# 2010 Minnesota Student Survey County Tables

Fall 2010

**Minnesota Student Survey Interagency Team:** 

Minnesota Department of Education Minnesota Department of Health Minnesota Department of Human Services Minnesota Department of Public Safety

#### For more information contact:

Allison Anfinson, Results Measurement Director NCLB-Safe and Healthy Learners, Minnesota Department of Education ph: 651-582-8483 e: <a href="mailto:allison.anfinson@state.mn.us">allison.anfinson@state.mn.us</a>

or

Ann Kinney, Senior Research Scientist Minnesota Center for Health Statistics, Minnesota Department of Health ph: 651-201-5946 e: ann.kinney@health.state.mn.us

#### In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2010. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

#### 2010 MINNESOTA STUDENT SURVEY

#### **Survey Participation**

The 2010 Minnesota Student Survey was administered in the spring of 2010 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 335 public operating districts, 295 agreed to participate (88% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 79% of public school sixth graders, 75% of public school ninth graders, and 59% of public school twelfth graders participated in the 2010 Minnesota Student Survey. Overall participation across the three grades was approximately 71% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

#### Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

#### **New Questions and Year-to-Year Comparisons**

A small number of the 2010 survey instrument questions were changed from the 2007 survey instrument. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

#### **Validity of Responses**

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

# 2010 MINNESOTA STUDENT SURVEY TABLE OF CONTENTS

Table	Subject Area	Page
	DEMOGRAPHICS	
Table 1	Sample description	1
	SCHOOL	
Table 2	Feelings about school, school plans, truancy and unsupervised time	2
Table 3	Academic performance and school programs	3
Table 4	Perceptions of school environment	4
Table 5	Perceptions of school and neighborhood safety	5
Table 6	Victimization at school	6
Table 7	Bullying	7
	ACTIVITIES	
Table 8a-b	Use of time	8-9
Table 9a-b	Enrichment activities	10-11
Table 10	Reasons for participation in activities	12
	FAMILY AND RELATIONSHIPS	
Table 11	Family composition and parental communication	13
Table 12	Perception of family and others caring	14
	RISK FACTORS	
Table 13	Family substance abuse	15
Table 14a-b	Physical and sexual violence	16-17
	HEALTH AND SAFETY	
Table 15	General health issues	18
Table 16	Weight-related issues	19
Table 17	Exercise	20
Table 18	Nutrition	21
Table 19	Seat belt use	22
Table 20	Sources of information on risk behaviors	23
	MENTAL HEALTH	
Table 21a-b	Emotional well-being/distress	24-25
Table 22	Self-inflicted injury, suicidal thoughts and suicidal behavior	26
Table 23	Gambling behavior	27
Table 24	Destructive and antisocial behavior	28

# Continued on the next page

#### 2010 MINNESOTA STUDENT SURVEY TABLE OF CONTENTS Continued

Table	Subject Area	Page			
	SUBSTANCE USE				
Table 25	Summary of substance use	29			
Table 26	Cigarette use and age of first use	30			
Table 27	Cigar and smokeless tobacco use and age of first use	31			
Table 28	Access to tobacco	32			
Table 29	Alcohol use frequency and quantity	33			
Table 30	Age of first alcohol use	34			
Table 31	Access to alcohol	35			
Table 32	Drinking and driving	36			
Table 33	Marijuana and other drug use and age of first use	37			
Table 34	Marijuana, inhalants, hallucinogens and heroin	38			
Table 35	Methamphetamine, cocaine and ecstasy	39			
Table 36a-b	Prescription drugs	40-41			
Table 37	Substance use patterns	42			
Table 38	Parental disapproval of substance use	43			
Table 39	Perceived risk of harm from substance use	44			
Table 40a-b	Consequences of substance use	45-46			
	SEXUAL HEALTH AND PROTECTIVE FACTORS				
Table 41a-b	Sexual behavior	47-48			
Table 42	Reasons for sexual abstinence	49			

# TABLE 1 DEMOGRAPHIC DESCRIPTION

				Grad	de		
		6th	1	9th	1	12tl	h
		N	%	N	%	N	%
Total number of surveys		38	100%	58	100%	63	100%
Gender	Male	25	66%	24	41%	32	51%
	Female	13	34%	34	59%	31	49%
Age	11 or younger	11	29%	0	0%	0	0%
	12	26	68%	0	0%	0	0%
	13	1	3%	0	0%	0	0%
	14	0	0%	16	28%	0	0%
	15	0	0%	40	69%	0	0%
	16	0	0%	2	3%	0	0%
	17	0	0%	0	0%	25	40%
	18	0	0%	0	0%	36	57%
	19-20	0	0%	0	0%	1	2%
	No answer	0	0%	0	0%	1	2%
Race/ethnicity	American Indian	1	3%	1	2%	2	3%
	Black or African American	0	0%	0	0%	0	0%
	Hispanic or Latino	2	5%	2	3%	2	3%
	Asian American or Pacific Islander	0	0%	1	2%	0	0%
	White	29	76%	51	88%	56	89%
	Mixed race (checked more than one race/ethnicity)	2	5%	3	5%	2	3%
	I don't know / no answer	4	11%	0	0%	1	2%

### TABLE 2 FEELINGS ABOUT SCHOOL, SCHOOL PLANS, TRUANCY, AND UNSUPERVISED TIME Lincoln County

			Grade	
		6th	9th	12th
		%	%	%
How do you feel about going to school?	I like school very much	16%	14%	3%
	I like school quite a bit	34%	45%	31%
	I like school a little	32%	22%	37%
	I don't like school very much	8%	14%	23%
	I hate school	11%	5%	6%
Which of these best describes your school	I would like to quit school as soon as I can		0%	3%
plans? *	I plan to finish high school but won't go to college		2%	6%
	I'd like to go to some kind of trade or vocational school		9%	18%
	I'd like to go to college after high school		69%	58%
	I'd like to go to college and then to graduate school		21%	15%
During the last 30	Never	87%	90%	67%
days, how often have you skipped or cut full	Once or twice	11%	10%	22%
days of school?	3 to 5 times	0%	0%	5%
	6 to 10 times	3%	0%	6%
	More than 10 times	0%	0%	0%
In a typical week, how	0 days	35%	29%	29%
often are you home alone or another place	1 day	24%	25%	16%
unsupervised after school? ^	2 days	8%	9%	15%
	3 days	14%	16%	11%
	4 days	3%	7%	8%
	5 days	16%	14%	21%

<sup>\* 6</sup>th grade survey did not ask this question. ^ New question in 2010.

