

MATH1241 Problem Set Solutions - Calculus

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2022 Term 2

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Chapter 1

Functions of Several Variables

1.13 Problem 13

a)

$$\frac{\partial F}{\partial x} + 2x \frac{\partial F}{\partial y} = f'(x^2 - y)(2x) + 2x f'(x^2 - y)(-1) = 0.$$

b)

$$f(-y) = F(0, y) = \sin y,$$

which implies that $F(x, y) = f(x^2 - y) = \sin(y - x^2)$.

1.14 Problem 14

a)

$$\begin{aligned} u_{xx} &= g''(x + \lambda t), \\ u_{tt} &= \lambda^2 g''(x + \lambda t). \end{aligned}$$

b)

Plugging the results from part **a** into the given differential equation, we obtain

$$\lambda^2 g''(x + \lambda t) - 16g''(x + \lambda t) = 0.$$

Solving for λ , we have $\lambda = \pm 4$.

1.15 Problem 15

Let the equation $f(tx, ty) = t^n f(x, y)$ be (*).

Differentiating both sides of (*) with respect to x and y respectively, we have

$$\begin{aligned} \frac{\partial f(tx, ty)}{\partial(tx)} \frac{d(tx)}{dx} &= \frac{\partial f(tx, ty)}{\partial(tx)} t = t^n \frac{\partial f}{\partial x}, \\ \frac{\partial f(tx, ty)}{\partial(ty)} \frac{d(ty)}{dy} &= \frac{\partial f(tx, ty)}{\partial(ty)} t = t^n \frac{\partial f}{\partial y}, \end{aligned}$$

which implies that

$$\begin{aligned}\frac{\partial f(tx, ty)}{\partial(tx)} &= t^{n-1} \frac{\partial f}{\partial x}, \\ \frac{\partial f(tx, ty)}{\partial(ty)} &= t^{n-1} \frac{\partial f}{\partial y}.\end{aligned}$$

Hence, if we differentiate both sides of (*) with respect to t , we obtain

$$\begin{aligned}\frac{\partial f(tx, ty)}{\partial(tx)} \frac{\partial(tx)}{\partial t} + \frac{\partial f(tx, ty)}{\partial(ty)} \frac{\partial(ty)}{\partial t} &= t^{n-1} \frac{\partial f}{\partial x} x + t^{n-1} \frac{\partial f}{\partial y} y \\ &= nt^{n-1} f.\end{aligned}$$

Since $t > 0$, cancelling t^{n-1} on both sides gives

$$x \frac{\partial f}{\partial x} + y \frac{\partial f}{\partial y} = nf.$$

1.16 Problem 16

a)

If $a\alpha + b\beta = 0$, then

$$\begin{aligned}a \frac{\partial u}{\partial x} + b \frac{\partial u}{\partial y} &= af'(\alpha x + \beta y)\alpha + bf'(\alpha x + \beta y)\beta \\ &= f'(\alpha x + \beta y)(a\alpha + b\beta) \\ &= 0.\end{aligned}$$

b)

$$u(x_1, \dots, x_n) = f(\lambda_1 x_1 + \dots + \lambda_n x_n),$$

where $\lambda_1 x_1 + \dots + \lambda_n x_n = 0$.

1.17 Problem 17

a)

$$\begin{aligned}\frac{\partial u}{\partial t} &= \frac{\partial f(x - tu(x, t))}{\partial(x - tu(x, t))} \frac{\partial(x - tu(x, t))}{\partial t} \\ &= f'(x - tu(x, t)) \left(-u(x, t) - t \frac{\partial u}{\partial t} \right) \\ &= -u(x, t) f'(x - tu(x, t)) - t f'(x - tu(x, t)) \frac{\partial u}{\partial t}.\end{aligned}$$

Rearranging the equation and solving for $\frac{\partial u}{\partial t}$, we obtain

$$\frac{\partial u}{\partial t} = \frac{-u(x, t) f'(x - tu(x, t))}{1 + t f'(x - tu(x, t))}.$$

$$\begin{aligned}\frac{\partial u}{\partial x} &= \frac{\partial f(x - tu(x, t))}{\partial(x - tu(x, t))} \frac{\partial(x - tu(x, t))}{\partial x} \\ &= f'(x - tu(x, t)) \left(1 - t \frac{\partial u}{\partial x}\right).\end{aligned}$$

