



Causal Inference II: Causal Graphs (DAGs) and Instrumental Variables Methods

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Acknowledgement

- I made these slides with my own thoughts but adapted a lot from a course taught by Jason Roy on Coursera.
- I HIGHLY recommend this course.

A Crash Course in Causality

Inferring Causal Effects from Observational Data

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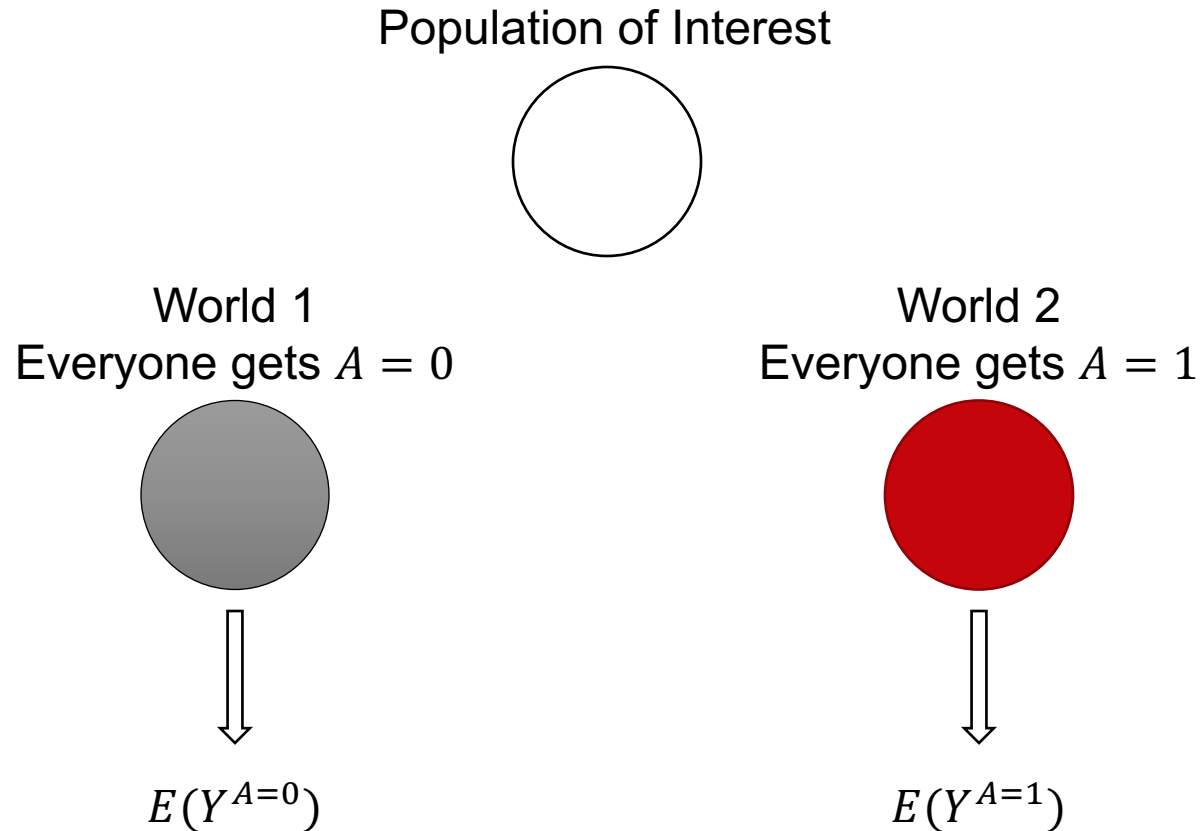


Contents

- Review of last talk:
 - Part I: Introduction to Causal Effects
 - Part II (briefly): Confounding and Directed Acyclic Graphs (DAGs)
 - Part III: Matching and Propensity Scores
 - Part IV: Inverse Probability of Treatment Weighting (IPTW)
- Today's focus:
 - Part II: Confounding and Directed Acyclic Graphs (DAGs)
 - Part V: Instrumental Variables Methods

Potential Outcomes and Counterfactuals

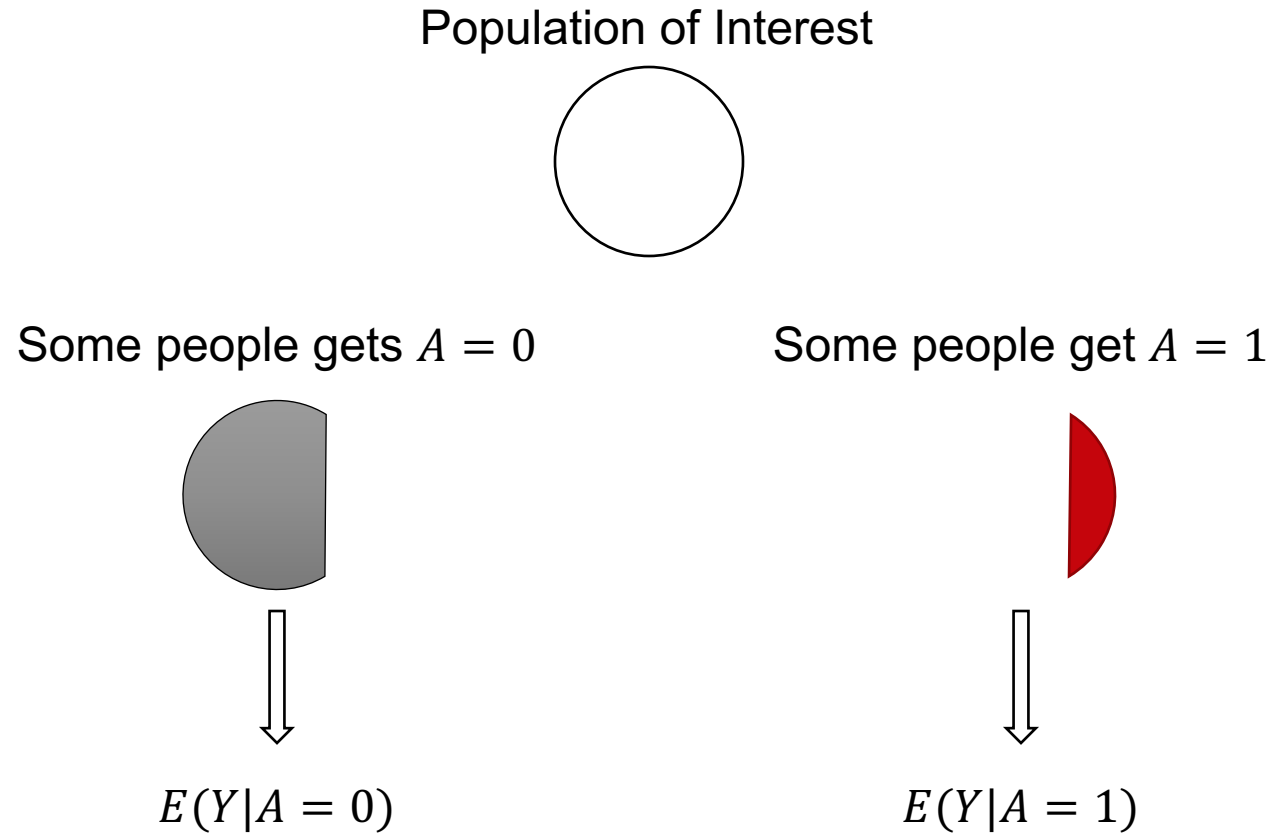
- A thought experiment: parallel universe, time machine, magic



