Introduction to Optimization

Note 6

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Outline

Last time

- Existence, convex sets and functions, convex optimization
- Constrained optimization and duality

This chapter

Optimization algorithms: Gradient method for unconstrained optimization

Consider: $f: \mathbb{R}^n \to \mathbb{R}$

$$\min_{x} f(x)$$

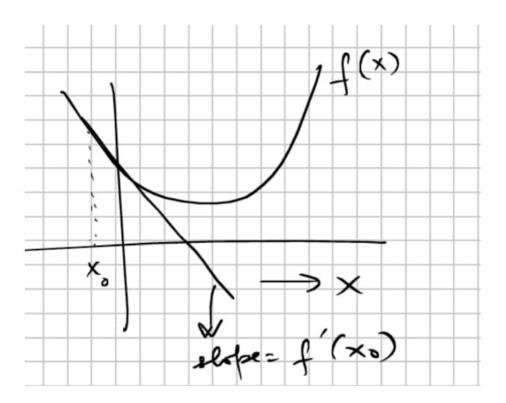
where f is twice differentiable and convex. Assume the existence of the optimal solution. Then the necessary and sufficient condition for the optimality is

$$\nabla f(x^*) = 0$$

Optimality condition:

$$\nabla f(x^*) = 0$$

- Solving the unconstrained problem is equivalent to solving $\nabla f(x^*) = 0$ (note that $\nabla f(x)$ is a *n*-dimensional vector)
- Sometimes it can be solved analytically, but mostly it is not. Therefore, we will learn the algorithm how to reach to $\nabla f(x^*) = 0$
- ▶ Here, the algorithm means that for a sequence of $\{x_k\}$, we have $\lim_{k\to\infty} f(x_k) = p^*$, where $p^* = f(x^*)$
- ▶ We want $f(x_{k+1}) \le f(x_k)$
- Note that f is continuous; therefore, we need to compute either p* or x*
- ▶ The algorithm terminates when $f(x_k) \le p^* + \epsilon$ for some ϵ



Consider the scalar problem

$$\min_{x} f(x)$$

Assume that you have an initial guess x_0 . You want to go to x^* from x_0 . That is you want to design a function f such that $x_{k+1} = g(x_k)$ and $\lim_{k\to\infty} g(x_k) = x^*$. One way to do is to compute the gradient of f

▶ If $f'(x_0) < 0$, then f(x) is decreasing at x_0 ; therefore,

$$x_1 = x_0 - t_0 f'(x_0)$$

▶ If $f'(x_0) > 0$, then f(x) is increasing at x_0 ;

$$x_1 = x_0 - t_0 f'(x_0)$$

- $ightharpoonup t_0$; step size (determines how much we want to move from x_0 to x_1
- ► Hence, the gradient descent is

$$x_{k+1} = x_k - t_k f'(x_k)$$

 x_0 initial condition

Vector case

$$f(x_{k+1}) \approx f(x_0) + \nabla f(x_k)^T (x_{k+1} - x_k)$$

We want $f(x_{k+1}) \leq f(x_0)$, which holds if $\nabla f(x_k)^T (x_{k+1} - x_k) \leq 0$ Hence,

$$x_{k+1} = x_k - t_k \nabla f(x_k)$$

- \blacktriangleright How to choose t_k ?
- ightharpoonup If t_k is very large, then you may not reach to optimal point
- ▶ If t_k is very small, its convergence is very slow

We will first consider the case when $t_k = t$ for all k (t_k is a constant)