Rearranging the equation and solving for $\frac{\partial u}{\partial x}$, we obtain

$$\frac{\partial u}{\partial x} = \frac{f'(x - tu(x, t))}{1 + tf'(x - tu(x, t))}.$$

b)

Plugging in the results from part **a**, we can easily prove that the given differential equation holds.

c)

To let $\frac{\partial u}{\partial x}$ be undefined, we have

$$0 = 1 + tf'(x - tu(x, t)) = 1 + t(\tanh^2(x - tu(x, t)) - 1).$$

Noticing that $0 \leq \tanh^2(\cdot) \leq 1$. If we want $\frac{\partial u}{\partial x}$ to be undefined for precisely one value of x , we have $t \geq 1$. Hence, $t_m = 1$.

e)

f)

1.18 Problem 18

a)

$$x^2 + y^2 - z^2 = t^2 + y^2 - t^2 = y^2 = 1,$$

which implies that $y = \pm 1$, and hence, $\frac{\partial y}{\partial t} = 0$.

b)

$$\nabla F = \left(\frac{\partial F}{\partial x}, \frac{\partial F}{\partial y}, \frac{\partial F}{\partial z} \right)^T = (2x, 2y, -2z)^T.$$

c)

$$\begin{aligned}\frac{dF}{dt} &= (\nabla F) \cdot \left(\frac{dx}{dt}, \frac{dy}{dt}, \frac{dz}{dt} \right)^T \\ &= 2x(t) \cdot 1 + 2y \cdot 0 - 2z(t) \cdot 1 \\ &= 0.\end{aligned}$$

d)

Skipped for now.

Chapter 2

Integration Techniques

2.3 Problem 3

a)

$$\begin{aligned}\int_0^{\pi/2} \sin^7 x \cos x \, dx &= \int_0^{\pi/2} \sin^7 x \, d(\sin x) \\ &= \left[\frac{1}{8} \sin^8 x \right]_0^{\pi/2} \\ &= \frac{1}{8}.\end{aligned}$$

b)

$$\begin{aligned}\int_0^{\pi} \sin^3 x \cos^2 x \, dx &= \int_0^{\pi} (1 - \cos^2 x) \cos^2 x \sin x \, dx \\ &= \int_0^{\pi} (\cos^4 x - \cos^2 x) \, d(\cos x) \\ &= \left[\frac{1}{5} \cos^5 x \right]_0^{\pi} - \left[\frac{1}{3} \cos^3 x \right]_0^{\pi} \\ &= \frac{4}{15}.\end{aligned}$$

c)

$$\int \sec^3 x \tan x \, dx = \int \sec^2 x \, d(\sec x) = \frac{1}{3} \sec^3 x + C.$$

d)

$$\int \cos^2 \theta \, d\theta = \int \frac{1 + \cos 2\theta}{2} \, d\theta = \frac{1}{2} \theta + \frac{1}{4} \sin(2\theta) + C.$$

e)

$$\int \cos x \cos(10x) dx = \frac{1}{2} \int (\cos(9x) + \cos(11x)) dx = \frac{1}{18} \sin(9x) + \frac{1}{22} \sin(11x) + C.$$

f)

$$\int \sin(2x) \cos(3x) dx = \frac{1}{2} \int (\sin(5x) - \sin x) dx = -\frac{1}{10} \cos(5x) + \frac{1}{2} \cos x + C.$$

2.4 Problem 4

a)

$$\begin{aligned} \int \sec x dx &= \int \frac{\sec x (\tan x + \sec x)}{\tan x + \sec x} dx \\ &= \int \frac{1}{\tan x + \sec x} d(\tan x + \sec x) \\ &= \ln |\tan x + \sec x| + C. \end{aligned}$$

b)

i)

$$\int \sec^4 x dx = \frac{\sec^2 x \tan x}{3} + \frac{2}{3} \int \sec^2 x dx = \frac{\sec^2 x \tan x}{3} + \frac{2 \tan x}{3} + C.$$

ii)

$$\begin{aligned} \int \sec^5 x dx &= \frac{\sec^3 x \tan x}{4} + \frac{3}{4} \int \sec^3 dx \\ &= \frac{\sec^3 x \tan x}{4} + \frac{3}{4} \left(\frac{\sec x \tan x}{2} + \frac{1}{2} \int \sec x dx \right) \\ &= \frac{1}{4} \sec^3 x \tan x + \frac{3}{8} \sec x \tan x + \frac{3}{8} \ln |\tan x + \sec x| + C. \end{aligned}$$

c)

