Training Curves (pretrain)
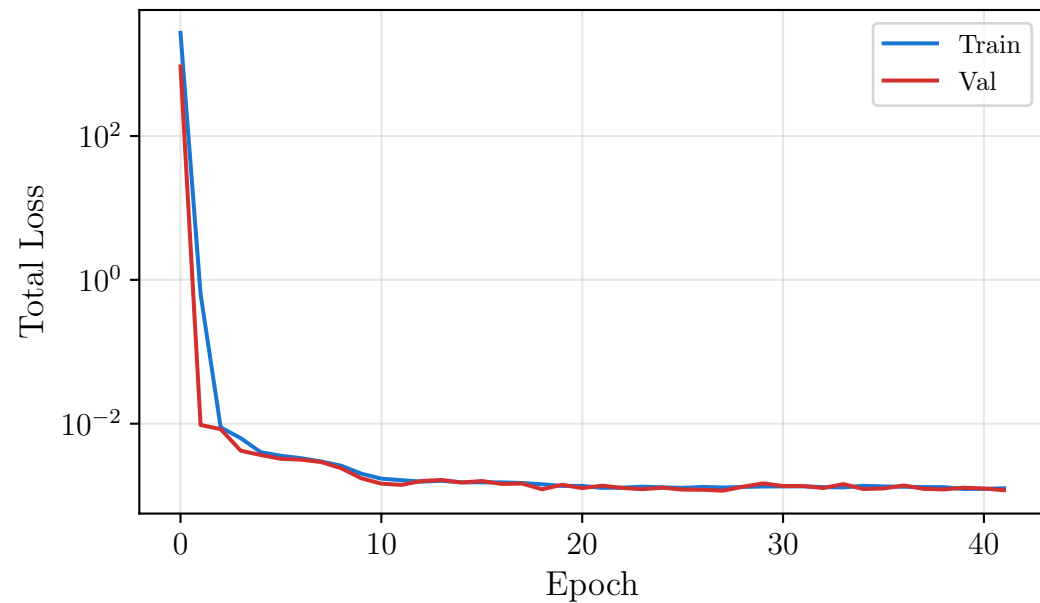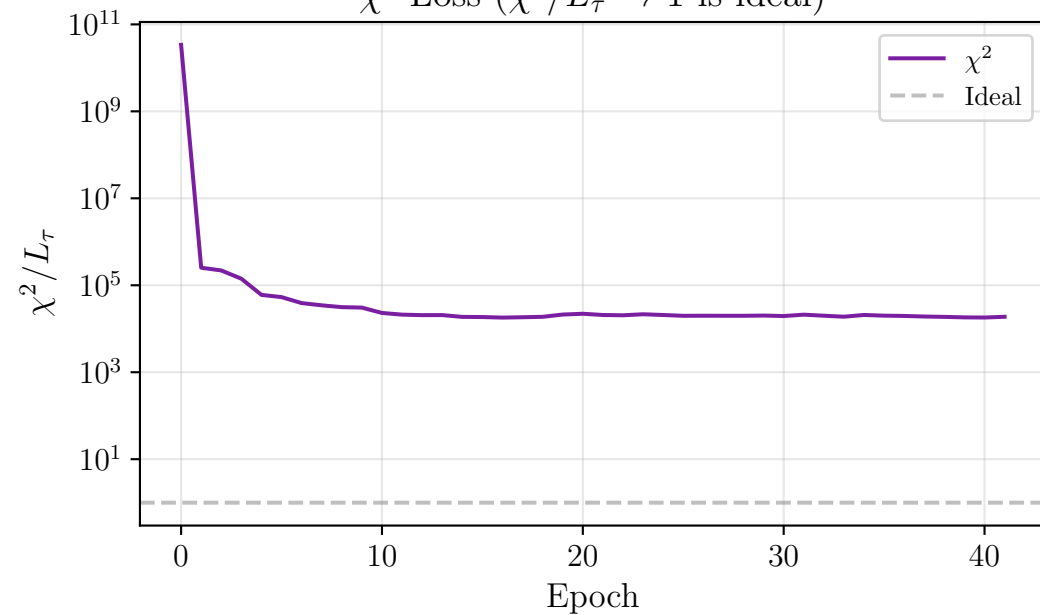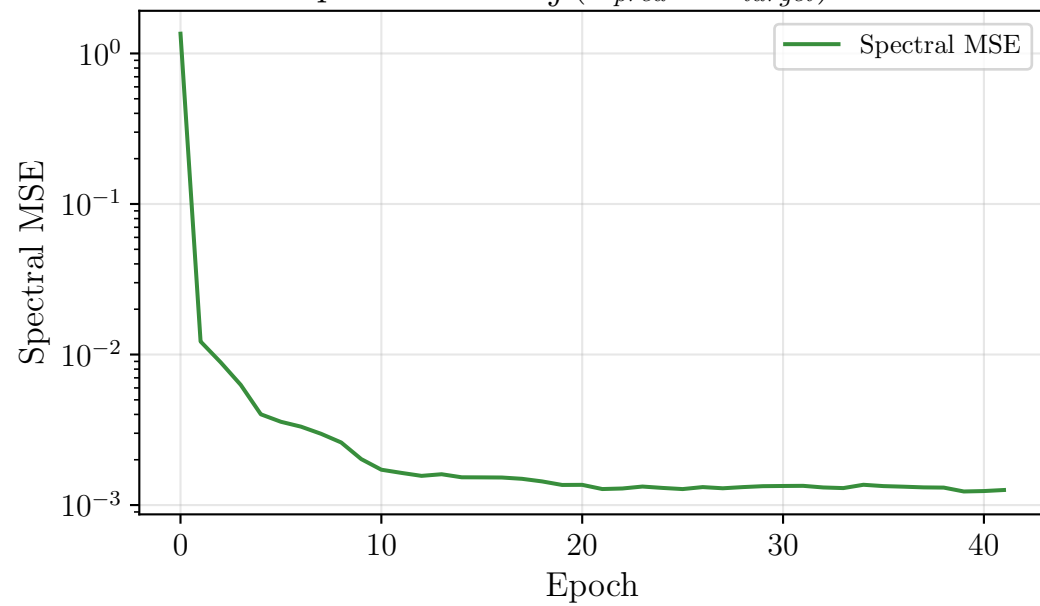

Total Loss

χ^2 Loss ($\chi^2/L_\tau \to 1$ is ideal)

Spectral MSE: $\int (A_{pred} - A_{target})^2 d\omega$

Smoothness + KL