

A Sustainable Way of Life

Host Welcome to the “Morning Show.” Today, we have Mr. Doug Fine here to talk about a sustainable way of life. Born and raised in New York, Mr. Fine bought a farm in the New Mexico desert and moved there.

1) Fine 씨는 그가 화석 연료 에너지 소비를 최소한으로 하면서도 살아갈 수 있는지 알고 싶으셨다는데요.

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Let’s learn about his struggles to reduce his carbon emissions. Hello, Mr. Fine. Would you please introduce yourself to our audience?

Mr. Fine Yes. Hi, everyone. It’s great to be here. My name is Doug Fine, and I am a journalist.

2) 저는 화석 연료의 사용을 끊고 가능한 친환경적인 삶을 살기 위해 노력하고 있습니다.

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Host You said you are trying to quit using fossil fuels. Why? What’s wrong with fossil fuels?

Mr. Fine Well, we all know the story, don’t we? We get energy mainly from burning fossil fuels, but there are a couple of problems with that.

3) 화석 연료는 재생이 불가능한데, 그것은 우리가 머지않아 화석 연료를 다 써버릴 거라는 걸 의미하죠.

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Also, they harm the environment.

4) 화석 연료를 태울 때 탄소가 생성되는데, 그것은 기후에 해로운 영향을 미칩니다.

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Host Climate change is not news, but we are likely to think it’s none of our business.

Mr. Fine I hadn't taken it seriously before either.

5) 하지만 알래스카에서 다큐멘터리 작업을 하면서 저는 기후 변화가 심각하며 다른 사람들과 마찬가지로 저 또한 이에 책임이 있다는 것을 깨달았습니다.

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I could see it with my own eyes. Enormous ice sheets were melting away.

6) 제가 불을 켜고, 차를 운전하며, 심지어는 음식을 살 때도 공기 중에 탄소를 배출하고 있다는 생각이 강하게 들었습니다.

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I felt I had to do something.

Host So you decided to change your way of life. What exactly did you do?

Mr. Fine To begin with, I gave up city life.

7) 우리의 생활 속에서 가장 많은 종류의 화석 연료를 태우는 두 가지가 뭘지 아십니까?

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Electricity and transportation. But who could live entirely without them? We certainly cannot.

8) 전기와 운송수단이 없었더라면 우리는 원시인처럼 살아야 할 것입니다.

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9) 그래서 저는 화석 연료 에너지에 너무 의존적인 현재의 체제와 다른, 전기와 운송수단을 제공하면서도 보다 지속 가능한 체제를 만들고 싶었습니다.

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It was difficult for me to do this in a city as big as New York.

10) 진행자: 다시 말해, 현대의 모든 혜택은 즐기면서 훨씬 적은 화석 연료를 사용하고 싶으셨군요.

→ **Host:**

Mr. Fine Exactly. As for electricity, my answer was solar energy. It's also the reason I chose New Mexico. The sun shines almost all year round there. Still, it was not easy for me to get electricity from sunlight.

11) 태양광 패널은 놀랄 만큼 비싸고, 제자리에 설치하는데도 어려움을 겪었습니다.

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It was worth the effort, though. Now a large part of the electricity used on my farm is provided by my DIY solar system.

12) 태양광으로 바꾸고 난 뒤, 제 농장은 평범한 미국 가정에서 사용되는 화석 연료 에너지의 1/10밖에 사용하지 않습니다.

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Host And regarding transportation, I hear you now drive a very special truck.

Mr. Fine Yes. I came up with what I consider a brilliant idea - biofuel.

13) 저는 디젤 트럭을 한 대 사서 식물성 기름으로 달릴 수 있도록 개조했습니다.

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14) 디젤 엔진의 발명가인 Rudolf Diesel은 사실 농부들이 그들의 연료를 직접 경작하도록 하기 위한 의도를 갖고 있었습니다.

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These days, I no longer go to a gas station to get fuel. I pay regular visits to a local Chinese restaurant and collect waste cooking oil. It does not cost money and does not send carbon into air.

