

2010 Minnesota Student Survey County Tables

Fall 2010

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In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2010. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2010 MINNESOTA STUDENT SURVEY

Survey Participation

The 2010 Minnesota Student Survey was administered in the spring of 2010 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 335 public operating districts, 295 agreed to participate (88% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 79% of public school sixth graders, 75% of public school ninth graders, and 59% of public school twelfth graders participated in the 2010 Minnesota Student Survey. Overall participation across the three grades was approximately 71% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

New Questions and Year-to-Year Comparisons

A small number of the 2010 survey instrument questions were changed from the 2007 survey instrument. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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TABLE 1
DEMOGRAPHIC DESCRIPTION
Mahnomen County

		Grade					
		6th		9th		12th	
		N	%	N	%	N	%
Total number of surveys		81	100%	54	100%	42	100%
Gender	Male	40	49%	26	48%	22	52%
	Female	41	51%	28	52%	20	48%
Age	11 or younger	16	20%	0	0%	0	0%
	12	63	78%	0	0%	0	0%
	13	1	1%	0	0%	0	0%
	14	0	0%	11	20%	0	0%
	15	0	0%	38	70%	0	0%
	16	0	0%	3	6%	0	0%
	17	0	0%	1	2%	14	33%
	18	0	0%	0	0%	25	60%
	19-20	0	0%	0	0%	2	5%
	No answer	1	1%	1	2%	1	2%
Race/ethnicity	American Indian	30	37%	17	31%	10	24%
	Black or African American	0	0%	0	0%	1	2%
	Hispanic or Latino	0	0%	0	0%	0	0%
	Asian American or Pacific Islander	0	0%	0	0%	0	0%
	White	25	31%	23	43%	19	45%
	Mixed race (checked more than one race/ethnicity)	17	21%	13	24%	12	29%
	I don't know / no answer	9	11%	1	2%	0	0%

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TABLE 2
FEELINGS ABOUT SCHOOL, SCHOOL PLANS, TRUANCY, AND UNSUPERVISED TIME
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
How do you feel about going to school?	I like school very much	17%	11%	17%
	I like school quite a bit	27%	37%	33%
	I like school a little	33%	33%	29%
	I don't like school very much	12%	9%	12%
	I hate school	10%	9%	10%
Which of these best describes your school plans? *	I would like to quit school as soon as I can		2%	2%
	I plan to finish high school but won't go to college		15%	5%
	I'd like to go to some kind of trade or vocational school		0%	12%
	I'd like to go to college after high school		54%	64%
	I'd like to go to college and then to graduate school		29%	17%
During the last 30 days, how often have you skipped or cut full days of school?	Never	54%	72%	52%
	Once or twice	35%	25%	36%
	3 to 5 times	6%	2%	7%
	6 to 10 times	2%	2%	5%
	More than 10 times	2%	0%	0%
In a typical week, how often are you home alone or another place unsupervised after school? ^	0 days	59%	42%	27%
	1 day	19%	25%	15%
	2 days	12%	15%	17%
	3 days	4%	10%	12%
	4 days	0%	2%	2%
	5 days	6%	6%	27%

* 6th grade survey did not ask this question.

^ New question in 2010.

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TABLE 3
ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Mark the two grades you get the most often.	A only	4%	7%	7%
	A and B only	54%	48%	50%
	B only	5%	0%	0%
	B and C only	14%	26%	26%
	C only	10%	0%	0%
	C and D only	2%	7%	2%
	D only	0%	0%	5%
	D and F only	1%	6%	2%
	Not applicable or no answer	10%	6%	7%
Do you have or have you ever had an IEP (Individualized Education Plan)? *	Yes		12%	14%
	No		88%	86%
Do you currently get free or reduced-price lunch at school?	Yes	59%	42%	43%
	No	41%	58%	57%
Since the beginning of this school year, how many times have you changed schools?	0 times	96%	96%	100%
	1 time	2%	4%	0%
	2 times	0%	0%	0%
	3 or more times	1%	0%	0%

* 6th grade survey did not ask this question.

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TABLE 4
PERCEPTIONS OF SCHOOL ENVIRONMENT
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
How many students in your school are friendly?	All	2%	2%	2%
	Most	43%	57%	45%
	Some	51%	31%	40%
	A few	4%	9%	12%
	None	0%	0%	0%
How many students in your school behave well in the hallways and lunchroom?	All	4%	2%	7%
	Most	28%	28%	50%
	Some	35%	41%	21%
	A few	33%	26%	19%
	None	1%	4%	2%
How many students in your school have made fun of or threatened students of different races or backgrounds?	All	1%	0%	7%
	Most	8%	8%	12%
	Some	15%	10%	31%
	A few	46%	70%	36%
	None	29%	12%	14%
How many of your teachers are interested in you as a person?	All	27%	8%	12%
	Most	30%	15%	43%
	Some	24%	33%	24%
	A few	13%	35%	21%
	None	6%	10%	0%
How many of your teachers show respect for students?	All	51%	20%	30%
	Most	26%	46%	35%
	Some	14%	17%	28%
	A few	9%	17%	8%
	None	0%	0%	0%

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TABLE 5
PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY
Mahnomen County

<i>How much do you agree or disagree with the following statements?</i>		Grade		
		6th	9th	12th
		%	%	%
I feel safe going to and from school	Strongly agree	47%	43%	38%
	Agree	44%	54%	57%
	Disagree	6%	4%	2%
	Strongly disagree	2%	0%	2%
I feel safe at school	Strongly agree	43%	33%	29%
	Agree	49%	56%	64%
	Disagree	9%	11%	2%
	Strongly disagree	0%	0%	5%
I feel safe in my neighborhood	Strongly agree	52%	44%	40%
	Agree	30%	48%	50%
	Disagree	14%	7%	7%
	Strongly disagree	4%	0%	2%
Bathrooms in this school are a safe place to be	Strongly agree	16%	25%	26%
	Agree	45%	57%	60%
	Disagree	31%	17%	14%
	Strongly disagree	8%	2%	0%
Illegal gang activity is a problem at this school	Strongly agree	6%	2%	2%
	Agree	18%	15%	15%
	Disagree	43%	60%	51%
	Strongly disagree	33%	23%	32%
Student use of alcohol or drugs is a problem at this school	Strongly agree	4%	19%	29%
	Agree	21%	34%	31%
	Disagree	39%	36%	26%
	Strongly disagree	36%	11%	14%

