## **Brescia Bearcats Track & Field**

Friday, April 15, 2022

We are excited to invite you to the Brescia Bearcats Twilight Track & Field Invitational.

Time Reminder: Owensboro is on Central Standard Time

Facility Location: Apollo High School – 2280 Tamarack Rd, Owensboro, KY 42301 – the stadium is on Gemini Drive

on the south end of campus.

Entry Procedure: Direct Athletics

Entry Fee: \$225 per gender team or \$20 per individual. Make checks payable to Brescia Track & Field.

Checks may be mailed to: Mark Rowe

% Brescia Track and Field

717 Frederica St. Brescia College

Owensboro, KY 42301

Entry Deadline: Monday, April 11 at 11:59 pm (CST)

Team Entry Limits: 6 per team per individual events and 2 teams per relay event.

Field Events (LJ, TJ, SP, D): 4 attempts per competitor & no finals.

High Jump – beginning heights: Women - 1.30m (4'3") Men -1.70m (5'7")

HJ will go up in .05m increments

Pole Vault – beginning heights: Women – 2.15m (7.0.50") Men – 3.05m (10'0)

PV will go up in .15m increments

The Hammer Throw & Javelin will not be contested

Running Events: All events will be necessary heats against time.

Weigh-Ins for Implements will be from 2:15 -3:00 pm near concessions. Packet pickups will be in the same area.

Athlete Check In: Hip numbers picked up in the north end zone, near the finish area.

Spikes: Only ¼ inch or less in running events.

Team Camps: Bleachers

Athletic Trainer:

Spectator Admission: \$3.00

Awards: Medals to first place in each event.

Meet Directors: Mark Rowe mark.rowe@brescia.edu 270 302-3282

Kyle Robinson kyle.robinson@brescia.edu 812 893-0812

## **Brescia Bearcats Twilight Invitational Order of Events**

## Hammer Throw & Javelin will not be contested

## **Field Events**

3:30 pm	Mens Shot Put
	followed by Womens Shot Put
3:30 pm	Womens Discus
	followed by Mens Discus
3:30 pm	Mens Long Jump (North Pit)
	followed by Mens Triple Jump (North Pit)
3:30 pm	Womens Long Jump (South Pit)
	followed by Womens Triple Jump (South Pit)
3:30 pm	Womens High Jump - beginning height 1.35m (4'5")
	followed by Mens High Jump - beginning height 1.75m (5'8 3/4")
3:30 pm	Womens Pole Vault - beginning height 2.15m (7' ½")
	followed by Mens Pole Vault - beginning height - 3.05m (10'0)
3:30 pm	

Below is a TENTATIVE running event schedule based on anticipated number of heats. A FINALIZED time schedule will be set once all entries are received. (Deadline is Monday, April 11.) Meet managers reserve the right to go to a rolling schedule if deemed necessary because of weather or advantageous for teams travelling after the meet. We desire to run a first class meet in a very timely manner.

<u>Time</u>	# of Heats	<b>Event</b>	
3:00 pm	1	Womens/Mens	10,000 m Run
3:50 pm	2	Womens	4x100 m Relay
4:00 pm	2	Mens	4x100 m Relay
4:10 pm	2	Womens	1500 m Run
4:25 pm	2	Mens	1500 m Run
4:40 pm	3/4	Womens	100 m Hurdles
4:55 pm	3/4	Mens	110 m Hurdles
5:10 pm	Prayer, Nation	nal Anthem & B	rescia Senior Introductions
5:25 pm	3/4	Womens	400 m Dash
5:40 pm	3/4	Mens	400 m Dash
5:55 pm	1	Womens	3000 m Steeplechase
6:10 pm	1	Mens	3000 m Steeplechase
6:25 pm	3/4	Womens	100 m Dash
6:40 pm	3/4	Mens	100 m Dash
6:55 pm	1	Girls High Scho	ool Mile Run
7:05 pm	3	Womens	800 m Run
7:20 pm	3	Mens	800 m Run
7:35 pm	1	High School Mi	ile Run
7:50 pm	3/4	Womens	400 m Hurdles
8:00 pm	3/4	Mens	400 m Hurdles
8:10 pm	3/4	Womens	200 m Dash
8:25 pm	3/4	Mens	200m Dash
8:40 pm	1	Womens	3000 m Run
9:00 pm	1	Mens	3000 m Run
9:15 pm	2	Womens	4 x 400 Relay
9:25 pm	2	Mens	4 x 400 Relay

Meet Directors: Mark Rowe <u>mark.rowe@brescia.edu</u> 270 302-3282 Kyle Robinson <u>kyle.robinson@brescia.edu</u> 812 893-0812