

# Landon Bond Invitational 2022 Meet Information

Meet Date: Saturday, April 2, 2022

**Entry Procedures:** We will be using Direct Athletics for our entries. You can enter your athletes at

their website: <a href="http://www.directathletics.com">http://www.directathletics.com</a>. We will post a performance list on our Berea Track & Field website by Thursday evening. Additional entries will not

be taken after the performance list is posted.

**Entries:** Enter as many athletes and relays as you like. Only one relay per team

per event will score.

Entry Deadline: All entries must be entered by 11:59pm on Wednesday, March 30. Please e-

mail scratches by Noon Friday, April 1.

**Entry Fee:** There will be a \$300.00 entry fee per team (\$600.00 for both teams) or

\$30.00 per individual. Please make checks payable to:

Berea College Track & Field. 101 Chestnut St. CPO 2187

Berea, KY 40404

**Awards:** T-shirts will be given to the event winners. (Unattached athletes cannot win a

shirt).

Track: The Berea College Outdoor Track, resurfaced in the summer 2017, is home to the

men's and women's track and field teams. The 400m track is an eight-lane rubberized track that has both high school and college markings. The track features a full-sized javelin runway, a long jump/triple jump pit, and a certified pole vault pit. A throws area sits below the backstretch and consists of a shot put ring with two warm-up rings and a full-sized, certified hammer and discus cage.

**Team Camp Area:** On the grass area on the homestretch or behind the curve of the water jump.

Team Bus/Drop Off: Busses should drop off teams in the Seabury Center Parking lot and then

proceed between the tennis courts to the track.



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Timing: Fully automatic timing will be used for all races by Finish Lynx System. Wind

gauges will be onsite for potential national qualifiers. USATF Certified

Officials will be onsite at all times.

Scoring: NCAA rules will be followed. The following scoring procedure will be

used: 10, 8, 6, 5, 4, 3, 2, 1. Collegiate teams only.

**Meet Packets:** Heats and lanes will be drawn after the entries are received. Copies of

the heat and lane assignments will be available Saturday morning before

the meet begins.

**Facilities:** Portable restrooms will be available at the end of the track near the fence. There

will be no access to outside visitors to any of our buildings on campus. Team

camps must be set up outside at the designated areas.

**Implement Weigh-In:** At the shed by the Tennis Courts (Tentative - 9:00-10:00am).

**Training Needs:** We will have certified athletic training staff onsite.

### FIELD EVENTS: 3 attempts then finals

11:00am Men's Long Jump, Women's Long Jump to follow

Women's High Jump, Men's High Jump to follow Men's Shot Put, Women's Shot Put to follow Women's Hammer, Men's Hammer to follow

(Women's Discus will follow the Men's Hammer, Men's Discus will follow) Men's

Pole Vault, Women's Pole Vault to follow

2:00pm\* Men's Triple Jump followed by Women's Triple Jump

(men's triple jump will start as soon as the women's long jump is finished)

2:00pm\* Men's Javelin followed by Women's Javelin

(men's javelin will start as soon as the men's high jump is finished)



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#### RUNNING EVENTS: All heats will be run slow to fast

10:00am Women's and Men's 10,000 Meter Run (combined)

11:00am Women's 3000 Meter Steeplechase
11:15am Men's 3000 Meter Steeplechase
11:30am Berea College Senior Recognition

11:45am Women's 400 Meter Relay followed by the Men's 400 Meter Relay (rolling) Women's 1500 Meter Run followed by the Men's 1500 Meter Run

Women's 100 Meter High Hurdles followed by the Men's 110 Meter High Hurdles Women's 400

Meters followed by the Men's 400 Meters

Women's 100 Meters followed by the Men's 100 Meters Women's 800

Meters followed by the Men's 800 Meters

Women's 400 Meter Hurdles followed by the Men's 400 Meter Hurdles Women's 200

Meters followed by the Men's 200 Meters

Women's 5000 Meters followed by the Men's 5000 Meters

Women's 1600 Meter Relay followed by the Men's 1600 Meter Relay

All runners will receive a hip number that they will pick up at the shed by the Tennis Courts.

Event winners will receive t-shirts that can be picked up at a designated area once their event results are announced. (Unattached athletes cannot win a shirt).

### **Contact Information:**

Michael Thomas – Head Coach

- thomasmi@berea.edu
- 8599853406
- 3307667613

Ryan Hess – Athletic Director

• Hessr@berea.edu

Lauren Loyall – Head Athletic Trainer

• loyalll@berea.edu