Thread States on Thread.State

NEW	A thread that has not yet started is in this state.
RUNNABLE	A thread executing in the Java virtual machine is in this state.
BLOCKED	A thread that is blocked waiting for a monitor lock is in this state.
WAITING	A thread that is waiting indefinitely for another thread to perform a particular action is in this state.
TIMED_WAITING	A thread that is waiting for another thread to perform an action for up to a specified waiting time is in this state.
TERMINATED	A thread that has exited is in this state.

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