# TABLE 3 ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS Lincoln County

			Grade	
		6th	9th	12th
		%	%	%
Mark the two grades	A only			
you get the most often.		5%	5%	0%
	A and B only			
		63%	55%	49%
	B only			
		5%	2%	5%
	B and C only			
		18%	19%	38%
	C only			
		0%	0%	0%
	C and D only			
		0%	7%	5%
	D only			
		0%	0%	0%
	D and F only			
		0%	3%	2%
	Not applicable or no answer			
		8%	9%	2%
Do you have or have you ever had an IEP	Yes		21%	18%
(Individualized Education Plan)? *	No			
,			79%	82%
Do you currently get	Yes			
free or reduced-price		18%	21%	38%
lunch at school?	No			
		82%	79%	62%
Since the beginning of	0 times			
this school year, how		100%	93%	100%
many times have you changed schools?	1 time			
Ü		0%	2%	0%
	2 times			
		0%	5%	0%
	3 or more times			
		0%	0%	0%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 4 PERCEPTIONS OF SCHOOL ENVIRONMENT

			Grade	
		6th	9th	12th
		%	%	%
How many students in your school are friendly?	All	8%	0%	3%
your school are menuly:	Most	53%	60%	46%
	Some	28%	32%	30%
	A few	11%	9%	21%
	None	0%	0%	0%
How many students in	All	3%	2%	5%
your school behave well in the hallways and lunchroom?	Most	31%	39%	30%
	Some	40%	45%	37%
	A few	23%	14%	29%
	None	3%	0%	0%
How many students in your school have made	All	3%	4%	5%
fun of or threatened	Most	6%	13%	10%
students of different races or backgrounds?	Some	21%	16%	27%
	A few	35%	45%	46%
	None	35%	23%	13%
How many of your teachers are interested in	All	28%	13%	2%
you as a person?	Most	25%	27%	37%
	Some	22%	22%	34%
	A few	14%	29%	23%
	None	11%	9%	5%
How many of your	All	63%	18%	37%
teachers show respect for students?	Most	20%	45%	38%
	Some	11%	20%	11%
	A few	3%	16%	11%
	None	3%	2%	3%

# TABLE 5 PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY Lincoln County

How much do you agree or	disagraa		Grade	
with the following statemen		6th	9th	12th
		%	%	%
I feel safe going to and from school	Strongly agree	42%	55%	68%
	Agree	44%	45%	29%
	Disagree	11%	0%	2%
	Strongly disagree	3%	0%	2%
I feel safe at school	Strongly agree	42%	46%	48%
	Agree	47%	46%	46%
	Disagree	8%	7%	5%
	Strongly disagree	3%	0%	2%
I feel safe in my	Strongly agree	40%	61%	68%
neighborhood	Agree	43%	37%	30%
	Disagree	14%	2%	0%
	Strongly disagree	3%	0%	2%
Bathrooms in this school	Strongly agree	35%	45%	51%
are a safe place to be	Agree	38%	45%	40%
	Disagree	21%	11%	10%
	Strongly disagree	6%	0%	0%
Illegal gang activity is a	Strongly agree	3%	0%	2%
problem at this school	Agree	8%	0%	5%
	Disagree	22%	32%	22%
	Strongly disagree	67%	68%	71%
Student use of alcohol or	Strongly agree	3%	13%	21%
drugs is a problem at this school	Agree	6%	36%	25%
	Disagree	29%	38%	41%
	Strongly disagree	63%	14%	13%

# TABLE 6 VICTIMIZATION AT SCHOOL

				Grade	
			6th	9th	12th
			%	%	%
During the last 12 months, has anyone offered, sold, or	Yes		0%	2%	6%
given you an illegal drug on school property?	No		100%	98%	94%
During the last 12 months, how many times has someone stolen or deliberately damaged your	0 times		68%	77%	81%
	1 time		24%	16%	16%
property on school property?	2 or 3 times		3%	5%	2%
	4 or 5 times		3%	0%	2%
	6 or more times		3%	2%	0%
During the last 30 days, how many days did you not go to	0 days		100%	98%	98%
school because you felt unsafe at school or going	1 day		0%	2%	0%
to/from school?	2 or 3 days		0%	0%	2%
	6 or more days		0%	0%	0%
During the last 12 months, which of the following has	Threatened you?	Yes	27%	12%	15%
happened to you on school		No	73%	88%	85%
property? Has a student:	Pushed, shoved, or grabbed you?	Yes	43%	45%	35%
	you:	No	57%	55%	65%
	Kicked, bitten, or hit you?	Yes	32%	22%	19%
		No	68%	78%	81%
	Stabbed you or fired a gun at you?	Yes	0%	0%	2%
	Jou.	No	100%	100%	98%
	Touched, grabbed, or pinched you in a sexual way? *	Yes		17%	24%
	you iii a ooxaai iiay i	No		83%	76%
	Made unwanted sexual comments, jokes, gestures, or	Yes		24%	26%
	looks toward you? *	No			
				76%	74%

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 7 BULLYING

			Grade		
		6th	9th	12th	
		%	%	%	
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	47%	60%	63%	
	Once or twice	32%	32%	24%	
	About once a week	5%	2%	3%	
	Several times a week	8%	4%	6%	
	Every day	8%	4%	3%	
During the last 30 days, how often have you, on your own	Never	47%	53%	51%	
or as part of a group, made fun of or teased another	Once or twice	32%	33%	40%	
student in a hurtful way or excluded another student from friends or activities?	About once a week	11%	7%	5%	
	Several times a week	5%	3%	3%	
	Every day	5%	3%	2%	

#### TABLE 8A USE OF TIME

During the school year, h			Grade	
hours in a typical week d spend doing the following		6th	9th	12th
	·	%	%	%
Homework or study	0 hours	14%	11%	14%
	1-2 hours	58%	53%	52%
	3-5 hours	14%	18%	25%
	6-10 hours	8%	12%	5%
	11-20 hours	3%	0%	3%
	21 hours or more	3%	7%	0%
Reading for pleasure	0 hours	25%	21%	57%
	1-2 hours	31%	37%	29%
	3-5 hours	33%	12%	5%
	6-10 hours	6%	16%	5%
	11-20 hours	0%	7%	2%
	21 hours or more	6%	7%	3%
Volunteer work ^	0 hours	47%	52%	67%
	1-2 hours	33%	32%	25%
	3-5 hours	17%	9%	6%
	6-10 hours	0%	7%	2%
	11-20 hours	0%	0%	0%
	21 hours or more	3%	0%	0%
Work for pay (including	0 hours	35%	35%	23%
babysitting for others)	1-2 hours	35%	17%	6%
	3-5 hours	15%	24%	21%
	6-10 hours	9%	17%	13%
	11-20 hours	0%	4%	24%
	21 hours or more	6%	4%	13%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 8B USE OF TIME

During the school year, hours in a typical week d	iow ilially lo vou		Grade	
spend doing the following	a you a?	6th	9th	12th
		%	%	%
Watching TV, DVDs or videos	0 hours	3%	5%	5%
videos	1-2 hours	41%	25%	22%
	3-5 hours	32%	43%	41%
	6-10 hours	16%	16%	19%
	11-20 hours	5%	5%	8%
	21 hours or more	3%	5%	5%
Playing video games ^	0 hours	26%	40%	51%
	1-2 hours	46%	38%	16%
	3-5 hours	17%	15%	13%
	6-10 hours	9%	4%	11%
	11-20 hours	3%	2%	8%
	21 hours or more	0%	2%	2%
Talking on the phone or texting ^	0 hours	64%	25%	8%
texting "	1-2 hours	25%	23%	17%
	3-5 hours	6%	5%	27%
	6-10 hours	3%	13%	13%
	11-20 hours	3%	20%	11%
	21 hours or more	0%	14%	24%
Online activities (e-mail, instant IM-ing, etc.) ^	0 hours	43%	23%	11%
mstant iwi-ing, etc., ^	1-2 hours	43%	25%	27%
	3-5 hours	11%	18%	38%
	6-10 hours	3%	13%	5%
	11-20 hours	0%	14%	10%
	21 hours or more	0%	7%	10%
Hanging out	0 hours	11%	7%	5%
	1-2 hours	27%	27%	21%
	3-5 hours	32%	15%	16%
	6-10 hours	14%	24%	35%
	11-20 hours	8%	15%	18%
	21 hours or more	8%	13%	5%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

