\rangle^* = \sum_a \langle\psi|\alpha\rangle \langle\alpha|\phi\rangle$$

$$= \langle\psi|\phi\rangle$$

$$= \langle\phi|\psi\rangle^* \quad \checkmark$$

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Time Reversal Symmetry — better called motion reversal

$$|\alpha\rangle = \text{state} \implies |\tilde{\alpha}\rangle = T|\alpha\rangle$$

↑ time-reversed state

If motion is reversed

$$\langle \alpha | \vec{x} | \alpha \rangle = \langle \tilde{\alpha} | \vec{x} | \tilde{\alpha} \rangle$$

$$\langle \alpha | \vec{p} | \alpha \rangle = -\langle \tilde{\alpha} | \vec{p} | \tilde{\alpha} \rangle$$

$$\langle \alpha | \vec{j} | \alpha \rangle = -\langle \tilde{\alpha} | \vec{j} | \tilde{\alpha} \rangle$$

expect
these
etc.

If H is invariant under "motion reversal" ← this] assumes

$U = \text{time ev. operator}$

$$THT^{-1} = H \implies TH = HT \quad [H, T] = 0 \text{ equiv.}$$

Also expect: $U(dt)T|\alpha\rangle = T U(-dt)|\alpha\rangle$

$$\begin{aligned} & \xrightarrow{\text{forward in time}} \xleftarrow{\text{reversed in time}} \\ & \xrightarrow{\text{forward in time}} \xleftarrow{\text{reversed in time}} \\ & \xrightarrow{\text{forward in time}} \xleftarrow{\text{reversed in time}} \end{aligned}$$

$$|\alpha\rangle \xrightarrow{-dt} (U(dt)|\alpha\rangle) \xrightarrow{T} \left[1 - \frac{i}{\hbar} H(dt) \right] T|\alpha\rangle = T \left[1 - \frac{i}{\hbar} H(-dt) \right] |\alpha\rangle$$

$$-iHT|\alpha\rangle = T(H|\alpha\rangle)$$

$$-iHT = TiH \quad \Leftrightarrow |\alpha\rangle \text{ is arb.}$$

$$\begin{aligned} -iH &= T \circ HT^{-1} \\ &= T \circ T' \underbrace{HT}_{H'} \quad \leftarrow \text{sine inv. } \Delta \end{aligned}$$

we always operate
 T and T' to the
right

$$\underline{T \circ T' = -i} \quad \rightarrow \underline{T \text{ is antilinear}}$$

∴ choose
antilinear
alternative
for time reversal

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Time Reversal and Schrodinger Equation

H time
reversal
invariant

S.E. $H|\psi(t)\rangle = i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle$

$$\begin{array}{c} \uparrow \\ H^{-1}T \\ \boxed{T} \end{array}$$

$$\underbrace{THT^{-1}}_H T|\psi(t)\rangle = -i\hbar \frac{\partial}{\partial t} T|\psi(t)\rangle$$

H

$$H[T|\psi(t)\rangle] = -i\hbar \frac{\partial}{\partial t} [T|\psi(t)\rangle]$$

$$= i\hbar \frac{\partial}{\partial(-t)} [T|\psi(t)\rangle]$$

Let $\tau \equiv -t$

$$H[T|\psi(-\tau)\rangle] = i\hbar \frac{\partial}{\partial \tau} [T|\psi(-\tau)\rangle]$$

Schrodinger equation

$T|\psi(-t)\rangle$ is a solution

If $|\psi(t)\rangle$ is a solution to S.E.

and $THT^{-1} = H$

then $T|\psi(-t)\rangle$ is also a solution

In the position representation

$\psi(\vec{x}, t) = \langle \vec{x} | \psi(t) \rangle$ is a solution to S.E.

$$\begin{aligned} |\psi(-t)\rangle &= \int d^3x |\vec{x}\rangle \langle \vec{x} | \psi(-t) \rangle \\ T|\psi(-t)\rangle &\equiv \int d^3x T|\vec{x}\rangle \langle \vec{x} | \psi(-t) \rangle \\ &= \int d^3x |\vec{x}\rangle \langle \vec{x} | \psi(-t) \rangle^* \end{aligned}$$

