# 2007 Minnesota Student Survey County Tables

Fall 2007

Minnesota Student Survey Interagency Team:
Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

**Minnesota Department of Public Safety** 

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#### In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2007. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2007 MINNESOTA STUDENT SURVEY

#### **Survey Participation**

The 2007 Minnesota Student Survey was administered in the spring of 2007 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 338 public operating districts, 309 agreed to participate (91% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 81% of public school sixth graders, 76% of public school ninth graders, and 58% of public school twelfth graders participated in the 2007 Minnesota Student Survey. Overall participation across the three grades was approximately 72% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

#### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

Some of the 2007 survey instrument questions were changed from the 2004 survey instrument. While many questions stayed the same, there were questions that had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

#### Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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## **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Table #			
SURVEY ITEM OR DOMAIN	2007	2004		
Total number of surveys	1	1		
Gender	1	1		
Age	1	1		
Race/ethnicity	1	1		
Feelings about school	2	2		
School plans	2	2		
Truancy/skipping days of school	2	2		
Grades received in school	3	3		
Have or ever had an IEP	3	NA		
Free/reduced-price lunch	3	NA		
Changed schools	3	NA		
Students are friendly	4	4		
Students behave well	4	4		
Students threatened students	4	4		
Teachers interested in student	4	4		
Teachers show respect for students	4	4		
Feel safe going to and from school	5	5		
Feel safe at school	5	5		
Feel safe in neighborhood	5	NA		
Bathrooms in school are safe	5	5		
Illegal gang activity at school	5	5		
Alcohol/drug use at school	5	5		
Sold or given drug at school	6	6		
Property stolen/damaged at school	6	6		
Skipped school/felt unsafe	6	6		
Threatened/assaulted at school	6	6		
Sexual harassment at school	6	NA		
Victim of bullying	7	NA		
Being a bully	7	NA		
Time on homework/study	8A	7A		
Time reading	8A	7B		
Time doing volunteer work	8A	7C		
Time working for pay	8A	7C		
Time watching TV/DVDs/videos	8B	7B		
Time playing computer/video games	8B	7B		
Time talking on phone/text messaging	8B	NA		
Time online	8B	NA		
Time hanging out	8B	7C		
Fine arts activities	9A	NA		
Private lessons	9A	NA		
Club/community sports teams	9A	NA		
School sports teams	9A	NA		
Hobby/academic clubs	9B	NA		
Community clubs/programs	9B	NA		
Mentoring programs	9B	NA		
Religious activities	9B	NA		

	Tab	able #		
SURVEY ITEM OR DOMAIN	2007	2004		
Reasons for participating	10	NA		
Reasons for not participating	10	NA		
Which adults do you live with	11	9		
Talk with father about problems	11	9		
Talk with mother about problems	11	9		
Parents care about you	12	10		
Other adult relatives care about you	12	10		
Friends care about you	12	11		
Teachers/other adults at school care	12	11		
Church or spiritual leaders care	12	11		
Other adults in community care	12	11		
Family alcohol use problems	13	12		
Family drug use problems	13	12		
Perpetrator of relationship violence	14A	NA		
Victim of relationship violence	14A	NA		
Victim of relationship sexual assault	14A	NA		
Victim of physical abuse at home	14B	13		
Witness to physical abuse at home	14B	13		
Victim of extrafamilial sexual abuse	14B	14		
Victim of intrafamilial sexual abuse	14B	14		
Recency of last physical exam	15	15		
Ever told had asthma	15	NA		
Physical health problem	15	NA		
Mental/emotional health problem	15	NA		
Ever treated for mental/emotional	15	NA		
Ever treated for alcohol/drug problem	15	15		
Perception of current weight	16	16		
Activities to control weight*	16	16		
Weight status according to BMI	16	NA		
Strenuous exercise lasting 20 minutes	17	17		
Physical activity lasting 30 minutes	17	17		
Beverage consumption	18	18		
Servings of fruits/vegetables	18	18		
Use of seat belts	19	19		
Information sources/risk behaviors	20	20		
Headaches/stomachaches/sickness	21A	NA		
Irritable/angry	21A	NA		
Many fears/easily scared	21A	NA		
Trouble concentrating	21A	NA		
Restless	21A	NA		
Sleep trouble	21A	NA		
Impulsive	21A	NA		
Unhappy/depressed/tearful	21A	NA		
Emotional well-being /distress	21B	22		
Self-inflicted injury	22	NA		
Suicidal thoughts and attempts	22	23		

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

## **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Table #		
SURVEY ITEM OR DOMAIN	2007	2004	
Played cards for money	23	24	
Bet on games of skill	23	24	
Bet on sports teams/horseracing*	23	24	
Bought lottery tickets	23	24	
Gambled in a casino	23	24	
Gambled for money online	23	NA	
Running away from home	24	26	
Vandalism	24	26	
Physical fights	24	26	
Shoplifting	24	26	
Carrying a gun or other weapon	24	26	
Use of any tobacco product past month	25	NA	
Frequent use of any tobacco product	25	NA	
Frequent binge drinking	25	27	
Any alcohol/drug use past year	25	27	
Frequency of cigarette use past month	26	28	
Quantity of cigarettes past month	26	28	
Age of first use of cigarettes	26	NA	
Use of smokeless tobacco past month	27	NA	
Use of cigars/cigarillos past month	27	NA	
Age of first use of cigars/smokeless	27	NA	
Sources for obtaining tobacco	28	30	
Use of fake ID to purchase tobacco	28	30	
Frequency of alcohol use past year	29	31	
Frequency of alcohol use past month	29	31	
Typical alcohol use quantity	29	31	
Binge drinking past 2 weeks	29	31	
Age of first alcohol use	30	NA	
Sources for obtaining alcohol	31	32	
Use of fake ID to purchase alcohol	31	32	
Drinking and driving	32	33	
Marijuana use past month	33	34	
Age of first use of marijuana	33	NA	
Use of other drugs past month	33	NA	
Age of first use of other drugs	33	NA	

	Table #			
SURVEY ITEM OR DOMAIN	2007	2004		
Marijuana use past year*	34	34		
Inhalant use past year*	34	34		
LSD/hallucinogen use past year*	34	36		
Heroin use past year*	34	36		
Methamphetamine use past year*	35	35		
Cocaine/crack use past year*	35	35		
MDMA/ecstasy use past year*	35	35		
Stimulant use past year	36A	NA		
ADHD/ADD drug use past year	36A	NA		
Pain reliever use past year	36A	NA		
Tranquilizer use past year	36A	NA		
Prescription drug use past year	36B	NA		
Substance use before/during school	37	38		
Talked about dangers of substance use	38	NA		
Social disapproval of substance use	38	NA		
Perceived risks from substance use	39	NA		
Need more substance to get effect	40A	41A		
Tried to reduce substance use	40A	41A		
Substance use hurt relationships*	40A	41A		
All day substance use or effects	40A	41A		
Given up activities to use substances*	40A	41A		
Use related emotional distress	40A	41A		
Use related neglect of responsibilities*	40B	41B		
Use related legal problems	40B	41B		
Use related violent behavior	40B	41B		
Use related memory problems	40B	41B		
Substance use greater than intended	40B	41B		
Sexual intercourse ever	41A	42A		
Number of sexual partners	41A	42A		
Pregnant or caused pregnancy	41A	42A		
Talk with partner about STD risk	41B	42B		
Talk about pregnancy prevention	41B	42B		
Frequency of birth control	41B	42B		
Frequency of condom use	41B	42B		
Use of condom during last intercourse	41B	42B		
Reasons for sexual abstinence*	42	43		

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

## TABLE 1 DEMOGRAPHIC DESCRIPTION

				Grad	le		
		6th		9th		12th	
		N	%	N	%	N	%
Total number of surveys		464	100%	470	100%	300	100%
Gender	Male	229	49%	234	50%	153	51%
	Female	235	51%	236	50%	147	49%
Age	11 or younger	210	45%	0	0%	0	0%
	12	250	54%	0	0%	0	0%
	13	4	1%	0	0%	0	0%
	14	0	0%	157	33%	0	0%
	15	0	0%	303	64%	0	0%
	16	0	0%	8	2%	0	0%
	17	0	0%	0	0%	90	30%
	18	0	0%	0	0%	201	67%
	19-20	0	0%	0	0%	9	3%
	No answer	0	0%	2	0%	0	0%
Race/ethnicity	American Indian	10	2%	3	1%	2	1%
	Black or African American	4	1%	2	0%	1	0%
	Hispanic or Latino	7	2%	11	2%	0	0%
	Asian American or Pacific Islander	3	1%	5	1%	4	1%
	White	378	81%	407	87%	282	94%
	Mixed race (checked more than one race/ethnicity)	23	5%	31	7%	4	1%
	I don't know / no answer	39	8%	11	2%	7	2%

# TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, AND TRUANCY Goodhue County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about going to	I like school very much	18%	28%	8%	10%	7%	11%
school?	I like school quite a bit	33%	37%	31%	40%	32%	41%
	I like school a little	31%	25%	34%	31%	34%	32%
	I don't like school very much	12%	7%	15%	14%	16%	10%
	I hate school	7%	3%	11%	6%	11%	5%
Which of these best describes your school plans? *	I would like to quit school as soon as I can			1%	0%	0%	1%
	I plan to finish high school but won't go to college			9%	3%	8%	2%
	I'd like to go to some kind of trade or vocational school			8%	3%	18%	2%
	I'd like to go to college after high school			55%	64%	53%	56%
	I'd like to go to college and then to graduate school			27%	31%	21%	39%
During the last 30	Never	85%	88%	86%	84%	64%	73%
days, how often have you skipped	Once or twice	12%	11%	10%	11%	24%	18%
or cut full days of school?	3 to 5 times	3%	1%	3%	4%	7%	8%
	6 to 10 times	1%	0%	0%	0%	3%	1%
	More than 10 times	0%	0%	1%	0%	3%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS **Goodhue County**

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Mark the two grades you get the	A only	6%	4%	2%	3%	1%	5%
most often.	A and B only	63%	71%	49%	59%	46%	72%
	B only	3%	3%	2%	1%	3%	1%
	B and C only	15%	12%	28%	22%	30%	15%
	C only	0%	0%	0%	1%	3%	0%
	C and D only	6%	1%	8%	6%	8%	3%
	D only	0%	0%	1%	0%	1%	0%
	D and F only	2%	1%	3%	2%	1%	1%
	F only	0%	0%	0%	0%	1%	0%
	Not applicable or no answer	5%	6%	7%	6%	6%	3%
Do you have or have you ever had an IEP	Yes			19%	12%	11%	8%
(Individualized Education Plan)? *^	No			81%	88%	89%	92%
Do you currently get free or reduced-price lunch	Yes	25%	21%	15%	17%	10%	7%
at school? ^	No	75%	79%	85%	83%	90%	93%
Since the beginning of this school year,	0 times	95%	95%	96%	98%	97%	98%
how many times have you changed schools? ^	1 time	2%	3%	3%	1%	1%	1%
	2 times	1%	2%	1%	1%	2%	1%
	3 or more times	2%	0%	0%	0%	1%	0%

<sup>\* 6</sup>th grade survey did not ask this question. ^ New question in 2007.

## TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT

			Grade							
		6t	h	9t	h	12	th			
		Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%			
How many students in	All	3%	3%	3%	0%	5%	1%			
your school are friendly?	Most	54%	56%	52%	56%	64%	67%			
	Some	35%	33%	40%	33%	23%	27%			
	A few	7%	7%	5%	10%	5%	5%			
	None	0%	0%	0%	0%	3%	0%			
How many students in	All	4%	3%	3%	1%	3%	3%			
your school behave well in the hallways and	Most	36%	36%	41%	42%	47%	44%			
lunchroom?	Some	40%	42%	38%	39%	34%	33%			
	A few	20%	18%	18%	17%	13%	20%			
	None	1%	0%	1%	1%	3%	0%			
How many students in	All	1%	0%	1%	1%	3%	1%			
your school have made fun of or threatened	Most	7%	6%	14%	9%	18%	8%			
students of different races or backgrounds?	Some	20%	15%	20%	20%	24%	29%			
J	A few	42%	43%	47%	52%	50%	54%			
	None	30%	36%	17%	17%	5%	7%			
How many of your	All	31%	34%	7%	6%	9%	6%			
teachers are interested in you as a person?	Most	27%	38%	28%	26%	32%	37%			
	Some	17%	14%	27%	29%	31%	29%			
	A few	15%	12%	26%	27%	19%	23%			
	None	10%	2%	11%	12%	9%	5%			
How many of your	All	59%	65%	29%	28%	27%	17%			
teachers show respect for students?	Most	27%	25%	42%	43%	39%	57%			
	Some	6%	5%	14%	15%	19%	14%			
	A few	5%	4%	9%	12%	9%	10%			
	None	3%	0%	6%	2%	5%	1%			

# TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY Goodhue County

				Gra	ide		
How much do you on	uraa ar diaaaraa	6th			h	12th	
How much do you agree or disagree with the following statements?		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
I feel safe going to and from school	Strongly agree	58%	53%	53%	49%	59%	54%
and from school	Agree	36%	41%	43%	46%	38%	45%
	Disagree	4%	5%	3%	4%	2%	1%
	Strongly disagree	1%	0%	1%	0%	1%	0%
I feel safe at school	Strongly agree	55%	55%	42%	40%	56%	47%
	Agree	38%	39%	49%	53%	37%	47%
	Disagree	5%	5%	8%	7%	5%	4%
	Strongly disagree	2%	1%	1%	0%	3%	1%
I feel safe in my	Strongly agree	66%	58%	63%	58%	65%	62%
neighborhood ^	Agree	28%	34%	30%	39%	29%	37%
	Disagree	5%	7%	4%	2%	3%	1%
	Strongly disagree	2%	0%	2%	1%	3%	0%
Bathrooms in this	Strongly agree	27%	37%	32%	38%	45%	44%
school are a safe place to be	Agree	47%	45%	52%	53%	41%	49%
	Disagree	17%	14%	10%	6%	7%	6%
	Strongly disagree	9%	4%	6%	3%	7%	1%
Illegal gang activity	Strongly agree	7%	6%	4%	3%	7%	1%
is a problem at this school	Agree	9%	11%	13%	10%	7%	5%
	Disagree	39%	34%	42%	49%	36%	38%
	Strongly disagree	45%	50%	40%	38%	51%	56%
Student use of	Strongly agree	7%	7%	17%	25%	21%	22%
alcohol or drugs is a problem at this	Agree	11%	19%	43%	46%	38%	50%
school	Disagree	36%	34%	33%	24%	29%	25%
	Strongly disagree	47%	41%	7%	5%	12%	3%

<sup>^</sup> New question in 2007.

#### **TABLE 6** VICTIMIZATION AT SCHOOL

					Gra	ide		
			61	th	91	h	12	th
			Male	Female	Male	Female	Male	Female
During the last 12	Yes		%	%	%	%	%	%
During the last 12 months, has anyone offered, sold, or	Tes		0%	2%	12%	9%	20%	7%
given you an illegal drug on school property?	No		100%	98%	88%	91%	80%	93%
During the last 12 months, how many	0 times		67%	74%	59%	65%	68%	80%
times has someone stolen or deliberately	1 time		17%	16%	23%	19%	16%	12%
damaged your property on school property?	2 or 3 times		11%	5%	12%	12%	8%	5%
property.	4 or 5 times		4%	3%	3%	2%	1%	2%
	6 or more times		1%	2%	3%	2%	6%	1%
During the last 30 days, how many	0 days		99%	95%	99%	97%	95%	99%
days did you not go to school because	1 day		1%	4%	1%	2%	2%	0%
you felt unsafe at school or going to/from school?	2 or 3 days		0%	1%	0%	1%	1%	1%
to/from school:	4 or 5 days		0%	0%	0%	0%	0%	0%
	6 or more days		0%	0%	0%	0%	2%	0%
During the last 12 months, which of the	Threatened you?	Yes	21%	15%	23%	19%	21%	6%
following has happened to you on school property?		No	79%	85%	77%	81%	79%	94%
Has a student:	Pushed, shoved, or grabbed you?	Yes	58%	38%	60%	33%	44%	21%
		No	42%	62%	40%	67%	56%	79%
	Kicked, bitten, or hit you?	Yes	38%	24%	31%	12%	23%	8%
		No	62%	76%	69%	88%	77%	92%
	Stabbed you or fired a gun at you?	Yes	0%	0%	2%	0%	4%	0%
		No	100%	100%	98%	100%	96%	100%
	Touched, grabbed, or pinched you in a	Yes			16%	22%	24%	15%
	sexual way? *^	No			84%	78%	76%	85%
	Made unwanted sexual comments,	Yes			15%	32%	24%	27%
	jokes, gestures, or looks toward you? *^	No			85%	68%	76%	73%

 $<sup>^{\</sup>ast}$  6th grade survey did not ask this question. ^ New question in 2007.

## TABLE 7 BULLYING ^

				Gra	ide		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	52%	45%	62%	57%	63%	69%
	Once or twice	32%	36%	25%	32%	26%	27%
	About once a week	7%	7%	2%	4%	7%	3%
	Several times a week	4%	8%	6%	3%	1%	1%
	Every day	4%	3%	5%	4%	3%	0%
During the last 30 days, how often	Never	63%	62%	48%	51%	49%	64%
have you, on your own or as part of a group, made fun of	Once or twice	29%	34%	37%	39%	31%	28%
or teased another student in a hurtful way or excluded another student from friends or activities?	About once a week	4%	3%	4%	5%	10%	4%
	Several times a week	2%	1%	6%	4%	3%	4%
activities :	Every day	2%	0%	5%	1%	6%	0%

<sup>^</sup> New questions in 2007.

## TABLE 8A USE OF TIME

				Gra	ide		
	ool year, how many	6t	h	9t	h	12	th
hours in a typic spend doing the		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Homework or	0 hours	8%	4%	8%	4%	17%	5%
study	1-2 hours	43%	43%	45%	36%	44%	21%
	3-5 hours	27%	28%	27%	35%	23%	36%
	6-10 hours	15%	16%	14%	14%	9%	27%
	11-20 hours	5%	5%	5%	7%	5%	9%
	21 hours or more	3%	3%	1%	3%	2%	3%
Reading for	0 hours	27%	16%	51%	29%	53%	29%
3-	1-2 hours	44%	49%	31%	46%	29%	42%
	3-5 hours	17%	16%	9%	12%	5%	13%
	6-10 hours	7%	8%	6%	7%	8%	11%
	11-20 hours	3%	7%	3%	4%	2%	3%
	21 hours or more	3%	4%	1%	2%	2%	2%
Volunteer	0 hours	76%	63%	68%	62%	58%	43%
work or community	1-2 hours	21%	30%	23%	28%	32%	41%
service	3-5 hours	3%	4%	5%	9%	7%	8%
	6-10 hours	0%	1%	2%	1%	1%	7%
	11-20 hours	0%	1%	2%	0%	1%	1%
	21 hours or more	0%	0%	0%	0%	1%	0%
Work for pay	0 hours	49%	39%	41%	36%	23%	17%
(including babysitting for	1-2 hours	30%	30%	21%	23%	8%	8%
others)	3-5 hours	13%	16%	13%	17%	9%	13%
	6-10 hours	6%	7%	12%	11%	16%	16%
	11-20 hours	1%	6%	6%	8%	22%	27%
	21 hours or more	1%	2%	7%	4%	22%	18%