For $n \geq 2$, we have

$$\begin{aligned} \int \sec^n x dx &= \int \sec^{n-2} x \sec^2 x dx \\ &= \sec^{n-2} x \tan x - (n-2) \int \sec^{n-2} x \tan^2 x dx \quad (\text{Integration by parts}) \\ &= \sec^{n-2} x \tan x - (n-2) \int (\sec^n x - \sec^{n-2} x) dx. \end{aligned}$$

Rearranging the equation, we have

$$(n-1) \int \sec^n x dx = \sec^{n-2} x \tan x + (n-2) \int \sec^{n-2} x dx.$$

Dividing $(n - 1)$ on both sides, we obtain

$$\int \sec^n x \, dx = \frac{\sec^{n-2} x \tan x}{n-1} + \frac{n-2}{n-1} \int \sec^{n-2} x \, dx.$$

2.5 Problem 5

a)

$$I_{6,4} = \frac{5}{10} I_{4,4} = \frac{5}{10} \cdot \frac{3}{8} I_{4,2} = \cdots = \frac{5}{10} \cdot \frac{3}{8} \cdot \frac{3}{6} \cdot \frac{1}{4} \cdot \frac{1}{2} I_{0,0} = \frac{3\pi}{512}.$$

b)

$$I_{1,1} = \int_0^{\pi/2} \cos x \sin x \, dx = \frac{1}{2} \int_0^{\pi} \sin(2x) \, dx = \left[-\frac{1}{4} \cos(2x) \right]_0^{\pi/2} = \frac{1}{2}.$$

Hence,

$$I_{5,5} = \frac{4}{10} \cdot \frac{4}{8} \cdot \frac{2}{6} \cdot \frac{2}{4} I_{1,1} = \frac{1}{60}.$$

c)

$$I_{1,0} = \int_0^{\pi/2} \cos x \, dx = [\sin x]_0^{\pi/2} = 1.$$

Hence,

$$I_{3,4} = \frac{3}{7} \cdot \frac{2}{5} \cdot \frac{1}{3} I_{1,0} = \frac{2}{35}.$$

2.6 Problem 6

Here we only prove the formula and skip the calculation.

$$\begin{aligned} I_n &= [-x^n e^{-x}]_0^1 - \int_0^1 (-e^{-x}) \cdot nx^{n-1} \, dx && \text{(Integration by parts)} \\ &= -\frac{1}{e} + nI_{n-1}. \end{aligned}$$

2.11 Problem 11

$$I_{m+n,0} = \int_0^1 x^{m+n} \, dx = \left[\frac{1}{m+n+1} x^{m+n+1} \right]_0^1 = 1.$$

Hence,

$$\begin{aligned}
I_{m,n} &= \left[\frac{1}{m+1} x^{m+1} (1-x)^n \right]_0^1 + \frac{n}{m+1} \int_0^1 x^{m+1} (1-x)^{n-1} dx && \text{(Integration by parts)} \\
&= \frac{n}{m+1} I_{m+1,n-1} \\
&= \frac{n}{m+1} \cdot \frac{n-1}{m+2} I_{m+2,n-2} \\
&= \dots \\
&= \frac{n}{m+1} \cdot \frac{n-1}{m+2} \cdot \dots \cdot \frac{1}{m+n+1} I_{m+n,0} \\
&= \frac{m!n!}{(m+n+1)!}.
\end{aligned}$$

2.12 Problem 12

a)

We first derive the reduction formula.

$$\begin{aligned}
I_n &= \int_0^{\pi/2} \cos^{n-1} \cos x \, dx \\
&= [\cos^{n-1} x \sin x]_0^{\pi/2} + (n-1) \int_0^{\pi/2} \cos^{n-2} x \sin^2 x \, dx \\
&= (n-1) \int_0^{\pi/2} (\cos^{n-2} x - \cos^n x) \, dx \\
&= (n-1)(I_{n-2} - I_n),
\end{aligned}$$

which implies that

$$I_n = \left(1 - \frac{1}{n}\right) I_{n-2}.$$

Hence,

$$\begin{aligned}
I_{2m} &= \left(1 - \frac{1}{2m}\right) I_{2m-2} = \dots = I_0 \prod_{k=1}^m \left(1 - \frac{1}{2k}\right) = \frac{\pi}{2} \left(1 - \frac{1}{2m}\right), \\
I_{2m+1} &= \left(1 - \frac{1}{2m+1}\right) I_{2m-1} = \dots = I_1 \prod_{k=1}^m \left(1 - \frac{1}{2k+1}\right) = \prod_{k=1}^m \left(1 - \frac{1}{2k+1}\right).
\end{aligned}$$

