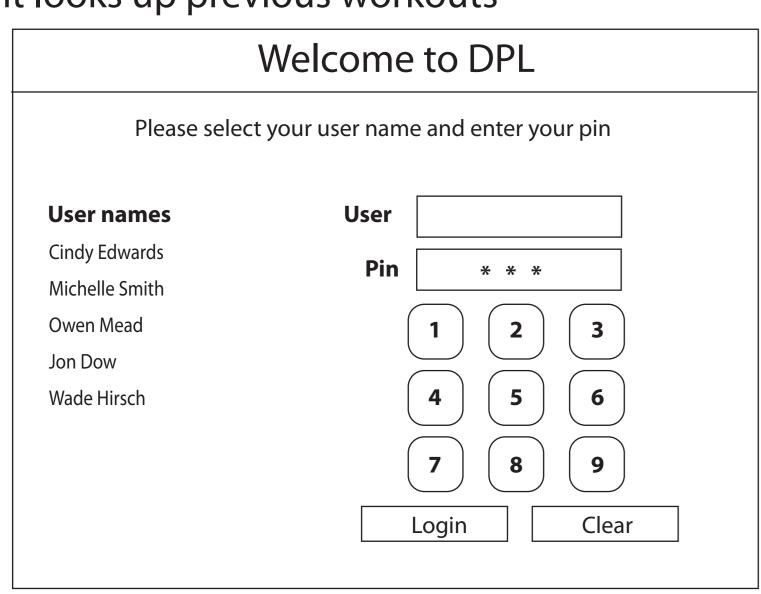
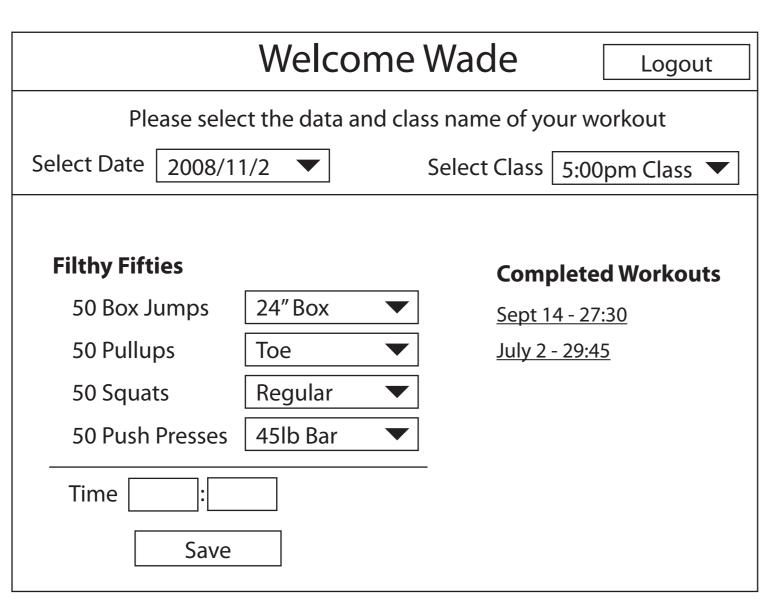
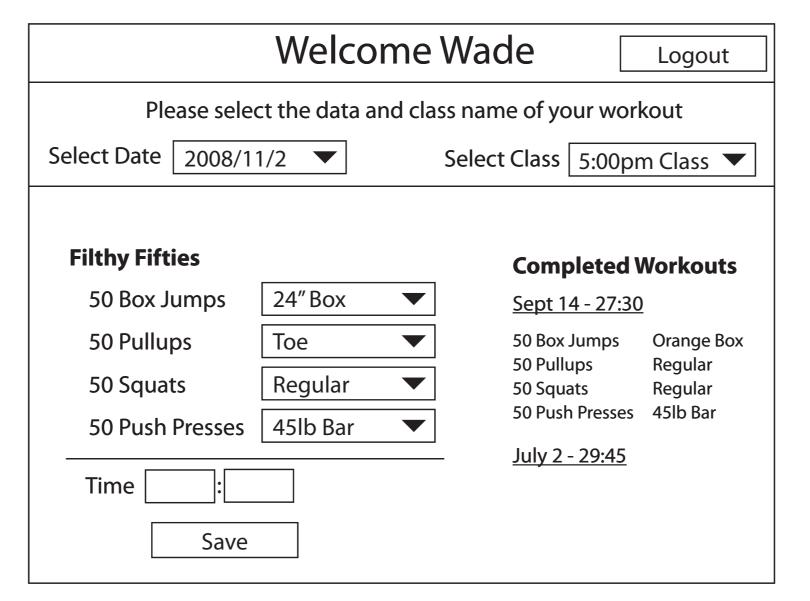
