

`\eject`

`\supereject`

These commands force a page break at the current position and end the current paragraph. If you don't precede them with `\vfil` (p. 'vfil'), T_EX will try to stretch out the page contents (and will probably complain about an underfull vbox). The `\supereject` command, in addition, instructs the plain T_EX output routine to force out any leftover insertions, such as long footnotes, so that they are produced before any more input is processed. Thus `\supereject` is a good command to use at the end of each chapter or other major unit of your document.