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TABLE 6
VICTIMIZATION AT SCHOOL
Mahnomen County

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, has anyone offered, sold, or given you an illegal drug on school property?	Yes		4%	8%	17%
	No		96%	92%	83%
During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?	0 times		46%	67%	76%
	1 time		20%	13%	10%
	2 or 3 times		26%	19%	12%
	4 or 5 times		4%	2%	2%
	6 or more times		5%	0%	0%
During the last 30 days, how many days did you not go to school because you felt unsafe at school or going to/from school?	0 days		86%	98%	93%
	1 day		6%	2%	2%
	2 or 3 days		5%	0%	0%
	6 or more days		2%	0%	5%
During the last 12 months, which of the following has happened to you on school property? Has a student:	Threatened you?	Yes	38%	25%	17%
		No	62%	75%	83%
	Pushed, shoved, or grabbed you?	Yes	54%	40%	31%
		No	46%	60%	69%
	Kicked, bitten, or hit you?	Yes	41%	26%	19%
		No	59%	74%	81%
	Stabbed you or fired a gun at you?	Yes	6%	0%	0%
		No	94%	100%	100%
	Touched, grabbed, or pinched you in a sexual way? *	Yes		15%	19%
		No		85%	81%
	Made unwanted sexual comments, jokes, gestures, or looks toward you? *	Yes		30%	19%
		No		70%	81%

* 6th grade survey did not ask this question.

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TABLE 7
BULLYING
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	46%	56%	73%
	Once or twice	33%	31%	17%
	About once a week	10%	7%	0%
	Several times a week	5%	2%	5%
	Every day	6%	4%	5%
During the last 30 days, how often have you, on your own or as part of a group, made fun of or teased another student in a hurtful way or excluded another student from friends or activities?	Never	54%	61%	66%
	Once or twice	36%	30%	24%
	About once a week	5%	6%	2%
	Several times a week	1%	2%	2%
	Every day	4%	2%	5%

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TABLE 8A
USE OF TIME
Mahnomen County

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Homework or study	0 hours	23%	15%	41%
	1-2 hours	63%	40%	27%
	3-5 hours	9%	25%	17%
	6-10 hours	1%	11%	12%
	11-20 hours	3%	6%	0%
	21 hours or more	1%	4%	2%
Reading for pleasure	0 hours	32%	43%	53%
	1-2 hours	47%	13%	28%
	3-5 hours	13%	21%	10%
	6-10 hours	6%	13%	3%
	11-20 hours	0%	6%	3%
	21 hours or more	3%	4%	5%
Volunteer work ^	0 hours	71%	77%	47%
	1-2 hours	16%	21%	39%
	3-5 hours	5%	0%	5%
	6-10 hours	7%	0%	5%
	11-20 hours	1%	0%	0%
	21 hours or more	0%	2%	3%
Work for pay (including babysitting for others)	0 hours	30%	47%	26%
	1-2 hours	23%	8%	8%
	3-5 hours	18%	18%	8%
	6-10 hours	22%	12%	15%
	11-20 hours	4%	8%	23%
	21 hours or more	4%	8%	21%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 8B
USE OF TIME**

Mahnomen County

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Watching TV, DVDs or videos	0 hours	3%	0%	5%
	1-2 hours	34%	17%	13%
	3-5 hours	34%	28%	35%
	6-10 hours	14%	25%	25%
	11-20 hours	10%	17%	10%
	21 hours or more	5%	13%	13%
Playing video games ^	0 hours	23%	49%	51%
	1-2 hours	39%	19%	15%
	3-5 hours	18%	13%	12%
	6-10 hours	10%	6%	7%
	11-20 hours	3%	8%	10%
	21 hours or more	6%	6%	5%
Talking on the phone or texting ^	0 hours	32%	23%	5%
	1-2 hours	21%	10%	22%
	3-5 hours	18%	13%	17%
	6-10 hours	9%	17%	7%
	11-20 hours	9%	6%	20%
	21 hours or more	10%	31%	29%
Online activities (e-mail, instant IM-ing, etc.) ^	0 hours	37%	22%	20%
	1-2 hours	34%	42%	41%
	3-5 hours	11%	16%	20%
	6-10 hours	8%	6%	2%
	11-20 hours	7%	4%	7%
	21 hours or more	4%	10%	10%
Hanging out	0 hours	12%	6%	8%
	1-2 hours	19%	15%	13%
	3-5 hours	27%	27%	23%
	6-10 hours	16%	13%	25%
	11-20 hours	13%	17%	18%
	21 hours or more	13%	21%	15%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 9A
ENRICHMENT ACTIVITIES**

Mahnomen County

<i>During the school year, how often have you participated in the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Fine arts activities (lessons, band, choir, dance, drama, etc.) ^	Not available in my community	14%	0%	2%
	Never	36%	31%	44%
	Less than monthly	3%	7%	10%
	Monthly	6%	2%	0%
	1-2 times per week	22%	4%	0%
	3-4 times per week	8%	4%	15%
	Every day	12%	52%	29%
Club or community sports teams	Not available in my community	11%	20%	5%
	Never	41%	37%	44%
	Less than monthly	5%	11%	10%
	Monthly	7%	7%	20%
	1-2 times per week	15%	4%	2%
	3-4 times per week	7%	7%	5%
	Every day	15%	13%	15%
School sports teams	Not available in my community	1%	0%	3%
	Never	31%	38%	35%
	Less than monthly	8%	8%	13%
	Monthly	9%	4%	3%
	1-2 times per week	16%	4%	3%
	3-4 times per week	16%	6%	15%
	Every day	18%	42%	30%
Community clubs and programs (4-H, Park and Rec, Community Ed., etc.)	Not available in my community	9%	4%	0%
	Never	54%	76%	71%
	Less than monthly	9%	12%	12%
	Monthly	9%	4%	12%
	1-2 times per week	8%	0%	2%
	3-4 times per week	5%	2%	0%
	Every day	6%	2%	2%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 9B
ENRICHMENT ACTIVITIES
Mahnomen County