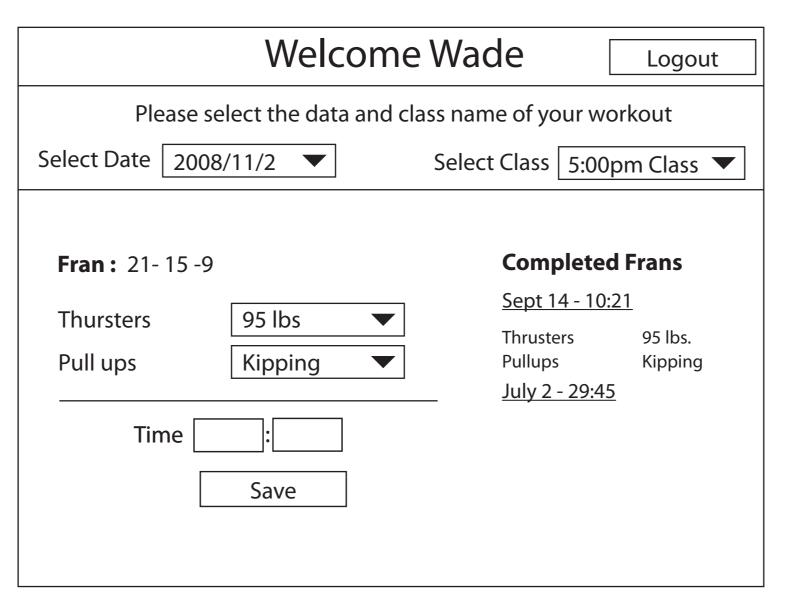
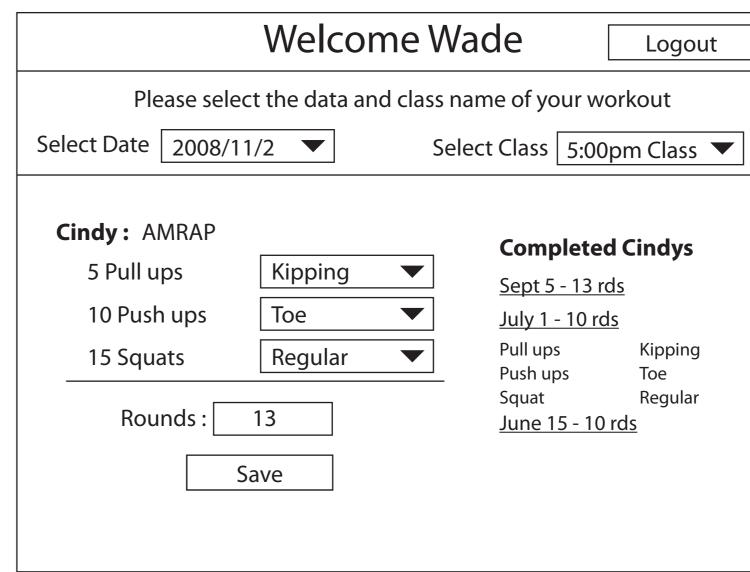
## Client looks up previous workouts

