# 2010 Minnesota Student Survey County Tables

Fall 2010

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#### In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2010. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2010 MINNESOTA STUDENT SURVEY

#### **Survey Participation**

The 2010 Minnesota Student Survey was administered in the spring of 2010 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 335 public operating districts, 295 agreed to participate (88% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 79% of public school sixth graders, 75% of public school ninth graders, and 59% of public school twelfth graders participated in the 2010 Minnesota Student Survey. Overall participation across the three grades was approximately 71% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

#### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

A small number of the 2010 survey instrument questions were changed from the 2007 survey instrument. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

#### **Validity of Responses**

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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## TABLE 1 DEMOGRAPHIC DESCRIPTION

		Grade				
		9th	1	121	:h	
		N	%	N	%	
Total number of surveys		144	100%	129	100%	
Gender	Male	72	50%	60	47%	
	Female	72	50%	69	53%	
Age	14	39	27%	0	0%	
3	15	103	72%	0	0%	
	16	2	1%	2	2%	
	17	0	0%	38	29%	
	18	0	0%	85	66%	
	19-20	0	0%	2	2%	
	No answer	0	0%	2	2%	
Race/ethnicity	American Indian	2	1%	0	0%	
	Black or African American	6	4%	2	2%	
	Hispanic or Latino	7	5%	6	5%	
	Asian American or Pacific Islander	2	1%	2	2%	
	White	119	83%	111	86%	
	Mixed race (checked more than one race/ethnicity)	5	3%	1	1%	
	I don't know / no answer	3	2%	7	5%	

#### TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, TRUANCY, AND UNSUPERVISED TIME Nicollet County

		Grade					
		9t	h	12ti	1		
		Male	Female	Male	Female		
		%	%	%	%		
How do you feel about going to school?	I like school very much	11%	13%	5%	15%		
to school?	I like school quite a bit	19%	33%	20%	43%		
	I like school a little	42%	40%	38%	25%		
	I don't like school very much	22%	7%	20%	10%		
	I hate school	6%	7%	17%	7%		
Which of these best describes your school	I would like to quit school as soon as I can	0%	1%	10%	0%		
plans? *	I plan to finish high school but won't go to college	13%	4%	7%	5%		
	I'd like to go to some kind of trade or vocational school	7%	3%	2%	5%		
	I'd like to go to college after high school	57%	63%	67%	57%		
	I'd like to go to college and then to graduate school	23%	28%	15%	34%		
During the last 30 days, how	Never	90%	88%	57%	60%		
often have you skipped or cut full days of school?	Once or twice	10%	11%	28%	26%		
	3 to 5 times	0%	1%	12%	7%		
	6 to 10 times	0%	0%	2%	1%		
	More than 10 times	0%	0%	2%	4%		
In a typical week, how often	0 days	35%	19%	19%	28%		
are you home alone or another place unsupervised	1 day	15%	22%	21%	13%		
after school? ^	2 days	15%	18%	21%	7%		
	3 days	11%	16%	12%	16%		
	4 days	7%	0%	9%	7%		
	5 days	15%	24%	19%	27%		

 $<sup>^{\</sup>star}$  6th grade survey did not ask this question.  $^{\wedge}$  New question in 2010.

## TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS Nicollet County

		Grade					
		9th		12th			
		Male	Female	Male	Female		
		%	%	%	%		
Mark the two grades	A only	4%	1%	5%	6%		
you get the most often.	A and B only	49%	54%	48%	57%		
	B only	1%	3%	2%	0%		
	B and C only	28%	19%	27%	17%		
	C only	0%	1%	5%	3%		
	C and D only	6%	15%	5%	10%		
	D only	1%	0%	0%	0%		
	D and F only	6%	0%	5%	3%		
	Fonly	1%	1%	0%	0%		
	Not applicable or no answer	4%	4%	3%	4%		
Do you have or have you ever had an IEP (Individualized	Yes	18%	19%	13%	8%		
Education Plan)? *	No	82%	81%	87%	92%		
Do you currently get	Yes	23%	27%	15%	21%		
free or reduced-price lunch at school?	No	77%	73%	85%	79%		
Since the beginning of	0 times	94%	93%	95%	94%		
this school year, how many times have you changed schools?	1 time	3%	7%	3%	6%		
	2 times	1%	0%	2%	0%		
	3 or more times	1%	0%	0%	0%		

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT

			Gra	de		
		91	:h	12th		
		Male	Female	Male	Female	
		%	%	%	%	
How many students in your school are	All	4%	4%	5%	7%	
friendly?	Most	60%	50%	55%	67%	
	Some	32%	39%	32%	22%	
	A few	4%	7%	7%	4%	
	None	0%	0%	2%	0%	
How many students in	All	1%	3%	8%	4%	
your school behave well in the hallways and lunchroom?	Most	41%	44%	53%	54%	
	Some	38%	37%	32%	38%	
	A few	18%	13%	5%	4%	
	None	1%	4%	2%	0%	
How many students in	All	0%	6%	7%	1%	
your school have made fun of or threatened students of different races or backgrounds?	Most	23%	10%	5%	4%	
	Some	16%	25%	17%	27%	
_	A few	46%	47%	56%	58%	
	None	14%	12%	15%	9%	
How many of your teachers are interested	All	17%	9%	11%	16%	
in you as a person?	Most	28%	32%	42%	43%	
	Some	23%	23%	19%	22%	
	A few	20%	29%	21%	18%	
	None	13%	6%	7%	0%	
How many of your teachers show respect	All	33%	35%	16%	25%	
for students?	Most	35%	41%	50%	60%	
	Some	11%	12%	19%	10%	
	A few	14%	10%	12%	4%	
	None	7%	3%	3%	0%	

# TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY Nicollet County

How much do you on	uraa ar diaaaraa	9th		12th	
How much do you agree or disagree with the following statements?  I feel safe going to Strongly agree		Male	Female	Male	Female
		%	%	%	%
I feel safe going to and from school	Strongly agree	48%	55%	63%	60%
and from school	Agree	49%	41%	33%	40%
	Disagree	3%	3%	3%	0%
	Strongly disagree	0%	1%	0%	0%
I feel safe at school	Strongly agree	46%	47%	60%	53%
	Agree	46%	42%	35%	47%
	Disagree	7%	10%	5%	0%
	Strongly disagree	0%	1%	0%	0%
I feel safe in my	Strongly agree	67%	55%	64%	54%
neighborhood	Agree	26%	39%	31%	43%
	Disagree	7%	3%	5%	3%
	Strongly disagree	0%	3%	0%	0%
Bathrooms in this school are a safe	Strongly agree	33%	35%	46%	47%
place to be	Agree	46%	51%	44%	53%
	Disagree	16%	10%	5%	0%
	Strongly disagree	6%	4%	5%	0%
Illegal gang activity	Strongly agree	7%	4%	14%	1%
is a problem at this school	Agree	11%	16%	8%	6%
	Disagree	43%	37%	27%	45%
	Strongly disagree	39%	43%	51%	48%
Student use of	Strongly agree	13%	15%	19%	9%
alcohol or drugs is a problem at this	Agree	38%	48%	32%	52%
school	Disagree	38%	27%	29%	29%
	Strongly disagree	11%	10%	20%	11%

