Topic Selection

Website Name: Fit Vibes

Topic Description:

Fit Vibes is a comprehensive fitness website designed to inspire and guide individuals on their health and wellness journey. The website encompasses a range of fitness-related content, including workout routines, nutrition tips, and success stories. It aims to create a positive and motivating space for users to achieve their fitness goals by providing valuable information and a supportive community. It's a motivating space where you can find everything you need for your health and wellness journey. Fit Vibes is more than a website; it's a hub for inspiration and connection, guiding you on your path to fitness with simplicity and support.

Pages:

- 1. Home: Welcoming users with an overview of the website's offerings, featured content, and recent success stories.
- 2. Workout Routines: Providing a collection of curated workout routines for various fitness levels and goals, including detailed instructions and video demonstrations.
- 3. Nutrition Tips: Offering articles and tips on healthy eating, balanced diets, and nutritional advice to complement users' fitness routines.
- 4. Success Stories: Showcasing inspiring success stories submitted by the FitVibes community, highlighting transformations and achievements.
- 5. Community Forum: A space for users to engage with each other, share experiences, ask questions, and provide support.

Data Storage, Manipulation, and Viewing:

The server-side component will manage user accounts and persistently store success stories submitted by users. Detailed data includes:

- User Accounts: Stored information includes username, email, hashed passwords, and user roles (admin/user).
- Success Stories: Each success story entry will include user details (anonymous if preferred), before and after photos, transformation description, and date submitted.

Administrator Privileges:

- Only administrators can add, edit, or delete success stories to ensure content quality.

- User authentication and authorization will be implemented to control access to admin functionalities.