# TABLE 9A ENRICHMENT ACTIVITIES

During the school year, how			Grade	
have you participated in the following?	9	6th	9th	12th
Tonowing .		%	%	%
Fine arts activities (lessons, band, choir,	Not available in my community	3%	2%	3%
dance, drama, etc.) ^	Never	29%	29%	68%
	Less than monthly	9%	4%	5%
	Monthly	0%	2%	3%
	1-2 times per week	26%	2%	2%
	3-4 times per week	9%	9%	2%
	Every day	26%	53%	18%
Club or community sports teams	Not available in my community	10%	13%	8%
	Never	39%	43%	58%
	Less than monthly	10%	8%	5%
	Monthly	6%	6%	5%
	1-2 times per week	13%	9%	7%
	3-4 times per week	19%	9%	5%
	Every day	3%	11%	12%
School sports teams	Not available in my community	0%	2%	2%
	Never	28%	25%	51%
	Less than monthly	14%	4%	3%
	Monthly	3%	11%	3%
	1-2 times per week	14%	5%	2%
	3-4 times per week	31%	13%	11%
	Every day	10%	40%	28%
Community clubs and programs (4-H, Park and	Not available in my community	6%	0%	2%
Rec, Community Ed., etc.)	Never	55%	56%	65%
	Less than monthly	9%	6%	5%
	Monthly	18%	22%	21%
	1-2 times per week	3%	11%	3%
	3-4 times per week	9%	2%	2%
	Every day	0%	4%	3%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 9B ENRICHMENT ACTIVITIES**

During the school year, I	how often		Grade	
have you participated in following?	tne	6th	9th	12th
		%	%	%
Mentoring programs (as a mentor or being mentored) ^	Not available in my community	16%	13%	18%
	Never	81%	78%	73%
	Less than monthly	0%	2%	5%
	Monthly	0%	5%	3%
	1-2 times per week	3%	2%	2%
	3-4 times per week	0%	0%	0%
	Every day	0%	0%	0%
Religious activities (religious services,	Not available in my community	3%	4%	2%
education, youth group, etc.)	Never	24%	18%	40%
group, etc./	Less than monthly	12%	16%	21%
	Monthly	0%	15%	15%
	1-2 times per week	50%	42%	18%
	3-4 times per week	9%	5%	3%
	Every day	3%	0%	2%
Service learning programs ^^	Not available in my community	10%	11%	11%
	Never	71%	79%	81%
	Less than monthly	6%	0%	5%
	Monthly	10%	4%	3%
	1-2 times per week	3%	2%	0%
	3-4 times per week	0%	0%	0%
	Every day	0%	4%	0%
Tutoring, Homework Help or other academic	Not available in my community	3%	7%	15%
programs ^^	Never	78%	62%	77%
	Less than monthly	6%	13%	2%
	Monthly	0%	2%	5%
	1-2 times per week	9%	11%	0%
	3-4 times per week	0%	5%	2%
	Every day	3%	0%	0%

 $<sup>^{\</sup>wedge}$  Variations in wording for this item may affect year-to-year comparisons.  $^{\wedge}$  New question in 2010.

# TABLE 10 REASONS FOR PARTICIPATION IN ACTIVITIES

			Grade	
		6th	9th	12th
		%	%	%
In general, why do	To have fun	93%	87%	90%
you participate in school-based or	To learn new skills	61%	67%	44%
community-based activities and clubs? (Mark all that apply)	My parents or guardians want me to	25%	26%	19%
(Mark all that appry)	My friends participate	39%	63%	27%
	To help me get into college	11%	52%	15%
	It is a safe place to be after school ^	4%	9%	8%
	Participate for other reasons	7%	11%	10%
In general, why don't you participate in any school-based or	Activities are not available in my community	14%	10%	14%
community-based activities and clubs?	Activities cost too much	14%	24%	11%
(Mark all that apply)	My parents or guardians won't let me	21%	5%	3%
	My friends don't participate	0%	14%	11%
	I'm not interested	50%	62%	60%
	I am too busy with other things	43%	24%	63%
	I don't have a way to get there or home ^	7%	14%	6%
	I have to take care of other family members ^	0%	5%	9%
	It's not a safe place to be after school ^	0%	0%	0%
	Don't participate for other reasons	21%	29%	14%

<sup>^</sup> New response option in 2010.

# TABLE 11 FAMILY COMPOSITION AND PARENTAL COMMUNICATION Lincoln County

			Grade	
		6th	9th	12th
		%	%	%
Which adults do you live with?	Both biological parents	61%	59%	60%
iive witii?	Both adoptive parents	3%	0%	0%
	Mother and stepfather	0%	5%	5%
	Father and stepmother	0%	2%	0%
	Mother only	21%	14%	11%
	Father only	0%	2%	8%
	Sometimes with mother, sometimes with father			
		13%	9%	10%
	Other	0%	5%	6%
	No adults or no answer	3%	5%	0%
Can you talk to your father about problems	Yes, most of the time	39%	36%	44%
you are having?	Yes, some of the time	34%	28%	32%
	No, not very often	11%	21%	15%
	No, not at all	8%	5%	3%
	My father is not around	8%	10%	6%
Can you talk to your mother about problems	Yes, most of the time	74%	46%	61%
you are having?	Yes, some of the time	16%	26%	29%
	No, not very often	5%	23%	8%
	No, not at all	5%	4%	0%
	My mother is not around	0%	2%	2%

# TABLE 12 PERCEPTIONS OF FAMILY AND OTHERS CARING Lincoln County

			Grade	
How much do you feel .	••	6th	9th	12th
,		%	%	%
your parents care about you?	Not at all	0%	4%	3%
about you?	A little	3%	2%	2%
	Some	3%	4%	6%
	Quite a bit	11%	13%	5%
	Very much	84%	79%	84%
other adult relatives care about you?	Not at all	0%	2%	2%
	A little	0%	2%	2%
	Some	8%	11%	10%
	Quite a bit	14%	20%	26%
	Very much	78%	66%	61%
friends care about you?	Not at all	0%	4%	0%
	A little	8%	11%	10%
	Some	16%	11%	32%
	Quite a bit	62%	41%	33%
	Very much	14%	34%	25%
teachers/ other	Not at all	11%	7%	2%
adults at school care about you? ^	A little	19%	18%	14%
·	Some	16%	36%	49%
	Quite a bit	32%	32%	25%
	Very much	22%	7%	10%
religious or spiritual	Not at all	5%	18%	10%
leaders care about you? ^	A little	11%	7%	18%
	Some	19%	16%	29%
	Quite a bit	32%	29%	26%
	Very much	32%	30%	18%
other adults in your	Not at all	6%	11%	8%
community care about you?	A little	25%	16%	24%
-	Some	31%	29%	34%
	Quite a bit	22%	30%	27%
	Very much	17%	14%	6%

<sup>^</sup> Variations in wording for this item may affect year-to-year comparisons.

