

FX	
Instrument	Trading Hours (GMT)
USDRON	08:20 - 13:55
EURRON	08:20 - 13:55
GBPRON	08:20 - 13:55
EURCZK	08:17 - 15:14
USDCZK	08:17 - 15:14

Stocks / shares / ETFs	
Exchange	Trading Hours (GMT)
LSE	08:05 - 16:29
Bolsa De Madrid	08:05 - 16:29
Borsa Italiana	08:05 - 16:29
Deutsche Boerse	08:05 - 16:29
Euronext Paris	08:05 - 16:29
Euronext Amsterdam	08:05 - 16:29
Prague	08:21 - 15:14
BSE	08:21 - 15:14
Warsaw	08:21 - 15:14

Indices	
Instrument	Trading Hours (GMT)
CAC 40 (France40)	22:01-20:59
DAX 40 (Germany 40)	22:01-20:59
FTSE 100 (UK100)	22:01-20:59
DJ EURO STOXX50 (Europe50)	07:01 - 20:59
FTSE / MIB (Italy 40)	07:01 - 18:29
S&P/IBEX (Spain35)	08:05 - 18:59
WIG20 (Poland 20)	07:50 - 15:48
AEX (Amsterdam25)	07:01 - 20:59
SMI (Swiss20)	07:01 - 20:59

Commodities	
Instrument	Trading Hours (GMT)
Coffee C	09:16 – 17:29
Sugar no.11	08:31 – 16:59
Cocoa	09:46-17:29

Opening
times only

Bonds	
Instrument	Trading Hours (GMT)
EURO-BUND-10Y EU(GER10YBond)	01:16 - 20:59
GILT-LONG UK (Gilt10Y)	08:10 - 17:59