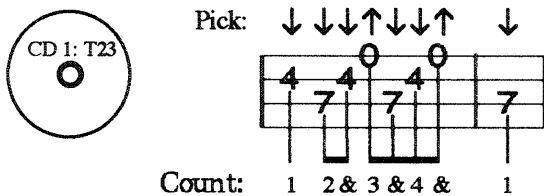


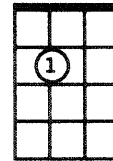
CROSS PICKING

Until now, we have always picked eighth notes down and up, with the downstrokes on the beat and the upstrokes in between beats. The term *cross picking* implies that you pick *across* the strings – usually in three-note patterns. When doing this, your pick direction will be down-down-up for each three-note group. The pattern in Ex #98 is used extensively in "Banks Of The Ohio," which follows on the next page. Jesse McReynolds was one of the pioneers of the cross picking style.

Ex #98: Cross Picking Example



Ex #99: A Simple A7 Chord



"Banks Of The Ohio," on page 48, has a three-beat pick-up pattern. Each phrase ends on beat 1, which allows you to fill the space that follows with arpeggios that are cross picked. Make note of the finger notations to get the correct double, and even, triple stops. To play rhythm to the piece, use the picking pattern in Ex #96 on page 45, except use a shuffle feel rather than playing the strums evenly. You will need an A7 chord, which is pictured in Ex #99.