#### TABLE 6 VICTIMIZATION AT SCHOOL

				Grade			
			91		12th		
			Male	Female	Male	Female	
During the lest 10	Yes		%	%	%	%	
During the last 12 months, has anyone offered, sold, or	Tes		15%	8%	15%	9%	
	No		85%	92%	85%	91%	
During the last 12 months, how many	0 times		72%	64%	67%	81%	
times has someone stolen or deliberately	1 time		14%	18%	25%	13%	
damaged your property on school	2 or 3 times		7%	14%	5%	4%	
property?	4 or 5 times		1%	4%	2%	0%	
	6 or more times	6 or more times		0%	2%	1%	
During the last 30 days, how many	0 days		96%	90%	95%	96%	
days did you not go to school because	1 day		3%	6%	3%	4%	
you felt unsafe at school or going to/from school?	2 or 3 days		1%	4%	0%	0%	
to/from school?	6 or more days		0%	0%	2%	0%	
During the last 12 months, which of the	Threatened you?	Yes	24%	14%	12%	12%	
following has happened to you on		No	76%	86%	88%	88%	
school property? Has a student:	Pushed, shoved, or grabbed you?	Yes	50%	28%	36%	13%	
		No	50%	72%	64%	87%	
	Kicked, bitten, or hit you?	Yes	37%	22%	22%	10%	
		No	63%	78%	78%	90%	
	Stabbed you or fired a gun at you?	Yes	6%	0%	8%	0%	
		No	94%	100%	92%	100%	
	Touched, grabbed, or pinched you in a	Yes	17%	14%	25%	12%	
	sexual way? *	No	83%	86%	75%	88%	
	Made unwanted sexual comments,	Yes	23%	32%	15%	22%	
	jokes, gestures, or looks toward you? *	No					
			77%	68%	85%	78%	

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 7 BULLYING

			Gra	de	
		91	h	12th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, how often	Never	66%	52%	77%	68%
has another student or group of students made fun	Once or twice	24%	25%	15%	26%
of or teased you in a hurtful way, or excluded you from friends or activities?	About once a week	3%	8%	2%	6%
	Several times a week	7%	8%	3%	0%
	Every day	0%	6%	3%	0%
During the last 30 days, how often	Never	47%	54%	45%	67%
have you, on your own or as part of a group, made fun of	Once or twice	46%	38%	42%	25%
or teased another student in a hurtful way or excluded	About once a week	4%	4%	7%	6%
another student from friends or	Several times a week	1%	4%	2%	3%
activities?	Every day	1%	0%	5%	0%

#### TABLE 8A USE OF TIME

		Grade						
During the school year, I hours in a typical week of	how many Io you	9tl	1	12th	l			
spend doing the following	spend doing the following?		Female	Male	Female			
		%	%	%	%			
Homework or study	0 hours	12%	0%	14%	5%			
	1-2 hours	29%	30%	26%	24%			
	3-5 hours	26%	31%	38%	33%			
	6-10 hours	20%	24%	17%	20%			
	11-20 hours	10%	14%	3%	9%			
	21 hours or more	3%	0%	2%	9%			
Reading for pleasure	0 hours	51%	37%	46%	46%			
	1-2 hours	31%	34%	34%	35%			
	3-5 hours	9%	14%	9%	8%			
	6-10 hours	6%	9%	5%	6%			
	11-20 hours	1%	3%	0%	3%			
	21 hours or more	1%	3%	5%	2%			
Volunteer work ^	0 hours	69%	61%	67%	58%			
	1-2 hours	22%	33%	21%	33%			
	3-5 hours	4%	3%	5%	5%			
	6-10 hours	4%	3%	2%	3%			
	11-20 hours	0%	0%	0%	2%			
	21 hours or more	0%	0%	5%	0%			
Work for pay (including	0 hours	39%	39%	38%	38%			
babysitting for others)	1-2 hours	16%	22%	10%	5%			
	3-5 hours	19%	13%	9%	8%			
	6-10 hours	15%	18%	16%	12%			
	11-20 hours	4%	3%	21%	27%			
	21 hours or more	6%	4%	7%	11%			

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 8B USE OF TIME Nicollet County

During the school year, how many		Grade					
hours in a typical week do you spend doing the following?		9th		12th			
		Male	Female	Male	Female		
Watching TV, DVDs or	0 hours	%	%	%	%		
videos	1-2 hours	1%	1%	3%	5%		
		17%	37%	12%	26%		
	3-5 hours	32%	26%	33%	29%		
	6-10 hours	23%	25%	31%	35%		
	11-20 hours	10%	3%	10%	3%		
	21 hours or more	16%	7%	10%	2%		
Playing video games ^	0 hours	18%	70%	18%	89%		
	1-2 hours	33%	19%	23%	8%		
	3-5 hours	22%	6%	18%	2%		
	6-10 hours	18%	1%	7%	2%		
	11-20 hours	1%	3%	12%	0%		
	21 hours or more	7%	1%	23%	0%		
Talking on the phone or	0 hours	11%	10%	5%	0%		
exting ^	1-2 hours	30%	19%	29%	18%		
	3-5 hours	9%	14%	21%	20%		
	6-10 hours	11%	14%	11%	15%		
	11-20 hours	10%	14%	14%	14%		
	21 hours or more	29%	28%	20%	33%		
Online activities (e-mail,	0 hours	12%	6%	10%	12%		
instant IM-ing, etc.) ^	1-2 hours	36%	33%	31%	39%		
	3-5 hours	20%	21%	29%	17%		
	6-10 hours	18%	19%	14%	14%		
	11-20 hours	5%	12%	5%	11%		
	21 hours or more	9%	9%	10%	8%		
Hanging out	0 hours	7%	4%	2%	3%		
	1-2 hours	9%	17%	7%	16%		
	3-5 hours	21%	23%	19%	22%		
	6-10 hours	34%	30%	26%	34%		
	11-20 hours	7%	12%	22%	12%		
	21 hours or more	22%	13%	24%	12%		

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 9A ENRICHMENT ACTIVITIES Nicollet County

During the school way have after		Grade						
During the school year, how often have you participated in the following?		9th		12th				
		Male	Female	Male	Female			
	1	%	%	%	%			
Fine arts activities (lessons, band, choir, dance, drama, etc.) ^	Not available in my community	0%	1%	7%	1%			
	Never	51%	27%	58%	49%			
	Less than monthly	1%	11%	10%	7%			
	Monthly	6%	3%	2%	4%			
	1-2 times per week	6%	13%	3%	1%			
	3-4 times per week	6%	6%	3%	6%			
	Every day	30%	39%	17%	31%			
Club or community sports teams	Not available in my community	2%	4%	9%	1%			
	Never	52%	32%	57%	54%			
	Less than monthly	5%	6%	5%	12%			
	Monthly	5%	12%	9%	4%			
	1-2 times per week	3%	22%	5%	10%			
	3-4 times per week	11%	7%	7%	10%			
	Every day	23%	16%	9%	9%			
School sports teams	Not available in my community	0%	1%	5%	4%			
	Never	26%	25%	28%	43%			
	Less than monthly	5%	3%	0%	10%			
	Monthly	5%	4%	5%	0%			
	1-2 times per week	2%	4%	2%	1%			
	3-4 times per week	8%	9%	10%	9%			
	Every day	55%	53%	50%	32%			
Community clubs and programs (4-H, Park and	Not available in my community	4%	3%	9%	3%			
Rec, Community Ed., etc.)	Never	69%	69%	71%	71%			
	Less than monthly	9%	6%	10%	10%			
	Monthly	9%	8%	5%	12%			
	1-2 times per week	6%	11%	3%	1%			
	3-4 times per week	0%	1%	2%	3%			
	Every day	3%	1%	0%	0%			

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 9B ENRICHMENT ACTIVITIES** Nicollet County

Design the coheat year	have after		Grad	е	
During the school year, have you participated in		9th		12th	
following?		Male	Female	Male	Female
		%	%	%	%
Mentoring programs (as a mentor or being	Not available in my community	8%	4%	8%	6%
mentored) ^	Never	82%	76%	76%	74%
	Less than monthly	5%	3%	7%	9%
	Monthly	5%	6%	2%	4%
	1-2 times per week	2%	9%	3%	0%
	3-4 times per week	0%	0%	2%	3%
	Every day	0%	1%	2%	4%
Religious activities (religious services, education, youth group, etc.)	Not available in my community	1%	3%	10%	1%
	Never	45%	32%	59%	59%
	Less than monthly	7%	10%	8%	9%
	Monthly	9%	6%	5%	10%
	1-2 times per week	34%	43%	17%	17%
	3-4 times per week	1%	3%	0%	1%
	Every day	1%	3%	0%	1%
Service learning programs ^^	Not available in my community	6%	6%	14%	7%
	Never	77%	78%	78%	77%
	Less than monthly	5%	3%	0%	6%
	Monthly	8%	10%	7%	4%
	1-2 times per week	2%	3%	2%	1%
	3-4 times per week	2%	0%	0%	1%
	Every day	2%	0%	0%	3%
Tutoring, Homework Help or other academic	Not available in my community	4%	6%	10%	3%
programs ^^	Never	79%	76%	71%	76%
	Less than monthly	3%	4%	3%	12%
	Monthly	3%	3%	3%	1%
	1-2 times per week	3%	7%	10%	1%
	3-4 times per week	4%	1%	0%	4%
	Every day	3%	3%	2%	1%

 $<sup>^{\</sup>wedge}$  Variations in wording for this item may affect year-to-year comparisons.  $^{\wedge}$  New question in 2010.

### TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES

			Gra	de	
		9t	h	12	th
		Male	Female	Male	Female
		%	%	%	%
In general, why do you participate in	To have fun	85%	76%	89%	88%
school-based or	To learn new skills	51%	53%	39%	56%
community-based activities and clubs? (Mark all that apply)	My parents or guardians want me to	33%	31%	20%	15%
mat apply)	My friends participate	45%	44%	50%	46%
	To help me get into college	38%	37%	32%	42%
	It is a safe place to be after school ^	5%	7%	0%	4%
	Participate for other reasons	9%	22%	14%	25%
In general, why don't you participate in any	Activities are not available in my community	0%	3%	4%	5%
school-based or community-based activities and	Activities cost too much	26%	21%	7%	28%
clubs? (Mark all that apply)	My parents or guardians won't let me	3%	7%	4%	0%
	My friends don't participate	9%	10%	14%	23%
	I'm not interested	62%	62%	64%	50%
	I am too busy with other things	32%	48%	39%	55%
	I don't have a way to get there or home ^	15%	10%	0%	10%
	I have to take care of other family members ^	9%	3%	4%	10%
	It's not a safe place to be after school ^	0%	0%	0%	3%
	Don't participate for other reasons	15%	21%	14%	8%

<sup>^</sup> New response option in 2010.

# TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION Nicollet County

			Gra	de	
		9t	h	12	th
		Male	Female	Male	Female
		%	%	%	%
Which adults do you live with?	Both biological parents	54%	58%	65%	52%
	Both adoptive parents	4%	3%	0%	0%
	Mother and stepfather	7%	8%	2%	4%
	Father and stepmother	0%	0%	3%	1%
	Mother only	11%	7%	15%	17%
	Father only	1%	6%	3%	3%
	Sometimes with mother, sometimes with father	19%	13%	2%	9%
	Other	3%	6%	7%	12%
	No adults or no answer	0%	0%	3%	1%
Can you talk to your	Yes, most of the time	55%	28%	47%	45%
father about problems you are having?	Yes, some of the time	27%	35%	30%	21%
	No, not very often	8%	25%	8%	16%
	No, not at all	7%	4%	12%	9%
	My father is not around	3%	7%	3%	9%
Can you talk to your	Yes, most of the time	56%	57%	49%	67%
mother about problems you are	Yes, some of the time	31%	34%	25%	16%
having?	No, not very often	7%	4%	15%	12%
	No, not at all	6%	3%	10%	0%
	My mother is not around	0%	1%	0%	4%

## TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING Nicollet County

		Grade					
		9th		12th			
How much do you feel		Male	Female	Male	Female		
your parents care about		%	%	%	%		
your parents care about you?	Not at all	2%	1%	5%	0%		
,,,,,	A little	3%	1%	2%	3%		
	Some	5%	0%	8%	4%		
	Quite a bit	8%	10%	15%	20%		
	Very much	83%	87%	70%	72%		
other adult relatives care	Not at all	1%	3%	5%	0%		
about you?	A little	4%	0%	3%	3%		
	Some	4%	6%	19%	18%		
	Quite a bit	21%	21%	31%	24%		
	Very much	69%	70%	41%	56%		
friends care about you?	Not at all	3%	3%	3%	0%		
	A little	9%	3%	3%	4%		
	Some	23%	7%	27%	13%		
	Quite a bit	35%	35%	44%	33%		
	Very much	30%	52%	22%	49%		
teachers/ other adults at	Not at all	12%	9%	7%	3%		
school care about you? ^	A little	18%	7%	19%	14%		
	Some	28%	34%	39%	32%		
	Quite a bit	28%	34%	29%	41%		
	Very much	15%	16%	7%	10%		
religious or spiritual	Not at all	23%	12%	44%	28%		
leaders care about you? ^	A little	11%	7%	13%	18%		
	Some	11%	22%	18%	19%		
	Quite a bit	29%	36%	15%	21%		
	Very much	26%	23%	11%	15%		
other adults in your	Not at all	9%	6%	25%	12%		
community care about you?	A little	18%	14%	12%	21%		
,	Some	36%	28%	31%	26%		
	Quite a bit	30%	42%	25%	29%		
	Very much	6%	10%	7%	12%		

 $<sup>^{\</sup>updayscript{\wedge}}$  Variations in wording for this item may affect year-to-year comparisons.

## TABLE 13 FAMILY SUBSTANCE ABUSE

		Grade					
		9th 12th			th		
		Male	Female	Male	Female		
		%	%	%	%		
Has alcohol use by any family member repeatedly caused	Yes	13%	10%	12%	21%		
family, health, job, or legal problems?	No	87%	90%	88%	79%		
Has drug use by any family member repeatedly caused	Yes	7%	7%	3%	13%		
family, health, job, or legal problems?	No	93%	93%	97%	87%		

### TABLE 14A PHYSICAL AND SEXUAL VIOLENCE \*

			Grade			
		9tl	1	12th		
		Male	Female	Male	Female	
		%	%	%	%	
sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them	Yes	0%	1%	5%	4%	
	No	100%	99%	95%	96%	
Has someone you were going out with ever hit you, hurt you, threatened you or made you feel	Yes	6%	6%	7%	20%	
afraid?	No	94%	94%	93%	80%	
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	3%	6%	5%	14%	
	No	97%	94%	95%	86%	

 $<sup>^{\</sup>star}$  6th grade survey did not ask these questions.

### TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

			Gra	de	
		9t	h	12	th
		Male	Female	Male	Female
		%	%	%	%
Has any adult in your household ever hit you so hard or so often that	Yes	3%	10%	9%	12%
you had marks or were afraid of that person?	No	97%	90%	91%	88%
Has anyone in your family ever hit anyone else in the family so	Yes	4%	8%	7%	10%
hard or so often that they had marks or were afraid of that person?	No	96%	92%	93%	90%
Has any older person outside the family touched you sexually	Yes	0%	4%	2%	6%
against your wishes or forced you to touch them sexually?	No	100%	96%	98%	94%
Has any older/stronger member of your family touched you sexually	Yes	0%	1%	0%	4%
or had you touch them sexually?	No	100%	99%	100%	96%

#### TABLE 15 GENERAL HEALTH ISSUES

			Gra	de	
		91	h	12	th
		Male	Female	Male	Female
		%	%	%	%
When was the last time you had a	Within the last 12 months	22%	35%	32%	50%
physical exam?	1-2 years ago	64%	54%	51%	41%
	3-4 years ago	13%	9%	15%	1%
	More than 4 years ago	0%	0%	2%	4%
	I have never had a physical exam	1%	3%	0%	3%
Has a doctor or nurse ever told you that you	Yes	21%	19%	12%	16%
have asthma?	No	79%	81%	88%	84%
Do you have a physical health	No	89%	80%	88%	88%
condition or problem that has lasted at least 12 months?	Yes	11%	20%	12%	12%
Do you have a mental or emotional health	No	91%	81%	91%	90%
problem that has lasted at least 12 months?	Yes	9%	19%	9%	10%
Have you ever been treated for a mental or	No	88%	82%	84%	83%
emotional health problem? *	Yes, during the last year	6%	14%	7%	13%
	Yes, more than a year ago	7%	4%	9%	4%
Have you ever been treated for an alcohol	No	96%	99%	95%	97%
or other drug problem? *	Yes, during the last year	4%	1%	5%	1%
	Yes, more than a year ago	0%	0%	0%	1%

<sup>\* 6</sup>th grade survey did not ask this question.

