

\*Trading commences each Sunday at 22:05 GMT and closes on Friday at 21:55 GMT.

## COMMODITIES

Instrument	Trading Hours (GMT)
Copper	23:00 -24:00, 00:00-21:59
XAUUSD	23:00 -24:00, 00:00-21:59
Platinum/XPTUSD	23:00 -24:00, 00:00-21:59
Palladium/XPDUSD	23:00 -24:00, 00:00-21:59
XAGUSD	23:00 -24:00, 00:00-21:59
Cocoa	09:46 - 18:29
Coffee	09:16 - 18:29
Cotton	02:05 - 19:15
Sugar	08:31 - 17:59
Corn	01:05-13:40, 14:35-19:10
Rice	01:05-02:55, 14:35-19:10
Soybeans	01:05 - 13:40, 14:35 - 19:10
Wheat	01:05 - 13:40, 14:35 - 19:10
Brent Oil (Sunday)	23:00 - 00:00
Brent Oil (Monday)	00:00 -23:00
Brent Oil (Tuesday - Thursday)	01:00 - 23:00
Brent Oil (Friday)	01:00 - 21:55
UKOil (Sunday)	23:00 - 00:00
UKOil (Monday)	00:00 -23:00
UKOil (Tuesday - Thursday)	01:00 - 22:00
UKOil (Friday)	01:00 - 20:55
Heating Oil	00:00-21:55, 23:01-00:00
Natural Gas	00:00-21:55, 23:01-00:00
USOil	00:00-21:55, 23:01-00:00
Crude Oil	00:00-21:55, 23:01-00:00

## CRYPTOS

Instrument	Trading Hours (GMT)
Cryptos	24/5

## BONDS

Instrument	Trading Hours (GMT)
TBOND-30Y (US30YBond)	00:00-21:59, 23:00 -24:00
TNOTE-10Y (US10YNote)	00:00-21:59, 23:00 -24:00

## STOCKS

Instrument	Trading Hours (GMT)
US Shares	14:31 - 21:00

## INDICES

Instrument	Trading Hours (GMT)	Friday Early Close
<b>S&amp;P 500 (USA500)</b>	00:00-21:59, 23:01-00:00	-
<b>DJ 30 (USA30)</b>	00:00-21:59, 23:01-00:00	-
<b>NASDAQ 100 (USTECH100)</b>	00:00-21:59, 23:01-00:00	-
<b>NIKKEI 225 (Japan225)</b>	00:00-21:55, 23:05-00:00	-
<b>RUSSEL2000 -US small cap 2000 (USA2000)</b>	00:00-21:59, 23:01-00:00	-
<b>VIX (VIXX)</b>	00:00-21:10, 23:01-00:00	-
<b>USDx (DollarIndex)</b>	01:05 - 21:55	-
<b>CAC 40 (France40)</b>	00:00-21:59, 23:01-00:00	21:15
<b>DAX 30 (Germany 30)</b>	00:00-21:59, 23:01-00:00	21:15
<b>FTSE 100 (UK100)</b>	00:00-21:59, 23:01-00:00	21:15

## FX PAIRS

Instrument	Trading Hours (GMT)	Sunday opening
<b>ALL 24H FX</b>	22:01 - 21:59	22:05
<b>EUR/PLN</b>	22:15-21:57, 22:15-24:00	-
<b>USD/PLN</b>	22:15-21:57, 22:15-24:00	-
<b>CHF/PLN</b>	22:15-21:57, 22:15-24:00	-
<b>EUR/HUF</b>	22:17-21:57, 22:17-24:00	-
<b>USD/HUF</b>	22:17-21:57, 22:17-24:00	-
<b>USD/NOK</b>	22:15-21:57, 22:15-24:00	-
<b>EUR/NOK</b>	22:15-21:57, 22:15-24:00	-
<b>EUR/SEK</b>	22:15-21:57, 22:15-24:00	-
<b>USD/SEK</b>	22:15-21:57, 22:15-24:00	-