Month	Nutrition Tracking	Workout Recomr	Mindfulness Sess	Sleep Monitoring	Water Intake Tra	Calorie Counter	Al Wellness Coad	ching
2024-01-31	12270	16284	10578	6685	10311	17309	7558	
2024-02-29	5860	10734	19423	5769	10051	11396	12849	
2024-03-31	10390	11265	16636	15583	11420	18035	7047	
2024-04-30	18418	5466	16363	18803	6184	16096	7747	
2024-05-31	10191	18526	16111	11949	9555	13666	14167	
2024-06-30	16964	9426	13322	7433	8385	14274	14998	