Unconstrained Minimization

$$\min_{x \in \mathbb{R}^n} f(x)$$

- Assumption
 - f is convex and continuously differentiable
 - ▶ The optimal value $f^* = \inf_{x \in \mathbb{R}^n} f(x)$ is finite
- Minimization methods
 - Iterative methods for the form

$$x_{k+1} = x_k + t_k d_k, \ x_0 = x \in \mathbb{R}^n$$

 t_k : step size

 d_k : direction of the iterative algorithm

- ▶ Generate a sequence of points $\{x_k\}$ such that $f(x_k) \to f^*$ as $k \to \infty$
- Can be interpreted as iterative methods for solving the system of equations to satisfy the necessary and sufficient optimality condition

$$\nabla f(x^*) = 0$$

Unconstrained Minimization: Gradient Descent Method

► Gradient descent algorithm

$$x_{k+1} = x_k - t_k \nabla f(x_k), \ x_0 = x$$

- \triangleright t_k : stepsize
 - ightharpoonup Constant: $t_k = t$
 - **Diminishing**: $t_k \to 0$ with $\sum_{k=1}^{\infty} t_k = \infty$
 - Linear search types (optimal stepsize, hard to find) Steepest gradient descent
 - Exact line search: $t_k = \arg\min_{t>0} f(x_k + td_k)$
 - ► Backtracking line search

Gradient Descent with Bounded Gradients

Theorem

Suppose that the gradient is bounded, that is, for some L > 0

$$\|\nabla f(x)\| \leq L \quad \forall x, y \in \mathbb{R}^n.$$

Let the stepsize be constant, i.e., $\alpha_k = \alpha$. Then the gradient descent algorithm generates the sequence $\{x_k\}$ such that

$$\liminf_{k\to\infty} f(x_k) \le f^* + \frac{\alpha L}{2}$$

Also, when diminishing step size is used, i.e., $\sum_{k=0}^{\infty} \alpha_k = \infty$, $\lim_{k\to\infty} f(x_k) = f^*$.

Gradient Descent with Bounded Gradients

Proof: Assume that the result does not hold, i.e., for some \hat{y} with $f(\hat{y}) = f^* + \epsilon$,

$$f(x_k) - f(\hat{y}) \ge \frac{\alpha L}{2} + \epsilon, \ \forall k.$$

Then we can show that $||x_k - \hat{y}||^2 \le ||x_0 - \hat{y}||^2 - 2k\alpha\epsilon$, which fails to hold when k is sufficiently large.

We assume that

$$\|\nabla f(x) - \nabla f(y)\| \le M\|x - y\|$$

It means that the first derivative of f is Lipschitz continuous.

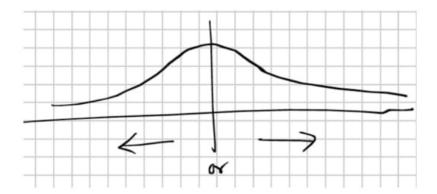
Theorem: Under the Lipschitz gradient assumption, and if $\inf f(x) = f^* > -\infty$, then the gradient algorithm with $t < \frac{2}{M}$ has the following property

$$\lim_{k\to\infty}\nabla f(x_k)=0$$

- f needs not be convex
- ▶ This also implies $\lim_{k\to\infty} \|\nabla f(x_k)\| = 0$

For the nonconvex case, the result does not imply that $\lim_{k\to\infty} x_k = x^*$, i.e., does not imply the convergence to the optimal point

Example: $f(x) = \frac{1}{1+x^2}$. Note that f is not convex



We can show that f''(x) is bounded, which implies f'(x) is Lipschitz

- ▶ We can show that f''(x) is bounded, which implies f'(x) is Lipschitz
- $f'(x) = \frac{-2x}{(1+x^2)^2}$
- ► The gradient algorithm is

$$x_{k+1} = x_k + t \frac{2x}{(1+x^2)^2}$$

▶ The algorithm diverges

Proof of the theorem: Let

$$g(t) = f(x + t(y - x))$$

Then

$$g(1) = g(0) + \int_0^1 g'(t)dt$$

We have

$$f(y) = f(x) + \int_0^1 \nabla f(x + t(y - x))^T (y - x) dt$$

= $f(x) + \nabla f(x)^T (y - x) + \int_0^1 (\nabla f(x + t(y - x)) - \nabla f(x))^T (y - x) dt$

