# 2007 Minnesota Student Survey County Tables

Fall 2007

Minnesota Student Survey Interagency Team:
Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

**Minnesota Department of Public Safety** 

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### In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2007. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2007 MINNESOTA STUDENT SURVEY

### **Survey Participation**

The 2007 Minnesota Student Survey was administered in the spring of 2007 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 338 public operating districts, 309 agreed to participate (91% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 81% of public school sixth graders, 76% of public school ninth graders, and 58% of public school twelfth graders participated in the 2007 Minnesota Student Survey. Overall participation across the three grades was approximately 72% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

### **New Questions and Year-to-Year Comparisons**

Some of the 2007 survey instrument questions were changed from the 2004 survey instrument. While many questions stayed the same, there were questions that had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

### Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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### **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Ta	ble #
SURVEY ITEM OR DOMAIN	2007	2004
Total number of surveys	1	1
Gender	1	1
Age	1	1
Race/ethnicity	1	1
Feelings about school	2	2
School plans	2	2
Truancy/skipping days of school	2	2
Grades received in school	3	3
Have or ever had an IEP	3	NA
Free/reduced-price lunch	3	NA
Changed schools	3	NA
Students are friendly	4	4
Students behave well	4	4
Students threatened students	4	4
Teachers interested in student	4	4
Teachers show respect for students	4	4
Feel safe going to and from school	5	5
Feel safe at school	5	5
Feel safe in neighborhood	5	NA
Bathrooms in school are safe	5	5
Illegal gang activity at school	5	5
Alcohol/drug use at school	5	5
Sold or given drug at school	6	6
Property stolen/damaged at school	6	6
Skipped school/felt unsafe	6	6
Threatened/assaulted at school	6	6
Sexual harassment at school	6	NA
Victim of bullying	7	NA
Being a bully	7	NA
Time on homework/study	8A	7A
Time reading	8A	7B
Time doing volunteer work	8A	7C
Time working for pay	8A	7C
Time watching TV/DVDs/videos	8B	7B
Time playing computer/video games	8B	7B
Time talking on phone/text messaging	8B	NA
Time online	8B	NA
Time hanging out	8B	7C
Fine arts activities	9A	NA
Private lessons	9A	NA
Club/community sports teams	9A	NA
School sports teams	9A	NA
Hobby/academic clubs	9B	NA
Community clubs/programs	9B	NA
Mentoring programs	9B	NA
Religious activities	9B	NA

	Tab	ole#
SURVEY ITEM OR DOMAIN	2007	2004
Reasons for participating	10	NA
Reasons for not participating	10	NA
Which adults do you live with	11	9
Talk with father about problems	11	9
Talk with mother about problems	11	9
Parents care about you	12	10
Other adult relatives care about you	12	10
Friends care about you	12	11
Teachers/other adults at school care	12	11
Church or spiritual leaders care	12	11
Other adults in community care	12	11
Family alcohol use problems	13	12
Family drug use problems	13	12
Perpetrator of relationship violence	14A	NA
Victim of relationship violence	14A	NA
Victim of relationship sexual assault	14A	NA
Victim of physical abuse at home	14B	13
Witness to physical abuse at home	14B	13
Victim of extrafamilial sexual abuse	14B	14
Victim of intrafamilial sexual abuse	14B	14
Recency of last physical exam	15	15
Ever told had asthma	15	NA
Physical health problem	15	NA
Mental/emotional health problem	15	NA
Ever treated for mental/emotional	15	NA
Ever treated for alcohol/drug problem	15	15
Perception of current weight	16	16
Activities to control weight*	16	16
Weight status according to BMI	16	NA
Strenuous exercise lasting 20 minutes	17	17
Physical activity lasting 30 minutes	17	17
Beverage consumption	18	18
Servings of fruits/vegetables	18	18
Use of seat belts	19	19
Information sources/risk behaviors	20	20
Headaches/stomachaches/sickness	21A	NA
Irritable/angry	21A	NA
Many fears/easily scared	21A	NA
Trouble concentrating	21A	NA
Restless	21A	NA
Sleep trouble	21A	NA
Impulsive	21A	NA
Unhappy/depressed/tearful	21A	NA
Emotional well-being /distress	21B	22
Self-inflicted injury	22	NA
Suicidal thoughts and attempts	22	23

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

### **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Tal	ble #
SURVEY ITEM OR DOMAIN	2007	2004
Played cards for money	23	24
Bet on games of skill	23	24
Bet on sports teams/horseracing*	23	24
Bought lottery tickets	23	24
Gambled in a casino	23	24
Gambled for money online	23	NA
Running away from home	24	26
Vandalism	24	26
Physical fights	24	26
Shoplifting	24	26
Carrying a gun or other weapon	24	26
Use of any tobacco product past month	25	NA
Frequent use of any tobacco product	25	NA
Frequent binge drinking	25	27
Any alcohol/drug use past year	25	27
Frequency of cigarette use past month	26	28
Quantity of cigarettes past month	26	28
Age of first use of cigarettes	26	NA
Use of smokeless tobacco past month	27	NA
Use of cigars/cigarillos past month	27	NA
Age of first use of cigars/smokeless	27	NA
Sources for obtaining tobacco	28	30
Use of fake ID to purchase tobacco	28	30
Frequency of alcohol use past year	29	31
Frequency of alcohol use past month	29	31
Typical alcohol use quantity	29	31
Binge drinking past 2 weeks	29	31
Age of first alcohol use	30	NA
Sources for obtaining alcohol	31	32
Use of fake ID to purchase alcohol	31	32
Drinking and driving	32	33
Marijuana use past month	33	34
Age of first use of marijuana	33	NA
Use of other drugs past month	33	NA
Age of first use of other drugs	33	NA

	Table #		
SURVEY ITEM OR DOMAIN	2007	2004	
Marijuana use past year*	34	34	
Inhalant use past year*	34	34	
LSD/hallucinogen use past year*	34	36	
Heroin use past year*	34	36	
Methamphetamine use past year*	35	35	
Cocaine/crack use past year*	35	35	
MDMA/ecstasy use past year*	35	35	
Stimulant use past year	36A	NA	
ADHD/ADD drug use past year	36A	NA	
Pain reliever use past year	36A	NA	
Tranquilizer use past year	36A	NA	
Prescription drug use past year	36B	NA	
Substance use before/during school	37	38	
Talked about dangers of substance use	38	NA	
Social disapproval of substance use	38	NA	
Perceived risks from substance use	39	NA	
Need more substance to get effect	40A	41A	
Tried to reduce substance use	40A	41A	
Substance use hurt relationships*	40A	41A	
All day substance use or effects	40A	41A	
Given up activities to use substances*	40A	41A	
Use related emotional distress	40A	41A	
Use related neglect of responsibilities*	40B	41B	
Use related legal problems	40B	41B	
Use related violent behavior	40B	41B	
Use related memory problems	40B	41B	
Substance use greater than intended	40B	41B	
Sexual intercourse ever	41A	42A	
Number of sexual partners	41A	42A	
Pregnant or caused pregnancy	41A	42A	
Talk with partner about STD risk	41B	42B	
Talk about pregnancy prevention	41B	42B	
Frequency of birth control	41B	42B	
Frequency of condom use	41B	42B	
Use of condom during last intercourse	41B	42B	
Reasons for sexual abstinence*	42	43	

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

### TABLE 1 DEMOGRAPHIC DESCRIPTION

		Grade							
		6th	1	9th		12tl	n		
		N	%	N	%	N	%		
Total number of surveys		282	100%	289	100%	240	100%		
Gender	Male	137	49%	145	50%	113	47%		
	Female	145	51%	144	50%	127	53%		
Age	11 or younger	100	35%	0	0%	0	0%		
	12	173	61%	0	0%	0	0%		
	13	9	3%	0	0%	0	0%		
	14	0	0%	102	35%	0	0%		
	15	0	0%	170	59%	0	0%		
	16	0	0%	14	5%	0	0%		
	17	0	0%	1	0%	85	35%		
	18	0	0%	0	0%	147	61%		
	19-20	0	0%	0	0%	8	3%		
	No answer	0	0%	2	1%	0	0%		
Race/ethnicity	American Indian	10	4%	7	2%	1	0%		
	Black or African American	2	1%	3	1%	0	0%		
	Hispanic or Latino	20	7%	20	7%	15	6%		
	Asian American or Pacific Islander	2	1%	1	0%	0	0%		
	White	204	72%	227	79%	213	89%		
	Mixed race (checked more than one race/ethnicity)	26	9%	15	5%	8	3%		
	I don't know / no answer	18	6%	16	6%	3	1%		

## TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, AND TRUANCY Polk County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about going to	I like school very much	17%	18%	10%	11%	11%	12%
school?	I like school quite a bit	26%	47%	26%	40%	26%	39%
	I like school a little	32%	24%	37%	28%	48%	33%
	I don't like school very much	18%	7%	19%	15%	13%	12%
	I hate school	7%	4%	8%	6%	2%	5%
Which of these best describes your school plans? *	I would like to quit school as soon as I can			3%	2%	0%	0%
	I plan to finish high school but won't go to college			7%	8%	10%	2%
	I'd like to go to some kind of trade or vocational school			4%	1%	12%	6%
	I'd like to go to college after high school			70%	61%	64%	62%
	I'd like to go to college and then to graduate school			15%	27%	14%	29%
During the last 30	Never	77%	75%	79%	80%	71%	75%
days, how often have you skipped	Once or twice	15%	17%	17%	13%	13%	16%
or cut full days of school?	3 to 5 times	5%	7%	2%	3%	14%	6%
	6 to 10 times	1%	1%	1%	1%	1%	2%
	More than 10 times	1%	0%	1%	2%	1%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS **Polk County**

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Mark the two grades you get the most often.	A only	0%	2%	1%	1%	1%	7%
most often.	A and B only	49%	59%	41%	62%	56%	68%
	B only	7%	4%	1%	1%	4%	3%
	B and C only	22%	19%	31%	17%	14%	15%
	C only	4%	3%	1%	2%	1%	0%
	C and D only	9%	8%	12%	8%	20%	6%
	D only	1%	0%	1%	0%	0%	0%
	D and F only	0%	2%	9%	5%	2%	0%
	F only	1%	0%	0%	0%	0%	0%
	Not applicable or no answer	7%	3%	3%	3%	3%	2%
Do you have or have you ever had an IEP	Yes			19%	18%	17%	6%
(Individualized Education Plan)? *^	No			81%	82%	83%	94%
Do you currently get free or reduced-price lunch	Yes	32%	30%	28%	36%	15%	25%
at school? ^	No	68%	70%	72%	64%	85%	75%
Since the beginning of this school year,	0 times	90%	94%	93%	94%	97%	100%
how many times have you changed schools? ^	1 time	4%	6%	5%	4%	2%	0%
	2 times	2%	1%	2%	1%	1%	0%
	3 or more times	3%	0%	0%	1%	0%	0%

<sup>\* 6</sup>th grade survey did not ask this question. ^ New question in 2007.

# TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT Polk County

		Grade							
		6t	h	9t	h	12th			
		Male	Female	Male	Female	Male	Female		
		%	%	%	%	%	%		
How many students in	All	3%	1%	1%	1%	3%	1%		
your school are friendly?	Most	52%	56%	58%	49%	71%	52%		
	Some	33%	38%	36%	37%	22%	39%		
	A few	12%	6%	6%	13%	4%	8%		
	None	0%	0%	0%	1%	1%	0%		
How many students in	All	4%	4%	3%	2%	1%	2%		
your school behave well in the hallways and	Most	35%	39%	38%	45%	42%	44%		
lunchroom?	Some	42%	38%	45%	32%	41%	39%		
	A few	18%	18%	12%	19%	15%	15%		
	None	1%	1%	1%	2%	1%	1%		
How many students in	All	1%	4%	3%	3%	2%	2%		
your school have made fun of or threatened	Most	12%	4%	13%	13%	12%	12%		
students of different races or backgrounds?	Some	20%	21%	20%	20%	22%	34%		
<b>3</b>	A few	39%	43%	54%	47%	58%	43%		
	None	29%	28%	10%	16%	7%	9%		
How many of your	All	30%	29%	13%	6%	8%	6%		
teachers are interested in you as a person?	Most	26%	35%	29%	23%	38%	40%		
	Some	14%	20%	30%	28%	19%	32%		
	A few	23%	9%	18%	30%	25%	21%		
	None	6%	8%	11%	13%	11%	1%		
How many of your	All	53%	60%	33%	26%	21%	20%		
teachers show respect for students?	Most	27%	29%	42%	46%	46%	57%		
	Some	13%	7%	15%	17%	18%	15%		
	A few	4%	4%	7%	10%	10%	8%		
	None	2%	1%	3%	2%	4%	0%		

## TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY Polk County

		Grade						
How much do you or	vroo or dioograa	6th 9			9th 1		2th	
How much do you agree or disagree with the following statements?  I feel safe going to Strongly agree		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
I feel safe going to	Strongly agree	52%	49%	52%	44%	63%	43%	
and from school	Agree	37%	42%	42%	49%	35%	55%	
	Disagree	7%	7%	5%	6%	2%	2%	
	Strongly disagree	4%	2%	1%	1%	1%	0%	
I feel safe at school	Strongly agree	55%	54%	43%	37%	54%	35%	
	Agree	35%	40%	43%	54%	42%	61%	
	Disagree	8%	2%	13%	8%	2%	3%	
	Strongly disagree	2%	3%	2%	1%	3%	0%	
I feel safe in my	Strongly agree	56%	48%	66%	42%	65%	49%	
neighborhood ^	Agree	32%	39%	31%	51%	33%	46%	
	Disagree	7%	12%	2%	4%	1%	6%	
	Strongly disagree	4%	1%	1%	2%	1%	0%	
Bathrooms in this	Strongly agree	23%	32%	29%	29%	39%	32%	
school are a safe place to be	Agree	47%	47%	53%	55%	47%	58%	
	Disagree	23%	18%	13%	11%	9%	10%	
	Strongly disagree	7%	3%	5%	5%	5%	0%	
Illegal gang activity	Strongly agree	7%	5%	6%	4%	3%	2%	
is a problem at this school	Agree	13%	6%	14%	15%	8%	5%	
	Disagree	34%	34%	48%	52%	38%	54%	
	Strongly disagree	47%	56%	32%	30%	52%	40%	
Student use of	Strongly agree	7%	6%	19%	33%	25%	28%	
alcohol or drugs is a problem at this	Agree	7%	10%	42%	40%	38%	55%	
school	Disagree	33%	29%	30%	22%	24%	13%	
	Strongly disagree	53%	55%	8%	5%	13%	3%	

<sup>^</sup> New question in 2007.

### **TABLE 6** VICTIMIZATION AT SCHOOL

			_	1	Gra			
				th	9th		12	
			Male %	Female %	Male %	Female %	Male %	Female %
During the last 12 months, has anyone offered, sold, or	Yes		1%	3%	19%	10%	20%	11%
given you an illegal drug on school property?	No		99%	97%	81%	90%	80%	89%
During the last 12 months, how many	0 times		70%	70%	67%	66%	60%	75%
times has someone stolen or deliberately	1 time		18%	16%	17%	18%	22%	17%
damaged your property on school property?	2 or 3 times		8%	10%	11%	13%	15%	6%
FF9	4 or 5 times		1%	1%	2%	2%	3%	2%
	6 or more times		2%	2%	3%	1%	0%	0%
During the last 30 days, how many	0 days		94%	95%	94%	97%	97%	98%
days did you not go to school because	1 day		4%	3%	3%	1%	1%	1%
you felt unsafe at school or going to/from school?	2 or 3 days		1%	2%	1%	2%	1%	1%
to/from school?	4 or 5 days		0%	0%	1%	0%	1%	0%
	6 or more days		1%	0%	1%	0%	0%	0%
During the last 12 months, which of the	Threatened you?	Yes	30%	20%	28%	20%	20%	11%
following has happened to you on		No	70%	80%	72%	80%	80%	89%
school property? Has a student:	Pushed, shoved, or grabbed you?	Yes	64%	49%	58%	31%	45%	19%
		No	36%	51%	42%	69%	55%	81%
	Kicked, bitten, or hit you?	Yes	39%	34%	32%	20%	19%	9%
		No	61%	66%	68%	80%	81%	91%
	Stabbed you or fired a gun at you?	Yes	1%	1%	2%	0%	1%	1%
		No	99%	99%	98%	100%	99%	99%
	Touched, grabbed, or pinched you in a	Yes			22%	21%	21%	15%
	sexual way? *^	No			78%	79%	79%	85%
	Made unwanted sexual comments,	Yes			24%	32%	25%	24%
	jokes, gestures, or looks toward you? *^	No			76%	68%	75%	76%

 $<sup>^{\</sup>ast}$  6th grade survey did not ask this question. ^ New question in 2007.

## TABLE 7 BULLYING ^ Polk County

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, how often	Never	50%	36%	55%	57%	69%	75%
has another student or group of students made	Once or twice	29%	43%	30%	31%	24%	21%
fun of or teased you in a hurtful way, or excluded you from friends or activities?	About once a week	8%	11%	6%	6%	4%	2%
	Several times a week	8%	4%	6%	4%	1%	1%
	Every day	4%	5%	3%	3%	3%	1%
During the last 30 days, how often	Never	58%	43%	46%	51%	54%	64%
have you, on your own or as part of a group, made fun of	Once or twice	33%	45%	39%	38%	32%	28%
or teased another student in a hurtful way or excluded another student from friends or	About once a week	4%	3%	7%	6%	6%	5%
	Several times a week	1%	8%	3%	3%	4%	3%
activities?	Every day	3%	1%	6%	3%	4%	0%

<sup>^</sup> New questions in 2007.

### TABLE 8A USE OF TIME Polk County

				Gra	ide		
	ool year, how many	6t	h	9t	h	12	th
hours in a typic spend doing the		Male	Female	Male	Female	Male	Female
<b>3</b>		%	%	%	%	%	%
Homework or	0 hours	9%	6%	14%	5%	30%	9%
study	1-2 hours	50%	44%	49%	50%	39%	39%
	3-5 hours	26%	31%	21%	26%	20%	31%
	6-10 hours	8%	11%	12%	11%	9%	14%
	11-20 hours	4%	3%	2%	4%	1%	6%
	21 hours or more	2%	3%	1%	4%	2%	2%
Reading for pleasure	0 hours	31%	15%	58%	33%	55%	37%
	1-2 hours	48%	43%	34%	36%	30%	40%
	3-5 hours	10%	22%	5%	18%	8%	12%
	6-10 hours	7%	15%	2%	8%	3%	9%
	11-20 hours	3%	2%	1%	3%	3%	2%
	21 hours or more	1%	4%	0%	3%	1%	0%
Volunteer work or	0 hours	72%	67%	75%	72%	74%	74%
community	1-2 hours	18%	22%	16%	18%	18%	20%
service	3-5 hours	5%	8%	4%	8%	3%	4%
	6-10 hours	2%	2%	3%	3%	3%	2%
	11-20 hours	2%	1%	2%	0%	3%	0%
Work for pay	0 hours	47%	28%	52%	31%	23%	16%
(including babysitting for	1-2 hours	25%	31%	19%	22%	8%	11%
others)	3-5 hours	19%	19%	18%	23%	9%	4%
	6-10 hours	5%	12%	6%	14%	13%	18%
	11-20 hours	1%	7%	4%	6%	29%	29%
	21 hours or more	3%	3%	1%	5%	19%	22%

