Miles Mitchell

c/o The Met Sacramento

810 V Street

Sacramento, CA 95818

Environmental Council of Sacramento

attn: Matthew Baker

P.O. Box 1526

Sacramento, California 95812-1526

Dear Matthew Baker:

I am a student at the Met Sacramento, a small charter high school in downtown Sacramento. Our school emphasizes individualized learning in a community setting. Our academic program is based on gaining real-life experience and exploring our passions in the real world. One of the key components is to spend “shadow days” at organizations and/or businesses that we identify in our career interest area.

I am requesting to shadow at ECOS because I want to become more aware of environmental issues. ECOS came to my attention when I was looking through my school’s database of businesses that have had interns. Also, one of my friends had a shadow day at ECOS last year, and said that it was a good experience. I was looking at you website, and I was particularly interested in the Transportation, Air Quality, and Climate Change Committee. I ride my bike and use public transportation frequently, so I understand the need for a good system. I think that shadowing for a day would be an amazing opportunity for me to learn about careers I could pursue that are related to environmental causes.

A few of the opportunities that I have engaged in have prepared me for ECOS. Last year I interned at Palmer’s Pursuit Shop, which mainly manufactured machine parts. I really enjoyed the engineering aspect of it, but I would really like to experience something with a different focus, now. I have also competed in the Sacramento Regional Science Fair and participated in the National Young Leaders State Conference. I have also received a 590 out of 600 and 600 out of 600 on my Science STAR test scores for the last two years, respectively.

I will contact you soon to follow up about arranging a shadow day. Attached/enclosed please find additional information about what students usually do on a shadow day and the insurance policy which covers students while they are on their shadow days. I look forward to the opportunity to talk with you about your organization. In the mean time, I can be contacted at (916) 607- 8979 or Miles-Mitchell@metsacramento.org.

Thank you for your time and consideration,

Miles Mitchell