## TABLE 16 WEIGHT-RELATED ISSUES Nicollet County

				Gra		
			91		12th	
			Male	Female	Male	Female
			%	%	%	%
At the present time, do you			12%	6%	12%	3%
think you are	About the right weig	ght	71%	73%	59%	71%
	Overweight		17%	21%	29%	26%
During the last	I am not trying to	Yes	51%	35%	58%	32%
the following to	control my weight	No	49%	65%	42%	68%
	Fast or skip meals	Yes	14%	15%	10%	30%
weight? (Mark all that apply) *^		No	86%	85%	90%	70%
an that apply)	Smoke cigarettes	Yes	3%	1%	7%	6%
		No	97%	99%	93%	94%
	Exercise	Yes	44%	58%	38%	58%
		No	56%	42%	62%	42%
	Use diet pills, speed or other	Yes	3%	3%	3%	6%
	drugs	No	97%	97%	97%	94%
	Eat healthier	Yes	28%	49%	23%	57%
		No	72%	51%	77%	43%
	Vomit on purpose after eating	Yes	3%	3%	2%	3%
	arter eating	No	97%	97%	98%	97%
	Use laxatives	Yes	1%	1%	0%	1%
		No	99%	99%	100%	99%
Weight status * according to	Not overweight		75%	79%	84%	81%
Body Mass	Overweight		10%	11%	4%	16%
Index (BMI) **	Obese		15%	10%	12%	3%

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

#### TABLE 17 EXERCISE

			Grad	de			
		9t	9th 12th				
		Male	Female	Male	Female		
		%	%	%	%		
On how many of the last 7 days	0 days	10%	10%	17%	21%		
did you exercise	1 day	3%	8%	3%	13%		
or play sports that made you	2 days	8%	6%	2%	12%		
sweat or breathe hard for at least	3 days	14%	13%	8%	13%		
20 minutes?	4 days	1%	6%	17%	7%		
	5 days	26%	24%	25%	15%		
	6 days	10%	13%	10%	7%		
	7 days	28%	21%	18%	12%		
On how many of the last 7 days	0 days	4%	7%	7%	14%		
were you	1 day	1%	9%	3%	12%		
physically active for a combined	2 days	11%	10%	2%	7%		
total of at least 30 minutes?	3 days	11%	12%	2%	12%		
	4 days	8%	3%	19%	10%		
	5 days	17%	23%	26%	20%		
	6 days	8%	14%	10%	9%		
	7 days	38%	22%	31%	16%		

#### TABLE 18 NUTRITION Nicollet County

			Grade		
How many glasses of each of	the	9th		12th	
following did you drink yester		Male	Female	Male	Female
B#:11.	O rilana	%	%	%	%
Milk	0 glasses	14%	17%	18%	269
	1-2 glasses	49%	47%	47%	619
	3-4 glasses	30%	26%	23%	99
	5 or more glasses	7%	10%	12%	49
100% fruit juice	0 glasses	46%	54%	43%	55°
	1-2 glasses	36%	35%	42%	369
	3-4 glasses	13%	9%	12%	79
	5 or more glasses	6%	3%	3%	19
Fruit juice drinks	0 glasses	46%	44%	51%	709
	1-2 glasses	39%	44%	34%	279
	3-4 glasses	12%	8%	15%	19
	5 or more glasses	3%	5%	0%	19
Pop or soda	0 glasses	37%	60%	38%	599
	1-2 glasses	49%	33%	38%	369
	3-4 glasses	7%	3%	18%	39
	5 or more glasses	7%	4%	5%	19
Sports drinks	0 glasses	59%	73%	56%	909
	1-2 glasses	27%	21%	24%	99
	3-4 glasses	9%	1%	15%	09
	5 or more glasses	6%	4%	5%	19
Water	0 glasses	7%	3%	8%	99
	1-2 glasses	13%	30%	38%	199
	3-4 glasses	43%	23%	20%	409
	5 or more glasses	37%	43%	33%	329
How many servings of fruits,	0 servings	9%	1%	3%	99
fruit juices, or vegetables did you eat yesterday?	1 serving	11%	15%	15%	159
you cut yesteruuy.	2 servings	23%	27%	20%	289
	3 servings	24%	30%	22%	249
	4 servings	14%	14%	20%	109
	5 or more servings	19%	13%	19%	159

#### TABLE 19 SEAT BELT USE

			Grade				
How often do you wear a seat belt when you		9t	h	12	th		
		Male	Female	Male	Female		
, , , ,		%	%	%	%		
ride in a car?	Never	1%	3%	2%	0%		
	Sometimes	10%	8%	16%	6%		
	Often	23%	21%	22%	16%		
	Always	66%	68%	60%	78%		
drive a car? *	I never do this activity	20%	37%	7%	9%		
	Never	1%	4%	2%	0%		
	Sometimes	1%	3%	10%	3%		
	Often	6%	1%	15%	9%		
	Always	72%	54%	66%	79%		

<sup>\* 6</sup>th grade survey did not ask this question.

### TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS

M/leave base services	-i	9t	h	12th	
Where have you received most of your information about		Male	Female	Male	Female
		%	%	%	%
alcohol and other	Friends or peers	62%	66%	78%	80%
drugs? (Mark all that apply)	Parents	58%	48%	39%	55%
	Brothers or sisters	21%	27%	22%	35%
	School/teachers/ counselors	56%	70%	37%	61%
	Clinics/doctors/ nurses	10%	17%	10%	9%
	Religious/ community groups	11%	15%	7%	6%
	Internet	27%	23%	27%	33%
	TV/radio/magazines/ newspapers/books	27%	34%	24%	41%
	I do not know much about alcohol or other drugs	7%	6%	10%	7%
sex? (Mark all	Friends or peers	75%	65%	81%	83%
that apply)	Parents	46%	54%	29%	39%
	Brothers or sisters	13%	23%	8%	17%
	School/teachers/ counselors	58%	69%	34%	57%
	Clinics/doctors/ nurses	13%	15%	10%	25%
	Religious/ community groups	15%	17%	8%	4%
	Internet	31%	20%	49%	25%
	TV/radio/magazines/ newspapers/books	28%	41%	29%	41%
	I do not know much about sex	3%	6%	5%	4%

#### TABLE 21A EMOTIONAL WELL-BEING/DISTRESS

		Grade						
How much do you agree or disagree with the following statements?		9th 12th						
		Male	Female	Male	Female			
		%	%	%	%			
I get a lot of headaches, stomachaches or sickness.	Agree	6%	21%	8%	38%			
Stomachaches of Sickness.	Mostly agree	13%	27%	10%	17%			
	Mostly disagree	34%	29%	22%	19%			
	Disagree	47%	23%	59%	26%			
I am often irritable and angry.	Agree	9%	6%	7%	16%			
	Mostly agree	19%	19%	19%	17%			
	Mostly disagree	34%	40%	33%	35%			
	Disagree	38%	36%	41%	32%			
I have many fears and am	Agree	0%	7%	3%	14%			
easily scared.	Mostly agree	2%	20%	8%	16%			
	Mostly disagree	23%	34%	27%	28%			
	Disagree	76%	39%	61%	42%			
I often have trouble	Agree	16%	14%	21%	26%			
concentrating.	Mostly agree	26%	28%	22%	13%			
	Mostly disagree	22%	29%	21%	26%			
	Disagree	35%	29%	36%	35%			
I am restless and cannot stay	Agree	16%	12%	12%	16%			
still for long.	Mostly agree	12%	18%	21%	19%			
	Mostly disagree	32%	28%	29%	22%			
	Disagree	40%	42%	38%	43%			
I often have trouble getting to	Agree	16%	16%	9%	17%			
sleep and staying asleep.	Mostly agree	9%	13%	17%	17%			
	Mostly disagree	32%	26%	31%	28%			
	Disagree	43%	45%	43%	38%			
I do things before I think.	Agree	16%	12%	10%	14%			
	Mostly agree	25%	22%	19%	26%			
	Mostly disagree	32%	46%	43%	36%			
	Disagree	26%	20%	28%	23%			
I am often unhappy,	Agree	6%	10%	9%	15%			
depressed or tearful.	Mostly agree	7%	15%	7%	10%			
	Mostly disagree	17%	25%	28%	31%			
	Disagree	70%	50%	57%	44%			
		/ 10%	50%	5/%	44%			