<i>During the school year, how often have you participated in the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Mentoring programs (as a mentor or being mentored) ^	Not available in my community	18%	4%	10%
	Never	71%	85%	71%
	Less than monthly	5%	4%	12%
	Monthly	1%	4%	2%
	1-2 times per week	3%	2%	2%
	3-4 times per week	0%	2%	2%
	Every day	1%	0%	0%
Religious activities (religious services, education, youth group, etc.)	Not available in my community	9%	0%	5%
	Never	42%	40%	49%
	Less than monthly	6%	6%	7%
	Monthly	9%	17%	20%
	1-2 times per week	30%	35%	17%
	3-4 times per week	3%	2%	2%
	Every day	1%	0%	0%
Service learning programs ^^	Not available in my community	11%	6%	12%
	Never	70%	88%	76%
	Less than monthly	8%	4%	10%
	Monthly	3%	2%	0%
	1-2 times per week	3%	0%	2%
	3-4 times per week	1%	0%	0%
	Every day	4%	0%	0%
Tutoring, Homework Help or other academic programs ^^	Not available in my community	11%	0%	5%
	Never	56%	62%	71%
	Less than monthly	6%	15%	7%
	Monthly	5%	8%	5%
	1-2 times per week	10%	13%	10%
	3-4 times per week	6%	0%	2%
	Every day	5%	2%	0%

^ Variations in wording for this item may affect year-to-year comparisons.

^^ New question in 2010.

2010 Minnesota Student Survey

TABLE 10
REASONS FOR PARTICIPATION IN ACTIVITIES
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
In general, why do you participate in school-based or community-based activities and clubs? (Mark all that apply)	To have fun	79%	91%	91%
	To learn new skills	52%	56%	61%
	My parents or guardians want me to	15%	30%	15%
	My friends participate	31%	56%	52%
	To help me get into college	14%	40%	39%
	It is a safe place to be after school ^	13%	2%	6%
	Participate for other reasons	15%	16%	27%
In general, why don't you participate in any school-based or community-based activities and clubs? (Mark all that apply)	Activities are not available in my community	0%	4%	11%
	Activities cost too much	3%	12%	0%
	My parents or guardians won't let me	8%	8%	6%
	My friends don't participate	5%	15%	11%
	I'm not interested	51%	69%	56%
	I am too busy with other things	32%	42%	78%
	I don't have a way to get there or home ^	22%	19%	6%
	I have to take care of other family members ^	0%	8%	6%
	It's not a safe place to be after school ^	8%	0%	0%
	Don't participate for other reasons	30%	8%	6%

^ New response option in 2010.

2010 Minnesota Student Survey

TABLE 11
FAMILY COMPOSITION AND PARENTAL COMMUNICATION
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Which adults do you live with?	Both biological parents	58%	48%	60%
	Both adoptive parents	4%	0%	0%
	Mother and stepfather	6%	7%	7%
	Father and stepmother	1%	4%	0%
	Mother only	11%	24%	17%
	Father only	2%	0%	7%
	Sometimes with mother, sometimes with father	4%	11%	2%
	Other	10%	6%	7%
	No adults or no answer	4%	0%	0%
Can you talk to your father about problems you are having?	Yes, most of the time	31%	33%	33%
	Yes, some of the time	31%	29%	36%
	No, not very often	17%	15%	10%
	No, not at all	10%	6%	14%
	My father is not around	11%	17%	7%
Can you talk to your mother about problems you are having?	Yes, most of the time	67%	59%	48%
	Yes, some of the time	23%	17%	33%
	No, not very often	2%	17%	14%
	No, not at all	4%	6%	2%
	My mother is not around	4%	2%	2%

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TABLE 12
PERCEPTIONS OF FAMILY AND OTHERS CARING
Mahnomen County

<i>How much do you feel ...</i>		Grade		
		6th	9th	12th
		%	%	%
... your parents care about you?	Not at all	1%	0%	0%
	A little	1%	4%	5%
	Some	1%	12%	7%
	Quite a bit	9%	4%	24%
	Very much	87%	81%	63%
... other adult relatives care about you?	Not at all	0%	2%	2%
	A little	4%	9%	5%
	Some	6%	4%	12%
	Quite a bit	19%	21%	27%
	Very much	71%	64%	54%
... friends care about you?	Not at all	0%	4%	0%
	A little	10%	6%	2%
	Some	19%	24%	27%
	Quite a bit	24%	35%	32%
	Very much	46%	31%	39%
... teachers/ other adults at school care about you? ^	Not at all	5%	13%	2%
	A little	11%	22%	10%
	Some	16%	33%	39%
	Quite a bit	34%	24%	24%
	Very much	33%	7%	24%
... religious or spiritual leaders care about you? ^	Not at all	17%	22%	20%
	A little	13%	10%	5%
	Some	16%	25%	15%
	Quite a bit	35%	20%	28%
	Very much	19%	24%	33%
... other adults in your community care about you?	Not at all	9%	11%	10%
	A little	21%	25%	12%
	Some	20%	30%	29%
	Quite a bit	24%	25%	27%
	Very much	26%	9%	22%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 13
FAMILY SUBSTANCE ABUSE
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Has alcohol use by any family member repeatedly caused family, health, job, or legal problems?	Yes	14%	21%	20%
	No	86%	79%	80%
Has drug use by any family member repeatedly caused family, health, job, or legal problems?	Yes	12%	17%	20%
	No	88%	83%	80%

2010 Minnesota Student Survey

TABLE 14A
PHYSICAL AND SEXUAL VIOLENCE *
Mahnomen County

		Grade	
		9th	12th
		%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	6%	7%
	No	94%	93%
Has someone you were going out with ever hit you, hurt you, threatened you or made you feel afraid?	Yes	10%	17%
	No	90%	83%
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	8%	12%
	No	92%	88%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

**TABLE 14B
PHYSICAL AND SEXUAL VIOLENCE**

Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	12%	6%	10%
	No	88%	94%	90%
Has anyone in your family ever hit anyone else in the family so hard or so often that they had marks or were afraid of that person?	Yes	12%	12%	10%
	No	88%	88%	90%
Has any older person outside the family touched you sexually against your wishes or forced you to touch them sexually?	Yes	1%	2%	8%
	No	99%	98%	93%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	0%	4%	5%
	No	100%	96%	95%

