



## Gebrehaweria Kidane Reda - University of Debrecen

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**Nationality:** Ethiopian

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### RESEARCH INTEREST

I have completed my PhD in the Molecular Nutrition and Physiology lab at the University of Debrecen. I am interested in molecular and physiological mechanisms of life-history traits. My current research focuses on how the effect of nutritional conditions on life histories is mediated by mTOR pathway. Additionally, I am studying sexual differences in the mechanisms of the pathway to life-history plasticity. I have extensive laboratory experience with immunoassays such as ELISA, RIA, and western blotting, as well as qPCR. I also possess strong skills and motivation for fieldwork and wild animal sample collection. I possess strong statistical skills using R programming. During my PhD studies, I have published five articles in reputable, peer-reviewed journals. I have also made significant contributions to the other seven published articles.

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### EDUCATION

**PhD**, Animal Science: Molecular nutrition, Evolutionary zoology – *University of Debrecen* – current

**MSc**, Range Ecology and Management – *Haramaya University* – with honor

**BSc**, Animal production – *Haramaya University* – with honor

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### TRAININGS

- 2023    How to Get Published – *Springer Nature*
- 2023    AIReviewer: Artificial intelligence applied to the massive analysis of scientific information – *University Miguel Hernandez*
- 2018    Open Data Management in Agriculture and Nutrition - *Global Open Data for Agriculture and Nutrition (GODAN)*
- 2017    Scientific report writing and analysis using ‘R’ Software - *Ethiopian Institute of Agriculture Research (EIAR)*
- 2016    Access to Scientific Information Resources in Agriculture for Low-Income Countries - *Food and Agriculture Organization (FAO)*
- 2016    Scientific Research Writing - *AuthorAID*
- 2014    Higher Diploma Licence as a Certified Professional Teacher Educator - *Samara University*

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### WORK EXPERIENCE

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|--------------|---|
| Current      | University of Debrecen – Research fellow. Research work and course delivery |
| 2020-current | University of Debrecen – PhD student. Research work and course delivery     |
| 2017 - 2020  | Adigrat University – Lecturer and research assistant                        |
| 2012 -2017   | Samara University – Lecturer and research assistant                         |

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### ADVISORY AND MENTORING

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| 2021-current | Masters and PhD students mentoring, <i>University of Debrecen</i> |
| 2017-2020    | Bachelor students advisory, <i>Adigrat University</i>             |
| 2012-2017    | Bachelor students advisory, <i>Samara University</i>              |

## TEACHING

Year	Courses	Course code	Institution
2023-2024	Physiology, Regulatory Biology, and Immunology	TTBME0200	University of Debrecen
2018-2020	Range and Wildlife Ecology	AnPT2031	Adigrat University
2018-2020	Rangeland Management and Evaluation	AnPT 2033	Adigrat University
2019	Beekeeping	AnPT 3071	Adigrat University
2013-2017	Range Ecology and Management	AnSc 2033	Samara University
2013-2017	Forage and Pasture Production	AnSc 2032	Samara University
2015-2017	Apiculture	AnSc 4121	Samara University
2013-2017	Range Ecology and Management	NaRM2114	Samara University

## MEMBERSHIP IN PROFESSIONAL SOCIETIES

Society for Experimental Biology  
Society for Study of Evolution  
European Ornithological Society  
Ethiopian Society of Animal production

## LANGUAGE SKILLS

**Mother language(s):** Tigrigna

### English

Listening: C1      Reading: C2      Writing: C1      Spoken Production: C1      Spoken Interaction: C1

### Amharic

Listening: C2      Reading: C2      Writing: C2      Spoken Production: C2      Spoken Interaction: C2

## SKILLS

<b>Lab skills</b>	✓ Gene expression/ Quantitative Real-Time Polymerase Chain Reaction (qPCR)
	✓ Enzyme-linked immunosorbent assay (ELISA)
	✓ Radioimmunoassay (RIA)
	✓ Western blot
	✓ Skilled in live birds blood and tissue sampling (Brain, liver, spleen, muscle, kidney, heart, intestine)
	✓ Skilled and motivated in field work (forest and wetland/marine birds study)
<b>Analytical skill</b>	Statistical modeling, computation, and visualization, using the R programming language

## MANAGEMENT AND LEADERSHIP

2015 - 2016	Head Department of Animal science Department, Samara University
2016 - 2017	Head of Quality Assurance Office of the Collage of Agriculture and Environmental Science, Samara University
2019 - 2020	Head Department of Animal Production and Technology, Adigrat University