b)

$$\begin{aligned}
\frac{I_{2m}}{I_{2m+1}} &= \frac{\frac{\pi}{2} \prod_{k=1}^m \frac{2k-1}{2k}}{\prod_{k=1}^m \frac{2k}{2k+1}} \\
&= \frac{\pi}{2} \prod_{k=1}^m \frac{(2k-1)(2k+1)}{(2k)^2} \\
&= \frac{\pi}{2} \prod_{k=1}^m \left(1 - \frac{1}{(2k)^2}\right).
\end{aligned}$$

c)

Because $0 \leq \cos x \leq 1$, we have $I_{2m+2} \leq I_{2m+1} \leq I_{2m}$.

d)

Since $I_{2m+2} \leq I_{2m+1} \leq I_{2m}$, we have $I_{2m+1} \leq I_{2m} \leq I_{2m-1}$. Dividing I_{2m+1} gives

$$1 \leq \frac{I_{2m}}{I_{2m+1}} \leq \frac{I_{2m-1}}{I_{2m+1}}.$$

Noticing that

$$\lim_{m \rightarrow \infty} \frac{I_{2m-1}}{I_{2m+1}} = 1,$$

by the pinching theorem, we obtain

$$\lim_{m \rightarrow \infty} \frac{I_{2m}}{I_{2m+1}} = 1.$$

e)

According to part **b** and **d**,

$$\lim_{m \rightarrow \infty} \prod_{k=1}^m \left(1 - \frac{1}{(2k)^2}\right) = \frac{2}{\pi} \lim_{m \rightarrow \infty} \frac{I_{2m}}{I_{2m+1}} = \frac{2}{\pi} \cdot 1 = \frac{2}{\pi}.$$

f)

The first part can be easily proved by induction, and hence the assertion holds. I may come back and update this at some point.

2.13 Problem 13

a)

$$\begin{aligned} \int_m^{2m} \ln x \, dx &= [x \ln x]_m^{2m} - \int_m^{2m} dx && \text{(Integration by parts)} \\ &= 2m \ln(2m) - m \ln(m) - m \\ &= m \ln m + 2m \ln 2 - m. \end{aligned}$$

b)

$$\begin{aligned} \int_m^{2m} \ln x \, dx &\approx \frac{1}{2} (\ln m + 2 \ln(m+1) + \cdots + 2 \ln(2m-1) + \ln(2m)) \\ &= \sum_{k=m}^{2m} \ln k - \frac{1}{2} \ln m - \frac{1}{2} \ln(2m) \\ &= \sum_{k=m+1}^{2m} \ln k - \frac{1}{2} \ln 2 \\ &= \ln \left(\frac{(2m)!}{m!} \right) - \frac{1}{2} \ln 2. \end{aligned}$$

c)

$$\lim_{m \rightarrow \infty} \frac{(b-a)^3 M}{12m^2} = 0.$$

d)

$$\begin{aligned} 0 &= \lim_{m \rightarrow \infty} \left(\ln \left(\frac{(2m)!}{m!} \right) - \frac{1}{2} \ln 2 - (m \ln m + 2m \ln 2 - m) \right) \\ &= \lim_{m \rightarrow \infty} \left(\ln \left(\frac{(2m)!}{m!} \right) - (\ln \sqrt{2} + \ln m^m + \ln 2^{2m} + \ln e^{-m}) \right) \\ &= \lim_{m \rightarrow \infty} \left(\ln \left(\frac{(2m)!}{m!} \middle/ \left\{ \sqrt{2} 2^{2m} m^m e^{-m} \right\} \right) \right) \\ &= \ln \left(\lim_{m \rightarrow \infty} \left(\frac{(2m)!}{m!} \middle/ \left\{ \sqrt{2} 2^{2m} m^m e^{-m} \right\} \right) \right), \end{aligned}$$

which implies that

$$\frac{(2m)!}{m!} \middle/ \left\{ \sqrt{2} 2^{2m} m^m e^{-m} \right\} \rightarrow 1$$

as $m \rightarrow \infty$.