2010 Minnesota Student Survey

TABLE 15
GENERAL HEALTH ISSUES
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
When was the last time you had a physical exam?	Within the last 12 months	45%	51%	48%
	1-2 years ago	17%	31%	35%
	3-4 years ago	4%	14%	8%
	More than 4 years ago	3%	0%	8%
	I have never had a physical exam	32%	4%	3%
Has a doctor or nurse ever told you that you have asthma?	Yes	13%	13%	13%
	No	88%	87%	88%
Do you have a physical health condition or problem that has lasted at least 12 months?	No	91%	88%	98%
	Yes	9%	12%	3%
Do you have a mental or emotional health problem that has lasted at least 12 months?	No	93%	81%	85%
	Yes	8%	19%	15%
Have you ever been treated for a mental or emotional health problem? *	No		85%	88%
	Yes, during the last year		11%	10%
	Yes, more than a year ago		4%	2%
Have you ever been treated for an alcohol or other drug problem? *	No		94%	93%
	Yes, during the last year		2%	5%
	Yes, more than a year ago		4%	2%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 16
WEIGHT-RELATED ISSUES
Mahnomen County

			Grade		
			6th	9th	12th
			%	%	%
At the present time, do you think you are...	Underweight		9%	7%	5%
	About the right weight		73%	65%	63%
	Overweight		19%	28%	32%
During the last 12 months, have you done any of the following to lose or control weight? (Mark all that apply) *^	I am not trying to lose weight or control my weight	Yes		39%	41%
		No		61%	59%
	Fast or skip meals	Yes		30%	29%
		No		70%	71%
	Smoke cigarettes	Yes		6%	7%
		No		94%	93%
	Exercise	Yes		50%	51%
		No		50%	49%
	Use diet pills, speed or other drugs	Yes		4%	10%
		No		96%	90%
	Eat healthier	Yes		39%	46%
		No		61%	54%
	Vomit on purpose after eating	Yes		7%	2%
		No		93%	98%
	Use laxatives	Yes		2%	2%
		No		98%	98%
Weight status * according to Body Mass Index (BMI) **	Not overweight			71%	79%
	Overweight			21%	8%
	Obese			8%	13%

* 6th grade survey did not ask these questions.

^ Variations in the number and order of these response options may affect year-to-year comparisons.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age- and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile

Overweight: 85th to less than the 95th percentile

Obese: Equal to or greater than the 95th percentile

2010 Minnesota Student Survey

**TABLE 17
EXERCISE**

Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
On how many of the last 7 days did you exercise or play sports that made you sweat or breathe hard for at least 20 minutes?	0 days	13%	13%	28%
	1 day	8%	4%	13%
	2 days	13%	4%	10%
	3 days	10%	6%	8%
	4 days	6%	13%	18%
	5 days	23%	34%	8%
	6 days	4%	9%	8%
	7 days	23%	17%	10%
On how many of the last 7 days were you physically active for a combined total of at least 30 minutes?	0 days	6%	11%	22%
	1 day	5%	6%	12%
	2 days	19%	6%	10%
	3 days	14%	2%	12%
	4 days	10%	17%	12%
	5 days	19%	30%	7%
	6 days	5%	9%	10%
	7 days	22%	19%	15%

2010 Minnesota Student Survey

TABLE 18
NUTRITION
Mahnomen County

<i>How many glasses of each of the following did you drink yesterday?</i>		Grade		
		6th	9th	12th
		%	%	%
Milk	0 glasses	26%	25%	27%
	1-2 glasses	40%	40%	29%
	3-4 glasses	27%	23%	34%
	5 or more glasses	6%	12%	10%
100% fruit juice	0 glasses	40%	37%	54%
	1-2 glasses	40%	46%	29%
	3-4 glasses	13%	8%	10%
	5 or more glasses	8%	10%	7%
Fruit juice drinks	0 glasses	38%	58%	50%
	1-2 glasses	38%	20%	37%
	3-4 glasses	11%	12%	11%
	5 or more glasses	13%	10%	3%
Pop or soda	0 glasses	42%	31%	25%
	1-2 glasses	38%	45%	48%
	3-4 glasses	13%	8%	18%
	5 or more glasses	8%	16%	10%
Sports drinks	0 glasses	60%	63%	71%
	1-2 glasses	25%	29%	13%
	3-4 glasses	7%	6%	11%
	5 or more glasses	8%	2%	5%
Water	0 glasses	5%	17%	7%
	1-2 glasses	19%	19%	29%
	3-4 glasses	22%	15%	39%
	5 or more glasses	54%	48%	24%
How many servings of fruits, fruit juices, or vegetables did you eat yesterday?	0 servings	5%	12%	5%
	1 serving	9%	12%	13%
	2 servings	27%	24%	25%
	3 servings	27%	20%	23%
	4 servings	11%	14%	13%
	5 or more servings	22%	20%	23%

2010 Minnesota Student Survey

TABLE 19
SEAT BELT USE
Mahnomen County

<i>How often do you wear a seat belt when you ...</i>		Grade		
		6th	9th	12th
		%	%	%
...ride in a car?	Never	4%	0%	10%
	Sometimes	14%	13%	23%
	Often	23%	34%	23%
	Always	59%	53%	45%
...drive a car? *	I never do this activity		17%	2%
	Never		2%	5%
	Sometimes		11%	20%
	Often		8%	2%
	Always		62%	71%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 20
SOURCES OF INFORMATION ON RISK BEHAVIORS
Mahnomen County

<i>Where have you received most of your information about...</i>		Grade		
		6th	9th	12th
		%	%	%
...alcohol and other drugs? (Mark all that apply)	Friends or peers	28%	58%	66%
	Parents	51%	66%	54%
	Brothers or sisters	19%	30%	22%
	School/teachers/counselors	65%	57%	59%
	Clinics/doctors/nurses	20%	21%	15%
	Religious/community groups	9%	9%	12%
	Internet	16%	26%	20%
	TV/radio/magazines/newspapers/books	23%	43%	34%
	I do not know much about alcohol or other drugs	7%	9%	2%
...sex? (Mark all that apply)	Friends or peers	38%	51%	59%
	Parents	43%	43%	27%
	Brothers or sisters	16%	23%	17%
	School/teachers/counselors	30%	51%	56%
	Clinics/doctors/nurses	15%	28%	20%
	Religious/community groups	0%	11%	7%
	Internet	10%	30%	22%
	TV/radio/magazines/newspapers/books	26%	38%	27%
	I do not know much about sex	23%	2%	5%

