Professional Experience of Bob Czimbal

Since 1970, Bob Czimbal has given dynamic presentations to international conferences, corporations, small businesses, universities, hospitals, government agencies and schools. His professional career includes work as a Sociologist, Community Planner and founder of the Cherry Grove Retreat Center. Currently he is the director of The Abundance Company.

Bob delivers a universal, lighthearted message about success, health and happiness. His presentation style is blend of information, stories, skill-building activities, group discussions, interactive exercises and action plans.

2005	Author of Kindred Spirits: The Quest for Love & Friendship
2004	Presenter of Effective Communication
2003	Presenter of Integrity, Ethics & Virtues
2002	Presenter of The Adventures of Saturn Man
2001	Presenter of Energy Management
2000	Presenter of Abundance
1999	Author of The Birthday Appreciation Kit
1998	Director of The Abundance Company
1997	Presenter of Keep Your Customers Happy!
1996	Director of Skills for Success
1995	Presenter of Good Mornings! Sleep Education Program
1994	Mentor for Pathways, an out placement firm
1993	Presenter of "Laughing at Life"
1992	Author of Stress Survival Kit
1991	Author of <u>A Guide To Healthy Touch: Vitamin T</u>
1990	Formed Open Book Publishing
1989	Founder and Director of the Institute for Self-Esteem
1988	Author of the Low Fat Grocery Kit
1984	Coordinator for the AHA worksite "Heart at Work"
1983	Author of The F.I.T.ness Game: Everybody Plays, Everybody Wins!
1983	Challenge Course Instructor/Facilitator: team-building
1982	Board of Directors, Common Ground: A Center for Wellness
1982	Author of Wellness for Life, a wellness evaluation and plan
1981	Wellness Counselor, Laurelhurst Clinic, Portland, OR
1981	Director of HEALTHWORKS, a consulting company
1980	Mental health specialist and consultant for Washington County
1978	VISTA volunteer - Homesteading Instructor
1975-79	Founder and Director of Cherry Grove Retreat Center
1974-05	Counselor in private practice On the Path
1972-82	Exercise instructor
1971-72	Community planner for Walnut Hills Neighborhood Association,
1970-71	Housing Specialist for Victory Neighborhood Service Agency,
	Educational Experience
	Educational Experience
1966-70	University of Cincinnati BS. in Sociology
1971-72	University of Cincinnati, Graduate School of Community Planning
1972-06	Independent study

Abundance Company

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