$\Rightarrow \psi(\vec{x}, -t)$ is also a solution

Orbital Angular Momentum Base

Use a base $|\vec{x}\rangle$ such that $T|\vec{x}\rangle = |\vec{x}\rangle$

$$T|\psi\rangle = \int d^3x T|\vec{x}\rangle \langle \vec{x}|\psi\rangle^* = \int d^3x \langle \vec{x}|\psi\rangle^* =$$

$$\therefore \text{Under } T, \quad \psi(\vec{x}) = \langle \vec{x}|\psi\rangle \Rightarrow \psi^*(\vec{x}) = \langle \vec{x}|\psi\rangle^*$$

$$\text{We are free to choose } \langle \vec{x}|l_m \rangle = e^{if(l,m)} Y_{lm}(\vec{x})$$

usual choice \rightarrow ① If we choose $\langle \vec{x}|l_m \rangle = Y_{lm}(\vec{x})$

$$\begin{aligned} \Rightarrow \langle \vec{x}|l_m \rangle^* &= Y_{lm}^*(\vec{x}) = (-1)^m Y_{l-m}(\vec{x}) \\ &= (-1)^m \langle \vec{x}|l_{-m} \rangle \end{aligned}$$

$$\therefore \underline{T|l_m\rangle = (-1)^m |l_{-m}\rangle}$$

not usual choice \Rightarrow ② If we instead choose $\langle \vec{x}|l_m \rangle = i^l Y_{lm}(\vec{x})$

$$\begin{aligned} \Rightarrow \langle \vec{x}|l_m \rangle^* &= i^l (-1)^l Y_{l-m}^*(\vec{x}) \\ &= i^l (-1)^l (-1)^m Y_{l+m}(\vec{x}) \\ &= (-1)^{l+m} \langle \vec{x}|l_{+m} \rangle \end{aligned}$$

$$\underline{T|l_m\rangle = (-1)^{l-m} |l_{-m}\rangle}$$

Both choices have the same rotation properties

For a general angular momentum operator

$$T J_z T^{-1} = -J_z \quad \leftarrow \text{how we started}$$

$$T J_z = -J_z T$$

$$T J_z |lm\rangle = -J_z T |lm\rangle$$

$$T |lm\rangle =$$

$$J_z [T |lm\rangle] = \hbar(-m) [T |lm\rangle]$$

$$\therefore T |lm\rangle \sim |j-m\rangle$$

$$T = U K \rightarrow \text{choose } U = e^{\frac{i\delta}{\hbar} D_y(\pi)}$$

unitary

$$\text{since } D_y(\pi) |lm\rangle = (-1)^{j-m} |j-m\rangle$$

$$\therefore T |lm\rangle = e^{i\delta} (-1)^{j-m} |j-m\rangle$$

$$\text{Apply to orbital case: } T |lm\rangle = e^{i\delta} (-1)^{l-m} |l-m\rangle$$

$$\textcircled{1} \text{ Usual choice: } \langle \vec{x} | l m \rangle = Y_{lm}(x)$$

$$|lm\rangle = \int d^3x |\vec{x}\rangle \langle \vec{x}|lm\rangle$$

$$T |lm\rangle = \int d^3x |\vec{x}\rangle \underbrace{\langle \vec{x}|lm\rangle}_*$$

$$e^{i\delta} (-1)^{l-m} |l-m\rangle = (-1)^{l-m} |l-m\rangle \quad Y^*_{lm} = (-1)^m Y_{l-m}$$

$$T = (-1)^l D_y(\pi) K$$

$$\therefore e^{i\delta} = (-1)^l \text{ for this choice}$$

$$\textcircled{2} \text{ Another choice: } \langle \vec{x} | l m \rangle = i^l Y_{lm}(x)$$

$$\langle \vec{x} | l m \rangle^* = (-1)^{l-m} i^l Y_{l-m}(x)$$

$$T = D_y(\pi) K$$

$$\therefore \text{Need } e^{i\delta} = 1 \rightarrow \underline{\delta=0}$$

for this choice

⑦

Show $D_y(\pi) |jm\rangle = (-1)^{j-m} |j-m\rangle$ and $D_y(2\pi) |\psi_j\rangle = (-1)^{2j} |\psi_j\rangle$
for our conventions for $|jm\rangle$ and $D_y(\alpha)$

③

Symmetries and Energy Levels } (quick review)

