

## Tess F. Filip

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### EDUCATION

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#### University of Iowa

*Master of Arts: Clinical Science*

Psychological and Brain Sciences

**Mentor:** Amanda McCleery, Ph.D.

Iowa City, IA

*In Progress*

#### University of Michigan

*Bachelor of Arts*

College of Literature, Science and the Arts

Major: Psychology with a coursework focus on clinical abnormal psychology

Minor: Community Action Social Change

Ann Arbor, MI

*May 2015*

Internship Abroad (Tours, France)

*Summer 2014*

### PEER-REVIEWED PUBLICATIONS

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Moore, R.C., Parrish, E.M., Van Patten, R., Paolillo, E.M., **Filip, T.F.**, Bomyea, J., Lomas, J.D., Twamley, E., Eyler, L.T., & Depp, C.A. (2021). Initial psychometric properties of 7 NeuroUX Remote Ecological Momentary Cognitive Tests Among People with Bipolar Disorder: Validation Study. *Journal of Medical Internet Research*, 24(7), e36665. doi:10.2196/36665. <http://dx.doi.org/10.2196/36665>

Bomyea, J.A., Parrish, E.M., Paolillo, E.W., **Filip, T.F.**, Eyler, L.T., Depp, C.A., & Moore, R.C. (2021). Relationships Between Daily Mood States and Real-Time Cognitive Performance in Individuals with Bipolar Disorder and Healthy Comparators: A Remote Ambulatory Assessment Study. *Journal of Clinical and Experimental Neuropsychology*, 1–12. Advance online publication. <https://doi.org/10.1080/13803395.2021.1975656>

Parrish, E.M.\*, **Filip, T.F.\***, Torous, J., Nebeker, C., Moore, R.C., & Depp, C.A. (2021). Are mental health apps adequately equipped to handle users in crisis? *Crisis: The Journal of Crisis Intervention and Suicide Prevention*. Advance online publication. <https://doi.org/10.1027/0227-5910/a000785> \*Authors contributed equally.

Depp, C.A., Kamarsu, S., **Filip, T.F.**, Parrish, E.M., Harvey, P.D., Granholm, E., Chalker, S., Moore, R.C., & Pinkham, A.E. (2021). Ecological Momentary Facial Emotion Recognition in Psychotic Disorders. *Psychological Medicine*, 1-9. Advance online publication. <https://doi.org/10.1017/S0033291720004419>.

### MANUSCRIPTS SUBMITTED TO PEER-REVIEWED JOURNALS

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Wooldridge, J.S., Soriano, E., **Filip, T.F.**, Moore, R.C., Eyler, L.T., & Herbert, M.S. (2022). *Understanding the Dynamics of Compassion in Medical Students during COVID-19: An Ecological Momentary Assessment Study*. Submitted to the Journal of Medical Information, In Review.

### POSTER PRESENTATIONS

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**Filip, T.F.**, Akhras, S., Minor, K.S., Busanet, H., Thakkar, K.N., & McCleery, A. (May, 2023). *Associations*

*between GPS-derived mobility indices, motivation and hedonic capacity, functioning, and affect among undergraduates with and without elevated schizotypal characteristics.* Poster to be presented at the 2023 annual conference of the Schizophrenia International Research Society. Toronto, Canada.

**Filip, T.F.**, Akhras, S., Johnson, P.M., Baer, E.L., Nuechterlein, K.H., & McCleery, A. (September, 2022). *Serial mediation by negative symptoms and defeatist beliefs on the relationship between neurocognitive performance and functional outcome among those with recent-onset schizophrenia.* Poster presented at the 2022 annual conference of the Society for Research in Psychopathology. Philadelphia, PA.

Parrish, E.M., Chalker, S.A., Cano, M., Kamarsu, S., **Filip, T.F.**, Granholm, E., Harvey, P.D., Moore, R.C., Pinkham, A., & Depp, C.A. (April, 2021). *Ecological momentary assessment of burdensomeness and belongingness in individuals with psychosis.* Poster presented at the 2021 annual conference of the Schizophrenia International Research Society. Virtual conference.