## VOLUNTEERING

2016 - 2017	Community service on beekeeping and forage development in Aba'ala, Erept, and Berahle districts
2015-2017	Community service in forage development in Hadelela and Semurobi districts
2014 - 2016	Community service on Beekeeping and forage development in Koneba district
2019 - 2020	Community service on Natural resource conservation district in Wukro Kilite Awlaelo

## SCIENTIFIC REVIEW SERVICE

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- ✓ Frontiers in Bioscience
- ✓ Journal of Experimental Zoology Part A
- ✓ Veterinary Medicine and Science
- ✓ Journal of Applied Animal Research

## AWARDS

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- 2016 Best Instructor Award of the year 2015/16, Samara University
- 2024 Best talk award at [31<sup>st</sup> International MendelNet Conference 2024](#) talk award competition
- 2024 Best talk award at [Hungarian Agricultural Sciences Doctoral Symposium 2024](#) talk award competition

## SPOTLIGHT

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- 2024 Early Career Researcher (ECR) spotlight: interview as an early-career author, [Journal of Experimental Biology](#)

## PUBLICATIONS

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- 2026 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Unpredictability and adaptive responses: understanding responses to dietary variability in Japanese quail. [Philosophical Transactions of the Royal Society B](#). Under production
- 2026 **Reda, G. K.**, Ndunguru, S. F., Lugata, J. K., Knop, R., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Specific amino acid supplementation partially mitigates the effect of dietary restriction on nutrient sensing pathway. Under preparation
- 2026 Ndunguru, S. F., **Reda, G. K.**, Czeglédi, L., & Lendvai, Á. Z.: In-ovo amino acid feeding: Insights into hatchability and growth in domesticated birds and laboratory model species. Under preparation
- 2026 Abdelbary, E. M., **Reda, G. K.**, Gashaw, M., Khalifeh, D. M., Almira, F. N., Gulyás, G., Knop, R., Csernus, B., Szabó, C., Nemeth, Z. & Czeglédi, L.: Effects of In Ovo Injection of Basil and Peppermint Essential Oils on Hatchability and Chick Quality in Japanese Quail (*Coturnix japonica*). Applied Animal Science. Under review
- 2026 Törös, G., Gulyás, G., Knop, R., Szabó, C., **Reda, G. K.**, Ndunguru, S. F., Prokisch, J., Ducza, L., Gaál, Á. B., & Czeglédi, L.: Pleurotus ostreatus mushroom feed supplementation improved growth performance and immune function in Japanese quails (*Coturnix japonica*). Animals. Under review
- 2026 Kokas, M., **Reda, G. K.**, Posta, J., Török, E., Gulyás, G., Brassó, D. L., Kiss A., & Czeglédi L.: Effect of herb-supplemented TMR on the preference of Holstein-Friesian cows. Journal of Animal Physiology and Animal Nutrition. Under review
- 2026 Gashaw, M., **Reda, G. K.**, Almira, F. N., Abdelbary, E. M., Khalifeh, D. M., Ndunguru, S. F., Gulyás, G., Knop, R., Csernus, B., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Arginine shapes growth and mTOR pathway gene expression in Japanese quails (*Coturnix japonica*). [Scientific Reports](#). 16:2711.
- 2026 Gashaw, M., **Reda, G. K.**, Almira, F. N., Abdelbary, E. M., Gulyás, G., Knop, R., Csernus, B., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Dietary arginine modulates egg production and mTOR signalling pathway gene expression in adult Japanese quail (*Coturnix japonica*). [Veterinary and Animal Science](#). 31:100567.
- 2025 **Reda, G. K.**, Ndunguru, S. F., Knop, Lugata, J. K., Csernus, B., Gulyás, G., Szabó, C., Lendvai, Á. Z., Czeglédi, L.: Reproductive resilience and trade-offs: Egg component allocation under nutritional constraints in Japanese quail. [Avian Research](#), 16: (3), 100278.
- 2025 Ndunguru, S. F., **Reda, G. K.**, Lugata, J. K., Csernus, B., Knop, R., Gulyás, G., Szabó, C., Lendvai, Á. Z., & Czeglédi, L.: Amino acid supplementation supports growth and reproductive development under dietary restriction. [Frontiers in Animal Science](#). 6:1622877.

- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Gulyás, G., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Dietary restriction and life-history trade-offs: insights into mTOR pathway regulation and reproductive investment in Japanese quail. *Journal of Experimental Biology*, 227(8): jeb247064.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., Czeglédi, L. & Lendvai, Á. Z.: Dietary restriction reveals sex-specific expression of the mTOR pathway genes in Japanese quails. *Scientific Report*, 14, 8314.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Sex-specific effects of dietary restriction on physiological variables in Japanese quails. *Ecology and Evolution*, 14 (5), e11405.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csernus, B., Knop, R., Gulyás, G., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Embryonic methionine triggers post-natal developmental programming in Japanese quail. *Journal of Comparative physiology B*, 194(1), 179–189.
- 2024 Lugata, J. K., Ndunguru, S. F., **Reda, G. K.**, Gulyás, G., Knop, R., Oláh, J., Czeglédi, L., & Szabó, C.: In ovo feeding of methionine affects antioxidant status and growth-related gene expression of TETRA SL and Hungarian indigenous chicks. *Scientific report*, 14, 4387.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., & Czeglédi, L.: Individual cage housing affects feed intake and induces sex-specific effects on body weight in Japanese quails. *Acta Agraria Debrecenensis*, 2024, 137-142.
- 2024 Lugata, J. K., Ndunguru, S. F., **Reda, G. K.**, Ozsváth, X. E., Angyal, E., Czeglédi, L., Gulyás, G., Knop, R., Oláh, J., Mészár, Z., Varga, R., Csernus, B., & Szabó, C.: Methionine sources and genotype affect embryonic intestinal development, antioxidants, tight junctions, and growth-related gene expression in chickens. *Animal Nutrition*, 16, 218–230.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csernus, B., Knop, R., Gulyás, G., Szabó, C., Czeglédi, L., & Lendvai, Á. Z.: Embryonic leucine promotes early postnatal growth via mTOR signalling in Japanese quails. *Animals*, 14, 2596.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Lugata, J. K., Knop, R., Szabó, C., & Czeglédi, L.: Effect of different dietary manipulations on haematological properties in Japanese quail. *Acta Agraria Debrecenensis*, *Acta Agraria Debrecenensis*, 2024, 35-41.
- 2023 Csernus, B., Szabó, C., Knop, R., **Reda, G. K.**, Ndunguru, S. F., Gulyás, G., Ozsváth, X. E., & Czeglédi, L.: Capsanthin supplementation modulates the immune response in broiler chickens under Escherichia coli lipopolysaccharide challenge. *Archive in Animal Nutrition*, 66, 103–111.
- 2022 Lugata, J. K., Ndunguru, S. F., **Reda, G. K.**, Ozsváth, X. E., Knop, R., Angyal, E., Oláh, J., Szabó C.: Effect of genotype on the hematological parameter of TETRA-SL and Hungarian Partridge coloured chickens at young age. *Acta agraria Debrecenensis*, 2022, 99–104.
- 2020 **Reda, G. K.**, Kebede, T. G., Kahsay, S. T., & Gebrehiwot, B. H.: Carbon sequestration and vegetation properties across the age of community managed exclosures in Northern Ethiopia. *Journal of Nature Conservation*, 56, 125856.
- 2019 Kahsay, S. T., **Reda, G. K.**, & Hailu, A. M. (2019) Food security status and its determinants in pastoral and agropastoral districts of Afar regional state, Ethiopia. *African Journal of Technology, Innovation and Development*, 12, 333–341.
- 2018 **Reda, G. K.**, Girmay, S., & Gebremichael, B. (2018). Beekeeping practice and honey production potential in Afar Regional State, Ethiopia. *Acta Universitatis Sapientiae, Agriculture and Environment*, 10, 66–82.

## CONFERENCE PRESENTATIONS AND PUBLISHED ABSTRACTS

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- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Szabó, C., Czeglédi, L., Lendvai, Á. Z.: Nutrient-sensing genes expression mediate resource allocation in Japanese quails. *Society for Experimental Biology* annual meeting, July 2 - 5, 2024, Prague, Czech Republic. Abstract, p. 40.

