

# From Seconds to Hours: Reviewing MultiModal Large Language Models on Comprehensive Long Video Understanding

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## Abstract

The integration of Large Language Models (LLMs) with visual encoders has recently shown promising performance in visual understanding tasks, leveraging their inherent capability to comprehend and generate human-like text for visual reasoning. Given the diverse nature of visual data, MultiModal Large Language Models (MM-LLMs) exhibit variations in model designing and training for understanding images, short videos, and long videos. Our paper focuses on the substantial differences and unique challenges posed by long video understanding compared to static image and short video understanding. Unlike static images, short videos encompass sequential frames with both spatial and within-event temporal information, while long videos consist of multiple events with between-event and long-term temporal information. In this survey, we aim to trace and summarize the advancements of MM-LLMs from image understanding to long video understanding. We review the differences among various visual understanding tasks and highlight the challenges in long video understanding, including more fine-grained spatiotemporal details, dynamic events, and long-term dependencies. We then provide a detailed summary of the advancements in MM-LLMs in terms of model design and training methodologies for understanding long videos. Finally, we compare the performance of existing MM-LLMs on video understanding benchmarks of various lengths and discuss potential future directions for MM-LLMs in long video understanding.

## 1 Introduction

Large Language Models have demonstrated remarkable versatility and capability in understanding and generating human-like text by scaling

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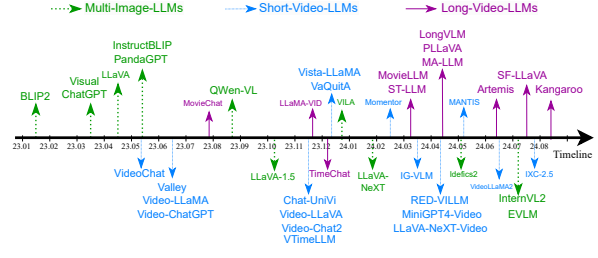


Figure 1: The development of MM-LMMs for multiple images, short videos and long videos.

model size and training data (Raffel et al., 2020; Brown, 2020; Chowdhery et al., 2023; Touvron et al., 2023a). To extend these capabilities to visual understanding tasks, various methods have been proposed to integrate LLMs with specific visual modality encoders, thereby endowing LLMs with visual perception abilities (Alayrac et al., 2022; Li et al., 2023a). Single images or multiple frames are encoded as visual tokens and integrated with textual tokens to help MM-LLMs achieve visual understanding. For long-video understanding, MM-LLMs (Dai et al., 2023; Liu et al., 2024c) are designed to process a larger number of visual frames and diverse events, enabling a wide range of real-world applications such as automatically analyzing highlight reels from sports videos, movies, surveillance footage, and egocentric videos in embodied AI. For example, a robot could learn to make a cup of coffee from a long egocentric video. It needs to analyze key events from the long video including: 1) measuring one to two tablespoons of ground coffee for every 6 ounces of water; 2) adding water to the coffee maker’s reservoir; 3) putting the coffee grounds into the filter basket; and 4) starting the coffee maker and waiting for it to brew. Modeling long-form videos with complex spatiotemporal details and dependencies remains a challenging problem (Wang et al., 2023a; Mangalam et al., 2024; Xu et al., 2024b; Wu et al., 2024).

There are substantial differences between long

	Image-LLMs	Video-LLMs	Long-Video-LLMs
Task	<ul style="list-style-type: none"> <li>Image understanding:               <ul style="list-style-type: none"> <li>Spatial reasoning: e.g. (Changpinyo et al., 2022; Chen et al., 2024a; Mathew et al., 2021; Peng et al., 2024; Sohoni et al., 2020; Wei et al., 2021).</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Short video understanding:               <ul style="list-style-type: none"> <li>Spatial reasoning: e.g. (Li et al., 2023b; Ranasinghe et al., 2024).</li> <li>Within-event reasoning: e.g. (Diba et al., 2023; Huang et al., 2018).</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Long video understanding:               <ul style="list-style-type: none"> <li>Spatial reasoning: e.g. (Fu et al., 2024a).</li> <li>Within-event reasoning: e.g. (Cheng et al., 2024).</li> <li><b>Between-event reasoning:</b> e.g. (Qian et al., 2024).</li> <li><b>Long-term reasoning:</b> e.g. (Wu et al., 2024).</li> </ul> </li> </ul>
Backbone	<ul style="list-style-type: none"> <li>Visual encoder: CLIP-ViT (Radford et al., 2021), SigLIP-ViT (Zhai301 et al., 2023), etc.</li> <li>LLM: LLaMA (Touvron et al., 2023b), etc.</li> </ul>	<ul style="list-style-type: none"> <li>Visual encoder: CLIP-ViT (Radford et al., 2021), SigLIP-ViT (Zhai301 et al., 2023), etc.</li> <li>LLM: LLaMA (Touvron et al., 2023b), etc.</li> </ul>	<ul style="list-style-type: none"> <li>Visual encoder: CLIP-ViT (Radford et al., 2021), SigLIP-ViT (Zhai301 et al., 2023), etc.</li> <li><b>Long-context LLM:</b> LLaMA3.1 (Dubey et al., 2024), etc.</li> </ul>
Connector	<ul style="list-style-type: none"> <li>Image-level connector:               <ul style="list-style-type: none"> <li>Linear-layer-based: e.g. (Liu et al., 2024a; Liu et al., 2024c; Su et al., 2023)</li> <li>Pooling-based: e.g. (Liu et al., 2024b; Maaz et al., 2023; Xu et al., 2024a)</li> <li>Transformer-based: e.g. (Dai et al., 2023; Bai et al., 2023b; Jiang et al., 2024)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Image-level connector:               <ul style="list-style-type: none"> <li>Image-Q-Former, Spatial-pooling, etc. e.g. (Liu et al., 2024a; Li et al., 2023b; Maaz et al., 2023; Li et al., 2024f)</li> </ul> </li> <li>Video-level connector               <ul style="list-style-type: none"> <li>Video-Q-Former, Temporal-pooling, etc. e.g. (Zhang et al., 2023; Luo et al., 2023)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Image-level connector.</li> <li>Video-level connector.</li> <li><b>Long-video-level connector:</b> <ul style="list-style-type: none"> <li><b>Efficient token-compression:</b> e.g. (Song et al., 2024a; Xu et al., 2024a; Xu et al., 2024b)</li> <li><b>Time-aware design:</b> e.g. (Huang et al., 2024a; Ma et al., 2023b; Qian et al., 2024; Ren et al., 2024)</li> </ul> </li> </ul>
Training	<ul style="list-style-type: none"> <li>Pre-training: Image-text pairs. e.g. (Chen et al., 2015; Sharma et al., 2018; Chen et al., 2023b).</li> <li>Instruction-tuning: Image-language instruction data. e.g. (Chen et al., 2023b; Liu et al., 2024c)</li> </ul>	<ul style="list-style-type: none"> <li>Pre-training: Image-, Short-video-text pairs. e.g. (Chen et al., 2015; Sharma et al., 2018; Chen et al., 2023b; Bain et al., 2021).</li> <li>Instruction-tuning: Image-, short-video-language instruction data. e.g. (Maaz et al., 2023)</li> </ul>	<ul style="list-style-type: none"> <li>Pre-training: Image-, video-, <b>long-video-text</b> pairs. e.g. (Bain et al., 2021; Zhang et al., 2024d).</li> <li>Instruction-tuning: Image-, short-video-, <b>long-video-language instruction</b> data. e.g. (Li et al., 2023c; Huang et al., 2024a; Ren et al., 2024; Qian et al., 2024)</li> </ul>

Figure 2: The comparison of MM-LLMs among Image-, Short-Video-, and Long-Video-LLMs. The **bold content** often highlights special considerations of LV-LLMs for long video understanding.

