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\fmtname

\fmtversion

These commands produce the name and version number of the TEX format, e.g., plain TEX or IATEX, that you're using. The \fmtversion string contains a long list of supported languages, so is omitted here.

Example:

This book was produced with the \fmtname\ format.

produces:

This book was produced with the eplain format.