

2010 Minnesota Student Survey County Tables

Fall 2010

Minnesota Student Survey Interagency Team:
Minnesota Department of Education
Minnesota Department of Health
Minnesota Department of Human Services
Minnesota Department of Public Safety

For more information contact:
Allison Anfinson, Results Measurement Director
NCLB-Safe and Healthy Learners, Minnesota Department of Education
ph: 651-582-8483 e: allison.anfinson@state.mn.us

or

Ann Kinney, Senior Research Scientist
Minnesota Center for Health Statistics, Minnesota Department of Health
ph: 651-201-5946 e: ann.kinney@health.state.mn.us

In Appreciation

We are indebted to the students, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the spring of 2010. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2010 MINNESOTA STUDENT SURVEY

Survey Participation

The 2010 Minnesota Student Survey was administered in the spring of 2010 to public school students in Grades 6, 9, and 12 statewide. All public school districts in Minnesota were invited to participate. Of the 335 public operating districts, 295 agreed to participate (88% of public operating school districts).

Student participation was voluntary and surveys were anonymous. Across the state, approximately 79% of public school sixth graders, 75% of public school ninth graders, and 59% of public school twelfth graders participated in the 2010 Minnesota Student Survey. Overall participation across the three grades was approximately 71% of total enrollment.

The majority of schools in the state used an opt-out consent procedure for the survey (meaning that parents could decline to have their children take the survey). A few school districts used an active consent process (meaning parents were required to return a signed permission slip before their children took the survey). Not every student who participated in the survey answered every question.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on page iv. The Grade 6 survey version was shorter than the Grade 9-12 version and did not include items appropriate only for older students. Items found on one version of the survey but not the other are identified on the tables.

New Questions and Year-to-Year Comparisons

A small number of the 2010 survey instrument questions were changed from the 2007 survey instrument. New questions and questions with changed wording are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 3% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

2010 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS

Table	Subject Area	Page
DEMOGRAPHICS		
Table 1	Sample description	1
SCHOOL		
Table 2	Feelings about school, school plans, truancy and unsupervised time	2
Table 3	Academic performance and school programs	3
Table 4	Perceptions of school environment	4
Table 5	Perceptions of school and neighborhood safety	5
Table 6	Victimization at school	6
Table 7	Bullying	7
ACTIVITIES		
Table 8a-b	Use of time	8-9
Table 9a-b	Enrichment activities	10-11
Table 10	Reasons for participation in activities	12
FAMILY AND RELATIONSHIPS		
Table 11	Family composition and parental communication	13
Table 12	Perception of family and others caring	14
RISK FACTORS		
Table 13	Family substance abuse	15
Table 14a-b	Physical and sexual violence	16-17
HEALTH AND SAFETY		
Table 15	General health issues	18
Table 16	Weight-related issues	19
Table 17	Exercise	20
Table 18	Nutrition	21
Table 19	Seat belt use	22
Table 20	Sources of information on risk behaviors	23
MENTAL HEALTH		
Table 21a-b	Emotional well-being/distress	24-25
Table 22	Self-inflicted injury, suicidal thoughts and suicidal behavior	26
Table 23	Gambling behavior	27
Table 24	Destructive and antisocial behavior	28

Continued on the next page

2010 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS Continued

Table	Subject Area	Page
SUBSTANCE USE		
Table 25	Summary of substance use	29
Table 26	Cigarette use and age of first use	30
Table 27	Cigar and smokeless tobacco use and age of first use	31
Table 28	Access to tobacco	32
Table 29	Alcohol use frequency and quantity	33
Table 30	Age of first alcohol use	34
Table 31	Access to alcohol	35
Table 32	Drinking and driving	36
Table 33	Marijuana and other drug use and age of first use	37
Table 34	Marijuana, inhalants, hallucinogens and heroin	38
Table 35	Methamphetamine, cocaine and ecstasy	39
Table 36a-b	Prescription drugs	40-41
Table 37	Substance use patterns	42
Table 38	Parental disapproval of substance use	43
Table 39	Perceived risk of harm from substance use	44
Table 40a-b	Consequences of substance use	45-46
SEXUAL HEALTH AND PROTECTIVE FACTORS		
Table 41a-b	Sexual behavior	47-48
Table 42	Reasons for sexual abstinence	49

2010 Minnesota Student Survey

TABLE 1
DEMOGRAPHIC DESCRIPTION
Kittson County

		Grade					
		6th		9th		12th	
		N	%	N	%	N	%
Total number of surveys		59	100%	51	100%	41	100%
Gender	Male	25	42%	29	57%	23	56%
	Female	34	58%	22	43%	18	44%
Age	11 or younger	14	24%	0	0%	0	0%
	12	43	73%	0	0%	0	0%
	13	2	3%	0	0%	0	0%
	14	0	0%	25	49%	0	0%
	15	0	0%	24	47%	0	0%
	16	0	0%	2	4%	0	0%
	17	0	0%	0	0%	17	41%
	18	0	0%	0	0%	23	56%
	19-20	0	0%	0	0%	1	2%
	No answer	0	0%	0	0%	0	0%
Race/ethnicity	American Indian	0	0%	0	0%	0	0%
	Black or African American	0	0%	0	0%	0	0%
	Hispanic or Latino	1	2%	1	2%	0	0%
	Asian American or Pacific Islander	1	2%	0	0%	0	0%
	White	51	86%	49	96%	40	98%
	Mixed race (checked more than one race/ethnicity)	3	5%	1	2%	1	2%
	I don't know / no answer	3	5%	0	0%	0	0%

2010 Minnesota Student Survey

TABLE 2
FEELINGS ABOUT SCHOOL, SCHOOL PLANS, TRUANCY, AND UNSUPERVISED TIME
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
How do you feel about going to school?	I like school very much	21%	6%	7%
	I like school quite a bit	41%	37%	37%
	I like school a little	33%	24%	32%
	I don't like school very much	5%	24%	17%
	I hate school	0%	10%	7%
Which of these best describes your school plans? *	I would like to quit school as soon as I can		0%	2%
	I plan to finish high school but won't go to college		18%	5%
	I'd like to go to some kind of trade or vocational school		0%	10%
	I'd like to go to college after high school		65%	73%
	I'd like to go to college and then to graduate school		18%	10%
During the last 30 days, how often have you skipped or cut full days of school?	Never	61%	74%	55%
	Once or twice	33%	18%	30%
	3 to 5 times	4%	8%	13%
	6 to 10 times	0%	0%	0%
	More than 10 times	2%	0%	3%
In a typical week, how often are you home alone or another place unsupervised after school? ^	0 days	27%	43%	20%
	1 day	25%	18%	5%
	2 days	22%	14%	15%
	3 days	13%	12%	22%
	4 days	2%	2%	5%
	5 days	11%	12%	34%

* 6th grade survey did not ask this question.

^ New question in 2010.