video understanding and other visual understanding tasks. Compared to static image understanding, which focuses solely on the spatial content of static images, short video understanding must also account for within-event temporal information across sequential frame changes (Li et al., 2023b; Zhang et al., 2023; Maaz et al., 2023). Further, long videos exceeding one minute (Wu and Krahenbuhl, 2021; Zhang et al., 2024d; Song et al., 2024a) typically consist of multiple events with varying scenes and visual content, necessitating the capture of significant between-event and long-term variations for effective understanding. Effectively balancing spatial and temporal details with a limited number of visual tokens presents a considerable challenge for Long-Video-LLMs (LV-LLMs) (Song et al., 2024a; He et al., 2024; Xu et al., 2024b). Additionally, unlike short videos that span only a few seconds and contain tens of visual frames, long videos often encompass thousands of frames (Ren et al., 2024; Zhang et al., 2024d). Therefore, LV-LLMs must be capable of memorizing and continually learning long-term correlations in videos that span minutes or even hours. The advancements of MM-LLMs (Fu et al., 2024a; Wu et al., 2024) for comprehensive long video understanding, especially in model design and training, warrant special attention.

We summarize the comparison of MM-LLMs among Image-, Short-Video-, and LV-LLMs in Fig. 2. In addition to the inheritance and development relationships between long-video understanding and other visual understanding tasks discussed above, LV-LLMs have also been developed by building upon the advancements of multi-

image and short-video MM-LLMs, sharing a similar structure of visual encoder, LLM backbone, and cross-modality connectors. To effectively address the newly introduced challenges in long video understanding tasks, LV-LLMs are designed with more efficient long-video-level connectors that not only bridge cross-modal representations but also compress visual tokens to a manageable number (Li et al., 2023c; Zhang et al., 2024d). Additionally, time-aware modules are often incorporated to enhance the capture of temporal information (Qian et al., 2024) in LV-LLMs. For pre-training and instruction-tuning, video-text pairs and video-instruction data are essential for MM-LLMs to handle both images and videos with shared spatial perception and reasoning capacity (Li et al., 2023b). Long video training datasets are particularly beneficial for temporal cross-modal semantic alignment and capturing long-term correlations, which are crucial for LV-LLMs (Song et al., 2024b). Our survey will provide a comprehensive summary of recent advances in model designing and training methods, tracing the evolution of MM-LLMs from for images to for long videos.

Recent surveys on visual understanding tasks typically adopt a single perspective, either from a global view of reviewing MM-LLMs (Yin et al., 2023; Zhang et al., 2024a) or from a local view focusing on image- or video-understanding tasks (Zhang et al., 2024b; Nguyen et al., 2024). While these works offer extensive reviews on the research topics, they do not discuss the developmental and inheritance relationships between different tasks and methods. Moreover, existing reviews on video

understanding tasks (Tang et al., 2023) tend to focus more on general video understanding rather than the more challenging task of long video understanding. Long videos over one minute are used in education, entertainment, transportation, etc., necessitating comprehensive automatic understanding with powerful models. (Apostolidis et al., 2021). Our work is among the earliest to summarize and discuss the long video understanding task from a developmental perspective.

Our survey is structured as follows: firstly, we find that the long video understanding task is more complex compared with image and short video understanding tasks (Sec.2.1), and summarize the unique challenges of long video understanding in Sec.2.2. Next, we provide a detailed summary of the developments in MM-LLMs from the perspectives of model architecture (Sec.3) and training methodologies (Sec.4), with an emphasis on the implementation of LV-LLMs for comprehensive long video understanding. We then compare the performance of video LLMs on video understanding benchmarks, from seconds to minutes (Sec.5.1) and from minutes to hours (Sec.5.2), respectively, offering insights into the existing research results of LV-LLMs. Finally, we discuss future research directions in long video understanding to advance the research field in Sec.6.

## 2 Long Video Understanding

Due to the inherent differences between long video understanding and image or short video understanding, including the presence of various events with more frames and dynamic scenarios, the task of long video understanding presents additional challenges for visual comprehension.

### 2.1 Visual Reasoning and Understanding

Visual reasoning demands models to comprehend and interpret visual information and integrate multimodal perception with commonsense understanding (Johnson et al., 2017; Chen et al., 2024c). There are three main types of visual reasoning tasks: visual question answering (VQA), visual captioning (VC) or description (VD), and visual dialog (VDia). VQA (Antol et al., 2015; Zakari et al., 2022) involves generating a natural language answer based on the input visual data and accompanying questions. VC and VD systems (Vinyals et al., 2015; Sharma et al., 2018; Li et al., 2019) typically generate a concise, natural language sentence that sum-

marizes the main content of the visual data and a detailed and comprehensive description of the corresponding visual data, respectively. VDia (Das et al., 2017; Qi et al., 2020) involves multi-turn conversations, consisting of a series of question-answer pairs centered around the visual content.

**Image understanding.** As illustrated in Fig. 3 (a), image understanding tasks involve a single image for various visual reasoning tasks, such as image captioning and image-centered question answering (Sharma et al., 2018; Mathew et al., 2021; Changpinyo et al., 2022; Li et al., 2023a; Chen et al., 2024a). These tasks focus solely on spatial information, encompassing both coarse-grained understanding (Ordonez et al., 2011; Sohoni et al., 2020) of global visual context and fine-grained understanding (Wei et al., 2021; Liu et al., 2024b; Peng et al., 2024) of local visual details.

**Short video understanding.** Unlike image understanding tasks, which involve only static visual data, short video understanding also incorporates temporal information from multiple visual frames (Xu et al., 2016; Bain et al., 2021; Li et al., 2023b, 2024e). In addition to spatial reasoning (Ranasinghe et al., 2024), within-event temporal reasoning and spatiotemporal reasoning across frames play crucial roles for short video understanding (Huang et al., 2018; Lin et al., 2019; Diba et al., 2023).

**Long video understanding.** Long videos, spanning minutes or even hours, typically consist of multiple events, encompassing much richer spatial content and temporal variations compared to short videos (Mangalam et al., 2024; Li et al., 2024f; Song et al., 2024a,b). As summarized in Fig. 3 (c), long video understanding involves not only spatial and within-event temporal reasoning but also between-event reasoning and long-term reasoning from different video events (Wu et al., 2019; Wu and Krahenbuhl, 2021; Wang et al., 2023a; Zhou et al., 2024; Fang et al., 2024).

### 2.2 Challenges of Long Video Understanding

Compared with images and short videos, long-form videos introduce new challenges to comprehensive visual understanding, as follows:

**Rich fine-grained spatiotemporal details.** Long videos, which cover a wide range of topics, scenes, and activities, contain varying details such as objects, events, and attributes (Fu et al., 2024a; Wu et al., 2024). These details are much richer compared to static images and short videos with multiple similar frames, making long video understand-