# TABLE 13 FAMILY SUBSTANCE ABUSE

		Grade		
		6th 9th 1		12th
		%	%	%
Has alcohol use by any family member repeatedly caused family, health, job,	Yes	16%	11%	11%
or legal problems?	No	84%	89%	89%
Has drug use by any family member repeatedly caused family, health, job,	Yes	8%	2%	2%
or legal problems?	No	92%	98%	98%

# TABLE 14A PHYSICAL AND SEXUAL VIOLENCE \*

		Gra	de
		9th	12th
		%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include	Yes	0%	5%
shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	No	100%	95%
Has someone you were going out with ever hit you, hurt you, threatened	Yes	2%	11%
you or made you feel afraid?	No	98%	89%
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	4%	8%
	No	96%	92%

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 14B PHYSICAL AND SEXUAL VIOLENCE

			Grade		
		6th	9th	12th	
		%	%	%	
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	24%	7%	8%	
	No	76%	93%	92%	
Has anyone in your family ever hit anyone else in the family so	Yes	16%	5%	10%	
hard or so often that they had marks or were afraid of that person?	No	84%	95%	90%	
Has any older person outside the family touched you sexually	Yes	0%	7%	8%	
against your wishes or forced you to touch them sexually?	No	100%	93%	92%	
Has any older/stronger member of your family touched you sexually or	Yes	3%	6%	3%	
had you touch them sexually?	No	97%	94%	97%	

# TABLE 15 GENERAL HEALTH ISSUES

			Grade	
		6th	9th	12th
		%	%	%
When was the last time you had a physical exam?	Within the last 12 months	29%	51%	43%
	1-2 years ago	15%	35%	37%
	3-4 years ago	3%	5%	8%
	More than 4 years ago	18%	4%	10%
	I have never had a physical exam	35%	5%	3%
Has a doctor or nurse ever told you that you have asthma?	Yes	3%	18%	16%
nave asuma?	No	97%	82%	84%
Do you have a physical health	No	89%	84%	90%
condition or problem that has lasted at least 12 months?	Yes	11%	16%	10%
Do you have a mental or emotional health	No	86%	91%	95%
problem that has lasted at least 12 months?	Yes	14%	9%	5%
Have you ever been treated for a mental or	No		86%	89%
emotional health problem? *	Yes, during the last year		7%	6%
	Yes, more than a year ago		7%	5%
Have you ever been treated for an alcohol	No		96%	97%
or other drug problem? *	Yes, during the last year		2%	0%
	Yes, more than a year ago		2%	3%

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 16 WEIGHT-RELATED ISSUES

#### **Lincoln County**

				Grade		
			6th	9th	12th	
			%	%	%	
At the present time, do you think you are	Underweight		6%	5%	5%	
mink you are	About the right weight		80%	61%	75%	
	Overweight		14%	34%	21%	
During the last 12 months, have you done any of the following to lose or control weight? (Mark all that apply) *^	I am not trying to lose weight or control my weight	Yes		33%	44%	
	weight of control my weight	No		67%	56%	
	Fast or skip meals	Yes		14%	13%	
		No		86%	87%	
	Smoke cigarettes	Yes		2%	5%	
		No		98%	95%	
	Exercise	Yes		55%	54%	
		No		45%	46%	
	Use diet pills, speed or other drugs	Yes		2%	6%	
		No		98%	94%	
	Eat healthier	Yes		52%	32%	
		No		48%	68%	
	Vomit on purpose after eating	Yes		5%	3%	
	eating	No		95%	97%	
	Use laxatives	Yes		2%	2%	
		No		98%	98%	
Weight status * according to Body Mass Index (BMI) **	Not overweight			56%	63%	
body mass mack (bill)	Overweight			30%	20%	
	Obese			14%	179	

<sup>\* 6</sup>th grade survey did not ask these questions.

Not overweight: Less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

<sup>^</sup> Variations in the number and order of these response options may affect year-to-year comparisons.

<sup>\*\*</sup> Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age-and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

#### TABLE 17 EXERCISE

			Grade	
		6th	9th	12th
		%	%	%
On how many of the last 7 days did you	0 days	5%	9%	6%
exercise or play sports	1 day	14%	5%	10%
that made you sweat or breathe hard for at	2 days	3%	14%	17%
least 20 minutes?	3 days	16%	27%	10%
	4 days	8%	11%	14%
	5 days	11%	23%	27%
	6 days	11%	5%	8%
	7 days	32%	5%	8%
On how many of the	0 days	0%	9%	8%
last 7 days were you physically active for a	1 day	17%	5%	2%
combined total of at least 30 minutes?	2 days	3%	9%	13%
	3 days	14%	23%	11%
	4 days	14%	16%	16%
	5 days	14%	18%	27%
	6 days	6%	16%	13%
	7 days	33%	5%	11%

#### TABLE 18 NUTRITION

Have many alasasa	of each of the		Grade	
How many glasses of following did you di		6th	9th	12th
		%	%	%
Milk	0 glasses	6%	5%	6%
	1-2 glasses	42%	48%	46%
	3-4 glasses	33%	28%	32%
	5 or more glasses	19%	19%	16%
100% fruit juice	0 glasses	49%	48%	54%
	1-2 glasses	37%	26%	40%
	3-4 glasses	6%	21%	6%
	5 or more glasses	9%	5%	0%
Fruit juice drinks	0 glasses	57%	57%	63%
	1-2 glasses	23%	30%	31%
	3-4 glasses	14%	11%	6%
	5 or more glasses	6%	2%	0%
Pop or soda	0 glasses	47%	53%	50%
	1-2 glasses	47%	36%	39%
	3-4 glasses	0%	11%	6%
	5 or more glasses	6%	0%	5%
Sports drinks	0 glasses	62%	68%	76%
	1-2 glasses	24%	23%	21%
	3-4 glasses	9%	7%	2%
	5 or more glasses	6%	2%	2%
Water	0 glasses	3%	7%	10%
	1-2 glasses	25%	24%	25%
	3-4 glasses	22%	24%	38%
	5 or more glasses	50%	45%	27%
How many servings		11%	4%	5%
of fruits, fruit juices or vegetables did	1 serving	8%	21%	27%
you eat yesterday?	2 servings	19%	26%	18%
	3 servings	19%	19%	29%
	4 servings	17%	25%	11%
	5 or more servings	25%	5%	10%

#### TABLE 19 SEAT BELT USE

Have often do us			Grade	
How often do you wear a seat belt when you		6th	9th	12th
		%	%	%
ride in a car?	Never	5%	0%	5%
	Sometimes	5%	5%	37%
	Often	29%	35%	26%
	Always	61%	60%	32%
drive a car? *	I never do this activity		41%	5%
	Never		2%	5%
	Sometimes		4%	25%
	Often		11%	17%
	Always		43%	48%

<sup>\* 6</sup>th grade survey did not ask this question.