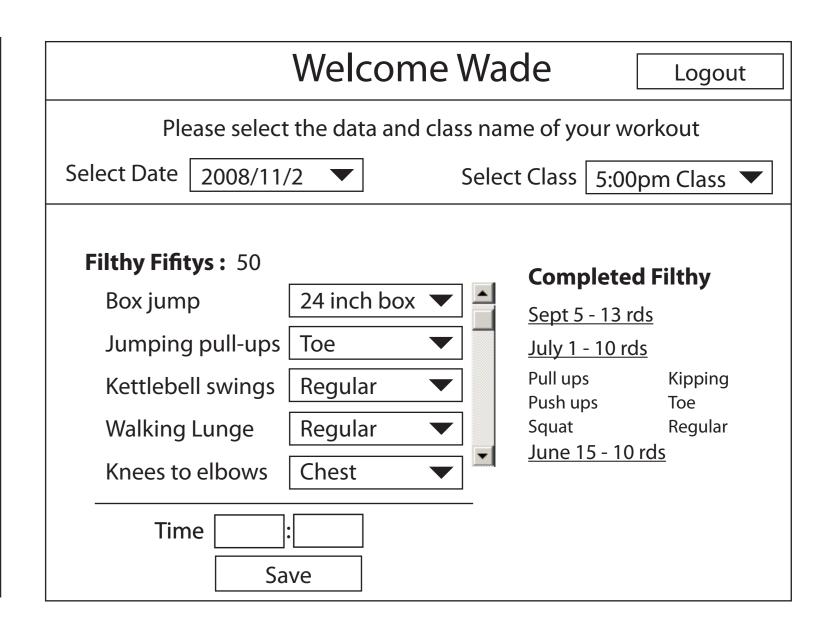




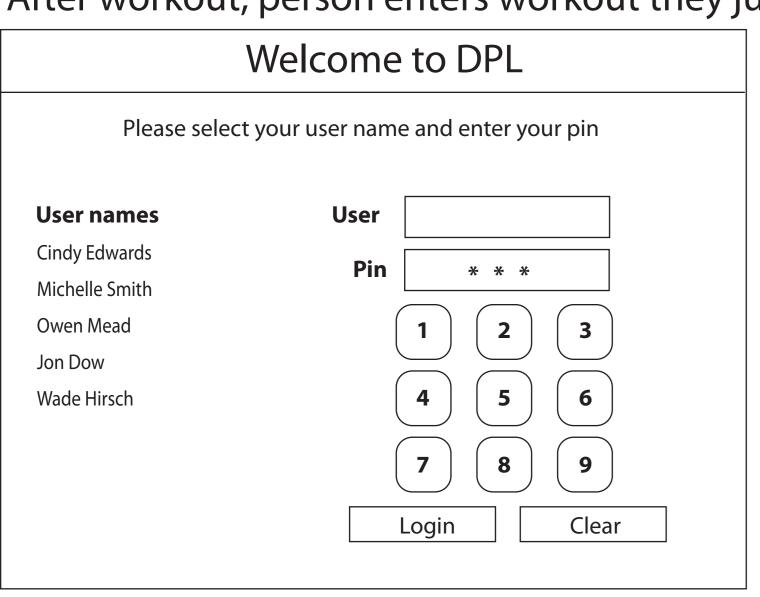


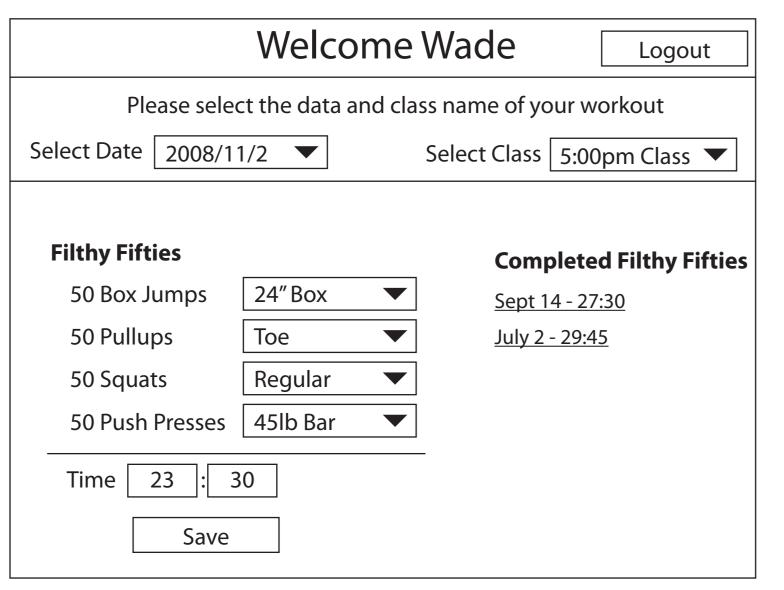