## TABLE 21B EMOTIONAL WELL-BEING/DISTRESS

			Grad	de	
		9ti	h	121	h
During the last 30 da	ys	Male	Female	Male	Female
		%	%	%	%
have you felt you were under any stress or pressure?	Yes, almost more than I could take	6%	15%	10%	25%
	Yes, quite a bit of pressure	13%	10%	26%	31%
	Yes, more than usual	6%	21%	17%	25%
	Yes, a little	51%	38%	33%	13%
	Not at all	24%	15%	14%	6%
have you felt	All the time	0%	6%	3%	4%
sad?	Most of the time	7%	8%	7%	14%
	Some of the time	10%	26%	24%	42%
	A little of the time	49%	47%	41%	32%
	None of the time	33%	13%	24%	7%
have you felt so discouraged or hopeless that you	Extremely so, to the point that I have just about given up	6%	6%	9%	6%
wondered if anything was	Quite a bit	4%	7%	12%	14%
worthwhile?	Some, enough to bother me	6%	15%	14%	14%
	A little bit	19%	31%	16%	22%
	Not at all	66%	41%	50%	43%
have you felt	All the time	1%	4%	8%	6%
nervous, worried, or upset?	Most of the time	6%	6%	10%	22%
	Some of the time	14%	33%	24%	28%
	A little of the time	50%	44%	34%	39%
	None of the time	29%	13%	24%	6%

# TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Nicollet County

		Grade				
		9t	9th 12		th	
		Male Female		Male	Female	
		%	%	%	%	
Have you ever hurt	No	96%	83%	91%	73%	
yourself on purpose ("cutting", burns, bruises)?	Yes, during the last year	3%	13%	4%	10%	
	Yes, more than a year ago	1%	4%	5%	16%	
Have you ever	No	90%	73%	75%	61%	
thought about killing yourself?	Yes, during the last year	6%	20%	12%	26%	
	Yes, more than a year ago	4%	7%	12%	14%	
Have you ever tried	No	97%	92%	95%	93%	
to kill yourself?	Yes, during the last year	1%	4%	2%	3%	
	Yes, more than a year ago	1%	4%	4%	4%	

#### **TABLE 23 GAMBLING BEHAVIOR\***

		Grade					
During the last 12 months he	ow often	9th		12th			
During the last 12 months, how often have you done these activities?		Male	Female	Male	Female		
		%	%	%	%		
Played cards for money	Not at all	73%	86%	55%	88%		
	Less than once a month	19%	13%	24%	10%		
	About once a month	1%	0%	12%	1%		
	About once a week	6%	1%	5%	0%		
	Daily	1%	0%	3%	0%		
Bet on games of personal skill like pool, golf, or	Not at all	76%	91%	57%	87%		
bowling	Less than once a month	11%	6%	29%	13%		
	About once a month	4%	3%	7%	0%		
	About once a week	9%	0%	5%	0%		
	Daily	0%	0%	2%	0%		
Bet money on sports teams	Not at all	74%	93%	67%	91%		
or horseracing ^	Less than once a month	11%	7%	23%	7%		
	About once a month	7%	0%	4%	1%		
	About once a week	6%	0%	4%	0%		
	Daily	1%	0%	4%	0%		
Bought lottery tickets or scratch offs	Not at all	85%	91%	52%	64%		
SCRATCH OHS	Less than once a month	7%	7%	29%	19%		
	About once a month	4%	0%	7%	12%		
	About once a week	3%	1%	9%	6%		
	Daily	0%	0%	3%	0%		
Gambled in a casino	Not at all	99%	100%	67%	80%		
	Less than once a month	1%	0%	26%	16%		
	About once a month	0%	0%	2%	3%		
	About once a week	0%	0%	3%	0%		
	Daily	0%	0%	2%	1%		
Gambled for money online	Not at all	94%	100%	95%	100%		
	Less than once a month	1%	0%	2%	0%		
	About once a month	1%	0%	2%	0%		
	About once a week	1%	0%	0%	0%		
	Daily	1%	0%	2%	0%		

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

# TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR Nicollet County

		Grade					
		9t	h	12t	12th		
		Male	Female	Male	Female		
	<u> </u>	%	%	%	%		
During the last 12 months, how often	Never	96%	92%	91%	96%		
have you run away	Once or twice	3%	7%	5%	1%		
from home?	3 to 5 times	1%	0%	2%	1%		
	6 to 10 times	0%	1%	0%	0%		
	More than 10 times	0%	0%	2%	1%		
During the last 12	Never	86%	93%	86%	96%		
months, how often have you damaged	Once or twice	11%	6%	11%	1%		
or destroyed property at school or	3 to 5 times	1%	1%	2%	1%		
somewhere else?	6 to 10 times	0%	0%	0%	1%		
	More than 10 times	1%	0%	2%	0%		
During the last 12	Never	74%	87%	70%	87%		
months, how often have you hit or beat	Once or twice	18%	11%	21%	7%		
up another person?	3 to 5 times	3%	0%	7%	1%		
	6 to 10 times	3%	1%	0%	4%		
	More than 10 times	3%	0%	2%	0%		
During the last 12	Never	92%	89%	77%	80%		
months, how often have you taken	Once or twice	6%	10%	7%	14%		
something from a store without paying	3 to 5 times	0%	0%	5%	0%		
for it?	6 to 10 times	1%	1%	2%	0%		
	More than 10 times	1%	0%	9%	6%		
On how many of the	0 days	99%	100%	93%	100%		
last 30 days did you carry a gun on	2 or 3 days	0%	0%	3%	0%		
school property?	4 or 5 days	1%	0%	0%	0%		
	6 or more days	0%	0%	3%	0%		
On how many of the	0 days	91%	97%	97%	100%		
last 30 days did you carry a weapon	1 day	3%	1%	0%	0%		
(other than a gun) on school property?	2 or 3 days	1%	1%	0%	0%		
conduction property :	4 or 5 days	1%	0%	0%	0%		
	6 or more days	3%	0%	3%	0%		

### TABLE 25 SUMMARY OF SUBSTANCE USE \*\*

		Grade				
		9th		12th		
		Male Female		Male	Female	
		%	%	%	%	
Use of any tobacco products during the past 30 days	No	83%	85%	63%	83%	
•	Yes	17%	15%	37%	17%	
Frequent use of any tobacco products during the past 30 days (used	No	94%	99%	84%	93%	
tobacco on 20 or more of the past 30 days)	Yes	6%	1%	16%	7%	
Frequent binge drinking in the past year (typically drank 5 or more drinks	No	96%	97%	89%	84%	
at a time and drank on 10 or more occasions during the past year)	Yes	4%	3%	11%	16%	
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	57%	70%	50%	46%	
	Used only alcohol in the past year	27%	24%	19%	29%	
	Used only marijuana/other drugs in the past year	0%	0%	4%	0%	
	Used both alcohol and marijuana/other drugs in the past year	16%	6%	28%	25%	

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items.