2010 Minnesota Student Survey

TABLE 3
ACADEMIC PERFORMANCE AND SCHOOL PROGRAMS
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Mark the two grades you get the most often.	A only	3%	0%	0%
	A and B only	59%	53%	56%
	B only	0%	2%	0%
	B and C only	27%	20%	37%
	C only	2%	2%	0%
	C and D only	0%	14%	2%
	D only	0%	2%	0%
	D and F only	0%	2%	2%
	Not applicable or no answer	8%	6%	2%
Do you have or have you ever had an IEP (Individualized Education Plan)? *	Yes		25%	15%
	No		75%	85%
Do you currently get free or reduced-price lunch at school?	Yes	45%	22%	35%
	No	55%	78%	65%
Since the beginning of this school year, how many times have you changed schools?	0 times	95%	94%	98%
	1 time	5%	4%	0%
	2 times	0%	2%	0%
	3 or more times	0%	0%	2%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 4
PERCEPTIONS OF SCHOOL ENVIRONMENT
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
How many students in your school are friendly?	All	7%	12%	10%
	Most	74%	57%	73%
	Some	17%	24%	15%
	A few	2%	6%	0%
	None	0%	2%	2%
How many students in your school behave well in the hallways and lunchroom?	All	7%	8%	7%
	Most	51%	63%	73%
	Some	39%	12%	15%
	A few	4%	18%	2%
	None	0%	0%	2%
How many students in your school have made fun of or threatened students of different races or backgrounds?	All	0%	0%	5%
	Most	2%	4%	5%
	Some	12%	10%	22%
	A few	35%	45%	22%
	None	52%	41%	46%
How many of your teachers are interested in you as a person?	All	39%	9%	24%
	Most	26%	28%	41%
	Some	15%	36%	20%
	A few	9%	19%	10%
	None	11%	9%	5%
How many of your teachers show respect for students?	All	67%	30%	32%
	Most	22%	50%	46%
	Some	2%	12%	17%
	A few	7%	8%	2%
	None	2%	0%	2%

2010 Minnesota Student Survey

TABLE 5
PERCEPTIONS OF SCHOOL AND NEIGHBORHOOD SAFETY
Kittson County

<i>How much do you agree or disagree with the following statements?</i>		Grade		
		6th	9th	12th
		%	%	%
I feel safe going to and from school	Strongly agree	63%	63%	85%
	Agree	37%	35%	12%
	Disagree	0%	2%	0%
	Strongly disagree	0%	0%	2%
I feel safe at school	Strongly agree	62%	57%	73%
	Agree	33%	41%	24%
	Disagree	5%	2%	0%
	Strongly disagree	0%	0%	2%
I feel safe in my neighborhood	Strongly agree	60%	67%	80%
	Agree	36%	33%	17%
	Disagree	3%	0%	0%
	Strongly disagree	0%	0%	2%
Bathrooms in this school are a safe place to be	Strongly agree	44%	55%	75%
	Agree	44%	35%	20%
	Disagree	11%	6%	3%
	Strongly disagree	2%	4%	3%
Illegal gang activity is a problem at this school	Strongly agree	0%	0%	5%
	Agree	2%	4%	0%
	Disagree	17%	6%	7%
	Strongly disagree	81%	90%	88%
Student use of alcohol or drugs is a problem at this school	Strongly agree	2%	2%	7%
	Agree	4%	8%	7%
	Disagree	33%	45%	59%
	Strongly disagree	62%	45%	27%

2010 Minnesota Student Survey

**TABLE 6
VICTIMIZATION AT SCHOOL
Kittson County**

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, has anyone offered, sold, or given you an illegal drug on school property?	Yes		0%	4%	7%
	No		100%	96%	93%
During the last 12 months, how many times has someone stolen or deliberately damaged your property on school property?	0 times		81%	76%	90%
	1 time		16%	6%	5%
	2 or 3 times		0%	16%	0%
	4 or 5 times		3%	2%	0%
	6 or more times		0%	0%	5%
During the last 30 days, how many days did you not go to school because you felt unsafe at school or going to/from school?	0 days		95%	100%	95%
	1 day		3%	0%	2%
	2 or 3 days		2%	0%	0%
	6 or more days		0%	0%	2%
During the last 12 months, which of the following has happened to you on school property? Has a student:	Threatened you?	Yes	19%	20%	7%
		No	81%	80%	93%
	Pushed, shoved, or grabbed you?	Yes	47%	50%	28%
		No	53%	50%	73%
	Kicked, bitten, or hit you?	Yes	24%	33%	20%
		No	76%	67%	80%
	Stabbed you or fired a gun at you?	Yes	0%	0%	2%
		No	100%	100%	98%
	Touched, grabbed, or pinched you in a sexual way? *	Yes		22%	20%
		No		78%	80%
	Made unwanted sexual comments, jokes, gestures, or looks toward you? *	Yes		32%	22%
		No		68%	78%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 7
BULLYING
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, how often has another student or group of students made fun of or teased you in a hurtful way, or excluded you from friends or activities?	Never	41%	57%	75%
	Once or twice	43%	24%	18%
	About once a week	5%	6%	3%
	Several times a week	7%	8%	3%
	Every day	3%	6%	3%
During the last 30 days, how often have you, on your own or as part of a group, made fun of or teased another student in a hurtful way or excluded another student from friends or activities?	Never	66%	59%	65%
	Once or twice	31%	37%	30%
	About once a week	2%	2%	0%
	Several times a week	0%	2%	3%
	Every day	2%	0%	3%

2010 Minnesota Student Survey

TABLE 8A
USE OF TIME
Kittson County

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Homework or study	0 hours	2%	8%	8%
	1-2 hours	54%	39%	50%
	3-5 hours	20%	37%	30%
	6-10 hours	19%	12%	10%
	11-20 hours	3%	2%	3%
	21 hours or more	2%	2%	0%
Reading for pleasure	0 hours	7%	37%	35%
	1-2 hours	50%	43%	48%
	3-5 hours	21%	10%	10%
	6-10 hours	14%	6%	8%
	11-20 hours	3%	4%	0%
	21 hours or more	5%	0%	0%
Volunteer work ^	0 hours	64%	67%	50%
	1-2 hours	29%	22%	35%
	3-5 hours	4%	4%	13%
	6-10 hours	4%	4%	3%
	11-20 hours	0%	2%	0%
	21 hours or more	0%	2%	0%
Work for pay (including babysitting for others)	0 hours	43%	50%	25%
	1-2 hours	28%	18%	5%
	3-5 hours	21%	10%	8%
	6-10 hours	7%	12%	38%
	11-20 hours	2%	6%	20%
	21 hours or more	0%	4%	5%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 8B
USE OF TIME
Kittson County**