2010 Minnesota Student Survey

TABLE 21A
EMOTIONAL WELL-BEING/DISTRESS
Mahnomen County

<i>How much do you agree or disagree with the following statements?</i>		Grade		
		6th	9th	12th
		%	%	%
I get a lot of headaches, stomachaches or sickness.	Agree	25%	13%	15%
	Mostly agree	23%	19%	27%
	Mostly disagree	19%	19%	32%
	Disagree	33%	49%	27%
I am often irritable and angry.	Agree	17%	11%	23%
	Mostly agree	17%	25%	20%
	Mostly disagree	24%	36%	20%
	Disagree	42%	28%	38%
I have many fears and am easily scared.	Agree	9%	0%	0%
	Mostly agree	9%	13%	15%
	Mostly disagree	30%	28%	25%
	Disagree	52%	58%	60%
I often have trouble concentrating.	Agree	20%	18%	13%
	Mostly agree	20%	41%	20%
	Mostly disagree	21%	27%	35%
	Disagree	39%	14%	33%
I am restless and cannot stay still for long.	Agree	24%	15%	15%
	Mostly agree	21%	31%	25%
	Mostly disagree	12%	23%	23%
	Disagree	43%	31%	38%
I often have trouble getting to sleep and staying asleep.	Agree	13%	15%	20%
	Mostly agree	25%	23%	25%
	Mostly disagree	22%	23%	23%
	Disagree	40%	38%	33%
I do things before I think.	Agree	20%	24%	25%
	Mostly agree	29%	22%	20%
	Mostly disagree	24%	29%	33%
	Disagree	28%	25%	23%
I am often unhappy, depressed or tearful.	Agree	9%	8%	13%
	Mostly agree	10%	13%	13%
	Mostly disagree	23%	23%	28%
	Disagree	57%	56%	48%

2010 Minnesota Student Survey

TABLE 21B
EMOTIONAL WELL-BEING/DISTRESS
Mahnomen County

<i>During the last 30 days ...</i>		Grade		
		6th	9th	12th
		%	%	%
... have you felt you were under any stress or pressure?	Yes, almost more than I could take	6%	17%	22%
	Yes, quite a bit of pressure	17%	13%	22%
	Yes, more than usual	8%	8%	15%
	Yes, a little	36%	44%	20%
	Not at all	33%	17%	22%
... have you felt sad?	All the time	1%	4%	2%
	Most of the time	12%	10%	12%
	Some of the time	13%	27%	20%
	A little of the time	53%	42%	32%
	None of the time	22%	17%	34%
... have you felt so discouraged or hopeless that you wondered if anything was worthwhile?	Extremely so, to the point that I have just about given up	4%	12%	10%
	Quite a bit	13%	4%	10%
	Some, enough to bother me	15%	19%	17%
	A little bit	22%	25%	15%
	Not at all	46%	40%	49%
... have you felt nervous, worried, or upset?	All the time	6%	2%	2%
	Most of the time	8%	10%	10%
	Some of the time	27%	29%	20%
	A little of the time	37%	38%	46%
	None of the time	22%	21%	22%

2010 Minnesota Student Survey

TABLE 22
SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Have you ever hurt yourself on purpose ("cutting", burns, bruises)?	No	79%	71%	76%
	Yes, during the last year	13%	17%	12%
	Yes, more than a year ago	8%	12%	12%
Have you ever thought about killing yourself?	No	75%	73%	66%
	Yes, during the last year	20%	23%	22%
	Yes, more than a year ago	5%	4%	12%
Have you ever tried to kill yourself?	No	96%	83%	95%
	Yes, during the last year	3%	10%	2%
	Yes, more than a year ago	1%	8%	2%

2010 Minnesota Student Survey

TABLE 23
GAMBLING BEHAVIOR *
Mahnomen County

<i>During the last 12 months, how often have you done these activities?</i>		Grade	
		9th	12th
		%	%
Played cards for money	Not at all	62%	73%
	Less than once a month	27%	12%
	About once a month	10%	2%
	About once a week	2%	10%
	Daily	0%	2%
Bet on games of personal skill like pool, golf, or bowling	Not at all	65%	61%
	Less than once a month	15%	24%
	About once a month	13%	5%
	About once a week	6%	10%
	Daily	0%	0%
Bet money on sports teams or horseracing ^	Not at all	73%	83%
	Less than once a month	12%	10%
	About once a month	8%	5%
	About once a week	6%	3%
	Daily	2%	0%
Bought lottery tickets or scratch offs	Not at all	92%	58%
	Less than once a month	4%	20%
	About once a month	0%	15%
	About once a week	2%	8%
	Daily	2%	0%
Gambled in a casino	Not at all	96%	51%
	Less than once a month	4%	18%
	About once a month	0%	18%
	About once a week	0%	10%
	Daily	0%	3%
Gambled for money online	Not at all	94%	87%
	Less than once a month	4%	5%
	About once a month	0%	5%
	About once a week	2%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 24
DESTRUCTIVE AND ANTISOCIAL BEHAVIOR
Mahnomon County**

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months, how often have you run away from home?	Never	84%	85%	95%
	Once or twice	13%	13%	0%
	3 to 5 times	3%	0%	2%
	6 to 10 times	0%	0%	0%
	More than 10 times	1%	2%	2%
During the last 12 months, how often have you damaged or destroyed property at school or somewhere else?	Never	77%	75%	85%
	Once or twice	15%	12%	7%
	3 to 5 times	5%	10%	0%
	6 to 10 times	1%	2%	5%
	More than 10 times	1%	2%	2%
During the last 12 months, how often have you hit or beat up another person?	Never	59%	75%	78%
	Once or twice	30%	17%	15%
	3 to 5 times	6%	6%	0%
	6 to 10 times	0%	2%	5%
	More than 10 times	4%	0%	2%
During the last 12 months, how often have you taken something from a store without paying for it?	Never	82%	79%	85%
	Once or twice	12%	12%	7%
	3 to 5 times	4%	4%	0%
	6 to 10 times	3%	2%	2%
	More than 10 times	0%	4%	5%
On how many of the last 30 days did you carry a gun on school property?	0 days	100%	100%	90%
	1 day	0%	0%	2%
	2 or 3 days	0%	0%	2%
	6 or more days	0%	0%	5%
On how many of the last 30 days did you carry a weapon (other than a gun) on school property?	0 days	95%	94%	88%
	1 day	4%	0%	2%
	2 or 3 days	0%	2%	0%
	4 or 5 days	1%	0%	2%
	6 or more days	0%	4%	7%