Parrish, E.M., Chalker, S.A., Cano, M., Kamarsu, S., **Filip, T.F.**, Granholm, E., Harvey, P.D., Moore, R.C., Pinkham, A., & Depp, C.A. (March, 2021). *Ecological momentary assessment of burdensomeness and belongingness in individuals with psychosis.* Poster presented at the 16th Annual Lewis L. Judd Young Investigators Symposium, UC San Diego.

Parrish, E.M., Chalker, S., Cano, M., Kamarsu, S., **Filip, T.F.**, Granholm, E., Harvey, P.D., Moore, R.C., Pinkham, A., & Depp, C.A. (January, 2021). *Ecological momentary assessment of interpersonal theory of suicide constructs in individuals experiencing psychotic symptoms.* Poster presented at the 2021 UCSD annual Lewis L. Judd Young Investigators Research symposium. Virtual conference.

Parrish, E.M., Kamarsu, S., **Filip, T.F.**, Harvey, P.D., Granholm, E., Chalker, S., Moore, R.C., Pinkham, A., & Depp, C.A. (February, 2021). *Ecological Momentary Facial Emotion Recognition in Psychotic Disorders.* Poster presented at the 2021 annual conference of the International Neuropsychological Society. Virtual conference.

Parrish, E.M., Kamarsu, S., **Filip, T.F.**, Pinkham, A.E., Harvey, P.D., Moore, R.C., & Depp, C.A. (September, 2020). *The Impact of Contextual Factors on Performance of a Smartphone-Based Word List Test.* Poster presented at the 2020 Autumn Conference of the International Society for CNS Clinical Trials and Methodology. Virtual conference.

Parrish, E.M., Paolillo, E.W., **Filip, T.F.**, Kamarsu, S., Quynh, A., Eyler, L.T., Depp, C.A., & Moore, R.C. (April, 2020). *Relationships between daily mood states and real-time cognitive performance in individuals with bipolar disorder and healthy comparators.* Poster presentation at the 15th Annual Lewis L. Judd Young Investigators Research Symposium, San Diego, CA. (Conference canceled)

Parrish, E.M., Paolillo, E.W., **Filip, T.F.**, Kamarsu, S., Quynh, A., Eyler, L.T., Depp, C.A., & Moore, R.C. (February, 2020). *Relationship between daily mood states and real-time cognitive performance in individuals with bipolar disorder and healthy comparators.* Poster presented at the 48<sup>th</sup> annual meeting of the International Neuropsychological Society. Denver, CO.

**Filip, T.F.**, Kamarsu, S., Lomas, D., Eyler, L., Depp, C., & Moore, R.C. (November, 2019). *Gamified Mobile Cognitive Tests: Preliminary Feasibility and Acceptability in Persons with Bipolar Disorder.* Poster presented at the 39<sup>th</sup> annual conference of the National Academy of Neuropsychology. San Diego, CA.

Kamarsu, S., Campbell, L.M., Paolillo, E.W., **Filip, T.F.**, Swendsen, J., Depp, C.A., & Moore, R.C. (November,

2019). *Greater Time Spent Watching TV is Related to Worse Real-Time Neurocognitive Performance in Older Adults with and Without HIV*. Poster presented at the 39<sup>th</sup> annual conference of the National Academy of Neuropsychology. San Diego, CA.

**Filip, T.F.**, Sherman, S., Goralski, M. (April, 2013). *Community-Based Research on Occupational Segregation in the Restaurant Industry*. Poster presented at the University of Michigan's Undergraduate Research Opportunity Program symposium in 2013. Ann Arbor, MI.

## ORAL PRESENTATIONS

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**Filip, T.F.**, Akhras, S., Minor, K.S., Busanet, H., Thakkar, K.N., & McCleery, A. (January, 2023). *Associations between GPS-derived mobility indices, motivation and hedonic capacity, functioning, and affect among undergraduates with and without elevated schizotypal characteristics*. Master's thesis presented at the University of Iowa Psychological and Brain Science 27<sup>th</sup> annual Graduate Research Symposium. Iowa City, IA.

