

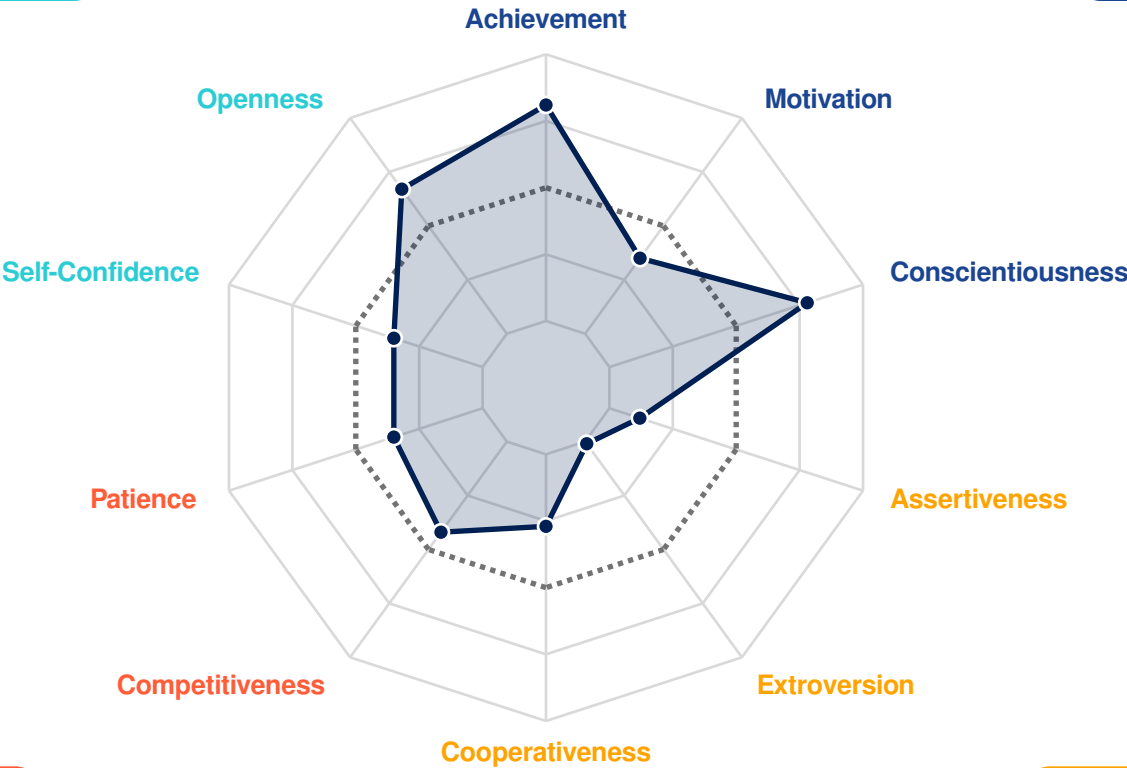
Welcome to your Workplace Insights report. You were asked by an employer to take assessments powered by Criteria Corp, and this report provides an overview of your personalized results. All of your responses were combined to create a unique profile for you. Within the report, it's important to know that there are no "good" or "bad" qualities. The results are designed to help you heighten your self-awareness and to understand how to relate better to others in the workplace.

Angelo Gabriel's Report Summary

Angelo Gabriel General Population

Attitudes & Outlook

Work Habits



Temperament

Interaction Style

Notable Traits

You can be described as:

Goal-Oriented

Values achievement, sets goals, and prioritizes achieving them

Accommodating

Accommodating and often deferential to others in group settings

Introverted

Reserved and low-key; best in roles that don't involve constant social interaction

Moderate Openness to Experience

Often conventional but open to variety and exploration

## Work, Communication & Interaction Style



### Goal-Oriented.

You tend to be goal-oriented and intent on meeting or exceeding the expectations set for you. You have good follow-through on tasks when engaged with your work.



### Congenial.

You generally have a congenial persona when dealing with others in work settings. You are likely to defer to others and favor social harmony over confrontation or direct expressions that may create friction. When you do express yourself forcefully it likely means you feel strongly about something, and co-workers will generally recognize this.



### Conscientious.

You are likely to be careful and organized in your work style, and viewed as hard-working and dependable. You are likely attentive to detail and inclined to follow the rules. Across a wide range of job roles, high conscientiousness scores are linked to good performance in the workplace.



### Very Introverted.

Much more introverted than most, you may appear reserved, taking pleasure in solitary activities. You may often take satisfaction from quiet activities like reading, writing, and working on a computer, as opposed to activities that require more social interaction.

## Temperament, Attitudes & Outlook



### Moderate Openness to Experience.

The Openness to Experience trait measures the extent to which you favor experimentation and exploring new concepts, as opposed to being down to earth, conventional, and favoring the familiar over the novel. You scored in the middle of the range for this trait, suggesting that while not averse to experimenting or exploring novel areas, you may generally prefer conventional approaches and routines.

## Strengths & Potential Challenges

### Strengths

- You will generally have good follow-through and be attentive to goals.
- Conscientious individuals like you tend to perform well across a wide variety of roles and industries.
- Typically agreeable and cooperative, you have a congenial work persona that generally makes for harmonious relations with co-workers and team members.
- Your lower need for social interaction may make you well suited for independent and even solitary roles.
- You are likely to display an effective balance of patience and impatience in pursuing opportunities or navigating frustrations with work-related tasks or projects.

### Potential Challenges

- You are inclined to defer and are not prone to confrontation, and so may have difficulty being direct and standing firm in your opinions when the situation requires it.

## Development Suggestions

### Work Habits

Achievement-oriented by nature, you will benefit from being challenged to achieve even greater effectiveness in a role and to look for opportunities to further refine your strengths and apply them for greater impact.

You should strive to balance doing great work with getting it done in a timely manner. Perfectionism and other pitfalls inherent to highly diligent people can reduce your effectiveness. Don't get so focused on the details that you lose sight of the bigger picture. It's important for you to always keep an eye on the greater strategy, and to ensure your efforts are aligned with achieving it.

### Attitudes & Outlook

Knowing when to take a creative approach is important to accomplishing goals. However, there are also times when using tried and true methods are best for getting things done. The balance is in understanding the situation at hand, quickly learning the relevant history of what has already been attempted, and capitalizing on the more effective strategy.

### Interaction Style

You are congenial by nature and have a tendency to defer to others at times. Listening to others' opinions is important, but there are times where you will need to assert yourself, even if it doesn't come naturally, in order to achieve the best outcomes.

As a fairly reserved person, you are likely to find situations that require you to interact with others effortful. You may manage these situations better when you have a clear role to fill in those situations, or when you can prepare for them beforehand.

### Temperament

Persisting is an important characteristic in the accomplishment of tasks and deliverables. However, there may be times when trying a different approach is more beneficial than just trying harder in the same direction. Knowing when to step back and assess the effectiveness of one's approach, and being open to persisting in a new direction, can meaningfully contribute to accomplishing your objectives.

## Workplace Stressors & Motivators

The following section relates common workplace situations to your behavioral preferences, to better understand how your potential may be best realized. Situations that may be comfortable or motivating for some people may be stressful or de-motivating for others. Below is a list of common workplace situations together with an indication of how each may impact you.