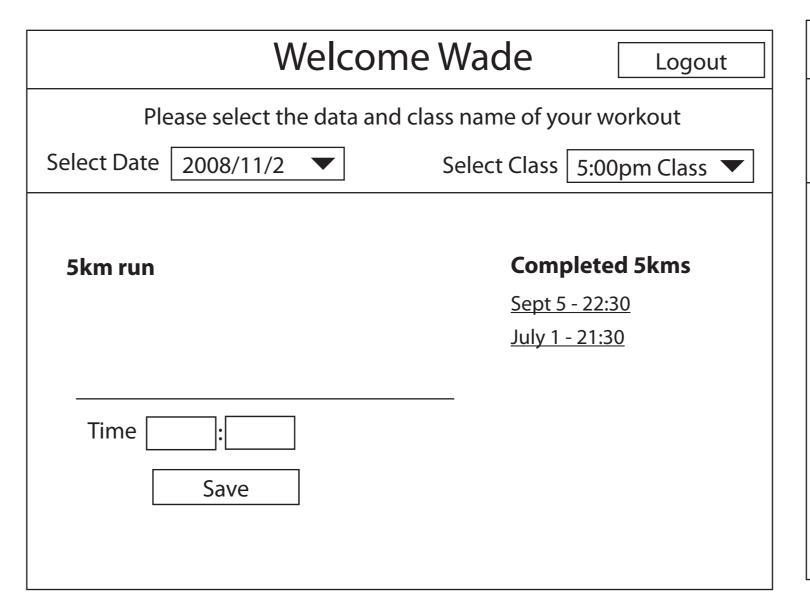


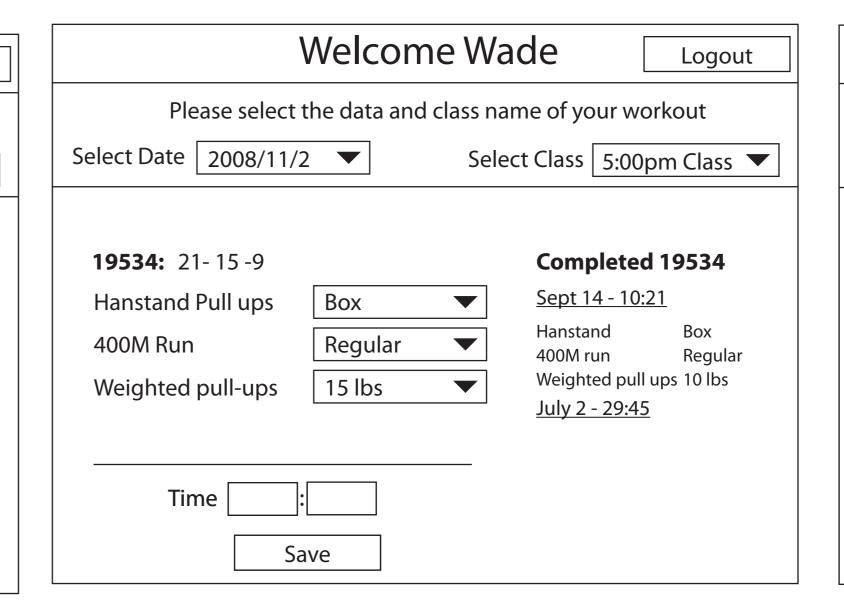
After workout, person enters workout they just did