## TABLE 8B USE OF TIME Goodhue County

				Gra	de		
During the school y hours in a typical v		6t	h	9t	h	12	th
spend doing the fo		Male	Female	Male	Female	Male	Female
,		%	%	%	%	%	%
Watching TV, DVDs or videos	0 hours	3%	3%	1%	1%	1%	1%
DVDS OF VIGEOS	1-2 hours	30%	32%	14%	25%	18%	28%
	3-5 hours	33%	35%	29%	31%	32%	31%
	6-10 hours	17%	19%	33%	26%	23%	23%
	11-20 hours	7%	7%	13%	8%	14%	10%
	21 hours or more	10%	4%	10%	9%	11%	8%
Playing computer	0 hours	10%	24%	6%	35%	17%	57%
or video games	1-2 hours	39%	42%	31%	36%	30%	24%
	3-5 hours	21%	14%	26%	13%	20%	13%
	6-10 hours	13%	14%	16%	9%	18%	2%
	11-20 hours	10%	4%	10%	3%	7%	2%
	21 hours or more	7%	2%	11%	4%	7%	1%
Talking on the	0 hours	65%	42%	29%	17%	14%	3%
phone or text messaging ^	1-2 hours	27%	35%	34%	33%	35%	34%
	3-5 hours	3%	10%	17%	17%	17%	29%
	6-10 hours	3%	6%	8%	14%	15%	14%
	11-20 hours	1%	2%	5%	9%	11%	8%
	21 hours or more	1%	4%	7%	10%	8%	12%
Online activities	0 hours	45%	39%	24%	15%	12%	10%
(e-mail, instant messaging,	1-2 hours	34%	33%	25%	27%	34%	42%
blogging, web	3-5 hours	11%	14%	21%	23%	23%	21%
surfing, etc.) ^	6-10 hours	5%	7%	12%	19%	15%	14%
	11-20 hours	3%	6%	10%	13%	11%	9%
	21 hours or more	2%	2%	7%	3%	5%	4%
Hanging out	0 hours	15%	9%	9%	7%	6%	3%
	1-2 hours	31%	25%	18%	17%	5%	11%
	3-5 hours	23%	29%	17%	23%	21%	23%
	6-10 hours	13%	16%	22%	27%	25%	29%
	11-20 hours	11%	9%	18%	12%	21%	16%
	21 hours or more	8%	11%	15%	14%	22%	18%

<sup>^</sup> New question in 2007.

## TABLE 9A ENRICHMENT ACTIVITIES ^ Goodhue County

				Gra	ıde		
During the school		6t	h	9t	h	12	th
have you particip following?	ated in the	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Fine arts activities (band,	Not available in my community	3%	0%	1%	1%	5%	1%
choir, dance, drama, etc.)	Never	32%	6%	49%	24%	48%	28%
didilia, etc.,	A few times a year	3%	2%	8%	8%	12%	16%
	Monthly	2%	2%	1%	1%	2%	1%
	1-2 times per week	25%	38%	4%	4%	3%	2%
	3-4 times per week	18%	24%	7%	13%	3%	1%
	Every day	18%	28%	29%	49%	28%	51%
Private lessons (music, dance, etc.)	Not available in my community	5%	4%	2%	3%	4%	2%
	Never	67%	46%	71%	55%	72%	59%
	A few times a year	5%	6%	5%	6%	6%	11%
	Monthly	2%	3%	7%	6%	8%	5%
	1-2 times per week	18%	33%	13%	21%	8%	20%
	3-4 times per week	1%	2%	1%	6%	1%	1%
	Every day	2%	5%	1%	3%	1%	1%
Club or community	Not available in my community	5%	2%	4%	4%	3%	3%
sports teams	Never	25%	35%	40%	43%	42%	40%
	A few times a year	16%	13%	10%	15%	10%	12%
	Monthly	7%	5%	9%	5%	8%	13%
	1-2 times per week	19%	22%	8%	13%	11%	12%
	3-4 times per week	18%	17%	10%	9%	8%	12%
	Every day	10%	6%	19%	10%	17%	8%
School sports teams	Not available in my community	5%	2%	1%	1%	1%	2%
	Never	31%	44%	28%	29%	32%	40%
	A few times a year	14%	12%	8%	10%	9%	12%
	Monthly	7%	3%	6%	6%	3%	5%
	1-2 times per week	17%	20%	4%	3%	5%	4%
	3-4 times per week	21%	14%	14%	15%	13%	14%
	Every day	5%	5%	38%	35%	36%	23%

<sup>^</sup> New questions in 2007.

## TABLE 9B ENRICHMENT ACTIVITIES ^ Goodhue County

Decision 4h l				Gra	de		
During the school y have you participat		6t	h	9t	h	12	th
following?	lea III ale	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Hobby and academic clubs	Not available in my community	5%	4%	2%	3%	3%	2%
(chess, history, debate, math	Never	69%	68%	78%	69%	63%	56%
team, etc.)	A few times a year	8%	8%	6%	6%	10%	10%
	Monthly	5%	6%	6%	10%	9%	7%
	1-2 times per week	10%	11%	4%	6%	8%	12%
	3-4 times per week	1%	1%	2%	3%	3%	9%
	Every day	3%	2%	2%	3%	3%	4%
Community clubs and programs	Not available in my community	6%	2%	2%	4%	3%	2%
(4-H, Park and Rec, Community	Never	66%	57%	70%	65%	67%	57%
Ed., etc.)	A few times a year	7%	14%	10%	14%	11%	16%
	Monthly	11%	16%	12%	15%	11%	16%
	1-2 times per week	7%	7%	3%	2%	6%	5%
	3-4 times per week	0%	2%	1%	1%	1%	3%
	Every day	3%	3%	2%	0%	1%	2%
Mentoring programs	Not available in my community	10%	7%	5%	7%	6%	7%
	Never	83%	84%	83%	80%	78%	73%
	A few times a year	2%	3%	5%	5%	7%	9%
	Monthly	1%	2%	3%	2%	3%	6%
	1-2 times per week	3%	2%	2%	4%	6%	5%
	3-4 times per week	1%	0%	1%	1%	1%	0%
	Every day	0%	1%	1%	0%	0%	1%
Religious activities	Not available in my community	4%	2%	1%	3%	4%	3%
(religious services, education, youth group, etc.)	Never	37%	30%	33%	24%	41%	29%
	A few times a year	9%	8%	9%	8%	18%	18%
	Monthly	6%	11%	13%	9%	10%	12%
	1-2 times per week	38%	40%	37%	49%	23%	33%
	3-4 times per week	4%	5%	3%	5%	2%	3%
	Every day	3%	3%	3%	3%	2%	1%

<sup>^</sup> New questions in 2007.

# TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES ^ Goodhue County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
In general, why do	To have fun	86%	92%	82%	83%	84%	86%
you participate in school-based or	To learn new skills	61%	64%	46%	53%	41%	49%
community-based activities and clubs? (Mark all that apply)	My parents or guardians want me to	15%	16%	27%	35%	13%	27%
tnat apply)	My friends participate	34%	39%	46%	57%	36%	57%
	To help me get into college	21%	20%	38%	53%	25%	55%
	Participate for other reasons	11%	19%	21%	17%	16%	14%
In general, why don't you participate in any	Activities are not available in my community	2%	4%	3%	4%	4%	4%
school-based or community-based activities and	Activities cost too much	14%	19%	13%	26%	10%	20%
clubs? (Mark all that apply)	My parents or guardians won't let me	7%	7%	1%	7%	4%	2%
	My friends don't participate	9%	7%	12%	19%	10%	15%
	I'm not interested	58%	50%	62%	59%	62%	61%
	I am too busy with other things	34%	40%	44%	54%	51%	61%
	I didn't make the team/pass the audition, etc.	3%	5%	2%	2%	3%	13%
	I was kicked off or removed	3%	1%	1%	3%	3%	0%
	Don't participate for other reasons	16%	14%	19%	18%	14%	7%

<sup>^</sup> New questions in 2007.

# TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION Goodhue County

				Gra	nde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Which adults do you live with?	Both biological parents	57%	63%	65%	61%	63%	67%
	Both adoptive parents	0%	3%	0%	3%	4%	1%
	Mother and stepfather	5%	6%	5%	6%	4%	9%
	Father and stepmother	1%	2%	0%	2%	2%	2%
	Mother only	15%	10%	11%	12%	10%	12%
	Father only	3%	0%	3%	2%	5%	3%
	Sometimes with mother, sometimes with father	14%	12%	10%	11%	6%	3%
	Other	3%	2%	4%	3%	5%	3%
	No adults or no answer	2%	1%	2%	0%	1%	1%
Can you talk to your father	Yes, most of the time	50%	38%	49%	25%	42%	29%
about problems you are having?	Yes, some of the time	27%	33%	30%	33%	31%	39%
	No, not very often	13%	18%	11%	26%	17%	18%
	No, not at all	5%	6%	6%	9%	5%	10%
	My father is not around	5%	5%	4%	7%	5%	3%
Can you talk to your mother	Yes, most of the time	64%	75%	51%	46%	50%	58%
about problems you are having?	Yes, some of the time	24%	17%	32%	31%	28%	27%
	No, not very often	6%	7%	12%	17%	13%	13%
	No, not at all	6%	1%	3%	4%	5%	1%
	My mother is not around	0%	1%	2%	2%	4%	1%

## TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING Goodhue County

				Gra	de		
		6t	h	9t	h	12	th
How much do you	feel	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
your parents care about you?	Not at all	0%	0%	0%	1%	2%	0%
care about you?	A little	0%	1%	2%	4%	3%	3%
	Some	3%	1%	4%	8%	5%	2%
	Quite a bit	4%	6%	12%	14%	18%	15%
	Very much	93%	92%	81%	73%	72%	80%
other adult	Not at all	1%	0%	1%	2%	5%	0%
relatives care about you?	A little	1%	2%	2%	2%	3%	3%
	Some	4%	4%	7%	13%	11%	8%
friends save	Quite a bit	18%	12%	19%	24%	34%	29%
	Very much	75%	81%	70%	59%	47%	60%
friends care about you?	Not at all	2%	2%	1%	0%	1%	1%
	A little	12%	5%	9%	4%	10%	6%
	Some	19%	12%	17%	13%	21%	16%
	Quite a bit	38%	28%	50%	36%	38%	36%
	Very much	29%	53%	23%	46%	30%	41%
teachers/ other	Not at all	4%	3%	6%	7%	7%	3%
adults at school care about you? ^	A little	12%	9%	20%	20%	15%	21%
	Some	19%	18%	35%	40%	43%	34%
	Quite a bit	35%	32%	26%	25%	22%	28%
	Very much	32%	38%	13%	8%	13%	14%
religious or	Not at all	13%	9%	11%	13%	18%	15%
spiritual leaders care about you? ^	A little	8%	9%	15%	14%	9%	15%
-	Some	17%	19%	21%	18%	26%	25%
	Quite a bit	31%	24%	30%	27%	28%	25%
	Very much	30%	39%	22%	28%	20%	20%
other adults in	Not at all	7%	4%	7%	10%	11%	9%
your community care about you?	A little	16%	13%	17%	19%	16%	20%
	Some	26%	19%	33%	33%	33%	34%
	Quite a bit	33%	30%	30%	28%	30%	26%
	Very much	18%	34%	13%	10%	10%	11%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

## TABLE 13 FAMILY SUBSTANCE ABUSE

				Gra	de			
		6t	h	9t	h	12	12th	
		Male	Male Female		Female	Male	Female	
		%	%	%	%	%	%	
Has alcohol use by any family member repeatedly caused	Yes	10%	11%	11%	20%	14%	18%	
repeatedly caused family, health, job, or legal problems?	No	90%	89%	89%	80%	86%	82%	
Has drug use by any family member repeatedly caused	Yes	5%	7%	9%	14%	11%	9%	
family, health, job, or legal problems?	No	95%	93%	91%	86%	89%	91%	

## **TABLE 14A** PHYSICAL AND SEXUAL VIOLENCE \*^

			Gra	de	
		91	:h	12	th
		Male	Female	Male	Female
		%	%	%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	2%	3%	2%	3%
	No	98%	97%	98%	97%
Has someone you were going out with ever hit you, hurt you, threatened	Yes	3%	12%	5%	13%
you or made you feel afraid?	No	97%	88%	95%	87%
Has someone you were going out with ever forced you to have sex or	Yes	4%	11%	3%	16%
do something sexual when you didn't want to?	No	96%	89%	97%	84%

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New questions in 2007.

## TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	11%	9%	7%	19%	9%	7%
	No	89%	91%	93%	81%	91%	93%
Has anyone in your family ever hit anyone else in the family so	Yes	9%	9%	6%	16%	8%	12%
hard or so often that they had marks or were afraid of that person?	No	91%	91%	94%	84%	92%	88%
Has any older person outside the family touched you sexually	Yes	2%	4%	2%	10%	3%	8%
against your wishes or forced you to touch them sexually?	No	98%	96%	98%	90%	97%	92%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	1%	3%	1%	6%	0%	5%
	No	99%	97%	99%	94%	100%	95%

#### **TABLE 15 GENERAL HEALTH ISSUES**

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When was the last time you had a	Within the last 12 months	45%	51%	37%	40%	36%	40%
physical exam?	1-2 years ago	24%	21%	48%	50%	43%	44%
	3-4 years ago	6%	5%	9%	6%	13%	11%
	More than 4 years ago	7%	6%	1%	1%	6%	1%
	I have never had a physical exam	17%	16%	4%	3%	3%	3%
Has a doctor or nurse ever told you that you	Yes	12%	10%	17%	14%	17%	21%
have asthma? ^	No	88%	90%	83%	86%	83%	79%
Do you have a physical health	No	90%	90%	88%	84%	88%	90%
condition or problem that has lasted at least 12 months? ^	Yes	10%	10%	12%	16%	13%	10%
Do you have a mental or emotional health	No	95%	91%	95%	86%	93%	87%
problem that has lasted at least 12 months? ^	Yes	5%	9%	5%	14%	7%	13%
Have you ever been treated for a mental or	No			92%	88%	93%	81%
emotional health problem? *^	Yes, during the last year			3%	7%	3%	10%
	Yes, more than a year ago			5%	6%	5%	10%
Have you ever been treated for an alcohol or other drug problem? *^^	No			98%	97%	97%	99%
	Yes, during the last year			1%	3%	1%	0%
	Yes, more than a year ago			1%	1%	2%	1%

<sup>\* 6</sup>th grade survey did not ask this question.
^ New question in 2007.
^^ New response options in 2007.

## TABLE 16 WEIGHT-RELATED ISSUES

#### **Goodhue County**

				Grade							
			61	th	9t	h	12	th			
			Male	Female	Male	Female	Male	Female			
			%	%	%	%	%	%			
At the present time, do you	Underweight		11%	12%	9%	8%	14%	1%			
think you are	About the right weig	ght	71%	67%	75%	66%	71%	65%			
	Overweight		19%	21%	16%	26%	15%	34%			
During the last 12 months, have	I am not trying to lose weight or	Yes			55%	28%	59%	31%			
you done any of control my weight	No			45%	72%	41%	69%				
the following to lose or control	Fast or skip meals	Yes			8%	26%	12%	25%			
weight? (Mark all that apply) *^		No			92%	74%	88%	75%			
an mat appryy	Smoke cigarettes	Yes			1%	4%	1%	5%			
		No			99%	96%	99%	95%			
	Exercise	Yes			44%	60%	35%	58%			
		No			56%	40%	65%	42%			
	Use diet pills, speed or other	Yes			0%	3%	2%	5%			
	drugs	No			100%	97%	98%	95%			
	Eat healthier	Yes			31%	57%	29%	57%			
		No			69%	43%	71%	43%			
	Vomit on purpose	Yes			1%	5%	1%	5%			
	after eating	No			99%	95%	99%	95%			
	Use laxatives	Yes			0%	2%	1%	3%			
		No			100%	98%	99%	97%			
Weight status *	Not overweight	'			75%	85%	78%	81%			
according to Body Mass	At risk for overweig	ht			11%	9%	11%	11%			
Index (BMI) **	Overweight				13%	5%	12%	8%			

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile

At risk of overweight: 85th to less than the 95th percentile Overweight: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons. Two response options are new in 2007.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. New questions in 2007.

### TABLE 17 EXERCISE

			<u> </u>	Gra	de			
		6t	h	9tl	h	121	:h	
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
On how many of the last 7 days	0 days	11%	11%	8%	12%	13%	16%	
did you exercise	1 day	4%	11%	3%	6%	12%	13%	
or play sports that made you	2 days	10%	10%	6%	9%	10%	22%	
sweat or breathe hard for at least	3 days	10%	11%	7%	12%	12%	16%	
20 minutes?	4 days	11%	15%	11%	14%	15%	10%	
	5 days	21%	18%	23%	22%	11%	11%	
	6 days	12%	5%	13%	11%	13%	8%	
	7 days	21%	18%	29%	14%	14%	5%	
On how many of	0 days	5%	6%	5%	7%	14%	10%	
the last 7 days were you	1 day	5%	8%	2%	4%	9%	14%	
physically active for a combined	2 days	11%	14%	5%	11%	7%	12%	
total of at least 30 minutes?	3 days	8%	10%	10%	9%	11%	20%	
	4 days	11%	16%	7%	11%	14%	14%	
	5 days	21%	14%	22%	23%	11%	13%	
	6 days	10%	8%	13%	12%	12%	9%	
	7 days	29%	24%	37%	21%	22%	9%	

### TABLE 18 NUTRITION

				Gra	ide		
		6t	h	9t	h	12	th
How many glasses of following did you drir		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Milk	0 glasses	7%	10%	10%	19%	15%	23%
	1-2 glasses	44%	45%	40%	55%	47%	49%
	3-4 glasses	34%	35%	32%	19%	26%	24%
	5 or more glasses	15%	10%	18%	7%	11%	4%
100% fruit juice	0 glasses	48%	44%	41%	46%	44%	48%
	1-2 glasses	39%	42%	44%	43%	44%	46%
	3-4 glasses	8%	9%	11%	6%	10%	4%
	5 or more glasses	5%	5%	4%	4%	3%	3%
Fruit juice drinks	0 glasses	48%	53%	48%	62%	47%	72%
	1-2 glasses	33%	34%	41%	29%	39%	25%
	3-4 glasses	10%	9%	8%	7%	9%	1%
	5 or more glasses	8%	4%	4%	1%	5%	1%
Pop or soda	0 glasses	45%	55%	40%	55%	37%	57%
	1-2 glasses	41%	41%	42%	39%	41%	31%
	3-4 glasses	7%	4%	12%	4%	15%	10%
	5 or more glasses	7%	0%	6%	3%	7%	1%
Sports drinks	0 glasses	59%	75%	54%	74%	57%	81%
	1-2 glasses	26%	19%	27%	19%	30%	13%
	3-4 glasses	9%	3%	12%	5%	9%	5%
	5 or more glasses	6%	4%	7%	2%	3%	1%
Water	0 glasses	8%	5%	7%	4%	6%	5%
	1-2 glasses	24%	20%	29%	33%	33%	35%
	3-4 glasses	24%	27%	28%	29%	23%	22%
	5 or more glasses	44%	47%	36%	34%	38%	37%
How many servings	0 servings	7%	5%	9%	5%	7%	6%
of fruits, fruit juices, or vegetables did you eat yesterday?	1 serving	13%	8%	11%	10%	11%	11%
	2 servings	25%	21%	18%	20%	18%	19%
	3 servings	24%	25%	27%	24%	32%	31%
	4 servings	16%	21%	17%	19%	14%	21%
	5 or more servings	16%	20%	19%	22%	18%	12%

### TABLE 19 SEAT BELT USE

		Grade						
		6th		9th		12th		
_	How often do you wear a seat belt when you		Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
ride in a car?	Never	4%	2%	3%	3%	5%	1%	
	Sometimes	11%	7%	15%	10%	22%	8%	
	Often	24%	17%	29%	22%	19%	21%	
	Always	62%	74%	53%	66%	53%	70%	
drive a car? *	I never do this activity			34%	51%	4%	1%	
	Never			3%	3%	3%	1%	
	Sometimes			7%	6%	17%	2%	
	Often			8%	3%	11%	7%	
	Always			48%	37%	65%	88%	

<sup>\* 6</sup>th grade survey did not ask this question.

## TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS Goodhue County

				Gra	ıde		
14/6	in and man and and man man	6t	h	9t	h	12	th
Where have you received most of your information about		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
alcohol and other	Friends or peers	23%	20%	55%	67%	80%	88%
drugs? (Mark all that apply)	Parents	59%	69%	55%	56%	46%	55%
	Brothers or sisters	14%	13%	21%	29%	30%	35%
	School/teachers/ counselors	67%	77%	68%	75%	54%	71%
	Clinics/doctors/ nurses	17%	19%	12%	14%	10%	11%
	Religious/ community groups ^	7%	11%	6%	10%	7%	9%
	Internet	7%	9%	11%	16%	24%	18%
	TV/radio/magazines/ newspapers/books	32%	34%	32%	48%	36%	43%
	I do not know much about alcohol or other drugs	10%	11%	3%	5%	3%	2%
sex? (Mark all	Friends or peers	21%	24%	64%	69%	78%	79%
that apply)	Parents	43%	46%	38%	44%	37%	48%
	Brothers or sisters	11%	9%	16%	18%	12%	18%
	School/teachers/ counselors	40%	44%	62%	68%	48%	65%
	Clinics/doctors/ nurses	10%	9%	9%	14%	14%	24%
	Religious/ community groups ^	4%	3%	6%	9%	10%	7%
	Internet	9%	6%	26%	15%	33%	16%
	TV/radio/magazines/ newspapers/books	19%	23%	31%	43%	35%	41%
	I do not know much about sex	24%	25%	3%	5%	3%	1%

<sup>^</sup> New response option in 2007.

## TABLE 21A EMOTIONAL WELL-BEING/DISTRESS ^ Goodhue County

				Gra	de		
		6t	h	9t	h	12	th
How much do you ag the following stateme		Male	Female	Male	Female	Male	Female
I get a lot of Agree		%	%	%	%	%	%
I get a lot of headaches,	Agree	18%	22%	10%	27%	6%	19%
stomachaches or	Mostly agree	16%	22%	8%	24%	11%	29%
sickness.	Mostly disagree	31%	30%	33%	29%	30%	24%
	Disagree	35%	25%	49%	20%	54%	28%
I am often irritable	Agree	8%	8%	7%	11%	3%	7%
and angry.	Mostly agree	14%	14%	14%	17%	15%	18%
	Mostly disagree	33%	33%	38%	45%	47%	43%
	Disagree	45%	46%	41%	27%	35%	32%
I have many fears and am easily scared.	Agree	8%	14%	1%	12%	3%	5%
	Mostly agree	7%	20%	4%	16%	3%	18%
	Mostly disagree	28%	23%	28%	36%	28%	31%
	Disagree	58%	44%	66%	36%	66%	47%
I often have trouble	Agree	13%	13%	17%	18%	9%	17%
concentrating.	Mostly agree	17%	15%	20%	24%	22%	23%
	Mostly disagree	27%	28%	27%	35%	37%	35%
	Disagree	43%	45%	36%	24%	32%	25%
I am restless and	Agree	15%	16%	14%	17%	12%	16%
cannot stay still for long.	Mostly agree	26%	20%	19%	20%	28%	22%
· ·	Mostly disagree	25%	27%	30%	35%	32%	29%
	Disagree	35%	36%	36%	27%	27%	33%
I often have trouble	Agree	14%	14%	10%	24%	9%	14%
getting to sleep and staying asleep.	Mostly agree	15%	19%	14%	19%	16%	15%
	Mostly disagree	27%	24%	25%	25%	39%	31%
	Disagree	44%	43%	52%	32%	36%	40%
I do things before I	Agree	15%	19%	14%	20%	9%	11%
think.	Mostly agree	21%	26%	22%	22%	32%	26%
	Mostly disagree	36%	31%	42%	36%	34%	38%
	Disagree	28%	25%	21%	22%	25%	25%
am often unhappy,	Agree	9%	9%	3%	11%	3%	7%
depressed or tearful.	Mostly agree	8%	6%	5%	13%	7%	129
	Mostly disagree	23%	20%	21%	29%	30%	37%
	Disagree	61%	65%	70%	47%	61%	44%

<sup>^</sup> New questions in 2007.

## TABLE 21B EMOTIONAL WELL-BEING/DISTRESS Goodhue County

				Gra	de		
		6t	h	9tl	h	12t	h
During the last 30 da	ys	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
have you felt you were under any	Yes, almost more than I could take	7%	11%	5%	15%	9%	17%
stress or pressure?	Yes, quite a bit of pressure	7%	11%	14%	20%	17%	34%
	Yes, more than usual	9%	6%	11%	22%	19%	17%
	Yes, a little	40%	42%	48%	34%	45%	31%
	Not at all	38%	30%	22%	8%	11%	1%
have you felt	All the time	4%	7%	3%	5%	1%	3%
sad?	Most of the time	4%	9%	3%	13%	2%	8%
	Some of the time	14%	21%	14%	35%	24%	32%
	Little of the time	49%	46%	48%	39%	47%	51%
	None of the time	28%	17%	33%	7%	26%	6%
have you felt so discouraged or hopeless that you	Extremely so, to the point that I have just about given up	6%	6%	3%	6%	1%	3%
wondered if anything was	Quite a bit	5%	7%	6%	11%	6%	6%
worthwhile?	Some, enough to bother me	6%	10%	7%	17%	12%	16%
	A little bit	24%	25%	18%	23%	27%	32%
	Not at all	59%	53%	65%	43%	54%	44%
have you felt	All the time	4%	6%	3%	4%	1%	3%
nervous, worried, or upset?	Most of the time	3%	9%	3%	13%	5%	8%
-	Some of the time	22%	18%	16%	30%	23%	42%
	Little of the time	45%	53%	53%	41%	51%	40%
	None of the time	27%	14%	25%	11%	19%	7%

## TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Goodhue County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever hurt yourself on purpose ("cutting", burns, bruises)? ^	No	85%	89%	92%	68%	90%	68%
	Yes, during the last year	9%	8%	7%	21%	5%	9%
,,	Yes, more than a year ago	6%	3%	2%	11%	5%	23%
Have you ever	No	87%	85%	84%	66%	71%	64%
thought about killing yourself?	Yes, during the last year	8%	13%	12%	23%	19%	13%
	Yes, more than a year ago	4%	3%	4%	11%	11%	23%
Have you ever tried	No	96%	96%	98%	90%	95%	92%
to kill yourself?	Yes, during the last year	4%	3%	2%	6%	1%	2%
	Yes, more than a year ago	1%	1%	0%	3%	4%	6%

<sup>^</sup> New question in 2007.

#### TABLE 23 **GAMBLING BEHAVIOR \***

	-	Grade 9th 12th							
During the last 12		9tr Male	r Female	12t Male	h Female				
have you done the	se activities?	%	%	%	%				
Played cards for	Not at all	53%	82%	36%	82%				
money	Less than once a month	25%	12%	27%	16%				
	About once a month	14%	5%	23%	3%				
	About once a week	7%	2%	12%	0%				
	Daily	0%	0%	3%	0%				
Bet on games of	Not at all	60%	89%	52%	86%				
personal skill like pool, golf, or	Less than once a month	21%	6%	23%	13%				
bowling	About once a month	11%	3%	20%	19				
	About once a week	5%	1%	3%	0%				
	Daily	2%	0%	1%	0%				
Bet money on sports teams or horseracing ^	Not at all	67%	89%	64%	95%				
	Less than once a month	21%	9%	21%	4%				
	About once a month	7%	1%	13%	19				
	About once a week	5%	1%	1%	0%				
	Daily	1%	0%	1%	0%				
Bought lottery	Not at all	91%	93%	51%	70%				
tickets or scratch offs	Less than once a month	5%	3%	25%	22%				
	About once a month	3%	3%	13%	6%				
	About once a week	1%	1%	7%	19				
	Daily	0%	0%	3%	0%				
Gambled in a	Not at all	97%	100%	58%	78%				
casino	Less than once a month	1%	0%	17%	20%				
	About once a month	0%	0%	17%	3%				
	About once a week	1%	0%	7%	0%				
	Daily	0%	0%	1%	0%				
Gambled for	Not at all	96%	100%	95%	100%				
money online ^^	Less than once a month	3%	0%	2%	0%				
	About once a month	0%	0%	1%	0%				
	About once a week	0%	0%	0%	0%				
	Daily	0%	0%	2%	0%				

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New question in 2007.

## TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR Goodhue County

				Gra	de		
		6t	h	9tl	n	12t	h
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how often	Never	95%	94%	93%	86%	92%	93%
have you run away	Once or twice	4%	5%	4%	12%	5%	7%
from home?	3 to 5 times	0%	0%	1%	1%	2%	0%
	6 to 10 times	0%	1%	1%	0%	1%	0%
	More than 10 times	1%	0%	0%	0%	0%	0%
During the last 12	Never	88%	95%	80%	86%	81%	95%
months, how often have you damaged	Once or twice	9%	5%	13%	9%	14%	5%
or destroyed property at school or somewhere else?	3 to 5 times	2%	0%	5%	3%	3%	1%
	6 to 10 times	0%	0%	0%	0%	1%	0%
	More than 10 times	1%	0%	2%	1%	1%	0%
During the last 12	Never	76%	90%	69%	85%	80%	92%
months, how often have you hit or beat	Once or twice	19%	7%	21%	12%	15%	7%
up another person?	3 to 5 times	3%	1%	5%	1%	3%	0%
	6 to 10 times	0%	0%	3%	0%	1%	0%
	More than 10 times	2%	2%	3%	2%	2%	1%
During the last 12	Never	95%	97%	77%	83%	66%	83%
months, how often have you taken	Once or twice	1%	3%	14%	9%	18%	9%
something from a store without paying	3 to 5 times	1%	0%	3%	4%	6%	5%
for it?	6 to 10 times	0%	0%	2%	1%	3%	1%
	More than 10 times	2%	0%	4%	3%	7%	1%
On how many of the	0 days	100%	100%	98%	100%	93%	100%
last 30 days did you carry a gun on	1 day	0%	0%	1%	0%	1%	0%
school property?	2 or 3 days	0%	0%	0%	0%	2%	0%
	4 or 5 days	0%	0%	0%	0%	1%	0%
	6 or more days	0%	0%	1%	0%	3%	0%
On how many of the	0 days	97%	99%	90%	97%	84%	99%
last 30 days did you carry a weapon	1 day	2%	1%	4%	2%	3%	0%
(other than a gun) on school property?	2 or 3 days	1%	0%	3%	0%	3%	1%
control property:	4 or 5 days	0%	0%	1%	0%	1%	0%
	6 or more days	0%	0%	2%	1%	9%	0%

#### **TABLE 25 SUMMARY OF SUBSTANCE USE \*\* Goodhue County**

				Gra	ade		
		61	:h	91	:h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days ^	No	97%	99%	86%	89%	58%	80%
	Yes	3%	1%	14%	11%	42%	20%
Frequent use of any tobacco products during the past 30 days (used	No	100%	100%	98%	97%	80%	97%
tobacco on 20 or more of the past 30 days) ^	Yes	0%	0%	2%	3%	20%	3%
Frequent binge drinking in the past year (typically drank 5 or more drinks	No	100%	100%	94%	96%	63%	91%
at a time and drank on 10 or more occasions during the past year)	Yes	0%	0%	6%	4%	37%	9%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	88%	88%	63%	55%	27%	34%
· · · · · · · · · · · · · · · · · · ·	Used only alcohol in the past year	8%	8%	27%	31%	36%	44%
	Used only marijuana/other drugs in the past year	1%	1%	1%	1%	3%	2%
	Used both alcohol and marijuana/other drugs in the past year	3%	2%	10%	13%	34%	20%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items. ^ New computed variables in 2007.

# TABLE 26 CIGARETTE USE AND AGE OF FIRST USE Goodhue County

				Gra	ıde		
		61	:h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	99%	99%	93%	90%	74%	81%
days did you smoke	1 or 2 days	0%	0%	2%	4%	9%	10%
a cigarette?	3 to 5 days	0%	0%	2%	3%	1%	3%
	6 to 9 days	0%	0%	1%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%	3%	2%
	20 to 29 days	0%	0%	1%	0%	4%	0%
	All 30 days	0%	0%	0%	3%	8%	3%
During the last 30 days, how	Never	99%	99%	93%	91%	76%	84%
frequently have you smoked cigarettes?	Less than one cigarette per day	0%	0%	4%	6%	11%	8%
	One to five cigarettes per day	1%	0%	2%	2%	7%	6%
	About one-half pack per day	0%	0%	0%	1%	3%	1%
	About one pack per day	0%	0%	0%	0%	1%	1%
	Two packs or more per day	0%	0%	0%	0%	1%	0%
How old were you the first time you smoked part or all	I have never smoked part or all of a cigarette	92%	93%	78%	74%	49%	54%
of a cigarette? ^	10 years old or younger	5%	5%	7%	5%	11%	6%
	11 years old	2%	1%	3%	4%	1%	2%
	12 years old	0%	0%	4%	5%	4%	4%
	13 years old	0%	0%	3%	5%	5%	3%
	14 years old	0%	0%	5%	6%	5%	7%
	15 years old	0%	0%	1%	2%	6%	9%
	16 years old	0%	0%	0%	0%	12%	10%
	17 years old or older	0%	0%	0%	0%	7%	5%

<sup>^</sup> New question in 2007.

# TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE ^ Goodhue County

				Gra	ide		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	99%	100%	92%	99%	83%	99%
days did you use	1 or 2 days	0%	0%	3%	1%	3%	1%
chewing tobacco, snuff or dip?	3 to 5 days	1%	0%	1%	0%	3%	1%
	6 to 9 days	0%	0%	1%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	1%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	7%	0%
During the last 30 days, on how many	0 days	100%	100%	93%	99%	71%	96%
days did you	1 or 2 days	0%	0%	3%	0%	19%	3%
smoke cigars, cigarillos or little	3 to 5 days	0%	0%	1%	0%	5%	1%
cigars?	6 to 9 days	0%	0%	1%	0%	3%	0%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
How old were you the first time you smoked a cigar or used chewing	I have never smoked a cigar or used chewing tobacco	95%	98%	77%	89%	43%	76%
tobacco?	10 years old or younger	2%	1%	4%	0%	5%	0%
	11 years old	2%	0%	1%	1%	0%	1%
	12 years old	1%	0%	4%	3%	5%	0%
	13 years old	0%	0%	4%	2%	3%	0%
	14 years old	0%	0%	6%	4%	7%	2%
	15 years old	0%	0%	4%	0%	10%	3%
	16 years old	0%	0%	0%	0%	16%	12%
	17 years old or older	0%	0%	0%	0%	11%	6%

<sup>^</sup> New questions in 2007.

#### TABLE 28 ACCESS TO TOBACCO \*

			Grad	de	
	05 14/10 11050	9t	h	12t	h
INCLUDES ONLY THO TOBACCO IN THE LAS	<u></u>	Male	Female	Male	Female
		%	%	%	%
If you used tobacco, how did you get it in	Bought it at gas stations or convenience stores	15%	11%	69%	53%
the last 30 days? (Mark all that apply)	Bought it at bars or restaurants	0%	0%	3%	3%
	Bought it at grocery, discount, or drug stores	6%	4%	3%	3%
	Bought it at places like bowling alleys, video arcades, or pool halls	6%	0%	2%	3%
	Bought it from vending machines	3%	0%	0%	0%
	Bought it on the Internet	0%	0%	2%	0%
	Got it from friends	55%	59%	36%	53%
	Got it from my parents ^	3%	7%	5%	0%
	Got it from other family members ^	6%	11%	3%	0%
	Got it by getting someone else to buy for me	36%	44%	11%	7%
	Took it from my home	21%	37%	5%	0%
	Took it from a friend's home	3%	11%	2%	0%
	Took it from stores	15%	0%	9%	0%

			Grade					
			h	12	th			
INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS		Male	Female	Male	Female			
	TOBAGGO IN THE EAST 30 DATG		%	%	%			
If you bought tobacco in the last 30 days, did	Yes	3%	0%	5%	0%			
you use a fake ID?	No	97%	100%	95%	100%			

<sup>\* 6</sup>th grade survey did not ask these questions.

<sup>^</sup> New reponse option in 2007.

# TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY Goodhue County

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, on how	0	91%	91%	63%	56%	29%	37%
many occasions (if	1-2	7%	6%	12%	14%	7%	19%
any) have you had alcoholic beverages	3-5	1%	2%	8%	11%	10%	17%
to drink?	6-9	0%	1%	6%	7%	8%	12%
	10-19	0%	0%	6%	6%	17%	9%
	20-39	0%	0%	2%	2%	12%	5%
	40+	0%	0%	3%	3%	16%	2%
During the last 30 days, on how many	0 days	97%	96%	78%	74%	41%	57%
days did you drink	1 or 2 days	2%	3%	11%	13%	22%	26%
one or more drinks of an alcoholic	3 to 5 days	0%	0%	4%	8%	18%	13%
beverage?	6 to 9 days	0%	0%	3%	3%	9%	2%
	10 to 19 days	0%	0%	3%	1%	7%	1%
	20 to 29 days	0%	0%	1%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
If you drink beer/wine/wine coolers/hard liquor,	I don't drink beer/wine/wine coolers/hard liquor	95%	95%	69%	60%	30%	37%
generally, how much (if any) do you	1 glass, can, or drink	5%	4%	12%	13%	3%	12%
drink at one time?	2 glasses, cans, or drinks	0%	0%	6%	10%	3%	10%
	3 glasses, cans, or drinks	0%	1%	2%	6%	6%	10%
	4 glasses, cans, or drinks	0%	0%	1%	5%	8%	11%
	5 glasses, cans, or drinks	0%	0%	3%	2%	9%	9%
	6 or more glasses, cans, or drinks	0%	0%	8%	4%	41%	10%
Over the last 2	Never			86%	83%	55%	79%
weeks, how many times (if any) have	Once			5%	10%	11%	13%
you had five or more drinks in a row? *	Twice			2%	5%	15%	6%
	3 - 5 times			4%	2%	12%	1%
	6 or more times			3%	1%	7%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 30 AGE OF FIRST ALCOHOL USE ^ Goodhue County

				Gra	de		
		6t	h	9t	h	121	:h
		Male	Female	Male Female		Male	Female
		%	%	%	%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	86%	90%	56%	48%	23%	22%
	10 years old or younger	9%	6%	10%	7%	9%	6%
	11 years old	5%	3%	4%	6%	2%	2%
	12 years old	1%	1%	6%	8%	5%	3%
	13 years old	0%	0%	10%	14%	9%	6%
	14 years old	0%	0%	10%	13%	9%	14%
	15 years old	0%	0%	3%	4%	19%	19%
	16 years old	0%	0%	0%	0%	13%	17%
	17 years old or older	0%	0%	0%	0%	11%	11%

<sup>^</sup> New question in 2007.