- Causal Effect (Estimand): $E(Y^{A=1} - Y^{A=0})$

Real World

- Only can observe treatment effects on subpopulations



- $E(Y|A = 1) - E(Y|A = 0)$ is generally not a causal effect

Causal Assumptions

- Identifiability of causal effects $E(Y^{A=1} - Y^{A=0})$ requires some untestable assumptions. These are generally called **causal assumptions**.
- The most common are:
 - Stable Unit Treatment Value Assumption (SUTVA): no interference
 - Consistency: $Y = Y^a$, if $A = a$, for all a
 - Ignorability: $Y^0, Y^1 \perp A|X$
 - Positivity: $P(A = a|X = x) > 0$, for all a and x
- Assumptions will be about the observed data: outcome - Y , treatment - A , and a set of pre-treatment covariates - X .

Causal Estimands

We can put causal assumptions together to identify causal effects.

$E(Y|A = a, X = x)$ involves only the observed data.

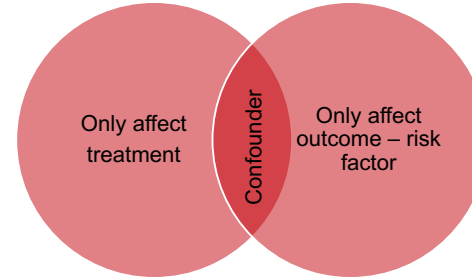
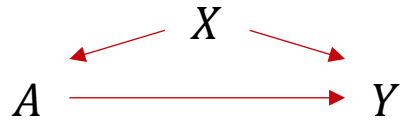
$$\begin{aligned} E(Y|A = a, X = x) &= E(Y^a|A = a, X = x) \text{ by consistency} \\ &= E(Y^a|X = x) \text{ by ignorability} \end{aligned}$$

If we want a marginal causal effect, we can average over X .

$$E(Y^a) = E(E(Y^a|X)) = \sum_x E(Y|A = a, X = x)P(X = x)$$

Confounding

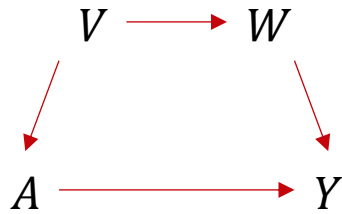
- Confounders are variables that affects both the treatment and the outcome.



- Controlling confounders means to identify a set of variables X that will make the ignorability assumption $Y^0, Y^1 \perp A|X$ holds.
- What matters is not identifying specific confounders but identifying a set of variables that are **sufficient to control for confounding**.
 - Backdoor path criterion (Pearl 1995)
 - Disjunctive cause criterion (VanderWeele 2011)

DAG

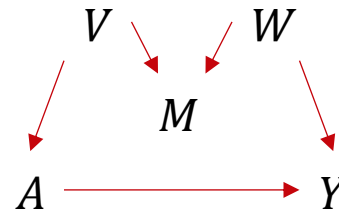
Consider more complex examples:



DAG 1

Sets of variables that are sufficient to control for confounding:

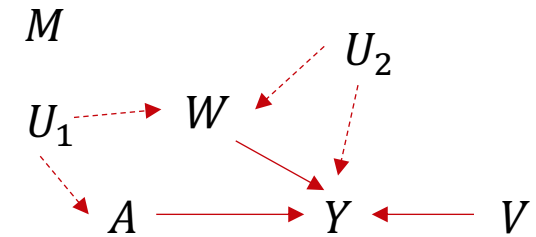
- $\{V\}$
- $\{W\}$
- $\{V, W\}$



DAG 2

Sets of variables that are sufficient to control for confounding:

- \emptyset , $\{V\}$, $\{W\}$, $\{M, V\}$, $\{M, W\}$, $\{M, V, W\}$
- But **not** $\{M\}$



DAG 3

Sets of variables that are sufficient to control for confounding:

- $\{U_1\}$, however, it is unobservable
- Unachievable with observed variables $\{M, W, V\}$

DAG

We will formally introduce the DAG shortly.

