

If a large orchestra were suddenly without a conductor, the individual players could continue to play music, but the overall harmony of the symphony likely would be lost e daí?

This relationship is analogous to the circadian timing system in mammals, which governs the wake-sleep cycle and synchronizes biological processes and behaviors to roughly 24-hour time periods e daí?

In the mammalian brain, a "master clock" located in the suprachiasmatic nucleus (SCN) of the hypothalamus keeps in syne the many independent clocks located in tissues and organs throughout the body (1)...