#### TABLE 26 CIGARETTE USE AND AGE OF FIRST USE

		Grade				
		9t	h	12th		
		Male Female		Male	Female	
		%	%	%	%	
During the last 30 days, on how many	0 days	86%	84%	74%	83%	
days did you smoke	1 or 2 days	6%	10%	4%	4%	
a cigarette?	3 to 5 days	1%	3%	4%	4%	
	6 to 9 days	1%	0%	2%	0%	
	10 to 19 days	1%	1%	4%	1%	
	20 to 29 days	4%	0%	5%	0%	
	All 30 days	0%	1%	9%	7%	
During the last 30 days, how	Never	88%	91%	72%	81%	
frequently have you smoked cigarettes?	Less than one cigarette per day	6%	4%	9%	9%	
	One to five cigarettes per day	6%	3%	7%	9%	
	About one-half pack per day	1%	1%	12%	1%	
	About one pack per day	0%	0%	0%	0%	
	About one and one-half packs per day	0%	0%	0%	0%	
How old were you the first time you smoked part or all	I have never smoked part or all of a cigarette	71%	80%	53%	52%	
of a cigarette?	10 years old or younger	4%	4%	11%	4%	
	11 years old	1%	1%	2%	0%	
	12 years old	4%	1%	7%	6%	
	13 years old	11%	4%	0%	4%	
	14 years old	4%	6%	9%	4%	
	15 years old	4%	3%	4%	9%	
	16 years old	0%	0%	5%	16%	
	17 years old or older	0%	0%	11%	4%	

# TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE Nicollet County

			Gra	de	
		91	h	12	th
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, on how many	0 days	97%	99%	84%	100%
days did you use chewing tobacco,	1 or 2 days	1%	1%	7%	0%
snuff or dip?	3 to 5 days	0%	0%	2%	0%
	6 to 9 days	0%	0%	4%	0%
	10 to 19 days	0%	0%	0%	0%
	20 to 29 days	1%	0%	2%	0%
	All 30 days	0%	0%	2%	0%
During the last 30 days, on how many	0 days	97%	99%	81%	94%
days did you smoke cigars, cigarillos or	1 or 2 days	1%	1%	7%	6%
little cigars?	3 to 5 days	0%	0%	5%	0%
	6 to 9 days	1%	0%	2%	0%
	10 to 19 days	0%	0%	2%	0%
	All 30 days	0%	0%	4%	0%
How old were you the first time you smoked a cigar or	I have never smoked a cigar or used chewing tobacco	85%	94%	51%	75%
used chewing tobacco?	10 years old or younger	1%	1%	5%	0%
	11 years old	1%	0%	5%	0%
	12 years old	1%	0%	0%	1%
	13 years old	4%	0%	4%	4%
	14 years old	6%	4%	5%	4%
	15 years old	1%	0%	9%	7%
	16 years old	0%	0%	5%	3%
	17 years old or older	0%	0%	16%	4%

### TABLE 28 ACCESS TO TOBACCO \*

# Nicollet County

			Grad	le	е	
		9th		12th		
	INCLUDES ONLY THOSE WHO USED TOBACCO IN THE LAST 30 DAYS		Female	Male	Female	
702/1000 III ///2 2/10		%	%		%	
If you used tobacco, how did you get it in	Bought it at gas stations or convenience stores	23%	9%	52%	62%	
the last 30 days? (Mark all that apply)	Bought it at bars or restaurants	0%	0%	0%	8%	
	Bought it at grocery, discount, or drug stores	0%	0%	14%	0%	
	Bought it at places like bowling alleys, video arcades, or pool halls	0%	0%	0%	0%	
	Bought it on the Internet	0%	9%	0%	0%	
	Got it from friends	62%	64%	38%	54%	
	Got it from my parents	0%	9%	5%	0%	
	Got it from other family members	8%	9%	5%	0%	
	Got it by getting someone else to buy for me	23%	9%	14%	0%	
	Took it from my home	8%	9%	0%	8%	
	Took it from a friend's home	8%	18%	0%	0%	
	Took it from stores	8%	9%	10%	0%	

INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS			Grade				
		9t	9th		th		
		Male	Female	Male	Female		
7027.000 111 7712 27.07		%	% %		%		
If you bought tobacco in the last 30 days, did	Yes	13%	11%	0%	7%		
you use a fake ID?	No	88%	89%	100%	93%		

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY Nicollet County

			Grad	de	
		9t	h	121	th
		Male	Female	Male	Female
		%	%	%	%
During the last 12 months, on how	0	57%	70%	54%	46%
many occasions (if	1-2	18%	15%	5%	9%
any) have you had alcoholic beverages	3-5	10%	7%	11%	13%
to drink?	6-9	6%	1%	7%	10%
	10-19	1%	1%	11%	4%
	20-39	4%	3%	4%	6%
	40+	3%	1%	9%	12%
During the last 30	0 days	69%	82%	61%	65%
days, on how many days did you drink	1 or 2 days	24%	13%	23%	21%
one or more drinks of an alcoholic	3 to 5 days	3%	4%	9%	7%
beverage?	6 to 9 days	4%	1%	7%	3%
	10 to 19 days	0%	0%	0%	4%
	20 to 29 days	0%	0%	0%	0%
If you drink beer/wine/wine coolers/hard liquor,	I don't drink beer/wine/wine coolers/hard liquor	61%	73%	57%	49%
generally, how much (if any) do you	1 glass, can, or drink	13%	14%	6%	9%
drink at one time?	2 glasses, cans, or drinks	8%	4%	6%	7%
	3 glasses, cans, or drinks	5%	1%	4%	6%
	4 glasses, cans, or drinks	6%	4%	9%	10%
	5 glasses, cans, or drinks	2%	0%	2%	4%
	6 or more glasses, cans, or drinks	6%	3%	17%	13%
Over the last 2	Never	81%	89%	80%	76%
weeks, how many times (if any) have	Once	6%	6%	9%	4%
you had five or more drinks in a row? *	Twice	7%	4%	4%	12%
	3 to 5 times	6%	1%	5%	3%
	6 or more times	0%	0%	2%	4%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 30 AGE OF FIRST ALCOHOL USE

		Grade				
		9t	h	12th		
		Male	Female	Male	Female	
		%	%	%	%	
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	57%	61%	36%	28%	
	10 years old or younger	6%	7%	7%	1%	
	11 years old	1%	6%	2%	0%	
	12 years old	6%	1%	7%	3%	
	13 years old	9%	9%	4%	13%	
	14 years old	17%	12%	9%	18%	
	15 years old	4%	4%	11%	18%	
	16 years old	0%	0%	13%	9%	
	17 years old or older	0%	0%	13%	9%	

#### TABLE 31 ACCESS TO ALCOHOL \*

#### **Nicollet County**

			Gra	e		
INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS **		9th		12th		
		Male	Female	Male	Female	
		%	%	%	%	
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores	5%	0%	0%	0%	
days? (Mark all that apply)	Bought it at bars or restaurants	0%	0%	5%	0%	
	Bought it at stores	5%	0%	0%	4%	
	Bought it on the Internet	0%	0%	0%	0%	
	Got it from friends	48%	54%	36%	58%	
	Got it from my parents	14%	15%	14%	4%	
	Got it from other family members	5%	15%	14%	17%	
	Got it by getting someone else to buy for me	24%	8%	18%	38%	
	Got it at parties	48%	31%	36%	58%	
	Took it from my home	19%	15%	14%	17%	
	Took it from a friend's home	10%	8%	0%	8%	
	Took it from stores	0%	0%	5%	0%	

			Grade				
		9t	9th		th		
ALCOHOL IN THE LAST	ONLY THOSE WHO BOUGHT IN THE LAST 30 DAYS		Female	Male	Female		
7		%	% %		%		
If you bought alcohol in the last 30 days, did	Yes	8%	14%	13%	0%		
you use a fake ID?	No	92%	86%	88%	100%		

<sup>\* 6</sup>th grade survey did not ask these questions.