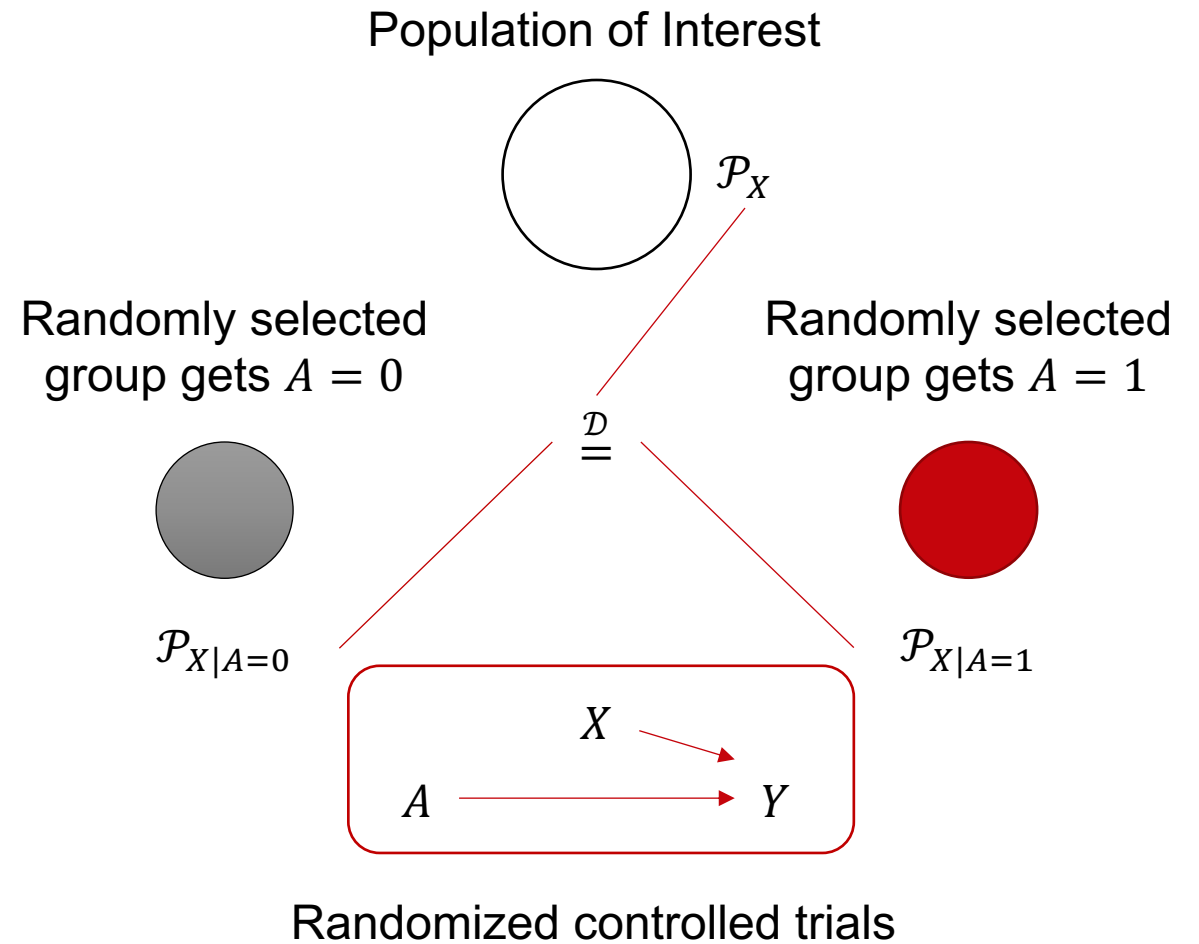
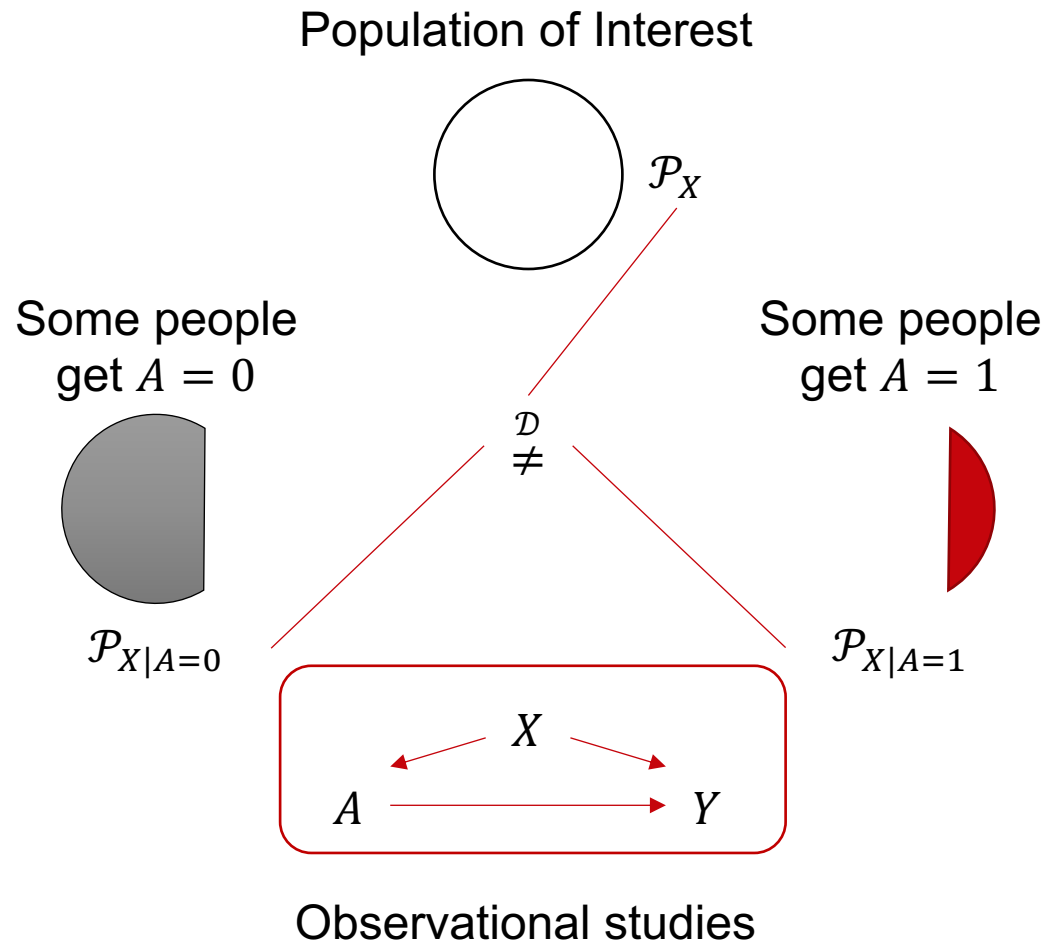
DAGs help us effectively determine the set of variables to control for to achieve ignorability.