2.14 Problem 14

By the results from Problem 13 and 14, we have

$$\begin{aligned} \frac{\pi}{2} &= \lim_{m \rightarrow \infty} \frac{2^{4m} (m!)^4}{(2m+1)((2m)!)^2} \\ &= \lim_{m \rightarrow \infty} \frac{2^{4m} (m!)^2}{(2m+1) \left(\frac{(2m)!}{m!} \right)^2} \\ &= \lim_{m \rightarrow \infty} \frac{2^{4m} (m!)^2}{(2m+1)(\sqrt{2} \cdot 2^{2m} m^m e^{-m})^2} \\ &= \lim_{m \rightarrow \infty} \frac{(m!)^2}{(4m+2)m^{2m} e^{-2m}} \\ &= \lim_{m \rightarrow \infty} \frac{(m!)^2}{4mm^{2m} e^{-2m}}. \end{aligned}$$

Taking the square roots on both sides and rearranging the equation, we obtain

$$\frac{m!}{\sqrt{2\pi} m^{m+\frac{1}{2}} e^{-m}} \rightarrow 1.$$

2.15 Problem 15

a)

$$\begin{aligned}\int_0^1 \frac{x^2}{\sqrt{4-x^2}} dx &= \int_0^{\pi/6} \frac{(2 \sin \theta)^2}{2 \cos \theta} d(2 \sin \theta) \\ &= \int_0^{\pi/6} 4 \sin^2 \theta d\theta \\ &= \left[2\theta - \sin 2\theta \right]_0^{\pi/6} \\ &= \frac{\pi}{3} - \frac{\sqrt{3}}{2}.\end{aligned}$$

b)

Let $x = 2 \tan \theta + 3$ where $\theta \in (-\frac{\pi}{2}, \frac{\pi}{2})$. Then,

$$\begin{aligned}\int \frac{dx}{\sqrt{x^2 - 6x + 13}} &= \int \frac{d(2 \tan \theta + 3)}{\sqrt{(2 \tan \theta)^2 + 4}} \\ &= \int \sec \theta d\theta \\ &= \ln |\tan \theta + \sec \theta| + C_0 \\ &= \ln \left| \frac{x-3}{2} + \frac{1}{2} \sqrt{x^2 - 6x + 13} \right| + C_0 \\ &= \ln \left| x - 3 + \sqrt{x^2 - 6x + 13} \right| + C.\end{aligned}$$

c)

$$\begin{aligned}\int_0^3 \sqrt{9-x^2} dx &= \int_0^{\pi/2} \sqrt{9 - (3 \sin \theta)^2} d(3 \sin \theta) \\ &= 9 \int_0^{\pi/2} \cos^2 \theta d\theta \\ &= 9 \int_0^{\pi/2} \frac{1 + \cos 2\theta}{2} d\theta \\ &= \left[\frac{9}{2} \theta + \frac{9}{4} \sin 2\theta \right]_0^{\pi/2} \\ &= \frac{9}{4} \pi.\end{aligned}$$

d)

$$\begin{aligned}
 \int \frac{dx}{x^2 \sqrt{x^2 + 16}} &= \int \frac{d(4 \sinh u)}{(4 \sinh u)^2 \sqrt{(4 \sinh u)^2 + 16}} \\
 &= \int \frac{4 \cosh u \, du}{16 \sinh^2 u \, 4 \cosh u} \\
 &= \frac{1}{16} \int \frac{du}{\sinh^2 u} \\
 &= -\frac{\coth u}{16} + C \\
 &= -\frac{\sqrt{x^2 + 16}}{16x} + C.
 \end{aligned}$$

e)

$$\begin{aligned}
 \int (1 - x^2)^{-3/2} dx &= \int (1 - \sin^2 \theta)^{-3/2} d(\sin \theta) \\
 &= \int \sec^2 \theta \, d\theta \\
 &= \tan \theta + C \\
 &= \frac{x}{\sqrt{1 - x^2}} + C.
 \end{aligned}$$

f)

Let $x = \tan \theta - 1$ where $\theta \in [0, \arctan 2]$. Then,

$$\begin{aligned}
 \int_{-1}^1 \frac{dx}{x^2 + 2x + 2} &= \int_0^{\arctan 2} \frac{d(\tan \theta - 1)}{\tan^2 \theta + 1} \\
 &= \int_0^{\arctan 2} d\theta \\
 &= \arctan 2 + C.
 \end{aligned}$$

2.17 Problem 17

c)

The answer given in the textbook is probably wrong.