<sup>\*\*</sup> Percentages are comparable to the 2001-2007 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

# TABLE 32 DRINKING AND DRIVING \*

		Grade				
		9t	h	12t	th	
		Male	Female	Male	Female	
		%	%	%	%	
During the last 12 months, how many	0 times or no use	93%	94%	83%	80%	
times have you driven	Once	5%	5%	4%	6%	
a motor vehicle after using alcohol or other	Twice	0%	0%	2%	6%	
drugs?	3 or more times	2%	2%	10%	8%	
Do you ever ride with friends after they have	No	79%	82%	68%	58%	
been using alcohol or	Yes, but rarely	14%	11%	21%	29%	
drugs?	Yes, often	1%	3%	7%	9%	
	None of my friends use alcohol or other drugs	6%	4%	4%	4%	

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE Nicollet County

		Grade				
		9tl	n	12t	h	
		Male	Female	Male	Female	
	1 .	%	%	%	%	
During the last 30 days, on how many	0 days	93%	96%	77%	87%	
days did you use	1 or 2 days	3%	1%	5%	0%	
marijuana or hashish?	3 to 5 days	1%	0%	5%	4%	
	6 to 9 days	3%	1%	5%	1%	
	10 to 19 days	0%	0%	0%	1%	
	20 to 29 days	0%	0%	5%	3%	
	All 30 days	0%	1%	2%	3%	
How old were you when you tried	I have never tried marijuana	81%	94%	70%	68%	
marijuana for the first time?	10 years old or younger	0%	1%	4%	0%	
	11 years old	1%	0%	2%	0%	
	12 years old	3%	3%	2%	3%	
	13 years old	10%	0%	4%	6%	
	14 years old	4%	1%	4%	8%	
	15 years old	0%	0%	6%	5%	
	16 years old	0%	0%	2%	9%	
	17 years old or older	0%	0%	8%	2%	
During the last 30	0 days	97%	99%	96%	93%	
days, on how many days did you use any	1 or 2 days	1%	0%	0%	1%	
of these "other drugs"?	3 to 5 days	0%	1%	0%	4%	
arago .	6 to 9 days	1%	0%	2%	1%	
	10 to 19 days	0%	0%	0%	0%	
	20 to 29 days	0%	0%	5% 5% 5% 0% 5% 2% 70% 4% 2% 4% 4% 6% 2% 8% 96% 0% 2% 84% 4% 0% 5% 2%	0%	
How old were you when you tried any of	I have never tried "other drugs"	96%	96%	84%	84%	
these "other drugs" for the first time?	10 years old or younger	0%	1%	4%	0%	
	11 years old	0%	0%	0%	0%	
	12 years old	1%	1%	0%	3%	
	13 years old	0%	0%	5%	1%	
	14 years old	3%	1%	2%	1%	
	15 years old	0%	0%	2%	6%	
	16 years old	0%	0%	4%	3%	
	17 years old or older	0%	0%	0%	1%	

# **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ **Nicollet County**

			Grad	de		
During the last 12 month	a an haw many accessors	9th		12th		
During the last 12 months, on how many occasions (if any) have you		Male	Female	Male	Female	
( - ), )		%	%	%	%	
used marijuana (bud, weed, pot) or hashish	0	86%	93%	70%	75%	
(hash, hash oil)?	1-2	6%	3%	4%	12%	
	3-5	1%	1%	5%	1%	
	6-9	0%	0%	4%	0%	
	10-19	1%	0%	2%	3%	
	20-39	4%	0%	4%	3%	
	40+	1%	3%	13%	6%	
sniffed glue, or breathed the contents	0	99%	100%	95%	99%	
of aerosol spray cans,	1-2	0%	0%	2%	0%	
or inhaled any other gases or sprays in	3-5	1%	0%	0%	0%	
order to get high?	6-9	0%	0%	0%	1%	
	10-19	0%	0%	2%	0%	
	40+	0%	0%	2%	0%	
used LSD ("acid"), PCP (wet sticks or	0	97%	99%	91%	96%	
dipped joints), or other	1-2	1%	0%	4%	1%	
psychedelics (like mescaline,	3-5	0%	1%	0%	1%	
mushrooms, peyote)? *	6-9	0%	0%	5%	1%	
	20-39	1%	0%	0%	0%	
used heroin? *	0	97%	100%	94%	98%	
	1-2	0%	0%	0%	0%	
	3-5	0%	0%	2%	0%	
	6-9	0%	0%	4%	0%	
	10-19	3%	0%	0%	2%	

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for these items may affect year-to-year comparisons.

# **TABLE 35 METHAMPHETAMINE, COCAINE AND ECSTASY \*^ Nicollet County**

			Grad	de	
During the last 12 mg	onths, on	9t	h	121	th
how many occasions (if any) have you		Male	Female	Male	Female
		%	%	%	%
used methamphetamine	0	99%	99%	95%	95%
(meth, glass, crank,	1-2	0%	1%	2%	3%
crystal meth, ice) by any method?	3-5	0%	0%	2%	0%
	6-9	1%	0%	2%	0%
	10-19	0%	0%	0%	2%
used "crack"	0	99%	99%	93%	97%
(cocaine in chunk or rock form), or	1-2	0%	1%	4%	2%
cocaine in any other form?	3-5	0%	0%	2%	0%
	6-9	0%	0%	2%	0%
	10-19	1%	0%	0%	0%
	40+				
		0%	0%	0%	2%
used MDMA (E,	0	99%	99%	93%	92%
X, "ecstasy"), GHB (G, Liquid E, Liquid X) or Ketamine ("Special K")?	1-2	0%	1%	4%	3%
	3-5	0%	0%	2%	2%
	6-9	0%	0%	2%	2%
	20-39	1%	0%	0%	0%
	40+	0%	0%	0%	2%

<sup>\* 6</sup>th grade survey did not ask these questions.^ Variations in wording for these items may affect year-to-year comparisons.

# TABLE 36A PRESCRIPTION DRUGS \*

		Grade					
During the last 12 months, on ho	W	9th		12tl			
many occasions (if any) have you		Male	Female	Male	Female		
		%	%	%	%		
used stimulants like Benzedrine or diet pills that	0	100%	99%	93%	94%		
were not prescribed for you by a doctor, or that you took only	1-2	0%	1%	2%	3%		
to get high?	3-5	0%	0%	2%	2%		
	6-9	0%	0%	4%	0%		
	10-19	0%	0%	0%	0%		
	40+	0%	0%	0%	2%		
used your own or someone else's ADHD or ADD drugs like	0	99%	100%	93%	91%		
Ritalin (hyper pills) to get high?	1-2	1%	0%	2%	0%		
	3-5	0%	0%		2%		
	6-9	0%	0%	2%	5%		
	10-19	0%	0%	4%	2%		
	20-39	0%	0%	0%	0%		
		0%	0%	0%	2%		
used OxyContin, Percocet,	0						
Percodan, Vicodin or other pain relievers that were not	1-2	99%	99%		91%		
prescribed for you by a doctor,	3-5	0%	0%		3%		
or that you took only to get high?	6-9	0%	0%		3%		
	10-19	0%	1%	0% 93% 2% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0%	2%		
	20-39	1%	0%		0%		
	40+	0%	0%		2%		
used tranquilizers (Valium,	0	0%	0%		0%		
Xanax, nerve pills) or sedatives	1-2	100%	99%		92%		
or barbituates that were not prescribed for you by a doctor,		0%	0%		6%		
or that you took only to get high?	6-9	0%	1%	2%	0%		
5	10-19	0%	0%	2%	0%		
	40+	0%	0%	2%	2%		

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 36B PRESCRIPTION DRUGS \*^

# Nicollet County

This table only includes results from 6th grade students.

# TABLE 37 SUBSTANCE USE PATTERNS

		Grade				
Do you ever use alcohol or other drugs		9t	h	12th		
		Male	Female	Male	Female	
		%	%	%	%	
before school?	Yes	1%	1%	13%	10%	
30110011	No	99%	99%	87%	90%	
during school?	Yes	1%	3%	10%	10%	
30110011	No	99%	97%	90%	90%	
right after school?	Yes	6%	4%	12%	16%	
SCHOOLS	No	94%	96%	88%	84%	

# TABLE 38 PARENTAL DISAPPROVAL OF SUBSTANCE USE

			Grade				
			9t	h	12	th	
			Male	Female	Male	Female	
			%	%	%	%	
During the last 12 months, have you talked with at least one of your parents	Yes		40%	41%	40%	54%	
(or guardians) about the dangers of tobacco, alcohol, or drug use?	No		60%	59%	60%	46%	
How do you think your parents or	smoked cigarettes?	They would approve	4%	3%	2%	1%	
guardians would feel if you ^		They would not care at all	1%	0%	8%	4%	
		They would disapprove	13%	11%	25%	26%	
		They would strongly disapprove	82%	86%	65%	68%	
	drank alcohol?	They would approve	6%	3%	5%	4%	
		They would not care at all	6%	4%	11%	21%	
		They would disapprove	27%	31%	40%	35%	
		They would strongly disapprove	62%	61%	44%	40%	
	smoked marijuana?	They would approve	4%	3%	4%	1%	
		They would not care at all	0%	0%	6%	3%	
		They would disapprove	8%	10%	13%	13%	
		They would strongly disapprove	87%	87%	78%	82%	
	used other illegal drugs?	They would approve	4%	3%	4%	1%	
		They would not care at all	0%	0%	0%	1%	
		They would disapprove	7%	6%	13%	3%	
		They would strongly disapprove	89%	91%	83%	94%	

<sup>^</sup> New questions in 2010.

# TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE Nicollet County

			Grade				
			91	9th		th	
			Male	Female	Male	Female	
	_		%	%	%	%	
How much do you think people	smoke one or more packs of cigarettes per day?	No risk	7%	10%	8%	1%	
risk harming		Slight risk	4%	6%	12%	1%	
themselves physically or in		Moderate risk	17%	15%	17%	22%	
other ways if they		Great risk	72%	69%	63%	75%	
	have five or more drinks of an alcoholic beverage once or twice a week?	No risk	8%	13%	15%	1%	
		Slight risk	17%	7%	23%	10%	
		Moderate risk	27%	28%	31%	36%	
		Great risk	48%	51%	31%	52%	
	smoke marijuana once or twice a week?	No risk	17%	15%	21%	8%	
		Slight risk	13%	9%	25%	17%	
		Moderate risk	23%	21%	15%	38%	
		Great risk	48%	56%	40%	38%	

#### **TABLE 40A CONSEQUENCES OF SUBSTANCE USE \***

			•		
		9th		12th	
During the last 12 months		Male	Female	Male	Female
zamig me net iz memne m		%	%	%	%
have you found that you had to use a lot more alcohol or	No or no use	92%	96%	94%	80%
other drugs than before to get the same effect?	Yes	8%	4%	6%	20%
have you tried to cut down on	No or no use	94%	97%	94%	88%
your use of alcohol or other drugs but couldn't?	Yes	6%	3%	6%	13%
have you continued to use alcohol or other drugs even though you knew it was hurting	No or no use	95%	91%	90%	91%
your relationships with friends or family? ^	Yes	5%	9%	10%	9%
how many times have you	0 times or no use	90%	91%	77%	72%
spent all or most of the day using alcohol or other drugs, or	Once	8%	5%	10%	9%
getting over their effects?	Twice	0%	2%	2%	6%
	3 or more times	2%	3%	10%	12%
how many times have you given up important social or	0 times or no use	97%	95%	85%	86%
recreational activities like sports or being with friends or	Once	2%	3%	4%	6%
relatives in order to use alcohol or other drugs or to get over their effects? ^	Twice	0%	0%	6%	3%
	3 or more times	2%	2%	4%	5%
how many times has alcohol	0 times or no use	92%	91%	90%	86%
or other drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Once	5%	6%	6%	5%
	Twice	0%	2%	0%	2%
	3 or more times	3%	2%	4%	8%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

### **TABLE 40B CONSEQUENCES OF SUBSTANCE USE \***

		Grade				
		9th		12th		
During the last 12 months		Male	Female	Male	Female	
		%	%	%	%	
how many times have you missed work or school, or	0 times or no use	97%	100%	88%	92%	
neglected other major	Once	0%	0%	2%	0%	
responsibilities because of alcohol or other drug use? ^	Twice	0%	0%	6%	2%	
	3 or more times	3%	0%	4%	6%	
how many times has alcohol	0 times or no use	97%	94%	92%	92%	
or other drug use caused you problems with the law?	Once	2%	5%	0%	5%	
	Twice	0%	2%	0%	0%	
	3 or more times	2%	0%	8%	3%	
how many times have you	0 times or no use	95%	94%	90%	92%	
hit someone or become violent while using alcohol or other	Once	2%	2%	4%	5%	
drugs?	Twice	2%	3%	4%	0%	
	3 or more times	2%	2%	2%	3%	
how many times have you	0 times or no use	90%	89%	73%	69%	
used so much alcohol or other drugs that later you could not	Once	0%	6%	10%	16%	
remember what you had said or done?	Twice	2%	2%	10%	3%	
-	3 or more times	9%	3%	6%	13%	
how many times have you	0 times or no use	93%	85%	83%	73%	
used more alcohol or other drugs than you intended to?	Once	0%	11%	4%	6%	
	Twice	3%	2%	4%	8%	
	3 or more times	3%	3%	8%	13%	

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

### **TABLE 41A SEXUAL BEHAVIOR \***

		Grade				
		9t	9th		th	
		Male	Female	Male	Female	
		%	%	%	%	
Have you ever had sexual intercourse	No	82%	86%	46%	44%	
("had sex")? ^	Yes, once or twice	9%	6%	10%	15%	
	Yes, 3 times or more	9%	8%	44%	41%	
During the last 12	None	97%	91%	85%	46%	
months, with how many different male	1 person	0%	6%	4%	35%	
partners have you had sexual intercourse?	2 persons	0%	0%	0%	4%	
	3 persons	1%	1%	2%	6%	
	4 persons	0%	1%	4%	4%	
	5 persons	0%	0%	0%	3%	
	6 or more persons	1%	0%	6%	1%	
During the last 12 months, with how	None	80%	99%	46%	96%	
many different female	1 person	9%	0%	24%	3%	
partners have you had sexual intercourse?	2 persons	1%	0%	11%	0%	
	3 persons	4%	0%	6%	0%	
	4 persons	3%	0%	4%	0%	
	5 persons	0%	1%	0%	0%	
	6 or more persons	3%	0%	9%	1%	
How many times have you been pregnant or	0 times	97%	97%	87%	90%	
gotten someone	1 time	0%	0%	0%	9%	
pregnant?	2 or more times	0%	3%	6%	1%	
	Not sure	3%	0%	7%	0%	

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

			Grad	de	
INCLUDES ONLY THOSE WHO HAVE EVER HAD		9th		12th	
SEXUAL INTERCOURSE	VHO HAVE EVER HAD	Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about	Never	50%	33%	43%	21%
protecting yourselves from getting STDs/HIV/AIDS? **	Not with every partner	17%	22%	21%	26%
STDS/IIIV/AIDS:	At least once with every partner	33%	44%	36%	53%
Have you talked with partner(s) about	Never	50%	33%	33%	8%
preventing pregnancy? **	Not with every partner	17%	11%	22%	32%
	At least once with every partner	33%	56%	44%	59%
If you have sexual intercourse, how often do	Never	33%	25%	15%	5%
you and/or your partner use any birth control method?	Rarely	0%	0%	8%	5%
method?	Sometimes	0%	13%	12%	3%
	Usually	17%	0%	8%	18%
	Always	50%	63%	58%	68%
If you have sexual intercourse, how often is	Never	0%	0%	15%	11%
a condom used?	Rarely	8%	0%	15%	18%
	Sometimes	8%	0%	7%	8%
	Usually	8%	0%	26%	16%
	Always	75%	100%	37%	47%
The last time you had sexual intercourse, did	Yes	92%	86%	54%	57%
you or your partner use a condom?	No	8%	14%	46%	43%

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001-2007 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE\***

			Gra	de	
		9t	h	121	h
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors	One or both of my parents would object	53%	64%	37%	32%
influence your choice not to? (Mark all that apply)	I don't want to have sex	20%	66%	17%	55%
(магк ан шасарргу)	Most students in my school don't have sex	20%	8%	10%	0%
	My friends don't have sex	15%	33%	10%	10%
	I don't think it's right for a person my age to have sex	44%	79%	10%	29%
	I'm afraid of getting caught	25%	23%	20%	19%
	My religious or spiritual beliefs	29%	33%	17%	23%
	Sex education at school has shown me the advantages of waiting until I'm older	33%	44%	13%	19%
	I don't want to get a sexually transmitted disease	47%	61%	30%	35%
	Fear of pregnancy ^	38%	74%	33%	61%
	My parents have taught me the advantages of waiting until I'm older	29%	49%	10%	26%
	I have chosen to wait until I'm married	31%	36%	7%	16%
	Other reason(s)	38%	23%	47%	45%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.