



Gebrehaweria Kidane Reda - University of Debrecen

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Address: Böszörök Street 138, Debrecen 4032 (Hungary)

Nationality: Ethiopian

RESEARCH INTEREST

I have completed my PhD in the Molecular Nutrition and Physiology lab at the University of Debrecen. I am interested in molecular and physiological mechanisms of life-history traits. My current research focuses on how the effect of nutritional conditions on life histories is mediated by mTOR pathway. Additionally, I am studying sexual differences in the mechanisms of the pathway to life-history plasticity. I have extensive laboratory experience with immunoassays such as ELISA, RIA, and western blotting, as well as qPCR. I also possess strong skills and motivation for fieldwork and wild animal sample collection. I possess strong statistical skills using R programming. During my PhD studies, I have published five articles in reputable, peer-reviewed journals. I have also made significant contributions to the other seven published articles.

EDUCATION

PhD, Animal Science: Molecular nutrition, Evolutionary zoology – *University of Debrecen* – current

MSc, Range Ecology and Management – *Haramaya University* – with honor

BSc, Animal production – *Haramaya University* – with honor

TRAININGS

2023 How to Get Published – *Springer Nature*

2023 AIReviewer: Artificial intelligence applied to the massive analysis of scientific information – *University Miguel Hernandez*

2018 Open Data Management in Agriculture and Nutrition - *Global Open Data for Agriculture and Nutrition (GODAN)*

2017 Scientific report writing and analysis using ‘R’ Software - *Ethiopian Institute of Agriculture Research (EIAR)*

2016 Access to Scientific Information Resources in Agriculture for Low-Income Countries - *Food and Agriculture Organization (FAO)*

2016 Scientific Research Writing - *AuthorAID*

2014 Higher Diploma Licence as a Certified Professional Teacher Educator - *Samara University*

WORK EXPERIENCE

Current University of Debrecen – Research fellow. Research work and course delivery

2020-current University of Debrecen – PhD student. Research work and course delivery

2017 - 2020 Adigrat University – Lecturer and research assistant

2012 -2017 Samara University – Lecturer and research assistant

ADVISORY AND MENTORING

2021-current Masters and PhD students mentoring, *University of Debrecen*

2017-2020 Bachelor students advisory, *Adigrat University*

2012-2017 Bachelor students advisory, *Samara University*

TEACHING

Year	Courses	Course code	Institution
2023-2024	Physiology, Regulatory Biology, and Immunology	TTBME0200	University of Debrecen
2018-2020	Range and Wildlife Ecology	AnPT2031	Adigrat University
2018-2020	Rangeland Management and Evaluation	AnPT 2033	Adigrat University
2019	Beekeeping	AnPT 3071	Adigrat University
2013-2017	Range Ecology and Management	AnSc 2033	Samara University
2013-2017	Forage and Pasture Production	AnSc 2032	Samara University
2015-2017	Apiculture	AnSc 4121	Samara University
2013-2017	Range Ecology and Management	NaRM2114	Samara University

MEMBERSHIP IN PROFESSIONAL SOCIETIES

Society for Experimental Biology
 Society for Study of Evolution
 European Ornithological Society
 Ethiopian Society of Animal production

LANGUAGE SKILLS

Mother language(s): Tigrigna

English

Listening: C1 Reading: C2 Writing: C1
 Spoken Production: C1 Spoken Interaction: C1

Amharic

Listening: C2 Reading: C2 Writing:C2
 Spoken Production:C2 Spoken Interaction: C2

SKILLS

- ✓ Gene expression/ Quantitative Real-Time Polymerase Chain Reaction (qPCR)
 - ✓ Enzyme-linked immunosorbent assay (ELISA)
 - ✓ Radioimmunoassay (RIA)
- Lab skills**
- ✓ Western blot
 - ✓ Skilled in live birds blood and tissue sampling (Brain, liver, spleen, muscle, kidney, heart, intestine)
 - ✓ Skilled and motivated in field work (forest and wetland/marine birds study)

Analytical skill Statistical modeling, computation, and visualization, using the R programming language

MANAGEMENT AND LEADERSHIP

- 2015 - 2016 Head Department of Animal science Department, Samara University
 2016 - 2017 Head of Quality Assurance Office of the Collage of Agriculture and Environmental Science, Samara University
 2019 - 2020 Head Department of Animal Production and Technology, Adigrat University