## AWARDS AND DISTINCTIONS

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Psychological and Brain Sciences Department Travel Conference Fund Award (\$400) 2022  
University of Iowa

Graduate College Fellowship Incentive Program (NSF GRFP Proposal) (\$400) 2022  
University of Iowa

Graduate Student Senate (GSS) Travel Conference Fund Award (\$500) 2022  
University of Iowa

NIGMS T32 Behavioral Biomedical Interface Training Program Predoctoral Fellowship 2022-2023  
University of Iowa

Ginsberg Service Center Cord – *Nominated for service, advocacy, and activism* 2015  
University of Michigan

University Honors May 2014  
University of Michigan

## RESEARCH EXPERIENCE

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**University of Iowa** Iowa City, IA  
Graduate Student Research Assistant September 2021-Present

### Duties:

- Assisted study start-up of 3 site study with Qualtrics survey creation, drafting IRB materials, and training undergraduates on study procedures

### Projects:

Promoting Resilience and Well-Being in College Students: Identifying Protective Factors in Daily Life

**Principal Investigator:** Amanda McCleery, PhD (APF funded study)

**University of California, San Diego** San Diego, CA  
Staff Research Associate II – Department of Psychiatry December 2019-June 2021

**Duties:**

- Conducted diagnostic, neurocognitive, social cognitive, and clinical rating assessments on study participants with serious mental illness and active suicidal ideation across several multisite studies
- Prepared regulatory documentation for IRB initial submissions and renewals, including research protocol, informed consent documents, and recruitment materials
- Developed pipeline for cleaning participant global positioning system (GPS) data using coding languages (Python) and ArcGIS software

**Projects:**

Social Cognition and Self-Harm in Mental Illness (NIMH R01 funded study)

**Principal Investigator:** Colin Depp, PhD

Compassion Assessment Research using Ecological Momentary Assessment in MD Students

**Principal Investigator:** Matthew Herbert, PhD

Introspective Accuracy, Bias, and Everyday Functioning in Severe Mental Illness (Supplement)

**Principal Investigator:** Amy Pinkham, PhD (NIMH R01 supplement study)

**University of California, San Diego**

San Diego, CA

Laboratory Assistant II – Department of Psychiatry

October 2018-December 2019

**Duties:**

- Lead coordinator for enrollment, database creation, and diagnostic/clinical symptom assessment of participants diagnosed with bipolar disorder, schizophrenia, and schizoaffective disorders
- Managed large database repositories including REDCap, Qualtrics, storage of EMA data, and annual NIMH NDA submissions

**Projects:**

Real-Time Mobile Cognitive Assessments for Bipolar Disorder Research (NIMH R21 funded study)

**Principal Investigator/Supervisor:** Raeanne Moore, PhD

Introspective Accuracy, Bias, and Everyday Functioning in Severe Mental Illness

**Principal Investigator:** Amy Pinkham, PhD (NIMH R01 funded study)

**Behavioral Research Specialists, LLC.**

Glendale, CA

Clinical Research Coordinator

October 2017-October 2018

**Principal Investigator:** Jesse Carr, MD

- Led coordination of 10+ pharmaceutical clinical trials in participants with mental illness such as schizophrenia, bipolar disorder, major depressive disorder, and mild cognitive impairment
- Updated and maintained regulatory affairs documents, administered clinical assessments, obtained biological samples, and led outreach of community recruitment

**Undergraduate Research Opportunity Program (UROP)**

Detroit, MI

Undergraduate Research Assistant – The Restaurant Opportunity Center of Detroit September 2012-May 2013

**Supervisors:** Michaela Goralski and Minsu Longiaru

- Coded and transcribed qualitative interview data for research on food deserts in Detroit
- Presented findings at the University of Michigan's undergraduate research symposium

**CLINICAL EXPERIENCE**

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**Psychosis-risk Intervention, Education, and Research Program (PIER)**

Iowa City, IA

Graduate Student Clinician

March 2023-Present

**Supervisors:** Amanda McCleery, Ph.D. & Bengi Baran, Ph.D.

Conduct cognitive, functional, and clinical high risk (CHR) screening assessments (e.g., SIPS, SCID) with individuals experiencing early warning signs of psychosis. Write integrated reports and provide feedback and recommendations for continued support to individuals and family members.

