

Mid-South Conference Schedule
Sunday, May 1st
Tentative Time Schedule

Day 1 Heptathlon

9:00 am-100m Hurdles

High Jump

Shot Put

200m Dash

Day 1 Decathlon

10:00 am-100m Dash

Long Jump

Shot Put

High Jump

400m Dash

Sunday, April 25th

Field Events:

11:00 am-Hammer Throw (Men then women)

12:30 pm-Pole Vault (Men then Women)

12:30 pm-Long Jump (Women then Men)

3:00 pm-Javelin (Men then Women)

Track Events (All Prelims unless otherwise noted):

1:15- Men's 4 X 800 (FINAL)

1:30- Women's 4 X 800 (FINAL)

1:55-Women's 100m Hurdles

2:05-Men's 110m Hurdles

2:15-Men's 400m Dash

2:30-Women's 400m Dash

2:45-Men's 100m Dash

2:55-Women's 100m Dash

3:05- Men's 3,000m Steeplechase (FINAL)

3:35-Women's 3,000m Steeplechase (FINAL)

4:05-Men's 400m Hurdles

4:20-Women's 400m Hurdles

4:35-Men's 200m Dash

4:45-Women's 200m Dash

4:55- Men's 10,000m Run (FINAL)

5:45-Women's 10,000m Run (FINAL)

Monday, May 2nd: Tentative Time Schedule

Day 2 Heptathlon

9:00 am-Long Jump
Javelin
800m Run

Day 2 Decathlon

9:30 am-110m Hurdles
Discus
Pole Vault
Javelin
1,500m

Monday, May 2nd:

Field Events:

10:00-Shot Put (Men then Women)
12:00-High Jump (Men then Women)
12:00-Triple Jump (Women then Men)
12:00-Discus (Men then Women)

Running Events:

8:45 -Men's 5k Race-Walk
9:40-Women's 5K Race-Walk
11:00-Men's 4x100m Relay
11:10-Women's 4x100m Relay
11:20-Men's 1500m
11:35-Women's 1500m
11:55-Men's 110m Hurdles
12:05-Women's 100m Hurdles
12:20-Men's 400m Dash
12:30-Women's 400m Dash
12:40-Men's 100m Dash
12:50-Women's 100m Dash
1:00-Men's 800m
1:15-Women's 800m
1:35-Men's 400m Hurdles
1:50-Women's 400m Hurdles
2:05-Men's 200m Dash
2:15-Women's 200m Dash
2:30-Men's 5,000m
3:00-Women's 5,000m
3:30- Men's 4X400m
3:40- Women's 4X400m