VOLUNTEERING

- 2016 - 2017 Community service on beekeeping and forage development in Aba'ala, Ereyt, and Berahle districts
 2015-2017 Community service in forage development in Hadelela and Semurobi districts
 2014 - 2016 Community service on Beekeeping and forage development in Koneba district
 2019 - 2020 Community service on Natural resource conservation district in Wukro Kilite Awlaelo

SCIENTIFIC REVIEW SERVICE

- ✓ Frontiers in Bioscience
- ✓ Journal of Experimental Zoology Part A
- ✓ Veterinary Medicine and Science
- ✓ Journal of Applied Animal Research

AWARDS

- 2016 Best Instructor Award of the year 2015/16, Samara University
2024 Best talk award at [31st International MendelNet Conference 2024](#) talk award competition
2024 Best talk award at [Hungarian Agricultural Sciences Doctoral Symposium 2024](#) talk award competition

SPOTLIGHT

- 2024 Early Carrier Researcher (ECR) spotlight: interview as an early-career author, [Journal of Experimental Biology](#)

PUBLICATIONS

- 2026 **Reda, G. K.**, Ndunguru, S. F., Csérvári, B., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Unpredictability and adaptive responses: understanding responses to dietary variability in Japanese quail. [Philosophical Transactions of the Royal Society B](#). Under production
- 2026 **Reda, G. K.**, Ndunguru, S. F., Lugata, J. K., Knop, R., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Specific amino acid supplementation partially mitigates the effect of dietary restriction on nutrient sensing pathway. Under preparation
- 2026 Ndunguru, S. F., **Reda, G. K.**, Czeglédi, L., & Lendvai, Á. Z.: In-ovo amino acid feeding: Insights into hatchability and growth in domesticated birds and laboratory model species. Under preparation
- 2026 Abdelbary, E. M., **Reda, G. K.**, Gashaw, M., Khalifeh, D. M., Almira, F. N., Gulyás, G., Knop, R., Csérvári, B., Szabó, C., Nemeth, Z. & Czeglédi, L.: Effects of In Ovo Injection of Basil and Peppermint Essential Oils on Hatchability and Chick Quality in Japanese Quail (*Coturnix japonica*). Applied Animal Science. Under review
- 2026 Törös, G., Gulyás, G., Knop, R., Szabó, C., **Reda, G. K.**, Ndunguru, S. F., Prokisch, J., Ducza, L., Gaál, Á. B., & Czeglédi, L.: Pleurotus ostreatus mushroom feed supplementation improved growth performance and immune function in Japanese quails (*Coturnix japonica*). Animals. Under review
- 2026 Kokas, M., **Reda, G. K.**, Posta, J., Török, E., Gulyás, G., Brassó, D. L., Kiss A., & Czeglédi L.: Effect of herb-supplemented TMR on the preference of Holstein-Friesian cows. Journal of Animal Physiology and Animal Nutrition. Under review
- 2026 Gashaw, M., **Reda, G. K.**, Almira, F. N., Abdelbary, E. M., Khalifeh, D. M., Ndunguru, S. F., Gulyás, G., Knop, R., Csérvári, B., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Arginine shapes growth and mTOR pathway gene expression in Japanese quails (*Coturnix japonica*). [Scientific Reports](#). 16:2711.
- 2026 Gashaw, M., **Reda, G. K.**, Almira, F. N., Abdelbary, E. M., Gulyás, G., Knop, R., Csérvári, B., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Dietary arginine modulates egg production and mTOR signalling pathway gene expression in adult Japanese quail (*Coturnix japonica*). [Veterinary and Animal Science](#). 31:100567.
- 2025 **Reda, G. K.**, Ndunguru, S. F., Knop, L., Lugata, J. K., Csérvári, B., Gulyás, G., Szabó, C., Lendvai, Á. Z., Czeglédi, L.: Reproductive resilience and trade-offs: Egg component allocation under nutritional constraints in Japanese quail. [Avian Research](#), 16: (3), 100278.
- 2025 Ndunguru, S. F., **Reda, G. K.**, Lugata, J. K., Csérvári, B., Knop, R., Gulyás, G., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Amino acid supplementation supports growth and reproductive development under dietary restriction. [Frontiers in Animal Science](#). 6:1622877.

- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Gulyás, G., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Dietary restriction and life-history trade-offs: insights into mTOR pathway regulation and reproductive investment in Japanese quail. *Journal of Experimental Biology*, 227(8): jeb247064.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Dietary restriction reveals sex-specific expression of the mTOR pathway genes in Japanese quails. *Scientific Report*, 14, 8314.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Sex-specific effects of dietary restriction on physiological variables in Japanese quails. *Ecology and Evolution*, 14 (5), e11405.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csernus, B., Knop, R., Gulyás, G., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Embryonic methionine triggers post-natal developmental programming in Japanese quail. *Journal of Comparative physiology B*, 194(1), 179–189.
- 2024 Lugata, J. K., Ndunguru, S. F., **Reda, G. K.**, Gulyás, G., Knop, R., Oláh, J., Czeglédi, L., & Szabó, C.: In ovo feeding of methionine affects antioxidant status and growth-related gene expression of TETRA SL and Hungarian indigenous chicks. *Scientific report*, 14, 4387.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., & Czeglédi, L.: Individual cage housing affects feed intake and induces sex-specific effects on body weight in Japanese quails. *Acta Agraria Debrecenensis*, 2024, 137-142.
- 2024 Lugata, J. K., Ndunguru, S. F., **Reda, G. K.**, Ozsváth, X. E., Angyal, E., Czeglédi, L., Gulyás, G., Knop, R., Oláh, J., Mészár, Z., Varga, R., Csernus, B., & Szabó, C.: Methionine sources and genotype affect embryonic intestinal development, antioxidants, tight junctions, and growth-related gene expression in chickens. *Animal Nutrition*, 16, 218–230.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csernus, B., Knop, R., Gulyás, G., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Embryonic leucine promotes early postnatal growth via mTOR signalling in Japanese quails. *Animals*, 14, 2596.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., & Czeglédi, L.: Effect of different dietary manipulations on haematological properties in Japanese quail. *Acta Agraria Debrecenensis*, *Acta Agraria Debrecenensis*, 2024, 35-41.
- 2023 Csernus, B., Szabó, C., Knop, R., **Reda, G. K.**, Ndunguru, S. F., Gulyás, G., Ozsváth, X. E., & Czeglédi, L.: Capsanthin supplementation modulates the immune response in broiler chickens under Escherichia coli lipopolysaccharide challenge. *Archive in Animal Nutrition*, 66, 103–111.
- 2022 Lugata, J. K., Ndunguru, S. F., **Reda, G.K.**, Ozsváth, X. E., Knop, R., Angyal, E., Oláh, J., Szabó C.: Effect of genotype on the hematological parameter of TETRA-SL and Hungarian Partridge coloured chickens at young age. *Acta agraria Debrecenensis*, 2022, 99–104.
- 2020 **Reda, G. K.**, Kebede, T. G., Kahsay, S. T., & Gebrehiwot, B. H.: Carbon sequestration and vegetation properties across the age of community managed exclosures in Northern Ethiopia. *Journal of Nature Conservation*, 56, 125856.
- 2019 Kahsay, S. T., **Reda, G. K.**, & Hailu, A. M. (2019) Food security status and its determinants in pastoral and agropastoral districts of Afar regional state, Ethiopia. *African Journal of Technology, Innovation and Development*, 12, 333–341.
- 2018 **Reda, G. K.**, Girmay, S., & Gebremichael, B. (2018). Beekeeping practice and honey production potential in Afar Regional State, Ethiopia. *Acta Universitatis Sapientiae, Agriculture and Environment*, 10, 66–82.

CONFERENCE PRESENTATIONS AND PUBLISHED ABSTRACTS

- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Szabó, C., Czegledi, L., Lendvai, Á. Z.: Nutrient-sensing genes expression mediate resource allocation in Japanese quails. *Society for Experimental Biology* annual meeting, July 2 - 5, 2024, Prague, Czech Republic. Abstract, p. 40.