<i>During the school year, how many hours in a typical week do you spend doing the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Watching TV, DVDs or videos	0 hours	0%	4%	5%
	1-2 hours	38%	24%	18%
	3-5 hours	34%	29%	45%
	6-10 hours	14%	14%	15%
	11-20 hours	9%	18%	15%
	21 hours or more	5%	12%	3%
Playing video games ^	0 hours	29%	42%	43%
	1-2 hours	41%	26%	20%
	3-5 hours	17%	10%	20%
	6-10 hours	8%	10%	5%
	11-20 hours	5%	10%	10%
	21 hours or more	0%	2%	3%
Talking on the phone or texting ^	0 hours	41%	27%	10%
	1-2 hours	36%	24%	15%
	3-5 hours	10%	14%	20%
	6-10 hours	9%	14%	22%
	11-20 hours	0%	12%	12%
	21 hours or more	3%	10%	22%
Online activities (e-mail, instant IM-ing, etc.) ^	0 hours	22%	37%	11%
	1-2 hours	38%	25%	45%
	3-5 hours	24%	18%	18%
	6-10 hours	9%	8%	8%
	11-20 hours	5%	8%	11%
	21 hours or more	2%	4%	8%
Hanging out	0 hours	10%	12%	2%
	1-2 hours	19%	20%	10%
	3-5 hours	41%	33%	17%
	6-10 hours	17%	16%	27%
	11-20 hours	8%	12%	22%
	21 hours or more	5%	8%	22%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 9A
ENRICHMENT ACTIVITIES**

Kittson County

<i>During the school year, how often have you participated in the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Fine arts activities (lessons, band, choir, dance, drama, etc.) ^	Not available in my community	5%	4%	0%
	Never	33%	24%	37%
	Less than monthly	5%	2%	15%
	Monthly	0%	0%	2%
	1-2 times per week	44%	4%	7%
	3-4 times per week	11%	24%	17%
	Every day	2%	41%	22%
Club or community sports teams	Not available in my community	12%	18%	8%
	Never	46%	49%	37%
	Less than monthly	6%	8%	5%
	Monthly	4%	2%	16%
	1-2 times per week	17%	8%	13%
	3-4 times per week	10%	2%	8%
	Every day	6%	12%	13%
School sports teams	Not available in my community	2%	0%	0%
	Never	34%	38%	27%
	Less than monthly	4%	4%	5%
	Monthly	9%	4%	5%
	1-2 times per week	29%	4%	15%
	3-4 times per week	18%	17%	15%
	Every day	5%	32%	34%
Community clubs and programs (4-H, Park and Rec, Community Ed., etc.)	Not available in my community	4%	2%	7%
	Never	66%	66%	66%
	Less than monthly	7%	16%	7%
	Monthly	13%	10%	15%
	1-2 times per week	7%	0%	5%
	3-4 times per week	4%	0%	0%
	Every day	0%	6%	0%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 9B
ENRICHMENT ACTIVITIES
Kittson County

<i>During the school year, how often have you participated in the following?</i>		Grade		
		6th	9th	12th
		%	%	%
Mentoring programs (as a mentor or being mentored) ^	Not available in my community	19%	14%	2%
	Never	74%	69%	71%
	Less than monthly	2%	6%	5%
	Monthly	2%	0%	5%
	1-2 times per week	2%	6%	12%
	3-4 times per week	0%	2%	2%
	Every day	2%	2%	2%
Religious activities (religious services, education, youth group, etc.)	Not available in my community	2%	0%	2%
	Never	40%	23%	44%
	Less than monthly	5%	6%	0%
	Monthly	2%	15%	22%
	1-2 times per week	47%	50%	29%
	3-4 times per week	2%	6%	2%
	Every day	2%	0%	0%
Service learning programs ^^	Not available in my community	13%	10%	10%
	Never	74%	83%	78%
	Less than monthly	4%	0%	5%
	Monthly	6%	4%	7%
	1-2 times per week	2%	0%	0%
	3-4 times per week	0%	2%	0%
	Every day	2%	0%	0%
Tutoring, Homework Help or other academic programs ^^	Not available in my community	11%	14%	10%
	Never	78%	69%	80%
	Less than monthly	0%	2%	2%
	Monthly	2%	4%	0%
	1-2 times per week	6%	6%	7%
	3-4 times per week	2%	2%	0%
	Every day	2%	2%	0%

^ Variations in wording for this item may affect year-to-year comparisons.

^^ New question in 2010.

2010 Minnesota Student Survey

TABLE 10
REASONS FOR PARTICIPATION IN ACTIVITIES
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
In general, why do you participate in school-based or community-based activities and clubs? (Mark all that apply)	To have fun	92%	93%	95%
	To learn new skills	72%	40%	46%
	My parents or guardians want me to	26%	19%	24%
	My friends participate	38%	51%	54%
	To help me get into college	6%	23%	24%
	It is a safe place to be after school ^	0%	2%	0%
	Participate for other reasons	16%	14%	11%
In general, why don't you participate in any school-based or community-based activities and clubs? (Mark all that apply)	Activities are not available in my community	4%	8%	7%
	Activities cost too much	13%	16%	7%
	My parents or guardians won't let me	4%	16%	0%
	My friends don't participate	0%	12%	7%
	I'm not interested	42%	52%	57%
	I am too busy with other things	42%	36%	64%
	I don't have a way to get there or home ^	13%	28%	7%
	I have to take care of other family members ^	13%	0%	0%
	It's not a safe place to be after school ^	0%	0%	0%
	Don't participate for other reasons	13%	12%	21%

^ New response option in 2010.

2010 Minnesota Student Survey

TABLE 11
FAMILY COMPOSITION AND PARENTAL COMMUNICATION
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Which adults do you live with?	Both biological parents	56%	63%	66%
	Both adoptive parents	2%	2%	0%
	Mother and stepfather	2%	0%	12%
	Father and stepmother	0%	0%	0%
	Mother only	12%	16%	7%
	Father only	3%	8%	0%
	Sometimes with mother, sometimes with father	14%	8%	5%
	Other	12%	4%	7%
	No adults or no answer	0%	0%	2%
Can you talk to your father about problems you are having?	Yes, most of the time	25%	36%	49%
	Yes, some of the time	50%	28%	27%
	No, not very often	13%	22%	10%
	No, not at all	7%	8%	5%
	My father is not around	5%	6%	10%
Can you talk to your mother about problems you are having?	Yes, most of the time	64%	41%	71%
	Yes, some of the time	21%	35%	15%
	No, not very often	9%	12%	15%
	No, not at all	2%	2%	0%
	My mother is not around	4%	10%	0%

2010 Minnesota Student Survey

TABLE 12
PERCEPTIONS OF FAMILY AND OTHERS CARING
Kittson County

<i>How much do you feel ...</i>		Grade		
		6th	9th	12th
		%	%	%
... your parents care about you?	Not at all	0%	2%	3%
	A little	0%	4%	0%
	Some	0%	2%	3%
	Quite a bit	3%	10%	8%
	Very much	97%	82%	87%
... other adult relatives care about you?	Not at all	0%	2%	3%
	A little	2%	2%	0%
	Some	3%	8%	10%
	Quite a bit	17%	28%	23%
	Very much	78%	60%	65%
... friends care about you?	Not at all	0%	4%	5%
	A little	8%	16%	3%
	Some	15%	6%	13%
	Quite a bit	36%	43%	48%
	Very much	41%	31%	33%
... teachers/ other adults at school care about you? ^	Not at all	2%	6%	3%
	A little	4%	14%	5%
	Some	23%	22%	25%
	Quite a bit	38%	45%	50%
	Very much	34%	12%	18%
... religious or spiritual leaders care about you? ^	Not at all	4%	13%	5%
	A little	8%	4%	13%
	Some	16%	15%	23%
	Quite a bit	32%	42%	40%
	Very much	40%	27%	20%
... other adults in your community care about you?	Not at all	4%	4%	8%
	A little	16%	10%	3%
	Some	16%	24%	40%
	Quite a bit	42%	46%	40%
	Very much	22%	16%	10%