If H is invariant under some¹ symmetry operation

Parity

$$P H P = H \quad \leftarrow P = P^T$$

$$H P = P H \rightarrow [H, P] = 0 \quad \text{equiv.}$$

Can make simultaneous eigenkets of H and P

$$H |E_p\rangle = E |E_p\rangle \text{ and } P |E_p\rangle = p |E_p\rangle$$

Rotations

$$J_z H J_z^+ = H \iff [H, J_z] = 0$$

$$\therefore e^{-i\alpha J_z} H e^{i\alpha J_z} = H \iff [H, e^{-i\alpha J_z}] = 0$$

$$\vec{J}^2 H \vec{J}^2 = H \iff [H, \vec{J}^2] = 0$$

$$\text{Also need } [J_z, \vec{J}^2] = 0$$

e. $|qm\rangle$ is an energy eigenstate

Time-reversal symmetry

- a bit more intricate

In general: $T|jm\rangle = e^{i\delta} D_y(\pi) K|jm\rangle$

$$= e^{i\delta} (-1)^{j-m} |j-m\rangle$$

$$T^2|jm\rangle = e^{i\delta} D_y(\pi) K [e^{i\delta} (-1)^{j-m} |j-m\rangle]$$

$$= \cancel{e^{i\delta}} \cancel{e^{-i\delta}} (-1)^{j-m} (-1)^{j+m} |jm\rangle$$

$$= (-1)^{2j} |jm\rangle$$

Apply to more general wavefunctions

$$|\psi_j\rangle = \sum_m a_m |jm\rangle \quad \leftarrow \text{only one } j \text{ value}$$

$$T|\psi_j\rangle = e^{i\delta} D_y(\pi) K = e^{i\delta} \sum_m a_m^* (-1)^{j-m} |j-m\rangle$$

$$\boxed{T^2|\psi_j\rangle = e^{i\delta} D_y(\pi) K \left[e^{i\delta} \sum_m a_m^* (-1)^{j-m} |j-m\rangle \right]}$$

$$= \cancel{e^{i\delta}} \cancel{e^{-i\delta}} \sum_m a_m (-1)^{j-m} |jm\rangle$$

$$= (-1)^{2j} |\psi_j\rangle \quad \leftarrow \text{any w.f. with one } j \text{ satisfies}$$

$$|\psi\rangle = \sum_{jm} a_{jm} |jm\rangle$$

$$T|\psi\rangle = \sum_{jm} e^{i\delta} (-1)^{j-m} a_{jm}^* |j-m\rangle$$

$$T^2|\psi\rangle = \sum_{jm} \cancel{e^{i\delta}} (-1)^{j+m} \cancel{e^{-i\delta}} (-1)^{j-m} a_{jm} |jm\rangle$$

$$= \sum_j (-1)^{2j} \sum_m a_{jm} |jm\rangle \neq \underline{(-1)^{2j} |\psi\rangle}$$

in general

$$\therefore T^2|\psi\rangle = \begin{cases} (-1)^{2j} |\psi\rangle, & \text{if one } j \text{ only} \\ (-1)^{2j} |\psi\rangle, & \text{if } j \text{ is all integer} \\ (-1)^{2j} |\psi\rangle, & \text{if } j \text{ is all half-integer} \\ \neq (-1)^{2j} |\psi\rangle & \text{mixed int. \& half int.} \end{cases}$$

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Consider a N -spin system with H invariant under T

$$\textcircled{1} \quad THT^{-1} = H \quad \textcircled{2} \quad H|E\rangle = E|E\rangle$$

$$\frac{TH}{T} = HT$$

$$TH|E\rangle = HT|E\rangle \quad \textcircled{3} \quad T^2|E\rangle = (-1)^N|E\rangle$$

$$\frac{|E\rangle}{|E\rangle} \Leftrightarrow$$

$$H[T|E\rangle] = E[T|E\rangle] \quad \text{same states}$$

$$\text{and } H|E\rangle = E|E\rangle$$

Are $|E\rangle$ and $T|E\rangle$ \rightarrow \square same state, i.e., $T|E\rangle = e^{i\alpha}|E\rangle$

\square deg. states, i.e., $T|E\rangle \neq e^{i\alpha}|E\rangle$

Assume that they are the same state

$$\text{i.e. Assume } T|E\rangle = e^{i\alpha}|E\rangle$$

$$T^2|E\rangle = T e^{i\alpha}|E\rangle$$

$$(-1)^N|E\rangle = e^{-i\alpha}T|E\rangle$$

$$T^2|E\rangle = e^{+i\alpha}(-1)^N|E\rangle$$

Contradiction for $(-1)^N = -1 \rightarrow N \text{ odd}$

e.g. central field

- spin-orbit $\vec{l} \cdot \vec{s}$

- electric field $-\vec{E} \cdot \vec{r}$

NOT magnetic field $\sim \vec{R} \cdot \vec{J}$

Kramer's degeneracy

\therefore not same state
 \therefore deg. states

For H invariant under T ,

a system of $N=\text{odd}$ spin $\frac{1}{2}$

has at least doubly-degenerate energy eigenstates.

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