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## Rav Isaac Luria's Meditation for Opening the Gates of Blessing

On the portion of *Toldot*, Michael Berg shared how we can access the chamber of "mazala" where all the blessings are drawn down to the physical world.

In Genesis 25:21, Isaac prayed for Rivka so that she could bear children, and the Creator gave Isaac what he asked for regardless of Rivka's karma/destiny. *Mazala* translates as "luck" in Hebrew, suggesting someone needs to be lucky in order to be blessed. Kabbalah teaches that luck has nothing to do with how many blessings someone has in his life. Most likely, any person that has blessings in his life received them through merit - through his positive deeds in this life and past life times.

In *Sha'ar haPesukim (The Gate of Verses)* pg 64 on the portion of *Toldot*, Rav Isaac Luria (The Ari) explains that regardless of someone's merits, he can access the chamber of *mazala* when he meditates on this combination. It is great to meditate on when there are difficulties for someone in bringing children to the world and also difficulties to draw sustenance.

Listen to Michael's "Toldot: Opening the Gates of Blessing" (2012) lecture on Kabbalah University to learn more.

<u>ויעתר יצחק לנכו</u>	From Genesis 25:21 ("And Isaac <i>petitioned</i> on behalf...")
א.ד.נ.י	Adonai The <i>Milui</i> ("Filling" or "Expansion" of the Name Adonai)
אלף גדלת יוון יוד = 671	
671 = תרעא (gate or opening)	The same numerical value as the Aramaic word for "gate" or "opening"
670 = עתר (atar)	Isaac's action of "petitioning" has a value of 670 and is made up of three of the same letters as "Opening".
(1) א	The letter <i>Aleph</i> completes Isaac's action and opens the gate (תרעא) to the <i>Mazala</i> (luck or blessing)
א	The letter <i>Aleph</i> (א) is made up of 3 other letters: The upper Yud (י), the middle Vav (ו), and the lower Yud (י).
א = י + ו + י = עתר = תרעא From Genesis 25:21	In the word "Vaye'etar" (Isaac's action), the Upper Yud (י) of the <i>Aleph</i> is missing and it was this <i>Yud</i> that Isaac was meditating on.
ויעתר יצחק לנכו	This is why the third word in the verse is " <i>leNochach</i> " ("on behalf") - as <i>Nochach</i> has the same numerical value as the word " <i>Mazala</i> " (= 78). Using this <i>Gematria</i> (kabbalistic numerology), the verse could then be read "Isaac opening the gate to blessing."