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 13
FAMILY SUBSTANCE ABUSE
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Has alcohol use by any family member repeatedly caused family, health, job, or legal problems?	Yes	11%	6%	13%
	No	89%	94%	88%
Has drug use by any family member repeatedly caused family, health, job, or legal problems?	Yes	2%	4%	8%
	No	98%	96%	93%

2010 Minnesota Student Survey

TABLE 14A
PHYSICAL AND SEXUAL VIOLENCE *
Kittson County

		Grade	
		9th	12th
		%	%
Have you ever physically or sexually hurt someone you were going out with? (This might include shoving, slapping, hitting or forcing them into sexual activities. This also includes threatening to do these things.)	Yes	0%	5%
	No	100%	95%
Has someone you were going out with ever hit you, hurt you, threatened you or made you feel afraid?	Yes	4%	8%
	No	96%	93%
Has someone you were going out with ever forced you to have sex or do something sexual when you didn't want to?	Yes	2%	10%
	No	98%	90%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

**TABLE 14B
PHYSICAL AND SEXUAL VIOLENCE**

Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Has any adult in your household ever hit you so hard or so often that you had marks or were afraid of that person?	Yes	5%	10%	3%
	No	95%	90%	98%
Has anyone in your family ever hit anyone else in the family so hard or so often that they had marks or were afraid of that person?	Yes	5%	10%	3%
	No	95%	90%	98%
Has any older person outside the family touched you sexually against your wishes or forced you to touch them sexually?	Yes	3%	0%	10%
	No	97%	100%	90%
Has any older/stronger member of your family touched you sexually or had you touch them sexually?	Yes	0%	0%	8%
	No	100%	100%	93%

2010 Minnesota Student Survey

**TABLE 15
GENERAL HEALTH ISSUES**

Kittson County

		Grade		
		6th	9th	12th
		%	%	%
When was the last time you had a physical exam?	Within the last 12 months	49%	22%	38%
	1-2 years ago	27%	53%	45%
	3-4 years ago	0%	14%	8%
	More than 4 years ago	2%	6%	3%
	I have never had a physical exam	22%	6%	8%
Has a doctor or nurse ever told you that you have asthma?	Yes	11%	18%	5%
	No	89%	82%	95%
Do you have a physical health condition or problem that has lasted at least 12 months?	No	88%	88%	93%
	Yes	13%	12%	8%
Do you have a mental or emotional health problem that has lasted at least 12 months?	No	91%	88%	95%
	Yes	9%	12%	5%
Have you ever been treated for a mental or emotional health problem? *	No		84%	88%
	Yes, during the last year		4%	3%
	Yes, more than a year ago		12%	10%
Have you ever been treated for an alcohol or other drug problem? *	No		100%	93%
	Yes, during the last year		0%	3%
	Yes, more than a year ago		0%	5%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 16
WEIGHT-RELATED ISSUES
Kittson County

			Grade		
			6th	9th	12th
			%	%	%
At the present time, do you think you are...	Underweight		9%	12%	10%
	About the right weight		79%	67%	68%
	Overweight		13%	22%	23%
During the last 12 months, have you done any of the following to lose or control weight? (Mark all that apply) *^	I am not trying to lose weight or control my weight	Yes		47%	46%
		No		53%	54%
	Fast or skip meals	Yes		14%	10%
		No		86%	90%
	Smoke cigarettes	Yes		6%	2%
		No		94%	98%
	Exercise	Yes		49%	44%
		No		51%	56%
	Use diet pills, speed or other drugs	Yes		2%	7%
		No		98%	93%
	Eat healthier	Yes		39%	46%
		No		61%	54%
	Vomit on purpose after eating	Yes		0%	2%
		No		100%	98%
	Use laxatives	Yes		0%	5%
		No		100%	95%
Weight status * according to Body Mass Index (BMI) **	Not overweight			67%	71%
	Overweight			22%	18%
	Obese			11%	11%

* 6th grade survey did not ask these questions.

^ Variations in the number and order of these response options may affect year-to-year comparisons.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI can be used as a screening tool to identify possible weight problems for children and teens. The BMI number is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers because, unlike adults, BMI is both age- and sex-specific for children and teens. The CDC BMI-for-age growth charts take into account these differences and allow translation of a BMI number into a percentile for a child's sex and age. The CDC growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile

Overweight: 85th to less than the 95th percentile

Obese: Equal to or greater than the 95th percentile

2010 Minnesota Student Survey

**TABLE 17
EXERCISE**

Kittson County

		Grade		
		6th	9th	12th
		%	%	%
On how many of the last 7 days did you exercise or play sports that made you sweat or breathe hard for at least 20 minutes?	0 days	7%	8%	10%
	1 day	5%	6%	2%
	2 days	16%	14%	15%
	3 days	7%	14%	17%
	4 days	12%	12%	15%
	5 days	23%	20%	24%
	6 days	11%	12%	7%
	7 days	19%	16%	10%
On how many of the last 7 days were you physically active for a combined total of at least 30 minutes?	0 days	6%	4%	8%
	1 day	9%	6%	5%
	2 days	7%	8%	5%
	3 days	7%	14%	10%
	4 days	9%	14%	20%
	5 days	17%	18%	28%
	6 days	15%	20%	13%
	7 days	30%	18%	13%

2010 Minnesota Student Survey

TABLE 18
NUTRITION
Kittson County

<i>How many glasses of each of the following did you drink yesterday?</i>		Grade		
		6th	9th	12th
		%	%	%
Milk	0 glasses	18%	10%	17%
	1-2 glasses	54%	55%	34%
	3-4 glasses	23%	25%	34%
	5 or more glasses	5%	10%	15%
100% fruit juice	0 glasses	45%	44%	50%
	1-2 glasses	41%	44%	40%
	3-4 glasses	11%	8%	8%
	5 or more glasses	4%	4%	3%
Fruit juice drinks	0 glasses	55%	57%	51%
	1-2 glasses	38%	37%	33%
	3-4 glasses	5%	4%	8%
	5 or more glasses	2%	2%	8%
Pop or soda	0 glasses	46%	52%	24%
	1-2 glasses	49%	26%	41%
	3-4 glasses	2%	12%	15%
	5 or more glasses	4%	10%	20%
Sports drinks	0 glasses	54%	69%	58%
	1-2 glasses	29%	24%	18%
	3-4 glasses	14%	2%	16%
	5 or more glasses	4%	4%	8%
Water	0 glasses	4%	18%	15%
	1-2 glasses	23%	26%	24%
	3-4 glasses	36%	28%	39%
	5 or more glasses	38%	28%	22%
How many servings of fruits, fruit juices, or vegetables did you eat yesterday?	0 servings	4%	6%	8%
	1 serving	16%	16%	15%
	2 servings	25%	22%	20%
	3 servings	24%	20%	18%
	4 servings	15%	18%	20%
	5 or more servings	16%	18%	20%