#### TABLE 31 ACCESS TO ALCOHOL \*

		Grade				
		9t	h	12th		
INCLUDES ONLY THOSE WI ALCOHOL IN THE LAST 30 I		Male	Female	Male	Female	
712001102 111 1112 27101 00 1		%	%	%	%	
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores ^	0%	5%	5%	0%	
days? (Mark all that apply)	Bought it at bars or restaurants	0%	3%	5%	3%	
	Bought it at stores	4%	3%	5%	0%	
	Bought it on the Internet	2%	2%	1%	0%	
	Got it from friends	55%	67%	68%	74%	
	Got it from my parents ^	16%	15%	9%	10%	
	Got it from other family members ^	20%	18%	7%	10%	
	Got it by getting someone else to buy for me	27%	32%	53%	27%	
	Got it at parties	43%	52%	51%	48%	
	Took it from my home	27%	37%	16%	8%	
	Took it from a friend's home	8%	18%	6%	2%	
	Took it from stores	10%	3%	5%	0%	

INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS			Grade					
		9t	h	12th				
		Male	Female	Male	Female			
/	ALGONOL IN THE LAGT 30 DATG		%	%	%			
If you bought alcohol in the last 30 days, did	Yes	5%	3%	9%	0%			
you use a fake ID?	No	95%	97%	91%	100%			

<sup>\* 6</sup>th grade survey did not ask these questions.

<sup>\*\*</sup> Percentages are comparable to the 2001 and 2004 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

<sup>^</sup> New response option in 2007.

#### TABLE 32 DRINKING AND DRIVING \*

			Gra	de	
		9t	h	12t	:h
		Male	Female	Male	Female
		%	%	%	%
During the last 12 months, how many	0 times or no use	95%	97%	68%	84%
times have you driven	Once	2%	2%	9%	7%
a motor vehicle after using alcohol or other	Twice	2%	1%	8%	4%
drugs?	3 or more times	1%	0%	15%	4%
Do you ever ride with friends after they have	No	75%	71%	54%	71%
been using alcohol or	Yes, but rarely	10%	17%	32%	22%
drugs?	Yes, often	4%	4%	13%	3%
	None of my friends use alcohol or other drugs	11%	8%	1%	4%

<sup>\* 6</sup>th grade survey did not ask these questions.

## TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE ^ Goodhue County

				Gra	de		
		6tl	ı	9th	ı	121	:h
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	100%	100%	96%	92%	79%	92%
days did you use	1 or 2 days	0%	0%	1%	3%	9%	6%
marijuana or hashish?	3 to 5 days	0%	0%	1%	2%	3%	1%
	6 to 9 days	0%	0%	0%	1%	1%	0%
	10 to 19 days	0%	0%	1%	1%	2%	0%
	20 to 29 days	0%	0%	0%	0%	1%	1%
	All 30 days	0%	0%	0%	1%	4%	1%
How old were you when you tried	I have never tried marijuana	100%	98%	88%	85%	56%	70%
marijuana for the first time?	10 years old or						
anio i	younger	0%	1%	2%	1%	0%	1%
	11 years old	0%	0%	0%	1%	0%	0%
	12 years old	0%	1%	1%	2%	3%	0%
	13 years old	0%	0%	1%	4%	4%	3%
	14 years old	0%	0%	6%	6%	8%	4%
	15 years old	0%	0%	0%	1%	5%	8%
	16 years old	0%	0%	0%	0%	11%	9%
	17 years old or older	0%	0%	0%	0%	13%	6%
During the last 30	0 days	99%	98%	97%	96%	92%	98%
days, on how many days did you use any	1 or 2 days	1%	1%	1%	2%	4%	1%
of these "other drugs"?	3 to 5 days	0%	0%	1%	1%	1%	1%
arago .	6 to 9 days	0%	0%	0%	0%	2%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
How old were you when you tried any of	I have never tried "other drugs"	99%	98%	94%	93%	86%	94%
these "other drugs" for the first time?	10 years old or younger	0%	2%	0%	0%	1%	1%
	11 years old	0%	0%	0%	0%	0%	0%
	12 years old	0%	0%	3%	1%	0%	1%
	13 years old	0%	0%	0%	2%	1%	0%
	14 years old	0%	0%	2%	3%	1%	1%
	15 years old	0%	0%	0%	1%	2%	0%
	16 years old	0%	0%	0%	0%	3%	2%
	17 years old or older	0%	0%	0%	0%	6%	1%

<sup>^</sup> New questions in 2007.

#### **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ **Goodhue County**

				Gra	de		
During the loot 12 month	how many accessors	6tl	h	9tl	1	121	h
(if any) have you	s, on how many occasions	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
used marijuana (bud, weed, pot) or hashish	0	99%	100%	92%	87%	67%	80%
(hash, hash oil)?	1-2	0%	0%	4%	4%	11%	8%
	3-5	0%	0%	1%	3%	6%	6%
	6-9	0%	0%	1%	1%	2%	1%
	10-19	0%	0%	0%	2%	4%	1%
	20-39	0%	0%	0%	0%	1%	1%
	40+	0%	0%	2%	3%	9%	3%
sniffed glue, or	0	97%	98%	98%	98%	99%	98%
breathed the contents of aerosol spray cans,	1-2	1%	1%	2%	2%	0%	1%
or inhaled any other gases or sprays in	3-5	1%	1%	0%	0%	1%	0%
order to get high?	6-9	0%	0%	0%	0%	1%	1%
	10-19	0%	0%	0%	0%	0%	0%
	20-39	0%	0%	0%	0%	0%	1%
	40+	0%	0%	0%	0%	0%	0%
used LSD ("acid"),	0			98%	99%	94%	97%
PCP (wet sticks or dipped joints), or other	1-2			1%	1%	3%	2%
psychedelics (like mescaline,	3-5			0%	0%	1%	1%
mushrooms, peyote)? *	6-9			0%	0%	1%	0%
	10-19			0%	0%	1%	0%
	20-39			0%	0%	0%	0%
	40+			1%	0%	0%	0%
used heroin? *	0			98%	99%	98%	100%
	1-2			0%	0%	1%	0%
	3-5			1%	0%	0%	0%
	6-9			0%	0%	1%	0%
	10-19			0%	0%	0%	0%
	20-39			0%	0%	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

## **TABLE 35 METHAMPHETAMINE, COCAINE AND ECSTASY \*^ Goodhue County**

		Grade						
During the last 12 mg		9t	h	121	:h			
how many occasions have you	s (ir ariy)	Male Female		Male	Female			
		%	%	%	%			
used methamphetamine	0	100%	99%	97%	100%			
(meth, glass, crank,	1-2	0%	0%	1%	0%			
crystal meth, ice) by any method?	3-5	0%	0%	1%	0%			
	6-9	0%	0%	0%	0%			
	10-19	0%	0%	1%	0%			
used "crack"	0	97%	98%	93%	99%			
(cocaine in chunk or rock form), or	1-2	1%	1%	3%	0%			
cocaine in any other form?	3-5	1%	0%	1%	0%			
	6-9	0%	0%	1%	1%			
	10-19	1%	0%	2%	0%			
	20-39							
		0%	0%	0%	1%			
used MDMA (E,	0	98%	98%	97%	99%			
X, "ecstasy"), GHB (G, Liquid E, Liquid	1-2	0%	1%	1%	1%			
X) or Ketamine ("Special K")?	3-5	1%	0%	1%	1%			
( - p ) -	6-9	0%	0%	1%	0%			
	10-19	1%	1%	0%	0%			

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

#### **TABLE 36A** PRESCRIPTION DRUGS \*^

			Grade							
During the last 12 months	on how	9tl		12th	1					
many occasions (if any) h		Male	Female %	Male %	Female %					
used stimulants like	0	98%	96%	94%	98%					
Benzedrine or diet pills that were not prescribed	1-2	1%	1%	3%	1%					
for you by a doctor, or that you took only to get	3-5	1%	1%	1%	1%					
high?	6-9	0%	0%	1%	0%					
	10-19	0%	0%	0%	0%					
	20-39	0%	1%	0%	0%					
	40+	0%	0%	1%	0%					
	0	98%	96%	94%	97%					
used your own or someone else's ADHD or ADD drugs like Ritalin (hyper pills) to get high?	1-2	1%	1%	3%	3%					
	3-5	1%	1%	1%	0%					
	6-9	0%	1%	1%	0%					
	10-19	0%	0%	1%	0%					
	20-39	0%	0%	0%	0%					
	40+	0%	0%	0%	0%					
used OxyContin,	0	97%	95%	92%	96%					
Percocet, Percodan, Vicodin or other pain	1-2	1%	1%	3%	2%					
relievers that were not prescribed for you by a	3-5	1%	2%	1%	1%					
doctor, or that you took only to get high?	6-9	1%	0%	3%	1%					
	10-19	0%	0%	1%	0%					
	20-39	0%	1%	1%	0%					
	40+	0%	0%	1%	0%					
used tranquilizers (Valium, Xanax, nerve	0	98%	97%	94%	98%					
pills) or sedatives or	1-2	0%	1%	2%	2%					
barbituates that were not prescribed for you	3-5	0%	1%	1%	0%					
by a doctor, or that you took only to get high?	6-9	0%	0%	1%	0%					
	10-19	0%	1%	1%	0%					
	20-39	0%	0%	1%	0%					
	40+	0%	0%	1%	0%					

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New questions in 2007.