- We'll see that DAGs encode probability distributions.
- We'll be able to recognize different types of **paths** and understand which of them induce association between nodes.
- We'll see how to **block** paths to impose conditional independence (**d-separation**).
- We'll use the **backdoor path criterion** and the **disjunctive cause criterion** to determine if a set of variables is sufficient to control for confounding.

Once we know which variables to control for them, the question is **how** to control for them.

General approaches include **matching** and **inverse probability of treatment weighting**.

Observational Studies



Matching Procedures

1. Select a set of **pre-treatment** covariates X that (hopefully) satisfy the **ignorability** assumption.
2. Calculate the **distance** matrix $D = (d_{ij}) \in \mathbb{R}_{0+}^{m \times n}$ that contains the pairwise distance $d_{ij} = \mathcal{D}(X_i, X_j)$ between each treated subject and control subject.
 - e.g., Mahalanobis distance $\mathcal{D}(X_i, X_j) := \sqrt{(X_i - X_j)^T \Sigma^{-1} (X_i - X_j)}$.
 - Replace each covariate value with its rank to get **robust** distance.
3. Minimize the total distance measure (**optimal** matching).
 - Can use **greedy** matching to speed up.
 - Can impose constraints such as **caliper** (maximum acceptable distance), **sparsity** (e.g., match within hospitals).

Matching Procedures

4. Assess covariates balance.

Table 1: Patient baseline characteristics table

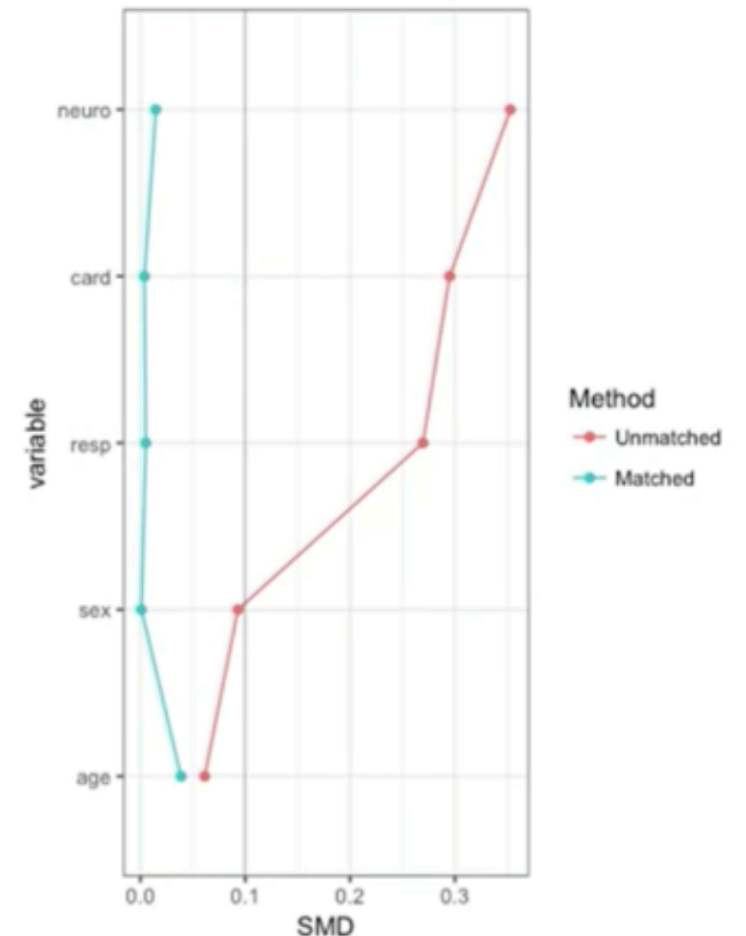
	Unmatched			Matched		
	No RHC	RHC	SMD	No RHC	RHC	SMD
n	3551	2184		2082	2082	
age (mean (sd))	61.8 (17.3)	60.8 (15.6)	0.06	61.6 (16.7)	61.0 (15.8)	0.039
sex = Male (%)	53.9	58.5	0.09	56.9	56.9	0.001
resp = Yes (%)	41.7	28.9	0.27	30.6	30.4	0.005
card = Yes (%)	28.4	42.3	0.30	39.3	39.5	0.004
neuro = Yes (%)	16.2	5.4	0.35	5.3	5.7	0.015

5. Analyze post-matching data.

- Test for treatment effects.
- Estimate treatment effects and confidence intervals.
- Methods should take matching into account.

6. Perform sensitivity analysis.

- Check for **hidden bias** due to unmeasured confounders.



Standardized Mean Difference (SMD) plot

Propensity Score

The propensity score is the **probability of receiving treatment**, rather than control, given covariates X .

$$\pi_i = \pi(X_i) = P(A = 1|X_i)$$

Lemma. Assuming ignorability, *i.e.*, $Y^0, Y^1 \perp A|X$, then
 $Y^0, Y^1 \perp A|\pi(X)$.

- Propensity score is a **dimension reduction** technique.

Definition. $b(X)$ is a balancing score if $A \perp X|b(X)$, *i.e.*,
 $P(X = x|b(X) = p, A = 1) = P(X = x|b(X) = p, A = 0)$

Remark: $b(X)$ is a balancing score if and only if it is finer than the propensity score, *i.e.*,
 $\pi(X) = h(b(X))$ for some function h .

If we **match on the any balancing score**, we should achieve balance,
 $Y^0, Y^1 \perp A|b(X)$.

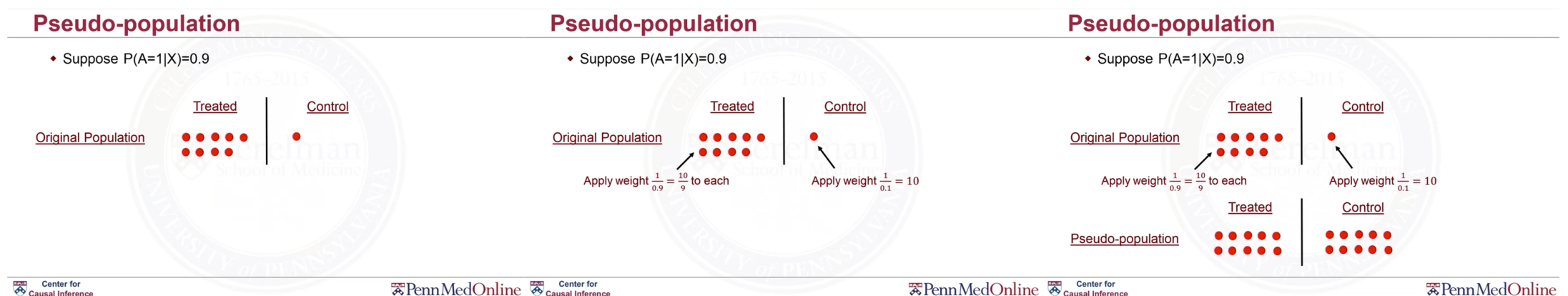
Intuition for IPTW

We can create a **pseudo-population** by weighting by the inverse of the probability of treatment **received**.