2010 Minnesota Student Survey

TABLE 19
SEAT BELT USE
Kittson County

<i>How often do you wear a seat belt when you ...</i>		Grade		
		6th	9th	12th
		%	%	%
...ride in a car?	Never	2%	2%	5%
	Sometimes	14%	30%	44%
	Often	42%	40%	23%
	Always	42%	28%	28%
...drive a car? *	I never do this activity		42%	7%
	Never		2%	7%
	Sometimes		19%	29%
	Often		4%	17%
	Always		33%	39%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 20
SOURCES OF INFORMATION ON RISK BEHAVIORS
Kittson County

<i>Where have you received most of your information about...</i>		Grade		
		6th	9th	12th
		%	%	%
...alcohol and other drugs? (Mark all that apply)	Friends or peers	29%	31%	54%
	Parents	53%	55%	49%
	Brothers or sisters	20%	18%	20%
	School/teachers/ counselors	56%	84%	73%
	Clinics/doctors/ nurses	20%	12%	22%
	Religious/ community groups	10%	12%	7%
	Internet	7%	24%	20%
	TV/radio/magazines/ newspapers/books	37%	35%	39%
	I do not know much about alcohol or other drugs	12%	6%	5%
...sex? (Mark all that apply)	Friends or peers	27%	51%	71%
	Parents	46%	45%	37%
	Brothers or sisters	12%	6%	15%
	School/teachers/ counselors	24%	73%	66%
	Clinics/doctors/ nurses	12%	14%	20%
	Religious/ community groups	8%	14%	0%
	Internet	12%	10%	17%
	TV/radio/magazines/ newspapers/books	14%	20%	34%
	I do not know much about sex	15%	8%	5%

2010 Minnesota Student Survey

TABLE 21A
EMOTIONAL WELL-BEING/DISTRESS
Kittson County

<i>How much do you agree or disagree with the following statements?</i>		Grade		
		6th	9th	12th
		%	%	%
I get a lot of headaches, stomachaches or sickness.	Agree	17%	16%	3%
	Mostly agree	21%	12%	25%
	Mostly disagree	31%	26%	25%
	Disagree	31%	46%	48%
I am often irritable and angry.	Agree	10%	12%	5%
	Mostly agree	8%	14%	5%
	Mostly disagree	37%	32%	48%
	Disagree	44%	42%	43%
I have many fears and am easily scared.	Agree	3%	2%	3%
	Mostly agree	12%	6%	13%
	Mostly disagree	38%	28%	28%
	Disagree	47%	64%	58%
I often have trouble concentrating.	Agree	16%	18%	10%
	Mostly agree	14%	20%	28%
	Mostly disagree	29%	34%	28%
	Disagree	41%	28%	33%
I am restless and cannot stay still for long.	Agree	28%	12%	3%
	Mostly agree	18%	24%	37%
	Mostly disagree	21%	22%	18%
	Disagree	33%	42%	42%
I often have trouble getting to sleep and staying asleep.	Agree	11%	18%	13%
	Mostly agree	18%	16%	20%
	Mostly disagree	32%	24%	33%
	Disagree	40%	42%	35%
I do things before I think.	Agree	14%	14%	10%
	Mostly agree	25%	29%	43%
	Mostly disagree	33%	39%	35%
	Disagree	28%	18%	13%
I am often unhappy, depressed or tearful.	Agree	7%	6%	5%
	Mostly agree	0%	10%	10%
	Mostly disagree	27%	16%	28%
	Disagree	66%	68%	58%

2010 Minnesota Student Survey

TABLE 21B
EMOTIONAL WELL-BEING/DISTRESS
Kittson County

<i>During the last 30 days ...</i>		Grade		
		6th	9th	12th
		%	%	%
... have you felt you were under any stress or pressure?	Yes, almost more than I could take	5%	6%	5%
	Yes, quite a bit of pressure	5%	14%	15%
	Yes, more than usual	5%	12%	25%
	Yes, a little	41%	49%	40%
	Not at all	44%	20%	15%
... have you felt sad?	All the time	2%	2%	2%
	Most of the time	12%	10%	5%
	Some of the time	12%	22%	29%
	A little of the time	58%	45%	49%
	None of the time	17%	22%	15%
... have you felt so discouraged or hopeless that you wondered if anything was worthwhile?	Extremely so, to the point that I have just about given up	2%	4%	5%
	Quite a bit	5%	6%	0%
	Some, enough to bother me	7%	6%	10%
	A little bit	28%	22%	20%
	Not at all	59%	63%	65%
... have you felt nervous, worried, or upset?	All the time	2%	0%	3%
	Most of the time	5%	8%	8%
	Some of the time	22%	14%	35%
	A little of the time	36%	60%	33%
	None of the time	34%	18%	23%

2010 Minnesota Student Survey

TABLE 22
SELF-INFLICTED INJURY, SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Have you ever hurt yourself on purpose ("cutting", burns, bruises)?	No	77%	94%	83%
	Yes, during the last year	12%	4%	10%
	Yes, more than a year ago	11%	2%	7%
Have you ever thought about killing yourself?	No	89%	80%	85%
	Yes, during the last year	9%	10%	10%
	Yes, more than a year ago	2%	10%	5%
Have you ever tried to kill yourself?	No	100%	98%	98%
	Yes, during the last year	0%	2%	0%
	Yes, more than a year ago	0%	0%	3%

2010 Minnesota Student Survey

TABLE 23
GAMBLING BEHAVIOR *
Kittson County

<i>During the last 12 months, how often have you done these activities?</i>		Grade	
		9th	12th
		%	%
Played cards for money	Not at all	90%	80%
	Less than once a month	8%	12%
	About once a month	2%	2%
	About once a week	0%	5%
	Daily	0%	0%
Bet on games of personal skill like pool, golf, or bowling	Not at all	86%	76%
	Less than once a month	10%	17%
	About once a month	4%	0%
	About once a week	0%	7%
	Daily	0%	0%
Bet money on sports teams or horseracing ^	Not at all	88%	80%
	Less than once a month	8%	12%
	About once a month	4%	7%
	About once a week	0%	0%
	Daily	0%	0%
Bought lottery tickets or scratch offs	Not at all	94%	54%
	Less than once a month	6%	17%
	About once a month	0%	15%
	About once a week	0%	10%
	Daily	0%	5%
Gambled in a casino	Not at all	100%	80%
	Less than once a month	0%	17%
	About once a month	0%	2%
	About once a week	0%	0%
	Daily	0%	0%
Gambled for money online	Not at all	100%	95%
	Less than once a month	0%	2%
	About once a month	0%	2%
	About once a week	0%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

