



# Above 40?

Here's to more energy & health!

40 以后 持续活力充沛，  
健康满分！

## Melebihi umur 40 tahun?

Dapatkan lebih tenaga dan kesihatan!



**SURBEX**  
**PROTECT**



**Abbott**  
A Promise for Life

# Spark up your work and life

You are at the top of your game and your hard work is paying off. But don't let the demands of success take a toll on your energy and health. That is why you need SURBEX® PROTECT with new PROTECT formulation consisting of B-Complex, Vitamins C, E & Zinc and the heartfelt goodness of CoQ10. With SURBEX® PROTECT, the taste of success is sweeter and all the more heart-warming because you are energized and protected!

## What types of vitamins and minerals do you need?

### Vitamin B-Complex:

- Thiamine (B1)
- Riboflavin (B2)
- Niacin (B3)
- Pantothenic Acid (B5)
- Pyridoxine (B6)
- Cyanocobalamin (B12)
- Folic Acid

This group of vitamins works better together and is often referred to as B-complex. Lack of Vitamin B-complex will result in symptoms such as loss of appetite, headache, muscular pain, inability to concentrate, mood swings and insomnia.

A daily intake of B-complex is vital as it increases energy levels to help overcome fatigue and tiredness, especially during stressful conditions. It also helps to improve your vitality and endurance.

### Vitamin C

Bleeding gums? Dry, scaly skin? Muscle and joint aches? Easy bruising? These are a few symptoms of Vitamin C deficiency. Vitamin C is generally known for boosting the body's immune system and resistance to general illness, especially for the formation of collagen and the maintenance of healthy bones, teeth and blood vessels. It also speeds up the healing of wounds and recovery from illness.

## Zinc

A trace mineral that is present in all tissues of the body, Zinc plays an important role in maintaining a healthy immune system. That's why Zinc deficiency can lower one's resistance to infections.

## CoQ10 (Co-Enzyme Q10)

Coenzyme Q10 is highly concentrated in the heart muscle cell due to the high-energy requirements of this cell type. Its main role is to release energy in the body's cell. It also reduces free radicals, preventing damage to the body fats through its antioxidant properties. This fat-soluble quinone is naturally produced in the body at the inner membrane of the mitochondria.

However, Coenzyme Q10 production in the body slows down from the age 40 causing a continuous decline of CoQ10 level in the body's vital organs. Taking Q10 supplement, naturally derived from yeast, helps replenish the body's CoQ10 level.

*Take one tablet daily, after lunch,  
to recharge your energy!*



为您的事业人生激发新活力

虽然您拥有出色的表现，努力不懈并获得成果，但是别让眼前的考验剥夺了您的活力和健康。这就是为什么您需要SURBEX® PROTECT，它的全新PROTECT配方不但含有综合维生素B、维生素C、E，和锌的补益，亦另加有CoQ10益处让您对健康安心。SURBEX® PROTECT 让您真正享受成功的滋味，因为您的活力和健康全然获得保障！

# 我究竟需要何种维他命和矿物质？

- ## 维他命B群：
- 硫胺素(B1)
  - 硝黄素(B2)
  - 烟酸(B3)
  - 泛酸(B5)
  - 硷多醇(B6)
  - 氰钴胺素(B12)
  - 叶酸

以上这组维生素被称为维他命B群，彼此之间将产生合作效应。缺乏维他命B群会造成下列症状：无食欲、头痛、肌肉疼痛、无法集中精神、情绪波动大和失眠。有监于此，每日摄取维他命B群是非常重要的，特别是在面对压力的情况下，确保您拥有充足的精力，全天体力充沛，击退疲惫感。它也有助于改善您的活力与精力。

## 维他命C

牙龈出血？干燥鳞状的肌肤？肌肉和关节疼痛？容易出现青肿？这些都可能是维他命C缺乏症的症状。特别是伤风症侵袭方面的功能广为人知。实际上，它亦在促进胶原形成，强化骨骼，牙齿和血管上扮演著重要的角色。除此之外，它还能加速伤口和一般疾病的复原。

