

1 Summaries of Reliability Analysis

1.1 Exploratory and Confirmatory Factor Analysis

Table 1: Summary of exploratory and confirmatory factor analysis for the adapted Portuguese IMMS

	MR1	MR2	MR3
Item12	0.857	-0.198	0.203
Item19	0.785	-0.004	0.243
Item04	0.738	-0.304	0.204
Item20	0.726	-0.133	0.270
Item16	0.693	-0.241	0.334
Item01	0.653	-0.337	0.234
Item15	-0.087	0.614	-0.125
Item21	-0.321	0.662	-0.144
Item10	-0.347	0.625	-0.076
Item08	0.011	0.484	-0.179
Item13	0.307	-0.360	0.810
Item14	0.434	-0.343	0.644
Item17	0.388	-0.104	0.568
SS loadings	3.995	2.019	1.849
Cumulative Var	0.307	0.463	0.605
Proportion Explained	0.508	0.257	0.235

CFI: 0.966; TLI: 0.989; df: 18.619; χ^2 : 22.291; p-value: 0.25; RMSEA: 0.043 [0, 0.104];
p-value(RMSEA): 1

1.2 Reliability Analysis

Table 2: Result of reliability analysis for the adapted Portuguese IMMS

	Global	Second.Study	Third.Study
Level of Motivation	0.909	0.930	0.874
Attention	0.918	0.930	0.900
Relevance	0.728	0.748	0.696
Satisfaction	0.851	0.836	0.876