By C-S inequality, we have

$$\leq f(x) + \nabla f(x)^{T} (y - x) + M \int_{0}^{1} t \|y - x\| \|y - x\| dt$$
$$= f(x) + \nabla f(x)^{T} (y - x) + \frac{M}{2} \|y - x\|^{2}$$

This implies

$$f(x_{k+1}) \leq f(x_k) + \nabla f(x_k)^T (x_{k+1} - x_k) + \frac{M}{2} ||x_{k+1} - x_k||^2$$

$$= f(x_k) + \nabla f(x_k)^T (-t \nabla f(x_k)) + \frac{M}{2} t^2 ||\nabla f(x_k)||^2$$

$$= f(x_k) - t(1 - \frac{M}{2} t) ||\nabla f(x_k)||^2$$

$$\Leftrightarrow t(1 - \frac{M}{2} t) ||\nabla f(x_k)||^2 \leq f(x_k) - f(x_{k+1})$$

$$\Leftrightarrow t(1 - \frac{M}{2}t) \|\nabla f(x_k)\|^2 \le f(x_k) - f(x_{k+1})$$

$$\Leftrightarrow t(1 - \frac{M}{2}t) \sum_{k=1}^n \|\nabla f(x_k)\|^2 \le f(x_k) - f(x_{n+1}) \le f(x_k) - f^*$$

Since f^* is finite and note that $(1 - \frac{M}{2}t) > 0$, we must have

$$\limsup_{n\to\infty}\sum_{k=1}^n\|\nabla f(x_k)\|^2<\infty$$

Therefore

$$\lim_{n\to\infty}\|\nabla f(x_k)\|^2=0$$

If f is convex, then the gradient algorithm converges to the optimal point.

Theorem: Suppose that f is convex, and f satisfies all the statements in the previous theorem. Then the gradient descent algorithms converges to the optimal point, that is, $\lim_{k\to\infty}x_k=x^*$, where

$$x^* \in X_{opt} = \{\bar{x} : f(\bar{x}) = \inf_{x} f(x)\}$$

Note that $t < \frac{2}{M}$

We note that for the nonconvex optimization problem, the gradient algorithm converges when $t < \frac{1}{M}$. But this guarantees only the local optimality.

Let $\tilde{x} \in X_{opt}$. Then

$$x_{k+1} - \tilde{x} = x_k - \tilde{x} - t \nabla f(x_k)$$

We have

$$||x_{k+1} - \tilde{x}||^2 = ||x_k - \tilde{x}||^2 + t^2 ||\nabla f(x_k)||^2 - 2t \nabla f(x_k)^T (x_k - \tilde{x})$$

= $||x_k - \tilde{x}||^2 + t^2 ||\nabla f(x_k)||^2 + 2t \nabla f(x_k)^T (\tilde{x} - x_k)$

Since f is convex

$$f(x_k) + \nabla f(x_k)^T (\tilde{x} - x_k) \leq f(\tilde{x})$$

We have

$$||x_{k+1} - \tilde{x}||^2 \le ||x_k - \tilde{x}||^2 + t^2 ||\nabla f(x_k)||^2 + 2t(f(\tilde{x}) - f(x_k))$$

$$\le ||x_k - \tilde{x}||^2 + t^2 ||\nabla f(x_k)||^2$$

since
$$(f(\tilde{x}) - f(x_k)) \leq 0$$

Adding $t^2 \sum_{i=k+1}^{\infty} \|\nabla f(x_i)\|^2$ to both sides, we have

$$||x_{k+1} - \tilde{x}||^2 + t^2 \sum_{i=k+1}^{\infty} ||\nabla f(x_i)||^2$$

$$\leq ||x_k - \tilde{x}||^2 + t^2 \sum_{i=k}^{\infty} ||\nabla f(x_i)||^2$$

 u_k is a non-increasing sequence, and is lower bounded by zero. Hence, there exists u^* such that