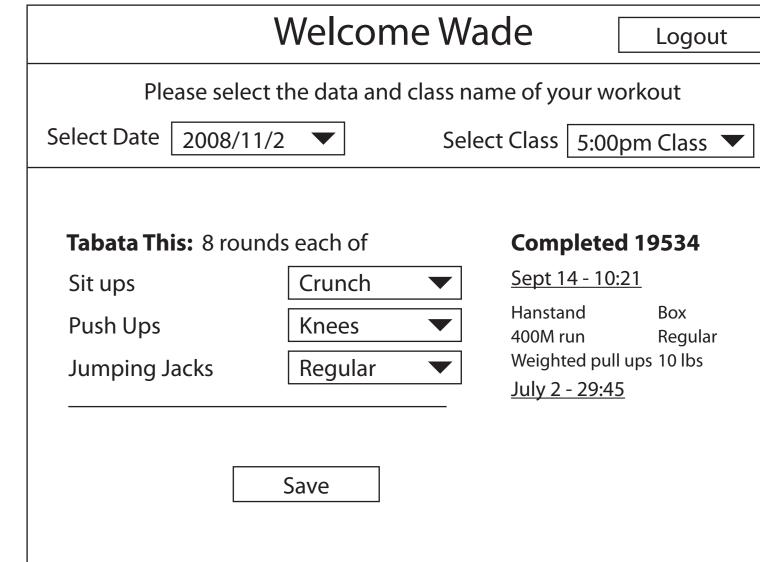




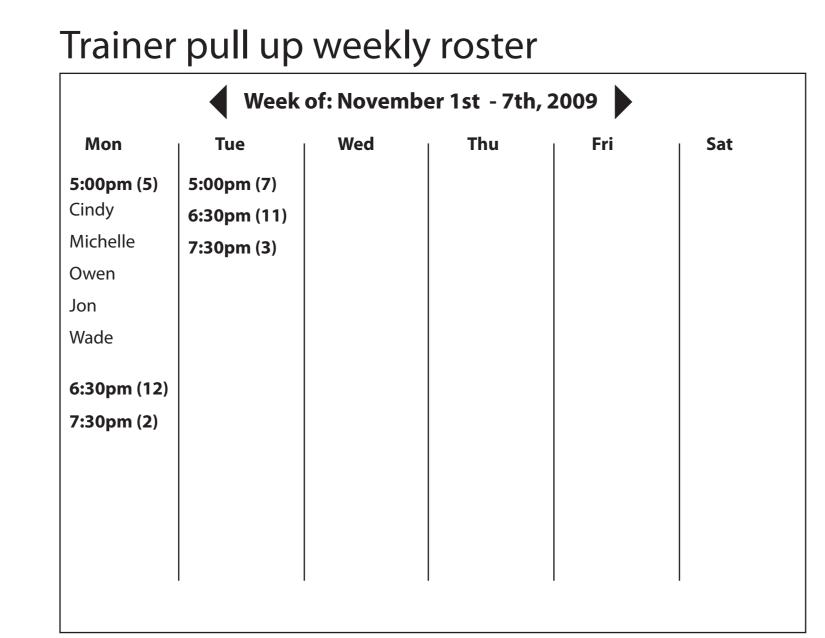


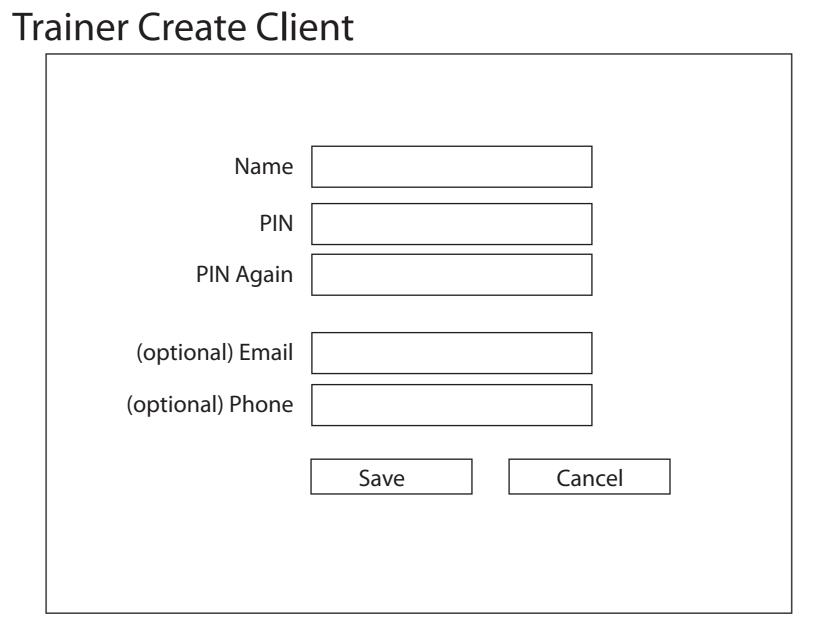






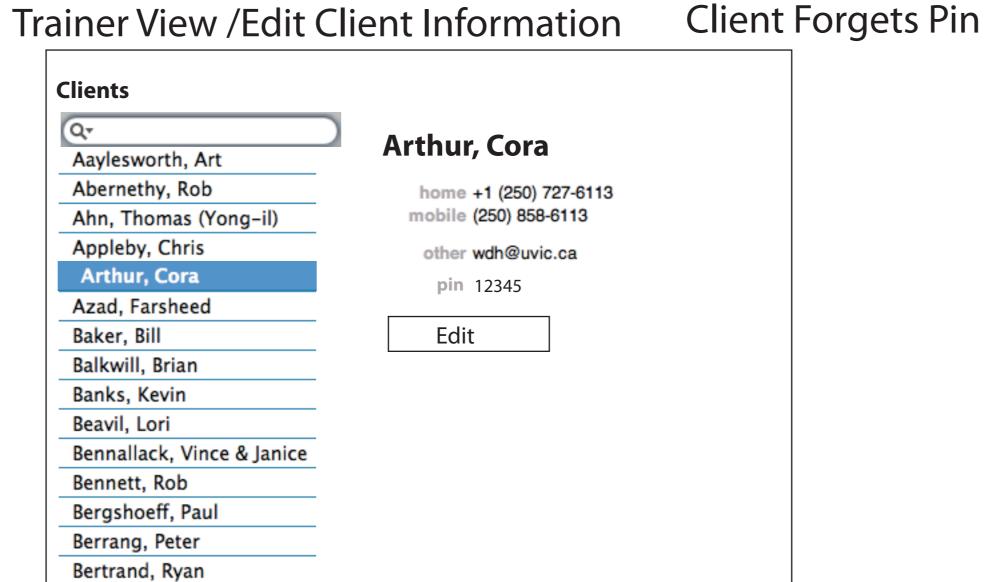
Welcome to DPL Trainer login Please select your user name and enter your pin **User names** Robyn H David War Login Clear