**TABLE 24
DESTRUCTIVE AND ANTISOCIAL BEHAVIOR
Kittson County**

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months, how often have you run away from home?	Never	98%	100%	93%
	Once or twice	2%	0%	5%
	3 to 5 times	0%	0%	0%
	6 to 10 times	0%	0%	2%
	More than 10 times	0%	0%	0%
During the last 12 months, how often have you damaged or destroyed property at school or somewhere else?	Never	93%	94%	88%
	Once or twice	7%	4%	10%
	3 to 5 times	0%	2%	2%
	6 to 10 times	0%	0%	0%
	More than 10 times	0%	0%	0%
During the last 12 months, how often have you hit or beat up another person?	Never	85%	78%	85%
	Once or twice	14%	20%	10%
	3 to 5 times	2%	2%	2%
	6 to 10 times	0%	0%	2%
	More than 10 times	0%	0%	0%
During the last 12 months, how often have you taken something from a store without paying for it?	Never	100%	96%	71%
	Once or twice	0%	4%	12%
	3 to 5 times	0%	0%	10%
	6 to 10 times	0%	0%	5%
	More than 10 times	0%	0%	2%
On how many of the last 30 days did you carry a gun on school property?	0 days	100%	100%	95%
	1 day	0%	0%	0%
	2 or 3 days	0%	0%	0%
	6 or more days	0%	0%	5%
On how many of the last 30 days did you carry a weapon (other than a gun) on school property?	0 days	100%	94%	90%
	1 day	0%	6%	0%
	2 or 3 days	0%	0%	5%
	4 or 5 days	0%	0%	0%
	6 or more days	0%	0%	5%

2010 Minnesota Student Survey

TABLE 25
SUMMARY OF SUBSTANCE USE **
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
Use of any tobacco products during the past 30 days	No	100%	88%	54%
	Yes	0%	12%	46%
Frequent use of any tobacco products during the past 30 days (used tobacco on 20 or more of the past 30 days)	No	100%	94%	90%
	Yes	0%	6%	10%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	98%	82%
	Yes	0%	2%	18%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or other drug use in the past year	91%	74%	43%
	Used only alcohol in the past year	9%	24%	38%
	Used only marijuana/other drugs in the past year	0%	0%	0%
	Used both alcohol and marijuana/other drugs in the past year	0%	2%	19%

** These are all computed variables based on combinations of responses to two or more survey items.

2010 Minnesota Student Survey

**TABLE 26
CIGARETTE USE AND AGE OF FIRST USE
Kittson County**

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you smoke a cigarette?	0 days	100%	92%	73%
	1 or 2 days	0%	2%	12%
	3 to 5 days	0%	0%	5%
	6 to 9 days	0%	2%	2%
	10 to 19 days	0%	0%	2%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	4%	5%
During the last 30 days, how frequently have you smoked cigarettes?	Never	100%	90%	74%
	Less than one cigarette per day	0%	6%	13%
	One to five cigarettes per day	0%	2%	8%
	About one-half pack per day	0%	2%	3%
	About one pack per day	0%	0%	0%
	About one and one-half packs per day	0%	0%	3%
How old were you the first time you smoked part or all of a cigarette?	I have never smoked part or all of a cigarette	93%	69%	54%
	10 years old or younger	3%	12%	7%
	11 years old	3%	6%	0%
	12 years old	0%	2%	5%
	13 years old	0%	4%	7%
	14 years old	0%	4%	2%
	15 years old	0%	2%	7%
	16 years old	0%	0%	12%
	17 years old or older	0%	0%	5%

2010 Minnesota Student Survey

TABLE 27
CIGAR AND SMOKELESS TOBACCO USE AND AGE OF FIRST USE

Kittson County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you use chewing tobacco, snuff or dip?	0 days	100%	92%	71%
	1 or 2 days	0%	2%	5%
	3 to 5 days	0%	0%	10%
	6 to 9 days	0%	0%	5%
	10 to 19 days	0%	2%	5%
	20 to 29 days	0%	2%	0%
	All 30 days	0%	2%	5%
During the last 30 days, on how many days did you smoke cigars, cigarillos or little cigars?	0 days	100%	100%	90%
	1 or 2 days	0%	0%	5%
	3 to 5 days	0%	0%	5%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	All 30 days	0%	0%	0%
How old were you the first time you smoked a cigar or used chewing tobacco?	I have never smoked a cigar or used chewing tobacco	98%	70%	56%
	10 years old or younger	0%	14%	0%
	11 years old	2%	2%	0%
	12 years old	0%	6%	7%
	13 years old	0%	4%	0%
	14 years old	0%	4%	12%
	15 years old	0%	0%	10%
	16 years old	0%	0%	10%
	17 years old or older	0%	0%	5%

2010 Minnesota Student Survey

TABLE 28
ACCESS TO TOBACCO *
Kittson County

<i>INCLUDES ONLY THOSE WHO USED TOBACCO IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you used tobacco, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	0%	53%
	Bought it at bars or restaurants	0%	5%
	Bought it at grocery, discount, or drug stores	0%	5%
	Got it from friends	29%	47%
	Got it from my parents	0%	0%
	Got it from other family members	0%	5%
	Got it by getting someone else to buy for me	29%	11%
	Took it from my home	14%	0%
	Took it from a friend's home	0%	0%
	Took it from stores	0%	5%

Kittson County

<i>INCLUDES ONLY THOSE WHO BOUGHT TOBACCO IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you bought tobacco in the last 30 days, did you use a fake ID?	Yes	0%	0%
	No	100%	100%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 29
ALCOHOL USE FREQUENCY AND QUANTITY
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	91%	74%	44%
	1-2	9%	6%	8%
	3-5	0%	12%	5%
	6-9	0%	4%	15%
	10-19	0%	2%	13%
	20-39	0%	2%	10%
	40+	0%	0%	5%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	100%	84%	56%
	1 or 2 days	0%	10%	15%
	3 to 5 days	0%	4%	15%
	6 to 9 days	0%	2%	5%
	10 to 19 days	0%	0%	5%
	20 to 29 days	0%	0%	3%
If you drink beer/wine/wine coolers/hard liquor, generally, how much (if any) do you drink at one time?	I don't drink beer/wine/wine	96%	76%	44%
	1 glass, can, or drink	2%	8%	3%
	2 glasses, cans, or drinks	0%	2%	3%
	3 glasses, cans, or drinks	2%	6%	8%
	4 glasses, cans, or drinks	0%	4%	8%
	5 glasses, cans, or drinks	0%	0%	8%
	6 or more glasses, cans, or drinks	0%	4%	28%
Over the last 2 weeks, how many times (if any) have you had five or more drinks in a row? *	Never		88%	67%
	Once		6%	13%
	Twice		0%	8%
	3 to 5 times		4%	13%
	6 or more times		2%	0%

* 6th grade survey did not ask this question.

