Ham: Itonian system:
$$\dot{x} = \frac{\partial H}{\partial \gamma} (x, \gamma)$$

$$\dot{y} = -\frac{\partial H}{\partial \gamma} (x, \gamma)$$

Say we have an equilibrium point (inelevent to name it). Then the linearized system is

Then det
$$(J(x,y) - \lambda I) = \det \begin{bmatrix} H_{xy} - \lambda & H_{yy} \\ -H_{xx} & -H_{xy} - \lambda \end{bmatrix}$$

$$= (H_{xy} - \lambda)(-H_{xy} - \lambda) + H_{xx} H_{yy}$$

$$= \lambda^2 - H_{xy}^2 + H_{xx} H_{yy}$$

$$= \lambda^2 = H_{xy}^2 - H_{xx} H_{yy}$$

$$= \lambda = \pm \sqrt{H_{xy}^2 - H_{xx} H_{yy}}$$

Then the result follows, based on the sign of the ladicand.