2010 Minnesota Student Survey

TABLE 25
SUMMARY OF SUBSTANCE USE **
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
Use of any tobacco products during the past 30 days	No	91%	76%	60%
	Yes	9%	24%	40%
Frequent use of any tobacco products during the past 30 days (used tobacco on 20 or more of the past 30 days)	No	97%	90%	88%
	Yes	3%	10%	13%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	94%	79%
	Yes	0%	6%	21%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	85%	43%	33%
	Used only alcohol in the past year	5%	37%	49%
	Used only marijuana/other drugs in the past year	1%	0%	0%
	Used both alcohol and marijuana/other drugs in the past year	8%	20%	18%

** These are all computed variables based on combinations of responses to two or more survey items.

2010 Minnesota Student Survey

**TABLE 26
CIGARETTE USE AND AGE OF FIRST USE
Mahnomen County**

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you smoke a cigarette?	0 days	92%	82%	68%
	1 or 2 days	4%	4%	13%
	3 to 5 days	1%	0%	5%
	6 to 9 days	0%	2%	3%
	10 to 19 days	1%	4%	3%
	20 to 29 days	0%	2%	5%
	All 30 days	1%	6%	5%
During the last 30 days, how frequently have you smoked cigarettes?	Never	95%	84%	68%
	Less than one cigarette per day	3%	4%	15%
	One to five cigarettes per day	1%	10%	13%
	About one-half pack per day	0%	2%	5%
	About one pack per day	0%	0%	0%
	About one and one-half packs per day	1%	0%	0%
How old were you the first time you smoked part or all of a cigarette?	I have never smoked part or all of a cigarette	79%	62%	45%
	10 years old or younger	12%	13%	13%
	11 years old	8%	8%	3%
	12 years old	1%	4%	3%
	13 years old	0%	6%	5%
	14 years old	0%	8%	5%
	15 years old	0%	0%	3%
	16 years old	0%	0%	8%
	17 years old or older	0%	0%	18%

2010 Minnesota Student Survey

TABLE 27
CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you use chewing tobacco, snuff or dip?	0 days	96%	88%	83%
	1 or 2 days	3%	8%	3%
	3 to 5 days	0%	0%	8%
	6 to 9 days	1%	2%	3%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	5%
	All 30 days	0%	2%	0%
During the last 30 days, on how many days did you smoke cigars, cigarillos or little cigars?	0 days	96%	90%	90%
	1 or 2 days	1%	6%	5%
	3 to 5 days	1%	2%	0%
	6 to 9 days	0%	0%	3%
	10 to 19 days	0%	0%	3%
	All 30 days	1%	2%	0%
How old were you the first time you smoked a cigar or used chewing tobacco?	I have never smoked a cigar or used chewing tobacco	91%	76%	58%
	10 years old or younger	6%	2%	0%
	11 years old	3%	2%	3%
	12 years old	0%	2%	3%
	13 years old	0%	2%	0%
	14 years old	0%	10%	0%
	15 years old	0%	6%	13%
	16 years old	0%	0%	5%
	17 years old or older	0%	0%	20%

2010 Minnesota Student Survey

TABLE 28
ACCESS TO TOBACCO *
Mahnomen County

<i>INCLUDES ONLY THOSE WHO USED TOBACCO IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you used tobacco, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	17%	56%
	Bought it at bars or restaurants	8%	0%
	Bought it at grocery, discount, or drug stores	0%	0%
	Got it from friends	33%	38%
	Got it from my parents	17%	0%
	Got it from other family members	17%	0%
	Got it by getting someone else to buy for me	50%	13%
	Took it from my home	42%	19%
	Took it from a friend's home	0%	0%
	Took it from stores	8%	19%

Mahnomen County

<i>INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you bought tobacco in the last 30 days, did you use a fake ID?	Yes	0%	0%
	No	100%	100%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 29
ALCOHOL USE FREQUENCY AND QUANTITY
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	89%	45%	34%
	1-2	7%	18%	3%
	3-5	1%	16%	13%
	6-9	3%	6%	21%
	10-19	0%	6%	8%
	20-39	0%	8%	11%
	40+	0%	2%	11%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	93%	56%	35%
	1 or 2 days	7%	24%	24%
	3 to 5 days	0%	10%	24%
	6 to 9 days	0%	6%	14%
	10 to 19 days	0%	4%	3%
	20 to 29 days	0%	0%	0%
If you drink beer/wine/wine coolers/hard liquor, generally, how much (if any) do you drink at one time?	I don't drink beer/wine/wine	89%	47%	37%
	1 glass, can, or drink	7%	18%	8%
	2 glasses, cans, or drinks	4%	8%	5%
	3 glasses, cans, or drinks	0%	8%	8%
	4 glasses, cans, or drinks	0%	8%	8%
	5 glasses, cans, or drinks	0%	0%	8%
	6 or more glasses, cans, or drinks	0%	10%	26%
Over the last 2 weeks, how many times (if any) have you had five or more drinks in a row? *	Never		73%	61%
	Once		12%	8%
	Twice		6%	16%
	3 to 5 times		8%	11%
	6 or more times		0%	5%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 30
AGE OF FIRST ALCOHOL USE
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	61%	27%	20%
	10 years old or younger	25%	22%	8%
	11 years old	11%	2%	3%
	12 years old	3%	6%	3%
	13 years old	0%	16%	3%
	14 years old	0%	22%	28%
	15 years old	0%	6%	10%
	16 years old	0%	0%	23%
	17 years old or older	0%	0%	5%

2010 Minnesota Student Survey

TABLE 31
ACCESS TO ALCOHOL *
Mahnomen County

<i>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS **</i>		Grade	
		9th	12th
		%	%
If you used alcohol, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	0%	4%
	Bought it at bars or restaurants	0%	0%
	Bought it at stores	5%	8%
	Got it from friends	73%	63%
	Got it from my parents	14%	4%
	Got it from other family members	14%	13%
	Got it by getting someone else to buy for me	27%	29%
	Got it at parties	59%	46%
	Took it from my home	14%	8%
	Took it from a friend's home	5%	4%

Mahnomen County

<i>INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you bought alcohol in the last 30 days, did you use a fake ID?	Yes	0%	0%
	No	100%	100%

* 6th grade survey did not ask these questions.