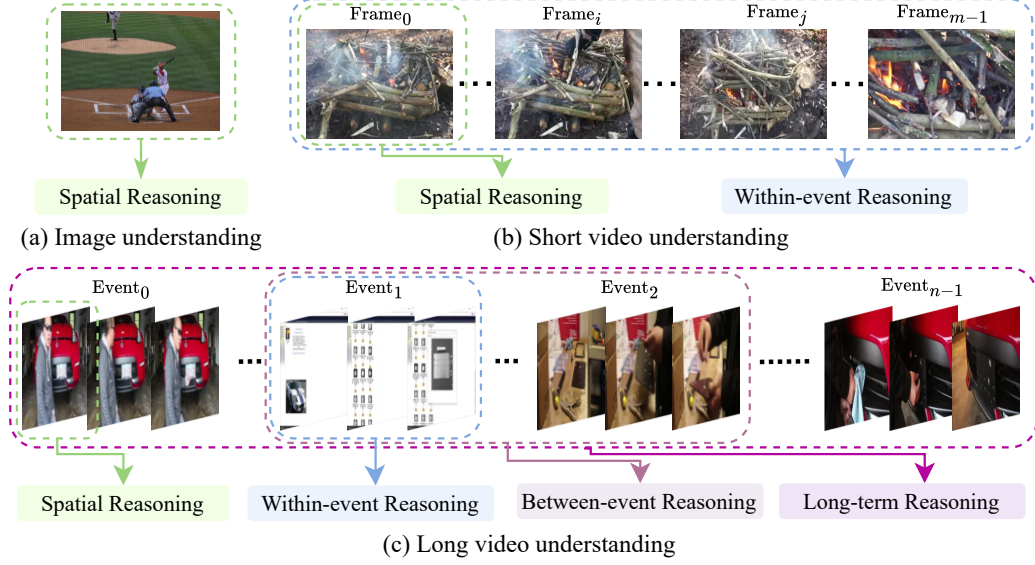


Figure 3: Visual understanding of (a) images, (b) short videos, and (c) long videos.

ing more challenging. For instance, fine-grained spatial question answering can be introduced in any frame, while temporal question answering can be introduced between or among frames for long video reasoning tasks (Song et al., 2024a). MM-LLMs for long video understanding must capture all relevant fine-grained spatiotemporal details from video frames spanning minutes or even hours, using a limited number of visual tokens.

**Dynamic events with scene transitions and content changes.** Long videos often contain various dynamic events with significant differences in scenes and content (Wu et al., 2024). These events can be semantically related and temporally coordinated according to their order of appearance (Bao et al., 2021), or they can exhibit significant semantic differences due to plot twists (Papalampidi et al., 2019). Between-event reasoning involving multiple events with diverse visual information is crucial for accurate content understanding (Cheng et al., 2024a; Qian et al., 2024). For MM-LLMs, distinguishing semantic differences and maintaining semantic coherence across varying events are essential for long video understanding.

**Long-term correlation and dependencies.** Long videos often contain actions and events that span extended periods. Capturing long-term dependencies and understanding how different parts of the video relate to each other over the long period is challenging (Wu et al., 2019). Video LLMs designed for images or short videos typically fail to contextualize the present event in relation to past or future events that are far from the current time (Wu

and Krahenbuhl, 2021), as well as in long-term decision-making (Wang et al., 2024b).

### 3 Advances in Model Architecture

In this section, we discuss the advances of MM-LLMs from image-targeted to long-video-targeted models, from the perspective of model architecture. As illustrated in Fig. 4, MM-LLMs for images, short videos, and long videos share a similar structure comprising a visual encoder, an LLM backbone, and an intermediary connector. Unlike the image-level connector in image-targeted MM-LLMs, the video-level connector is crucial for integrating cross-frame visual information. In LV-LLMs, designing the connector is more challenging, requiring efficient compression of amounts of visual information and incorporating temporal knowledge to manage long-term correlations.

#### 3.1 Visual Encoder and LLM Backbone

MM-LLMs, encompassing both image-targeted and video-targeted models, typically utilize similar visual encoders for visual information extraction. LLM backbones are also universal in early MM-LLM methods, while existing LV-LLMs tend to use long-context LLMs in the implementation.

**Visual encoder.** The pretrained visual encoders are responsible for capturing vision knowledge from raw visual data. As summarized in Table 1, image encoders like CLIP-ViT-L/14 (Radford et al., 2021), EVA-CLIP-ViT-G/14 (Sun et al., 2023), OpenCLIP-ViT-bigG/14 (Cherti et al., 2023), and SigLIP-SO400M (Zhai et al., 2023) are widely uti-



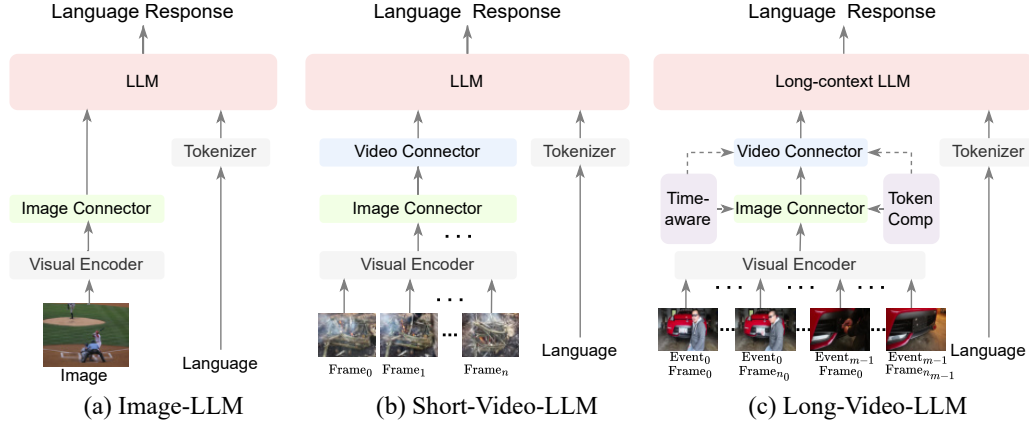


Figure 4: MM-LLMs of (b): Image-LLM, (c) Short-Video-LLM and (c) Long-Video-LLM.