### TABLE 8B USE OF TIME Polk County

During the school year, how many			Grade								
	6t	h	9t	h	12	th					
	Male	Female	Male	Female	Male	Female					
	<del>                                     </del>					%					
	5%	3%	1%	1%	5%	4%					
1-2 hours	18%	28%	19%	20%	15%	21%					
3-5 hours	34%	32%	22%	35%	30%	30%					
6-10 hours	24%	17%	30%	25%	22%	30%					
11-20 hours	8%	9%	17%	11%	18%	10%					
21 hours or more	11%	10%	11%	8%	10%	5%					
0 hours	11%	19%	5%	28%	16%	53%					
1-2 hours	34%	44%	25%	36%	29%	26%					
3-5 hours	25%	16%	23%	15%	21%	12%					
6-10 hours	16%	14%	21%	9%	17%	6%					
11-20 hours	5%	3%	16%	10%	8%	2%					
21 hours or more	9%	5%	10%	2%	9%	0%					
0 hours	46%	31%	26%	15%	12%	9%					
1-2 hours	34%	31%	40%	28%	32%	26%					
3-5 hours	12%	18%	11%	22%	31%	25%					
6-10 hours	5%	8%	8%	17%	13%	20%					
11-20 hours	1%	4%	6%	10%	6%	10%					
21 hours or more	2%	7%	9%	8%	6%	9%					
0 hours	42%	29%	24%	20%	16%	20%					
1-2 hours	31%	30%	25%	22%	37%	27%					
3-5 hours	15%	22%	19%	21%	19%	27%					
6-10 hours	5%	10%	11%	16%	14%	20%					
11-20 hours	5%	5%	11%	11%	8%	5%					
21 hours or more	2%	5%	10%	11%	5%	2%					
0 hours	14%	10%	9%	3%	4%	2%					
1-2 hours	22%	20%	17%	16%	6%	13%					
3-5 hours	29%	17%	20%	24%	14%	16%					
6-10 hours	15%	31%	25%	22%	23%	28%					
11-20 hours		9%				24%					
21 hours or more	+					17%					
	veek do you llowing?  0 hours  1-2 hours  3-5 hours  6-10 hours  11-20 hours  1-2 hours  3-5 hours  6-10 hours  11-20 hours  11-20 hours  21 hours or more  0 hours  1-2 hours  3-5 hours  6-10 hours  11-20 hours  11-20 hours  11-20 hours  11-20 hours  1-2 hours  3-5 hours  6-10 hours  1-2 hours  1-2 hours  1-2 hours  3-5 hours  6-10 hours  11-20 hours  11-20 hours  11-20 hours  1-2 hours  1-2 hours	Male Male Male Male Male Male Male Male	Male   Female   %   %   %	Sear,   how many   week do you	Sear   Now many   Now   Now	Seth   Seth					

<sup>^</sup> New question in 2007.

### TABLE 9A ENRICHMENT ACTIVITIES ^ Polk County

				Gra	de		
During the school have you particip		6t	h	9t	h	12	th
following?	lateu III tile	Male	Female	Male	Female	Male	Female
<b>.</b>		%	%	%	%	%	%
Fine arts activities (band,	Not available in my community	1%	2%	3%	1%	3%	0%
choir, dance, drama, etc.)	Never	50%	15%	64%	30%	63%	35%
urama, etc.)	A few times a year	4%	5%	3%	6%	4%	6%
	Monthly	3%	2%	1%	0%	1%	0%
	1-2 times per week	35%	46%	3%	3%	0%	6%
	3-4 times per week	6%	19%	8%	13%	6%	10%
	Every day	1%	10%	17%	46%	24%	43%
Private lessons (music, dance, etc.)	Not available in my community	5%	5%	7%	6%	6%	6%
	Never	72%	52%	81%	54%	78%	64%
	A few times a year	2%	4%	6%	9%	8%	7%
	Monthly	1%	0%	1%	4%	2%	10%
	1-2 times per week	20%	28%	3%	18%	5%	9%
	3-4 times per week	1%	8%	1%	6%	1%	3%
	Every day	1%	2%	1%	3%	0%	1%
Club or community	Not available in my community	7%	2%	4%	4%	7%	4%
sports teams	Never	30%	27%	43%	38%	54%	51%
	A few times a year	8%	15%	10%	16%	7%	10%
	Monthly	5%	8%	3%	10%	5%	4%
	1-2 times per week	8%	16%	4%	7%	2%	8%
	3-4 times per week	24%	20%	11%	6%	6%	14%
	Every day	17%	12%	26%	21%	19%	9%
School sports teams	Not available in my community	5%	6%	1%	2%	3%	2%
	Never	43%	44%	26%	26%	33%	42%
	A few times a year	13%	15%	11%	13%	7%	5%
	Monthly	6%	6%	5%	2%	3%	6%
	1-2 times per week	8%	10%	4%	4%	5%	7%
	3-4 times per week	18%	13%	10%	10%	8%	14%
	Every day	8%	7%	43%	44%	41%	25%

<sup>^</sup> New questions in 2007.

### TABLE 9B ENRICHMENT ACTIVITIES ^ Polk County

				Gra	de		
During the school y have you participat		6t	h	9t	h	12	th
following?	ieu III uie	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Hobby and academic clubs	Not available in my community	9%	11%	7%	12%	7%	10%
(chess, history, debate, math	Never	78%	70%	80%	73%	77%	64%
team, etc.)	A few times a year	4%	4%	2%	5%	2%	6%
	Monthly	0%	4%	3%	1%	3%	3%
	1-2 times per week	4%	6%	3%	4%	4%	7%
	3-4 times per week	2%	2%	3%	3%	6%	6%
	Every day	3%	4%	3%	2%	2%	5%
Community clubs and programs	Not available in my community	6%	4%	4%	4%	6%	6%
(4-H, Park and Rec, Community	Never	58%	42%	69%	68%	77%	72%
Ed., etc.)	A few times a year	12%	19%	8%	10%	7%	8%
	Monthly	4%	9%	4%	8%	5%	6%
	1-2 times per week	7%	10%	3%	5%	1%	3%
	3-4 times per week	9%	12%	4%	1%	1%	3%
	Every day	4%	5%	8%	4%	2%	2%
Mentoring programs	Not available in my community	5%	11%	7%	8%	8%	11%
	Never	82%	78%	81%	82%	84%	79%
	A few times a year	2%	3%	5%	3%	2%	3%
	Monthly	4%	3%	2%	3%	3%	2%
	1-2 times per week	4%	5%	2%	4%	2%	0%
	3-4 times per week	0%	0%	2%	1%	2%	3%
	Every day	2%	1%	0%	0%	0%	1%
Religious activities	Not available in my community	4%	4%	4%	2%	4%	2%
(religious	Never	38%	28%	35%	25%	46%	36%
services, education, youth group, etc.)	A few times a year	10%	12%	14%	11%	13%	17%
	Monthly	8%	6%	11%	15%	15%	12%
	1-2 times per week	36%	38%	31%	39%	13%	27%
	3-4 times per week	4%	9%	3%	7%	4%	3%
	Every day	1%	4%	3%	2%	4%	3%

<sup>^</sup> New questions in 2007.

## TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES ^ Polk County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
In general, why do	To have fun	85%	85%	80%	87%	84%	92%
you participate in school-based or community-based activities and clubs? (Mark all that apply)	To learn new skills	63%	72%	45%	52%	39%	41%
	My parents or guardians want me to	25%	25%	24%	28%	12%	17%
	My friends participate	35%	45%	36%	51%	32%	49%
	To help me get into college	26%	30%	28%	37%	29%	39%
	Participate for other reasons	25%	21%	16%	20%	13%	19%
In general, why don't you participate in any	Activities are not available in my community	5%	3%	4%	9%	0%	9%
school-based or community-based activities and	Activities cost too much	15%	30%	12%	27%	2%	9%
clubs? (Mark all that apply)	My parents or guardians won't let me	6%	20%	4%	16%	5%	5%
	My friends don't participate	5%	15%	7%	7%	0%	18%
	I'm not interested	68%	65%	49%	60%	53%	52%
	I am too busy with other things	40%	35%	32%	40%	51%	64%
	I didn't make the team/pass the audition, etc.	2%	8%	1%	7%	0%	2%
	I was kicked off or removed	2%	0%	1%	0%	5%	2%
	Don't participate for other reasons	24%	21%	23%	15%	13%	23%

<sup>^</sup> New questions in 2007.

## TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION Polk County

				Gra	nde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Which adults do you live with?	Both biological parents	63%	56%	52%	53%	67%	69%
	Both adoptive parents	1%	0%	1%	1%	0%	0%
	Mother and stepfather	7%	6%	5%	8%	4%	7%
	Father and stepmother	0%	1%	1%	4%	0%	1%
	Mother only	12%	14%	19%	17%	19%	12%
	Father only	1%	2%	5%	3%	4%	2%
	Sometimes with mother, sometimes with father	13%	14%	10%	9%	3%	3%
	Other	3%	4%	5%	4%	3%	4%
	No adults or no answer	0%	1%	1%	1%	0%	2%
Can you talk to your father	Yes, most of the time	51%	20%	42%	27%	44%	25%
about problems you are having?	Yes, some of the time	24%	38%	26%	29%	26%	34%
	No, not very often	16%	20%	17%	21%	18%	27%
	No, not at all	4%	7%	4%	15%	4%	9%
	My father is not around	6%	14%	12%	8%	8%	5%
Can you talk to your mother	Yes, most of the time	60%	60%	48%	41%	46%	47%
about problems you are having?	Yes, some of the time	25%	27%	28%	31%	34%	40%
	No, not very often	12%	7%	17%	18%	14%	10%
	No, not at all	2%	4%	3%	8%	5%	2%
	My mother is not around	1%	2%	3%	1%	1%	2%

## TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING Polk County

				Gra	ide		
		6t	h	9t	h	12	th
How much do you	feel	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
your parents	Not at all	1%	2%	1%	3%	1%	1%
care about you?	A little	0%	2%	1%	6%	2%	1%
	Some	1%	3%	5%	8%	5%	8%
	Quite a bit	7%	6%	10%	13%	19%	13%
	Very much	92%	87%	82%	69%	74%	78%
other adult	Not at all	1%	1%	3%	2%	3%	1%
relatives care about you?	A little	2%	0%	4%	8%	3%	2%
	Some	8%	5%	10%	10%	14%	10%
	Quite a bit	17%	11%	20%	24%	27%	29%
	Very much	72%	83%	63%	55%	54%	58%
friends care	Not at all	1%	1%	2%	3%	1%	1%
about you?	A little	13%	3%	13%	6%	7%	3%
	Some	21%	17%	20%	19%	24%	14%
	Quite a bit	40%	29%	45%	32%	43%	43%
	Very much	25%	50%	20%	41%	25%	39%
teachers/ other	Not at all	1%	5%	9%	9%	7%	2%
adults at school care about you? ^	A little	16%	9%	15%	23%	20%	19%
-	Some	18%	20%	31%	35%	30%	39%
	Quite a bit	30%	35%	32%	22%	29%	29%
	Very much	35%	31%	13%	11%	13%	10%
religious or	Not at all	12%	8%	10%	12%	15%	6%
spiritual leaders care about you? ^	A little	11%	12%	14%	11%	17%	13%
·	Some	17%	18%	22%	21%	24%	33%
	Quite a bit	32%	25%	28%	30%	24%	33%
	Very much	28%	37%	27%	26%	20%	14%
other adults in	Not at all	8%	7%	11%	11%	9%	6%
your community care about you?	A little	18%	8%	16%	23%	29%	17%
	Some	28%	24%	33%	31%	24%	39%
	Quite a bit	24%	38%	29%	22%	26%	31%
	Very much	22%	23%	10%	12%	12%	7%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

# TABLE 13 FAMILY SUBSTANCE ABUSE Polk County

				Gra	de			
		6t	h	9t	h	12th		
		Male	Female	Male Female		Male	Female	
		%	%	%	%	%	%	
Has alcohol use by any family member repeatedly caused	Yes	11%	19%	15%	18%	13%	25%	
family, health, job, or legal problems?	No	89%	81%	85%	82%	88%	75%	
Has drug use by any family member repeatedly caused	Yes	10%	11%	6%	14%	9%	11%	
family, health, job, or legal problems?	No	90%	89%	94%	86%	91%	89%	

### **TABLE 14A** PHYSICAL AND SEXUAL VIOLENCE \*^

			Gra	de	
		9t	:h	12	th
		Male	Female	Male	Female
		%	%	%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	2%	2%	2%	5%
	No	98%	98%	98%	95%
Has someone you were going out with ever hit you, hurt you, threatened	Yes	6%	9%	7%	18%
you or made you feel afraid?	No	94%	91%	93%	82%
Has someone you were going out with ever forced you to have sex or	Yes	4%	7%	3%	16%
do something sexual when you didn't want to?	No	96%	93%	97%	84%

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New questions in 2007.

### TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Has any adult in your household ever hit you so hard or so often that	Yes	8%	13%	5%	15%	5%	10%
you had marks or were afraid of that person?	No	92%	87%	95%	85%	95%	90%
Has anyone in your family ever hit anyone else in the family so	Yes	13%	18%	5%	18%	3%	17%
hard or so often that they had marks or were afraid of that person?	No	87%	82%	95%	82%	97%	83%
Has any older person outside the family touched you sexually	Yes	0%	4%	4%	9%	3%	7%
against your wishes or forced you to touch them sexually?	No	100%	96%	96%	91%	97%	93%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	0%	3%	3%	5%	1%	4%
	No	100%	97%	97%	95%	99%	96%

### **TABLE 15 GENERAL HEALTH ISSUES**

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When was the last time you had a	Within the last 12 months	45%	55%	28%	29%	27%	32%
physical exam?	1-2 years ago	17%	25%	57%	55%	53%	49%
	3-4 years ago	7%	2%	8%	7%	12%	12%
	More than 4 years ago	6%	2%	3%	4%	4%	2%
	I have never had a physical exam	26%	15%	3%	5%	4%	5%
Has a doctor or nurse ever told you that you have asthma? ^	Yes	11%	11%	18%	20%	15%	13%
nave astrima?	No	89%	89%	82%	80%	85%	87%
Do you have a physical health	No	85%	88%	89%	84%	91%	90%
condition or problem that has lasted at least 12 months? ^	Yes	15%	12%	11%	16%	9%	10%
Do you have a mental or emotional health	No	89%	87%	91%	82%	96%	93%
problem that has lasted at least 12 months? ^	Yes	11%	13%	9%	18%	4%	7%
Have you ever been treated for a mental or	No			90%	82%	92%	85%
emotional health problem? *^	Yes, during the last year			6%	8%	4%	5%
	Yes, more than a year ago			4%	10%	4%	10%
Have you ever been treated for an alcohol or other drug problem? *^^	No			95%	98%	91%	94%
	Yes, during the last year			4%	1%	5%	4%
	Yes, more than a year ago			1%	1%	4%	2%

<sup>\* 6</sup>th grade survey did not ask this question.
^ New question in 2007.
^^ New response options in 2007.

## TABLE 16 WEIGHT-RELATED ISSUES Polk County

					Gra	ide		
			61	th	9t	h	12	th
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
At the present time, do you	Underweight		15%	15%	12%	6%	10%	3%
think you are	About the right weig	jht	69%	60%	67%	52%	71%	59%
	Overweight		16%	26%	21%	42%	19%	38%
During the last	I am not trying to	Yes			54%	30%	58%	21%
12 months, have lose weight or control my weight	No			46%	70%	42%	79%	
the following to lose or control	Fast or skip meals	Yes			9%	28%	12%	43%
weight? (Mark all that apply) *^		No			91%	72%	88%	57%
an mat appry,	Smoke cigarettes	Yes			6%	5%	4%	8%
		No			94%	95%	96%	92%
	Exercise	Yes			37%	58%	35%	63%
		No			63%	42%	65%	37%
	Use diet pills, speed or other	Yes			1%	4%	3%	14%
	drugs	No			99%	96%	97%	86%
	Eat healthier	Yes			24%	60%	25%	70%
		No			76%	40%	75%	30%
	Vomit on purpose	Yes			0%	8%	0%	8%
	after eating	No			100%	92%	100%	92%
	Use laxatives	Yes			0%	1%	1%	2%
		No			100%	99%	99%	98%
Weight status *	Not overweight	'			68%	78%	71%	80%
according to Body Mass	At risk for overweig	ht			15%	13%	11%	9%
Index (BMI) **	Overweight				17%	9%	18%	11%
					1 / 70	370	10%	1170

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile

At risk of overweight: 85th to less than the 95th percentile Overweight: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons. Two response options are new in 2007.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. New questions in 2007.

### TABLE 17 EXERCISE

				Gra	de		
		6t	h	9t	h	121	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
On how many of the last 7 days	0 days	8%	9%	13%	17%	16%	27%
did you exercise	1 day	5%	6%	3%	7%	9%	15%
or play sports that made you	2 days	10%	6%	6%	8%	8%	16%
sweat or breathe hard for at least	3 days	11%	12%	10%	11%	12%	13%
20 minutes?	4 days	14%	14%	8%	14%	11%	6%
	5 days	18%	24%	15%	18%	14%	9%
	6 days	11%	17%	9%	10%	17%	8%
	7 days	24%	12%	34%	15%	14%	6%
On how many of	0 days	4%	9%	8%	10%	10%	25%
the last 7 days were you	1 day	9%	6%	3%	6%	8%	11%
physically active for a combined	2 days	14%	8%	6%	9%	8%	15%
total of at least 30 minutes?	3 days	11%	9%	9%	10%	11%	13%
	4 days	10%	16%	8%	13%	13%	7%
	5 days	14%	22%	13%	24%	12%	9%
	6 days	13%	16%	8%	11%	18%	9%
	7 days	24%	14%	45%	17%	21%	10%

### TABLE 18 NUTRITION Polk County

				Gra	ide		
		6t	:h	9t	h	12	th
How many glasses of following did you dring		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Milk	0 glasses	14%	16%	16%	18%	22%	31%
	1-2 glasses	47%	54%	50%	62%	37%	54%
	3-4 glasses	29%	20%	26%	15%	31%	11%
	5 or more glasses	10%	9%	9%	5%	11%	4%
100% fruit juice	0 glasses	41%	45%	33%	47%	37%	56%
	1-2 glasses	39%	39%	50%	43%	49%	36%
	3-4 glasses	9%	10%	13%	6%	11%	9%
	5 or more glasses	11%	6%	4%	3%	3%	0%
Fruit juice drinks	0 glasses	46%	46%	41%	54%	59%	66%
	1-2 glasses	33%	37%	45%	39%	29%	30%
	3-4 glasses	12%	14%	9%	5%	9%	3%
	5 or more glasses	10%	3%	5%	2%	3%	1%
Pop or soda	0 glasses	36%	40%	30%	47%	26%	63%
	1-2 glasses	39%	44%	43%	38%	44%	32%
	3-4 glasses	15%	11%	17%	11%	19%	3%
	5 or more glasses	10%	5%	10%	4%	12%	2%
Sports drinks	0 glasses	53%	61%	49%	62%	46%	80%
	1-2 glasses	25%	25%	26%	27%	34%	17%
	3-4 glasses	13%	12%	18%	8%	13%	2%
	5 or more glasses	9%	3%	7%	3%	6%	2%
Water	0 glasses	6%	6%	6%	6%	6%	6%
	1-2 glasses	27%	22%	29%	25%	32%	31%
	3-4 glasses	27%	28%	24%	35%	26%	29%
	5 or more glasses	40%	44%	40%	34%	36%	34%
How many servings	0 servings	9%	6%	8%	5%	7%	14%
of fruits, fruit juices, or vegetables did	1 serving	18%	12%	13%	15%	19%	15%
you eat yesterday?	2 servings	20%	21%	28%	23%	29%	20%
	3 servings	17%	29%	14%	23%	25%	24%
	4 servings	17%	22%	16%	19%	12%	14%
	5 or more servings	18%	10%	20%	15%	8%	13%