$$\lim_{k\to\infty}u_k=u^*<\infty$$

Since $\lim_{k\to\infty} \|\nabla f(x_k)\| = 0$,

$$\lim_{k\to\infty} \|x_k - \tilde{x}\|^2$$

exists and is finite for any $\tilde{x} \in X_{opt}$. This means that $\{x_k\}$ is bounded. Then there exists a subsequence $\{x_{n_k}\}$ such that

$$\lim_{k\to\infty} x_{n_k} = \bar{x}$$

for some \bar{x} . Note that until now, \bar{x} needs not be in X_{opt} . But by continuity of f and the previous theorem, we have

$$\lim_{k\to\infty}\nabla f(x_{n_k})=\nabla f(\bar x)=0$$

Hence, $\bar{x} \in X_{opt}$.

We know that

$$\lim_{k\to\infty}\|x_k-\bar x\|^2$$

exists and is finite. Note that this hold for every subsequence, therefore, we must have

$$\lim_{k\to\infty}\|x_k-\bar x\|^2=0$$

Hence, $\lim_{k\to\infty} x_k = \bar{x} \in X_{opt}$

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- The convexity of f allows the gradient descent algorithm converges to some element of X_{opt} . As we have seen, without the convexity, the algorithm may not converge to the optimal point.
- We want to know how fast the gradient descent algorithm converges to the optimal point.
- ▶ To do this, we need an additional condition
- Strong convexity

$$\nabla^2 f(x) \geq mI$$

By definition, strong convexity implies strict convexity. And we have

$$f(y) \ge f(x) + \nabla f(x)^T (y - x) + \frac{1}{2} m ||y - x||^2$$

The Lipschitz condition implies

$$f(y) \le f(x) + \nabla f(x)^{T} (y - x) + \frac{1}{2} M ||y - x||^{2}$$

Implication of the strong convexity

$$f(y) \ge f(x) + \nabla f(x)^{T} (y - x) + \frac{1}{2} m \|y - x\|^{2}$$

$$\ge f(x) + \nabla f(x)^{T} (\bar{y} - x) + \frac{1}{2} m \|\bar{y} - x\|^{2}, \quad \bar{y} = x - (1/m) \nabla f(x)$$

$$= f(x) - \frac{1}{2m} \|\nabla f(x)\|^{2}$$

Hence,

$$f^* \ge f(x) - \frac{1}{2m} \|\nabla f(x)\|^2$$

This implies

$$\|\nabla f(x)\| \le (2m\epsilon)^{1/2} \Rightarrow f(x) \le f^* + \epsilon$$

Implication of the strong convexity

$$f^* \ge f(x) + \nabla f(x)^T (x^* - x) \frac{m}{2} ||x^* - x||^2$$

$$\ge f(x) - ||\nabla f(x)|| ||(x^* - x)|| + \frac{m}{2} ||x^* - x||^2$$

This implies

$$-\|\nabla f(x)\|\|(x^*-x)\|+\frac{m}{2}\|x^*-x\|^2\leq 0$$

And we have

$$||x^* - x|| \le \frac{2}{m} ||\nabla f(x)||$$

Note that the strong convexity implies the strict convexity; hence, X_{opt} is singleton, that is, x^* is unique. We have