Model	Year	Backbone		Connector			#Frame	#Token	Hardware	Training	
		Visual Encoder	LLMs	Image-level	Video-level	Long-video-level				PT	IT
InstructBLIP (2023)	23.05	EVA-CLIP-ViT-G/14	FlanT5, Vicuna-7B/13B	Q-Former	—	—	4	32/128	16 A100-40G	Y-N-N	Y-N-N
VideoChat (2023b)	23.05	EVA-CLIP-ViT-G/14	StableVicuna-13B	Q-Former	Global multi-head relation aggregator	—	8	/32	1 A10	Y-Y-N	Y-Y-N
Video-LLaMA (2023)	23.06	EVA-CLIP-ViT-G/14	LLaMA, Vicuna	Q-Former	Q-Former	—	8	/32	—	Y-Y-N	Y-Y-N
Video-ChatGPT (2023)	23.06	CLIP-ViT-L/14	Vicuna1.1-7B	Spatial-pooling	Temporal-pooling	—	100	/356	8 A100-40G	N-Y-N	N-Y-N
Valley (2023)	23.06	CLIP-ViT-L/14	StableVicuna-7B/13B	—	Transformer and Mean pooling	—	0.5 fps	/256-T	8 A100 80G	Y-Y-N	Y-Y-N
MovieChat (2024a)	23.07	EVA-CLIP-ViT-G/14	LLaMA-7B	Q-Former	Frame merging, Q-Former	Merging adjacent frames	2048	32/32	—	E2E	E2E
Qwen-VL (2023b)	23.08	Openclip-ViT-bigG	Qwen-7B	Cross-attention	—	—	4	/256	—	Y-N-N	Y-N-N
Chat-UniVi (2024)	23.11	CLIP-ViT-L/14	Vicuna1.5-7B	Token merging	—	—	64	/112	—	Y-N-N	Y-Y-N
Video-LLaVA (2023)	23.11	LanguageBind-ViT-L/14	Vicuna1.5-7B	—	—	—	8	256/2048	4 A100-80G	Y-Y-N	Y-Y-N
LLaMA-VID (2023c)	23.11	CLIP-ViT-L/14	Vicuna-7B/13B	—	Context attention and pooling	—	1 fps	2/	8 A100	Y-Y-N	Y-Y-Y
VTimeLLM (2024a)	23.11	CLIP-ViT-L/14	Vicuna1.5-7B/13B	Frame feature	—	—	100	1/100	1 RTX-4090	Y-Y-N	N-Y-N
VideoChat2 (2024e)	23.11	EVA-CLIP-ViT-G/14	Vicuna0-7B	—	Q-Former	—	16	/96	—	Y-Y-N	Y-Y-N
Vista-LLaMA (2023a)	23.12	EVA-CLIP-ViT-G/14	LLaVa-Vicuna-7B	Q-Former	Temporal Q-Former	—	16	32/512	8 A100-80GB	E2E	E2E
TimeChat (2024)	23.12	EVA-CLIP-ViT-G/14	LLaMA2-7B	Q-Former	Sliding window Q-Former	Time-aware encoding	96	/96	8 V100-32G	Y-Y-N	N-N-Y
ViQuitA (2023b)	23.12	CLIP-ViT-L/14	LLaVA1.5-LLaMA-7B	—	Video Perceiver, VQ-Former	—	100	/356	8 A100-80GB	E2E	E2E
Dolphins (2023b)	23.12	CLIP-ViT-L/14	OpenFlamingo	Perceiver Resampler, Gated cross-attention	—	Time embedding	—	—	4 A100	N-Y-N	Y-Y-N
Momentor (2024)	24.02	CLIP-ViT-L/14	LLaMA-7B	Frame feature, Temporal Perception Module, Grounded Event-Sequence Modeling	—	—	300	1/300	8 A100	Y-Y-N	N-Y-N
MovieLLM (2024b)	24.03	CLIP-ViT-L/14	Vicuna-7B/13B	Context attention and pooling	—	—	1 fps	2/	4 A100	Y-Y-N	Y-Y-Y
MA-LMM (2024)	24.04	EVA-CLIP-ViT-G/14	Vicuna-7B	Q-Former	Memory Bank Compression	Merging adjacent frames	100	/32	4 A100	E2E	E2E
PLLaVA (2024a)	24.04	CLIP-ViT-L/14	LLaVA-Next-LLM	—	Adaptive Pooling	—	64	2304	—	Y-N-N	Y-Y-N
LongVLM (2024)	23.04	CLIP-ViT-L/14	Vicuna1.1-7B	—	Hierarchical token merging	—	100	/305	4 A100 80G	Y-N-N	Y-Y-N
MiniGPT4-Video (2024)	24.04	EVA-CLIP-ViT-G/14	LLaMA2-7B, Mistral-7B	Merging adjacent tokens	—	—	90	64/5760	—	Y-Y-N	N-Y-N
RED-VLLM (2024b)	24.04	Openclip-ViT-bigG	Qwen-7B	Spatial pooling	Temporal pooling	—	100	/1124	—	Y-N-N	Y-Y-N
ST-LLM (2024c)	24.04	BLIP-2	InstructBLIP-Vicuna1.1-7B	Q-Former	Masked video modeling	Global-Local input	16	/512	8 A100	E2E	E2E
LLaVA-NeXT-Video (2024c)	24.04	CLIP-ViT-L/14	Vicuna1.5-7B/13B, Mistral-7B	Merging adjacent tokens	—	—	32	4608	—	Y-Y-N	Y-Y-N
Mantis-Idetics2 (2024)	24.05	SigLIP-SO400M	Nous-Hermes-2-Yi-34B	Perceiver resampler	—	—	8	64/512	16 A100-40G	Y-N-N	N-Y-N
VideoLLaMA 2 (2024b)	24.06	CLIP-ViT-L/14	Mistral-7B-Instruct	Spatial-Temporal Convolution	—	—	8	/576	—	Y-Y-N	Y-Y-N
LongVA (2024d)	24.06	CLIP-ViT-L/14	Qwen2-7B-224K	Merging adjacent tokens	Expanding tokens	—	384	55,296	8x A100-80G	—	Y-N-N
Artemis (2024)	24.06	CLIP-ViT-L/14	Vicuna1.5-7B	—	Average pooling	—	5	/356	8 x A800	Y-Y-N	N-Y-N
VideoGPT+ (2024)	24.06	CLIP-ViT-L/14	Phi3-Mini-3.8B	Adaptive pooling	Adaptive pooling	—	16	/2560	8 x A100 40G	Y-Y-N	N-Y-N
IXC-2.5 (2024c)	24.07	CLIP-ViT-L/14-490	InternLM2-7B	Merging adjacent tokens	Expanding tokens	Frame index	64	400/25600	—	Y-Y-N	Y-Y-N
EVLm (2024b)	24.07	EVA2-CLIP-E-Plus	Qwen-14B-Chat 1.0	Gated cross attention	—	—	—	/16	—	Y-Y-N	Y-Y-N
SlowFast-LLaVA (2024b)	24.07	CLIP-ViT-L/14	Vicuna1.5-7B	Merging adjacent tokens	—	Slow and fast pathway	50	3680	A100-80G	—	—
LLaVA-NeXT-Interleave (2024d)	24.07	SigLIP-SO400M	Qwen1.5-0.5B/7B/14B	—	—	—	16	729/11664	—	Y-N-N	Y-Y-N
Kangaroo (2024d)	24.08	EVA-CLIP-ViT-G/14	LLaMA3-8B	MLP	3D Depthwise convolution	—	16	256/4096	—	Y-Y-N	Y-Y-Y
VITA (2024b)	24.08	InternViT-300M-448px	Mistral 8x7B	—	—	—	16	729/	—	Y-Y-N	Y-Y-N
LLaVA-OneVision (2024c)	24.08	SigLIP-SO400M	Qwen2-7B	Merging adjacent tokens	—	—	16	729/	—	Y-Y-N	Y-Y-N
LONGVILA (2024)	24.08	—	—	—	Multi-Modal Sequence Parallelism	—	1024	256/	256 A100 80G	Y-Y-N	Y-Y-Y
LongLLaVA (2024c)	24.09	CLIP-ViT-B/32	LLaVA1.6-13B	Merging adjacent tokens	Mamba Layers	Hybrid architecture	256	144/	24 A800 80G	Y-N-N	Y-Y-N
Qwen2-VL (2024a)	24.09	CLIP-ViT-L/14	Qwen2-1.5B/7B/72B	Merging adjacent tokens	3D convolutions	—	2 fps	66/	—	Y-N-N	Y-Y-N

Table 1: Comparison of mainstream Video-LLMs. "PT" and "IT" denote the two stages of pre-training and instruction-tuning during model training. The letters "Y" (Yes) and "N" (No) indicate whether image, short-video, and long-video language datasets are used in these stages. "E2E" stands for an end-to-end training pipeline.

lized as visual modality encoders in image- and video-targeted LLMs. Recent work (Li et al., 2024a) shows that the visual representation, including image resolution, the size of visual token, and the pre-training visual resources, play a more important role than the size of the visual encoder.

**LLM backbone.** The LLM is the core module in visual understanding systems, inheriting properties of reasoning and decision-making. Compared to closed-source LLMs like GPT-3/4 (Brown, 2020; Achiam et al., 2023) and Gemini-1.5 (Reid et al., 2024), various open-source LLMs are more commonly used in implementing visual LLMs. These include Flan-T5 (Chung et al., 2024), LLaMA (Touvron et al., 2023b,c; Dubey et al., 2024), Vi-

cuna (Chiang et al., 2023), QWen (Bai et al., 2023a), Mistral (Jiang et al., 2023), Openflamingo (Awadalla et al., 2023), Yi (Young et al., 2024), and InternLM (Team, 2023; Cai et al., 2024).