Let

$$\frac{x+1}{x^2(x-1)} = \frac{A}{x} + \frac{B}{x^2} + \frac{C}{x-1}.$$

Using the cover-up method, we obtain $B = -1$, $C = 2$ and $A = -2$. Hence,

$$\begin{aligned}
 \int \frac{x+1}{x^2(x-1)} dx &= \int \frac{-2}{x} dx + \int \frac{-1}{x^2} dx + \int \frac{2}{x-1} dx \\
 &= -2 \ln |x| + \frac{1}{x} + 2 \ln |x-1| + C.
 \end{aligned}$$

2.18 Problem 18

d)

Let $x = u^6$, then

$$\begin{aligned}
 \int_1^{64} \frac{1}{x^{1/2} + x^{1/3}} dx &= \int_1^2 \frac{6u^5 du}{u^3 + u^2} \\
 &= \int_1^2 \frac{6u^3}{u + 1} du \\
 &= \int_1^2 \frac{6(u^3 + 1) - 6}{u + 1} du \\
 &= 6 \int_1^2 (u^2 - u + 1) du - 6 \int_1^2 \frac{1}{u + 1} du \\
 &= 11 + 6 \ln \frac{2}{3}.
 \end{aligned}$$

2.20 Problem 20

a)

$$\begin{aligned}
 I &= \int_0^\pi \frac{x \sin x}{1 + \cos^2 x} dx \\
 &= \int_\pi^0 \frac{(\pi - u) \sin(\pi - u)}{1 + \cos^2(\pi - u)} d(\pi - u) \\
 &= \int_0^\pi \frac{(\pi - u) \sin u}{1 + \cos^2 u} du \\
 &= \pi \int_0^\pi \frac{\sin u}{1 + \cos^2 u} du - I.
 \end{aligned}$$

Hence,

$$\begin{aligned}
 I &= \frac{\pi}{2} \int_0^\pi \frac{\sin u}{1 + \cos^2 u} du \\
 &= \frac{\pi}{2} \int_{-1}^1 \frac{1}{1 + t^2} dt && (\text{Let } t = \cos u) \\
 &= \frac{\pi}{2} \left[\arctan t \right]_{-1}^1 \\
 &= \frac{\pi^2}{4}.
 \end{aligned}$$

b)

Let $x = \frac{1-u}{1+u}$, then

$$\begin{aligned} I &= \int_0^1 \frac{\ln(1+x)}{1+x^2} dx \\ &= \int_1^0 \frac{\ln\left(\frac{2}{1+u}\right)}{1+\left(\frac{1-u}{1+u}\right)^2} \frac{-2}{(1+u)^2} du \\ &= \ln 2 \int_0^1 \frac{1}{1+u^2} du - I. \end{aligned}$$

Hence,

$$\begin{aligned} I &= \frac{1}{2} \ln 2 \int_0^1 \frac{1}{1+u^2} du \\ &= \frac{1}{2} \ln 2 \left[\arctan u \right]_0^1 \\ &= \frac{1}{2} \ln 2 \cdot \frac{\pi}{4} \\ &= \frac{\pi}{8} \ln 2. \end{aligned}$$

2.21 Problem 21

$$\begin{aligned} \int \frac{x^2-1}{x^2+1} \frac{1}{\sqrt{1+x^4}} dx &= \int \frac{1-\frac{1}{x^2}}{\left(x+\frac{1}{x}\right) \frac{1}{x} \sqrt{1+x^4}} dx \\ &= \int \frac{1-\frac{1}{x^2}}{x+\frac{1}{x}} \frac{1}{\sqrt{x^2+\frac{1}{x^2}}} dx \\ &= \int \frac{du}{u\sqrt{u^2-2}} && (\text{Let } u = x + \frac{1}{x}) \\ &= \int \frac{d(\sqrt{2} \sec \theta)}{\sqrt{2} \sec \theta \sqrt{2 \sec^2 \theta - 2}} && (\text{Let } u = \sqrt{2} \sec \theta) \\ &= \frac{\sqrt{2}}{2} \int d\theta \\ &= \frac{\sqrt{2}}{2} \arctan \sqrt{\frac{u^2}{2} - 1} + C \\ &= \frac{\sqrt{2}}{2} \arctan \left(\frac{\sqrt{2}}{2} \sqrt{x^2 + \frac{1}{x^2}} \right) + C. \end{aligned}$$