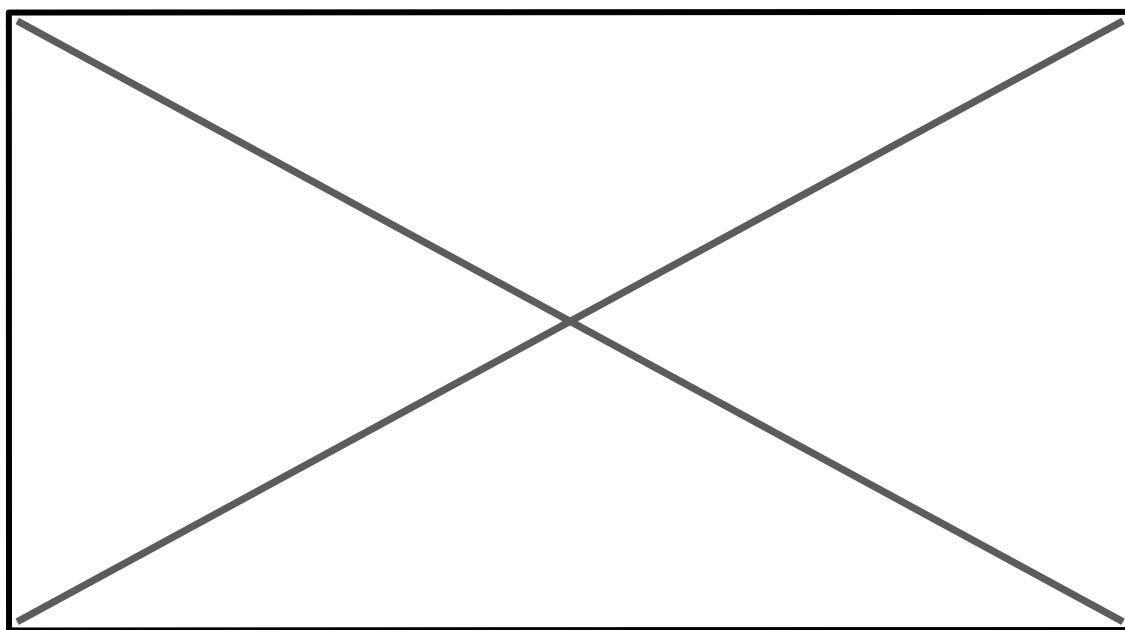


[About](#)[Classes](#)[Gallery](#)[Contact](#)

What is Yoga?

There are many different types of yoga, each with its own unique benefits. Some of the most popular types include Vinyasa, Hatha, and Iyengar. Each type of yoga has its own set of poses and breathing techniques that can help improve flexibility, strength, and overall health.

Benefits

Item One
Item Two
Item Three

Student Testimonials

“

”

“

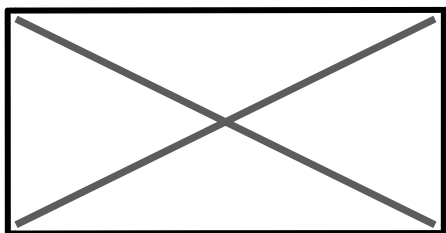
”

...



[About](#)[Classes](#)[Gallery](#)[Contact](#)

About Me



There are many different types of
classrooms and teachers. Some are
in small rooms and some are in
big rooms. Some are in schools
and some are in homes. Some are
in big buildings and some are in
small buildings. Some are in big
cities and some are in small cities.

About the Class

Item One
Item Two
Item Three

For New Students

Item One
Item Two
Item Three

[Download Student Reg Form](#)

[About](#)[Classes](#)[Gallery](#)[Contact](#)

Timetable

Day	Yoga	Time.
Mon	Hatha Yoga	7-8pm.
Tues	Yoga for Sport	6-7pm.
Wed	Hatha Yoga	7-8am.
Thurs	Yoga for beginners	7-8pm.
Fri	Sunrise yoga	6.30am-7.30am.
Sat	Hatha Yoga	8-9am.
Sun	Yoga for Sport	9am-10am.

Description

Item One
Item Two
Item Three

Prices

- ★ Item One
- ♥ Item Two
- Item Three

...