The strength of the LLM typically correlates with superior multimodal capabilities in visual LLMs (Li et al., 2024b,a). This means that, for LLMs of the same scale, those with better language capabilities perform better, and for the same LLMs with different model sizes, larger models tend to yield better multimodal performance. Additionally, long-context LLMs that extend the context length to hundreds of thousands of tokens support learning with more extensive data (Yang et al., 2024). Recent LV-LLMs effectively transfer the LLM’s

long-context understanding ability to the vision modality (Zhang et al., 2024d).

### 3.2 Modality Interface

The connectors between visual encoders and LLMs serve as a modality interface, mapping visual features to the language feature space. Given the variability in visual data sources, these connectors can be categorized into image-level, video-level, and long-video-level connectors.

**Image-level connectors.** Image-level connectors are used to map image features to the language space for processing raw visual tokens, and they are widely used in both image-targeted and video-targeted MM-LLMs. These connectors can be categorized into three groups: **The first group** directly uses a single linear layer (Liu et al., 2024c) or a multi-layer perceptron (MLP) (Liu et al., 2024a) to map image features into the language embedding space. However, this method, which retains all visual tokens, is not suitable for visual understanding tasks involving multiple images. To address the limitations of retaining all visual tokens, **the second group** employs various pooling-based methods. These include spatial pooling (Maaz et al., 2023), adaptive pooling (Xu et al., 2024a), semantic-similar token merging (Jin et al., 2024), and adjacent token averaging (Zhang et al., 2024e; Li et al., 2024c). **The third group** utilizes cross-attention or transformer-based structures, such as Q-Former (Li et al., 2023a) and Perceiver Resampler (Jaegle et al., 2021), for image feature compression. Q-Former is a lightweight transformer structure that employs a set of learnable query vectors to extract and compress visual features. Many visual LLMs (Dai et al., 2023; Li et al., 2023b; Ma et al., 2023a; Liu et al., 2024e), following BLIP-2, choose the Q-Former-based connector. Other visual LLMs (Ma et al., 2023b; Jiang et al., 2024) opt for the Perceiver Resampler to reduce computational burden by extracting patch features.

**Video-level connectors.** Video-level connectors are used for extracting sequential visual data and further compressing visual features. Compared to the solely image-level connectors in image-targeted MM-LLMs, video-level connectors are essential for video-targeted MM-LLMs, including LV-LLMs. Some methods directly concatenate image tokens before inputting them to the LLMs, making them sensitive to the number of frame images (Dai et al., 2023; Lin et al., 2023). Similar structures used for token compression in image-level

connectors can be adapted for video-level interfaces, such as pooling-based and transformer-based structures. Pooling along the time series dimension is a straightforward way to reduce temporal information redundancy (Maaz et al., 2023; Song et al., 2024a). Transformer-based methods, such as Video Q-Former (Zhang et al., 2023; Ma et al., 2023a; Ren et al., 2024) and Video Perceiver (Wang et al., 2023b), are effective in extracting video features while reducing data complexity. Additionally, 3D-Convolution-based methods can extract and compress visual data from both the spatial and temporal dimensions (Cheng et al., 2024b; Liu et al., 2024d). **Long-video-level connectors.** The connectors specifically designed for long-video LLMs incorporate two special considerations: efficient visual information compression for handling long-form visual data and time-aware design for preserving temporal information.

Efficiently compressing visual information requires not only reducing the input visual tokens to an acceptable quantity but also preserving the complete spatiotemporal details contained in long videos. Videos contain two types of data redundancy: spatial data redundancy within frames and spatiotemporal data redundancy across frames (Li et al., 2022; Chen et al., 2023a). On the one hand, spatial data redundancy arises when region-level pixels within frames are the same, leading to inefficiencies when representing the redundant visual frame through full visual tokens. To reduce spatial video data redundancy, the LLaVA-Next-series methods (Zhang et al., 2024e; Li et al., 2024d; Liu et al., 2024b; Li et al., 2024c) merge adjacent frame patch tokens, and Chat-UniVi (Jin et al., 2024) merges similar frame patch tokens. On the other hand, spatiotemporal data redundancy includes both cross-frame pixel redundancy and motion redundancy (Pourreza et al., 2023), where the semantic information is similar among these redundant video frames. To reduce spatiotemporal video redundancy, MovieChat (Song et al., 2024a) and MA-LMM (He et al., 2024) merge frame features with higher frame similarity before inputting them to LLMs. In addition to reducing redundant information, preserving more video spatiotemporal details is crucial for accurate long video reasoning (Diba et al., 2023). To balance global and local visual information and support more frame inputs, SlowFast-LLaVA (Xu et al., 2024b) employs a slow pathway to extract features at a low frame rate while retaining more visual tokens, and a fast

pathway at a high frame rate with a larger spatial pooling stride to focus on motion cues.

Additionally, time-involved visual data efficiently manage the temporal and spatial information inherent in long-form videos (Hou et al., 2024). The time-aware design can enhance the temporal-capturing capability of video-related LLMs, which is particularly beneficial for long video understanding. Both VTimeLLM (Huang et al., 2024a) and InternLM-XComposer-2.5 (IXC-2.5) (Zhang et al., 2024c) use frame indices to enhance temporal relations. The difference lies in their approach: VTimeLLM learns temporal information by training with decoded text that includes frame indices, while IXC-2.5 encodes frame indices along with the frame image context. TimeChat (Ren et al., 2024) and Momotor (Qian et al., 2024) inject temporal information directly into frame features for fine-grained temporal information capture. Specifically, TimeChat designs a Time-aware Frame Encoder to extract visual features with corresponding timestamp descriptions at the frame level, while Momotor utilizes a Temporal Perception Module for continuous time encoding and decoding, injecting temporal information into frame features.

## 4 Advances in Model Training

Multimodal LLMs for visual understanding consist of two principal stages: pre-training (PT) for vision-language feature alignment and instruction-tuning (IT) for instruction-aware response.

### 4.1 Pre-training

Vision-language pre-training for MM-LLMs aims to align visual features with the language space using text-paired data. This includes pre-training with image-, short-video-, and long-video-text datasets. Initially introduced for visual LLMs focused on images, **image-text pre-training** is also widely used in video-related understanding tasks. Coarse-grained image-text pair datasets, such as COCO Captions (Chen et al., 2015) and CC-3M (Sharma et al., 2018), are employed for global vision-language alignment. Fine-grained image-text datasets like ShareGPT4V-PT (Chen et al., 2023b) are used for locally spatial semantics alignment. Given the limited changes in semantic content of short videos, short-video-text paired datasets, such as Webvid-2M (Bain et al., 2021), can be used similarly for **short-video-text pre-training**. Similarly, **long-video-text pre-training** is important to

capture the temporal semantic alignment of long videos for long video understanding. Given the absence of long-term cross-modal correlation in image-text and short-video-text pairs, long-video-text pre-training datasets with pairs of long videos and their corresponding text descriptions are necessary (Argaw et al., 2023). Moreover, as shown in Fig. 5 (a), the scenes and events in long videos vary significantly across frames, necessitating event-level vision-language alignment (Qian et al., 2024) for long-video-text pre-training, which is markedly different from both image-text and short-video-text pre-training (Zhang et al., 2024d).

### 4.2 Instruction-tuning

Instruction-tuning with vision-language sources enables LLMs to follow instructions and generate human-like text. Multimodal vision-language instruction-following data (Dai et al., 2023; Liu et al., 2024c), including both image-text and video-text pairs, are used to align multimodal LLMs with human intent, thereby enhancing their ability to complete real-world tasks.

