



## App's Quick Guide: (Opto Version)

- 1- Select Device, inputs, outputs and sampling frequency
- 2- Start session
- 3- If testing inputs are specified in step 1, connect the electrodes to the circuit (Fig 4B) and click on test impedance (optional)
- 4- Find your M and H waves with quick trig
- 5A- Specify your stim type and your testing parameters and click on Start for frequency adaptation tests
- 5B- Specify your stim type in 5A then choose your minimum and maximum current and your step size and click on Start Recruitment Curve
- 6- Specify your M/H cutoff and click on Analyze H-Reflex to interpret your results