









User Sign In		
 user_id	integer	
first_name	varchar(30)	
last_name	varchar(30)	
email	varchar(100)	
password	varchar(100)	

User Profile		
 profile_id	integer	
recipe_id	integer	
grocery_id	integer	
occasions_id	integer	
user_id	integer	

grocery Lists		
 grocery_list_id	integer	
ingredient_name	varchar(255)	
ingredient_id	integer(255)	
profile_id	integer	

Recipes		
 recipe_id	integer	
ingredient_name	varchar(255)	
ingredient_id	integer(255)	
instructions	text(1000)	
profile_id	integer	
Public?	boolean	

Occasions		
 occasion_id	integer	
profile_id	integer	
recipes_id	integer	

Ingredients		
 ingredients_id	integer	
ingredient_name	varchar(50)	