Similar to the pre-training stage, **image-text instruction-tuning** is also employed in various vision-understanding tasks, including image, short-video, and long-video understanding tasks. Basic image-based instruction-following datasets, such as ShareGPT4V-Instruct (Chen et al., 2023b) and LLaVA-Instruct (Liu et al., 2024c), provide high-quality instruction-tuning data for basic spatial reasoning and chat capabilities. For video-related LLMs, **short-video-text instruction-tuning** is necessary to enable multimodal LLMs to understand temporal sequences, as seen in models like VideoChatGPT (Maaz et al., 2023) and VideoChat (Li et al., 2023b). Short-video-LLMs require both spatial and within-event reasoning instructions to understand the spatial and small-scale temporal content of short videos. However, the limited content and semantic changes in short videos are insufficient for long video understanding tasks, where frames are more numerous and exhibit significant variation. **Long-video-text instruction-tuning** is specifically introduced to better capture and understand long videos. In addition to spatial and within-event reasoning instructions, between-event and long-term reasoning instructions are necessary for the comprehensive understanding of long videos, as shown in Fig. 5 (b). Among the introduced long-video instruction-format datasets, Long-VideoQA (Li et al., 2023c) and Video-ChatGPT (Maaz et al.,



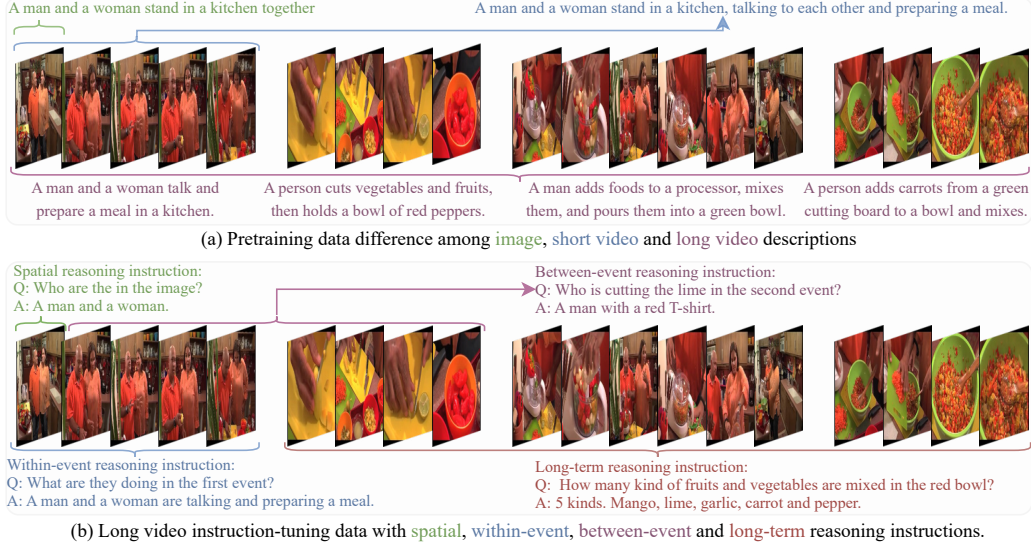


Figure 5: Long video sample for pretraining and instruction-tuning.

2023) are not time-aware, containing only long videos with corresponding data. VTimeLLM (Huang et al., 2024a), TimeIT (Ren et al., 2024), and Moment-10M (Qian et al., 2024) are time-aware, incorporating extra temporal information to enhance temporal correlation.

## 5 Evaluation, Performance and Analysis

In this section, we present a performance comparison across popular evaluation datasets featuring videos of varying lengths, along with our analysis. The comparison is conducted from two perspectives: First, we evaluate video understanding methods on tasks with video lengths ranging from seconds to minutes. Second, we specifically compare performance on extra-long video datasets, with video lengths ranging from minutes to hours.

### 5.1 Video Understanding: Seconds to Minutes

As shown in Table 2, we summarize the general video understanding performance of various visual LLMs on open-ended video question answering benchmarks, including TGIF-QA (Jang et al., 2017), MSVD-QA, MSRVT-QA (Xu et al., 2017), NEXT-QA (Xiao et al., 2021), and ActivityNet-QA (Yu et al., 2019). Additionally, we consider the VideoChatGPT-introduced video-based generative performance benchmark (Maaz et al., 2023), which evaluates five aspects of video-based text generation: Correctness of Information (CI), Detail Orientation (DO), Context Understanding (CU), Temporal Understanding (TU), and Consistency (CO). The video benchmarks with lengths shorter than 1

minute, such as TGIF-QA, MSVD-QA, MSRVT-QA, and NEXT-QA, are commonly used for short video understanding. In contrast, benchmarks exceeding one minute, such as ActivityNet-QA and the ActivityNet-200-based (Caba Heilbron et al., 2015) generative performance benchmark, are used for long video understanding.

By comparing the performance in Table 2, we can conclude that long video understanding is challenging, with the following findings: (1) Video reasoning with more frames introduces more complex visual information and is more challenging. Methods designed to support long videos, such as LongVA (Zhang et al., 2024d), show better performance compared to being fed with fewer frames on the same video dataset. However, performance decreases when being fed with more frames from the same video dataset for methods without special designs for long videos, like VideoLLaMA2 (Cheng et al., 2024b). (2) Short video understanding methods that perform well on seconds-level video understanding often do not perform well on minutes-level moderately long video understanding, such as RED-VILLM (Huang et al., 2024b) and MiniGPT4-Video (Ataallah et al., 2024). Long video understanding methods tend to share consistently good performance on both short and moderately long video benchmarks, such as ST-LLM (Liu et al., 2024e), SlowFast-LLaVA (Xu et al., 2024b), PLLaVA (Xu et al., 2024a), and MovieChat (Song et al., 2024a). This improvement likely stems from better-captured spatiotemporal information in specially designed long video understanding methods.