**University of Iowa Seashore Psychology Clinic**

*Graduate Student Clinician*

Iowa City, IA

*June 2022-Present*

**Supervisors:** Gregory Gullickson, Ph.D. & Amanda McCleery, Ph.D.

Conduct intellectual and developmental disability, student disability services, psychodiagnostic assessments, gender affirming evaluations, and maintain an individual therapy caseload. Write integrated reports for assessment and therapy clients.

**The Arroyos Treatment Centers**

*Mental Health Worker*

Pasadena, CA

*August 2017-October 2018*

Performed risk assessments of suicidal patients and administered neuropsychological testing in a privately funded in-patient residential treatment center for patients with serious mental illness such as schizophrenia and bipolar disorder. Co-facilitated group therapy sessions conducted by site psychologist.

**Gateways Hospital and Mental Health Center**

*Case Manager – Percy Village*

Los Angeles, CA

*June 2016-October 2017*

Provided case-management services for a Department of Mental Health (DMH) contracted enriched residential services facility supporting individuals with mental illness and co-occurring disorders, primarily schizophrenia and schizoaffective disorders.

Assisted clientele in linkage to a wide variety of Federal, State, and privately funded programs such as: Medi-Cal/Care, substance abuse treatment, and transportation services.

**Gateways Hospital and Mental Health Center**

*Paraprofessional Counselor – Percy Village*

Los Angeles, CA

*September 2015-June 2016*

Monitored client behavior, performed client property searches, promoted daily living skills, and recorded medication compliance while maintaining client privacy and confidentiality.

**Great Lakes Caring Hospice**

*Volunteer*

Jackson, MI

*September 2014-December 2014*

Utilized grief training to effectively communicate with patients and families one-on-one with end of life palliative care.

**Head Start**

*Teacher's Assistant*

Detroit, MI

*January 2014-May 2014*

Aided in the cognitive and social development of toddlers using skills from undergraduate courses (e.g., Empowering Families and Communities) to develop and teach lesson plans.

**TEACHING EXPERIENCE**

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**Introduction to Clinical Psychology**

*Graduate Student Teaching Assistant - University of Iowa*

Iowa City, IA

Teresa Treat, Ph.D.

*January 2022-May 2022*

Amanda McCleery, Ph.D.

*September 2021-December 2021*

## PROFESSIONAL TRAININGS

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The Minds, Lives, and Motivations of Mass Attackers <i>Pennsylvania Psychological Association</i>	2023
Modeling Intensive Repeated Measures Data Workshop <i>University of Iowa; Instructor: Lesa Hoffman, Ph.D.</i>	2022
Brief Psychotic Rating Scale (BPRS) Training <i>University of Iowa</i>	2022
Clinical Assessment Interview for Negative Symptoms (CAINS) Training <i>University of Iowa</i>	2022
Structured Interview for Psychosis-Risk Syndromes (SIPS/SOPS) Training <i>Yale University School of Medicine</i>	2022
Structured Clinical Interview for DSM-5 (SCID-5) Training <i>University of Iowa</i>	2022
Workshop: Introducing Esri ArcGIS Hub <i>UCSD Continuing Education</i>	2019
Rater Training on Alzheimer's Disease Assessment Scale – Cognitive Subscale (ADAS-Cog) and Clinical Dementia Rating Scale (CDR) <i>Roche Graduate Investigator Meeting</i>	2018
Management of Assaultive Behavior Certification <i>Gateways Hospital and Mental Health Centers Critical Care Training Center</i>	2015-2019