# TABLE 20 SOURCES OF INFORMATION ON RISK BEHAVIORS

Where have recommend	hirad mand of	Grade			
Where have you receinformation about	eived most of your	6th	9th	12th	
momation about		%	%	%	
alcohol and other	Friends or peers	39%	65%	70%	
drugs? (Mark all that apply)	Parents	50%	61%	51%	
	Brothers or sisters	18%	35%	27%	
	School/teachers/ counselors	29%	72%	65%	
	Clinics/doctors/ nurses	16%	18%	11%	
	Religious/ community groups	13%	25%	5%	
	Internet	18%	19%	21%	
	TV/radio/magazines/ newspapers/books	34%	39%	35%	
	I do not know much about alcohol or other drugs	32%	2%	5%	
sex? (Mark all	Friends or peers	39%	49%	75%	
that apply)	Parents	37%	49%	38%	
	Brothers or sisters	13%	19%	16%	
	School/teachers/ counselors	16%	74%	46%	
	Clinics/doctors/ nurses	8%	21%	11%	
	Religious/ community groups	3%	30%	3%	
	Internet	26%	12%	29%	
	TV/radio/magazines/ newspapers/books	34%	32%	38%	
	I do not know much about sex	34%	2%	5%	

# TABLE 21A EMOTIONAL WELL-BEING/DISTRESS

Linco	ln	Cou	ıntv

How much do you agree or disagree with the		Grade			
following statements?	or along to the the	6th	9th	12th	
		%	%	%	
I get a lot of headaches, stomachaches or	Agree	23%	9%	14%	
sickness.	Mostly agree	20%	26%	16%	
	Mostly disagree	31%	28%	29%	
	Disagree	26%	37%	41%	
I am often irritable and	Agree	14%	7%	5%	
angry.	Mostly agree	14%	15%	14%	
	Mostly disagree	31%	30%	40%	
	Disagree	40%	48%	41%	
I have many fears and	Agree	14%	6%	0%	
am easily scared.	Mostly agree	11%	13%	10%	
	Mostly disagree	31%	26%	27%	
	Disagree	44%	56%	63%	
I often have trouble	Agree	26%	24%	25%	
concentrating.	Mostly agree	17%	24%	19%	
	Mostly disagree	29%	22%	24%	
	Disagree	29%	30%	32%	
I am restless and	Agree	20%	21%	11%	
cannot stay still for long.	Mostly agree	31%	23%	22%	
	Mostly disagree	17%	21%	32%	
	Disagree	31%	35%	35%	
I often have trouble	Agree	23%	9%	14%	
getting to sleep and staying asleep.	Mostly agree	14%	15%	11%	
, , ,	Mostly disagree	31%	23%	32%	
	Disagree	31%	53%	43%	
I do things before I	Agree	15%	24%	10%	
think.	Mostly agree	21%	37%	31%	
	Mostly disagree	38%	26%	32%	
	Disagree	26%	13%	27%	
I am often unhappy,	Agree	9%	9%	8%	
depressed or tearful.	Mostly agree	9%	9%	6%	
	Mostly disagree	34%	20%	24%	
	Disagree	49%	61%	62%	

### TABLE 21B EMOTIONAL WELL-BEING/DISTRESS Lincoln County

		Grade		
During the last 30 days		6th	9th	12th
zamig me iaet ee aaye m		%	%	%
have you felt you were under any stress or	Yes, almost more than I could take	11%	14%	13%
pressure?	Yes, quite a bit of pressure	8%	11%	16%
	Yes, more than usual	8%	14%	19%
	Yes, a little	47%	46%	40%
	Not at all	26%	16%	13%
have you felt sad?	All the time	5%	4%	5%
	Most of the time	5%	13%	10%
	Some of the time	18%	25%	19%
	A little of the time	45%	38%	48%
	None of the time	26%	21%	19%
have you felt so discouraged or hopeless	Extremely so, to the point that I have just about given	00/	00/	F0/
that you wondered if anything was worthwhile?	up	8%	9%	5%
,g	Quite a bit	3%	7%	3%
	Some, enough to bother me	3%	13%	8%
	A little bit	34%	14%	23%
	Not at all	53%	57%	61%
have you felt nervous,	All the time	8%	5%	5%
worried, or upset?	Most of the time	5%	7%	10%
	Some of the time	18%	16%	17%
	A little of the time	47%	47%	49%
	None of the time	21%	24%	19%

# TABLE 22 SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR Lincoln County

		Grade		
		6th	9th	12th
		%	%	%
Have you ever hurt	No	78%	81%	76%
yourself on purpose ("cutting", burns,	Yes, during the last year	14%	19%	10%
bruises)?	Yes, more than a year ago	8%	0%	14%
Have you ever thought	No	81%	78%	70%
about killing yourself?	Yes, during the last year	11%	19%	17%
	Yes, more than a year ago	8%	4%	13%
Have you ever tried to kill yourself?	No	86%	93%	92%
	Yes, during the last year	5%	6%	3%
	Yes, more than a year ago	8%	2%	5%

#### **TABLE 23 GAMBLING BEHAVIOR \***

During the last 12 months, how often		Grade			
have you done these activities?		9th	12th		
		%	%		
Played cards for money	Not at all	89%	83%		
	Less than once a month	4%	17%		
	About once a month	7%	0%		
	About once a week	0%	0%		
	Daily	0%	0%		
Bet on games of personal	Not at all	85%	83%		
skill like pool, golf, or bowling	Less than once a month	11%	16%		
	About once a month	4%	0%		
	About once a week	0%	2%		
	Daily	0%	0%		
Bet money on sports	Not at all	83%	92%		
teams or horseracing ^	Less than once a month	15%	5%		
	About once a month	2%	2%		
	About once a week	0%	2%		
	Daily	0%	0%		
Bought lottery tickets or scratch offs	Not at all	96%	62%		
scratch ons	Less than once a month	4%	22%		
	About once a month	0%	6%		
	About once a week	0%	10%		
	Daily	0%	0%		
Gambled in a casino	Not at all	98%	84%		
	Less than once a month	2%	10%		
	About once a month	0%	5%		
	About once a week	0%	2%		
	Daily	0%	0%		
Gambled for money online	Not at all	98%	100%		
	Less than once a month	2%	0%		
	About once a month	0%	0%		
	About once a week	0%	0%		

