The Impact of AI on Everyday Life

Ever since I was a teenager, I’ve caught myself daydreaming about the future—wondering what life might look like, what crazy inventions might catch on, and which ones we’ll laugh about later. Out of everything, artificial intelligence has probably been the one thing I kept coming back to. It’s not just something out of sci-fi anymore, it’s in our phones, our homes, and even quietly influencing decisions we don’t realize we’re making.

I believe my interest in AI began after I read an article about self-driving cars. The idea that a machine could make split-second decisions on the road without a human behind the wheel honestly blew my mind. And yeah, it also freaked me out a bit. After that, I started seeing AI everywhere — in my phone’s recommendations, in ads that weirdly seemed to know what I was thinking about, even in apps I used for school projects. That’s when it hit me: AI isn’t just about robots or futuristic tech. It’s already woven into our daily lives.

One of the reasons I picked this topic for my project is that I genuinely think AI is going to keep changing the way we live, in ways we’re only starting to notice. I’ve seen it already—some of the jobs in the market have started shifting because certain tasks are now automated. Meanwhile, I’m over here casually talking to voice assistants like they are roommates. Even the music I listen to and the games I play are shaped by algorithms that somehow know what I like before I do. What really fascinates me, though, isn’t just the tech itself, it’s how people respond to it. Some folks are all in, while others are more hesitant or even suspicious.

With this project, I want to explore how AI is affecting everyday life — not just the big headlines, but the small stuff too. From what shows up in our feeds to how we think about work and relationships, AI is already part of the picture. I’m hoping to capture both the excitement and the weirdness that comes with it. Because, like every major shift in technology, how we deal with AI now is going to shape our future in ways we probably can’t fully imagine yet.