1

 \enskip \quad

\qquad

Each of these commands produces a glob of horizontal glue that can neither stretch nor shrink. $T_E X$ can break a line at such glue. The width of these glues (which are relative to the current font) are as follows for cmr10, the default plain $T_E X$ font:

Command	Space	Illustration
\enskip	$^{1}/_{2}\mathrm{em}$	$\rightarrow \mid \leftarrow$
	$1\mathrm{em}$	\rightarrow
\qquad	$2\mathrm{em}$	\rightarrow

Example:

en\enskip skip; quad\quad skip; qquad\qquad skip

produces:

en skip; quad skip; qquad skip