### TABLE 19 SEAT BELT USE

				Gra	ade		
		6th		9th		12th	
How often do you wear a seat belt when you		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
ride in a car?	Never	4%	3%	5%	3%	16%	5%
	Sometimes	23%	15%	31%	23%	36%	26%
	Often	31%	23%	21%	27%	21%	29%
	Always	42%	59%	43%	47%	26%	40%
drive a car? *	I never do this activity			31%	43%	9%	6%
	Never			5%	1%	11%	8%
	Sometimes			15%	8%	31%	13%
	Often			4%	10%	14%	13%
	Always			44%	38%	35%	60%

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS Polk County

				Gra	ıde		
M/hava hava way was	shred most of your	6t	:h	9t	h	12	th
Where have you rece information about	eivea most of your	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
alcohol and other	Friends or peers	16%	40%	51%	63%	78%	75%
drugs? (Mark all that apply)	Parents	59%	71%	49%	61%	42%	55%
	Brothers or sisters	22%	29%	22%	31%	28%	24%
	School/teachers/ counselors	74%	82%	50%	75%	57%	72%
	Clinics/doctors/ nurses	22%	24%	11%	15%	11%	16%
	Religious/ community groups ^	7%	13%	8%	17%	11%	9%
	Internet	17%	16%	13%	15%	22%	20%
	TV/radio/magazines/ newspapers/books	51%	49%	41%	47%	40%	50%
	I do not know much about alcohol or other drugs	8%	6%	8%	6%	2%	0%
sex? (Mark all	Friends or peers	30%	33%	56%	68%	70%	84%
that apply)	Parents	45%	53%	37%	43%	30%	44%
	Brothers or sisters	17%	17%	17%	21%	19%	12%
	School/teachers/ counselors	34%	35%	53%	58%	50%	61%
	Clinics/doctors/ nurses	11%	10%	8%	17%	5%	28%
	Religious/ community groups ^	6%	3%	7%	10%	10%	10%
	Internet	13%	10%	26%	17%	35%	17%
	TV/radio/magazines/ newspapers/books	26%	19%	33%	39%	35%	54%
	I do not know much about sex	20%	28%	1%	7%	4%	2%

<sup>^</sup> New response option in 2007.

## TABLE 21A EMOTIONAL WELL-BEING/DISTRESS ^ Polk County

				Gra	de		
		6t	h	9t	h	12	th
How much do you ag the following stateme		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
I get a lot of	Agree	18%	30%	13%	22%	9%	23%
headaches, stomachaches or	Mostly agree	12%	21%	17%	22%	21%	26%
sickness.	Mostly disagree	30%	24%	26%	22%	20%	33%
	Disagree	40%	24%	44%	34%	50%	18%
I am often irritable	Agree	10%	14%	8%	19%	5%	11%
and angry.	Mostly agree	13%	17%	22%	16%	16%	19%
	Mostly disagree	36%	27%	33%	38%	38%	41%
	Disagree	41%	42%	37%	26%	40%	29%
I have many fears and am easily scared.	Agree	8%	21%	2%	13%	0%	7%
	Mostly agree	11%	15%	5%	12%	4%	17%
	Mostly disagree	30%	28%	29%	29%	18%	30%
	Disagree	52%	36%	64%	47%	78%	46%
I often have trouble	Agree	14%	21%	14%	24%	15%	14%
concentrating.	Mostly agree	22%	22%	25%	24%	26%	26%
	Mostly disagree	26%	24%	29%	26%	28%	38%
	Disagree	38%	32%	32%	27%	31%	22%
I am restless and	Agree	22%	22%	11%	21%	12%	7%
cannot stay still for long.	Mostly agree	26%	19%	20%	23%	26%	17%
	Mostly disagree	15%	26%	25%	23%	27%	41%
	Disagree	37%	33%	44%	33%	35%	35%
I often have trouble	Agree	18%	21%	10%	25%	12%	13%
getting to sleep and staying asleep.	Mostly agree	17%	18%	19%	18%	18%	13%
	Mostly disagree	24%	25%	28%	25%	25%	33%
	Disagree	42%	36%	43%	32%	45%	41%
I do things before I	Agree	19%	19%	16%	20%	13%	8%
think.	Mostly agree	37%	29%	34%	32%	23%	24%
	Mostly disagree	23%	30%	25%	29%	36%	43%
	Disagree	21%	22%	25%	20%	28%	25%
I am often unhappy,	Agree	7%	11%	6%	14%	1%	5%
depressed or tearful.	Mostly agree	9%	11%	8%	15%	8%	19%
	Mostly disagree	31%	18%	26%	30%	23%	31%
	Disagree	53%	60%	61%	41%	68%	45%

<sup>^</sup> New questions in 2007.

### TABLE 21B EMOTIONAL WELL-BEING/DISTRESS Polk County

				Gra	de			
		6t	h	9tl	h	12t	h	
During the last 30 da	vs	Male	Female	Male	Female	Male	Female	
<b>g</b>	,	%	%	%	%	%	%	
have you felt you were under any	Yes, almost more than I could take	8%	5%	10%	25%	11%	17%	
stress or pressure?	Yes, quite a bit of pressure	6%	15%	11%	19%	19%	28%	
	Yes, more than usual	10%	12%	9%	15%	17%	24%	
	Yes, a little	43%	50%	45%	31%	35%	28%	
	Not at all	32%	18%	25%	10%	19%	2%	
have you felt	All the time	3%	3%	1%	11%	2%	4%	
sad?	Most of the time	4%	8%	5%	18%	4%	10%	
	Some of the time	20%	30%	15%	25%	21%	40%	
	Little of the time	44%	47%	51%	36%	48%	40%	
	None of the time	29%	13%	28%	10%	24%	6%	
have you felt so discouraged or hopeless that you	Extremely so, to the point that I have just about given up	5%	5%	4%	12%	2%	2%	
wondered if anything was	Quite a bit	4%	6%	4%	12%	4%	6%	
worthwhile?	Some, enough to bother me	10%	16%	6%	17%	13%	24%	
	A little bit	28%	28%	23%	22%	23%	29%	
	Not at all	53%	45%	64%	38%	59%	39%	
have you felt	All the time	4%	6%	2%	8%	1%	6%	
nervous, worried, or upset?	Most of the time	7%	12%	5%	14%	6%	6%	
•	Some of the time	21%	23%	25%	31%	28%	34%	
	Little of the time	47%	49%	42%	34%	47%	47%	
	None of the time	22%	10%	26%	13%	18%	8%	

## TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Polk County

				Gra	ade			
		6t	h	9t	:h	12th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
Have you ever hurt yourself on purpose ("cutting", burns, bruises)? ^	No	82%	87%	91%	66%	88%	66%	
	Yes, during the last year	15%	8%	7%	25%	10%	9%	
,	Yes, more than a year ago	3%	5%	2%	8%	3%	25%	
Have you ever	No	89%	87%	88%	63%	79%	61%	
thought about killing yourself?	Yes, during the last year	8%	8%	9%	25%	13%	14%	
	Yes, more than a year ago	3%	5%	3%	11%	8%	25%	
Have you ever tried	No	98%	97%	96%	85%	94%	85%	
to kill yourself?	Yes, during the last year	1%	1%	1%	8%	2%	2%	
	Yes, more than a year ago	1%	1%	2%	6%	4%	13%	

<sup>^</sup> New question in 2007.

### **TABLE 23 GAMBLING BEHAVIOR \***

			Grad	е	
During the last 12	months. how often	9th		12t	
have you done the		Male %	Female %	Male %	Female %
Played cards for money  Bet on games of ersonal skill like gool, golf, or owling	Not at all	56%	88%	41%	82%
money	Less than once a month	22%	10%	34%	13%
	About once a month	13%	1%	19%	4%
	About once a week	6%	1%	5%	1%
	Daily	3%	0%	1%	0%
Bet on games of	Not at all	57%	89%	43%	87%
personal skill like pool, golf, or	Less than once a month	23%	9%	28%	9%
bowling	About once a month	11%	0%	16%	4%
	About once a week	5%	1%	9%	0%
	Daily	4%	1%	4%	0%
Bet money on sports teams or horseracing ^	Not at all	68%	92%	60%	88%
	Less than once a month	17%	6%	21%	9%
_	About once a month	9%	2%	16%	2%
	About once a week	4%	0%	3%	1%
	Daily	3%	0%	0%	0%
Bought lottery	Not at all	84%	93%	42%	64%
tickets or scratch offs	Less than once a month	8%	3%	22%	22%
	About once a month	2%	1%	22%	10%
	About once a week	2%	3%	14%	4%
	Daily	4%	0%	1%	0%
Gambled in a	Not at all	93%	99%	54%	72%
casino	Less than once a month	1%	0%	29%	21%
	About once a month	2%	0%	12%	6%
	About once a week	1%	1%	4%	2%
	Daily	4%	0%	2%	0%
Gambled for	Not at all	88%	99%	90%	98%
money online ^^	Less than once a month	4%	0%	5%	1%
	About once a month	4%	1%	4%	0%
	About once a week	1%	0%	1%	1%
	Daily	3%	0%	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New question in 2007.

## TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR Polk County

				Gra	de		
		6tl	h	9tl	h	12t	h
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how often	Never	93%	95%	89%	87%	96%	98%
have you run away	Once or twice	4%	4%	8%	11%	2%	2%
from home?	3 to 5 times	2%	0%	0%	1%	1%	0%
	6 to 10 times	1%	1%	0%	0%	0%	0%
	More than 10 times	0%	0%	3%	1%	1%	0%
During the last 12	Never	86%	94%	78%	91%	73%	96%
months, how often have you damaged	Once or twice	9%	5%	15%	6%	18%	4%
or destroyed property at school or	3 to 5 times	3%	1%	4%	2%	7%	0%
somewhere else?	6 to 10 times	1%	0%	0%	0%	1%	0%
	More than 10 times	1%	1%	4%	1%	1%	0%
During the last 12	Never	68%	74%	70%	80%	75%	92%
months, how often have you hit or beat	Once or twice	21%	17%	19%	14%	20%	6%
up another person?	3 to 5 times	3%	5%	4%	3%	3%	1%
	6 to 10 times	4%	1%	1%	0%	3%	1%
	More than 10 times	5%	3%	7%	3%	0%	1%
During the last 12	Never	95%	95%	74%	83%	68%	78%
months, how often have you taken	Once or twice	3%	4%	10%	10%	21%	12%
something from a store without paying	3 to 5 times	2%	1%	6%	2%	6%	3%
for it?	6 to 10 times	0%	0%	3%	1%	1%	2%
	More than 10 times	0%	0%	6%	5%	4%	5%
On how many of the	0 days	100%	100%	100%	100%	97%	100%
last 30 days did you carry a gun on	1 day	0%	0%	0%	0%	1%	0%
school property?	2 or 3 days	0%	0%	0%	0%	1%	0%
	6 or more days	0%	0%	0%	0%	1%	0%
On how many of the	0 days	99%	99%	93%	98%	88%	98%
last 30 days did you carry a weapon	1 day	1%	1%	2%	1%	4%	0%
(other than a gun) on school property?	2 or 3 days	1%	0%	1%	1%	2%	2%
control property:	4 or 5 days	0%	0%	0%	1%	1%	0%
	6 or more days	0%	0%	3%	0%	5%	1%

#### **TABLE 25 SUMMARY OF SUBSTANCE USE \*\* Polk County**

				Gra	ade		
		6t	:h	9t	:h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days ^	No	99%	98%	71%	85%	59%	76%
	Yes	1%	2%	29%	15%	41%	24%
Frequent use of any tobacco products during the past 30 days (used	No	100%	99%	85%	95%	71%	87%
tobacco on 20 or more of the past 30 days) ^	Yes	0%	1%	15%	5%	29%	13%
Frequent binge drinking in the past year (typically drank 5 or more drinks	No	100%	100%	92%	95%	73%	84%
at a time and drank on 10 or more occasions during the past year)	Yes	0%	0%	8%	5%	27%	16%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	84%	92%	58%	60%	31%	26%
your (excluding tobacce)	Used only alcohol in the past year	11%	3%	20%	23%	31%	40%
	Used only marijuana/other drugs in the past year	2%	2%	1%	1%	1%	2%
	Used both alcohol and marijuana/other drugs in the past year	3%	3%	21%	16%	36%	33%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items. ^ New computed variables in 2007.

## TABLE 26 CIGARETTE USE AND AGE OF FIRST USE Polk County

				Gra	de		
	•	6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	100%	98%	75%	85%	70%	76%
days did you smoke	1 or 2 days	0%	1%	5%	3%	5%	5%
a cigarette?	3 to 5 days	0%	0%	1%	3%	5%	1%
	6 to 9 days	0%	0%	3%	2%	1%	2%
	10 to 19 days	0%	0%	2%	1%	1%	3%
	20 to 29 days	0%	1%	6%	1%	4%	2%
	All 30 days	0%	0%	9%	4%	15%	11%
During the last 30 days, how	Never	100%	98%	76%	85%	72%	77%
frequently have you smoked cigarettes?	Less than one cigarette per day	0%	1%	11%	6%	6%	10%
	One to five cigarettes per day	0%	1%	10%	3%	11%	6%
	About one-half pack per day	0%	0%	2%	5%	5%	6%
	About one pack per day	0%	0%	0%	1%	4%	1%
	About one and one-half packs per day	0%	0%	0%	0%	2%	1%
	Two packs or more per day	0%	0%	1%	1%	0%	0%
How old were you the first time you smoked part or all	I have never smoked part or all of a cigarette	90%	94%	62%	66%	52%	46%
of a cigarette? ^	10 years old or younger	7%	3%	13%	9%	13%	2%
	11 years old	1%	2%	3%	6%	2%	4%
	12 years old	1%	0%	3%	4%	4%	3%
	13 years old	1%	0%	9%	7%	5%	9%
	14 years old	0%	0%	10%	6%	8%	9%
	15 years old	0%	0%	1%	1%	5%	7%
	16 years old	0%	0%	1%	0%	4%	13%
	17 years old or older	0%	0%	0%	0%	6%	8%

<sup>^</sup> New question in 2007.

# TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE ^ Polk County

				Gra	ide		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
	:	%	%	%	%	%	%
During the last 30 days, on how many	0 days	99%	99%	82%	99%	73%	98%
days did you use chewing tobacco,	1 or 2 days	0%	0%	4%	1%	8%	1%
snuff or dip?	3 to 5 days	1%	1%	5%	1%	2%	0%
	6 to 9 days	0%	0%	3%	0%	3%	0%
	10 to 19 days	0%	0%	2%	0%	4%	0%
	20 to 29 days	0%	0%	1%	0%	5%	0%
	All 30 days	0%	0%	4%	0%	6%	1%
During the last 30 days, on how many	0 days	100%	100%	86%	96%	77%	97%
days did you smoke	1 or 2 days	0%	0%	6%	2%	17%	2%
cigars, cigarillos or little cigars?	3 to 5 days	0%	0%	4%	1%	3%	1%
	6 to 9 days	0%	0%	2%	0%	2%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	2%	1%	0%	0%
How old were you the first time you smoked a cigar or used chewing	I have never smoked a cigar or used chewing tobacco	94%	99%	65%	89%	48%	75%
tobacco?	10 years old or younger	4%	1%	8%	2%	2%	0%
	11 years old	1%	1%	4%	1%	4%	0%
	12 years old	1%	0%	4%	3%	5%	0%
	13 years old	0%	0%	6%	2%	6%	3%
	14 years old	0%	0%	11%	3%	8%	3%
	15 years old	0%	0%	3%	0%	5%	3%
	16 years old	0%	0%	0%	0%	11%	6%
	17 years old or older	0%	0%	0%	0%	11%	9%

<sup>^</sup> New questions in 2007.

#### **TABLE 28 ACCESS TO TOBACCO \***

			Grad	de	
INOLUDES ONLY THO	205 W/10 U05D	9t	h	121	h
INCLUDES ONLY THO TOBACCO IN THE LAS		Male	Female	Male	Female
		%	%	%	%
If you used tobacco, how did you get it in	Bought it at gas stations or convenience stores	29%	14%	83%	65%
the last 30 days? (Mark all that apply)	Bought it at bars or restaurants	2%	9%	4%	0%
	Bought it at grocery, discount, or drug stores	0%	5%	13%	10%
	Bought it at places like bowling alleys, video arcades, or pool halls	0%	0%	2%	0%
	Bought it from vending machines	2%	0%	0%	0%
	Bought it on the Internet	2%	0%	0%	0%
	Got it from friends	60%	68%	46%	48%
	Got it from my parents ^	12%	18%	4%	13%
	Got it from other family members ^	7%	32%	4%	10%
	Got it by getting someone else to buy for me	33%	64%	13%	19%
	Took it from my home	17%	23%	7%	3%
	Took it from a friend's home	14%	9%	2%	3%
	Took it from stores	5%	5%	4%	0%

		Grade					
INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS		9t	h	12th			
		Male	Female	Male	Female		
		%	%	%	%		
If you bought tobacco in the last 30 days, did	Yes	18%	6%	9%	0%		
you use a fake ID?	No	82%	94%	91%	100%		

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New reponse option in 2007.

# TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY Polk County

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, on how	0	89%	96%	60%	61%	33%	28%
many occasions (if	1-2	6%	4%	10%	12%	14%	13%
any) have you had alcoholic beverages	3-5	2%	1%	9%	12%	13%	13%
to drink?	6-9	2%	0%	6%	4%	6%	10%
	10-19	0%	0%	7%	5%	7%	13%
	20-39	0%	0%	5%	3%	6%	13%
	40+	2%	0%	4%	2%	21%	9%
During the last 30	0 days	96%	99%	69%	75%	56%	50%
days, on how many days did you drink	1 or 2 days	2%	1%	12%	13%	15%	24%
one or more drinks of an alcoholic	3 to 5 days	2%	0%	11%	6%	6%	15%
beverage?	6 to 9 days	0%	0%	2%	3%	5%	6%
	10 to 19 days	0%	0%	5%	2%	13%	5%
	20 to 29 days	0%	0%	2%	1%	3%	1%
	All 30 days	0%	0%	0%	0%	1%	0%
If you drink beer/wine/wine coolers/hard liquor,	I don't drink beer/wine/wine coolers/hard liquor	88%	96%	62%	64%	36%	29%
generally, how much (if any) do you	1 glass, can, or drink	10%	2%	8%	12%	9%	10%
drink at one time?	2 glasses, cans, or drinks	1%	1%	4%	6%	8%	11%
	3 glasses, cans, or drinks	1%	0%	7%	4%	5%	17%
	4 glasses, cans, or drinks	0%	0%	5%	4%	3%	15%
	5 glasses, cans, or drinks	0%	0%	3%	1%	2%	7%
	6 or more glasses, cans, or drinks	0%	0%	11%	8%	37%	12%
Over the last 2	Never			78%	87%	70%	72%
weeks, how many times (if any) have	Once			8%	5%	5%	12%
you had five or more drinks in a row? *	Twice			7%	3%	7%	8%
	3 - 5 times			4%	4%	7%	6%
	6 or more times			4%	1%	10%	2%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 30 AGE OF FIRST ALCOHOL USE ^ Polk County

				Gra	de		
		6t	h	9t	h	121	:h
		Male	Female	Male Female		Male	Female
		%	%	%	%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	76%	86%	47%	50%	25%	17%
	10 years old or younger	15%	9%	16%	7%	10%	1%
	11 years old	8%	4%	2%	3%	4%	1%
	12 years old	1%	1%	9%	11%	3%	2%
	13 years old	1%	0%	7%	13%	5%	11%
	14 years old	0%	0%	15%	13%	15%	18%
	15 years old	0%	0%	3%	4%	10%	21%
	16 years old	0%	0%	0%	0%	18%	15%
	17 years old or older	0%	0%	0%	0%	11%	15%

<sup>^</sup> New question in 2007.

