# 2007 Minnesota Student Survey County Tables

Fall 2007

Minnesota Student Survey Interagency Team:
Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

**Minnesota Department of Public Safety** 

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#### In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2007. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2007 MINNESOTA STUDENT SURVEY

#### **Survey Participation**

The 2007 Minnesota Student Survey was administered in the spring of 2007 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 338 public operating districts, 309 agreed to participate (91% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 81% of public school sixth graders, 76% of public school ninth graders, and 58% of public school twelfth graders participated in the 2007 Minnesota Student Survey. Overall participation across the three grades was approximately 72% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

#### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

Some of the 2007 survey instrument questions were changed from the 2004 survey instrument. While many questions stayed the same, there were questions that had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

#### Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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## **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Table #			
SURVEY ITEM OR DOMAIN	2007	2004		
Total number of surveys	1	1		
Gender	1	1		
Age	1	1		
Race/ethnicity	1	1		
Feelings about school	2	2		
School plans	2	2		
Truancy/skipping days of school	2	2		
Grades received in school	3	3		
Have or ever had an IEP	3	NA		
Free/reduced-price lunch	3	NA		
Changed schools	3	NA		
Students are friendly	4	4		
Students behave well	4	4		
Students threatened students	4	4		
Teachers interested in student	4	4		
Teachers show respect for students	4	4		
Feel safe going to and from school	5	5		
Feel safe at school	5	5		
Feel safe in neighborhood	5	NA		
Bathrooms in school are safe	5	5		
Illegal gang activity at school	5	5		
Alcohol/drug use at school	5	5		
Sold or given drug at school	6	6		
Property stolen/damaged at school	6	6		
Skipped school/felt unsafe	6	6		
Threatened/assaulted at school	6	6		
Sexual harassment at school	6	NA		
Victim of bullying	7	NA		
Being a bully	7	NA		
Time on homework/study	8A	7A		
Time reading	8A	7B		
Time doing volunteer work	8A	7C		
Time working for pay	8A	7C		
Time watching TV/DVDs/videos	8B	7B		
Time playing computer/video games	8B	7B		
Time talking on phone/text messaging	8B	NA		
Time online	8B	NA		
Time hanging out	8B	7C		
Fine arts activities	9A	NA		
Private lessons	9A	NA		
Club/community sports teams	9A	NA		
School sports teams	9A	NA		
Hobby/academic clubs	9B	NA		
Community clubs/programs	9B	NA		
Mentoring programs	9B	NA		
Religious activities	9B	NA		

	Table #		
SURVEY ITEM OR DOMAIN	2007	2004	
Reasons for participating	10	NA	
Reasons for not participating	10	NA	
Which adults do you live with	11	9	
Talk with father about problems	11	9	
Talk with mother about problems	11	9	
Parents care about you	12	10	
Other adult relatives care about you	12	10	
Friends care about you	12	11	
Teachers/other adults at school care	12	11	
Church or spiritual leaders care	12	11	
Other adults in community care	12	11	
Family alcohol use problems	13	12	
Family drug use problems	13	12	
Perpetrator of relationship violence	14A	NA	
Victim of relationship violence	14A	NA	
Victim of relationship sexual assault	14A	NA	
Victim of physical abuse at home	14B	13	
Witness to physical abuse at home	14B	13	
Victim of extrafamilial sexual abuse	14B	14	
Victim of intrafamilial sexual abuse	14B	14	
Recency of last physical exam	15	15	
Ever told had asthma	15	NA	
Physical health problem	15	NA	
Mental/emotional health problem	15	NA	
Ever treated for mental/emotional	15	NA	
Ever treated for alcohol/drug problem	15	15	
Perception of current weight	16	16	
Activities to control weight*	16	16	
Weight status according to BMI	16	NA	
Strenuous exercise lasting 20 minutes	17	17	
Physical activity lasting 30 minutes	17	17	
Beverage consumption	18	18	
Servings of fruits/vegetables	18	18	
Use of seat belts	19	19	
Information sources/risk behaviors	20	20	
Headaches/stomachaches/sickness	21A	NA	
Irritable/angry	21A	NA	
Many fears/easily scared	21A	NA	
Trouble concentrating	21A	NA	
Restless	21A	NA	
Sleep trouble	21A	NA	
Impulsive	21A	NA	
Unhappy/depressed/tearful	21A	NA	
Emotional well-being /distress	21B	22	
Self-inflicted injury	22	NA	
Suicidal thoughts and attempts	22	23	

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

## **Locating Minnesota Student Survey Items/Domains in the 2007 and 2004 Tables**

	Table	
SURVEY ITEM OR DOMAIN	2007	2004
Played cards for money	23	24
Bet on games of skill	23	24
Bet on sports teams/horseracing*	23	24
Bought lottery tickets	23	24
Gambled in a casino	23	24
Gambled for money online	23	NA
Running away from home	24	26
Vandalism	24	26
Physical fights	24	26
Shoplifting	24	26
Carrying a gun or other weapon	24	26
Use of any tobacco product past month	25	NA
Frequent use of any tobacco product	25	NA
Frequent binge drinking	25	27
Any alcohol/drug use past year	25	27
Frequency of cigarette use past month	26	28
Quantity of cigarettes past month	26	28
Age of first use of cigarettes	26	NA
Use of smokeless tobacco past month	27	NA
Use of cigars/cigarillos past month	27	NA
Age of first use of cigars/smokeless	27	NA
Sources for obtaining tobacco	28	30
Use of fake ID to purchase tobacco	28	30
Frequency of alcohol use past year	29	31
Frequency of alcohol use past month	29	31
Typical alcohol use quantity	29	31
Binge drinking past 2 weeks	29	31
Age of first alcohol use	30	NA
Sources for obtaining alcohol	31	32
Use of fake ID to purchase alcohol	31	32
Drinking and driving	32	33
Marijuana use past month	33	34
Age of first use of marijuana	33	NA
Use of other drugs past month	33	NA
Age of first use of other drugs	33	NA

	Table #			
SURVEY ITEM OR DOMAIN	2007	2004		
Marijuana use past year*	34	34		
Inhalant use past year*	34	34		
LSD/hallucinogen use past year*	34	36		
Heroin use past year*	34	36		
Methamphetamine use past year*	35	35		
Cocaine/crack use past year*	35	35		
MDMA/ecstasy use past year*	35	35		
Stimulant use past year	36A	NA		
ADHD/ADD drug use past year	36A	NA		
Pain reliever use past year	36A	NA		
Tranquilizer use past year	36A	NA		
Prescription drug use past year	36B	NA		
Substance use before/during school	37	38		
Talked about dangers of substance use	38	NA		
Social disapproval of substance use	38	NA		
Perceived risks from substance use	39	NA		
Need more substance to get effect	40A	41A		
Tried to reduce substance use	40A	41A		
Substance use hurt relationships*	40A	41A		
All day substance use or effects	40A	41A		
Given up activities to use substances*	40A	41A		
Use related emotional distress	40A	41A		
Use related neglect of responsibilities*	40B	41B		
Use related legal problems	40B	41B		
Use related violent behavior	40B	41B		
Use related memory problems	40B	41B		
Substance use greater than intended	40B	41B		
Sexual intercourse ever	41A	42A		
Number of sexual partners	41A	42A		
Pregnant or caused pregnancy	41A	42A		
Talk with partner about STD risk	41B	42B		
Talk about pregnancy prevention	41B	42B		
Frequency of birth control	41B	42B		
Frequency of condom use	41B	42B		
Use of condom during last intercourse	41B	42B		
Reasons for sexual abstinence*	42	43		

Not asked in 2004; new item(s) in 2007 Question changes in 2007 NA

## TABLE 1 DEMOGRAPHIC DESCRIPTION

				Grad	le		
		6th		9th		12th	
		N	%	N	%	N	%
Total number of surveys		154	100%	156	100%	124	100%
Gender	Male	82	53%	80	51%	56	45%
	Female	72	47%	76	49%	68	55%
Age	11 or younger	50	32%	0	0%	0	0%
	12	101	66%	0	0%	0	0%
	13	3	2%	0	0%	0	0%
	14	0	0%	39	25%	0	0%
	15	0	0%	112	72%	0	0%
	16	0	0%	2	1%	0	0%
	17	0	0%	0	0%	28	23%
	18	0	0%	0	0%	92	74%
	19-20	0	0%	0	0%	2	2%
	No answer	0	0%	3	2%	2	2%
Race/ethnicity	American Indian	1	1%	1	1%	0	0%
	Black or African American	6	4%	2	1%	3	2%
	Hispanic or Latino	7	5%	3	2%	3	2%
	Asian American or Pacific Islander	2	1%	1	1%	5	4%
	White	122	79%	142	91%	108	87%
	Mixed race (checked more than one race/ethnicity)	7	5%	5	3%	5	4%
	I don't know / no answer	9	6%	2	1%	0	0%

# TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, AND TRUANCY Nicollet County

				Gra	ıde		
		6t	h	9th		12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about going to	I like school very much	12%	30%	6%	12%	13%	9%
school?	I like school quite a bit	35%	41%	28%	29%	27%	40%
	I like school a little	34%	14%	37%	33%	30%	35%
	I don't like school very much	11%	11%	18%	18%	18%	10%
	I hate school	7%	4%	11%	8%	13%	6%
Which of these best describes your school plans? *	I would like to quit school as soon as I can			5%	1%	4%	0%
	I plan to finish high school but won't go to college			10%	9%	9%	4%
	I'd like to go to some kind of trade or vocational school			10%	4%	20%	4%
	I'd like to go to college after high school			56%	57%	45%	51%
	I'd like to go to college and then to graduate school			18%	29%	23%	40%
During the last 30	Never	86%	81%	83%	78%	65%	71%
days, how often have you skipped	Once or twice	14%	11%	12%	18%	16%	24%
or cut full days of school?	3 to 5 times	0%	3%	1%	0%	7%	6%
	6 to 10 times	0%	3%	1%	3%	4%	0%
	More than 10 times	0%	1%	3%	1%	7%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS **Nicollet County**

				Gra	ıde		
		61	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Mark the two grades you get the most often.	A only	1%	0%	4%	1%	2%	3%
most often.	A and B only	21%	10%	45%	59%	54%	74%
	B only	2%	4%	1%	0%	0%	1%
	B and C only	11%	14%	24%	17%	16%	16%
	C only	4%	0%	0%	1%	0%	0%
	C and D only	1%	3%	16%	11%	11%	3%
	D only	0%	1%	0%	0%	0%	0%
	D and F only	0%	0%	6%	8%	2%	0%
	F only	0%	0%	0%	1%	2%	0%
	Not applicable or no answer	60%	68%	4%	1%	14%	3%
Do you have or have you ever had an IEP	Yes			22%	19%	19%	11%
(Individualized Education Plan)? *^	No			78%	81%	81%	89%
Do you currently get free or reduced-price lunch	Yes	18%	32%	14%	20%	15%	10%
at school? ^	No	82%	68%	86%	80%	85%	90%
Since the beginning of this school year,	0 times	95%	97%	94%	96%	93%	94%
how many times have you changed schools? ^	1 time	4%	1%	4%	3%	4%	4%
	2 times	0%	1%	3%	1%	0%	1%
	3 or more times	1%	0%	0%	0%	4%	0%

<sup>\* 6</sup>th grade survey did not ask this question. ^ New question in 2007.

## TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT

			Grade							
		6t	h	9t	h	12	th			
		Male	Female	Male	Female	Male	Female			
		%	%	%	%	%	%			
How many students in	All	4%	4%	5%	0%	11%	5%			
your school are friendly?	Most	56%	53%	58%	49%	53%	71%			
	Some	30%	34%	36%	36%	31%	21%			
	A few	10%	9%	1%	16%	4%	3%			
	None	0%	0%	0%	0%	2%	0%			
How many students in	All	5%	3%	3%	4%	5%	5%			
your school behave well in the hallways and	Most	35%	26%	44%	33%	29%	42%			
lunchroom?	Some	37%	43%	38%	38%	49%	36%			
	A few	20%	26%	15%	22%	13%	15%			
	None	4%	1%	1%	3%	4%	2%			
How many students in	All	0%	1%	3%	3%	6%	5%			
your school have made fun of or threatened	Most	5%	6%	14%	20%	17%	6%			
students of different races or backgrounds?	Some	16%	18%	21%	36%	26%	33%			
J	A few	49%	60%	48%	32%	39%	47%			
	None	29%	15%	15%	9%	13%	9%			
How many of your	All	32%	26%	14%	4%	19%	14%			
teachers are interested in you as a person?	Most	26%	35%	28%	29%	28%	41%			
	Some	17%	20%	28%	19%	33%	30%			
	A few	19%	17%	22%	37%	15%	12%			
	None	6%	1%	9%	11%	6%	3%			
How many of your	All	51%	59%	30%	13%	19%	18%			
teachers show respect for students?	Most	28%	31%	36%	49%	51%	53%			
	Some	12%	7%	16%	20%	13%	23%			
	A few	4%	3%	14%	13%	8%	6%			
	None	5%	0%	4%	4%	9%	0%			

# TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY Nicollet County

		Grade					
How much do you so	aroo or disparoo	6th		9th		12th	
How much do you agree or disagree with the following statements?		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
I feel safe going to and from school	Strongly agree	44%	38%	53%	38%	54%	59%
and from School	Agree	46%	56%	44%	58%	43%	41%
	Disagree	9%	6%	3%	4%	0%	0%
	Strongly disagree	1%	0%	1%	0%	4%	0%
I feel safe at school	Strongly agree	59%	59%	40%	37%	51%	57%
	Agree	33%	36%	55%	58%	44%	43%
	Disagree	5%	6%	5%	5%	2%	0%
	Strongly disagree	2%	0%	0%	0%	4%	0%
I feel safe in my	Strongly agree	57%	43%	68%	49%	50%	59%
neighborhood ^	Agree	39%	43%	28%	47%	41%	39%
	Disagree	4%	13%	4%	4%	6%	2%
	Strongly disagree	0%	1%	1%	0%	4%	0%
Bathrooms in this	Strongly agree	22%	26%	34%	24%	38%	46%
school are a safe place to be	Agree	52%	43%	53%	62%	47%	48%
	Disagree	22%	22%	11%	12%	11%	3%
	Strongly disagree	5%	9%	1%	1%	4%	3%
Illegal gang activity	Strongly agree	4%	1%	4%	3%	9%	2%
is a problem at this school	Agree	3%	9%	11%	15%	13%	15%
	Disagree	19%	28%	45%	53%	30%	35%
	Strongly disagree	74%	61%	41%	29%	47%	48%
Student use of	Strongly agree	13%	7%	38%	51%	26%	19%
alcohol or drugs is a problem at this	Agree	20%	16%	44%	32%	42%	41%
school	Disagree	22%	36%	12%	13%	21%	30%
	Strongly disagree	45%	41%	6%	4%	11%	10%

<sup>^</sup> New question in 2007.

#### **TABLE 6** VICTIMIZATION AT SCHOOL

				-	Gra	nde		
			61	th	91	h	12	th
			Male	Female	Male	Female	Male	Female
During the last 12	Yes		%	%	%	%	%	%
During the last 12 months, has anyone offered, sold, or	Tes		6%	1%	20%	33%	24%	12%
given you an illegal drug on school property?	No		94%	99%	80%	67%	76%	88%
During the last 12 months, how many	0 times		69%	63%	63%	54%	61%	85%
times has someone stolen or deliberately	1 time		20%	17%	21%	26%	28%	11%
damaged your property on school property?	2 or 3 times		9%	15%	11%	16%	4%	2%
property :	4 or 5 times		1%	1%	3%	1%	6%	3%
	6 or more times		1%	3%	3%	3%	2%	0%
During the last 30 days, how many	0 days		96%	96%	97%	96%	93%	98%
days did you not go to school because	1 day		2%	3%	1%	1%	4%	0%
you felt unsafe at school or going to/from school?	2 or 3 days		1%	0%	0%	1%	0%	0%
to/nom school:	4 or 5 days		0%	0%	0%	1%	2%	2%
	6 or more days		0%	1%	1%	0%	2%	0%
During the last 12 months, which of the	Threatened you?	Yes	31%	25%	29%	18%	15%	5%
following has happened to you on school property?		No	69%	75%	71%	82%	85%	95%
Has a student:	Pushed, shoved, or grabbed you?	Yes	64%	45%	62%	51%	31%	16%
		No	36%	55%	38%	49%	69%	84%
	Kicked, bitten, or hit you?	Yes	42%	33%	34%	25%	24%	6%
		No	58%	67%	66%	75%	76%	94%
	Stabbed you or fired a gun at you?	Yes	0%	0%	1%	0%	5%	0%
		No	100%	100%	99%	100%	95%	100%
	Touched, grabbed, or pinched you in a	Yes			8%	29%	31%	13%
	sexual way? *^	No			92%	71%	69%	88%
	Made unwanted sexual comments,	Yes			13%	46%	28%	14%
	jokes, gestures, or looks toward you? *^	No			87%	54%	72%	86%

 $<sup>^{\</sup>ast}$  6th grade survey did not ask this question. ^ New question in 2007.

## TABLE 7 BULLYING ^

				Gra	ide		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, how often	Never	37%	34%	61%	39%	79%	77%
has another student or group of students made	Once or twice	41%	41%	23%	41%	13%	17%
fun of or teased you in a hurtful way, or excluded you from friends or activities?	About once a week	9%	12%	5%	9%	2%	2%
	Several times a week	7%	6%	6%	7%	4%	5%
	Every day	6%	7%	5%	4%	2%	0%
During the last 30 days, how often	Never	54%	52%	38%	31%	67%	63%
have you, on your own or as part of a group, made fun of	Once or twice	40%	41%	38%	52%	20%	31%
or teased another student in a hurtful way or excluded another student from friends or activities?	About once a week	5%	3%	11%	3%	4%	3%
	Several times a week	1%	4%	8%	7%	6%	3%
	Every day	0%	0%	5%	8%	4%	0%

<sup>^</sup> New questions in 2007.

## TABLE 8A USE OF TIME

				Gra	ide		
	ool year, how many	6t	h	9t	h	12	th
hours in a typic spend doing the		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Homework or	0 hours	4%	3%	9%	12%	15%	4%
study	1-2 hours	34%	43%	45%	42%	26%	25%
	3-5 hours	37%	29%	25%	30%	28%	35%
	6-10 hours	20%	16%	18%	11%	15%	23%
	11-20 hours	4%	9%	1%	4%	8%	11%
	21 hours or more	2%	1%	1%	1%	8%	4%
Reading for	0 hours	31%	25%	49%	44%	48%	44%
pleasure	1-2 hours	41%	48%	33%	33%	29%	36%
	3-5 hours	17%	17%	4%	15%	15%	9%
	6-10 hours	6%	4%	8%	5%	6%	9%
	11-20 hours	0%	4%	5%	0%	0%	0%
	21 hours or more	5%	1%	0%	3%	2%	2%
Volunteer	0 hours	67%	56%	65%	68%	51%	48%
work or community	1-2 hours	23%	34%	27%	20%	33%	41%
service	3-5 hours	8%	7%	3%	8%	8%	4%
	6-10 hours	3%	1%	1%	3%	4%	2%
	11-20 hours	0%	1%	3%	1%	2%	2%
	21 hours or more	0%	0%	1%	0%	2%	4%
Work for pay	0 hours	46%	34%	40%	33%	23%	18%
(including babysitting for	1-2 hours	29%	27%	21%	17%	15%	7%
others)	3-5 hours	15%	20%	12%	24%	8%	9%
	6-10 hours	6%	16%	15%	17%	15%	23%
	11-20 hours	2%	3%	7%	8%	19%	27%
	21 hours or more	1%	0%	5%	0%	19%	16%

