

Commodities	
Instrument	Trading Hours (GMT)
Coffee C	08:16 – 17:29
Sugar no.11	07:31 – 16:59
Cocoa	08:46 - 17:29
FX Pairs	
Instrument	Trading Hours (GMT)
USDRON	07:20 - 12:55
EURRON	07:20 - 12:55
GBPRON	07:20 - 12:55
EURCZK	07:17 - 14:14
USDCZK	07:17 - 14:14
Indices	
Instrument	Trading Hours (GMT)
DJ EURO STOXX50 (EU50)	06:01 - 19:59
FTSE / MIB (Italy 40)	07:01 - 18:29
S&P/IBEX (Spain35)	06:01 - 17:59
WIG20 (Poland20)	06:50 - 14:49
AEX (Amsterdam25)	06:01 - 19:59
SMI (Swiss20)	06:01 - 19:59
Stocks	
Instrument	Trading Hours (GMT)
UK Shares	07:05 - 15:29
German Shares	07:05 - 15:29
French Shares	07:05 - 15:29
Dutch Shares	07:05 - 15:29
Italian Shares	07:05 - 15:29
Spanish Shares	07:01 - 15:29
Czech Shares	07:20 - 14:14
Polish Shares	07:20 - 14:44
Swedish Shares	07:05 - 15:24
Austrian Shares	07:05 - 15:29
Finnish Shares	07:05 - 15:25
Danish Shares	07:05 - 14:54
Belgian Shares	07:05 - 15:29
Norwegian Shares	07:05 - 14:19
Bonds	
Instrument	Trading Hours (GMT)
EURO-BUND-10Y EU (GER10YBond)	23:16 - 19:59
GILT-LONG UK (Gilt10Y)	07:10 - 16:59