## Men's Course:

5K Course is a flat 3 lap looped course around the Berea College Alumni fields. The course has been measured several and is accurate. The runners will have a 180 degree turn through the tree line that has been made as wide as possible. The course should run fast! Safe travels and we look forward to having you all!



## Women's Course:

2 Mile flat and fast. The course is a 2 looped course that runs on the Berea College Alumni fields. The course has been measured and is accurate. Safe travels and we look forward to having you.