** Percentages are comparable to the 2001-2007 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

2010 Minnesota Student Survey

TABLE 32
DRINKING AND DRIVING *
Mahnomen County

		Grade	
		9th	12th
		%	%
During the last 12 months, how many times have you driven a motor vehicle after using alcohol or other drugs?	0 times or no use	93%	85%
	Once	5%	6%
	Twice	2%	3%
	3 or more times	0%	6%
Do you ever ride with friends after they have been using alcohol or drugs?	No	69%	49%
	Yes, but rarely	23%	31%
	Yes, often	6%	15%
	None of my friends use alcohol or other drugs	2%	5%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 33
MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE
Mahnomen County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you use marijuana or hashish?	0 days	95%	85%	88%
	1 or 2 days	4%	6%	3%
	3 to 5 days	1%	6%	0%
	6 to 9 days	0%	2%	0%
	10 to 19 days	0%	0%	3%
	20 to 29 days	0%	0%	3%
	All 30 days	0%	0%	5%
How old were you when you tried marijuana for the first time?	I have never tried marijuana	88%	69%	67%
	10 years old or younger	9%	0%	5%
	11 years old	3%	2%	3%
	12 years old	0%	6%	3%
	13 years old	0%	10%	0%
	14 years old	0%	6%	0%
	15 years old	0%	6%	10%
	16 years old	0%	0%	8%
	17 years old or older	0%	0%	5%
During the last 30 days, on how many days did you use any of these "other drugs"?	0 days	97%	96%	97%
	1 or 2 days	1%	2%	0%
	3 to 5 days	1%	0%	0%
	6 to 9 days	0%	2%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	3%
How old were you when you tried any of these "other drugs" for the first time?	I have never tried "other drugs"	95%	88%	93%
	10 years old or younger	4%	0%	0%
	11 years old	1%	0%	0%
	13 years old	0%	6%	0%
	14 years old	0%	4%	0%
	15 years old	0%	2%	0%
	16 years old	0%	0%	3%
	17 years old or older	0%	0%	5%

2010 Minnesota Student Survey

TABLE 34
MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^
Mahnomen County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade		
		6th	9th	12th
		%	%	%
... used marijuana (bud, weed, pot) or hashish (hash, hash oil)?	0	94%	77%	83%
	1-2	5%	6%	8%
	3-5	0%	8%	0%
	6-9	0%	2%	0%
	10-19	1%	4%	0%
	20-39	0%	0%	3%
	40+	0%	2%	8%
... sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any other gases or sprays in order to get high?	0	96%	96%	100%
	1-2	3%	2%	0%
	3-5	1%	2%	0%
	6-9	0%	0%	0%
... used LSD ("acid"), PCP (wet sticks or dipped joints), or other psychedelics (like mescaline, mushrooms, peyote)? *	0		96%	100%
	1-2		0%	0%
	3-5		2%	0%
	10-19		2%	0%
... used heroin? *	0		100%	100%
	1-2		0%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 35
METHAMPHETAMINE, COCAINE AND ECSTASY *^
Mahnomen County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade	
		9th	12th
		%	%
... used methamphetamine (meth, glass, crank, crystal meth, ice) by any method?	0	98%	100%
	1-2	0%	0%
	10-19	2%	0%
... used "crack" (cocaine in chunk or rock form), or cocaine in any other form?	0	98%	100%
	1-2	2%	0%
	3-5	0%	0%
	6-9	0%	0%
... used MDMA (E, X, "ecstasy"), GHB (G, Liquid E, Liquid X) or Ketamine ("Special K")?	0	98%	100%
	1-2	0%	0%
	3-5	0%	0%
	6-9	2%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 36A
PRESCRIPTION DRUGS *
Mahnomen County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade	
		9th	12th
		%	%
... used stimulants like Benzedrine or diet pills that were not prescribed for you by a doctor, or that you took only to get high?	0	96%	100%
	1-2	0%	0%
	3-5	2%	0%
	6-9	0%	0%
	10-19	2%	0%
... used your own or someone else's ADHD or ADD drugs like Ritalin (hyper pills) to get high?	0	96%	97%
	1-2	4%	0%
	3-5	0%	3%
	6-9	0%	0%
... used OxyContin, Percocet, Percodan, Vicodin or other pain relievers that were not prescribed for you by a doctor, or that you took only to get high?	0	98%	97%
	1-2	2%	0%
	3-5	0%	0%
	10-19	0%	0%
	20-39	0%	0%
	40+	0%	3%
... used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates that were not prescribed for you by a doctor, or that you took only to get high?	0	96%	100%
	1-2	4%	0%
	3-5	0%	0%
	6-9	0%	0%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 36B
PRESCRIPTION DRUGS *^
Mahnomen County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade
		6th
		%
... used any prescription drugs that were not prescribed for you by a doctor, or that you took only to get high?	0	97%
	1-2	1%
	6-9	1%

* 9th-12th grade survey did not ask this question.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 37
SUBSTANCE USE PATTERNS
Mahnomen County

<i>Do you ever use alcohol or other drugs ...</i>		Grade		
		6th	9th	12th
		%	%	%
...before school?	Yes	1%	9%	5%
	No	99%	91%	95%
...during school?	Yes	0%	4%	3%
	No	100%	96%	97%
...right after school?	Yes	1%	10%	13%
	No	99%	90%	87%

2010 Minnesota Student Survey

TABLE 38
PARENTAL DISAPPROVAL OF SUBSTANCE USE
Mahnomen County

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, have you talked with at least one of your parents (or guardians) about the dangers of tobacco, alcohol, or drug use?	Yes		57%	46%	36%
	No		43%	54%	64%
How do you think your parents or guardians would feel if you... ^	... smoked cigarettes?	They would approve	0%	0%	5%
		They would not care at all	3%	8%	13%
		They would disapprove	5%	14%	26%
		They would strongly disapprove	92%	78%	56%
	... drank alcohol?	They would approve	0%	4%	10%
		They would not care at all	3%	12%	38%
		They would disapprove	16%	22%	26%
		They would strongly disapprove	81%	63%	26%
	... smoked marijuana?	They would approve	0%	2%	0%
		They would not care at all	1%	0%	5%
		They would disapprove	7%	10%	18%
		They would strongly disapprove	92%	88%	77%
	... used other illegal drugs?	They would approve	0%	0%	0%
		They would not care at all	0%	0%	3%
		They would disapprove	4%	6%	13%
		They would strongly disapprove	96%	94%	85%

^ New questions in 2010.