2010 Minnesota Student Survey

TABLE 30
AGE OF FIRST ALCOHOL USE
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
How old were you when you had your first drink of alcohol other than a few sips?	I have never had a drink of alcohol other than a few sips	81%	60%	23%
	10 years old or younger	10%	14%	5%
	11 years old	8%	0%	0%
	12 years old	2%	4%	5%
	13 years old	0%	10%	10%
	14 years old	0%	12%	10%
	15 years old	0%	0%	13%
	16 years old	0%	0%	21%
	17 years old or older	0%	0%	13%

2010 Minnesota Student Survey

TABLE 31
ACCESS TO ALCOHOL *
Kittson County

<i>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS **</i>		Grade	
		9th	12th
		%	%
If you used alcohol, how did you get it in the last 30 days? (Mark all that apply)	Bought it at gas stations or convenience stores	0%	0%
	Bought it at bars or restaurants	0%	0%
	Bought it at stores	0%	0%
	Got it from friends	63%	82%
	Got it from my parents	0%	12%
	Got it from other family members	0%	18%
	Got it by getting someone else to buy for me	13%	41%
	Got it at parties	25%	53%
	Took it from my home	0%	12%
	Took it from a friend's home	0%	0%

Kittson County

<i>INCLUDES ONLY THOSE WHO BOUGHT ALCOHOL IN THE LAST 30 DAYS</i>		Grade	
		9th	12th
		%	%
If you bought alcohol in the last 30 days, did you use a fake ID?	Yes	0%	0%
	No	100%	100%

* 6th grade survey did not ask these questions.

** Percentages are comparable to the 2001-2007 survey results. Percentages are based on all recent alcohol users, even if they skipped this question.

2010 Minnesota Student Survey

TABLE 32
DRINKING AND DRIVING *
Kittson County

		Grade	
		9th	12th
		%	%
During the last 12 months, how many times have you driven a motor vehicle after using alcohol or other drugs?	0 times or no use	91%	59%
	Once	6%	5%
	Twice	0%	16%
	3 or more times	2%	19%
Do you ever ride with friends after they have been using alcohol or drugs?	No	68%	54%
	Yes, but rarely	18%	34%
	Yes, often	4%	12%
	None of my friends use alcohol or other drugs	10%	0%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 33
MARIJUANA AND OTHER DRUG USE AND AGE OF FIRST USE
Kittson County

		Grade		
		6th	9th	12th
		%	%	%
During the last 30 days, on how many days did you use marijuana or hashish?	0 days	100%	100%	82%
	1 or 2 days	0%	0%	8%
	3 to 5 days	0%	0%	5%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	3%
	20 to 29 days	0%	0%	3%
	All 30 days	0%	0%	0%
How old were you when you tried marijuana for the first time?	I have never tried marijuana	100%	94%	81%
	10 years old or younger	0%	0%	0%
	11 years old	0%	4%	3%
	12 years old	0%	0%	0%
	13 years old	0%	0%	3%
	14 years old	0%	2%	5%
	15 years old	0%	0%	0%
	16 years old	0%	0%	3%
	17 years old or older	0%	0%	5%
During the last 30 days, on how many days did you use any of these "other drugs"?	0 days	100%	100%	95%
	1 or 2 days	0%	0%	3%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	3%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
How old were you when you tried any of these "other drugs" for the first time?	I have never tried "other drugs"	100%	96%	92%
	10 years old or younger	0%	0%	0%
	11 years old	0%	4%	0%
	13 years old	0%	0%	0%
	14 years old	0%	0%	3%
	15 years old	0%	0%	3%
	16 years old	0%	0%	3%
	17 years old or older	0%	0%	0%

2010 Minnesota Student Survey

TABLE 34
MARIJUANA, INHALANTS, HALLUCINOGENS AND HEROIN ^
Kittson County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade		
		6th	9th	12th
		%	%	%
... used marijuana (bud, weed, pot) or hashish (hash, hash oil)?	0	100%	98%	82%
	1-2	0%	2%	5%
	3-5	0%	0%	8%
	6-9	0%	0%	0%
	10-19	0%	0%	3%
	20-39	0%	0%	0%
	40+	0%	0%	3%
... sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any other gases or sprays in order to get high?	0	100%	100%	95%
	1-2	0%	0%	0%
	3-5	0%	0%	3%
	6-9	0%	0%	3%
... used LSD ("acid"), PCP (wet sticks or dipped joints), or other psychedelics (like mescaline, mushrooms, peyote)? *	0		98%	95%
	1-2		2%	3%
	3-5		0%	3%
	10-19		0%	0%
... used heroin? *	0		98%	97%
	1-2		2%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 35
METHAMPHETAMINE, COCAINE AND ECSTASY *^
Kittson County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade	
		9th	12th
		%	%
... used methamphetamine (meth, glass, crank, crystal meth, ice) by any method?	0	98%	97%
	1-2	2%	3%
	10-19	0%	0%
... used "crack" (cocaine in chunk or rock form), or cocaine in any other form?	0	98%	97%
	1-2	0%	0%
	3-5	2%	0%
	6-9	0%	3%
... used MDMA (E, X, "ecstasy"), GHB (G, Liquid E, Liquid X) or Ketamine ("Special K")?	0	98%	97%
	1-2	2%	3%
	3-5	0%	0%
	6-9	0%	0%

* 6th grade survey did not ask these questions.

^ Variations in wording for these items may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 36A
PRESCRIPTION DRUGS *
Kittson County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade	
		9th	12th
		%	%
... used stimulants like Benzedrine or diet pills that were not prescribed for you by a doctor, or that you took only to get high?	0	98%	97%
	1-2	2%	0%
	3-5	0%	3%
	6-9	0%	0%
	10-19	0%	0%
... used your own or someone else's ADHD or ADD drugs like Ritalin (hyper pills) to get high?	0	100%	95%
	1-2	0%	0%
	3-5	0%	3%
	6-9	0%	3%
... used OxyContin, Percocet, Percodan, Vicodin or other pain relievers that were not prescribed for you by a doctor, or that you took only to get high?	0	100%	95%
	1-2	0%	0%
	3-5	0%	0%
	10-19	0%	3%
	20-39	0%	3%
	40+	0%	0%
... used tranquilizers (Valium, Xanax, nerve pills) or sedatives or barbituates that were not prescribed for you by a doctor, or that you took only to get high?	0	100%	97%
	1-2	0%	0%
	3-5	0%	0%
	6-9	0%	3%

* 6th grade survey did not ask these questions.