$$||x_{k+1} - x^*||^2 = ||x_k - t\nabla f(x_k) - x^* + t\nabla f(x^*)||^2$$

$$= ||(x_k - x^*) - t(\nabla f(x_k) - \nabla f(x^*))||^2$$

$$= ||x_k - x^*||^2 + t^2 ||\nabla f(x_k) - \nabla f(x^*)||^2$$

$$+ 2t(x_k - x^*)^T (\nabla f(x_k) - \nabla f(x^*))$$

$$\leq ||x_k - x^*||^2 + t^2 M^2 ||x_k - x^*||^2$$

$$+ 2t(x^* - x_k)^T \nabla f(x_k) + 2t(x_k - x^*)^T \nabla f(x^*)$$

$$= ||x_k - x^*||^2 + t^2 M^2 ||x_k - x^*||^2$$

$$- 2tf(x^*) + 2t(x^* - x_k)^T \nabla f(x_k)$$

$$+ 2tf(x^*) + 2t(x_k - x^*)^T \nabla f(x^*)$$

By the first order optimality condition, we have

$$||x_{k+1} - x^*||^2 \le ||x_k - x^*||^2 + t^2 M^2 ||x_k - x^*||^2$$

$$- 2tf(x^*) + 2t(x^* - x_k)^T \nabla f(x_k) + 2tf(x_k)$$

$$\le ||x_k - x^*||^2 + t^2 M^2 ||x_k - x^*||^2 - \frac{1}{2} m ||x_k - x^*||^2 2t$$

$$= (1 - mt + M^2 t^2) ||x_k - x^*||^2$$

This implies

$$||x_k - x^*||^2 \le (1 - mt + M^2t^2)^k ||x_0 - x^*||^2$$

Hence, if $|1 - mt + M^2t^2| < 1$, then then it converges exponentially fast

Theorem

Suppose that f is strongly convex, i.e., $mI \leq \nabla^2 f(x) \leq MI$ for all x. Then with the constant stepsize $t < \frac{\min(2,m)}{M}$,

$$||x_k - x^*|| \le cq^k \quad 0 < q < 1$$

That is, the gradient descent algorithm has the geometric convergence rate.

Remark: Using the strong convexity assumption,

$$||x_{k+1} - x^*||^2 \le (1 - mt + t^2 M)^{k+1} ||x_0 - x^*||^2$$

- ► Geometric convergence is not bad, but there are not many functions that satisfy the strong convexity assumption
- ▶ Note that with the strongly convexity, x* is unique

Gradient Descent with a Variable Step Size

Now, we consider the case when t_k is a function of k (varying with respect to k)

Recall that

$$x_{k+1} = x_k - t_k \nabla f(x_k)$$

Two approaches

Exact line search: impractical

$$t = \arg\min_{s \ge 0} f(x + s\Delta x)$$

Find t such that it descent direction minimizes the objective function

$$f(x + t\Delta x) \le f(x + s\Delta x), \ \forall s \ge 0$$

Backtracking search (Armijo's rule): quite practical

Gradient Descent with a Variable Step Size

Algorithm 9.3 Gradient descent method.

given a starting point $x \in \operatorname{dom} f$.

repeat

- 1. $\Delta x := -\nabla f(x)$.
- 2. Line search. Choose step size t via exact or backtracking line search.
- 3. Update. $x := x + t\Delta x$.

until stopping criterion is satisfied.

Algorithm 9.2 Backtracking line search.

given a descent direction Δx for f at $x \in \text{dom } f$, $\alpha \in (0, 0.5)$, $\beta \in (0, 1)$.

$$t := 1$$
.

while $f(x + t\Delta x) > f(x) + \alpha t \nabla f(x)^T \Delta x$, $t := \beta t$.

Gradient Descent with a Variable Step Size

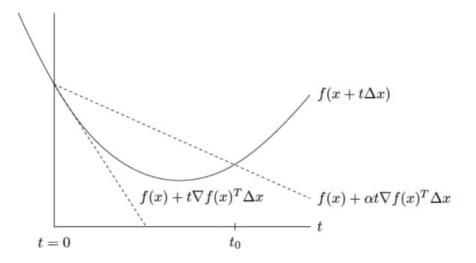


Figure 9.1 Backtracking line search. The curve shows f, restricted to the line over which we search. The lower dashed line shows the linear extrapolation of f, and the upper dashed line has a slope a factor of α smaller. The backtracking condition is that f lies below the upper dashed line, i.e., $0 \le t \le t_0$.

Consider: $f: \mathbb{R}^n \to \mathbb{R}$

$$\min_{x} f(x)$$

where f is twice differentiable and convex.