2010 Minnesota Student Survey

TABLE 39
PERCEIVED RISK OF HARM FROM SUBSTANCE USE
Mahnomen County

			Grade		
			6th	9th	12th
			%	%	%
How much do you think people risk harming themselves physically or in other ways if they...	... smoke one or more packs of cigarettes per day?	No risk	13%	2%	5%
		Slight risk	13%	6%	11%
		Moderate risk	16%	28%	19%
		Great risk	57%	64%	65%
	... have five or more drinks of an alcoholic beverage once or twice a week?	No risk	13%	2%	11%
		Slight risk	12%	24%	30%
		Moderate risk	22%	24%	19%
		Great risk	53%	50%	41%
	... smoke marijuana once or twice a week?	No risk	11%	4%	11%
		Slight risk	5%	16%	22%
		Moderate risk	28%	28%	16%
		Great risk	56%	52%	51%

2010 Minnesota Student Survey

TABLE 40A
CONSEQUENCES OF SUBSTANCE USE *
Mahnomen County

<i>During the last 12 months ...</i>		Grade	
		9th	12th
		%	%
... have you found that you had to use a lot more alcohol or other drugs than before to get the same effect?	No or no use	87%	91%
	Yes	13%	9%
... have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	88%	100%
	Yes	12%	0%
... have you continued to use alcohol or other drugs even though you knew it was hurting your relationships with friends or family? ^	No or no use	91%	94%
	Yes	9%	6%
... how many times have you spent all or most of the day using alcohol or other drugs, or getting over their effects?	0 times or no use	77%	85%
	Once	14%	6%
	Twice	7%	0%
	3 or more times	2%	9%
... how many times have you given up important social or recreational activities like sports or being with friends or relatives in order to use alcohol or other drugs or to get over their effects? ^	0 times or no use	88%	94%
	Once	5%	0%
	Twice	0%	3%
	3 or more times	7%	3%
... how many times has alcohol or other drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	86%	88%
	Once	10%	6%
	Twice	2%	3%
	3 or more times	2%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 40B
CONSEQUENCES OF SUBSTANCE USE ***
Mahnomen County

<i>During the last 12 months ...</i>		Grade	
		9th	12th
		%	%
... how many times have you missed work or school, or neglected other major responsibilities because of alcohol or other drug use? ^	0 times or no use	98%	100%
	Once	0%	0%
	Twice	2%	0%
	3 or more times	0%	0%
... how many times has alcohol or other drug use caused you problems with the law?	0 times or no use	100%	97%
	Once	0%	3%
	Twice	0%	0%
... how many times have you hit someone or become violent while using alcohol or other drugs?	0 times or no use	98%	79%
	Once	0%	15%
	Twice	2%	3%
	3 or more times	0%	3%
... how many times have you used so much alcohol or other drugs that later you could not remember what you had said or done?	0 times or no use	69%	65%
	Once	21%	12%
	Twice	2%	12%
	3 or more times	7%	12%
... how many times have you used more alcohol or other drugs than you intended to?	0 times or no use	76%	76%
	Once	7%	3%
	Twice	10%	18%
	3 or more times	7%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 41A
SEXUAL BEHAVIOR *
Mahnomen County

		Grade	
		9th	12th
		%	%
Have you ever had sexual intercourse ("had sex")? ^	No	84%	36%
	Yes, once or twice	8%	12%
	Yes, 3 times or more	8%	52%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	92%	64%
	1 person	4%	27%
	2 persons	4%	0%
	3 persons	0%	0%
	4 persons	0%	3%
	5 persons	0%	0%
	6 or more persons	0%	6%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	88%	69%
	1 person	8%	6%
	2 persons	4%	6%
	3 persons	0%	6%
	4 persons	0%	3%
	5 persons	0%	0%
	6 or more persons	0%	11%
How many times have you been pregnant or gotten someone pregnant?	0 times	98%	86%
	1 time	2%	9%
	2 or more times	0%	0%
	Not sure	0%	6%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 41B
SEXUAL BEHAVIOR *
Mahnomen County

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade	
		9th	12th
		%	%
Have you talked with your partner(s) about protecting yourselves from getting STDs/HIV/AIDS? **	Never	50%	33%
	Not with every partner	13%	19%
	At least once with every partner	38%	48%
Have you talked with partner(s) about preventing pregnancy? **	Never	50%	19%
	Not with every partner	0%	38%
	At least once with every partner	50%	43%
If you have sexual intercourse, how often do you and/or your partner use any birth control method?	Never	13%	20%
	Rarely	0%	0%
	Sometimes	25%	5%
	Usually	0%	15%
	Always	63%	60%
If you have sexual intercourse, how often is a condom used?	Never	0%	24%
	Rarely	13%	5%
	Sometimes	13%	14%
	Usually	13%	19%
	Always	63%	38%
The last time you had sexual intercourse, did you or your partner use a condom?	Yes	75%	57%
	No	25%	43%

* 6th grade survey did not ask these questions.

** The results for these questions are comparable to the 2001-2007 survey results.

2010 Minnesota Student Survey

TABLE 42
REASONS FOR SEXUAL ABSTINENCE *
Mahnomen County

		Grade	
		9th	12th
		%	%
If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)	One or both of my parents would object	54%	64%
	I don't want to have sex	26%	36%
	Most students in my school don't have sex	3%	0%
	My friends don't have sex	18%	18%
	I don't think it's right for a person my age to have sex	36%	45%
	I'm afraid of getting caught	18%	9%
	My religious or spiritual beliefs	18%	45%
	Sex education at school has shown me the advantages of waiting until I'm older	31%	18%
	I don't want to get a sexually transmitted disease	51%	73%
	Fear of pregnancy ^	64%	91%
	My parents have taught me the advantages of waiting until I'm older	28%	27%
	I have chosen to wait until I'm married	23%	55%
	Other reason(s)	41%	27%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.