- For treated subjects, weight by the inverse of $P(A = 1|X) = \pi(X)$.
- For control subjects, weight by the inverse of $P(A = 0|X) = 1 - \pi(X)$.

Hence, it is called the inverse probability of treatment weighting (IPTW).

- In the pseudo-population, treatment assignment doesn't depend on X .



Marginal Structural Models

General MSM:

$$g(E(Y^a|V)) = h(a, V; \psi)$$

- where $g()$ is a link function.
- $h()$ is a function specifying parametric form of a and V (typically additive, linear).

IPTW Estimation

- Recall that the **pseudo-population** (obtained from IPTW) is free from confounding (assuming ignorability and positivity).
- We can therefore estimate MSM parameters by solving the weighted estimating equation

$$\sum_{i=1}^n \frac{\partial \mu_i^T}{\partial \psi} V_i^{-1} \mathbf{W}_i (Y_i - \mu_i(\psi)) = 0$$

- where $W_i = \frac{1}{A_i \hat{\pi}_i + (1 - A_i)(1 - \hat{\pi}_i)}$.

IPTW in Practice

Steps:

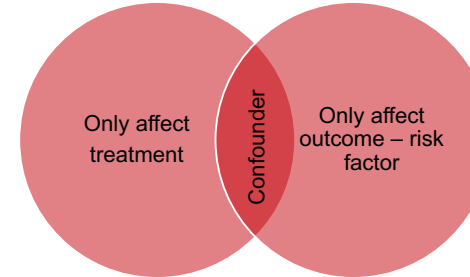
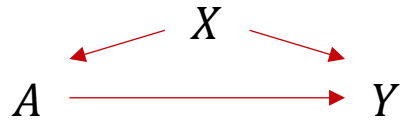
1. Estimate propensity score (*e.g.*, LR: $A \sim X$).
2. Create weights ($w_i = \frac{1}{A_i \hat{\pi}_i + (1 - A_i)(1 - \hat{\pi}_i)}$).
3. Specify the MSM of interest.
4. Use software to fit a weighted generalized linear model.
(*e.g.*, `glm.obj <- glm(y ~ trt, weights = w, family = binomial(link = log))`)
5. Use asymptotic (sandwich) estimator (or bootstrapping) to get standard error.
(*e.g.*, `SE <- sqrt(diag(vcovHC(glm.obj, type = "HC0")))`)



Part II: Confounding and Directed Acyclic Graphs (DAGs)

Confounding

- Confounders are variables that affects both the treatment and the outcome.



- Controlling confounders means to identify a set of variables X that will make the ignorability assumption $Y^0, Y^1 \perp A|X$ holds.
- What matters is not identifying specific confounders but identifying a set of variables that are **sufficient to control for confounding**.
 - Backdoor path criterion (Pearl 1995)
 - Disjunctive cause criterion (VanderWeele 2011)

The Basics of Graphical Models

- Graphical model represents a family of distributions

$$P(X_{1:n}) := \prod_{i=1}^n P(X_i | \text{Parents}(X_i))$$

- Factorize and simplify the joint distribution.
- Inference by enumeration
$$P(\mathcal{A} | \mathcal{B}) = \frac{P(\mathcal{A}, \mathcal{B})}{P(\mathcal{B})} = \frac{\sum_{X_{1:n} \setminus \mathcal{A}, \mathcal{B}} P(X_{1:n})}{\sum_{X_{1:n} \setminus \mathcal{B}} P(X_{1:n})}$$

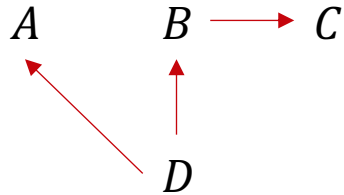
- Marginalization is answered by summing over joint.

- **Causal Markov condition:** Let ℓ be a *topological ordering* of the nodes, which ensures that p_i occurs in the ordering before i . Let v_i be the set of indices that before i , not including p_i , then

$$X_i \perp X_{v_i} | X_{p_i}$$

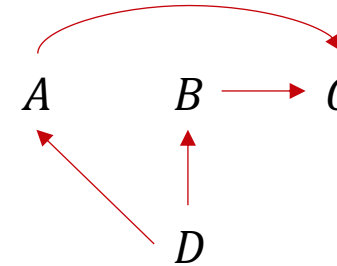
- Every node is conditionally independent of its nondescendents, given its parents.
- We can read off conditional independencies by looking at the graph.

DAG examples



This DAG implies:

- $P(A, B, C, D) = P(D)P(A|D)P(B|D)P(C|B)$
- $P(A|B, C, D) = P(A|D)$
- $P(D|A, B, C) = P(D|A, B)$
- $P(D|B, C) = P(D|B)$
- $A \perp B, C | D$
- $D \perp C | A, B$
- $D \perp C | B$



This DAG implies:

- $P(A, B, C, D) = P(D)P(A|D)P(B|D)P(C|A, B)$
- $P(A|B, C, D) = P(A|C, D)$
- $P(D|A, B, C) = P(D|A, B)$
- $P(D|B, C) = \dots$
- $A \perp B | C, D$
- $D \perp C | A, B$
- ~~$D \perp C | B$~~

Paths & Associations

$A \leftarrow E \rightarrow B$

Fork (Tree)