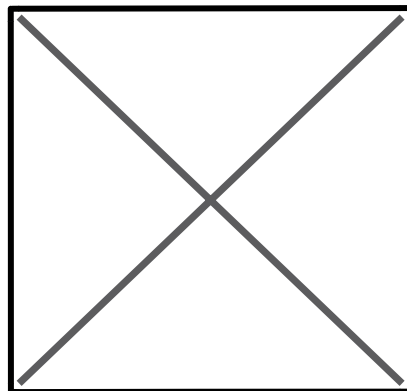
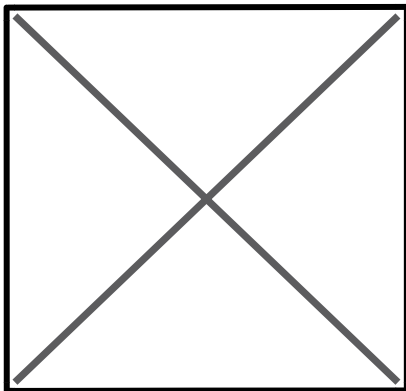
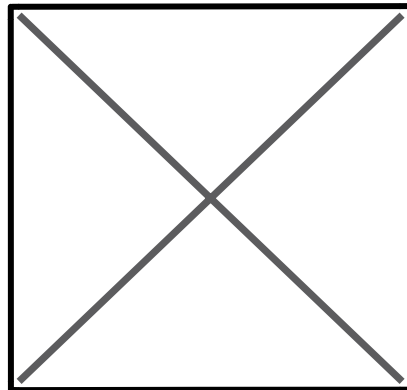
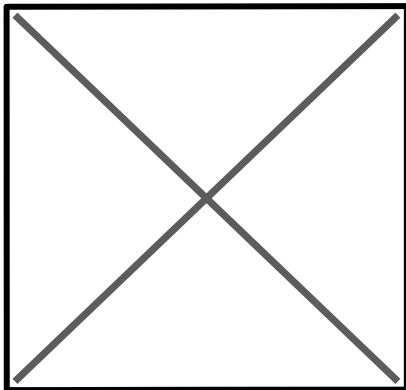
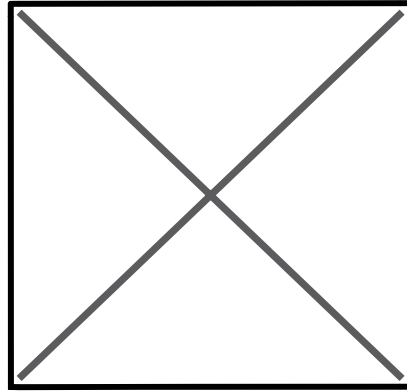
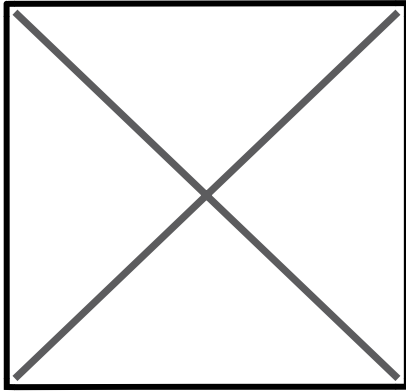


[About](#)

[Classes](#)

[Gallery](#)

[Contact](#)



...



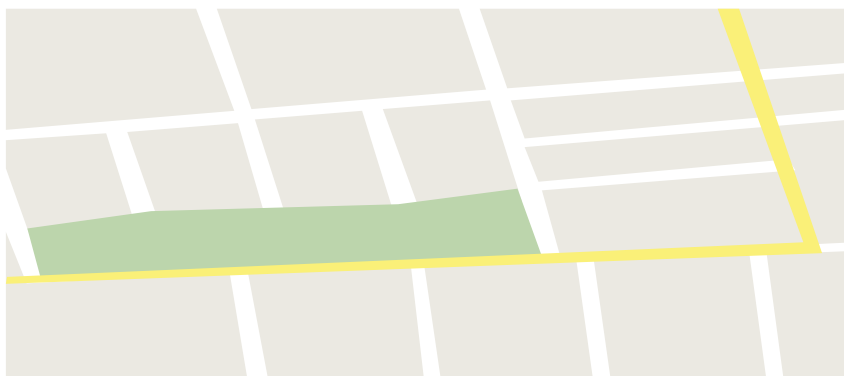
[About](#)[Classes](#)[Gallery](#)[Contact](#)

Contact us

Address: North Wales, UK

Phone: 000000000000

Email: gemmaellis@yoga.com



...

