$$0 = \sum_{t_1}^{t_2} \sum_{x_L}^{x_R} u(z,t) dz dt = \left(\sum_{i \neq t_1}^{x_R} u(z,t) dz dt\right) = \sum_{i \neq t_2}^{t_2} u(z,t_2) - u(z,t_1) dz = 0$$

We see that (1) is the differency between the top and bottom areas