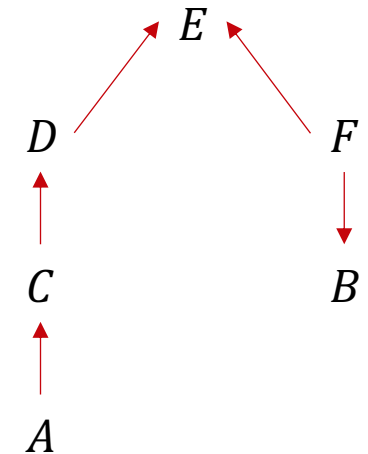
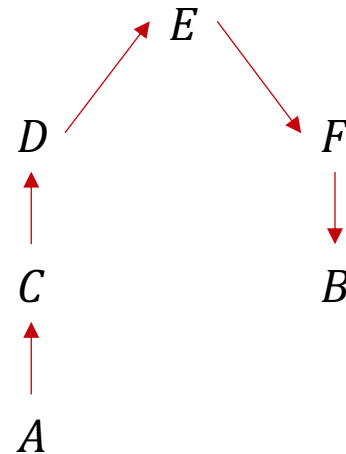
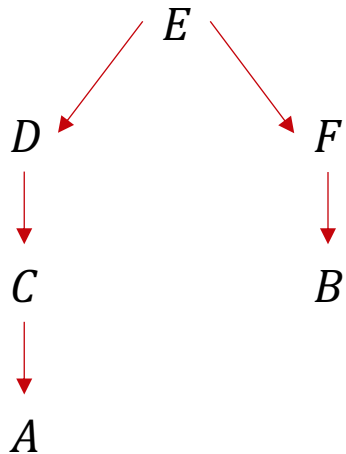
$A \rightarrow E \rightarrow B$

Chain (Sequence)

$A \rightarrow E \leftarrow B$

Inverted fork
(Inverse tree)

- If nodes A and B are on the ends of a path, they are associated (via this path) if:
 - Some information flows to both
 - Information from one makes it to the other



- Paths on the right panel won't introduce association. Information from A and B collide at E . We call E as a **collider**.

D-Separation

- Paths can be **blocked** by conditioning on nodes in the path.

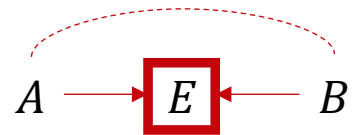


Fork (Tree)

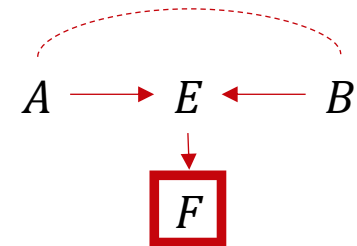


Chain (Sequence)

- The **opposite** situation occurs if a **collider** is conditioned on.



Inverted fork
(Inverse tree)



- A path is **d-separated** by a set of node C if:
 - It contains a chain and the middle part is in C .
OR
 - It contains a fork and the middle part is in C .
OR
 - It contains an inverted fork and the middle part is not in C , **nor are any descendants of it**.

D-Separation

Two nodes, A and B , are d-separated by a set of nodes C if it **blocks every path** from A to B .

- Then:

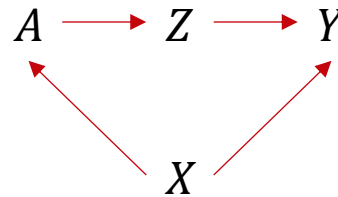
$$A \perp B | C$$

Recall the ignorability assumption:

$$Y^0, Y^1 \perp A | X$$

Backdoor Path Criterion

- A **frontdoor path** from A to Y is one that begins with an arrow emanating out of A , e.g., $A \rightarrow Z \rightarrow Y$.
- A **backdoor path** from A to Y is one that travel through arrows going into A , e.g., $A \leftarrow X \rightarrow Y$.

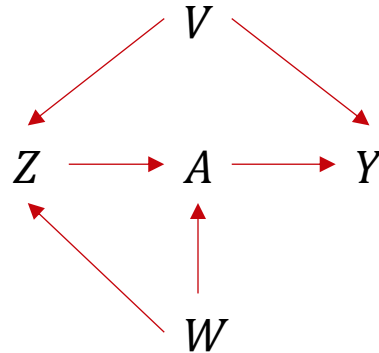


Backdoor path criterion: A set of variables X is sufficient to control for confounding if

- It blocks all backdoor paths from treatment to the outcome
- It does not include any descendants of treatment

Note: not necessarily unique, NP-hard to find all paths

Backdoor Path Criterion



There are 2 back door paths from A to Y :

- $A \leftarrow Z \leftarrow V \rightarrow Y$ is a fork. $\{Z\}, \{V\}, \{Z, V\}$ can block this path.
- $A \leftarrow W \rightarrow Z \leftarrow V \rightarrow Y$ is an inverted fork. $\{V\}, \{W\}, \{Z, V\}, \{Z, W\}, \{V, Z, W\}$ but not $\{Z\}$ alone can block this path.

Together, we say the following set are sufficient to control for confounding:

- $\{V\}, \{V, Z\}, \{Z, W\}, \{V, Z, W\}$, but not $\{Z\}$ or $\{W\}$.

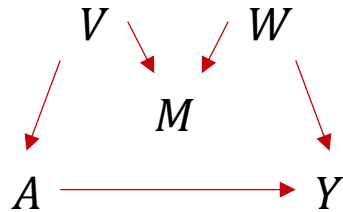
Disjunctive Cause Criterion

Disjunctive Cause Criterion: Control for all (observed) causes of the exposure, the outcome, or both.

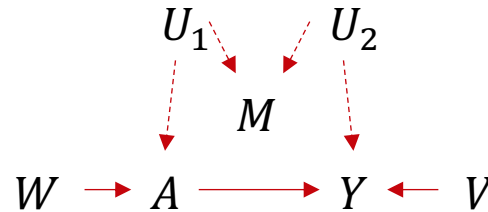
- It is conceptually simpler than the backdoor path criterion.
- It guarantees to select a set of variables that are sufficient to control for confounding, if:
 - Such a set exists
 - We correctly identify all the observed causes of A and Y .

Note: it's not to say we block all pre-treatment covariates.

