Step 1: Login to Mind Shift Academy.

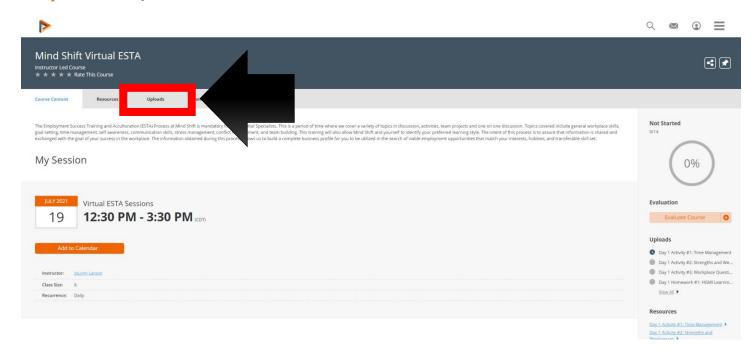


Step 2: Click on **VIEW** Mind Shift Virtual ESTA Course.

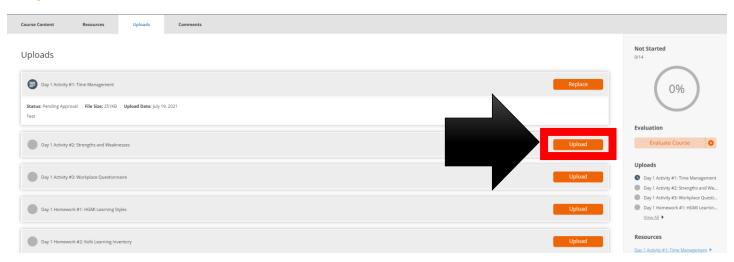


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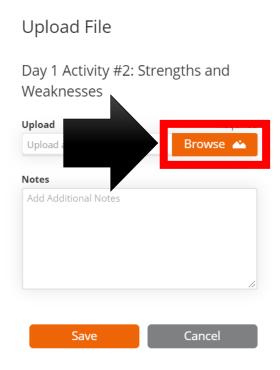
Step 3: Go to **Uploads** tab.



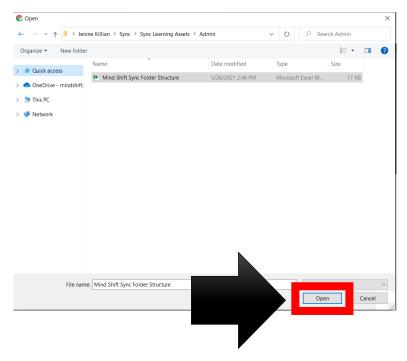
Step 4: Click **UPLOAD** on the right-hand side of the activity/homework you would like to upload.



Step 5: Click **BROWSE**.

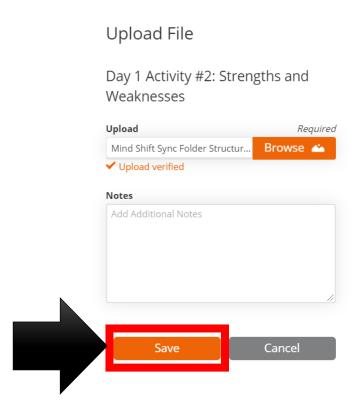


Step 6: Click on the document you want to upload, then click **OPEN.**



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Step 7: Once you see **UPLOAD VERIFIED**, click **SAVE**.



Step 8: You have now uploaded your activity/homework. You will receive an email confirming whether your upload was accepted or declined from your instructor.