## TABLE 8B USE OF TIME Nicollet County

				Gra	ide		
During the school y hours in a typical v		6t	h	9t	h	12	th
spend doing the fo		Male	Female	Male	Female	Male	Female
,		%	%	%	%	%	%
Watching TV, DVDs or videos	0 hours	1%	7%	1%	1%	0%	4%
DVDS or videos	1-2 hours	23%	35%	16%	23%	21%	23%
	3-5 hours	25%	28%	33%	27%	33%	25%
	6-10 hours	27%	14%	17%	29%	31%	23%
	11-20 hours	10%	13%	20%	16%	13%	20%
	21 hours or more	14%	3%	12%	4%	2%	5%
Playing computer	0 hours	10%	25%	14%	37%	24%	42%
or video games	1-2 hours	31%	46%	19%	40%	30%	24%
	3-5 hours	28%	16%	20%	9%	26%	18%
	6-10 hours	12%	10%	15%	8%	6%	7%
	11-20 hours	8%	1%	16%	4%	6%	5%
	21 hours or more	12%	1%	16%	1%	8%	4%
Talking on the	0 hours	46%	31%	33%	7%	20%	4%
phone or text messaging ^	1-2 hours	37%	35%	33%	25%	39%	25%
5 5	3-5 hours	12%	10%	7%	20%	14%	22%
	6-10 hours	2%	11%	15%	20%	12%	18%
	11-20 hours	1%	7%	1%	5%	8%	15%
	21 hours or more	1%	6%	11%	24%	8%	16%
Online activities	0 hours	35%	32%	19%	8%	20%	5%
(e-mail, instant messaging,	1-2 hours	38%	37%	31%	29%	37%	29%
blogging, web	3-5 hours	16%	14%	21%	26%	27%	23%
surfing, etc.) ^	6-10 hours	4%	13%	11%	16%	8%	25%
	11-20 hours	4%	0%	11%	11%	4%	13%
	21 hours or more	4%	4%	8%	11%	4%	5%
Hanging out	0 hours	10%	8%	3%	4%	6%	0%
	1-2 hours	23%	20%	13%	9%	12%	9%
	3-5 hours	26%	31%	25%	19%	19%	20%
	6-10 hours	20%	25%	21%	25%	29%	33%
	11-20 hours	10%	7%	17%	20%	25%	25%
	21 hours or more	11%	8%	21%	23%	10%	13%

<sup>^</sup> New question in 2007.

## TABLE 9A ENRICHMENT ACTIVITIES ^ Nicollet County

				Gra	ıde		
During the school		6t	h	9t	h	12	th
have you particip following?	ated in the	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Fine arts activities (band,	Not available in my community	1%	1%	4%	1%	4%	0%
choir, dance,	Never	27%	1%	40%	33%	52%	33%
drama, etc.)	A few times a year	4%	10%	9%	13%	10%	8%
	Monthly	5%	1%	3%	0%	2%	3%
	1-2 times per week	39%	48%	0%	3%	0%	2%
	3-4 times per week	13%	18%	13%	8%	2%	3%
	Every day	11%	20%	32%	42%	31%	50%
Private lessons (music, dance, etc.)	Not available in my community	2%	6%	4%	1%	6%	7%
	Never	69%	54%	78%	62%	73%	68%
	A few times a year	2%	6%	5%	7%	6%	15%
	Monthly	2%	4%	1%	1%	2%	2%
	1-2 times per week	16%	24%	12%	13%	10%	7%
	3-4 times per week	5%	4%	0%	11%	2%	0%
	Every day	2%	1%	0%	5%	2%	2%
Club or community	Not available in my community	4%	1%	5%	0%	2%	0%
sports teams	Never	35%	32%	44%	47%	54%	45%
	A few times a year	11%	13%	15%	16%	8%	17%
	Monthly	5%	6%	5%	7%	4%	13%
	1-2 times per week	17%	19%	9%	8%	10%	8%
	3-4 times per week	17%	20%	9%	10%	8%	5%
	Every day	11%	9%	12%	12%	15%	12%
School sports teams	Not available in my community	7%	5%	4%	0%	2%	0%
	Never	55%	42%	21%	27%	39%	41%
	A few times a year	13%	20%	6%	19%	8%	10%
	Monthly	7%	0%	4%	4%	0%	10%
	1-2 times per week	7%	9%	4%	3%	4%	2%
	3-4 times per week	7%	12%	12%	14%	16%	10%
	Every day	5%	12%	49%	33%	31%	27%

<sup>^</sup> New questions in 2007.

## TABLE 9B ENRICHMENT ACTIVITIES ^ Nicollet County

5				Gra	de		
During the school y have you participat		6t	h	9t	h	12	th
following?	lea III ale	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Hobby and academic clubs	Not available in my community	5%	6%	5%	1%	6%	8%
(chess, history, debate, math	Never	75%	73%	77%	71%	63%	63%
team, etc.)	A few times a year	6%	11%	8%	7%	8%	5%
	Monthly	0%	0%	1%	5%	4%	7%
	1-2 times per week	11%	9%	4%	13%	6%	8%
	3-4 times per week	3%	0%	3%	1%	8%	5%
	Every day	0%	0%	3%	1%	6%	3%
Community clubs and programs	Not available in my community	5%	3%	5%	0%	8%	5%
(4-H, Park and Rec, Community	Never	58%	47%	78%	72%	64%	68%
Ed., etc.)	A few times a year	14%	24%	10%	11%	4%	8%
	Monthly	17%	16%	4%	13%	15%	8%
	1-2 times per week	6%	4%	1%	3%	8%	2%
	3-4 times per week	0%	6%	0%	0%	0%	3%
	Every day	0%	0%	1%	1%	2%	5%
Mentoring programs	Not available in my community	3%	8%	5%	3%	8%	8%
	Never	83%	71%	89%	83%	63%	66%
	A few times a year	6%	8%	1%	4%	6%	5%
	Monthly	3%	6%	1%	4%	4%	5%
	1-2 times per week	5%	3%	3%	1%	8%	7%
	3-4 times per week	0%	3%	0%	1%	6%	5%
	Every day	0%	0%	0%	4%	6%	3%
Religious activities	Not available in my community	0%	6%	3%	0%	8%	2%
(religious services,	Never	45%	36%	42%	33%	55%	34%
education, youth group, etc.)	A few times a year	13%	10%	4%	13%	9%	20%
	Monthly	6%	13%	6%	4%	6%	14%
	1-2 times per week	34%	27%	40%	45%	19%	27%
	3-4 times per week	3%	7%	5%	3%	2%	3%
	Every day	0%	0%	0%	3%	2%	0%

<sup>^</sup> New questions in 2007.

## TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES ^

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
In general, why do	To have fun	80%	86%	82%	82%	83%	81%
you participate in school-based or community-based activities and clubs? (Mark all that apply)	To learn new skills	54%	56%	46%	53%	44%	41%
	My parents or guardians want me to	26%	26%	34%	26%	8%	22%
	My friends participate	34%	42%	48%	56%	39%	44%
	To help me get into college	23%	23%	34%	45%	42%	39%
	Participate for other reasons	20%	17%	12%	23%	28%	24%
In general, why don't you participate in any	Activities are not available in my community	0%	4%	3%	0%	11%	3%
school-based or community-based activities and	Activities cost too much	24%	38%	19%	18%	21%	28%
clubs? (Mark all that apply)	My parents or guardians won't let me	10%	12%	0%	6%	4%	0%
	My friends don't participate	0%	19%	19%	18%	7%	15%
	I'm not interested	66%	58%	71%	53%	61%	56%
	I am too busy with other things	41%	54%	39%	35%	43%	67%
	I didn't make the team/pass the audition, etc.	3%	4%	6%	3%	0%	0%
	I was kicked off or removed	3%	0%	0%	3%	0%	0%
	Don't participate for other reasons	10%	23%	13%	32%	18%	15%

<sup>^</sup> New questions in 2007.

# TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION Nicollet County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Which adults do you live with?	Both biological parents	59%	56%	66%	53%	54%	57%
	Both adoptive parents	2%	3%	0%	0%	4%	4%
	Mother and stepfather	6%	3%	4%	8%	4%	6%
	Father and stepmother	0%	1%	3%	0%	0%	1%
	Mother only	11%	14%	14%	16%	14%	16%
	Father only	2%	3%	1%	4%	5%	3%
	Sometimes with mother, sometimes with father	15%	13%	9%	17%	9%	4%
	Other	2%	7%	3%	3%	4%	6%
	No adults or no answer	2%	1%	1%	0%	7%	1%
Can you talk to your father	Yes, most of the time	47%	28%	41%	28%	47%	34%
about problems you are having?	Yes, some of the time	26%	40%	34%	18%	25%	33%
	No, not very often	16%	18%	14%	26%	11%	18%
	No, not at all	5%	10%	4%	17%	9%	7%
	My father is not around	6%	4%	8%	11%	7%	7%
Can you talk to your mother	Yes, most of the time	60%	56%	47%	50%	60%	54%
about problems you are having?	Yes, some of the time	23%	31%	35%	25%	21%	34%
	No, not very often	7%	7%	11%	13%	11%	4%
	No, not at all	9%	4%	4%	9%	4%	3%
	My mother is not around	1%	3%	3%	3%	4%	4%

# TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING Nicollet County

				Gra	ide		
		6t	h	9t	h	12	th
How much do you	feel	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
your parents care about you?	Not at all	1%	0%	0%	4%	2%	0%
care about you?	A little	1%	0%	4%	5%	0%	5%
	Some	1%	3%	5%	7%	4%	4%
	Quite a bit	2%	4%	13%	17%	24%	11%
	Very much	94%	93%	78%	67%	71%	81%
other adult	Not at all	2%	0%	8%	4%	2%	2%
relatives care about you?	A little	0%	4%	3%	5%	6%	11%
•	Some	9%	3%	16%	12%	21%	9%
	Quite a bit	16%	8%	21%	27%	15%	25%
	Very much	73%	85%	53%	51%	56%	54%
friends care	Not at all	1%	3%	4%	4%	4%	2%
about you?	A little	15%	10%	10%	8%	8%	7%
	Some	22%	11%	23%	18%	25%	14%
	Quite a bit	38%	33%	40%	30%	23%	37%
	Very much	24%	43%	22%	39%	40%	40%
teachers/ other	Not at all	2%	1%	14%	9%	6%	4%
adults at school care about you? ^	A little	5%	8%	19%	25%	13%	18%
•	Some	30%	18%	29%	35%	23%	19%
	Quite a bit	35%	44%	23%	25%	38%	35%
	Very much	27%	28%	14%	5%	19%	25%
religious or	Not at all	19%	11%	23%	26%	27%	18%
spiritual leaders care about you? ^	A little	19%	10%	12%	18%	16%	14%
	Some	14%	17%	16%	20%	12%	19%
	Quite a bit	27%	32%	30%	19%	20%	19%
	Very much	22%	30%	19%	18%	25%	30%
other adults in	Not at all	8%	3%	14%	16%	8%	11%
your community care about you?	A little	18%	16%	28%	24%	29%	14%
and and at your	Some	30%	19%	24%	34%	18%	34%
	Quite a bit	28%	39%	26%	15%	27%	27%
	Very much	16%	23%	8%	11%	18%	14%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

## TABLE 13 FAMILY SUBSTANCE ABUSE

				Gra	de			
		6t	h	9t	h	12th		
		Male	Female	Male Female		Male	Female	
		%	%	%	%	%	%	
Has alcohol use by any family member repeatedly caused	Yes	13%	16%	12%	18%	6%	19%	
family, health, job, or legal problems?	No	87%	84%	88%	82%	94%	81%	
Has drug use by any family member repeatedly caused	Yes	20%	11%	8%	16%	4%	8%	
family, health, job, or legal problems?	No	80%	89%	92%	84%	96%	92%	

## **TABLE 14A** PHYSICAL AND SEXUAL VIOLENCE \*^

			Gra	de	
		9t	h	12	th
		Male	Female	Male	Female
		%	%	%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	3%	4%	2%	2%
	No	97%	96%	98%	98%
Has someone you were going out with ever hit you, hurt you, threatened	Yes	4%	7%	6%	8%
you or made you feel afraid?	No	96%	93%	94%	92%
Has someone you were going out with ever forced you to have sex or	Yes	8%	15%	2%	13%
do something sexual when you didn't want to?	No	92%	85%	98%	87%

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New questions in 2007.

## TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Has any adult in your household ever hit you so hard or so often that	Yes	10%	13%	8%	17%	8%	3%
	No	90%	87%	92%	83%	92%	97%
Has anyone in your family ever hit anyone else in the family so	Yes	18%	15%	12%	12%	12%	8%
hard or so often that they had marks or were afraid of that person?	No	83%	85%	88%	88%	88%	92%
Has any older person outside the family touched you sexually	Yes	1%	4%	3%	9%	6%	3%
against your wishes or forced you to touch them sexually?	No	99%	96%	97%	91%	94%	97%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	1%	1%	1%	4%	2%	3%
	No	99%	99%	99%	96%	98%	97%

### **TABLE 15 GENERAL HEALTH ISSUES**

				Gra	ıde		
		61	h	9t	:h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When was the last time you had a physical exam?	Within the last 12 months	50%	46%	24%	30%	31%	40%
physical exam:	1-2 years ago	22%	15%	61%	52%	43%	45%
	3-4 years ago	4%	12%	11%	14%	16%	10%
	More than 4 years ago	10%	15%	0%	3%	6%	2%
	I have never had a physical exam	14%	12%	4%	1%	4%	3%
Has a doctor or nurse ever told you that you	Yes	22%	13%	12%	17%	17%	12%
have asthma? ^	No	78%	87%	88%	83%	83%	88%
Do you have a physical health	No	77%	81%	92%	83%	90%	91%
condition or problem that has lasted at least 12 months? ^	Yes	23%	19%	8%	17%	10%	9%
Do you have a mental or emotional health	No	86%	87%	86%	80%	96%	84%
problem that has lasted at least 12 months? ^	Yes	14%	13%	14%	20%	4%	16%
Have you ever been treated for a mental or	No			89%	80%	85%	86%
emotional health problem? *^	Yes, during the last year			5%	8%	6%	8%
	Yes, more than a year ago			5%	12%	10%	5%
Have you ever been treated for an alcohol	No			95%	95%	94%	100%
or other drug problem? *^^	Yes, during the last year			5%	5%	6%	0%

<sup>\* 6</sup>th grade survey did not ask this question.^ New question in 2007.^ New response options in 2007.

# TABLE 16 WEIGHT-RELATED ISSUES Nicollet County

					Gra	nde		
			61	th	9t	h	12	th
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
At the present time, do you	Underweight		15%	10%	13%	5%	19%	0%
think you are	About the right weig	jht	62%	66%	62%	61%	57%	55%
	Overweight		23%	24%	25%	34%	%           5%         19%           51%         57%           34%         25%           26%         51%           74%         49%           33%         11%           67%         89%           9%         8%           91%         92%           66%         25%           34%         75%           5%         4%           95%         96%           50%         66%           11%         0%           389%         100%           1%         2%           99%         98%	45%
During the last	I am not trying to	Yes			59%	26%	51%	17%
12 months, have lose weight or control my weight	No			41%	74%	49%	83%	
the following to lose or control	Fast or skip meals	Yes			10%	33%	11%	27%
weight? (Mark all that apply) *^		No			90%	67%	89%	73%
an mat appry)	Smoke cigarettes	Yes			8%	9%	8%	13%
		No			93%	91%	92%	87%
	Exercise	Yes			38%	66%	25%	62%
		No			63%	34%	75%	38%
	Use diet pills,	Yes			3%	5%	4%	7%
	speed or other drugs	No			98%	95%	96%	93%
	Eat healthier	Yes			26%	50%	34%	63%
		No			74%	50%	66%	37%
	Vomit on purpose	Yes			1%	11%	0%	3%
	after eating	No			99%	89%	100%	97%
	Use laxatives	Yes			4%	1%	2%	2%
		No			96%	99%	98%	98%
Weight status *	Not overweight	•			72%	83%	72%	80%
according to Body Mass Index (BMI) **	At risk for overweig	ht			10%	12%	15%	12%
,	Overweight				18%	6%	13%	8%

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile

At risk of overweight: 85th to less than the 95th percentile Overweight: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons. Two response options are new in 2007.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. New questions in 2007.

### TABLE 17 EXERCISE

				Gra	de		
		6t	h	9t	h	12:	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
On how many of the last 7 days	0 days	5%	3%	5%	8%	20%	27%
did you exercise	1 day	6%	6%	1%	4%	8%	10%
or play sports that made you	2 days	16%	25%	6%	18%	14%	8%
sweat or breathe hard for at least	3 days	18%	16%	9%	12%	4%	17%
20 minutes?	4 days	10%	23%	15%	12%	8%	8%
	5 days	18%	12%	27%	24%	27%	20%
	6 days	4%	6%	9%	11%	6%	3%
	7 days	24%	10%	28%	12%	14%	5%
On how many of	0 days	5%	6%	3%	7%	14%	14%
the last 7 days were you	1 day	5%	9%	4%	5%	12%	14%
physically active for a combined	2 days	15%	23%	6%	12%	4%	14%
total of at least 30 minutes?	3 days	22%	24%	5%	11%	6%	15%
	4 days	13%	17%	10%	11%	10%	7%
	5 days	10%	13%	28%	25%	18%	19%
	6 days	6%	0%	16%	15%	16%	5%
	7 days	24%	9%	28%	15%	22%	14%

### TABLE 18 NUTRITION

				Gra	ıde		
		6t	h	9t	h	12	th
How many glasses of following did you dring		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Milk	0 glasses	11%	19%	12%	24%	15%	33%
	1-2 glasses	56%	53%	40%	49%	35%	43%
	3-4 glasses	23%	20%	31%	18%	44%	20%
	5 or more glasses	10%	9%	18%	9%	6%	3%
100% fruit juice	0 glasses	51%	43%	48%	56%	42%	73%
	1-2 glasses	38%	43%	40%	36%	38%	23%
	3-4 glasses	9%	13%	9%	7%	15%	3%
	5 or more glasses	2%	1%	3%	1%	4%	0%
Fruit juice drinks	0 glasses	49%	56%	44%	67%	43%	86%
	1-2 glasses	39%	26%	40%	27%	39%	10%
	3-4 glasses	8%	15%	12%	5%	16%	2%
	5 or more glasses	5%	3%	5%	0%	2%	2%
Pop or soda	0 glasses	43%	59%	30%	56%	33%	53%
	1-2 glasses	41%	32%	38%	32%	31%	32%
	3-4 glasses	9%	6%	16%	7%	29%	12%
	5 or more glasses	7%	3%	17%	5%	8%	3%
Sports drinks	0 glasses	71%	76%	46%	75%	41%	86%
	1-2 glasses	21%	16%	31%	15%	43%	7%
	3-4 glasses	4%	3%	9%	4%	12%	7%
	5 or more glasses	4%	4%	14%	6%	4%	0%
Water	0 glasses	5%	1%	12%	5%	12%	7%
	1-2 glasses	30%	24%	31%	20%	27%	18%
	3-4 glasses	32%	36%	27%	45%	22%	40%
	5 or more glasses	33%	39%	31%	30%	39%	35%
How many servings	0 servings	7%	3%	6%	5%	9%	5%
of fruits, fruit juices, or vegetables did	1 serving	20%	12%	15%	16%	15%	21%
you eat yesterday?	2 servings	17%	23%	21%	16%	15%	33%
	3 servings	21%	36%	23%	24%	21%	12%
	4 servings	19%	13%	19%	26%	19%	16%
	5 or more servings	16%	13%	15%	13%	21%	14%

### TABLE 19 SEAT BELT USE

		Grade						
		61	h	91	:h	12	th	
	How often do you wear a seat belt when you		Female	Male	Female	Male	Female	
		%	%	%	%	% 2% 15% 23% 60%	%	
ride in a car?	Never	0%	0%	8%	1%	2%	2%	
	Sometimes	16%	9%	17%	16%	15%	3%	
	Often	21%	26%	31%	30%	23%	23%	
	Always	63%	66%	45%	53%	60%	72%	
drive a car? *	I never do this activity			32%	37%	16%	5%	
	Never			10%	3%	2%	0%	
	Sometimes			1%	4%	8%	2%	
	Often			8%	7%	12%	10%	
	Always			48%	50%	63%	83%	

<sup>\* 6</sup>th grade survey did not ask this question.

## TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS

				Gra	ıde		
14/1		6t	:h	9t	h	12th	
Where have you received most of your information about		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
alcohol and other	Friends or peers	35%	26%	69%	82%	75%	80%
drugs? (Mark all that apply)	Parents	67%	64%	48%	64%	38%	48%
	Brothers or sisters	27%	28%	30%	29%	21%	33%
	School/teachers/ counselors	61%	81%	54%	63%	43%	50%
	Clinics/doctors/ nurses	24%	25%	11%	13%	4%	12%
	Religious/ community groups ^	4%	14%	11%	9%	4%	10%
	Internet	15%	8%	25%	32%	26%	28%
	TV/radio/magazines/ newspapers/books	32%	28%	40%	54%	32%	58%
	I do not know much about alcohol or other drugs	5%	11%	5%	3%	2%	2%
sex? (Mark all	Friends or peers	32%	29%	64%	80%	68%	78%
that apply)	Parents	40%	60%	34%	50%	36%	37%
	Brothers or sisters	20%	15%	13%	16%	19%	20%
	School/teachers/ counselors	39%	47%	44%	58%	42%	43%
	Clinics/doctors/ nurses	7%	17%	4%	14%	15%	17%
	Religious/ community groups ^	4%	6%	11%	11%	8%	10%
	Internet	20%	6%	20%	22%	36%	30%
	TV/radio/magazines/ newspapers/books	18%	18%	29%	46%	36%	55%
	I do not know much about sex	22%	33%	3%	5%	4%	2%

<sup>^</sup> New response option in 2007.

# TABLE 21A EMOTIONAL WELL-BEING/DISTRESS ^ Nicollet County

		Grade 6th 9th 12th						
		6t	h	9t	h	12	th	
How much do you ag the following stateme		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
I get a lot of headaches,	Agree	18%	20%	18%	16%	13%	21%	
neadaches, stomachaches or	Mostly agree	20%	29%	9%	41%	12%	249	
sickness.	Mostly disagree	23%	33%	31%	22%	15%	36%	
	Disagree	39%	19%	42%	22%	60%	199	
l am often irritable	Agree	10%	13%	7%	19%	12%	10%	
and angry.	Mostly agree	18%	17%	12%	25%	15%	22%	
	Mostly disagree	36%	27%	41%	38%	29%	349	
	Disagree	36%	44%	40%	18%	44%	33%	
I have many fears and am easily scared.	Agree	9%	13%	1%	20%	4%	79	
	Mostly agree	11%	11%	4%	23%	4%	79	
	Mostly disagree	23%	33%	32%	27%	23%	39%	
	Disagree	57%	43%	62%	31%	69%	479	
I often have trouble	Agree	18%	13%	15%	18%	17%	99	
concentrating.	Mostly agree	25%	20%	18%	26%	29%	219	
	Mostly disagree	35%	33%	30%	31%	23%	40%	
	Disagree	23%	34%	37%	26%	31%	319	
I am restless and	Agree	26%	22%	15%	18%	24%	119	
cannot stay still for long.	Mostly agree	20%	13%	20%	29%	20%	169	
	Mostly disagree	23%	22%	27%	31%	22%	43%	
	Disagree	32%	43%	38%	22%	35%	30%	
I often have trouble	Agree	21%	21%	14%	16%	16%	129	
getting to sleep and staying asleep.	Mostly agree	13%	15%	14%	30%	12%	219	
	Mostly disagree	18%	23%	27%	23%	24%	319	
	Disagree	48%	41%	46%	30%	49%	36%	
I do things before I	Agree	19%	19%	14%	20%	19%	199	
think.	Mostly agree	29%	29%	28%	36%	29%	26%	
	Mostly disagree	29%	33%	35%	28%	31%	33%	
	Disagree	23%	19%	23%	16%	21%	219	
I am often unhappy,	Agree	5%	14%	3%	19%	6%	7%	
depressed or tearful.	Mostly agree	10%	17%	5%	20%	14%	129	
	Mostly disagree	24%	9%	26%	27%	25%	36%	
	Disagree	61%	59%	66%	34%	55%	45%	

<sup>^</sup> New questions in 2007.

## TABLE 21B EMOTIONAL WELL-BEING/DISTRESS

				Gra	de		
		6tl	h	9tl	h	12t	h
During the last 30 da	vs	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
have you felt you were under any	Yes, almost more than I could take	10%	12%	8%	29%	8%	23%
stress or pressure?	Yes, quite a bit of pressure	9%	12%	13%	22%	20%	28%
	Yes, more than usual	9%	9%	9%	22%	20%	18%
	Yes, a little	51%	50%	49%	25%	44%	28%
	Not at all	22%	18%	21%	1%	8%	2%
have you felt	All the time	4%	6%	1%	7%	6%	5%
sad?	Most of the time	6%	16%	5%	22%	12%	12%
	Some of the time	18%	20%	17%	42%	13%	33%
	Little of the time	57%	46%	47%	24%	38%	47%
	None of the time	15%	13%	29%	5%	31%	3%
have you felt so discouraged or hopeless that you	Extremely so, to the point that I have just about given up	7%	4%	7%	9%	4%	8%
wondered if anything was	Quite a bit	7%	6%	4%	17%	10%	7%
worthwhile?	Some, enough to bother me	12%	20%	9%	22%	18%	15%
	A little bit	26%	23%	22%	30%	29%	24%
	Not at all	48%	46%	58%	21%	39%	46%
have you felt	All the time	4%	4%	1%	5%	6%	5%
nervous, worried, or upset?	Most of the time	6%	16%	5%	22%	10%	12%
•	Some of the time	22%	23%	20%	38%	22%	32%
	Little of the time	57%	50%	47%	29%	45%	42%
	None of the time	11%	7%	26%	5%	18%	8%

# TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Nicollet County

				Gra	ıde		
		6t	h	9t	h	12th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever hurt yourself on purpose ("cutting", burns, bruises)? ^	No	84%	83%	88%	62%	84%	79%
	Yes, during the last year	13%	10%	10%	29%	6%	12%
,	Yes, more than a year ago	4%	7%	1%	9%	10%	9%
Have you ever	No	80%	76%	75%	55%	65%	71%
thought about killing yourself?	Yes, during the last year	14%	18%	21%	31%	18%	14%
	Yes, more than a year ago	6%	6%	4%	15%	18%	16%
Have you ever tried	No	96%	100%	96%	89%	90%	95%
to kill yourself?	Yes, during the last year	4%	0%	4%	5%	0%	3%
	Yes, more than a year ago	0%	0%	0%	5%	10%	2%

<sup>^</sup> New question in 2007.

#### TABLE 23 **GAMBLING BEHAVIOR \***

		Grade 9th 12th							
During the last 12			-						
have you done the	se activities?	Male %	Female %	Male %	Female %				
Played cards for	Not at all	51%	83%	51%	81%				
money	Less than once a month	30%	11%	24%	9%				
	About once a month	12%	7%	12%	7%				
	About once a week	4%	0%	6%	0%				
	Daily	3%	0%	6%	4%				
Bet on games of	Not at all	57%	84%	60%	88%				
personal skill like pool, golf, or	Less than once a month	28%	13%	22%	7%				
bowling	About once a month	9%	3%	10%	4%				
	About once a week	3%	0%	4%	0%				
	Daily	3%	0%	4%	2%				
Bet money on sports teams or horseracing ^	Not at all	72%	91%	66%	93%				
	Less than once a month	16%	7%	16%	5%				
	About once a month	9%	3%	10%	0%				
	About once a week	1%	0%	4%	0%				
	Daily	1%	0%	4%	29				
Bought lottery	Not at all	89%	95%	49%	65%				
tickets or scratch offs	Less than once a month	4%	3%	29%	16%				
	About once a month	3%	1%	6%	129				
	About once a week	0%	1%	12%	5%				
	Daily	4%	0%	4%	29				
Gambled in a	Not at all	96%	100%	60%	72%				
casino	Less than once a month	0%	0%	28%	21%				
	About once a month	1%	0%	2%	5%				
	About once a week	0%	0%	4%	0%				
	Daily	3%	0%	6%	2%				
Gambled for	Not at all	93%	100%	88%	95%				
money online ^^	Less than once a month	0%	0%	4%	4%				
	About once a month	4%	0%	6%	0%				
	About once a week	1%	0%	2%	0%				
	Daily	1%	0%	0%	29				

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New question in 2007.

# TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR Nicollet County

				Gra	de			
		6t	h	9tl	h	12th		
		Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	
During the last 12 months, how often	Never	95%	92%	93%	80%	94%	97%	
have you run away	Once or twice	1%	3%	3%	13%	2%	2%	
from home?	3 to 5 times	4%	4%	1%	1%	2%	0%	
	6 to 10 times	0%	0%	1%	4%	2%	2%	
	More than 10 times	0%	1%	1%	1%	0%	0%	
During the last 12	Never	88%	94%	88%	79%	71%	88%	
months, how often have you damaged	Once or twice	9%	6%	4%	14%	16%	12%	
or destroyed property at school or	3 to 5 times	4%	0%	4%	7%	8%	0%	
somewhere else?	6 to 10 times	0%	0%	0%	0%	4%	0%	
	More than 10 times	0%	0%	4%	0%	2%	0%	
During the last 12	Never	66%	81%	61%	77%	75%	87%	
months, how often have you hit or beat	Once or twice	29%	10%	28%	16%	20%	8%	
up another person?	3 to 5 times	4%	3%	4%	1%	2%	3%	
	6 to 10 times	1%	1%	1%	0%	2%	2%	
	More than 10 times	0%	4%	7%	5%	2%	0%	
During the last 12	Never	95%	97%	79%	63%	75%	84%	
months, how often have you taken	Once or twice	2%	0%	9%	12%	14%	7%	
something from a store without paying	3 to 5 times	0%	1%	4%	7%	8%	5%	
for it?	6 to 10 times	1%	0%	0%	5%	0%	0%	
	More than 10 times	1%	1%	8%	13%	4%	3%	
On how many of the	0 days	100%	100%	97%	100%	94%	100%	
last 30 days did you carry a gun on	1 day	0%	0%	0%	0%	4%	0%	
school property?	2 or 3 days	0%	0%	1%	0%	0%	0%	
	6 or more days	0%	0%	1%	0%	2%	0%	
On how many of the	0 days	96%	100%	94%	93%	89%	95%	
last 30 days did you carry a weapon	1 day	2%	0%	3%	4%	0%	0%	
(other than a gun) on school property?	2 or 3 days	1%	0%	0%	0%	4%	0%	
control property:	4 or 5 days	0%	0%	0%	3%	4%	0%	
	6 or more days	0%	0%	4%	0%	4%	5%	

#### **TABLE 25 SUMMARY OF SUBSTANCE USE \*\***

				Gra	ide		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days ^	No	96%	96%	72%	82%	61%	72%
	Yes	4%	4%	28%	18%	39%	28%
Frequent use of any tobacco products during the past 30 days (used	No	99%	100%	88%	89%	80%	85%
tobacco on 20 or more of the past 30 days) ^	Yes	1%	0%	12%	11%	20%	15%
Frequent binge drinking in the past year (typically drank 5 or more drinks	No	99%	100%	90%	84%	69%	91%
at a time and drank on 10 or more occasions during the past year)	Yes	1%	0%	10%	16%	31%	9%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	92%	90%	62%	47%	28%	34%
year (excluding tobacco)	Used only alcohol in the past year	4%	6%	25%	26%	32%	38%
	Used only marijuana/other drugs in the past year	1%	0%	0%	1%	2%	0%
	Used both alcohol and marijuana/other drugs in the past year	3%	4%	14%	26%	38%	29%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items. ^ New computed variables in 2007.

### TABLE 26 CIGARETTE USE AND AGE OF FIRST USE Nicollet County

				Gra	ıde		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	98%	97%	81%	84%	78%	72%
days did you smoke	1 or 2 days	0%	1%	1%	3%	4%	13%
a cigarette?	3 to 5 days	0%	0%	1%	3%	0%	0%
	6 to 9 days	0%	0%	4%	0%	4%	0%
	10 to 19 days	1%	1%	1%	0%	2%	0%
	20 to 29 days	0%	0%	4%	4%	0%	7%
	All 30 days	1%	0%	7%	7%	12%	8%
During the last 30	Never	98%	94%	81%	83%	76%	73%
days, how frequently have you smoked cigarettes?	Less than one cigarette per day	0%	6%	4%	5%	8%	12%
	One to five cigarettes per day	1%	0%	8%	9%	10%	7%
	About one-half pack per day	1%	0%	1%	1%	6%	5%
	About one pack per day	0%	0%	1%	1%	0%	0%
	About one and one-half packs per day	0%	0%	0%	0%	0%	2%
	Two packs or more per day	0%	0%	4%	0%	0%	2%
How old were you the first time you smoked part or all	I have never smoked part or all of a cigarette	93%	89%	67%	54%	50%	50%
of a cigarette? ^	10 years old or younger	2%	0%	16%	14%	12%	3%
	11 years old	2%	9%	3%	3%	0%	0%
	12 years old	2%	3%	1%	3%	4%	3%
	13 years old	0%	0%	5%	7%	10%	3%
	14 years old	0%	0%	4%	18%	8%	3%
	15 years old	0%	0%	4%	1%	4%	12%
	16 years old	0%	0%	0%	0%	4%	12%
	17 years old or older	0%	0%	0%	0%	8%	13%

<sup>^</sup> New question in 2007.

# TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE ^ Nicollet County

				Gra	ide		
		61	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many	0 days	98%	99%	82%	97%	75%	100%
days did you use chewing tobacco,	1 or 2 days	2%	1%	5%	1%	2%	0%
snuff or dip?	3 to 5 days	0%	0%	3%	1%	4%	0%
	6 to 9 days	0%	0%	1%	0%	4%	0%
	10 to 19 days	0%	0%	3%	0%	8%	0%
	20 to 29 days	0%	0%	0%	0%	4%	0%
	All 30 days	0%	0%	5%	0%	4%	0%
During the last 30 days, on how many	0 days	98%	99%	80%	91%	76%	93%
days did you smoke	1 or 2 days	1%	1%	9%	5%	14%	5%
cigars, cigarillos or little cigars?	3 to 5 days	1%	0%	1%	4%	4%	2%
	6 to 9 days	0%	0%	3%	0%	6%	0%
	20 to 29 days	0%	0%	1%	0%	0%	0%
	All 30 days	0%	0%	5%	0%	0%	0%
How old were you the first time you smoked a cigar or used chewing	I have never smoked a cigar or used chewing tobacco	94%	96%	71%	86%	48%	76%
tobacco?	10 years old or younger	2%	1%	5%	1%	4%	2%
	11 years old	1%	3%	1%	0%	0%	0%
	12 years old	2%	0%	9%	0%	2%	2%
	13 years old	0%	0%	5%	4%	6%	0%
	14 years old	0%	0%	5%	8%	6%	2%
	15 years old	0%	0%	3%	1%	16%	2%
	16 years old	0%	0%	0%	0%	8%	10%
	17 years old or older	0%	0%	0%	0%	10%	7%

<sup>^</sup> New questions in 2007.

#### **TABLE 28 ACCESS TO TOBACCO \***

			Grad	de	
	05 1440 11050	9t	h	12t	:h
INCLUDES ONLY THO TOBACCO IN THE LAS		Male	Female	Male	Female
		%	%	%	%
If you used tobacco, how did you get it in	Bought it at gas stations or convenience stores	19%	13%	76%	78%
the last 30 days? (Mark all that apply)	Bought it at bars or restaurants	0%	7%	10%	0%
	Bought it at grocery, discount, or drug stores	0%	0%	24%	6%
	Bought it at places like bowling alleys, video arcades, or pool halls	5%	7%	0%	0%
	Bought it from vending machines	0%	0%	0%	6%
	Bought it on the Internet	10%	0%	0%	0%
	Got it from friends	62%	53%	33%	56%
	Got it from my parents ^	0%	7%	14%	11%
	Got it from other family members ^	5%	13%	5%	6%
	Got it by getting someone else to buy for me	19%	33%	0%	28%
	Took it from my home	19%	27%	10%	17%
	Took it from a friend's home	10%	13%	5%	0%
	Took it from stores	10%	0%	10%	0%

			Grade					
MOLUDEO ON VITUO			h	12th				
INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS		Male	Female	Male	Female			
		%	%	%	%			
If you bought tobacco in the last 30 days, did	Yes	17%	14%	5%	14%			
you use a fake ID?	No	83%	86%	95%	86%			

<sup>\* 6</sup>th grade survey did not ask these questions. ^ New reponse option in 2007.

### TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, on how	0	94%	91%	60%	49%	27%	33%
many occasions (if	1-2	3%	4%	11%	8%	19%	19%
any) have you had alcoholic beverages	3-5	1%	3%	9%	8%	10%	16%
to drink?	6-9	1%	0%	6%	14%	2%	11%
	10-19	0%	0%	4%	9%	17%	2%
	20-39	1%	1%	7%	3%	2%	9%
	40+	0%	0%	3%	9%	23%	11%
During the last 30 days, on how many	0 days	97%	97%	77%	67%	33%	60%
days did you drink	1 or 2 days	1%	1%	6%	14%	31%	19%
one or more drinks of an alcoholic	3 to 5 days	1%	1%	7%	7%	10%	12%
beverage?	6 to 9 days	0%	0%	1%	5%	15%	5%
	10 to 19 days	0%	0%	4%	5%	8%	4%
	20 to 29 days	0%	0%	3%	0%	2%	0%
	All 30 days	0%	0%	1%	1%	0%	0%
If you drink beer/wine/wine coolers/hard liquor,	I don't drink beer/wine/wine coolers/hard liquor	92%	96%	62%	50%	30%	37%
generally, how much (if any) do you	1 glass, can, or drink	7%	4%	12%	11%	11%	12%
drink at one time?	2 glasses, cans, or drinks	0%	0%	7%	6%	4%	14%
	3 glasses, cans, or drinks	0%	0%	3%	8%	13%	14%
	4 glasses, cans, or drinks	0%	0%	3%	6%	4%	11%
	5 glasses, cans, or drinks	0%	0%	3%	6%	6%	5%
	6 or more glasses, cans, or drinks	1%	0%	10%	14%	32%	7%
Over the last 2 weeks, how many	Never			86%	76%	62%	79%
times (if any) have	Once			1%	7%	9%	9%
you had five or more drinks in a row? *	Twice			4%	8%	13%	7%
-	3 - 5 times			6%	7%	6%	5%
	6 or more times			3%	1%	11%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 30 AGE OF FIRST ALCOHOL USE ^ Nicollet County

				Gra	de		
		6t	h	9t	h	12	th
		Male	Female	Male Female		Male	Female
		%	%	%	%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	84%	85%	49%	38%	22%	26%
	10 years old or younger	11%	6%	17%	5%	10%	7%
	11 years old	4%	6%	0%	3%	2%	0%
	12 years old	1%	3%	6%	9%	6%	2%
	13 years old	0%	0%	10%	15%	10%	2%
	14 years old	0%	0%	13%	27%	14%	5%
	15 years old	0%	0%	6%	3%	10%	25%
	16 years old	0%	0%	0%	0%	12%	25%
	17 years old or older	0%	0%	0%	0%	14%	9%

<sup>^</sup> New question in 2007.