Model	LLM	Long	TGIF-QA	MSVD-QA	MSRVT-QA	NeXT-QA	ActivityNet-QA	GPT-based Evaluation( 2mins)					
			(2-5s)	(10-15s)	(10-15s)	(42.9s)	( 2mins)	CI	DO	CU	TU	CO	Average
InstructBLIP	Vicuna-7B	✗	—	41.8/	22.1/	—	—	—	—	—	—	—	—
Video-ChatGPT	Vicuna1.1-7B	✗	51.4/3.0	64.9/3.3	49.3/2.8	—	35.2/2.8	2.40	2.52	2.62	1.98	2.37	2.38
MA-LMM	Vicuna-7B	✓	—	60.6/	48.5/	—	49.8/	—	—	—	—	—	—
Valley	StableVicuna-7B	✗	—	60.5/3.3	51.1/2.9	—	45.1/3.2	2.43	2.13	2.86	2.04	2.45	2.38
MovieLLM	Vicuna-7B	✓	—	63.2/3.5	52.1/3.1	—	43.3/3.3	2.64	2.61	2.92	2.03	2.43	2.53
Vista-LLaMA	Vicuna-7B	✗	—	65.3/3.6	60.5/3.3	60.7/3.4	48.3/3.3	2.44	2.31	2.64	3.18	2.26	2.57
RED-VILLM	LLaVA-7B	✗	55.9/3.1	68.9/2.8	52.4/2.9	—	39.2/3.0	2.57	2.64	3.13	2.21	2.39	2.59
Momentor	LLaMA-7B	✗	—	68.9/3.6	55.6/3.0	—	40.8/3.2	—	—	—	—	—	—
Video-LLaVA	Vicuna1.5-7B	✗	70.0/4.0	70.7/3.9	59.2/3.5	—	45.3/3.3	—	—	—	—	—	—
Artemis	Vicuna1.5-7B	✓	—	72.1/3.9	56.7/3.2	—	39.3/2.9	2.69	2.55	3.04	2.24	2.70	2.64
MovieChat	LLaMA-7B	✓	—	75.2/3.8	52.7/2.6	—	45.7/3.4	2.76	2.93	3.01	2.24	2.42	2.67
VaQuitA	LLaMA-7B	✗	—	74.6/3.7	68.6/3.3	—	48.8/3.3	—	—	—	—	—	—
RED-VILLM	QWen-VL-7B	✗	62.3/3.3	71.2/3.7	53.9/3.1	—	44.2/3.2	2.69	2.72	3.32	2.32	2.47	2.70
MiniGPT4-Video	Mistral-7B	✗	72.2/4.1	73.9/4.1	58.3/3.5	—	44.3/3.4	2.97	2.58	3.17	2.38	2.44	2.71
VTimeLLM	Vicuna-7B	✗	—	—	—	—	—	2.49	2.78	3.10	3.40	2.47	2.85
MiniGPT4-Video	LLaMA2-7B	✗	67.9/3.7	72.9/3.8	58.8/3.3	—	45.9/3.2	2.93	2.97	3.45	2.47	2.60	2.88
Chat-UniVi	Vicuna1.5-7B	✗	69.0/3.8	69.3/3.7	55.0/3.1	—	46.1/3.3	2.89	2.91	3.46	2.40	2.81	2.89
LLaMA-VID	Vicuna-7B	✓	—	69.7/3.7	57.7/3.2	—	47.4/3.3	2.96	3.00	3.53	2.46	2.51	2.89
LongVLM	Vicuna1.1-7B	✓	—	70.0/3.8	59.8/3.3	—	47.6/3.3	2.76	2.86	3.34	2.39	3.11	2.89
VideoChat2	Vicuna0-7B	✗	—	70.0/3.9	54.1/3.3	—	49.1/3.3	3.02	2.88	3.51	2.66	2.81	2.98
SlowFast-LLaVA	Vicuna1.5-7B	✓	78.7/4.2	79.1/4.1	65.8/3.6	64.2/	56.3/3.4	3.09	2.70	3.57	2.52	3.35	3.04
PLLaVA	LLaVA-Next-7B	✓	77.5/4.1	76.6/4.1	62.0/3.5	—	56.3/3.5	3.21	2.86	3.62	2.33	2.93	3.12
VideoLLaMA2-16	Mistral-7B-Instruct	✗	—	70.9/3.8	—	—	50.2/3.3	3.16	3.08	3.69	2.56	3.14	3.13
VideoLLaMA2-8	Mistral-7B-Instruct	✗	—	71.7/3.9	—	—	49.9/3.3	3.09	3.09	3.68	2.63	3.25	3.15
ST-LLM	Vicuna-7B	✓	—	74.6/3.9	63.2/3.4	—	50.9/3.3	3.23	3.05	3.74	2.93	2.81	3.15
LongVA-32	Qwen2-7B-224K	✓	—	—	—	67.1/	/2.8	3.65	3.08	3.10	3.74	2.28	3.17
LongVA-64	Qwen2-7B-224K	✓	—	—	—	68.3/	/2.8	3.64	3.05	3.09	3.77	2.44	3.20
LLaVA-NeXT-Video	Vicuna1.5-7B	✗	—	—	—	—	53.5/3.2	3.39	3.29	3.92	2.60	3.12	3.26
LLaVA-NeXT-Interleave	Qwen1.5-7B	✗	—	—	—	78.2	55.3/3.13	3.51	3.28	3.89	2.77	3.68	3.43
LLaVA-OneVision	Qwen2-7B	✗	—	—	—	—	56.6/	—	—	—	—	—	3.49
LongVA-32-DPO	Qwen2-7B-224K	✓	—	—	—	69.3/	/2.8	4.07	3.55	3.32	4.09	2.86	3.58
LLaVA-NeXT-Video-DPO	Vicuna1.5-7B	✗	—	—	—	—	60.2/3.5	3.64	3.45	4.17	2.95	4.08	3.66
InstructBLIP	Vicuna-13B	✗	—	41.2/	24.8/	—	—	—	—	—	—	—	—
LLaMA-VID	Vicuna-13B	✓	—	70.0/3.7	58.9/3.3	—	47.5/3.3	3.07	3.05	3.60	2.58	2.63	2.99
PLLaVA	LLaVA-Next-13B	✓	77.8/4.2	75.7/4.1	63.2/3.6	—	56.3/3.6	3.27	2.99	3.66	2.47	3.09	3.27
LLaVA-NeXT-Interleave	Qwen1.5-14B	✗	—	—	—	79.1	56.2/3.19	3.65	3.37	3.98	2.74	3.67	3.48
LLaVA-NeXT-Interleave-DPO	Qwen1.5-14B	✗	—	—	—	77.9	55.0/3.13	3.99	3.61	4.24	3.19	4.12	3.83
SlowFast-LLaVA	Nous-Hermes-2-Yi-34B	✓	80.6/4.3	79.9/4.1	67.4/3.7	—	59.2/3.5	3.48	2.96	3.84	2.77	3.57	3.32
LLaVA-NeXT-Video	Nous-Hermes-2-Yi-34B	✗	—	—	—	—	58.8/3.4	3.48	3.37	3.95	2.64	3.28	3.34
PLLaVA	LLaVA-Next-34B	✓	80.6/4.3	79.9/4.2	68.7/3.8	—	60.9/3.7	3.60	3.20	3.90	2.67	3.25	3.48
LLaVA-NeXT-Video-DPO	Nous-Hermes-2-Yi-34B	✗	—	—	—	—	64.4/3.6	3.81	3.55	4.24	3.14	4.12	3.77
LLaVA-OneVision	Qwen2-72B	✗	—	—	—	—	62.3/	—	—	—	—	—	3.62

Table 2: Comparison of mainstream Video-LLMs on video understanding benchmarks of different lengths. Methods with ✓ in the "Long" column are designed for long videos.

## 5.2 Video Understanding: Minutes to Hours

To address the unique characteristics of long videos, several long video benchmarks have been introduced in recent years, with video lengths varying from hundreds of seconds to thousands of seconds. EgoSchema (Mangalam et al., 2024) and QVHighlights (Lei et al., 2021) are long-form video understanding datasets designed for multiple-choice question answering and highlight detection, respectively, after accessing all frames. VideoVista (Li et al., 2024f), MMBench-Video (Fang et al., 2024), and MLVU (Zhou et al., 2024) cover various topics and are designed for fine-grained capability evaluation. LongVideoBench (Wu et al., 2024) introduces referring reasoning questions to address the longstanding issue of single-frame bias in long videos. Video-MME (Fu et al., 2024a) and LVBench (Wang et al., 2024b) contain numerous hour-level videos. Video-MME further categorizes them into short, medium, and long categories, while LVBench aims to challenge models to demonstrate long-term memory and extended comprehension capabilities.

As shown in Table 3, we further compare and analyze the performance of long video understanding methods, specifically summarizing their performance on long video benchmarks with lengths varying from hundreds of seconds to thousands of seconds. Unlike the findings in Sec. 5.1, long video understanding methods typically outperform short video understanding methods. This indicates that specially designed, powerful video-level connectors are essential for long video understanding.

Additionally, the performance on benchmarks with longer video lengths is generally worse than on those with shorter lengths. For example, the performance of methods across VideoVista and MLVU, Video-MME and LVBench, using the same evaluation metric, shows a decline as video length increases. This suggests that long video understanding remains a challenging research topic.