#### **TABLE 36B** PRESCRIPTION DRUGS \*^

		Grad	de
During the last 12 months,	on how	6th	1
many occasions (if any) ha		Male	Female
		%	%
used any prescription drugs that were not prescribed for	0	100%	100%
you by a doctor, or that you took only to get high?	6-9	0%	0%
	10-19	0%	0%

<sup>\* 9</sup>th-12th grade survey did not ask this question.
^ Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 37 SUBSTANCE USE PATTERNS

		Grade						
_		6t	h	9t	h	12th		
other drugs	ise alcohol or	Male	Female	Male	Female	Male	Female	
ouror arago n	•	%	%	%	%	%	%	
before school?	Yes	0%	1%	5%	6%	19%	4%	
	No	100%	99%	95%	94%	81%	96%	
during	Yes	0%	0%	4%	2%	13%	1%	
School?	No	100%	100%	96%	98%	87%	99%	
right after	Yes	1%	2%	9%	12%	26%	6%	
school?	No	99%	98%	91%	88%	74%	94%	

## TABLE 38 SOCIAL DISAPPROVAL OF SUBSTANCE USE ^

					Gra	ide		
			6t	h	9t	h	12	th
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
During the last 12 months, have you talked with at least one of your parents	Yes		57%	65%	45%	52%	48%	50%
(or guardians) about the dangers of tobacco, alcohol, or drug use?	No		43%	35%	55%	48%	52%	50%
How do you think your close friends	smoked one or more packs of	They would approve	4%	3%	3%	1%	8%	1%
would feel if you	cigarettes per day?	They would not care at all	6%	1%	12%	7%	19%	11%
		They would strongly	30%	25%				
			80%	92%	69%	76%	42%	63%
	have five or more drinks of an alcoholic beverage once or twice a week?	They would approve	3%	3%	6%	4%	17%	2%
		They would not care at all	4%	1%	19%	19%	41%	27%
		They would disapprove	11%	4%	20%	19%	21%	25%
		They would strongly disapprove	81%	92%	55%	58%	21%	47%
	smoked marijuana once or	They would approve	3%	3%	3%	4%	9%	3%
	twice a week?	They would not care at all	4%	1%	12%	7%	27%	12%
		They would disapprove	5%	1%	12%	11%	21%	15%
		They would strongly disapprove	89%	95%	73%	78%	42%	70%
	used other drugs once or twice	They would approve	3%	3%	2%	3%	7%	0%
	a week?	They would not care at all	3%	1%	10%	3%	12%	3%
		They would disapprove	5%	2%	12%	9%	13%	14%
		They would strongly disapprove	88%	94%	76%	85%	68%	82%

<sup>^</sup> New questions in 2007.

# TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE ^ Goodhue County

				Grade					
			6t	h	9t	h	12th		
			Male	Female	Male	Female	Male	Female	
			%	%	%	%	%	%	
How much do you think people	smoke one or more packs of	No risk	2%	3%	4%	1%	9%	2%	
risk harming	cigarettes per	Slight risk	5%	3%	6%	3%	8%	5%	
themselves physically or in	day?	Moderate risk	21%	20%	18%	16%	21%	23%	
other ways if they		Great risk	73%	75%	72%	80%	62%	69%	
	have five or more drinks of an alcoholic	No risk	3%	4%	7%	2%	13%	1%	
		Slight risk	14%	10%	15%	13%	26%	16%	
	beverage once or twice a week?	Moderate risk	33%	27%	25%	29%	29%	35%	
		Great risk	50%	58%	53%	56%	31%	49%	
	smoke marijuana once or twice a week?	No risk	2%	3%	6%	3%	15%	5%	
		Slight risk	6%	4%	7%	5%	23%	11%	
		Moderate risk	15%	17%	20%	23%	20%	27%	
		Great risk	78%	76%	67%	69%	42%	58%	

<sup>^</sup> New questions in 2007.

#### **TABLE 40A** CONSEQUENCES OF SUBSTANCE USE \* **Goodhue County**

			Gra	de	
		9th		121	:h
During the last 12 months		Male	Female	Male	Female
		%	%	%	%
have you found that you had to use a lot more alcohol or other drugs than before to get the same effect?	No or no use	93%	90%	79%	89%
	Yes	7%	10%	21%	11%
have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	97%	92%	91%	96%
	Yes	3%	8%	9%	4%
have you continued to use alcohol or other drugs even though you knew it was	No or no use	93%	89%	86%	95%
hurting your relationships with friends or family? ^	Yes	7%	11%	14%	5%
how many times have you spent all or most of the day using alcohol or other drugs,	0 times or no use	90%	85%	71%	77%
or getting over their effects?	Once	4%	6%	12%	10%
	Twice	1%	5%	7%	5%
	3 or more times	4%	5%	9%	7%
how many times have you given up important social or recreational activities like	0 times or no use	96%	90%	81%	90%
sports or being with friends or relatives in order to use	Once	1%	5%	9%	4%
alcohol or other drugs or to get over their effects? ^	Twice	2%	2%	2%	2%
	3 or more times	1%	3%	8%	3%
how many times has alcohol or other drug use left you feeling depressed,	0 times or no use	95%	89%	84%	84%
you feeling depressed, agitated, paranoid, or unable to concentrate?	Once	2%	4%	6%	7%
	Twice	2%	4%	4%	6%
	3 or more times	2%	3%	6%	3%

<sup>\* 6</sup>th grade survey did not ask these questions. ^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 40B CONSEQUENCES OF SUBSTANCE USE \***

			Grad	de		
		9th		12th		
During the last 12 months		Male	Female	Male	Female	
During the fact 12 mentile m		%	%	%       92%     86%       5%     5%       1%     4%       2%     4%       94%     90%       4%     3%       1%     1%       6%     86%       1%     8%       0%     2%       2%     4%       79%     56%	%	
how many times have you	0 times or no use	96%	92%	86%	91%	
missed work or school, or neglected other major	Once	2%	5%	5%	4%	
responsibilities because of alcohol or other drug use? ^	Twice	2%	1%	4%	3%	
	3 or more times	1%	2%	4%	1%	
how many times has alcohol or other drug use caused you	0 times or no use	97%	94%	90%	97%	
problems with the law?	Once	2%	4%	3%	3%	
	Twice	2%	1%	1%	0%	
	3 or more times	0%	1%	6%	0%	
how many times have you	0 times or no use	94%	97%	86%	98%	
it someone or become violent hile using alcohol or other	Once	2%	1%	8%	1%	
drugs?	Twice	2%	0%	2%	1%	
	3 or more times	2%	2%	4%	0%	
how many times have you	0 times or no use	91%	79%	56%	76%	
used so much alcohol or other drugs that later you could not	Once	4%	12%	22%	11%	
remember what you had said or done?	Twice	1%	4%	6%	7%	
	3 or more times	4%	5%	16%	6%	
how many times have you	0 times or no use	93%	79%	62%	81%	
used more alcohol or other drugs than you intended to?	Once	4%	12%	18%	10%	
	Twice	2%	4%	5%	4%	
	3 or more times	2%	5%	15%	6%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41A SEXUAL BEHAVIOR \***

			Grade			
		9t	h	121	h	
		Male	Female	Male	Female	
		%	%	%	%	
Have you ever had sexual intercourse	No	80%	82%	50%	52%	
("had sex")? ^	Yes, once or twice	10%	6%	11%	5%	
	Yes, 3 times or more	9%	12%	39%	43%	
During the last 12 months, with how	None	96%	82%	90%	54%	
many different male	1 person	1%	10%	5%	29%	
partners have you had sexual intercourse?	2 persons	0%	5%	1%	10%	
	3 persons	0%	2%	1%	5%	
	4 persons	0%	0%	0%	1%	
	5 persons	0%	0%	1%	1%	
	6 or more persons	2%	0%	3%	0%	
During the last 12 months, with how	None	82%	97%	50%	99%	
many different female	1 person	7%	2%	26%	1%	
partners have you had sexual intercourse?	2 persons	4%	0%	10%	0%	
	3 persons	1%	0%	6%	0%	
	4 persons	2%	0%	3%	0%	
	5 persons	0%	0%	1%	0%	
	6 or more persons	3%	0%	4%	0%	
How many times have	0 times	97%	97%	89%	95%	
you been pregnant or gotten someone	1 time	1%	2%	5%	4%	
pregnant?	2 or more times	2%	0%	2%	1%	
	Not sure	0%	0%	4%	0%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

			Grad	le		
INCLUDES ONLY THOSE IS	WIO HAVE EVER HAD	9ti	n	12t	h	
INCLUDES ONLY THOSE V SEXUAL INTERCOURSE	VHO HAVE EVER HAD	Male	Female	Male	Female	
		%	%	%	%	
Have you talked with your partner(s) about	Never	62%	33%	35%	28%	
protecting yourselves from getting STDs/HIV/AIDS? **	Not with every partner	5%	18%	17%	16%	
STDS/IIIV/AIDS:	At least once with every partner	33%	50%	48%	57%	
Have you talked with partner(s) about	Never	60%	23%	27%	17%	
preventing pregnancy? **	Not with every partner	3%	10%	13%	14%	
	At least once with every partner	38%	67%	61%	68%	
If you have sexual intercourse, how often do	Never	28%	19%	7%	4%	
you and/or your partner use any birth control	Rarely	13%	5%	1%	3%	
method?	Sometimes	16%	3%	13%	9%	
	Usually	16%	19%	14%	4%	
	Always	28%	54%	65%	80%	
If you have sexual intercourse, how often is	Never	12%	5%	9%	15%	
a condom used?	Rarely	6%	8%	9%	9%	
	Sometimes	15%	5%	11%	15%	
	Usually	24%	22%	21%	13%	
	Always	44%	59%	50%	49%	
The last time you had sexual intercourse, did	Yes	58%	68%	65%	65%	
you or your partner use a condom?	No	42%	32%	35%	35%	

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001 and 2004 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE \***

			Gra	de	
		9t	h	12t	h
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors	One or both of my parents would object	57%	71%	38%	63%
influence your choice not to? (Mark all that apply)	I don't want to have sex	21%	65%	16%	45%
(магк ан шас арргу)	Most students in my school don't have sex	12%	8%	4%	4%
	My friends don't have sex	27%	44%	9%	33%
	I don't think it's right for a person my age to have sex	43%	71%	19%	46%
	I'm afraid of getting caught	26%	22%	11%	16%
	My religious or spiritual beliefs	23%	38%	24%	49%
	Sex education at school has shown me the advantages of waiting until I'm older	31%	41%	18%	21%
	I don't want to get a sexually transmitted disease	52%	69%	39%	58%
	Fear of pregnancy ^	37%	71%	48%	56%
	My parents have taught me the advantages of waiting until I'm older	30%	46%	23%	35%
	I have chosen to wait until I'm married	25%	42%	25%	51%
	Other reason(s) ^^	40%	26%	63%	36%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New response option in 2007.