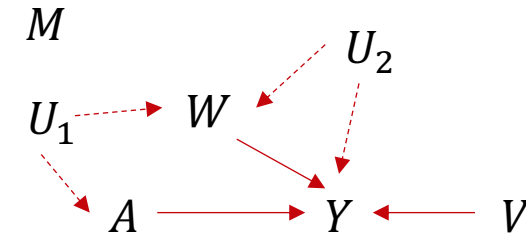
Disjunctive Cause Criterion



1. Using all pre-treatment covariates: $\{M, W, V\}$, satisfies the backdoor path criterion. ✓
2. Using disjunctive cause criterion: $\{W, V\}$, satisfies the backdoor path criterion. ✓



1. Using all pre-treatment covariates: $\{M, W, V\}$, does not satisfy the backdoor path criterion. ✗
2. Using disjunctive cause criterion $\{W, V\}$, satisfies the backdoor path criterion. ✓



1. Using all pre-treatment covariates $\{M, W, V\}$, does not satisfy the backdoor path criterion. ✗
2. Using disjunctive cause criterion $\{W, V\}$, does not satisfy the backdoor path criterion. ✗

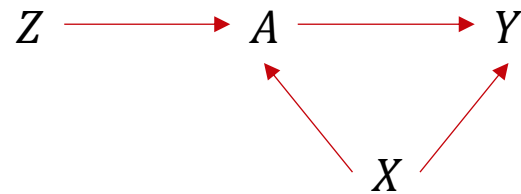


Part V: Instrumental Variables Methods

Instrumental Variables

Instrumental variables (IV) method is an alternative causal inference method that does not rely on the ignorability assumption.

Here, Z is an IV:



- It affects treatment but does not (directly) affect the outcome.
- Think of Z as **encouragement**.

Randomized Trials with Noncompliance

Setup:

- Z : randomization to treatment (1 if randomized to treatment, 0 otherwise), e.g., encouragement to stop smoking $Z = 1$.
- A : treatment received (1 if received treatment, 0 otherwise), e.g., smoking during pregnancy $A = 1$.
- Y : outcome, e.g., birthweight.
- X : parity, mother's age, weight, etc.
- **Noncompliance** means not everyone assigned to treatment will receive treatment.

Compliance classes (**principle strata**):

$A^{Z=0}$	$A^{Z=1}$	Label
0	0	Never-takers
0	1	Compliers
1	0	Defiers
1	1	Always-takers

Local Average Treatment Effect

The **target of inference** is:

$$\begin{aligned} & E(Y^{Z=1} - Y^{Z=0} | A^{Z=0} = 0, A^{Z=1} = 1) \\ &= E(Y^{Z=1} - Y^{Z=0} | \text{compliers}) \\ &= E(Y^{a=1} - Y^{a=0} | \text{compliers}) \end{aligned}$$

- This is causal because it contrasts counterfactuals in a common population.
- Known as **complier average causal effect** (CACE)
 - It is a causal effect in a **subpopulation**.
 - It is a causal effect of **treatment received**.
 - No inference about defiers, always-takers, or never-takers.

Observed Data

For each person we observe an A and Z , not (A^0, A^1) .

Z	A	A^0	A^1	Class
0	0	0	?	Never-takers or compliers
0	1	1	?	Always-takers or defiers
1	0	?	0	Never-takers or defiers
1	1	?	1	Always-takers or compliers

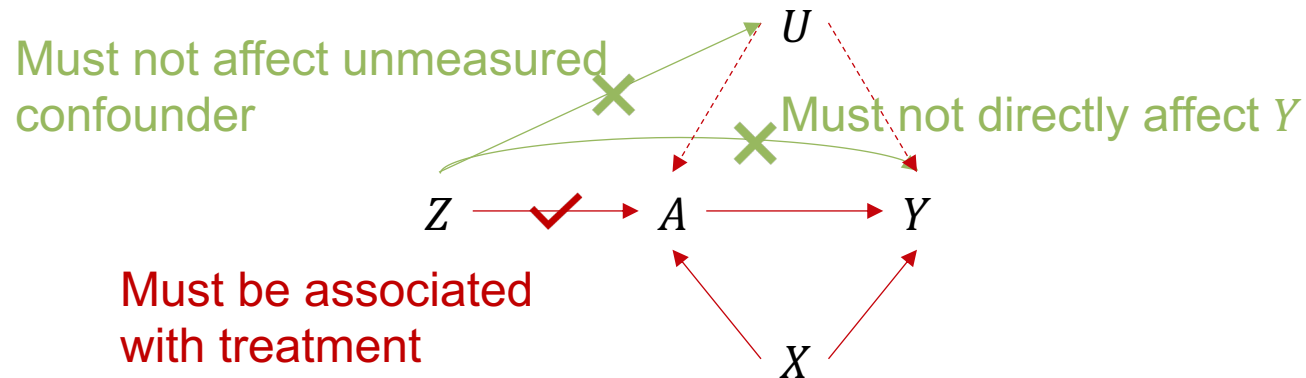
To estimate CACE, we need to make the following **assumptions**:

1. It is associated with the treatment;
2. (**Exclusion restriction**) It affects the outcome only through its effect on treatment;
3. (**Monotonicity**) There are **no defiers**, *i.e.*, the probability should increase with more encouragement.

Exclusion Restriction

A variable is an instrumental variable (IV) if:

1. It is associated with the treatment;
2. (**Exclusion restriction**) It affects the outcome **only** through its effect on treatment;



Monotonicity

Observed data with monotonicity:

Z	A	A^0	A^1	Class
0	0	0	?	Never-takers or compliers
0	1	1	1	Always-takers or defiers
1	0	0	0	Never-takers or defiers
1	1	?	1	Always-takers or compliers

- Intention-to-treat (ITT) effect:

$$E(Y^{Z=1} - Y^{Z=0}) = E(Y|Z = 1) - E(Y|Z = 0)$$

- Treatment assignment on treatment received effect:

$$\begin{aligned} E(A^{Z=1} - A^{Z=0}) &= E(A|Z = 1) - E(A|Z = 0) \\ &= P(A|Z = 1) - P(A|Z = 0) \end{aligned}$$

by **monotonicity** = $P(\text{compliers})$

Complier Average Causal Effect (CACE)