## CLINICAL DIDACTIC TRAINING

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Motivational Interviewing/Interpersonal Psychotherapy Seminar <i>University of Iowa; Supervisor: Gregory Gullickson, Ph.D.</i>	2022-2023
Psychological Assessment Seminar <i>University of Iowa; Supervisor: Gregory Gullickson, Ph.D.</i>	2021-2022
Clinical Interviewing Seminar <i>University of Iowa; Supervisor: Gregory Gullickson, Ph.D.</i>	2021-2022
Workshop: Seeking Safety <i>Gateways Hospital and Mental Health Centers</i>	2017

## PSYCHOLOGICAL ASSESSMENT EXPERIENCE

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Mini-International Neuropsychiatric Interview Positive and Negative Syndrome Scale	Structured Clinical Interview for DSM-5 Montgomery-Asberg Depression Rating Scale
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Young Mania Rating Scale	Columbia-Suicide Severity Rating Scale
NIH Toolbox Cognition	MATRICES MCCB
Customary Drinking and Drug Use Record	D-KEFS Color Word Interference
Penn Emotion Recognition Test	Wisconsin Card Sorting Test
Bell Lysaker Emotion Recognition Task	Mini Mental State Exam
UCSD Performance-Based Skills Assessment	Social Skills Performance Assessment
Modified Scale for Suicidal Ideation	Hinting Task
Mayer-Salovey-Caruso Emotional Intelligence Test	ADAS-Cog
Instrumental Activities of Daily Living	Cyberball
Alzheimer's Disease-Related Quality of Health Scale	Ambiguous Intentions of Hostility Questionnaire
Trustworthiness Task	Cumulative Illness Rating Scale
Cognitive Assessment Interview	Observable Social Cognition: A Rating Scale
Hamilton Depression Rating Scale	Brief Psychiatric Rating Scale
Brief Visuospatial Memory Test – Revised	Montreal Cognitive Assessment
Multilingual Naming Test	Verbal Fluency F-A-S
Wechsler Adult Intelligence Scale	Wide Range Achievement Test
Texas Functional Living Scale	Peabody Picture Vocabulary Test
Structured Interview for Psychosis-Risk Syndromes	Wechsler Abbreviated Scale of Intelligence
Clinical Assessment Interview for Negative Symptoms	

## PROFESSIONAL SKILLS AND LANGUAGES

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- Adept at administering and scoring a wide variety of neuropsychological and psychodiagnostics assessments and symptom rating scales with many different clinical populations (schizophrenia, bipolar disorder, mild cognitive impairment, etc.)
- Professional proficiency in French and limited working proficiency in Korean
- Professional knowledge and skilled use of: Python, ArcGIS, QGIS, Amazon Web Services, Athena, SPSS, REDCap, Qualtrics Survey Software, PubMed, PsycINFO, Interactive Voice Response Systems (IVRS/IWRS), Electronic Data Capture (EDC), Microsoft Office (Word, PowerPoint, Excel, Outlook), and Mac OSX
- Trained in collection of biophysical data: vital signs, ECG, blood and saliva handling and processing (blood slides, centrifuging, and packaging)

## PROFESSIONAL AFFILIATIONS AND SERVICE

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Iowa Psychological Association (IPA) Disaster Response Committee Member	<i>2022-Present</i>
Iowa Psychological Association (IPA)	<i>2022-Present</i>
Graduate Student Advisory Council (GSAC) Clinical Area Representative	<i>2022-2023</i>
Schizophrenia International Research Society	<i>2022-Present</i>
Society for Research in Psychopathology	<i>2021-Present</i>
International Early Psychosis Association	<i>2020-Present</i>

## AD HOC MANUSCRIPT REVIEWER

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**Supervisor:** Amanda McCleery, Ph.D.

PLoS ONE

Schizophrenia Research

Personality Disorders: Theory, Research, and Treatment