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

# TABLE 24 DESTRUCTIVE AND ANTISOCIAL BEHAVIOR

			Grade		
		6th	9th	12th	
		%	%	%	
During the last 12 months, how often have you run away from	Never	89%	89%	92%	
home?	Once or twice	5%	9%	6%	
	3 to 5 times	3%	2%	2%	
	6 to 10 times	0%	0%	0%	
	More than 10 times	3%	0%	0%	
During the last 12 months, how	Never	84%	88%	76%	
often have you damaged or destroyed property at school or	Once or twice	13%	9%	21%	
somewhere else?	3 to 5 times	0%	2%	3%	
	6 to 10 times	3%	0%	0%	
	More than 10 times	0%	2%	0%	
During the last 12 months, how	Never	61%	82%	78%	
often have you hit or beat up another person?	Once or twice	34%	13%	16%	
	3 to 5 times	5%	5%	3%	
	6 to 10 times	0%	0%	0%	
	More than 10 times	0%	0%	3%	
During the last 12 months, how	Never	97%	84%	71%	
often have you taken something from a store without paying for	Once or twice	3%	9%	13%	
it?	3 to 5 times	0%	4%	5%	
	6 to 10 times	0%	4%	3%	
	More than 10 times	0%	0%	8%	
On how many of the last 30 days	0 days	100%	98%	97%	
did you carry a gun on school property?	1 day	0%	0%	0%	
	2 or 3 days	0%	0%	0%	
	6 or more days	0%	2%	3%	
On how many of the last 30 days	0 days	97%	95%	90%	
did you carry a weapon (other than a gun) on school property?	1 day	3%	3%	0%	
· · ·	2 or 3 days	0%	0%	2%	
	4 or 5 days	0%	0%	0%	
	6 or more days	0%	2%	8%	

# TABLE 25 SUMMARY OF SUBSTANCE USE \*\*

		Grade		
		6th 9th		12th
		%	%	%
Use of any tobacco products during the past 30 days	No	97%	82%	57%
•	Yes	3%	18%	43%
Frequent use of any tobacco products during the past 30 days (used	No	100%	96%	79%
tobacco on 20 or more of the past 30 days)	Yes	0%	4%	21%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	98%	65%
	Yes	0%	2%	35%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	79%	69%	13%
, ,	Used only alcohol in the past year	18%	24%	70%
	Used only marijuana/other drugs in the past year	3%	0%	0%
	Used both alcohol and marijuana/other drugs in the past year	0%	8%	17%

<sup>\*\*</sup> These are all computed variables based on combinations of responses to two or more survey items.

#### TABLE 26 CIGARETTE USE AND AGE OF FIRST USE

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did	0 days	100%	84%	70%
you smoke a cigarette?	1 or 2 days	0%	7%	2%
	3 to 5 days	0%	4%	6%
	6 to 9 days	0%	2%	2%
	10 to 19 days	0%	0%	5%
	20 to 29 days	0%	2%	3%
	All 30 days	0%	2%	13%
During the last 30 days, how frequently have you	Never	100%	85%	70%
smoked cigarettes?	Less than one cigarette per day	0%	9%	11%
	One to five cigarettes per day	0%	4%	13%
	About one-half pack per day	0%	2%	5%
	About one pack per day	0%	0%	2%
	About one and one-half packs per day	0%	0%	0%
How old were you the first time you smoked	I have never smoked part or all of a cigarette	95%	71%	38%
part or all of a cigarette?	10 years old or younger	5%	5%	6%
	11 years old	0%	2%	2%
	12 years old	0%	2%	5%
	13 years old	0%	5%	6%
	14 years old	0%	9%	8%
	15 years old	0%	5%	14%
	16 years old	0%	0%	13%
	17 years old or older	0%	0%	8%

# TABLE 27 CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE Lincoln County

			Grade	
		6th	9th	12th
		%	%	%
During the last 30 days,	0 days	97%	100%	84%
on how many days did you use chewing	1 or 2 days	0%	0%	3%
tobacco, snuff or dip?	3 to 5 days	3%	0%	2%
	6 to 9 days	0%	0%	3%
	10 to 19 days	0%	0%	3%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	5%
During the last 30 days,	0 days	100%	95%	87%
on how many days did you smoke cigars,	1 or 2 days	0%	5%	8%
cigarillos or little cigars?	3 to 5 days	0%	0%	3%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	2%
	All 30 days	0%	0%	0%
How old were you the first time you smoked a cigar or used chewing	I have never smoked a cigar or used chewing tobacco	100%	85%	54%
tobacco?	10 years old or younger	0%	0%	3%
	11 years old	0%	0%	0%
	12 years old	0%	2%	0%
	13 years old	0%	2%	2%
	14 years old	0%	7%	6%
	15 years old	0%	4%	6%
	16 years old	0%	0%	13%
	17 years old or older	0%	0%	16%

### TABLE 28 ACCESS TO TOBACCO \*

# Lincoln County

INCLUDES ONLY THOSE	WHO USED	Grad	le
TOBACCO IN THE LAST		9th	12th
		%	%
If you used tobacco, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	0%	59%
	Bought it at bars or restaurants	0%	7%
	Bought it at grocery, discount, or drug stores	0%	15%
	Got it from friends	50%	37%
	Got it from my parents	10%	7%
	Got it from other family members	10%	4%
	Got it by getting someone else to buy for me	10%	19%
	Took it from my home	20%	4%
	Took it from a friend's home	20%	0%
	Took it from stores	0%	4%

INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS		Grade		
		9th	12th	
		%	%	
If you bought tobacco in the last 30 days, did	Yes	0%	0%	
you use a fake ID?	No	100%	100%	

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 29 ALCOHOL USE FREQUENCY AND QUANTITY

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months, on how many occasions (if	0	85%	70%	13%
any) have you had	1-2	15%	8%	16%
alcoholic beverages to drink?	3-5	0%	9%	17%
	6-9	0%	0%	11%
	10-19	0%	8%	10%
	20-39	0%	4%	19%
	40+	0%	2%	14%
During the last 30 days, on	0 days	94%	81%	32%
how many days did you drink one or more drinks	1 or 2 days	6%	12%	25%
of an alcoholic beverage?	3 to 5 days	0%	4%	17%
	6 to 9 days	0%	2%	16%
	10 to 19 days	0%	2%	8%
	20 to 29 days	0%	0%	2%
lf you drink beer/wine/wine	I don't drink beer/wine/wine	91%	74%	14%
coolers/hard liquor, generally, how much (if	1 glass, can, or drink	6%	15%	13%
any) do you drink at one time?	2 glasses, cans, or drinks	3%	4%	8%
time:	3 glasses, cans, or drinks	0%	0%	6%
	4 glasses, cans, or drinks	0%	6%	10%
	5 glasses, cans, or drinks	0%	0%	11%
	6 or more glasses, cans, or drinks	0%	2%	38%
Over the last 2 weeks, how	Never		89%	62%
many times (if any) have you had five or more	Once		4%	13%
drinks in a row? *	Twice		4%	8%
	3 to 5 times		4%	14%
	6 or more times		0%	3%

<sup>\* 6</sup>th grade survey did not ask this question.