ITT effect:

$$\begin{aligned} E(Y|Z = 1) &= E(Y|Z = 1, \text{always-takers})P(\text{always-takers}) \\ &\quad + E(Y|Z = 1, \text{never-takers})P(\text{never-takers}) \\ &\quad + E(Y|Z = 1, \text{compliers})P(\text{compliers}) \end{aligned}$$

$$\begin{aligned} E(Y|Z = 0) &= E(Y|Z = 0, \text{always-takers})P(\text{always-takers}) \\ &\quad + E(Y|Z = 0, \text{never-takers})P(\text{never-takers}) \\ &\quad + E(Y|Z = 0, \text{compliers})P(\text{compliers}) \end{aligned}$$

Notice that:

$$\begin{aligned} E(Y|Z = 1, \text{always-takers}) &= E(Y|\text{always-takers}) \\ E(Y|Z = 1, \text{never-takers}) &= E(Y|\text{never-takers}) \\ E(Y|Z = 0, \text{always-takers}) &= E(Y|\text{always-takers}) \\ E(Y|Z = 0, \text{never-takers}) &= E(Y|\text{never-takers}) \end{aligned}$$

Because treatment assignment has no impact on always-takers or never-takers.

Complier Average Causal Effect (CACE)

Therefore,

$$\begin{aligned} E(Y|Z = 1) - E(Y|Z = 0) &= E(Y|Z = 1, \text{compliers})P(\text{compliers}) \\ &\quad - E(Y|Z = 0, \text{compliers})P(\text{compliers}) \end{aligned}$$

Which implies:

$$\begin{aligned} &\frac{E(Y|Z = 1) - E(Y|Z = 0)}{P(\text{compliers})} \\ &= E(Y|Z = 1, \text{compliers}) - E(Y|Z = 0, \text{compliers}) \\ &= E(Y^{a=1}|\text{compliers}) - E(Y^{a=0}|\text{compliers}) \\ &= \text{CACE} \end{aligned}$$

Complier Average Causal Effect (CACE)

$$\text{CACE} = \frac{E(Y|Z = 1) - E(Y|Z = 0)}{E(A|Z = 1) - E(A|Z = 0)}$$

ITT: causal effect of treatment assignment on the outcome

Causal effect of treatment assignment on the treatment received

Note:

- If perfect compliance, $\text{CACE} = \text{ITT}$.
- Denominator always between 0 and 1. Thus, CACE will be at least as large as ITT.
- The denominator is the proportion of compliers, which also measures the strength of an IV. **A weak instrument leads to large variance estimates.**

IVs in Observational Studies

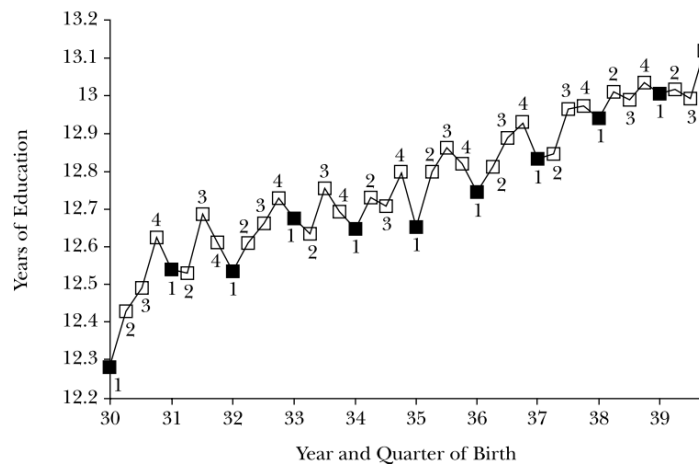
IVs can be thought of as randomizers in natural experiments.

Examples:

- **Mendelian randomization**: some genetic variant is associated with some behavior (e.g., alcohol use) but it is assumed to not be associated with outcome of interest.
- **Provider preference**: use treatment prescribed to previous patients as an IV for current patients. Idea: previous decision should not be associated with current decision, but previous decision should not directly affect outcome.
- **Quarter of birth** → years in school → income.

Figure 1

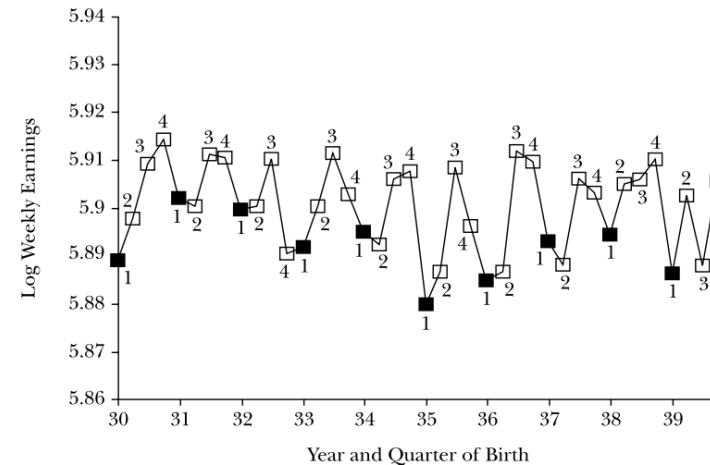
Mean Years of Completed Education, by Quarter of Birth



Source: Authors' calculations from the 1980 Census.

Figure 2

Mean Log Weekly Earnings, by Quarter of Birth



Source: Authors' calculations from the 1980 Census.

Two Stage Least Squares

1. Regress $A \sim Z$, to estimate \hat{A}_i

$$A_i = \alpha_0 + Z\alpha_1 + \epsilon_i$$

- \hat{A}_i is projection of A onto space spanned by Z .
- $\alpha_1 = E(A|Z = 1) - E(A|Z = 0) = \text{P(compliers)}$

2. Regress $Y \sim \hat{A}$

$$Y_i = \beta_0 + \hat{A}_i\beta_1 + \epsilon_i$$

$$\bullet \beta_1 = \frac{E(Y|\hat{A}=\hat{\alpha}_0+\hat{\alpha}_1)-E(Y|\hat{A}=\hat{\alpha}_0)}{\hat{\alpha}_1} = \frac{E(Y|Z=1)-E(Y|Z=0)}{E(A|Z=1)-E(A|Z=0)} = \text{CACE}$$