

Instrument	Trading Hours (GMT)
<b>FX Pairs</b>	
EUR/PLN	21:15 – 20:57
USD/PLN	21:15 – 20:57
CHF/PLN	21:15 – 20:57
EUR/HUF	21:17 – 20:57
USD/HUF	21:17 – 20:57
USD/NOK	21:15 – 20:57
EUR/NOK	21:15 – 20:57
EUR/SEK	21:15 – 20:57
USD/SEK	21:15 – 20:57
USD/BRL	13:05-19:54
All other 24H FX pairs	21:05-20:55
<b>Commodities</b>	
US Crude Oil/USOil	22:01 - 20:55
Gold/XAUUSD	22:01 - 20:55
Silver/XAGUSD	22:01 - 20:55
Corn	00:05-12:40, 13:35-18:10
Wheat	00:05-12:40, 13:35-18:10
Coffee C	09:16 – 17:29 Temporary until EU DST
Sugar no.11	08:31 – 16:59 Temporary until EU DST
Soybean	00:05-12:40, 13:35-18:10
Cotton no.2	01:05-18:15
Natural Gas	22:01 - 20:55
Rice	00:05-01:55, 13:35-18:10
Copper	22:01 - 20:55
Palladium/XPDUSD	22:01 - 20:55
Platinum/XPTUSD	22:01 - 20:55
Cocoa	09:46 - 17:29 Temporary until EU DST
Brent Oil - UKOil	00:01 - 22:00 Close at 20:55 GMT on Friday
Heating Oil	22:01 - 20:55
<b>Indices</b>	
S&P 500 (USA500)	22:01 - 20:15
DJ 30 (USA30)	22:01 - 20:10
NASDAQ 100 (USTECH100)	22:01 - 20:15
NIKKEI 225 (Japan225)	22:05-20:59
S&P / ASX 200 (Sydney200)	21:52 - 04:30, 05:15 - 20:00
RUSSEL2000 (USA2000)	22:05-20:10, 20:35-21:00
VIX (VIXX)	22:01-20:10
DollarIndex	00:05 - 20:55
CAC 40 (France40)	22:00-20:15, 20:30-20:59

<b>DAX 30 (Germany 30)</b>	<b>22:00-20:15, 20:30-20:59</b>
<b>FTSE 100 (UK100)</b>	<b>22:00-20:15, 20:30-20:59</b>
<b>Hong Kong 45 Index Cash (HK33)</b>	<b>00:15-03:00, 04:00-07:30, 08:15-17:59</b>
<b>Stocks</b>	
<b>US Stocks</b>	<b>13:31 - 20:00</b>
<b>Bonds</b>	
<b>TBOND-30Y (US30YBond)</b>	<b>22:01 - 20:59</b>
<b>TNOTE-10Y (US10YNote)</b>	<b>22:01 - 20:59</b>
<b>Cryptocurrencies</b>	
<b>Cryptocurrencies</b>	<b>21:00 - 21:00</b>