



PROFILE

A skilled and knowledgeable senior nurse manager who works with integrity, compassion and a diverse track record of care and management within different health settings. Currently seeking new opportunities and challenges outside of clinical context.

A strong performance history of change management thanks to rigorous, yet empathetic, problem-solving methods, as well as extensive clinical experience within Emergency Departments.

Produces great results when working autonomously but also thrives at building strong working relationships with colleagues and stakeholders to meet objectives and deadlines successfully.

CONTACT

PHONE
(+44) 7800 659 473

EMAIL
ghdembinski@gmail.com

ADDITIONAL INFO

Living in Toronto, Canada
British & Swiss Nationalities
English (mother tongue)
French (intermediate)
NMC registered: 14G0886E

Gabriella Dembinski

WORK EXPERIENCE

**Sister (Band 6) progressing to Senior Sister (Unit Nurse Manager)
Paediatric ED, Royal London Hospital (Barts Health NHS), London**
Jan 2021 – Aug 2023

Nurse in charge of large department involving the coordination of multiple patient cases, prioritising clinical and managerial needs, ensuring department safety and the positive patient and staff experience.

Clinical management of paediatric and adult medical and traumatic emergencies.

Identifying and reducing risk with integrity through systematic problem-solving. Supporting and collaborating with wider hospital and multidisciplinary teams to enact change and improvement, including the development of guidelines, policies and educational resources, disseminating these through communications and formal education.

Approachable leader and thorough line managing of team by facilitating progression, development and ensuring the wellbeing of staff.

Point person for recruitment, development of recruitment resources and proposals for funding, completing interviews and hiring processes.

**Paediatric Site Practitioner (Band 7)
The Portland Hospital (HCA Healthcare), London**

Oct 2019 – Dec 2020

Clinical shift responsibility for all paediatric departments. Member of paediatric resuscitation team. Responsible for patient capacity and staffing management, requiring rigorous planning and foresight of risk and patient safety.

Continuous professional development facilitator.

Writing of staff roster, ensuring staff wellbeing through fair rostering.

Initiating and completion/updating of policies and guidelines
Consultant and executive team liaison.

Passionate about, and a strong believer in, equality. A collaborative team member of a working group that initiated an Equality, Diversity and Inclusion division. Demonstrated such success that the model was used across all organisation sites.

HIGHER EDUCATION AND FURTHER QUALIFICATIONS

Royal London Hospital

[Aug 2021] Trauma Nursing

Resuscitation Council, London, UK

[Feb 2020] EPALS

Royal College of Paediatric and Child Health: London, UK

[Jan 2019] ETAT+

[Mar 2019] Generic Instructor's Course

London School of Hygiene and Tropical Medicine: London, UK

[Jan 2018] Tropical Nursing (PGDip)

London South Bank University: London, UK

[Jul 2016] High Dependency Child Management (PGDip)

King's College London: London, UK

[Jul 2018] Paediatric

Emergency Nursing (PGDIP)

[Jan 2016] Nursing Mentorship (PGDIP)

[Aug 2014] Paediatric Nursing (BSc)

WORK EXPERIENCE CONT.

Global Links Nurse/Mentor

RCPCH Global Links, Sierra Leone

Mar 2019 – Sept 2019

Clinical support and education in government hospital paediatric emergency departments. Delivered lecture, clinical and simulation-based training of the ETAT+ programme to local doctors and nurses.

Development and implementation of paediatric protocols for the improvement of patient safety at Kenema and Kailahun Government hospital's paediatric emergency departments and paediatric wards.

Facilitating and chairing implementation meetings, pursuing targets and action points.

Data collection, entry and dissemination alongside composing reports for HQ and other stakeholders for monitoring and evaluation of projects.

Identifying and engaging with partner NGO to maximise effectiveness of projects. Liaising with local government leaders and other key stakeholders to improve engagement with programme and improvements.

Sister (Band 6)

Paediatric ED, St. Thomas' Hospital (GSTT NHS), London

Sept 2017 – Feb 2019

Clinical nurse in charge on shift basis which involved running large department, with changing pressures including clinical emergencies, safeguarding cases and major incidents. Liaison with multidisciplinary team.

Competence in multiple clinical skills (such as triage, POP, venepuncture, cannulation and resus etc.) and facilitator for development of junior nurses. In addition, qualified clinical mentor of nursing students, supporting and assessing students prior to their qualification.

Staff Nurse (Band 5) progressing to Sister (Band 6)

Paediatric High Dependency, St. Thomas' Hospital (GSTT NHS), London

Oct 2014 – Sept 2017

Progression from newly qualified band 5 to senior band 6 nurse on a medical and surgical HDU of 42 beds. Competence in various clinical skills (such as: HDU, non-invasive ventilation, tracheostomies etc). Clinical mentor of nursing students and nurse in charge on shift basis.

Project coordinator of Care Redesign; an MBA recognised programme for health service redevelopment and improvement. Igniting my passion for service development and improvement. Strategic development of Children's Short Stay Unit (CSSU) to improve patient safety and experience through and following the ED. Developed CSSU clinical pathways and guidelines. Initiating service of, and delivering training on, nurse-led discharge for CSSU to increase patient turnover and boost service capacity.