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\topskip $[\langle glue \rangle \text{ parameter }]$

TeX inserts glue at the top of each page in order to ensure that the baseline of the first box on the page always is the same distance d from the top of the page. topskip determines the amount of that glue, called the "topskip glue", by specifying what d should be (provided that the first box on the page isn't too tall). d is given by the natural size of the topskip glue. If the height of the first box on the page exceeds d, so that the glue would be negative, TeX simply inserts no topskip glue at all on that page.

To understand better the effect of these rules, assume that \topskip has no stretch or shrink and that the first item on the page is indeed a box. Then if the height of that box is no greater than \topskip, its baseline will be \topskip from the top of the page independently of its height. On the other hand, if the height of the box is e greater than \topskip, its baseline will be \topskip+e from the top of the page. See pages 113–114 of The TeXbook for the remaining details of how \topskip works. Plain TeX sets \topskip to 10pt.