#### TABLE 30 AGE OF FIRST ALCOHOL USE

		Grade		
		6th	9th	12th
		%	%	%
How old were you when you had your first drink of alcohol	I have never had a drink of alcohol other than a few sips	72%	64%	11%
other than a few sips?	10 years old or younger	17%	13%	8%
	11 years old	8%	0%	0%
	12 years old	3%	11%	5%
	13 years old	0%	4%	6%
	14 years old	0%	4%	19%
	15 years old	0%	4%	19%
	16 years old	0%	0%	21%
	17 years old or older	0%	0%	11%

#### **TABLE 31 ACCESS TO ALCOHOL\***

# **Lincoln County**

INCLUDES ONLY THOSE	WHO USED	Gra	de
	ALCOHOL IN THE LAST 30 DAYS **		12th
		%	%
If you used alcohol, how did you get it in the last 30	Bought it at gas stations or convenience stores	0%	0%
days? (Mark all that apply)	Bought it at bars or restaurants	0%	5%
	Bought it at stores	0%	0%
	Got it from friends	40%	58%
	Got it from my parents	20%	23%
	Got it from other family members	30%	19%
	Got it by getting someone else to buy for me	20%	37%
	Got it at parties	40%	44%
	Took it from my home	40%	16%
	Took it from a friend's home	10%	2%

INCLUDES ONLY THOSE WHO BOUGHT		Gra	Grade		
1	ALCOHOL IN THE LAST 30 DAYS		12th		
			%		
If you bought alcohol in the last 30 days, did	Yes	0%	5%		
you use a fake ID?	No	100%	95%		

<sup>\* 6</sup>th grade survey did not ask these questions.

\*\* Percentages are comparable to the 2001-2007 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

#### TABLE 32 DRINKING AND DRIVING \*

		Grad	le
		9th	12th
		%	%
During the last 12 months, how many times have you driven a motor vehicle after	0 times or no use	100%	58%
	Once	0%	10%
using alcohol or other drugs?	Twice	0%	7%
	3 or more times	0%	25%
Do you ever ride with friends after they have been	No	79%	40%
using alcohol or drugs?	Yes, but rarely	11%	40%
	Yes, often	5%	17%
	None of my friends use alcohol or other drugs	5%	3%

<sup>\* 6</sup>th grade survey did not ask these questions.

# TABLE 33 MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE $\it Lincoln\ County$

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on	0 days	100%	98%	95%
how many days did you use marijuana or hashish?	1 or 2 days	0%	0%	3%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	2%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	2%	0%
How old were you when	I have never tried marijuana	100%	92%	83%
you tried marijuana for the first time?	10 years old or younger	0%	0%	0%
	11 years old	0%	0%	0%
	12 years old	0%	0%	0%
	13 years old	0%	2%	0%
	14 years old	0%	6%	0%
	15 years old	0%	0%	5%
	16 years old	0%	0%	10%
	17 years old or older	0%	0%	3%
During the last 30 days, on	0 days	97%	98%	98%
how many days did you use any of these "other drugs"?	1 or 2 days	3%	2%	0%
	3 to 5 days	0%	0%	2%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
How old were you when	I have never tried "other drugs"	95%	92%	94%
you tried any of these "other drugs" for the first	10 years old or younger	5%	0%	0%
time?	11 years old	0%	0%	0%
	13 years old	0%	0%	0%
	14 years old	0%	6%	0%
	15 years old	0%	2%	0%
	16 years old	0%	0%	3%
	17 years old or older	0%	0%	3%

# **TABLE 34** MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^ Lincoln County

D : 11 1 140 11			Grade		
	During the last 12 months, on how many occasions (if any) have you		9th	12th	
many occasions (ii any) have you iii		%	%	%	
used marijuana (bud,	0	100%	94%	84%	
weed, pot) or hashish (hash, hash oil)?	1-2	0%	4%	8%	
	3-5	0%	0%	2%	
	6-9	0%	0%	3%	
	10-19	0%	0%	2%	
	20-39	0%	0%	0%	
	40+	0%	2%	2%	
sniffed glue, or	0	100%	98%	98%	
breathed the contents of aerosol spray cans,	1-2	0%	0%	0%	
or inhaled any other gases or sprays in	3-5	0%	2%	0%	
order to get high?	6-9	0%	0%	2%	
used LSD ("acid"),	0		100%	98%	
PCP (wet sticks or dipped joints), or other	1-2		0%	0%	
psychedelics (like mescaline,	3-5		0%	2%	
mushrooms, peyote)? *	10-19		0%	0%	
used heroin? *	0		100%	100%	
	1-2		0%	0%	

<sup>\* 6</sup>th grade survey did not ask these questions.^ Variations in wording for these items may affect year-to-year comparisons.

### **TABLE 35** METHAMPHETAMINE, COCAINE AND ECSTASY \*^ Lincoln County

Demine a the dead of the second		Grade	
During the last 12 months, of occasions (if any) have you.		9th	12th
occusions (ii arry) have you i	<b></b>	%	%
used methamphetamine (meth, glass, crank, crystal	0	100%	98%
meth, ice) by any method?	1-2	0%	2%
	10-19	0%	0%
used "crack" (cocaine in chunk or rock form), or cocaine in any other form?	0	100%	97%
	1-2	0%	3%
	3-5	0%	0%
	6-9		
		0%	0%
used MDMA (E, X,	0	100%	100%
"ecstasy"), GHB (G, Liquid E, Liquid X) or Ketamine	1-2	0%	0%
("Special K")?	3-5	0%	0%
	6-9	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

# TABLE 36A PRESCRIPTION DRUGS \*

During the last 12 months, on	how	Grade	•
many occasions (if any) have y		9th	12th
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		%	%
used stimulants like Benzedrine or diet pills that	0	98%	98%
were not prescribed for you by a doctor, or that you took	1-2	2%	0%
only to get high?	3-5	0%	2%
	6-9	0%	0%
	10-19	0%	0%
used your own or someone else's ADHD or	0	98%	97%
ADD drugs like Ritalin (hyper pills) to get high?	1-2	2%	2%
	3-5	0%	0%
	6-9	0%	2%
used OxyContin, Percocet, Percodan, Vicodin or other	0	98%	98%
pain relievers that were not prescribed for you by a	1-2	2%	0%
doctor, or that you took only to get high?	3-5	0%	0%
	10-19	0%	0%
	20-39	0%	2%
	40+	0%	0%
used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates that were not prescribed for you by a doctor, or that you took only to get high?	0	98%	98%
	1-2	2%	0%
	3-5	0%	2%
	6-9	0%	0%

<sup>\* 6</sup>th grade survey did not ask these questions.

#### **TABLE 36B** PRESCRIPTION DRUGS \*^

During the last 12 months, on how many occasions (if any) have you		Grade
		6th
	_	%
used any prescription drugs that were not prescribed for	0	100%
you by a doctor, or that you took only to get high?	1-2	0%
	6-9	0%

<sup>\* 9</sup>th-12th grade survey did not ask this question.

^ Variations in wording for this item may affect year-to-year comparisons.

#### TABLE 37 SUBSTANCE USE PATTERNS

		Grade		
Do you ever use alcohol or other drugs		6th	9th	12th
		%	%	%
before school?	Yes	0%	0%	8%
	No	100%	100%	92%
during school?	Yes	3%	0%	3%
	No	97%	100%	97%
right after school?	Yes	0%	8%	18%
	No	100%	92%	82%

# TABLE 38 PARENTAL DISAPPROVAL OF SUBSTANCE USE

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, have you talked with at least one of your parents	Yes		42%	52%	56%
(or guardians) about the dangers of tobacco, alcohol, or drug use?	No		58%	48%	44%
How do you think your parents or	smoked cigarettes?	They would approve	0%	0%	0%
guardians would feel if you ^	cigarettes?	They would not care at all	0%	0%	11%
		They would disapprove	6%	12%	37%
		They would strongly disapprove	94%	88%	52%
	drank	They would approve	0%	0%	6%
	alconor:	They would not care at all	3%	14%	48%
		They would disapprove	17%	29%	29%
		They would strongly disapprove	81%	57%	17%
	smoked marijuana?	They would approve	0%	0%	0%
	, man yaana i	They would not care at all	0%	0%	0%
		They would disapprove	0%	4%	5%
		They would strongly disapprove	100%	96%	95%
	used other	They would approve	0%	0%	0%
	illegal drugs?	They would not care at all	0%	0%	0%
		They would disapprove	0%	0%	3%
		They would strongly disapprove	100%	100%	97%

<sup>^</sup> New questions in 2010.