- ► Gradient method with the fixed and variable step sizes: geometric convergence
- ▶ We want a faster algorithm: Newton method

Summary of the gradient descent method

Unconstrained Minimization

$$\min_{x \in \mathbb{R}^n} f(x)$$

- Assumption
 - f is convex and continuously differentiable
 - ▶ The optimal value $f^* = \inf_{x \in \mathbb{R}^n} f(x)$ is finite
- Minimization methods
 - Iterative methods for the form

$$x_{k+1} = x_k + \alpha_k d_k, \ x_0 = x \in \mathbb{R}^n$$

 α_k : step size

 d_k : direction of the iterative algorithm

- ▶ Generate a sequence of points $\{x_k\}$ such that $f(x_k) \to f^*$ as $k \to \infty$
- Can be interpreted as iterative methods for solving the system of equations to satisfy the necessary and sufficient optimality condition

$$\nabla f(x^*) = 0$$

Unconstrained Minimization: Gradient Descent Method

Gradient descent algorithm

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k), \ x_0 = x$$

- α_k : stepsize
 - Constant
 - ▶ Diminishing: $\alpha_k \to 0$ with $\sum_{k=1}^{\infty} \alpha_k = \infty$
 - Linear search types (optimal stepsize, hard to find)
 - * Exact line search: $\alpha_k = \arg\min_{\alpha>0} f(x_k + \alpha d_k)$
 - * Backtracking line search

Gradient Descent with Bounded Gradients

Theorem

Suppose that the gradient is bounded, that is, for some L > 0

$$\|\nabla f(x)\| \leq L \quad \forall x, y \in \mathbb{R}^n.$$

Let the stepsize be constant, i.e., $\alpha_k = \alpha$. Then the gradient descent algorithm generates the sequence $\{x_k\}$ such that

$$\liminf_{k\to\infty} f(x_k) \le f^* + \frac{\alpha L}{2}$$

Also, when diminishing step size is used, i.e., $\sum_{k=0}^{\infty} \alpha_k = \infty$, $\lim_{k \to \infty} f(x_k) = f^*$.

Proof: Assume that the result does not hold, i.e., for some \hat{y} with $f(\hat{y}) = f^* + \epsilon$,

$$f(x_k) - f(\hat{y}) \ge \frac{\alpha L}{2} + \epsilon, \ \forall k.$$

Then we can show that $||x_k - \hat{y}||^2 \le ||x_0 - \hat{y}||^2 - 2k\alpha\epsilon$, which fails to hold when k is sufficiently large.

Gradient Descent with the Lipschitz Gradient

Theorem

Suppose that the gradient of f is Lipschitz continuous, i.e., for some M > 0

$$\|\nabla f(x) - \nabla f(y)\| \le M\|x - y\| \quad \forall x, y \in \mathbb{R}^n$$

Then for the constant stepsize $\alpha \leq \frac{2}{M}$, we have

$$\lim_{k\to\infty}\|\nabla f(x_k)\|=0$$

Furthermore, if X^* is nonempty, then the gradient descent algorithm converges to the optimal point.

Proof: By using the Lipschitz constant,

$$f(x_{k+1}) \leq f(x_k) - \frac{\alpha}{2}(2 - \alpha M) \|f(x_k)\|^2.$$

Then with $2 - M\alpha \ge 0$, $\sum_{k=1}^{\infty} \|\nabla^2 f(x_k)\|^2 < \infty$.

Gradient Descent with Strong Convexity

Theorem

Suppose that f is strongly convex, i.e., $mI \leq \nabla^2 f(x) \leq MI$ for all x. Then with the constant stepsize $\alpha < \frac{\min(2,m)}{M}$,

$$||x_k - x^*|| \le cq^k \quad 0 < q < 1$$

That is, the gradient descent algorithm has the geometric convergence rate.

Using the strong convexity assumption,

$$||x_{k+1} - x^*||^2 \le (1 - m\alpha + \alpha^2 M)^{k+1} ||x_0 - x^*||^2$$

- Geometric convergence is not bad, but there are not many functions that satisfy the strong convexity assumption
- Note that with the strongly convexity, x* is unique