#### **TABLE 31 ACCESS TO ALCOHOL\***

			Gra	de		
	40 405D	9t	h	12th		
INCLUDES ONLY THOSE WI ALCOHOL IN THE LAST 30 L		Male	Female	Male	Female	
7.20011021111112210100		%	%	%	%	
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores ^	7%	6%	6%	3%	
days? (Mark all that apply)	Bought it at bars or restaurants	5%	6%	8%	2%	
	Bought it at stores	12%	3%	2%	6%	
	Bought it on the Internet	0%	0%	2%	0%	
	Got it from friends	61%	59%	73%	75%	
	Got it from my parents ^	17%	15%	10%	5%	
	Got it from other family members ^	15%	15%	13%	13%	
	Got it by getting someone else to buy for me	22%	56%	46%	43%	
	Got it at parties	41%	53%	33%	48%	
	Took it from my home	34%	18%	17%	6%	
	Took it from a friend's home	17%	15%	6%	8%	
	Took it from stores	5%	3%	8%	0%	

INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS			Grade					
		9t	h	12th				
		Male	Female	Male	Female			
/	ALGORIGE IN THE EAST 30 DATS		%	%	%			
If you bought alcohol in the last 30 days, did	Yes	10%	5%	3%	0%			
you use a fake ID?	No	90%	95%	97%	100%			

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* Percentages are comparable to the 2001 and 2004 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

<sup>^</sup> New response option in 2007.

# TABLE 32 DRINKING AND DRIVING \* Polk County

			Gra	de	
		9t	h	121	:h
		Male Female		Male	Female
		%	%	%	%
During the last 12 months, how many	0 times or no use	87%	93%	60%	62%
times have you driven a motor vehicle after using alcohol or other	Once	5%	3%	11%	15%
	Twice	2%	2%	7%	5%
drugs?	3 or more times	7%	2%	22%	18%
Do you ever ride with friends after they have	No	61%	63%	51%	47%
been using alcohol or	Yes, but rarely	19%	24%	27%	37%
drugs?	Yes, often	12%	7%	20%	12%
	None of my friends use alcohol or other drugs	8%	6%	2%	5%

<sup>\* 6</sup>th grade survey did not ask these questions.

## TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE ^ Polk County

				Gra	de		
		6tl	h	9tl	า	121	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	100%	99%	88%	88%	73%	81%
days did you use	1 or 2 days	0%	1%	3%	7%	8%	6%
marijuana or hashish?	3 to 5 days	0%	0%	1%	2%	2%	4%
	6 to 9 days	0%	0%	1%	2%	5%	4%
	10 to 19 days	0%	0%	2%	0%	4%	1%
	20 to 29 days	0%	0%	3%	0%	5%	2%
	All 30 days	0%	0%	1%	1%	5%	2%
How old were you	I have never tried						
when you tried marijuana for the first	marijuana	98%	100%	76%	82%	60%	58%
time?	10 years old or younger	2%	0%	4%	2%	0%	1%
	11 years old	0%	0%	1%	1%	2%	0%
	12 years old	0%	0%	2%	3%	2%	1%
	13 years old	0%	0%	5%	2%	5%	4%
	14 years old	0%	0%	7%	6%	6%	8%
	15 years old	0%	0%	4%	4%	7%	8%
	16 years old	00/	00/	00/	00/	4.40/	400/
	17 years old or older	0%	0%	0%	0%	14%	12%
	17 years old or older	0%	0%	0%	0%	6%	9%
During the last 30 days, on how many	0 days	98%	99%	97%	94%	91%	94%
days did you use any	1 or 2 days	1%	1%	1%	5%	5%	4%
of these "other drugs"?	3 to 5 days	0%	1%	1%	1%	1%	1%
	6 to 9 days	0%	0%	0%	0%	2%	0%
	10 to 19 days	1%	0%	0%	1%	2%	1%
	20 to 29 days	0%	0%	1%	0%	0%	1%
	All 30 days	1%	0%	1%	0%	0%	0%
How old were you when you tried any of	I have never tried "other drugs"	98%	95%	95%	93%	85%	87%
these "other drugs" for the first time?	10 years old or						
ioi uie iiist uiile!	younger	2%	3%	1%	1%	1%	0%
	11 years old	0%	1%	1%	0%	0%	0%
	12 years old	0%	1%	0%	0%	0%	0%
	13 years old	0%	0%	0%	1%	1%	1%
	14 years old	0%	0%	2%	4%	3%	1%
	15 years old	0%	0%	1%	0%	0%	2%
	16 years old	0%	0%	0%	0%	3%	3%
	17 years old or older	0%	0%	1%	0%	7%	6%

<sup>^</sup> New questions in 2007.

#### **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ **Polk County**

				Gra	de		
Developed the least 40 means the	<i>t</i>	6t	h	9tl	h	12:	th
(if any) have you	s, on how many occasions	Male	Female	Male	Female	Male	Female
(,),		%	%	%	%	%	%
used marijuana (bud,	0	100%	99%	81%	85%	65%	68%
weed, pot) or hashish (hash, hash oil)?	1-2	0%	1%	5%	4%	6%	10%
	3-5	0%	0%	3%	4%	4%	6%
	6-9	0%	0%	1%	2%	3%	5%
	10-19	0%	0%	3%	2%	4%	2%
	20-39	0%	0%	1%	0%	2%	2%
	40+	0%	0%	6%	3%	17%	7%
sniffed glue, or	0	96%	97%	97%	95%	97%	95%
breathed the contents of aerosol spray cans,	1-2	2%	1%	2%	3%	2%	2%
or inhaled any other gases or sprays in	3-5	0%	1%	0%	1%	1%	1%
order to get high?	6-9	1%	0%	0%	1%	0%	2%
	10-19	0%	0%	1%	1%	0%	0%
	40+	1%	0%	0%	0%	0%	0%
used LSD ("acid"),	0			97%	98%	93%	96%
PCP (wet sticks or dipped joints), or other	1-2			0%	2%	4%	1%
psychedelics (like mescaline,	3-5			2%	0%	1%	2%
mushrooms, peyote)? *	6-9			0%	0%	3%	1%
	10-19			2%	0%	0%	0%
	40+			0%	1%	0%	0%
used heroin? *	0			99%	99%	98%	100%
	1-2			1%	0%	0%	0%
	3-5			1%	1%	2%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

### **TABLE 35 METHAMPHETAMINE, COCAINE AND ECSTASY \*^ Polk County**

		Grade				
Devile as the least 40 are sufficient		9tl	h	12th		
During the last 12 months, on how many occasions (if any) have you		Male	Female	Male	Female	
many economic (ii any) ii	used 0		%	%	%	
used	0	97%	98%	98%	100%	
methamphetamine (meth, glass, crank,	1-2	2%	2%	1%	0%	
crystal meth, ice) by any method?	3-5	0%	0%	1%	0%	
	6-9	1%	0%	0%	0%	
	10-19	0%	1%	0%	0%	
used "crack" (cocaine	0	98%	96%	92%	97%	
in chunk or rock form), or cocaine in any other	1-2	1%	2%	3%	0%	
form?	3-5	1%	2%	3%	1%	
	6-9	1%	0%	1%	1%	
	10-19	0%	0%	1%	1%	
	20-39					
		0%	0%	1%	1%	
used MDMA (E, X,	0	99%	98%	95%	100%	
"ecstasy"), GHB (G, Liquid E, Liquid X) or	1-2	1%	2%	4%	0%	
Ketamine ("Special K")?	3-5	0%	0%	1%	0%	
	6-9	1%	0%	0%	0%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

#### **TABLE 36A** PRESCRIPTION DRUGS \*^

		Grade 9th 12th					
During the last 12 months, on ho	A/	9th	1				
many occasions (if any) have you		Male	Female	Male	Female		
used stimulants like	0	%	%	%	%		
Benzedrine or diet pills that were not prescribed for you by a doctor, or that you took only to get high?		96%	96%	98%	97%		
	1-2	1%	2%	0%	0%		
	3-5	1%	1%	0%	2%		
	6-9	2%	0%	0%	1%		
	20-39	0%	1%	2%	0%		
	40+	0%	1%	0%	1%		
used your own or someone else's ADHD or ADD drugs like	0	96%	95%	91%	93%		
Ritalin (hyper pills) to get high?	1-2	0%	2%	2%	2%		
	3-5	4%	2%	1%	0%		
	6-9	0%	0%	1%	0%		
	10-19	0%	2%	6%	19		
	20-39	0%	0%	0%	29		
		0%	0%	0%	2%		
used OxyContin, Percocet, Percodan, Vicodin or other pain	0	96%	95%	90%	96%		
relievers that were not	1-2	1%	2%	4%	0%		
or that you took only to get	3-5	2%	2%	2%	1%		
ercodan, Vicodin or other pain elievers that were not rescribed for you by a doctor,	6-9	2%	2%	1%	0%		
	10-19	0%	1%	3%	2%		
	20-39	0%	0%	0%	19		
	40+	0%	0%	1%	19		
used tranquilizers (Valium,	0	98%	98%	97%	98%		
Xanax, nerve pills) or sedatives or barbituates that were not	1-2	0%	0%	2%	2%		
prescribed for you by a doctor, or that you took only to get	3-5	1%	1%	0%	19		
high?	6-9	1%	1%	0%	0%		
	10-19	0%	0%	1%	0%		

 $<sup>^{\</sup>star}$  6th grade survey did not ask these questions.  $^{\wedge}$  New questions in 2007.