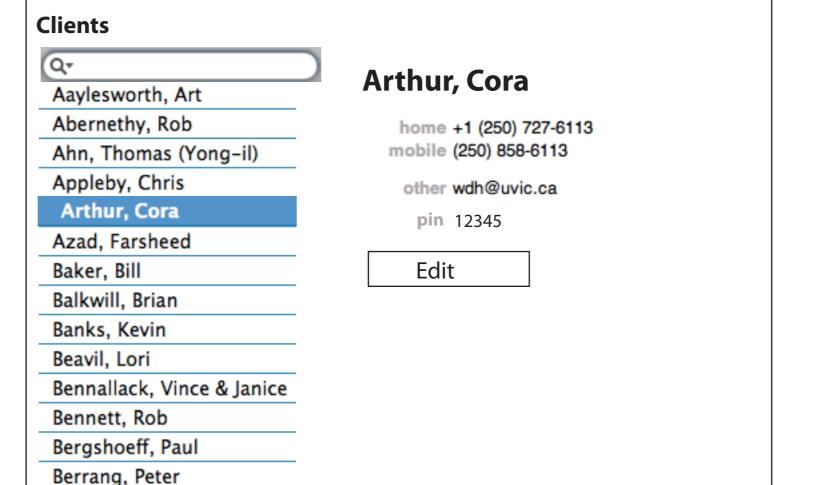


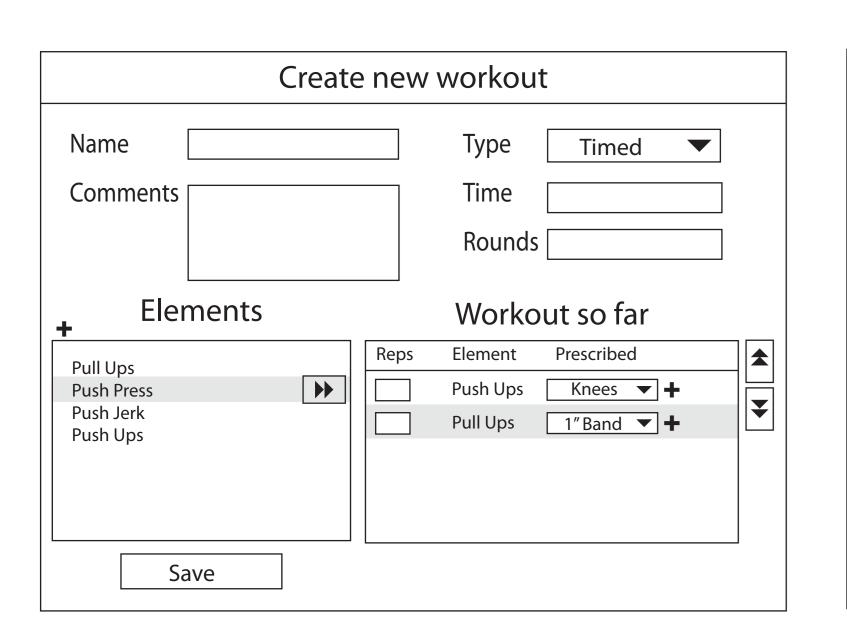


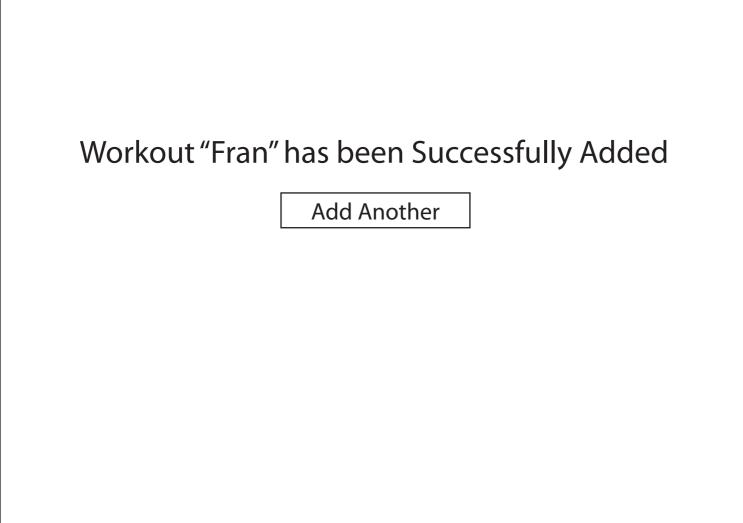


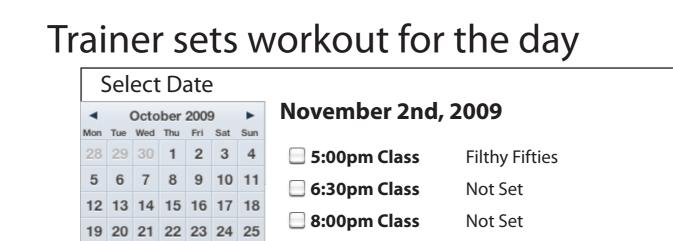
Use Menu Instead Across All Screens -- Weekly Roster defualt View **View Client Information Setup Class Workouts Create Account View Weekly Roster** 











26 27 28 29 30 31

November 2009

Mon Tue Wed Thu Fri Sat

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21 2

23 24 25 26 27 28 29

December 2009

Ion Tue Wed Thu Fri Sat Su

1 2 3 4 5 6

7 8 9 10 11 12 13

14 15 16 17 18 19 2

21 22 23 24 25 26 2

28 29 30 31 1

Olympic Lifters Not Set

**The other guys** Not Set

Soccer Moms

Add Class

<b>⋖</b> Mon		Octo				Sun	November 2nd,	2009	Calact Warkers
28		30	1	2	3	4	5:00pm Class	Filthy Fifties	Select Workout
5	6	7	8	9	10	11	€ 6:30pm Class	Not Set	4R4T - 50 Walk lunge, Annie
12	13	14	15	16	17	18			
19	20	21	22	23	24	25	<b>☑</b> 8:00pm Class	Not Set	
26	27	28	29	30	31		Olympic Lifters	Not Set	Michael