- 2024 **Reda, G. K.**, Ndunguru, S. F., Lendvai, Á. Z., Czegledi, L.: Effect of amino acid supplementation on top of restricted feeding in Japanese quails. *31st International MendelNet Conference 2024*, November 06, 2024. Brno, Czech Republic.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csérvári, B., Czegledi, L., Lendvai, Á. Z.: Expression of nutrient sensing genes mediate the effect of dietary unpredictability in Japanese quails. *Hungarian Agricultural Sciences Doctoral Symposium 2024*, February 16, 2024, University of Veterinary Medicine. Budapest. Abstract, p. 27.
- 2024 **Reda, G. K.**, Lendvai, Á. Z., Csérvári, B., Szabó, C., Czegledi, L., Ndunguru, S. F.: Nutrient-sensing genes expression mediate resource allocation in Japanese quails. *Society for Integrative and Comparative Biology*, January 2 - 6, 2024. Abstract, p. 253-256.
- 2024 Almira, F. N., **Reda, G. K.**, Csérvári, B., Ndunguru, F. S., Knop, R., Szabó, C., Lendvai, Á. Z., Czegledi, L.: Sex-specific effects of feed restriction on adiponectin and its receptors in Japanese quail. *32nd International Symposium Animal Science Day*, October 2-4, 2024, Oberaichwald, Austria. Abstract, p. 26.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csérvári, B., Lendvai, Á. Z., Czegledi, L.: In ovo amino acids insights from domesticated and laboratory species. *31st International MendelNet Conference 2024*, November 06, 2024. Brno, Czech Republic. Abstract, p. 29.
- 2024 Achene, G.M., Lendvai, Á.Z., Czegledi, L., Knop, R., Szabó, C., **Reda, G.K.**, Ndunguru, S. F., Almira, F.N.: Effect of Arginine on Japanese quails, Preliminary findings. Presented at the *9th Scientific Day of Animal Breeding*, November 15, 2024, Gödöllő, Hungary. Abstract, p.54.
- 2024 Ndunguru, F. S., **Reda, G. K.**, Csérvári, B., Szabó, C., Lendvai, Á., Czeglédi, L. : The prenatal window: Influence of leucine on growth and development of Japanese quail . Presented at the *II Hungarian Agricultural Sciences Doctoral Symposium 2024*, February 16, 2024, University of Veterinary Medicine, Budapest. Abstract, p. 25.
- 2023 **Reda, G. K.**, Lendvai Á. Z.: Feed intake regulates transcriptional regulation of mTOR pathway genes in Japanese quails. Presented at the *39 Ovar Science Day conference*, November 16, 2023, Mosonmagyaróvár, Hungary. Abstract, p. 121.
- 2023 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Dietary unpredictability induced sex-specific effect on mTOR pathway genes in Japanese quails. *University of Debrecen PhD conference*, December 1, 2023, Debrecen, Hungary.
- 2023 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: Amino acid proportions and crude protein impact on ovary and follicular development in Japanese quails. *University of Debrecen PhD conference*, December 1, 2023, Debrecen, Hungary.
- 2023 **Reda, G. K.**, Ndunguru, S. F., Csérvári, B., Czegledi, L., Lendvai, Á. Z.: Nutrient sensing pathway genes respond to daily unpredictable feed availability in Japanese quails. Presented at the *MendelNet Conference*. November 08, 2023, Mendel University, Brno, Czech Republic.
- 2022 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Effect of feed restriction on the expression of genes mediating nutrient-sensing signalling pathway. *University of Debrecen PhD conference*, November 25, 2022, Debrecen, Hungary.
- 2022 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: The evolution of the nutritional balance of amino acids in animals. *University of Debrecen PhD conference*, November 25, 2022, Debrecen, Hungary.
- 2022 **Reda, G. K.**, Ndunguru S.F., Czegledi, L., Lendvai, Á. Z.: Linking Feed restriction and fitness components through the IGF-1/mTOR signaling pathway. *III Fledgling Meeting of European Ornithologists Union*, August 11- 13, 2022, Debrecen, Hungary.
- 2021 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Effect of dietary restriction on the on components of the nutrient sensing pathway in Japanese quails. *University of Debrecen PhD conference*, December 1, 2021, Debrecen, Hungary.
- 2021 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: The effects of quantitative feed restriction on some growth and reproductive performance of Japanese quail. *University of Debrecen PhD conference*, December 1, 2021, Debrecen, Hungary.

INVITED TALK

2024 **Reda, G. K.**: Nutrition, genes, and resource allocation: Insights from Japanese quails.
University of Debrecen, [Evolutionary Zoology and Human Biology](#). Invited Seminar

REFERENCES

Name: Ádám Z. Lendvai (Assoc. Prof)

- Department of Evolutionary Zoology and Human Biology
- University of Debrecen
- PhD advisor
- Email: az.lendvai@gmail.com

Name: Levente Czeglédi (Prof)

- Department of Animal Science
- University of Debrecen
- PhD advisor
- Email: czegledi@agr.unideb.hu

Name: Szabó Csaba (Assoc. Prof)

- Department of Animal Nutrition and Physiology
- University of Debrecen
- PhD advisor
- Email: szabo.csaba@agr.unideb.hu