#### **TABLE 36B** PRESCRIPTION DRUGS \*^

	Grad	de	
During the last 12 months,	6th	1	
many occasions (if any) have you		Male	Female
		%	%
used any prescription drugs that were not prescribed for	0	98%	98%
you by a doctor, or that you took only to get high?	1-2	2%	2%
	40+	1%	0%

<sup>\* 9</sup>th-12th grade survey did not ask this question.
^ Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 37 SUBSTANCE USE PATTERNS

		Grade						
_		6t	h	9t	h	12th		
Do you ever u other drugs		Male	Female	Male	Female	Male	Female	
ou.o. a.ago	•	%	%	%	%	%	%	
school?	Yes	4%	1%	12%	7%	19%	6%	
	No	96%	99%	88%	93%	81%	94%	
during	Yes	2%	2%	6%	2%	17%	9%	
School?	No	98%	98%	94%	98%	83%	91%	
right after	Yes	4%	1%	13%	10%	28%	17%	
school?	No	96%	99%	87%	90%	72%	83%	

## TABLE 38 SOCIAL DISAPPROVAL OF SUBSTANCE USE ^

					Gra	ide		
			6t	h	9th		12	th
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
During the last 12 months, have you talked with at least one of your parents (or guardians) about the dangers of tobacco, alcohol, or drug use?	Yes		68%	62%	47%	45%	50%	56%
	No		32%	38%	53%	55%	50%	44%
How do you think your close friends	smoked one or more packs of	They would approve	2%	1%	4%	3%	6%	2%
would feel if you	cigarettes per day?	They would not care at all	2%	3%	17%	14%	21%	16%
		They would disapprove	14%	6%	18%	19%	28%	31%
		They would strongly disapprove	83%	90%	60%	64%	45%	52%
	have five or more drinks of an alcoholic beverage once or twice a week?	They would approve	2%	3%	7%	4%	9%	4%
		They would not care at all	3%	1%	26%	21%	35%	37%
		They would disapprove	18%	9%	17%	17%	17%	35%
		They would strongly disapprove	77%	87%	50%	58%	39%	24%
	smoked marijuana once or	They would approve	2%	3%	7%	5%	8%	5%
	twice a week?	They would not care at all	1%	1%	20%	11%	23%	25%
		They would disapprove	5%	4%	11%	17%	17%	21%
		They would strongly disapprove	93%	92%	63%	68%	51%	49%
	used other drugs once or twice	They would approve	2%	2%	4%	2%	5%	1%
	a week?	They would not care at all	4%	0%	11%	8%	13%	6%
		They would disapprove	10%	7%	10%	14%	18%	23%
		They would strongly disapprove	85%	91%	75%	76%	65%	70%

<sup>^</sup> New questions in 2007.

## TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE ^ Polk County

				Grade						
			6t	h	9t	h	12th			
			Male	Female	Male	Female	Male	Female		
			%	%	%	%	%	%		
How much do you think people	smoke one or more packs of	No risk	3%	4%	5%	4%	5%	2%		
risk harming	cigarettes per	Slight risk	7%	8%	12%	3%	7%	4%		
themselves physically or in	day?	Moderate risk	29%	23%	22%	23%	24%	15%		
other ways if they		Great risk	61%	65%	61%	70%	65%	79%		
	have five or more drinks of an alcoholic beverage once or twice a week?	No risk	3%	6%	9%	4%	7%	2%		
		Slight risk	16%	15%	16%	12%	21%	16%		
		Moderate risk	30%	32%	29%	25%	35%	36%		
		Great risk	52%	48%	47%	59%	36%	46%		
	smoke marijuana once or twice a week?	No risk	5%	6%	10%	7%	15%	6%		
		Slight risk	4%	5%	10%	9%	18%	15%		
		Moderate risk	16%	21%	27%	18%	21%	17%		
		Great risk	76%	67%	54%	67%	45%	61%		

<sup>^</sup> New questions in 2007.

#### **TABLE 40A** CONSEQUENCES OF SUBSTANCE USE \* **Polk County**

			Gra		
		9th		12th	
During the last 12 months		Male	Female	Male	Female
		%	%	%	%
have you found that you had to use a lot more alcohol or other drugs than before to	No or no use	89%	89%	81%	87%
get the same effect?	Yes	11%	11%	19%	13%
have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	93%	92%	91%	90%
	Yes	7%	8%	9%	10%
have you continued to use alcohol or other drugs even though you knew it was hurting your relationships with friends or family? ^	No or no use	90%	91%	83%	83%
	Yes	10%	9%	17%	17%
how many times have you spent all or most of the day using alcohol or other drugs,	0 times or no use	83%	86%	71%	75%
or getting over their effects?	Once	10%	7%	7%	10%
	Twice	2%	3%	5%	9%
	3 or more times	5%	4%	17%	7%
how many times have you given up important social or recreational activities like	0 times or no use	92%	90%	83%	83%
sports or being with friends or relatives in order to use	Once	3%	4%	6%	6%
alcohol or other drugs or to get over their effects? ^	Twice	2%	2%	4%	9%
	3 or more times	3%	4%	7%	2%
how many times has alcohol or other drug use left you feeling depressed,	0 times or no use	86%	87%	83%	74%
agitated, paranoid, or unable to concentrate?	Once	7%	5%	6%	11%
	Twice	2%	4%	4%	7%
	3 or more times	4%	3%	7%	8%

<sup>\* 6</sup>th grade survey did not ask these questions. ^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 40B CONSEQUENCES OF SUBSTANCE USE \***

			Grad	de		
		9t	h	12th		
During the last 12 months		Male	Female	Male	Female	
During the fact 12 mentile m		%	%	%	%	
how many times have you	0 times or no use	95%	95%	90%	86%	
missed work or school, or neglected other major	Once	2%	4%	4%	5%	
responsibilities because of alcohol or other drug use? ^	Twice	1%	2%	1%	4%	
	3 or more times	2%	0%	5%	4%	
how many times has alcohol or other drug use caused you problems with the law?	0 times or no use	90%	91%	90%	89%	
	Once	5%	5%	5%	9%	
	Twice	1%	3%	3%	2%	
	3 or more times	4%	1%	2%	1%	
how many times have you	0 times or no use	90%	97%	91%	87%	
hit someone or become violent while using alcohol or other	Once	3%	1%	3%	7%	
drugs?	Twice	2%	1%	5%	5%	
	3 or more times	5%	1%	1%	1%	
how many times have you	0 times or no use	85%	82%	73%	58%	
used so much alcohol or other drugs that later you could not	Once	5%	8%	6%	18%	
remember what you had said or done?	Twice	4%	7%	4%	11%	
	3 or more times	7%	3%	17%	13%	
how many times have you	0 times or no use	86%	79%	73%	59%	
used more alcohol or other drugs than you intended to?	Once	7%	12%	6%	14%	
	Twice	2%	5%	9%	10%	
	3 or more times	5%	4%	12%	18%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41A SEXUAL BEHAVIOR \***

			Grade				
		9t	h	121	h		
		Male	Female	Male	Female		
		%	%	%	%		
Have you ever had sexual intercourse	No	70%	86%	42%	40%		
("had sex")? ^	Yes, once or twice	14%	7%	15%	14%		
	Yes, 3 times or more	16%	7%	42%	47%		
During the last 12 months, with how	None	93%	86%	87%	41%		
many different male	1 person	4%	9%	8%	39%		
partners have you had sexual intercourse?	2 persons	1%	1%	2%	14%		
	3 persons	0%	1%	2%	4%		
	4 persons	0%	0%	0%	2%		
	5 persons	0%	1%	0%	1%		
	6 or more persons	2%	1%	1%	0%		
During the last 12 months, with how	None	74%	96%	46%	97%		
many different female	1 person	10%	3%	28%	2%		
partners have you had sexual intercourse?	2 persons	6%	1%	14%	0%		
	3 persons	2%	0%	3%	1%		
	4 persons	1%	0%	1%	0%		
	5 persons	0%	0%	4%	0%		
	6 or more persons	8%	0%	5%	0%		
How many times have	0 times	93%	96%	96%	95%		
you been pregnant or gotten someone	1 time	2%	2%	3%	4%		
pregnant?	2 or more times	1%	1%	0%	1%		
	Not sure	4%	1%	1%	0%		

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

			Grad	de		
INCLUDES ONLY TUOSE I	WIO HAVE EVER HAD	9ti	n	12t	h	
INCLUDES ONLY THOSE V SEXUAL INTERCOURSE	VHO HAVE EVER HAD	Male	Female	Male	Female	
	_	%	%	%	%	
Have you talked with your partner(s) about	Never	39%	37%	34%	33%	
protecting yourselves from getting STDs/HIV/AIDS? **	Not with every partner	13%	21%	14%	9%	
STDS/IIIV/AIDS:	At least once with every partner	47%	42%	52%	57%	
Have you talked with partner(s) about	Never	49%	32%	25%	20%	
preventing pregnancy? **	Not with every partner	8%	16%	19%	16%	
	At least once with every partner	44%	53%	56%	64%	
If you have sexual intercourse, how often do	Never	36%	44%	25%	10%	
you and/or your partner use any birth control	Rarely	8%	6%	3%	7%	
method?	Sometimes	11%	6%	7%	7%	
	Usually	8%	6%	12%	8%	
	Always	36%	39%	53%	68%	
If you have sexual intercourse, how often is	Never	11%	6%	16%	14%	
a condom used?	Rarely	11%	6%	7%	15%	
	Sometimes	6%	17%	8%	11%	
	Usually	3%	11%	15%	22%	
	Always	69%	61%	54%	38%	
The last time you had sexual intercourse, did	Yes	74%	74%	69%	63%	
you or your partner use a condom?	No	26%	26%	31%	37%	

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001 and 2004 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE \***

		Grade					
		9t	h	12t	h		
		Male	Female	Male	Female		
		%	%	%	%		
If you do not have sexual intercourse, what factors	One or both of my parents would object	40%	66%	26%	58%		
influence your choice not to? (Mark all that apply)	I don't want to have sex	26%	52%	28%	55%		
(магк ан шас арргу)	Most students in my school don't have sex	11%	7%	2%	0%		
	My friends don't have sex	20%	31%	9%	16%		
	I don't think it's right for a person my age to have sex	41%	65%	21%	42%		
	I'm afraid of getting caught	26%	29%	9%	18%		
	My religious or spiritual beliefs	25%	36%	26%	44%		
	Sex education at school has shown me the advantages of waiting until I'm older	22%	36%	14%	22%		
	I don't want to get a sexually transmitted disease	48%	61%	26%	64%		
	Fear of pregnancy ^	29%	63%	36%	73%		
	My parents have taught me the advantages of waiting until I'm older	19%	42%	19%	42%		
	I have chosen to wait until I'm married	32%	48%	28%	51%		
	Other reason(s) ^^	40%	40%	57%	35%		

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New response option in 2007.