## 6 Future Directions

As summarized above, existing long video understanding methods are less effective than image or short video understanding methods. To meet the

Model	LLM	Long	VideoVista (131s)	QVHighlights (150s)	MMBench-Video (165s)	EgoSchema (180s)	LongVideoBench (473s)	MLVU (12mins)	Video-MME (1024s)	LVBench (4101s)
Momentor	LLaMA-7B	✗	—	7.6/17.0	—	—	—	—	—	—
TimeChat	LLaMA2-7B	✓	—	14.5/23.9	—	33.0 <sup>‡</sup>	—	30.9 <sup>‡</sup>	—	22.3 <sup>♣</sup>
LLaMA-VID	Vicuna-7B	✓	56.87 <sup>‡</sup>	—	—	38.5 <sup>‡</sup>	—	33.2 <sup>‡</sup>	—	23.9 <sup>♣</sup>
LLaVA-NeXT-Video	Vicuna1.5-7B	✗	56.66 <sup>‡</sup>	—	—	43.9 <sup>‡</sup>	43.5 <sup>♡</sup>	—	—	—
VideoLLaMA 2 (16)	Mistral-7B-Instruct	✗	60.47 <sup>‡</sup>	—	—	51.7	—	48.5 <sup>‡</sup>	47.9/50.3 <sup>♣</sup>	—
PLLaVA	LLaVA-Next-7B	✓	60.36 <sup>‡</sup>	—	1.03 <sup>‡</sup>	54.4 <sup>‡</sup>	39.2 <sup>♡</sup>	—	—	—
LongVA	Qwen2-7B-224K	✓	67.36 <sup>‡</sup>	—	—	—	—	56.3 <sup>‡</sup>	52.6/54.3 <sup>♣</sup>	—
IXC-2.5-7B	InternLM2-7B	✗	68.91 <sup>‡</sup>	—	1.41	—	—	58.8	55.8/-	—
Kangaroo	LLaMA3-8B	✓	69.50 <sup>‡</sup>	—	1.44	62.7	54.8	61.0	56.0/57.6 <sup>♣</sup>	39.4

Table 3: Comparison of mainstream Long-Video-LLMs on long video understanding benchmarks. Results with <sup>‡</sup> are from the VideoVista benchmark (Li et al., 2024f). Results with <sup>‡</sup> are from the Kangaroo (Liu et al., 2024d). Results with <sup>♣</sup> are from Video-MME benchmark (Fu et al., 2024a). Results with <sup>♣</sup> are from LVBench (Wang et al., 2024b). Results with <sup>♡</sup> are from LongVideoBench (Wu et al., 2024).

demands of an AI-driven society with increasingly more and longer multimodal data, developing more powerful visual LLMs for long video understanding is crucial. The following considerations should be taken into account.

### 6.1 More Long Video Training Resources

The two-stage training pipeline—comprising cross-modal alignment pre-training and visual-language-format instruction tuning—is widely employed for training MM-LLMs (Dai et al., 2023; Liu et al., 2024c). However, fine-grained long-video-language training pairs are lacking compared to the commonly used image-language and short-video-language pairs during cross-modal alignment learning (Song et al., 2024b; Qiu et al., 2024). Methods that rely on image-language and short-video-language resources cannot capture long-term correlations during the pre-training stage (Zhang et al., 2024d). Additionally, the video length of newly introduced long-video instruction data is limited to the minute level, which significantly restricts the application scenarios for effective reasoning from long video understanding (Li et al., 2023c). Therefore, both long-video-language paired pre-training datasets and long-video-instruction datasets, featuring much longer videos at the hour level with high-quality annotations, need to be created.

### 6.2 More Challenging Long Video Understanding Benchmarks

Various video understanding benchmarks were summarized in the previous section, most of which have been introduced recently. However, these benchmarks focus on one or several aspects of long video understanding, such as LongVideoBench for long-context interleaved video understanding (Wu et al., 2024), QVHighlights for language-based video highlight understanding (Lei et al., 2021),

and VideoVista (Li et al., 2024f) and MLVU (Zhou et al., 2024) for fine-grained video understanding. Comprehensive long video benchmarks that cover frame-level and segment-level reasoning with time and language are necessary but are currently unexplored for a thorough evaluation of general long video understanding methods (Wu et al., 2024). Additionally, existing benchmarks are usually at the minute level and cannot adequately test methods’ long-term capabilities. Long video understanding methods often suffer from catastrophic forgetting and loss of spatiotemporal details when reasoning with extensive sequential visual information (Wang et al., 2024b), such as from hour-level videos. Finally, most existing long video understanding benchmarks focus solely on the visual modality. Incorporating multimodal data, including additional audio and language, would undoubtedly benefit long video understanding tasks.

### 6.3 Powerful and Efficient Frameworks

Visual LLMs for videos need to support more visual frames and preserve more visual details with a fixed number of visual tokens. There are four main considerations for the implementation of LV-LLMs: (1) Select long-context LLMs as the LLM backbones. Previous methods have suffered from the context capacity of LLMs and have had to specifically fine-tune an LLM to support more tokens (Zhang et al., 2024d). Recent long-context LLMs, such as QWen2 (Yang et al., 2024), LLaMA-3.1 (Dubey et al., 2024), and DeepSeek-V2 (DeepSeek-AI, 2024), share a context window length of 128K and could be utilized in the design of LV-LLMs. (2) Compress visual tokens more efficiently and with less information loss. Some existing methods face the problem of insufficient compression, such as Chat-UniVi (Jin et al., 2024), which uses multi-scale token merging, and LongVA (Zhang

et al., 2024d), which merges adjacent tokens only. Other methods compress too much visual information, such as LLaMA-VID (Li et al., 2023c), which uses context and content tokens, and MA-LMM (He et al., 2024), which merges similar frame tokens, resulting in a significant loss of frame details. New frameworks designed for long videos must efficiently compress visual tokens to support more temporal frames and preserve more spatiotemporal details in comprehensive long video understanding tasks. (3) Incorporate extra time-aware designs (Ren et al., 2024; Qian et al., 2024) to enhance video reasoning by incorporating temporal information, thereby improving temporal information extraction in long video understanding performance. (4) Utilize infrastructure capable of supporting memory-intensive long-context training (Xue et al., 2024), providing the ability to feed more visual data when equipped with a large number of GPU devices.

#### 6.4 More Application Scenarios

Long video understanding with large models faces several key challenges for more long video applications. Contextual understanding is critical, as long videos require models to maintain temporal coherence and contextual awareness over extended periods (He et al., 2024). Real-time processing (Karim et al., 2024) is essential for applications like surveillance, live event analysis, and embodied AI, necessitating the development of low-latency models capable of processing video streams in real-time. Multi-modal integration is another frontier, as long videos often contain audio, text, and visual information (Zhang et al., 2023; Cheng et al., 2024b). Future models should better integrate these modalities to enhance understanding and provide a more holistic analysis of video content.

### 7 Conclusion

In this paper, we summarize the advances of visual LLMs from images to long videos. Based on the analysis of the task differences among image understanding, short video understanding, and long video understanding, we identify the key challenges of long video learning. These challenges include capturing more fine-grained spatiotemporal details and long-term dependencies within compressed visual information from dynamic sequential events with scene transitions and content changes. We then introduce the advances in model architecture and

model training from Image-LLMs to Long-Video-LLMs, aimed at improving long video understanding and reasoning. Following this, we review multiple video benchmarks of varying lengths and compare the video understanding performance of various methods. This comparison provides insights into future research directions for long video understanding. Our paper is the first to focus on the development and improvement of Long-Video-LLMs for better long video understanding. We hope our work will contribute to the advancement of long video understanding and reasoning with LLMs.

### 8 Limitation

We reviewed literature on comprehensive long video understanding, covering methods, training datasets, and benchmarks. Due to space constraints, we omit detailed application scenarios like real-time processing and multimodal tasks. We will maintain an open-source repository and add these contents to complement our survey. The performance comparisons are based on final results from previous papers and official benchmarks, which vary in training resources, strategies, and model architectures, making it difficult to analyze specific models and training differences. We plan to conduct detailed ablation studies on public benchmarks for a more direct analysis of model design, training resources, and methods.

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## A Example Appendix

This is an appendix.