- 2024 **Reda, G. K.**, Ndunguru, S. F., Lendvai, Á. Z., Czegledi, L.: Effect of amino acid supplementation on top of restricted feeding in Japanese quails. *31<sup>st</sup> International MendelNet Conference 2024*, November 06, 2024. Brno, Czech Republic.
- 2024 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Czegledi, L., Lendvai, Á. Z.: Expression of nutrient sensing genes mediate the effect of dietary unpredictability in Japanese quails. *Hungarian Agricultural Sciences Doctoral Symposium 2024*, February 16, 2024, University of Veterinary Medicine. Budapest. Abstract, p. 27.
- 2024 **Reda, G. K.**, Lendvai, Á. Z., Csernus, B., Szabó, C., Czegledi, L., Ndunguru, S. F.: Nutrient-sensing genes expression mediate resource allocation in Japanese quails. *Society for Integrative and Comparative Biology*, January 2 - 6, 2024. Abstract, p. 253-256.
- 2024 Almira, F. N., **Reda, G. K.**, Csernus, B., Ndunguru, F. S., Knop, R., Szabó, C., Lendvai, Á. Z., Czegledi, L.: Sex-specific effects of feed restriction on adiponectin and its receptors in Japanese quail. *32<sup>nd</sup> International Symposium Animal Science Day*, October 2-4, 2024, Oberaichwald, Austria. Abstract, p. 26.
- 2024 Ndunguru, S. F., **Reda, G. K.**, Csernus, B., Lendvai, Á. Z., Czegledi, L.: In ovo amino acids insights from domesticated and laboratory species. *31<sup>st</sup> International MendelNet Conference 2024*, November 06, 2024. Brno, Czech Republic. Abstract, p. 29.
- 2024 Acheneff, G.M., Lendvai, Á.Z., Czegledi, L., Knop, R., Szabó, C., **Reda, G.K.**, Ndunguru, S. F., Almira, F.N.: Effect of Arginine on Japanese quails, Preliminary findings. Presented at the *9<sup>th</sup> Scientific Day of Animal Breeding*, November 15, 2024, Gödöllő, Hungary. Abstract, p.54.
- 2024 Ndunguru, F. S., **Reda, G. K.**, Csernus, B., Szabó, C., Lendvai, Á., Czegledi, L.: The prenatal window: Influence of leucine on growth and development of Japanese quail. Presented at the *II Hungarian Agricultural Sciences Doctoral Symposium 2024*, February 16, 2024, University of Veterinary Medicine, Budapest. Abstract, p. 25.
- 2023 **Reda, G. K.**, Lendvai Á. Z.: Feed intake regulates transcriptional regulation of mTOR pathway genes in Japanese quails. Presented at the *39 Ovar Science Day conference*, November 16, 2023, Mosonmagyaróvár, Hungary. Abstract, p. 121.
- 2023 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Dietary unpredictability induced sex-specific effect on mTOR pathway genes in Japanese quails. *University of Debrecen PhD conference*, December 1, 2023, Debrecen, Hungary.
- 2023 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: Amino acid proportions and crude protein impact on ovary and follicular development in Japanese quails. *University of Debrecen PhD conference*, December 1, 2023, Debrecen, Hungary.
- 2023 **Reda, G. K.**, Ndunguru, S. F., Csernus, B., Czegledi, L., Lendvai, Á. Z.: Nutrient sensing pathway genes respond to daily unpredictable feed availability in Japanese quails. Presented at the *MendelNet Conference*. November 08, 2023, Mendel University, Brno, Czech Republic.
- 2022 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Effect of feed restriction on the expression of genes mediating nutrient-sensing signalling pathway. *University of Debrecen PhD conference*, November 25, 2022, Debrecen, Hungary.
- 2022 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: The evolution of the nutritional balance of amino acids in animals. *University of Debrecen PhD conference*, November 25, 2022, Debrecen, Hungary.
- 2022 **Reda, G. K.**, Ndunguru S.F., Czegledi, L., Lendvai, Á. Z.: Linking Feed restriction and fitness components through the IGF-1/mTOR signaling pathway. *III Fledgling Meeting of European Ornithologists Union*, August 11- 13, 2022, Debrecen, Hungary.
- 2021 **Reda, G. K.**, Ndunguru, S. F., Czegledi, L., Lendvai, Á. Z.: Effect of dietary restriction on the on components of the nutrient sensing pathway in Japanese quails. *University of Debrecen PhD conference*, December 1, 2021, Debrecen, Hungary.
- 2021 Ndunguru, S. F., **Reda, G. K.**, Czegledi, L., Lendvai, Á. Z.: The effects of quantitative feed restriction on some growth and reproductive performance of Japanese quail. *University of Debrecen PhD conference*, December 1, 2021, Debrecen, Hungary.

## INVITED TALK

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2024    **Reda, G. K.:** Nutrition, genes, and resource allocation: Insights from Japanese quails.  
University of Debrecen, [Evolutionary Zoology and Human Biology](#). Invited Seminar

## REFERENCES

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**Name: Ádam Z. Lendvai (Assoc. Prof)**

- Department of Evolutionary Zoology and Human Biology
- University of Debrecen
- PhD advisor
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**Name: Levente Czeglédi (Prof)**

- Department of Animal Science
- University of Debrecen
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- Email: [czegledi@agr.unideb.hu](mailto:czegledi@agr.unideb.hu)

**Name: Szabó Csaba (Assoc. Prof)**

- Department of Animal Nutrition and Physiology
- University of Debrecen
- PhD advisor
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