## 锌

锌是一种存在于人体内组织的微量矿物，是微系免疫系统的重要元素。因此，缺乏锌会使您容易受病菌的感染。

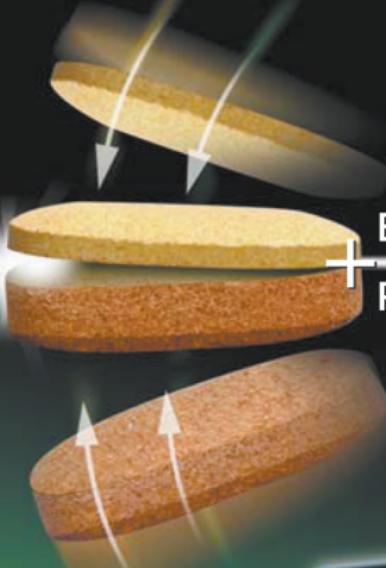
## CoQ10 (辅酶Q10)

辅酶Q10高度凝聚在心肌细胞，因为这类细胞需要大量的能量供应。辅酶Q10的主要功能是释放身体细胞里的能量。它有助减少游离基和发挥抗氧化剂作用，以预防身体脂肪受到氧化破坏。这脂溶性的辅酶Q10是体内的线粒体内膜天然产生的物质。

然而，在我们踏入40岁后，体内的辅酶Q10产量会逐减少，导致身体重要器官的CoQ10水平也与日俱降。通过服用由酵母天然萃取的Q10补充剂，可以帮助补充身体的CoQ10水平。

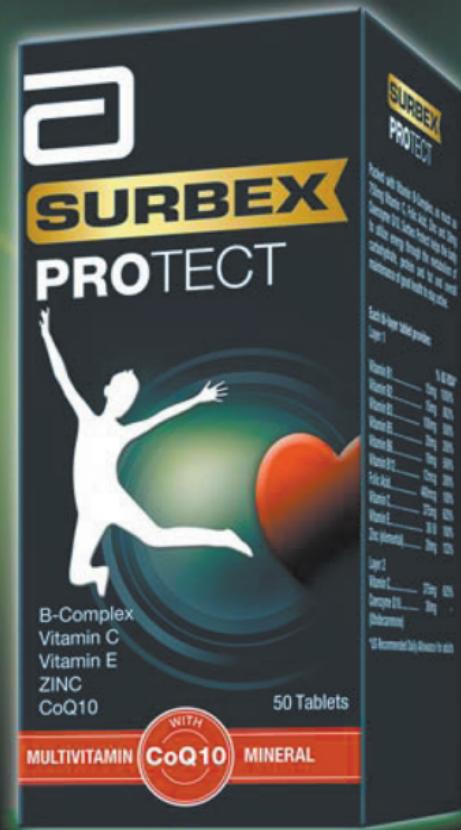
每天在午餐后服用一颗，养精蓄锐，  
为您的事业人生激发新活力！

# SURBEX PROTECT



Energy for Success  
Protection for Health

+ 成功的推动力 健康的守护



No. 1



## Surbex Zinc

The top selling B-complex supplement.\*

Surbex Zinc 最畅销综合维他命B补充剂。\*

Surbex Zinc ialah suplemen B-kompleks terlaris.\*

## Pharmaceutical-grade health supplements

Undergoes stringent tests to ensure quality, purity & safety.

医药剂的保健品

经过严格的测试，无论是品质、纯净度和安全性皆获得一致保证。

## Suplemen kesihatan gred farmaseutikal

Melalui ujian ketat bagi memastikan kualiti, ketulenan & keselamatan.



## Bio-Enhanced Technology

Bio-Enhanced technology for optimal absorption to maximise the benefits of the supplements.

Bio-enhanced 技术

使用活性强化技术。达到最佳吸收率以带来最佳的保健效益。

## Teknologi Bio-Enhanced

Menggunakan teknologi Bio-Enhanced berpaten. Penyerapan optimum untuk memaksimumkan manfaat suplemen.

# SURBEX

Provides a wide range of supplements for your family's health needs.

SURBEX 提供您一家人健康所需要的完整保健品。

SURBEX menyediakan rangkaian luas suplemen untuk keperluan kesihatan keluarga anda.



\* Source / 资料来源 / Sumber : IMS data for Malaysia Private Sector Pharmaceuticals Jan - Dec 2012

For more information, please call

**1-800-88-0709**

(Mon to Fri, 9.00am to 5.00pm)

[www.abbott.com.my](http://www.abbott.com.my)