Instrument	Trading Hours (GMT)
	Trading Hours (GMT)
FX Pairs	21.15 20.57
EUR/PLN	21:15 – 20:57
USD/PLN	21:15 – 20:57
CHF/PLN	21:15 – 20:57
EUR/HUF	21:17 – 20:57
USD/HUF	21:17 – 20:57
USD/NOK	21:15 – 20:57
EUR/NOK	21:15 – 20:57
EUR/SEK	21:15 – 20:57
USD/SEK	21:15 – 20:57
USD/BRL	13:05-19:54
All other 24H FX pairs	21:05-20:55
Commodities	
US Crude Oil /USOil	22:01 - 20:55
Gold / XAUUSD	22:01 - 20:55
Silver / XAGUSD	22:01 - 20:55
Corn	00:05-12:40, 13:35-18:10
Wheat	00:05-12:40, 13:35-18:10
Coffee C	09:16 - 17:29
Sugar no.11	08:31 – 16:59
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Soybean	00:05-12:40, 13:35-18:10
Cotton no.2	01:05-18:15
Natural Gas	22:01 - 20:55
Rice	00:05-01:55, 13:35-18:10
Copper	22:01 - 20:55
Palladium / XPDUSD	22:01 - 20:55
Platinum / XPTUSD	22:01 - 20:55
Cocoa	09:46 - <mark>17:29</mark>
Brent Oil / UKOil	00:01 - 22:00
Heating Oil	22:01 - 20:55
Indices	
S&P 500 (USA500)	22:01 - 20:15
DJ 30 (USA30)	22:01 - 20:10
NASDAQ 100 (USTECH100)	22:01 - 20:15
NIKKEI 225 (Japan225)	22:05-20:59
S&P / ASX 200 (Sydney200)	21:52 - 04:30, 05:15 - 20:00
RUSSEL2000 (USA2000)	22:05-20:10, 20:35-21:00
VIX (VIXX)	22:01-20:10
DollarIndex	00:05 - 20:55
CAC 40 (France40)	22:00-20:15, 20:30-20:59
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DAX 30 (Germany 30)	22:00-20:15, 20:30-20:59
FTSE 100 (UK100)	22:00-20:15, 20:30-20:59
Hong Kong 45 Index Cash (HK33)	00:15-03:00, 04:00-07:30, 08:15-17:59
Stocks	
US Stocks	13:31 - 20:00
Bonds	

Temporary until EU DST Temporary until EU DST

Temporary until EU DST

Close at 20:55 GMT on Friday

TBOND-30Y (US30YBond)	22:01 - 20:59
TNOTE-10Y (US10YNote)	22:01 - 20:59
Cryptocurrencies	
Cryptocurrencies	21:00 - 21:00