15) 유일한 문제는 트럭에서 프라이드 치킨 냄새가 나서 운전할 때마다 저를 너무나도 배고프게 한다는 것이지요!

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Host You also started farming. What does food have to do with carbon reduction?

Mr. Fine I'm not a farmer by trade. I just try my best to grow what I eat. Eating locally is another way of reducing carbon emissions.

16) 오늘과 같은 세계 무역의 세상에서는 사람 뿐 아니라 식품도 여행을 합니다.

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The tomatoes in your lunch salad may have come from Chile. To bring them to you consumed a lot of jet fuel. I grow fruits and vegetables and raise some chickens for daily eggs, just for my dinner table. I also raise goats for milk and ice cream.

17) 아이스크림이 없었다면 제 행복은 완전할 수 없을 거예요!

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Host Are you satisfied with your life?

18) 보다 지속 가능한 생활 방식이 모든 사람들에게 가능하다고 생각하십니까?

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Mr. Fine When I started this, I set three goals for myself. "Use less oil. Power my life with solar energy, and eat locally." It's been only a year, but I believe I've made significant progress.

19) 우리가 이를 인지하고 계속 노력한다면, 우리가 더 나은 미래를 건설할 수 있다고 확신합니다.


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20) 제가 했던 것을 모두가 할 수는 없지만, 모두가 탄소 소비를 줄이기 위해 노력할 수 있고, 또 해야 합니다.

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Host Mr. Fine, thank you very much for joining us.

Mr. Fine My pleasure. Thank you for having me.



◇「콘텐츠산업 진흥법 시행령」제33조에 의한 표시

1) 제작연월일 : 2018년 06월 15일

2) 제작자 : 교육지대㈜

3) 이 콘텐츠는 「콘텐츠산업 진흥법」에 따라 최초 제작일부터 5년간 보호됩니다.

◇「콘텐츠산업 진흥법」외에도「저작권법」에 의하여 보호되는 콘텐츠의 경우, 그 콘텐츠의 전부 또는 일부를 무단으로 복제하거나 전송하는 것은 콘텐츠산업 진흥법 외에도 저작권법에 의한 법적 책임을 질 수 있습니다.

정답

- 1) [정답] He wanted to see if he could live with the least consumption of fossil fuel energy.
- 2) [정답] I'm trying to stop using fossil fuels and live as green a life as possible.
- 3) [정답] Fossil fuels are not renewable, which means that sooner or later we are going to run out of them.
- 4) [정답] When you burn fossil fuels, carbon gas is produced, which has a harmful effect on the climate.
- 5) [정답] While working on a documentary in Alaska, however, I realized that climate change is serious and that I, along with everyone else, am responsible for it.
- 6) [정답] It struck me hard that I was sending carbon into the air whenever I turned on the lights, drove a car, or even went shopping for food.
- 7) [정답] Do you know what the two things in our lives that burn the most fossil fuels are?
- 8) [정답] If it were not for electricity and transportation, we would have to live like primitive people.
- 9) [정답] So I wanted to set up a more sustainable system of providing for them, different from the current one that is so dependent upon fossil fuel energy.
- 10) [정답] In other words, you wanted to enjoy all the benefits of the modern age, only with a lot less fossil fuels.
- 11) [정답] Solar panels are surprisingly expensive, and I had trouble putting them in place.

- 12) [정답] After going solar, my farm uses only one tenth of the fossil fuel energy used by the average American household.
- 13) [정답] I bought a diesel truck and had it converted to run on vegetable oil.
- 14) [정답] Rudolf Diesel, the inventor of diesel engines, actually intended for farmers to grow their own fuel.
- 15) [정답] The only problem is that the truck smells like fried chicken, and driving it makes me terribly hungry!
- 16) [정답] Not only people but also food travels in this world of global trade.
- 17) [정답] Without ice cream, my happiness couldn't be complete!
- 18) [정답] Do you think a more sustainable way of life is possible for everyone?
- 19) [정답] If we stay aware and keep trying, I'm certain that we can build a better future.
- 20) [정답] Not everyone can do what I did, but everyone can, and should, try to reduce their carbon consumption.