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### Describe two methods that can help lower an individual's carbon footprint

Excepting two topic sentences, the information here should be recorded in note-form: the object at this stage is not to write the essay.

Ideas should be given in your own words with the corresponding in-text citation recorded e.g. (Mapperley, 2019)

<b>Introduction</b>
<ul style="list-style-type: none"> <li>Highlight importance of global warming. Temperature rising 1.5 degrees Celsius by 2040, which will cause natural disasters (NRDC 2021).</li> <li>Link to human activity and carbon dioxide</li> <li>Define <i>carbon footprint</i> = '...measuring the amount of greenhouse gases released by a certain activity'.</li> <li>Become more specific – moving from <i>country</i> carbon footprint to <i>individual</i> carbon footprint.</li> <li>Provide road map for essay stating the two areas I will focus on i.e. reducing single use plastic and improving energy efficiency in homes.</li> </ul>
<b>MBP1</b>
<b>Topic sentence (full-form):</b> The reduction of Single-use Plastic Products (SUPPs) is an important means by which individuals can reduce their carbon footprint. <ul style="list-style-type: none"> <li>Highlight why plastic is related to global emissions. e.g. Plastic = 6% global oil use ↑ to 50% in 2050. (World Bank 2021)</li> <li>Explain how waste plastic also affects global warming e.g. only 16% plastic is recycled (World Economic Forum 2022).</li> <li>Explain how burning plastic releases harmful gases e.g. <i>black carbon</i> (World Economic Forum 2022).</li> <li>Show that individuals need to be aware of dangers mentioned above so they can make positive changes.</li> <li>1<sup>st</sup> change = reuse and repurpose plastic bags as many times as possible.</li> <li>2<sup>nd</sup> change = choose reusable drinking bottles and save cutlery given by take away food companies (UNEP 2021).</li> </ul>
<b>MBP2</b>
<b>Topic sentence (full-form):</b> A further method by which individuals can reduce their carbon footprint is to limit household electricity usage. <ul style="list-style-type: none"> <li>Explain importance of energy use in homes - e.g. U.S. homes are 6<sup>th</sup> largest carbon producer in the world (PNAS, 2020, cited in Sealed, 2022).</li> <li>1<sup>st</sup> method to reduce carbon = insulate and seal home.</li> <li>Explain what insulation and sealing is + e.g. double-glazed windows and foam boards (U.S. Dept. of Energy 2022).</li> <li>2<sup>nd</sup> use smart controls.</li> <li>Explain what smart controls are + e.g. turning lights off remotely.</li> <li>Highlight importance of turning lights off e.g. av. house in U.K. uses 45KG of carbon every year for devices left on standby (Energy Savings Trust 2022).</li> </ul>
<b>MBP3 (if needed)</b>
<b>Topic sentence (full-form):</b>

Conclusion	
<ul style="list-style-type: none"> <li>• Restate 2 methods for reducing carbon footprint (reducing single-use plastic + household electricity).</li> <li>• Summary of single use-plastic reduction.</li> <li>• Summary of lowering household electricity.</li> <li>• Recommendations = Individual change needs to work with government policy change e.g. 1. 'nudge economics' - paying for plastic bags. 2. Grants and tax breaks 3. Education that people have power for change.</li> </ul>	

**For the marker's use only. Do not delete.**

Item		Mark
a	Plan submitted on the RWAC IWA planning template <b>and</b> labelled Name Class Plan e.g. Jiahua Chen A11 Plan	<b>1/0</b>
b	Plan made in efficient <b>note form</b>	<b>1/0</b>
c	Student shows evidence of a clear intended structure that introduces <u>two</u> appropriate measures	<b>2/0</b>
d	Student shows evidence of having engaged with at least <u>four</u> sources, these drawn <b>ONLY</b> from the Reading List	<b>4/0</b>
e	Student provides <u>two</u> <b>full</b> topic sentences written in a developing academic style	<b>2/0</b>
TOTAL before deductions		<b>/10</b>

**Note: there are no 'part-marks': it is the whole mark or zero.**

### Penalties

Infringement		Penalty
g	Submitted after deadline	<b>-5</b>
h	Evidence of cut and paste from sources	<b>-5</b>
TOTAL AFTER PENALTY DEDUCTIONS		<b>/10</b>