		over					Crazy Mofos	Not Set	Nate
Mon	Tue	Wed	Inu	HI	Sat	Sun 1	☐ The other guys	Not Set	Tommy V
2	3	4	5	6	7	8	Soccer Moms	Not Set	
9	10	11	12	13	14	15	A 1.1.Cl		
16	17	18	19	20	21	22	Add Class		
23	24	25	26	27	28	29			
30									
	_	ecer			~				
Mon	Tue 1		Thu 3	4	Sat 5	Sun 6			Cana
7	8	9			12	13			Save Can
14	15	16	17	18	19	20			Add Workout
21	22	23	24	25	26	27			
28	29	30	31						

◆ October 2009  ▶							November 2nd,		
Mon								Select Workout	
28	29	30	1	2	3	4	5:00pm Class	Filthy Fifties	Q
5	6	7	8	9		11	✓ 6:30pm Class	Not Set	4R4T - 50 Walk lunge Annie
				23			<b>☑</b> 8:00pm Class	Not Set	
						23	Olympic Lifters	Not Set	
26 27 28 29 30 31  November 2009  Mon Tue Wed Thu Fri Sat Sun					09	Sun	☐ Crazy Mofos	Not Set	Michael Nate
						1	■ The other guys	Not Set	Tommy V
2	3	4	5	6	7	8	Soccer Moms	Not Set	
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30									
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21 22 23 24 25 26 27

28 29 30 31 1