# TABLE 39 PERCEIVED RISK OF HARM FROM SUBSTANCE USE Lincoln County

			Grade		
			6th	9th	12th
			%	%	%
How much do you think	smoke one or more packs of cigarettes	No risk	8%	2%	5%
people risk harming	per day?	Slight risk	3%	6%	16%
themselves physically or		Moderate risk	24%	16%	14%
in other ways		Great risk	65%	76%	65%
if they	have five or more drinks of an alcoholic beverage once or twice a week?	No risk	6%	6%	8%
		Slight risk	14%	8%	29%
	twice a week:	Moderate risk	36%	36%	32%
		Great risk	44%	50%	31%
	smoke marijuana once or twice a week?	No risk	6%	8%	8%
	once of twice a week.	Slight risk	8%	4%	11%
		Moderate risk	19%	22%	21%
		Great risk	67%	66%	60%

#### **TABLE 40A** CONSEQUENCES OF SUBSTANCE USE \*

		Grad	е
During the last 12 months		9th	12th
		%	%
have you found that you had to use a lot more alcohol or other drugs than before to	No or no use	96%	75%
get the same effect?	Yes	4%	25%
have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	93%	90%
· ·	Yes	7%	10%
have you continued to use alcohol or other drugs even though you knew it was hurting	No or no use	91%	86%
your relationships with friends or family? ^	Yes	9%	14%
how many times have you spent all or most of the day using alcohol or other drugs,	0 times or no use	93%	66%
or getting over their effects?	Once	7%	15%
	Twice	0%	10%
	3 or more times	0%	8%
how many times have you given up important social or recreational activities like	0 times or no use	93%	81%
sports or being with friends or relatives in order to use alcohol or other drugs or to get	Once	4%	7%
over their effects? ^	Twice	2%	5%
	3 or more times	0%	7%
how many times has alcohol or other drug use left you feeling depressed, agitated,	0 times or no use	93%	88%
paranoid, or unable to concentrate?	Once	2%	7%
	Twice	4%	3%
	3 or more times	0%	2%

<sup>\* 6</sup>th grade survey did not ask these questions.
^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 40B** CONSEQUENCES OF SUBSTANCE USE \*

		Grade	<b>,</b>
During the last 12 months		9th	12th
		%	%
how many times have you	0 times or no use	100%	92%
missed work or school, or neglected other major	Once	0%	5%
responsibilities because of alcohol or other drug use? ^	Twice	0%	2%
J	3 or more times	0%	2%
how many times has alcohol	0 times or no use	100%	92%
or other drug use caused you problems with the law?	Once	0%	5%
	Twice	0%	3%
how many times have you	0 times or no use	98%	92%
hit someone or become violent while using alcohol or other drugs?	Once	2%	2%
	Twice	0%	3%
	3 or more times	0%	3%
how many times have you	0 times or no use	96%	66%
used so much alcohol or other drugs that later you could not	Once	0%	8%
remember what you had said or done?	Twice	4%	12%
	3 or more times	0%	14%
how many times have you	0 times or no use	93%	71%
used more alcohol or other drugs than you intended to?	Once	4%	8%
-	Twice	2%	7%
	3 or more times	0%	14%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41A SEXUAL BEHAVIOR \***

		Gra	Grade		
		9th	12th		
		%	%		
Have you ever had sexual intercourse ("had sex")? ^	No	87%	31%		
intercourse ( nad sex ):	Yes, once or twice	12%	6%		
	Yes, 3 times or more	2%	63%		
During the last 12 months, with how many different	None	92%	54%		
male partners have you had sexual intercourse?	1 person	6%	23%		
nad sexual intercourse?	2 persons	2%	7%		
	3 persons	0%	3%		
	4 persons	0%	8%		
	5 persons	0%	2%		
	6 or more persons	0%	3%		
During the last 12 months, with how many different	None	96%	73%		
female partners have you had sexual intercourse?	1 person	2%	17%		
nad sexual intercourse?	2 persons	2%	5%		
	3 persons	0%	3%		
	4 persons	0%	2%		
	5 persons	0%	0%		
	6 or more persons	0%	0%		
How many times have you been pregnant or gotten	0 times	96%	92%		
someone pregnant?	1 time	2%	6%		
	2 or more times	0%	0%		
	Not sure	2%	2%		

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

#### **TABLE 41B SEXUAL BEHAVIOR \***

INOLUDES ONLY TUOSE WILL U	AVE EVER HAD SEVUAL	Grade		
INCLUDES ONLY THOSE WHO H INTERCOURSE	AVE EVER HAD SEXUAL	9th	12th	
		%	%	
Have you talked with your partner(s) about protecting	Never	57%	40%	
yourselves from getting STDs/HIV/AIDS? **	Not with every partner	0%	26%	
	At least once with every partner	43%	35%	
Have you talked with partner(s) about preventing pregnancy? **	Never	71%	21%	
	Not with every partner	0%	26%	
	At least once with every partner	29%	53%	
If you have sexual intercourse, how often do you and/or your	Never	80%	19%	
partner use any birth control method?	Rarely	0%	12%	
	Sometimes	20%	2%	
	Usually	0%	9%	
	Always	0%	58%	
If you have sexual intercourse, how often is a condom used?	Never	33%	12%	
	Rarely	0%	14%	
	Sometimes	0%	9%	
	Usually	0%	16%	
	Always	67%	49%	
The last time you had sexual intercourse, did you or your	Yes	71%	57%	
partner use a condom?	No	29%	43%	

<sup>\* 6</sup>th grade survey did not ask these questions.
\*\* The results for these questions are comparable to the 2001-2007 survey results.

#### **TABLE 42 REASONS FOR SEXUAL ABSTINENCE\***

		Grade	
		9th	12th
		%	%
If you do not have sexual intercourse, what factors	One or both of my parents would object	68%	43%
influence your choice not to? (Mark all that apply)	I don't want to have sex	55%	22%
	Most students in my school don't have sex	7%	0%
	My friends don't have sex	25%	17%
	I don't think it's right for a person my age to have sex	66%	26%
	I'm afraid of getting caught	18%	22%
	My religious or spiritual beliefs	45%	30%
	Sex education at school has shown me the advantages of waiting until I'm older	52%	9%
	I don't want to get a sexually transmitted disease	70%	26%
	Fear of pregnancy ^	59%	35%
	My parents have taught me the advantages of waiting until I'm older	48%	13%
	I have chosen to wait until I'm married	52%	30%
	Other reason(s)	30%	39%

<sup>\* 6</sup>th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.