

Zumba® Fitness Party for VHL

Saturday, October 19

4:00-6:00PM

Revolutions Bowling Center

60 Bidwell Road

South Windsor, CT

Are you ready to shake it up for a great cause?

Join Zumba® Fitness instructors Jess Foster, Susie Hill, Freddie DeJesus, Justine Marie, Sheri Henderson, Donna Frustere and others for 90 minutes of non-stop fun!

Von Hippel-Lindau syndrome is an inherited disorder characterized by the formation of tumors and fluid-filled sacs (cysts) in many different parts of the body. Tumors may be either noncancerous or cancerous and most frequently appear during young adulthood; however, the signs and symptoms of von Hippel-Lindau syndrome can occur throughout life. All proceeds of this event will be donated directly to the von Hippel Lindau Family Alliance in Boston, Massachusetts in honor of ZIN Jess Foster's mother.

Tickets \$15 in advance/\$20 at the door

Add \$5 to include one game of bowling

Contact any instructor for tickets or call 860-986-2651

Raffle tickets will be sold day of event for various goods and services.