2010 Minnesota Student Survey

TABLE 36B
PRESCRIPTION DRUGS *^
Kittson County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade
		6th
		%
... used any prescription drugs that were not prescribed for you by a doctor, or that you took only to get high?	0	100%
	1-2	0%
	6-9	0%

* 9th-12th grade survey did not ask this question.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 37
SUBSTANCE USE PATTERNS
Kittson County

<i>Do you ever use alcohol or other drugs ...</i>		Grade		
		6th	9th	12th
		%	%	%
...before school?	Yes	0%	2%	11%
	No	100%	98%	89%
...during school?	Yes	0%	2%	8%
	No	100%	98%	92%
...right after school?	Yes	0%	4%	19%
	No	100%	96%	81%

2010 Minnesota Student Survey

TABLE 38
PARENTAL DISAPPROVAL OF SUBSTANCE USE
Kittson County

			Grade		
			6th	9th	12th
			%	%	%
During the last 12 months, have you talked with at least one of your parents (or guardians) about the dangers of tobacco, alcohol, or drug use?	Yes		47%	32%	53%
	No		53%	68%	47%
How do you think your parents or guardians would feel if you... ^	... smoked cigarettes?	They would approve	2%	0%	0%
		They would not care at all	3%	0%	13%
		They would disapprove	7%	16%	29%
		They would strongly disapprove	88%	84%	58%
	... drank alcohol?	They would approve	2%	2%	0%
		They would not care at all	3%	4%	29%
		They would disapprove	17%	20%	32%
		They would strongly disapprove	78%	74%	39%
	... smoked marijuana?	They would approve	2%	0%	0%
		They would not care at all	2%	0%	5%
		They would disapprove	2%	6%	11%
		They would strongly disapprove	95%	94%	84%
	... used other illegal drugs?	They would approve	2%	0%	0%
		They would not care at all	2%	0%	3%
		They would disapprove	2%	6%	5%
		They would strongly disapprove	95%	94%	92%

^ New questions in 2010.

2010 Minnesota Student Survey

TABLE 39
PERCEIVED RISK OF HARM FROM SUBSTANCE USE
Kittson County

			Grade		
			6th	9th	12th
			%	%	%
How much do you think people risk harming themselves physically or in other ways if they...	... smoke one or more packs of cigarettes per day?	No risk	9%	0%	3%
		Slight risk	5%	8%	5%
		Moderate risk	23%	24%	18%
		Great risk	63%	67%	74%
	... have five or more drinks of an alcoholic beverage once or twice a week?	No risk	7%	2%	3%
		Slight risk	7%	16%	24%
		Moderate risk	35%	27%	39%
		Great risk	51%	55%	34%
	... smoke marijuana once or twice a week?	No risk	7%	2%	13%
		Slight risk	2%	12%	11%
		Moderate risk	14%	27%	21%
		Great risk	77%	59%	55%

2010 Minnesota Student Survey

TABLE 40A
CONSEQUENCES OF SUBSTANCE USE *
Kittson County

<i>During the last 12 months ...</i>		Grade	
		9th	12th
		%	%
... have you found that you had to use a lot more alcohol or other drugs than before to get the same effect?	No or no use	98%	86%
	Yes	2%	14%
... have you tried to cut down on your use of alcohol or other drugs but couldn't?	No or no use	98%	100%
	Yes	2%	0%
... have you continued to use alcohol or other drugs even though you knew it was hurting your relationships with friends or family? ^	No or no use	96%	89%
	Yes	4%	11%
... how many times have you spent all or most of the day using alcohol or other drugs, or getting over their effects?	0 times or no use	87%	84%
	Once	9%	0%
	Twice	2%	3%
	3 or more times	2%	14%
... how many times have you given up important social or recreational activities like sports or being with friends or relatives in order to use alcohol or other drugs or to get over their effects? ^	0 times or no use	100%	89%
	Once	0%	5%
	Twice	0%	0%
	3 or more times	0%	5%
... how many times has alcohol or other drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	94%	92%
	Once	4%	5%
	Twice	2%	0%
	3 or more times	0%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 40B
CONSEQUENCES OF SUBSTANCE USE *
Kittson County

<i>During the last 12 months ...</i>		Grade	
		9th	12th
		%	%
... how many times have you missed work or school, or neglected other major responsibilities because of alcohol or other drug use? ^	0 times or no use	98%	89%
	Once	2%	3%
	Twice	0%	5%
	3 or more times	0%	3%
... how many times has alcohol or other drug use caused you problems with the law?	0 times or no use	100%	95%
	Once	0%	5%
	Twice	0%	0%
... how many times have you hit someone or become violent while using alcohol or other drugs?	0 times or no use	100%	92%
	Once	0%	5%
	Twice	0%	3%
	3 or more times	0%	0%
... how many times have you used so much alcohol or other drugs that later you could not remember what you had said or done?	0 times or no use	94%	65%
	Once	6%	14%
	Twice	0%	5%
	3 or more times	0%	16%
... how many times have you used more alcohol or other drugs than you intended to?	0 times or no use	87%	76%
	Once	9%	11%
	Twice	4%	8%
	3 or more times	0%	5%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 41A
SEXUAL BEHAVIOR *
Kittson County

		Grade	
		9th	12th
		%	%
Have you ever had sexual intercourse ("had sex")? ^	No	81%	34%
	Yes, once or twice	17%	18%
	Yes, 3 times or more	2%	47%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	94%	57%
	1 person	4%	22%
	2 persons	2%	11%
	3 persons	0%	5%
	4 persons	0%	3%
	5 persons	0%	0%
	6 or more persons	0%	3%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	88%	68%
	1 person	12%	8%
	2 persons	0%	8%
	3 persons	0%	5%
	4 persons	0%	5%
	5 persons	0%	3%
	6 or more persons	0%	3%
How many times have you been pregnant or gotten someone pregnant?	0 times	100%	92%
	1 time	0%	5%
	2 or more times	0%	0%
	Not sure	0%	3%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.

2010 Minnesota Student Survey

TABLE 41B
SEXUAL BEHAVIOR *
Kittson County

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade	
		9th	12th
		%	%
Have you talked with your partner(s) about protecting yourselves from getting STDs/HIV/AIDS? **	Never	67%	44%
	Not with every partner	0%	16%
	At least once with every partner	33%	40%
Have you talked with partner(s) about preventing pregnancy? **	Never	33%	24%
	Not with every partner	11%	28%
	At least once with every partner	56%	48%
If you have sexual intercourse, how often do you and/or your partner use any birth control method?	Never	33%	4%
	Rarely	22%	8%
	Sometimes	0%	13%
	Usually	11%	29%
	Always	33%	46%
If you have sexual intercourse, how often is a condom used?	Never	22%	4%
	Rarely	0%	8%
	Sometimes	0%	12%
	Usually	0%	40%
	Always	78%	36%
The last time you had sexual intercourse, did you or your partner use a condom?	Yes	75%	61%
	No	25%	39%

* 6th grade survey did not ask these questions.

** The results for these questions are comparable to the 2001-2007 survey results.

2010 Minnesota Student Survey

TABLE 42
REASONS FOR SEXUAL ABSTINENCE *
Kittson County

		Grade	
		9th	12th
		%	%
If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)	One or both of my parents would object	62%	36%
	I don't want to have sex	51%	36%
	Most students in my school don't have sex	13%	0%
	My friends don't have sex	33%	0%
	I don't think it's right for a person my age to have sex	64%	21%
	I'm afraid of getting caught	31%	14%
	My religious or spiritual beliefs	31%	50%
	Sex education at school has shown me the advantages of waiting until I'm older	31%	29%
	I don't want to get a sexually transmitted disease	56%	50%
	Fear of pregnancy ^	51%	29%
	My parents have taught me the advantages of waiting until I'm older	31%	36%
	I have chosen to wait until I'm married	31%	43%
	Other reason(s)	44%	50%

* 6th grade survey did not ask these questions.

^ Variations in wording for this item may affect year-to-year comparisons.