#### TABLE 31 ACCESS TO ALCOHOL \*

			Grad	de		
		9t	h	12th		
INCLUDES ONLY THOSE WI ALCOHOL IN THE LAST 30 I		Male	Female	Male	Female	
7.2001102 IIV 1112 27101 00 1		%	%	%	%	
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores ^	6%	0%	3%	4%	
days? (Mark all that apply)	Bought it at bars or restaurants	0%	0%	3%	9%	
	Bought it at stores	6%	0%	22%	0%	
	Bought it on the Internet	0%	4%	6%	0%	
	Got it from friends	31%	58%	56%	61%	
	Got it from my parents ^	6%	17%	9%	30%	
	Got it from other family members ^	25%	0%	16%	17%	
	Got it by getting someone else to buy for me	19%	29%	28%	35%	
	Got it at parties	19%	33%	25%	57%	
	Took it from my home	25%	33%	3%	26%	
	Took it from a friend's home	6%	4%	9%	4%	
	Took it from stores	6%	0%	3%	0%	

INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS			Grade					
		9t	h	12th				
		Male	Female	Male	Female			
/	ALGORIGE IN THE EAST SO DATO		%	%	%			
If you bought alcohol in the last 30 days, did	Yes	18%	13%	8%	10%			
you use a fake ID?	No	82%	88%	92%	90%			

<sup>\* 6</sup>th grade survey did not ask these questions.

<sup>\*\*</sup> Percentages are comparable to the 2001 and 2004 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

<sup>^</sup> New response option in 2007.

#### TABLE 32 DRINKING AND DRIVING \* Nicollet County

			Gra	de		
		9t	h	121	2th	
		Male Female		Male	Female	
		%	%	%	%	
During the last 12 months, how many	0 times or no use	98%	86%	69%	79%	
times have you driven a motor vehicle after using alcohol or other	Once	0%	8%	5%	4%	
	Twice	2%	3%	12%	4%	
drugs?	3 or more times	0%	2%	14%	13%	
Do you ever ride with friends after they have	No	67%	53%	55%	72%	
been using alcohol or	Yes, but rarely	13%	31%	29%	18%	
drugs?	Yes, often	11%	9%	14%	10%	
	None of my friends use alcohol or other drugs	9%	7%	2%	0%	

<sup>\* 6</sup>th grade survey did not ask these questions.

### TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE ^ Nicollet County

				Gra	de		
		6tl	h	9tl	n	121	:h
		Male	Female	Male	Female	Male	Female
	1	%	%	%	%	%	%
During the last 30 days, on how many	0 days	98%	100%	90%	78%	67%	86%
days did you use	1 or 2 days	2%	0%	3%	5%	8%	9%
marijuana or hashish?	3 to 5 days	0%	0%	1%	1%	4%	0%
	6 to 9 days	0%	0%	1%	8%	6%	0%
	10 to 19 days	0%	0%	0%	4%	8%	2%
	20 to 29 days	0%	0%	1%	1%	2%	4%
	All 30 days	0%	0%	3%	1%	4%	0%
How old were you when you tried marijuana for the first time?	I have never tried marijuana	93%	100%	88%	72%	53%	63%
	10 years old or younger	1%	0%	4%	0%	0%	0%
	11 years old	5%	0%	1%	1%	2%	2%
	12 years old	0%	0%	1%	1%	0%	4%
	13 years old	0%	0%	3%	9%	4%	2%
	14 years old	0%	0%	1%	14%	4%	2%
	15 years old	0%	0%	0%	3%	16%	11%
	16 years old	0%	0%	0%	0%	14%	12%
	17 years old or older	0%	0%	0%	0%	6%	5%
During the last 30	0 days	97%	100%	95%	91%	93%	95%
days, on how many days did you use any	1 or 2 days	1%	0%	3%	6%	4%	0%
of these "other drugs"?	3 to 5 days	1%	0%	2%	1%	0%	0%
urugo .	6 to 9 days	0%	0%	0%	0%	0%	4%
	10 to 19 days	0%	0%	0%	1%	0%	2%
	All 30 days	0%	0%	0%	0%	2%	0%
How old were you when you tried any of	I have never tried "other drugs"	96%	100%	93%	81%	83%	95%
these "other drugs" for the first time?	10 years old or younger	1%	0%	1%	0%	0%	0%
	11 years old	3%	0%	0%	3%	0%	0%
	12 years old	0%	0%	3%	0%	0%	2%
	13 years old	0%	0%	0%	4%	0%	0%
	14 years old	0%	0%	1%	11%	0%	0%
	15 years old	0%	0%	1%	0%	2%	0%
	16 years old	0%	0%	0%	1%	8%	2%
	17 years old or older	0%	0%	0%	0%	6%	2%

<sup>^</sup> New questions in 2007.

#### **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ **Nicollet County**

				Gra	de		
		6t	h	9tl	n	12th	
Ouring the last 12 month (if any) have you	s, on how many occasions	Male	Female	Male	Female	Male	Female
( a),		%	%	%	%	%	%
used marijuana (bud,	0	95%	96%	88%	77%	63%	74%
weed, pot) or hashish (hash, hash oil)?	1-2	4%	4%	3%	3%	4%	9%
	3-5	0%	0%	0%	1%	0%	5%
	6-9	0%	0%	1%	5%	4%	2%
	10-19	1%	0%	3%	3%	4%	2%
	20-39	0%	0%	0%	5%	6%	2%
	40+	0%	0%	4%	5%	18%	7%
sniffed glue, or	0	97%	100%	97%	93%	96%	96%
breathed the contents of aerosol spray cans,	1-2	1%	0%	3%	4%	2%	0%
or inhaled any other gases or sprays in	3-5	0%	0%	0%	0%	0%	2%
order to get high?	6-9	0%	0%	0%	3%	2%	0%
	10-19	0%	0%	0%	0%	0%	2%
	20-39	1%	0%	0%	0%	0%	0%
used LSD ("acid"), PCP (wet sticks or	0			98%	91%	91%	98%
dipped joints), or other	1-2			2%	4%	6%	0%
psychedelics (like mescaline,	3-5			0%	3%	0%	0%
mushrooms, peyote)? *	6-9			0%	1%	0%	0%
	10-19			0%	0%	2%	2%
used heroin? *	0			98%	99%	96%	98%
	1-2			2%	1%	4%	0%
	10-19			0%	0%	0%	2%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

#### **TABLE 35 METHAMPHETAMINE, COCAINE AND ECSTASY \*^ Nicollet County**

		Grade				
During the last 12 months, on how many occasions (if any) have you		9tl	h	12th		
		Male	Female	Male	Female	
many cocacrone (ii any) ii			%	%	%	
used	0	98%	99%	96%	98%	
methamphetamine (meth, glass, crank,	1-2	2%	1%	2%	0%	
crystal meth, ice) by any method?	6-9	0%	0%	2%	0%	
	10-19	0%	0%	0%	2%	
used "crack" (cocaine	0	97%	94%	91%	96%	
in chunk or rock form), or cocaine in any other	1-2	3%	3%	4%	0%	
form?	3-5	0%	3%	0%	2%	
	6-9	0%	0%	2%	0%	
	10-19					
		0%	0%	2%	2%	
used MDMA (E, X,	0	98%	97%	98%	98%	
"ecstasy"), GHB (G, Liquid E, Liquid X) or	1-2	0%	3%	0%	0%	
Ketamine ("Special K")?	3-5	2%	0%	2%	0%	
	10-19	0%	0%	0%	2%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

#### **TABLE 36A** PRESCRIPTION DRUGS \*^

			Grad	e		
During the last 12 months, on how		9th		12th		
many occasions (if any) have you		Male	Female	Male	Female	
,		%	%	%	%	
used stimulants like Benzedrine or diet pills that were not prescribed for	0	97%	93%	94%	98%	
you by a doctor, or that you took only to get high?	1-2	2%	6%	2%	0%	
	3-5	0%	0%	2%	0%	
	10-19	2%	1%	2%	2%	
used your own or someone else's ADHD or ADD drugs like Ritalin (hyper	0	97%	84%	91%	96%	
oills) to get high?	1-2	2%	6%	2%	0%	
	3-5	2%	9%	4%	0%	
	6-9	0%	1%	2%	2%	
	10-19					
		0%	0%	0%	2%	
used OxyContin, Percocet, Percodan, Vicodin or other pain	0	95%	91%	89%	96%	
relievers that were not prescribed for you by a doctor, or that you took only	1-2	5%	4%	2%	0%	
to get high?	3-5	0%	1%	9%	0%	
	6-9	0%	3%	0%	0%	
	10-19	0%	0%	0%	4%	
used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates	0	98%	94%	98%	96%	
that were not prescribed for you by a doctor, or that you took only to get high?	1-2	2%	6%	0%	0%	
	10-19	0%	0%	2%	2%	
	40+	0%	0%	0%	2%	

 $<sup>^{\</sup>star}$  6th grade survey did not ask these questions. ^ New questions in 2007.

