

STEP 6 - ANTI-DOPING INFORMATION

The World Flying Disc Federation (WFDF) requires **ALL athletes and coaches/medical staff** competing in WFDF events to complete the **ADEL anti-doping education course** prior to the event. Please ensure you allow time to complete the education and testing requirements it will take approximately **3.5 hours to complete** (doesn't need to be done all in one session)

The "ADEL" educational anti-doping online tool can be accessed under the following link:
<https://adel.wada-ama.org/learn>

Step 1 – Go to WADA ADEL

Step 2 – Click on the link "Register" (top right corner of screen) – this will take you to a registration page

Step 3 – Enter your USER PROFILE

- email address
- first and last name
- Password
- Language
- city, country
- Read and understand Privacy Policy and Terms of use and check both boxes with a green tick.
- Click NEXT

Step 4 – Enter your ADDITIONAL FIELDS

- Sport (FLYING DISC - WFDF)
- Level in Sport (INTERNATIONAL-LEVEL ATHLETE)
- Your Country
- Discipline (ULTIMATE)
- Gender
- Age
- Resource Course Language
- Click REGISTER HERE (bottom right corner of screen)

Step 5 - Upon clicking REGISTER HERE your registration will become active, you will receive a confirmation email where you need to click the confirmation link in the email and then the tool will open.

Step 6 - Complete the ADEL education. The program consists of an introduction, "Fact" sections, "Decision" sections for multiple modules and then a final quiz.

ADEL is an internet-based tool which WFDF has used for the past several years. This is an educational exercise and test to enhance the knowledge of Anti-Doping matters for elite athletes and their support personnel concerning subjects such as doping control procedures, the WADA Prohibited List, athletes' whereabouts reporting and Therapeutic Use Exemptions (TUE). The program is available in ENGLISH, FRENCH OR SPANISH ONLY.

<https://adel-help.wada-ama.org/hc/en-us/articles/360018433300-I-am-a-new-user-how-can-I-register-to-ADEL->



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Important: We suggest players keep a copy/photo of the WADA ADEL training diploma for every player on the team (including Coach and Medical staff) that can be shared with officials upon request while at WFDF events. You can upload the certificate via the Online Registration portal.

**The Anti-Doping information is updated each year on the 1st of January.
ADEL certificates are valid for a period of two (2) year.**

In preparation for WFDF events, we kindly ask you to ensure that ALL team members review the Anti-Doping information carefully. If you have any questions, please ask.

WFDF ANTI-DOPING DOCUMENTS can be found online: <https://wfdف.sport/anti-doping/>

The documents you should make yourself familiar with are: <https://wfdف.sport/anti-doping/>

- WADA PROHIBITED SUBSTANCES & METHODS LIST 2024
- WADA 2024 Code and Standards Documents
- WFDF Therapeutic Use Exemption (TUE)
- The WADA International Standards on TESTING, TUEs and Protection of Privacy and Personal Information:

For any questions on WADA or Anti-Doping, please email: antidoping@wfdف.sport

It is a requirement for coaches/medical staff (non-playing competition related team members) to complete the online education course and to sign the Anti-Doping Acknowledgement online during registration.

