

Existential Me

『The Preface』

“What is the meaning of life?”

This question is one of a few questions that have an answer with varying depth for each person. Although there are countless interpretations, we can all agree that it is a vital aspect of our life, to find meaning and purpose. For some, this meaning comes for the association with their surroundings and what they are given. To others, the meaning is constructed based on personal goals and aspirations. And, moreover, to some, this meaning is given from a higher deity that they believe in.

Yet, the ultimate question is, how can one come to a conclusion on what the meaning of their life is? Does one's belief or verdict on life come from social, cultural, emotional, or political influences? Have they stopped and wondered why you think the way you do and why you living? If so, what factors have influenced their decision? Moreover, is there a fundamentally upstanding meaning to life for all humans?

In this podcast, we will tackle these questions in depth with varying opinions from guests from all different backgrounds. We will simply be unbiased and offer a platform of different opinions for the listeners to simply choose what seems true for them.

We ask you to simply listen and think for yourselves. Growing up, we are surrounded by social, cultural, and political influences that shape and frame the way we think. Consider this, if you born in a country across the globe, would your way of life and mindset be the same? In a way, we are all lost people, finding an answer for ourselves.