#### **TABLE 36B** PRESCRIPTION DRUGS \*^

	Grad	e	
During the last 12 months, on how many occasions (if any) have you		6th	ı
		Male	Female
		%	%
used any prescription drugs that were not prescribed for	0	97%	100%
you by a doctor, or that you took only to get high?	1-2	1%	0%
	10-19	1%	0%

<sup>\* 9</sup>th-12th grade survey did not ask this question. ^ Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 37 SUBSTANCE USE PATTERNS

		Grade						
-		6t	h	9t	h	12th		
other drugs	ise alcohol or	Male	Female	Male	Female	Male	Female	
outer arage ii	•	%	%	%	%	%	%	
before school?	Yes	0%	0%	6%	8%	22%	11%	
	No	100%	100%	94%	92%	78%	89%	
during school?	Yes	0%	0%	5%	9%	19%	11%	
School	No	100%	100%	95%	91%	81%	89%	
right after	Yes	4%	3%	9%	20%	30%	16%	
school?	No	96%	97%	91%	80%	70%	84%	

### TABLE 38 SOCIAL DISAPPROVAL OF SUBSTANCE USE ^

					Gra	ide		
			6t	h	9th		12	th
			Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%
During the last 12 months, have you talked with at least one of your parents	Yes		55%	58%	56%	57%	48%	42%
(or guardians) about the dangers of tobacco, alcohol, or drug use?	No		45%	42%	44%	43%	52%	58%
How do you think your close friends	smoked one or more packs of	They would approve	3%	0%	4%	6%	9%	6%
would feel if you	cigarettes per day?	They would not care at all	9%	1%	10%	15%	19%	17%
		They would disapprove	13%	11%	25%	17%	34%	33%
		They would strongly disapprove	76%	87%	61%	62%	38%	44%
	have five or more drinks of an alcoholic beverage once or twice a week?	They would approve	4%	0%	4%	9%	17%	6%
		They would not care at all	6%	3%	24%	22%	36%	33%
		They would disapprove	17%	7%	16%	17%	26%	20%
		They would strongly disapprove	73%	90%	56%	52%	21%	41%
	smoked marijuana once or	They would approve	3%	0%	6%	8%	17%	7%
	twice a week?	They would not care at all	5%	0%	10%	15%	28%	20%
		They would disapprove	8%	9%	16%	22%	21%	24%
		They would strongly disapprove	85%	91%	68%	55%	34%	48%
	used other drugs once or twice a week?	They would approve	3%	0%	3%	5%	4%	2%
		They would not care at all	4%	0%	4%	14%	19%	7%
		They would disapprove	14%	7%	15%	18%	21%	26%
		They would strongly disapprove	79%	93%	78%	63%	55%	65%

<sup>^</sup> New questions in 2007.

## TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE ^ Nicollet County

				Grade					
			6t	h	9t	h	12th		
			Male	Female	Male	Female	Male	Female	
			%	%	%	%	%	%	
How much do you think people	smoke one or more packs of	No risk	1%	1%	3%	8%	9%	4%	
risk harming themselves physically or in	cigarettes per	Slight risk	6%	8%	13%	11%	7%	8%	
	day?	Moderate risk	18%	14%	25%	14%	28%	28%	
other ways if they		Great risk	75%	76%	59%	67%	57%	60%	
	have five or more drinks of an alcoholic beverage once or twice a week?	No risk	1%	1%	3%	11%	8%	6%	
		Slight risk	14%	14%	16%	14%	23%	15%	
		Moderate risk	33%	28%	31%	29%	29%	30%	
		Great risk	53%	56%	50%	46%	40%	49%	
	smoke	No risk	6%	1%	11%	16%	11%	13%	
	marijuana once or twice a week?	Slight risk	5%	6%	8%	6%	19%	19%	
		Moderate risk	8%	3%	17%	25%	21%	17%	
		Great risk	81%	90%	65%	52%	49%	51%	

<sup>^</sup> New questions in 2007.

#### **TABLE 40A CONSEQUENCES OF SUBSTANCE USE \***

			Gra			
		9th		12th		
During the last 12 months		Male	Female	Male	Female	
		%	%	%	%	
have you found that you had to use a lot more alcohol or other drugs than before to	No or no use	93%	83%	81%	83%	
get the same effect?	Yes	7%	17%	19%	17%	
have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	93%	86%	95%	96%	
	Yes	7%	14%	5%	4%	
have you continued to use alcohol or other drugs even	No or no use	96%	88%	83%	94%	
though you knew it was hurting your relationships with friends or family? ^	Yes	4%	12%	17%	6%	
how many times have you spent all or most of the day using alcohol or other drugs,	0 times or no use	89%	76%	62%	72%	
or getting over their effects?	Once	6%	5%	17%	11%	
	Twice	2%	7%	7%	6%	
	3 or more times	4%	12%	14%	11%	
how many times have you given up important social or recreational activities like	0 times or no use	94%	88%	79%	87%	
sports or being with friends or relatives in order to use	Once	2%	3%	12%	4%	
alcohol or other drugs or to get over their effects? ^	Twice	2%	5%	2%	4%	
	3 or more times	2%	3%	7%	4%	
how many times has alcohol or other drug use left you feeling depressed,	0 times or no use	96%	76%	76%	85%	
agitated, paranoid, or unable to concentrate?	Once	4%	8%	2%	7%	
	Twice	0%	10%	7%	0%	
	3 or more times	0%	5%	14%	9%	

<sup>\* 6</sup>th grade survey did not ask these questions. ^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 40B CONSEQUENCES OF SUBSTANCE USE \***

			Gra	le		
		9th		121	th	
During the last 12 months		Male	Female	Male	Female	
		%	%	%	%	
how many times have you missed work or school, or	0 times or no use	92%	88%	76%	91%	
neglected other major	Once	8%	5%	10%	6%	
responsibilities because of alcohol or other drug use? ^	Twice	0%	3%	5%	0%	
	3 or more times	0%	3%	10%	2%	
how many times has alcohol	0 times or no use	100%	88%	79%	96%	
or other drug use caused you problems with the law?	Once	0%	5%	10%	2%	
	Twice	0%	3%	7%	0%	
	3 or more times	0%	3%	5%	2%	
how many times have you hit someone or become violent	0 times or no use	96%	75%	83%	89%	
while using alcohol or other	Once	4%	15%	2%	9%	
drugs?	Twice	0%	7%	7%	0%	
	3 or more times	0%	3%	%       76%       10%       5%       10%       79%       10%       7%       5%       83%       2%       7%       6     7%       6     7%       6     7%       6     7%       6     10%       7%     4       6     17%       6     4%       14%     5%	2%	
how many times have you used so much alcohol or other	0 times or no use	96%	69%	67%	70%	
drugs that later you could not	Once	4%	17%	10%	13%	
remember what you had said or done?	Twice	0%	7%	7%	9%	
	3 or more times	0%	7%	17%	9%	
how many times have you used more alcohol or other	0 times or no use	91%	76%	64%	77%	
drugs than you intended to?	Once	9%	10%	14%	4%	
	Twice	0%	10%	5%	11%	
	3 or more times	0%	3%	17%	9%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41A SEXUAL BEHAVIOR \***

		Grade			
		9t	h	12th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse	No	78%	74%	53%	56%
("had sex")? ^	Yes, once or twice	8%	10%	9%	11%
	Yes, 3 times or more	14%	16%	38%	33%
During the last 12	None	98%	75%	90%	58%
months, with how many different male partners have you had	1 person	0%	14%	4%	19%
sexual intercourse?	2 persons	2%	6%	Ie         Male           %         4%           0%         9%           6%         38%           5%         90%           4%         4%           6%         2%           2%         2%           8%         54%           2%         21%           0%         13%           0%         6%           0%         2%           0%         0%           0%         4%           5%         100%	16%
	3 persons	0%	3%	2%	4%
	6 or more persons	0%	2%	2%	4%
During the last 12 months, with how	None	78%	98%	54%	95%
many different female	1 person	8%	2%	21%	2%
partners have you had sexual intercourse?	2 persons	3%	0%	13%	0%
	3 persons	3%	0%	6%	0%
	4 persons	3%	0%	2%	0%
	5 persons	2%	0%	0%	0%
	6 or more persons	3%	0%	4%	4%
How many times have you been pregnant or	0 times	97%	95%	100%	96%
gotten someone	2 or more times	2%	2%	0%	0%
pregnant?	Not sure	2%	3%	0%	4%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

			Grad			
INCLUDES ONLY THOSE I	NUO HAVE EVER HAD	9tl	า	12th		
INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Male	Female	Male	<b>Female</b>	
OLXONE INTERCOOKOL		%	%	%	%	
Have you talked with your partner(s) about	Never	29%	69%	41%	28%	
protecting yourselves from getting STDs/HIV/AIDS? **	Not with every partner	21%	6%	14%	20%	
OTDS/IIIV/AIDO:	At least once with every partner	50%	25%	45%	52%	
Have you talked with partner(s) about	Never	36%	56%	41%	28%	
preventing pregnancy? **	Not with every partner	21%	25%	9%	8%	
	At least once with every partner	43%	19%	50%	64%	
If you have sexual intercourse, how often do	Never	15%	33%	5%	8%	
you and/or your partner use any birth control method?	Rarely	23%	0%	14%	8%	
metnoa ?	Sometimes	15%	0%	5%	0%	
	Usually	15%	7%	19%	4%	
	Always	31%	60%	57%	79%	
If you have sexual intercourse, how often is	Never	14%	6%	5%	13%	
a condom used?	Rarely	7%	0%	19%	13%	
	Sometimes	29%	0%	5%	4%	
	Usually	21%	6%	24%	13%	
	Always	29%	88%	48%	58%	
The last time you had sexual intercourse, did	Yes	50%	87%	77%	63%	
you or your partner use a condom?	No	50%	13%	23%	38%	

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001 and 2004 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE \***

			Grad	de		
		9t	h	12th		
		Male	Female	Male	Female	
		%	%	%	%	
If you do not have sexual intercourse, what factors	One or both of my parents would object	70%	69%	30%	47%	
influence your choice not to? (Mark all that apply)	I don't want to have sex	16%	69%	33%	50%	
(магк ан шас арргу)	Most students in my school don't have sex	6%	0%	4%	3%	
	My friends don't have sex	26%	29%	11%	17%	
	I don't think it's right for a person my age to have sex	50%	61%	22%	44%	
	I'm afraid of getting caught	20%	31%	22%	19%	
	My religious or spiritual beliefs	30%	29%	26%	28%	
	Sex education at school has shown me the advantages of waiting until I'm older	30%	35%	15%	11%	
	I don't want to get a sexually transmitted disease	52%	63%	33%	53%	
	Fear of pregnancy ^	40%	59%	41%	69%	
	My parents have taught me the advantages of waiting until I'm older	38%	39%	15%	22%	
	I have chosen to wait until I'm married	22%	33%	22%	42%	
	Other reason(s) ^^	32%	53%	56%	36%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.
^ New response option in 2007.